# Multiple Objective Evolutionary Algorithms For Narratives Through the Lens of Spiritual Theology

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## 1 Abstract

While Narrative Generation has focused much on plot generation, this has been to the neglect of nuanced characters in some cases. One approach to alleviating this problem is to take inspiration from studies on human action and nature. An otherwise unacknowledged approach to this is the venerable Catholic Spiritual Tradition, which articulates human nature, human action, and the progression in life of those who live the Christian Life. This thesis aims to implement a partial representation of that life computationally. To aid this, an Indicator-Based Multiple Objective Evolutionary Algorithm (MOEA) was written to rank these lives in line with Catholic Spiritual Teaching on the structure of the Spiritual Life. Although we have found, based on tentative data, that these characters are less realistic than hoped, those tested found those characters entertaining and attention-grabbing. Additional work to be done could be the investigation of Catholic Hagiographic Literature and other aspects of the tradition.

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## 3 Introduction

Since the 1960s, thousands of projects and many innovations have occurred in the field of narrative generation. From new software able to produce ever more complicated and interesting plots, through to substantial translations of narrative theory to computational models, much has been accomplished. However, a common occurrence with these solutions is that much attention has been paid to the technicalities of good plots, while very little time has been spent making characters that are nuanced and detailed. In some cases, such as folktales, intentionally stereotyped characters have been employed, which while this serves the intent of folktales, doesn't encompass the full range of human behaviour. Simultaneously, this field is seemingly unaware of the thousands of years of writings that articulate precisely this nature. This is encapsulated by the thousands of authors in the Roman Catholic Spiritual and Moral Tradition, often in straightforward, detailed and analytical manuals. These could be an excellent resource for the design of characters, as what makes stories relevant is their imitation of some aspect of reality and their readability. Under these manuals especially, habits are described as virtues and vices, and emotions as passions. These habits are then divided down into subvirtues and subvices. This rigid delineation of human habits, and the description of how they pertain to human nature, significantly reduces the difficulty in computerising the facets of this nature, which is often very hard to consider through a purely quantitative system such as a Computer.

One way of managing these virtues, while maximising them, is through Genetic Algorithms (GAs), if we treat these as numerical values. Genetic Algorithms are often present in Narrative Generation literature and have been used to great effect to improve and evaluate stories, often on the basis of tension. However, there is a seeming lack of Multiple Objective Evolutionary Algorithms (MOEAs) in narratives. As each character has multiple facets (In our case, we will be using 7 Virtues as described by Thomas Aquinas), optimising each of those values will require a Multiple Objective approach. There are many valid approaches to solving Multiple Objective problems because with multiple values there must be some

manner of managing compromises in the cases where values don't Pareto Dominate<sup>1</sup> one another. This is because there are different ways of addressing these situations, such as prioritising one value over another, considering them in different contexts and generating a score from each solution to determine which is the best. As these virtues are not ontologically distinct from the person, these methods must take account of the virtues being dependent on each other.

Our primary aim with this thesis is to view how effective a partial implementation of Catholic Spiritual Theology computationally can be for generating characters that are realistic and entertaining. Secondarily, we wish to observe how effective MOEAs are in helping us to achieve this aim.

## 4 Literature Review

As Narrative Theory, Spiritual Theology and MOEAs are broad fields with a great deal of literature in each, we must break down and elaborate upon relevant research in each area so that subsequent explanations of approaches and implementation are intelligible. Principally, we will be looking at Spiritual Theology and at Multiple Objective Evolutionary Algorithms (MOEAs).

## 4.1 Current Use of Narrative Theory in Narrative Generation

There have been human narratives for as long as there have been humans, but Narrative Theory is much newer. The earliest instance of Narrative Theory we have was written in the 4th Century BC by Aristotle. This was called the Poetics. This tradition has been built upon by many authors up until the present, and these are often utilised by authors working in Narrative Generation. For instance, Freytag's Pyramid is used in at least one Narrative Generation paper which generates quests for video games[1]. Freytag's Pyramind is a narrative structure developed during the 19th Century by Playwright Gustav Freytag. While this produced very high-quality quests for the game, almost comparing with human designers, this approach does not always imitate reality, which is one of our aims. Likewise, more implicit traditions of folk storytelling have been very influential. For example, [2] is a story generation system that is based on the Narrative Tradition of the Mexica people. While this system did succeed in producing stories that were coherent and had a meaningful beginning, middle and end, there are no underlying lessons implied by the narrative content, nor do the characters have nuances beyond Perez y Perez's prescriptions. This made for stories which, while they were stories and drew some attention, there weren't any of the morals which proceeded from the generated stories as you may get from

<sup>&</sup>lt;sup>1</sup>I.E. are better in all cases

a Fable. Another more prominently approach to folk storytelling came from the famous Propp Grammar, which seems to be almost omnipresent in Narrative Generation literature. This is based on a collection of aspects of Russian Folk Tales [3]. Similar work has also been done for Western African Traditions [4] and for many more. There have even been efforts to computerise Propp's Grammar directly[5]. While this was promising, although there is a serious disconnect between dependencies for generating a fully coherent story noted. These investigations have gone a long way towards representing human thought, including ethical and teleological concepts, manifest through Computer Systems. However, what these systems have in common is that the characters are somewhat stereotyped and based on prefabricated story elements which may not occur in real life. This is in contrast with works such as the Bible or the Iliad, which while they are somewhat constructed out of Folk Tales, harbours a huge amount of wisdom within the actions of the people who act throughout the stories.

