

# To B1 Proficiency in Italian in 100 Days

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You will need for this:

- An Italian Catholic Bible<sup>1</sup>
- A Complete Italian Grammar, or the Capacity to Google the Tables and read them
- A Frequency List or Frequency Dictionary of Italian Words<sup>2</sup>
- Lots of Notebooks (Ideally 80 Page School Exercise books, as they're cheap and you can get a 10 pack cheaply)
- Know how to use the Method of Loci quickly (This will be how you'll retain the information)

This exercise of growing in Italian Fluency (which is somewhat experimental and subject to change) is to give an exhaustive knowledge of Italian Grammar, some experience of reading and listening, and a knowledge of basic Italian Vocabulary. This is intended for an ecclesiastical audience, and assumes motivation and a knowledge of what grammatical terms like mood and gender refer to.

To learn with the method of loci, each form should be memorised as an individual object for grammar, and the word in itself when you get to the Frequency Dictionary. Also, feel free to take short breaks if you get burnt out.

If speaking fluency is also desired, then add the FSI Course in Italian to this (However, this is not recommended because this will be estimated at 2 hours a day, and FSI will add at least another hour). Expect this to be a slog and treat it as a penance.

**Do the Revision First!**

Table 1: Learning Italian in 100 Days

Learning Italian in 100 Days			
Day	Main Task (1 hour)	Ancillary Task (1/2 an Hour)	Revision (1/2 an Hour)
<input type="checkbox"/> 1	Learn Definite Articles	Do the Same for Indefinite Articles	Write these out from memory
<input type="checkbox"/> 2	Learn Italian Nouns (Plural and Singular) with an example of each for each gender	Learn Italian Noun Gender	Revise Articles, Write each out 10 times with Gender and Number
<input type="checkbox"/> 3	Memorise the Italian Numbers 1 to 10	Memorise how to structure numbers from 10 to 1000	Write out Articles 5 times, and an example of each of the Noun Genders and Numbers with their various articles 10 times
<input type="checkbox"/> 4	Learn Present Tense Verb -are endings	Learn Word Order and make sentences with 2 -are verbs and using nouns previous memorised	Write out Articles twice, Nouns in Gender and Number 5 times as yesterday, write out the numbers between 1 and 11, and then each 11th number up to 101, and then from there each 101st number up to 1010
<input type="checkbox"/> 5	Learn Present Tense Verb -ire and -ere endings	Learn Word Order and make sentences with 2 -ire and 2 -ere verbs and using nouns previous memorised	Nouns in Gender and Number 2 times, write out the numbers between 1 and 11, and then each 11th number up to 101, and then from there each 101st number up to 1010, and then write 10 sentences with -are verbs as was done yesterday

<sup>1</sup>[http://www.vatican.va/archive/ITA0001/\\_INDEX.HTM](http://www.vatican.va/archive/ITA0001/_INDEX.HTM)

<sup>2</sup>[https://en.wiktionary.org/wiki/Wiktionary:Frequency\\_lists/Italian50k](https://en.wiktionary.org/wiki/Wiktionary:Frequency_lists/Italian50k)

