Exercitival 3

 $\int \int x^2 y \, dx \, dy \, umde \, D = \{1 \le x^2 + y^2 \le 4, 0 \le y\}$ $0 \le y^{1}$ $0 \le y^{2} + x^{2}$ $x^{2} \le x^{2} + y^{2} \le 4$ $\times \in [-2, 2]$