## 4.2 Virtue Ethics, Human Nature and Spiritual Theology

These failings are due to an overwhelming amount of emphasis is placed on the Plot in these projects, to the extent that characters suffer. In many of these Story Grammars and Traditions, characters lack the nuances of human behaviour. However, there is an immense wealth of theoretical work, wherein the aim is to articulate human behaviour, which could be used to remedy this issue. Beginning somewhere between the 15th and 13th Centuries BC, the Abrahamic Tradition, especially in dialogue with the Greek Philosophical Tradition, has generated a dizzying array of texts investigating the nature of man, what man ought to do, what he ought not to do and articulating his development throughout life. This could provide us with a great theoretical framework for articulating characters, which to the best of my knowledge has been entirely overlooked.

Besides the Old and New Testaments themselves, the Nicomachean Ethics [6] is one of the first systematic treatments of Human Virtue<sup>2</sup>. A few hundred years later, the Catholic Spiritual and Moral Tradition emerged. Beginning in earnest in the 3rd Century AD with Origen[7], and being further clarified by various patristic authors such as Gregory the Great and Maximus the Confessor. However, the Greek and Catholic traditions were in dialogue from the beginning, with the earliest writers being Philo of Alexandria<sup>3</sup> and Justin Martyr, mostly with reference to Plato. In particular, the aforementioned Origen was strongly influenced. While extremely detailed and very insightful, this moral information tends to be difficult to be parsed into a computer, due to being before the development of a more systematic moral doctrine and praxis. Eventually, the Aristotelian wing of the Greek tra-

<sup>&</sup>lt;sup>2</sup>In this case referring to the proper function of human functions, when aimed towards an objective good which fits this

<sup>&</sup>lt;sup>3</sup>Despite his Jewish Origin, he was very important for the Christian Tradition

dition became particularly pronounced in the Scholastic Tradition, which began in the late 11th Century with Anselm of Canterbury, and continues to this day through authors such as Fr Reginald Garrigou-Lagrange, whose towering character as a theologian is best known through his Magnum Opus in Spiritual Theology Three Ages of the Interior Life [8]. This particular Aristotelian wing is what ultimately gave the initial impetus to the Scientistic Worldview which many hold today.

The uniting theme of the vast majority of these spiritual writings, and is also expressed in Lagrange's work, is in those three ages representing stages towards loving union with God. These are known as the Purgative, Illuminative and Unitive ways. Under the Purgative, a person is purged of all chosen moral evil, from murder through to more venial matters like swearing. The vast majority of people never pass this stage, although it is considered normal for a Christian to pass this spiritual childhood. In the Illuminative way, people who persist are enlightened with information and begin to greatly change their aims from natural goods towards the divine good of Charity, which consists in Loving God and Neighbour by choice rather than by emotion. This is described as spiritual adolescence by Garrigou-Lagrange. The final stage, the Unitive, focuses on making the person ever closer to God after the obliteration of almost all sins and imperfections. In between the Purgative and Illuminative, there is a particularly intense period known as the Dark Night of the Senses. Between the Illuminative and Unitive, there is the Dark Night of the Spirit, which is even more intense. These conveniently form something that could be used as a story arc. These stages, while almost omnipresent in the Catholic Spiritual Tradition, are expressed in a very succinct and detailed way by St John of the Cross. His commentaries on his poems [9] provide the basis for a great part of modern catholic spiritual writing, including the previously mentioned Fr Garrigou-Lagrange.

This is clearer in later writings than in earlier ones. In comparison to earlier unsystematised spiritual writings, such as those compiled in the Philokalia[10], the Scholastic synthesis produced a large number of vast theological treatises, which are both known for their clarity and their comprehensiveness. A particularly important example of this would be the Summa Theologiae of Thomas Aquinas, which provides an overwhelmingly large summary of Moral Teaching [11], which Spiritual Theology relies on. The aforementioned Fr Garrigou-Lagrange also writes in this same manner in the Three Ages of the Interior Life.

#### 4.2.1 Actual Grace and Temptation

One particularly important aspect of both Patristic and Scholastic Theology we see discussed is Grace, which is the means by which God works well through human beings (among other things). This tradition is most notably developed by St Augustine [12], from which Thomist and Molinist views of predestination and grace are developed, which are both

Scholastic broadly considered. Writing in the Thomistic Tradition, we see in Garrigou-Lagrange's work [8] that all good actions are initiated by God employing a prevenient grace, or a grace that comes before choice. As God is before all things and nothing occurs without him permitting it (including a person acknowledging a choice), this grace sustains a choice in a person, which if accepted, then has a concomitant grace that sustains that action being made manifest in the world. However, temptations emerge from the World, the Flesh and the Devil and do not involve grace as God isn't the cause of these. However, God always offers the grace to escape from the sinful result of these actions.

Up until this point, we are unaware of any attempts in Narrative Generation to replicate a Scholastic, or even broadly Aristotelian, view of man to articulate characters.