Learning Italian in 100 Days			
Day	Main Task (1 hour)	Ancillary Task (1/2 an Hour)	Revision (1/2 an Hour)
<input type="checkbox"/> 6	Learn The Imperfect Tense for -ire, -are and -ere verbs	Learn Word Order and make sentences with 2 -ire, 2 -ere verbs and 2 -are and using nouns previous memorised in the Imperfect tense	write out the numbers between 1 and 11, and then each 11th number up to 101, and then from there each 101st number up to 1010, and then write 10 sentences with -ire, -ere and -are verbs respectively with nouns Keep this up
<input type="checkbox"/> 7	REVIEW DAY: Write out 10 sentences with -ire, -are, and -ere verbs in both present and Imperfect respectively, varying out nouns by gender and number	Write out all of the numbers up to twenty, and then increment up by 21 for each number you write until 1000	
<input type="checkbox"/> 8	Future Tense -ire, -are, and -ere verbs	Write out 2 -ire, 2 -are, and 2 -ere verbs in sentences indicating future with nouns, and learn how to number nouns	Write out 10 Imperfect Tense sentences for -ire, -are, and -ere, and 5 Present tense ones in the same manner with numbered nouns
<input type="checkbox"/> 9	Learn the Perfect Tense for -ire, -are, -ere	Form 10 sentences with these for each conjugation (-ire, -are, -ere)	Write out 10 Future Tense sentences for -ire, -are, and -ere, and 5 Imperfect tense ones in the same manner with numbered nouns and 2 Present Tense ones
<input type="checkbox"/> 10	Learn the Imperative Tense for -ire, -are, -ere	Form 10 sentences with these for each conjugation (-ire, -are, -ere)	Write out 10 Perfect Tense sentences for -ire, -are, and -ere, and 5 Future tense ones in the same manner with numbered nouns and 2 Present Tense and Imperfect Tense ones
<input type="checkbox"/> 11	Learn Essere, Avere, Andare, Fare <sup>3</sup>	Form 10 sentences with these for each Verb	Write out 10 Imperative Tense sentences for -ire, -are, and -ere, and 5 Perfect tense ones in the same manner with numbered nouns and 2 Present Tense, Future and Imperfect Tense ones
<input type="checkbox"/> 12	Learn Dovere, Potere, Volere, Venire	Form 10 sentences with these for each Verb	Write out 5 sentences for each (Essere, Avere, Andare, Fare), and 5 Imperative tense ones in the same manner with numbered nouns and 2 Present Tense, Future, Perfect and Imperfect Tense ones
<input type="checkbox"/> 13	Learn Tenere, Uscire, Morire, and Dare	Form 10 sentences with these for each Verb	Write out 5 sentences for each (Dovere, Potere, Volere, Venire), and 3 for each of (Essere, Avere, Andare, Fare) and 2 Present Tense, Future, Perfect, Imperative, and Imperfect Tense ones
<input type="checkbox"/> 14	REVIEW DAY: Write out 5 sentences with -ire, -are, and -ere verbs in for each tense, varying out nouns by gender and number	Write out 5 sentences for each irregular verb you've learnt	Write out the 11 times table up to 1000
<input type="checkbox"/> 15	Learn Stare, Dire, Rimanere, Sapere	Form 10 sentences with these for each Verb	Write out 5 sentences for each (Tenere, Uscire, Morire, and Dare), and 3 for each of (Dovere, Potere, Volere, Venire) and 2 Present Tense, Future, Perfect, Imperative, Imperfect Tense, and (Essere, Avere, Andare, Fare) ones