## 4.3 Computational Character Generation

This same absence of research is felt concerning characters generally in Narrative Generation research. However, there is not a complete absence. As is noted in a survey on Automatic Story Generation [13], the emphasis is placed much more on plot generation techniques rather than characters, and even in character-based surveys, only one project gives free rein to characters [14]. However, projects such as MEXICA[2] give some emphasis to characters while remaining plot dominated. The characters which were present in the works generated by MEXICA, while fulfilling the aim of the project, come out as very unnuanced and lack details which we think contribute a great deal to the quality of a story, as there is no explanation of character motivation beyond relationships and no note of the qualities of the characters made whatsoever.

In MEXICA, there are two stages. The first is called Engagement. During Engagement, character actions are determined based on emotional bonds and tensions between characters. There is a collection of story actions that are characterised by Preconditions and postconditions, which are triggered when bonds and tensions are at the correct level. Subsequently, there is another process called Reflection. This utilises insights from studies into human cognition when employed in story-making, which structures these initial stories into something more palatable to an audience. Additionally, in Planning Author and Character Goals for Story Generation [15], while characters are not defined strictly, they are defined in terms of their goals, in this case concerning children's stories. This motivation drives the plot, which forms the stories. However, one project which defines stories mostly based on characters is Talespin [16]. Talespin operates by taking the aspects of the lives of characters and allows them to produce the stories by acting on their needs and their beliefs, with the aid of an inference engine, which generates subsequent steps based on the goals which emerge from the predicament of the character. However, as this was a very early attempt at Narrative Generation, the Inference Generator would often fail to generate coherent stories given context, while also failing to provide all that much detail to the characters addressed.

## 4.4 General Approaches to Narrative Generation

Despite the conspicuous lack of character-focused storytelling, there are a wide array of different methods which have been used for the generation of narratives. These are set into 5 general categories described by Kyrbartas[17] Plot Grammars (as mentioned earlier, and are collections of structures and elements in stories), Planning Based (Which selects goals and builds to them), Interactive, Case-Based (Which incorporates pre-defined aspects into the generation which must be there) and Genetic Algorithms. There are also Neural Network approaches which we note here additionally.

The first three make intuitive sense when there is an approach that involves a plot-first form of generation. After all, when we engage in this the plot is a greater concern than the characters. These methods have been somewhat popular in Narrative Generation. As Narrative Generation in the wild shows [18], around a quarter of 61 projects used some form of hard narrative planning, and others used means amenable to the aforementioned methods (Markov Chains for Plot Graphs, Templating etc.). Deep Learning, by contrast, had only 3 projects, and simulations were only used 5 times. While these are simpler approaches than the ML-based approaches, there are some serious issues. First of all, with Case-Based generators, although story elements are there as requested, this doesn't guarantee that the story will be good in itself. While we can request that a certain twist or a character have a kind of personality, this doesn't lead to a necessarily interesting plot. On the other hand, the emphasis on the end in Planning Based Algorithms have the problem that while they do guarantee an end explicitly, the movements towards it may be very boring, which could also be the case if these algorithms had numerous sub ends. Stories generated could have an interesting end, but the actions towards this could be very boring, which would lose the interest of the audience. Finally, Plot grammars fail because they are ultimately collections of narrative tropes which can be fitted together to generate stories. While intuitive and easy, this doesn't make stories vary all that much. However, Machine Learning techniques could be used to provide a degree of indeterminism to narrative generation, even if prefabricated sentences or templates were employed.

Neural Network-based approaches tend to work well with simplistic approaches without complex underlying logic, such as is demonstrated here [19], because by nature Neural Networks are black boxes. However, this approach isn't always effective due to the propensity to produce incoherent stories. As coherence is an important aspect of storytelling [20], Neural Network approaches are often overlooked. If approached in a direct way, wherein the Network determines the exact words to be placed in a story, we can not see these ever overcoming this approach. However, this could be a useful approach in terms of engaging in subtasks, such as classifying characters in a supervised way or potentially determining

character archetypes in an unsupervised way through analysing other stories. Despite my view, there has been a serious growth in the usage of GPT-3 based narrative generation approaches, which suffer from the aforementioned issues of coherence, including incoherent and pseudo-profound philosophical aphorisms [21]. I believe this is because of the inability for computers to think in the same manner as human beings inherently, which is something which intelligible philosophy presupposes, as the physical structures of computers are not akin to human thought processes [22] [23].

In stark contrast, Genetic Algorithm based approaches have been shown to be very effective [24], even to the point of slightly exceeding plot grammar (called graph in the paper) and rank based implementations. Genetic algorithms, by their nature, are broadly applicable, and this is shown in this area of study. For instance, Genetic Algorithms can be used in the generation of video game quests [1], and are effective to the point of almost approaching the quality of professionally designed quests. Also, they have been used to assist in refining stories into more coherent states. This was the aim of Live, Die, Evaluate, Repeat[25]. Finally, this approach has even been used in the context of character generation [26], which demonstrated that this can be used effectively to produce a character with varying states. This worked to some extent, but likewise, the characters seemed inhuman. However, unlike the other approaches, you cannot employ a Genetic Algorithm alone. There must be other elements to structure the story, as all the algorithm does is to diversify and optimise the population of previously generated stories or characters provided. Although less typical in Narrative Generation, there have also been uses of Multiple Objective Evolutionary Algorithms (MOEAs)[27], and has proven to be effective at improving narrations.

#### 4.5 MOEAs

MOEAs have been around for almost as long as Narrative Generation Systems, beginning in the 1980s. Multiple Objective problems usually exist because engineers cannot come up with a way to abstract out other aspects into singular variables, and therefore they tend to be more difficult to solve than Single Objective problems. In a single objective GA, it is very straightforward to discern which results are best based on a single-dimensional score. In cases where results for a Multiple Objective problem are objectively inferior to others, they are referred to as Pareto Dominated solutions. However, this is rarely the case, which makes these inferior to other, more modern approaches to the problem[28], and almost increasingly unworkable when the number of dimensions exceeds about 3. This necessitated reading into more modern methods. To my surprise, there have been no generation-defining changes in MOEA research since around 2003 [29], but despite this, there have been improvements to these algorithms and new algorithms have emerged, which have proven their effectiveness. MOEA/D, which decomposes Multi-Objective problems down into single ob-

jective subproblems [30] was released in 2007 and has been built on significantly since that initial release. While known for being relatively fast, because the subproblems are composed of addressing each dimension differently for every single-dimensional subproblem, but in aggregate all equally, this makes it only suitable for entirely independent variables. This is because while it works to weight all identically when considered in aggregate with independent variables, in dependent cases this may inadvertently magnify the hidden dependent variables. Additionally, there have been innovations in Indicator-Based MOEAs, which operate by producing an indicator score of each potential Pareto Non-Dominated Solution(which refers to those solutions which are not objectively inferior to other results). However, this approach's effectiveness is entirely dependent on the Indicator function chosen. From my research, these three categories predominate current MOEA research, and therefore any approaches to balancing Character traits will flow from an algorithm of one of these three types.

## 5 Problem Description

We find ourselves with a complicated problem to solve. Owing to the focus in Narrative Generation research on Plot over Characters, the consequence has been a sacrifice in the humanity and realism of the characters present in some publications. Although these stories may be, on paper, sensible and fit narrative arcs which have been described since Aristotle, this does not mean that the characters are realistic or entertaining. Likewise, there is an absence of detailed examination of what a human person is, and hence a lack of awareness in the field as to how an object with deep qualities such as a human being can be represented quantitatively by a computer. However, there is literature that can help us to do so effectively. Therefore, this thesis aims to attempt to solve the problem of unrealistic and cliched characters through the computerisation of Catholic Spiritual Theology.

## 6 Possible Approaches

This, therefore, leaves us to determine possible approaches under the categories of MOEAs and Spiritual Theology.

## 6.1 Approaches to Character Structure

To learn the nature of human persons, we need a basis. As we have set out with Spiritual Theology as our point of consideration, we ought to consider the two broad categories of

these writings.

#### 6.1.1 Patristic Approach

The Patristic or Monastic approach is an approach like that of the Philokalia [10], which is a collection of savings and moral treatises. This form of wisdom also tends to be held in the form of commentaries and homilies. These documents tend to be pithy, detailed, but generally unsystematised. They tend to be much more aphoristic and poetic than systematic and prosaic philosophical treatises. This approach produces a lot of information that is entertaining to read, as well as articulating a great deal of information about human nature, which could then be taken and implemented into a computational model. However, there are notable disadvantages to this method. Firstly, it would be very difficult to implement on a computational level. This is because it is generally unsystematic, and so it becomes hard to simulate the rules or generalities articulated into a system. Also, there is a great deal of variation in the literature. There are three broad schools in the first-millennium AD Latin, Greek and Syriac. Each possesses a vastly different approach, Syriac being generally poetic while Latin is more legalistic. It would be very difficult to produce a system with these combined. Finally, much of the useful information is in inconvenient places, such as within letters or homilies, or even still in the original language, which makes it timeconsuming to research. When they do structure virtues in a somewhat systematic fashion, they tend to vary somewhat. For example, in the first volume of the Philokalia [10], St John Cassian lists 8 principal vices. On the other hand, St Gregory the Great folds this into 7 vices. Due to the vast scale of the tradition, and a great deal being untranslated, we can not say how vast the variation is throughout the whole. However, what we do have of this tradition is quite variable and therefore hard to model computationally consistently.

## 6.1.2 Scholastic Approach

Alternatively, there is the Scholastic Approach, which took the Patristic Approach and synthesised it with Aristotelian Philosophy, producing a far more unified and easily accessible system of knowledge without losing any of the wisdom from Patristic Literature. Beyond being occasionally dryer to read, there is no disadvantage to picking a Scholastic approach, because it solves each of the problems mentioned earlier to some extent. It is almost entirely in the Latin Western Tradition, it is completely systematised, and it is marked by the production of theological manuals with clear delineations marking out where everything is with little ambiguity nor with the taxing labour necessary to extract information amid otherwise unrelated homilies. The Scholastic approach to virtue also generally comes from that which is set down by St Gregory the Great, meaning that there are consistently 7 categories of vices, which are then split down into subvirtues and subvices relating to

behaviours that contribute to that overall virtue. We will, for the purposes of this thesis, consider Thomas Aquinas' view of the Virtues <sup>4</sup> as this is the view which is best known, as well as being the basis from which Fr Garrigou-Lagrange is working. Also, there is a similar systematisation of emotions, which are called passions. St Thomas Aquinas lists 8 [31], which are often mutually contradictory, and so can be folded into each other as a spectrum in the context of the implementation. The parts could also be meaningfully combined into wholes in cases where abstraction is needed.