<sup>3</sup>Wherever the verbs are named here they are irregular

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<input type="checkbox"/> 16	Learn Conditional Mood	Form 10 sentences with these for each -are, -ire, and -ere verb, and 2 for each irregular verb	Write out 5 sentences for each (Stare, Dire, Rimanere, Sapere), and 3 for each of (Tenere, Uscire, Morire) and Dare and 2 Present Tense, Future, Perfect, Imperative, Imperfect Tense, and (Essere, Avere, Andare, Fare, Dovere, Potere, Volere, Venire) ones
<input type="checkbox"/> 17	Learn Gerund Verbs	Form 10 sentences with these for each -are, -ire, and -ere verb, and 2 for each irregular verb	Write out 5 sentences Conditional Mood (-ire, -are, -ere) and 2 for each irregular verb, and 3 for each of (Stare, Dire, Rimanere, Sapere) and 2 Present Tense, Future, Perfect, Imperative, Imperfect Tense, and (Essere, Avere, Andare, Fare, Dovere, Potere, Volere, Venire, Tenere, Uscire, Morire, and Dare) ones
<input type="checkbox"/> 18	Learn Future Perfect and Absolute Past Verbs	Form 10 sentences with these for each -are, -ire, and -ere verb, and 2 for each irregular verb	Write out 5 sentences Gerund (-ire, -are, -ere) and 2 for each irregular verb, and 3 for each Conditional Mood Tense and 2 Present Tense, Future, Perfect, Imperative, Imperfect Tense, and all irregular verbs
<input type="checkbox"/> 19	Learn Present and Past Participles	Form 10 sentences with these for each -are, -ire, and -ere verb, and 2 for each irregular verb	Write out 5 sentences each for Future Perfect and Absolute Past, and 3 for Gerund and 2 Present Tense, Future, Perfect, Imperative, Imperfect Tense, Conditional Mood and all irregular verbs
<input type="checkbox"/> 20	Italian Adjectives	Do 10 Sentences with Adjectives in them, with a transitive verb	Write out 5 sentences each for Present and Past Participles, and 3 for each for Future Perfect and Absolute Past and 2 Present Tense, Future, Perfect, Imperative, Imperfect Tense, Conditional Mood, Gerund and all irregular verbs
<input type="checkbox"/> 21	REVIEW DAY: Write out 10 sentences for each of the tenses you have learnt with nouns and numbers where you see fit	Write out 10 sentences for past and present participles and with adjectives of both genders	Write out the 12x table up to 1000
<input type="checkbox"/> 22	Italian Adverbs	Do 10 Sentences with Adverbs in them, with a transitive verb	Write out 5 sentences each with Adjectives, and 3 for each for both participles and 2 for all Indicative Verb Tenses and 2 for each irregular verb
<input type="checkbox"/> 23	Reflexive Pronouns	Do 10 Sentences with each reflexive pronoun	Write out 5 sentences each with adverbs, and 3 with adjectives and 2 for all Indicative Verb Tenses and participles, and 2 for each irregular verb

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<input type="checkbox"/> 24	Subjunctive Present	Do 10 Sentences with Subjunctive Present Tense for each regular verb tense	Write out 5 sentences each with reflexive pronouns, and 3 with adverbs and 2 for all Indicative Verb Tenses with participles and adjectives, and 2 for each irregular verb
<input type="checkbox"/> 25	Subjunctive Past	Do 10 Sentences with Subjunctive Past Tense for each regular verb tense	Write out 5 sentences each with Subjunctive Present Verbs, and 3 with reflexive pronouns and 2 for all Indicative Verb Tenses with participles, adverbs and adjectives, and 2 for each irregular verb
<input type="checkbox"/> 26	Subjunctive Imperfect	Do 10 Sentences with Subjunctive Imperfect Tense for each regular verb tense	Write out 5 sentences each with Subjunctive Past Verbs, and 3 with Subjunctive Present and 2 for all Indicative Verb Tenses with participles, adverbs, reflexive pronouns and adjectives (where they work), and 2 for each irregular verb
<input type="checkbox"/> 27	Subjunctive Past Perfect	Do 10 Sentences with Subjunctive Perfect Tense for each regular verb tense	Write out 5 sentences each with Subjunctive Perfect Verbs, and 3 with Subjunctive Past and 2 for all Indicative Verb Tenses with participles, adverbs, reflexive pronouns and adjectives (where they work), and 2 for each irregular verb, and 2 for each verb conjugation of Subjunctive Present
<input type="checkbox"/> 28	REVIEW DAY: 10 Sentences with Each Verb Tense, Subjunctive and Indicative	Work on anything you feel is hard	Write out the 101 Times Table up to 10000
<input type="checkbox"/> 29	Work on anything you feel is hard	Work on anything you feel is hard	Work on anything you feel is hard
<input type="checkbox"/> 30	Possessive Adjectives	Do 10 Sentences with Possessive Adjectives for each Adjective	Write out 5 sentences each with Subjunctive Perfect Verbs, and 3 with Subjunctive Past and 2 for all Indicative Verb Tenses with participles, adverbs, reflexive pronouns and adjectives (where they work), and 2 for each irregular verb, and 2 for each verb conjugation of the Subjunctive not previously described
<input type="checkbox"/> 31	Learn the Basic Prepositions of di, a, da, in, con, tra, su, per	Do 10 Sentences with each preposition	Write out 5 sentences each with Possessive Adjectives, and 3 with Subjunctive Perfect and 2 for all Indicative Verb Tenses with participles, adverbs, reflexive pronouns and adjectives (where they work), and 2 for each irregular verb, and 2 for each verb conjugation of the Subjunctive not previously described