## 6.2 Approaches to Output and General Narrative Structure

Although we have introduced and explained to some extent the advantages of Evolutionary Algorithms for Narratives, it remains to be seen how these will be implemented.

#### 6.2.1 MOEAs for Narrative Events

One way that MOEAs could be utilised would be to employ them to select story events. For example, a population could be groups of story events forming a plot, a fitness function could generate a score to determine to what degree the story fits the various objectives, and then from there, a new generation is spliced together via mutation and/or crossover to form a new population. An advantage of this approach is that it does go some way towards imitating the previous methods of narrative generation, which focus on the plot. If the plot is a character's life, then the events of that life are plot elements, and therefore this would serve to keep the final story structured. However, the problem with this approach is that, for this to be consistent, all of the characters must be without inherent predispositions to virtues or emotions, which in reality people do have. Therefore it may damage the reality of the generation of the characters. While this has the potential to generate coherent narratives, it does so with some disloyalty to the realism of characters.

#### 6.2.2 MOEAs for Character Virtues

Alternatively, Character virtues could be operated on. This eliminates the aforementioned problem quite clearly. Characters are now no longer Tabula Rasa and henceforth reflect reality more accurately. However, if this were the case, this would render stories utterly non-interchangeable, as people make choices based on previous habits and inborn predispositions. Therefore, it would be more reasonable to autogenerate stories each time with new stats, but this would render stories indeterminate for each character, nullifying the improvement in a plot we could obtain. Therefore, we could end up with a situation wherein

<sup>&</sup>lt;sup>4</sup>Justice, Prudence, Temperance, Fortitude, Faith, Hope and Charity

the same character virtues could lead to two vastly different stories. This would make for a profoundly unreliable narrative generator. Secondly, as in any case, a character would have hundreds of virtues (Even if we take a Scholastic Approach), and we were to engage in any other changes beyond mutations, this would be highly complicated to implement with no guarantee to it directly changing the story. For instance, a character could be crossed over with another across a few virtues, but due to the story being autogenerated each time, this may have no impact whatsoever on what is read. While it makes intuitive sense to do this, it does not result in the consistency which a narrative generator ought to have.

#### 6.2.3 MOEAs for Events and virtues

We could seek to overcome the flaws in both of these approaches by combining them. In theory, this would retain a level of realism that the previous approaches lack. However, the mutation of the virtues would indicate that there would be influences in choices throughout the life, which unless managed very well, would lead to a discordance between the virtues of the character and the story which results. This lack of cohesion between the story and virtues would directly impact any arc to a character as well. Suppose we crossed over two characters with different lives at various points. Their predispositions would realistically impact the characters in different ways too. One person may develop PTSD from a traumatic event while another person is fine. This could not only completely break the coherence of the life segments, but also it could change the stats themselves differently. These would then be addressed inconsistently by the MOEA. While an ideal approach, practical implementation of this could make characters generated to be even less realistic, in the same way, that incorrect ranking of solutions would.

### 6.3 Approaches to MOEAs in Context

Besides the employment of MOEAs for certain tasks in Narrative Generation, it also must be considered which approaches for ranking the quality of solutions are to be utilised, with their advantages and disadvantages, because misuse of MOEAs could generate inaccurate or incorrect results.

#### 6.3.1 Pareto Dominance

A simple approach would be to carry out Pareto Dominance to generate solutions. This would be simply to subtract away all of the objectively inferior solutions, which are lower on all counts than others. This would produce a Pareto Front of various solutions which differ in magnitude across the dimensions. While this is simple, this is not a good approach.

Firstly, this becomes highly inefficient across more than 3 Objectives [28], which we will undoubtedly exceed. Secondly, it provides no means inherently of distinguishing between the quality of Pareto Non-Dominated Results which are left behind, which may lead to remaining results from a generation, while being passable, not capitalising on features we may wish to emphasise in the characters to make them realistic and entertaining.

#### 6.3.2 Decomposition

Decomposition algorithms, such as MOEA/D [30], are a very fast approach because their design is inherently simple. As well as being simple to implement, the approach treats each dimension equally, which means that no variable is unnecessarily buried. However, the issue with a Decomposition centred solution is that the algorithm presupposes that the variables are independent, in such a way which so far as we understand is numerically impossible to correct. As MOEA/D cycles through the objectives, it is required to optimise, it varies out consistent weights across the subproblems, assigning them to each objective in proper sequence. This doesn't work when working with dependent variables, as this technique could misbalance certain variables. For example, Thomistic Scholastic approaches to human decision making tend to place Prudence as a predominant virtue in this for all actions. Therefore, this makes virtue generally to some extent dependent on Prudence. Cycling weights between the different virtues and passions couldn't eliminate this issue, because it's not reducible to a set modification of a coefficient. This is made even worse because, as this problem has no previous research to indicate dependencies, that there may be hidden dependent variables which we cannot simply modify the algorithm to deal with.

#### 6.3.3 Indicator Based

However, an indicator based solution could take account of problems of dependent variables if the indicator was able to take this into account. For example, an indicator that operates by distance could take account of a character as a point on a graph, which would mean that the character could be taken as a whole. However, dependent on the indicator function, MOEAs could be a lot slower than a Decomposition based counterpart. As we see with K Nearest Neighbour Clustering Algorithms in Data Mining[32], these algorithms tend to be a lot slower than others, such as Decision Tree algorithms. This could be the same in our final implementation if this were settled on.

## 7 Design and Methodology

To incorporate any approach to investigating the effectiveness of Spiritual Theology, there must be an appropriate degree of orderliness to this endeavour.

## 7.1 Methodology

It would be a poor idea, in a work that is speculative by nature, to structure this as any other software project. Projects which are practical need to be planned in such a manner that all of the facets of the software are handled in an orderly, sequential fashion. If this is not the case, then the project could find itself without a proper aim and therefore be more difficult to develop. However, this would have only served to hinder exploration of this topic area in this case. Therefore, initially, a text file describing the scope of the project containing weekly titled segments was produced, and expected topics were placed under the various headings. This included implementation of aspects of the design as well as further reading into prior research and pertinent topics. As time progressed, and as issues became more immediately apparent, additional tasks were added and subtracted from this list. This was then incorporated into daily plans, under which these requirements were fulfilled and advice acknowledged along with unrelated tasks we had during that day.

## 7.2 Log Book, Notes and Backups

This same text file also contained notes on issues and unexpected improvements which were able to be added to the implementation. These were written with a mind to later implementation into this thesis, and so no explicit chronological organisation is provided. Additionally, particularly as related to the change in story event format from JSON to SQLite, which occurred due to the ease of loading and more easily handled format, there are separate text files explaining partially the thought process which originated software that facilitated conversion from a CSV intermediate format and SQLite. These also exist for story events, notes on other projects and discussions in the same directory as this in the Corpus.

Additionally, a formal LATEX document was produced to provide an easy reference for all passions, subvirtues and subvices, as well as for containing designs for important algorithms and moving parts within the implementation, which is contained in the corpus. This contained details relating to the vast majority of the planned aspects of design, with some being not fully implemented or exceeded.

To provide the ability to revert, as well as to provide a timeline of the development, GitHub with their Graphical Desktop client was employed to fulfil this requirement.

## 7.3 Verifying the Effectiveness of Chosen Approaches

To determine this, we will provide a survey containing the text for 5 character lives generated by the software produced in the corpus, and ask candidates to rank on different Likert scales pertaining to characteristics of the lives from 1 to 5 to determine the qualities of the lives. First of all, as this is the thrust of this thesis, we will ask the audience how realistic the characters are which are produced. Additionally, we will ask our audience how engrossing and entertaining the characters are, as stories are enriched by these things. We will also ask how attention-grabbing these characters are, as to be able to draw attention initially will improve the chances that a story will be read in the first place, which is a prerequisite of a story being judged as good. We will also look at the tenseness of the character's life, as this is used as a measurement in Narrative Generation literature and could indicate to readers some potential employment of a model such as this[1]. On top of this, we will ask about the logicality of the story, as coherence is a marker of quality in stories [20]. Finally, as this model will be based on a pre-existing set of theories, there may be some utility to the tool as a means of teaching people about that framework. Therefore, we will measure how informative the system is.

## 7.4 Choices of Approach

Not all of the approaches can be completely perfected. However, a great deal of these approaches have either fatal flaws or are inferior to other approaches in their same class. A prime example of this is in which approach to take to the Theoretical Theological underpinning of the software. While a Patristic Theology is profoundly informative for human beings and while it does provide the basis for Scholastic Theology, it is impractical to research and implement generally speaking. Therefore, for this project, we are going to take the Scholastic view of Man into account. Our primary source for this will be from Three Ages of the Interior Life [8], with some additional influence from other short publications authors such as Fr Chad Ripperger, included in the Corpus. Likewise, we believe that to employ MOEAs on the stats would be profoundly impractical and that to operate on both the events and stats would be unnecessarily complicated. Therefore, we will employ the MOEA on the events of life alone, and make the somewhat unrealistic assumption that all characters are Tabula Rasa. Finally, to treat these events we will use the Indicator-Based approach, due to how Pareto Dominance is impractical for the number of dimensions we will have to handle, and Decomposition cannot treat as effectively with dependent variables as an Indicator could. Therefore, we will implement an Indicator-Based approach to process our stories.

## 8 Implementation

To test our proposed solution, we must implement computational representations of the approaches we previously described in an orderly manner.

### 8.1 Handling Narrative Events

Key to every story, and to every expression of a character are events. These things describe the fundamental structure of any narrative, and therefore the proper management of these is crucial to generating any story, whether aimed at the proper expression of Characters or simply being entertaining.

### 8.1.1 Quantifying Virtues, Vices and Passions

However, to handle this first we must decide how to handle the aspects of the person. Human beings, in terms of skill abstractly speaking, are impossible to quantify numerically, as our physical aspects don't have a directly intelligible sense [22] [23]. Although we could generate an indicative number through certain tasks, this will always be affected by innumerable factors and therefore this number will never be absolute. However, for the sake of keeping our systems simple, there must be a straightforward way to determining whether or not (and to what degree) a character has a trait.

Under a Scholastic (more specifically Thomistic) Framework for quantifying human characteristics, there are these virtues and vices, and these are quantified in terms of sub virtues and sub vices, which are each represented by a single integer. These are parts that reflect more discrete subtasks which are under a certain virtue. For example, Epiekieia is a subvirtue of Prudence which denotes knowing the mind of the lawmaker, with Prudence controlling proper action in a given circumstance. These can be summed together, adding the subvirtues and subtracting the subvices, to provide an overall picture of the virtue.