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<input type="checkbox"/> 32	Learn the subordinate and coordinate conjugation words	Do 10 Sentences with each conjugation	Write out 3 sentences with each preposition, and 3 with Possessive Adjectives and 2 for all Indicative and Subjunctive Verb Tenses with participles, adverbs, reflexive pronouns and adjectives (where they work), and 2 for each irregular verb
<input type="checkbox"/> 33	Learn Active and Passive Voice	Do 10 Sentences with each voice	Write out 3 sentences with each subordinate and coordinate conjugation words, and 3 with each preposition and 2 for all Indicative and Subjunctive Verb Tenses with participles, adverbs, reflexive pronouns and adjectives (where they work), and 2 for each irregular verb
<input type="checkbox"/> 34	Take out the Frequency Dictionary, Starting at the beginning, and choose the 25 highest words you don't know, and learn them, and recite the Gospel 3 times as the audio did, writing 2 sentences with each	Read 10 Verses from The Gospel of John and Listen with A Text to Speech or Audiobook 6 times, underline the words you don't know, and learn them, and recite the Gospel 3 times as the audio did	Write out 2 sentences for each tense, making them as interesting and using as many forms as possible using as many of the frequency list words as you possibly can, preferably with declension or conjugations for nouns and verbs
<input type="checkbox"/> 35	REVIEW DAY: Write 5 sentences out for each tense	Review learnt words, writing them out in the exact order you memorised them	Go over things you find hard
<input type="checkbox"/> 36	Learn the next 25 words and write two sentences for each	Read the next 10 Verses from The Gospel of John and Listen with A Text to Speech or Audiobook 6 times, underline the words you don't know, and learn them, and recite the Gospel 3 times as the audio did	Write out 2 sentences for each tense, making them as interesting and using as many forms as possible using as many of the frequency list words as you possibly can, preferably with declension or conjugations for nouns and verbs
<input type="checkbox"/> 37	Learn the next 25 words and write two sentences for each	Read the next 10 Verses from The Gospel of John and Listen with A Text to Speech or Audiobook 6 times, underline the words you don't know, and learn them, and recite the Gospel 3 times as the audio did	Write out 2 sentences for each tense, making them as interesting and using as many forms as possible using as many of the frequency list words as you possibly can, preferably with declension or conjugations for nouns and verbs
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<input type="checkbox"/> 44	Learn the next 25 words and write two sentences for each	Read the next 10 Verses from The Gospel of John and Listen with A Text to Speech or Audiobook 6 times, underline the words you don't know, and learn them, and recite the Gospel 3 times as the audio did	Write out 2 sentences for each tense, making them as interesting and using as many forms as possible using as many of the frequency list words as you possibly can, preferably with declension or conjugations for nouns and verbs
<input type="checkbox"/> 45	Learn the next 25 words and write two sentences for each	Read the next 10 Verses from The Gospel of John and Listen with A Text to Speech or Audiobook 6 times, underline the words you don't know, and learn them, and recite the Gospel 3 times as the audio did	Write out 2 sentences for each tense, making them as interesting and using as many forms as possible using as many of the frequency list words as you possibly can, preferably with declension or conjugations for nouns and verbs
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<input type="checkbox"/> 50	Learn the next 25 words and write two sentences for each	Read the next 10 Verses from The Gospel of John and Listen with A Text to Speech or Audiobook 6 times, underline the words you don't know, and learn them, and recite the Gospel 3 times as the audio did	Write out 2 sentences for each tense, making them as interesting and using as many forms as possible using as many of the frequency list words as you possibly can, preferably with declension or conjugations for nouns and verbs
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