Passions are much more straightforward. They are controlled by a single integer, which where it is negative is a negative emotion, and otherwise is positive, as defined in the aforementioned Variables document in the corpus. When measuring the intensity of emotion, we can generate this by adding together the absolute values of all the emotions.

## 8.1.2 A Description of the Structure of an Event

Borrowing from MEXICA [2], we have decided to follow a model wherein events are determined based on their pre-conditions and post-conditions. Up to a maximum of three characters, each precondition refers to a passion, subvirtue or subvice, and whether or not it should be greater or lower than the assigned value. As for postconditions, there are two variations. The first where the grace is accepted, the second where it is rejected. These numbers are added to the passions, subvices or subvirtues if these are chosen by the will. There is also information pertaining to output in each post-condition, as well as a bank of scriptural verses for additional flavour text(which was only half-implemented).

#### 8.1.3 Storage and Loading of Events

Initially, we believed that the most effective way of handling these events would be via JSON. As it was stored in a text format it would be fairly easy to retrieve and hand-edit. However, it soon became clear that this would cause some problems for loading. First of all, JSON tends to be loaded into classes directly and generating classes from the JSON leads to huge classes with hundreds of variables, which would be laborious to manage and hard to add to without editing source code. In addition, since this would be hand-typed, there were occasionally spelling mistakes in variable names, which meant that data could not be loaded properly.

After some reflection, it became apparent that a database solution would be much more effective, as loading would be as simple as connecting and querying the various tables, and because the headings would be standardised. Editing could also be accomplished with pre-existing tools. we settled on SQLite for the table because SQLite does not require a server task running concurrently with the program to operate. The data was converted to SQLite format through a custom Python 3 script which took intermediate CSV data converted from the JSON, classified it into Pandas DataFrames, and then saved it as tables in an SQLite database.

The program loads each action into an Action class instance, through an ActionLoader class which connects to the SQLite file. These are split into various state indicators, which indicate to the reader the emotional state or the state of the subvirtue or subvice which the character performing them is in, or Actual Grace or Temptation, which will be covered further down. Their various sub vices, virtues and other information are loaded into HashMaps to make them more easily and cleanly accessible than if all information were hardcoded.

#### 8.1.4 Action and Outcome choice

Lagrange states in his work, as does the entire Catholic Spiritual Tradition that all human actions which apply to the virtues and vices have a volitional component. However, as we have noted with MEXICA and as we can discern from the same material, there is a human person with preconditions before each of these actions, such as emotions and pre-

dispositions to certain virtues. Therefore, handling the processing of events in line with the teaching of Garrigou-Lagrange and others is key to being able to computationally represent their philosophy. Some events also have subsequent necessary actions, because actions do have consequences in reality.

#### 8.1.5 Actual Grace and Temptation

To mirror our section in the literature review on Actual Grace and Temptation, we will be implementing the view of Garrigou-Lagrange, wherein actions are distinguished into inheriting classes that model the respective kinds of situations that he describes. There is an action class, from which an Actual Grace and a Temptation class inherit, and from there specific nuances of each case are handled.

### 8.1.6 Human Will Algorithm Simulation

As human characters exist with physical conditions and previous habituation into virtues and vices, actions have to take account of conditions. The algorithm that handles this for both actual graces and temptations follows

```
Let char = Character to test;
Let char2 = Character acted On;
Let event = event to run
Let x = Random.Integer(0,100);
x = x + Character.temperance.humility;
x = x + Character.sumPrudence(); // (Subvirtues - Subvices)
if against another person
        x = x + Character.getCharacterRelationshipStats(char2);
x = x + Character.getPassions();
x = x + Event.getSubVirtues() * 4;
x = x + Event.getSubVices() * 4;
if char.stateOfGrace
        x = x + 15;
if x <= 60
        return false;
else
{
        return true;
```

Figure 1: Human Will Algorithm

Due to the deterministic nature of computers and the indeterminate nature of the human will, a random number is generated to provide an abstract representation of small human factors such as circadian rhythms and various mood swings which are otherwise unaccountable to the actions a character directly experiences and performs. Then, as is the unilateral voice of the Catholic Spiritual Tradition, humility is a universal regulator of all behaviour and all thought. Therefore, it is factored into calculations. On top of this, as the Thomistic Tradition which Lagrange affirms holds, Prudence is the seat of judgement in all actions. Henceforth, it also contributes to the determination of decisions. This then takes into account the emotions between characters, the relevant vices and virtues, and then the state of grace, which Lagrange states hold together all virtues and is a prerequisite for Charity. Finally, representing Man's inclination to evil actions as is taught under the doctrine of Original Sin, a character must pass 60 to avoid sin or inaction. The number

60 out of 100 was chosen because it does not prevent a character from choosing the good, but it makes a character naturally more predisposed to failing to accept the grace to do good than to reject it and either commit evil or to simply fall into sloth.

#### 8.1.7 Passion and Virtue Variation

As our lives are not always discrete actions, these must be acknowledged by some means. Be this falling out of the habit, or the emotional fluctuations caused by circadian rhythms or diet, they will touch the story. Therefore, some simple algorithms to randomly vary these passions and to taper them down have been added. Emotional variations are created by adding a random number up to 30 and then subtracting 15, to represent mood swings created by circadian rhythms or other events. Virtues decay by moving subvirtues and subvices back to zero, subtracting or adding 1 each time to represent a rest state. Likewise, it makes very little sense for characters to become habitually irreconcilably angry or in a state of pleasure, because this would make for a story with no variation whatsoever. This would be boring to read. Therefore, there is a function that calms down the character. These return characters to the mean in a passion by either adding or subtracting 5 based on their current disposition.

```
Let char = the current character;
for(passion in character)
{
    passion = passion + random(0,30) + 15;
}
```

Figure 2: Emotional Variation Algorithm

```
Let char = the current character;
for(virtue in character)
{
         if(virtue < 0)
         {
             virtue = virtue + 1;
         }
         else if (virtue > 0)
         {
                 virtue = virtue - 1;
         }
}
```

Figure 3: Falling out of the Habit Algorithm

```
Let char = the current character;
for(passion in character)
{
      if(passion < 0)
      {
          passion = passion + 5;
      }
      else if (passion > 0)
      {
          passion = passion - 5;
      }
}
```

Figure 4: "Calm Down" Algorithm

#### 8.2 Markov Chain Name Generation

To add a little bit of flavour to the text, we decided that variations in names may make the text more interesting. Additionally, rather than use a bank of names that would simply be randomly selected, we opted to use a simple Markov Chain Name Generator. This thesis used an implementation written by PavlikPolivka [33].

```
int rank()
{
     Let char = character to be tested;
     Let keypoints = generateRelevantObjectivePoints(10);
     Let virtuesPassions = consolidateVirtuesToPoints(char);
     virtuesPassions = normalise(virtuePassions);
     Let score = getTotalEuclideanDistance(keypoints,
}

newGeneration doSelection(all)
{
    all = rank(all);
    all = sort(all);
    toMutate = tournamentSelect(10);
    newGeneration = crossover(toMutate);
    return newGeneration;
}
```

Figure 5: MOEA algorithm

## 8.2.1 Gathering of Names

Names are split into various cultural groups which pertain to the ancient nations which would be mentioned in hagiographic texts (Including Babylonian, Hebrew and Greek). These are kept together to preserve the unique grammatical aspects of each culture's language and therefore generate culturally reminiscent names.

#### 8.3 Evolutionary Aspects

Although a great deal of research in Narrative Generation has been penned in relation to the generation of good plots (largely based on Aristotle's recognition in the *Poetics* that each narrative ultimately relies on a plot), as our approach is aimed at making characters and not plots, this has been set aside to allow characters to be fully directed by the aforementioned will algorithm. Evolutionary Algorithms will be used to take those characters who make the best choices in line with the state of an ideal life composed of points reflecting the Three ages and two nights mentioned earlier, and then replicate those stories down generations until the best possible character is generated.

## 8.3.1 Summary of the MOEA Algorithm

This is how generations are generated and mutated

#### 8.3.2 How do we measure realism?

As mentioned earlier, the Works of St John of the Cross, as seen through Fr Garrigou-Lagrange provide a narrative arc by which we could judge the events of a character's life. The structure shown in these writings (especially the Dark Nights) in the life of many form peaks of growing virtue, which grow at different rates given times, as well as representing intermittent levels of the passions. The nights not only represent growths in virtue but also times where a character experiences particularly powerful emotions. This provides us with a model with which to judge characters. We can prefabricate a model life which would be constructed out of a set of points in 8 dimensions, 7 for the virtues and 1 for the intensity of the passions, each point representing a certain part of the ideal life. We can measure characters against this by generating from each character this same set of points at the same intervals as the ideal life.

#### 8.3.3 Multiple Objective Indicator Function

Simply choosing the Indicator-Based approach does not solve the problem entirely. Subsequent choices had to be made relating to the nature of the indicator function we would use. A common indicator is called a Hypervolume indicator, which operates by taking the amount of area which is dominated by the solution set given a reference point and then ranks them based on this [28]. This would not work in our case because, as we have just stated, we are trying to fit a character to the graph of an ideal character. Initially, we considered doing the exact opposite, and instead of generating an nth dimensional derivative to indicate whether or not the point was corresponding to the derivative of the ideal graph. However, this would fail because we are attempting to generate stories that generally fit a realistic curve, and these curves can be greater or lower in magnitude, which inevitably impacts the derivative. St Francis of Assisi and an Old Woman at Church can fit the Three Ages just as much as one another. However, the magnitude with which the virtues and passions possess will vary a great deal in these two cases. Henceforth, this would impact the derivative's magnitude, and therefore it would not work. There is also the problem that derivatives cannot simply be summed together as a matter of magnitude, as a derivative indicates a direction in some way. Therefore, it becomes difficult to produce a single indicator score.

The solution which we ultimately settled on was to normalise each character's graph to within an interval provided for all characters and then take the Euclidean Distance between each character point and its corresponding normalised ideal point. This would mean that the issue of magnitude would be irrelevant as each character would be normalised given the minimum and maximum value of each respective dimension, and so would be directly comparable to the ideal graph which is normalised in the same way. Additionally, the

Euclidean distances can be added together across all of the points and this will give an accurate indication of how closely the graph is fit, as the distance is always a magnitude.

#### 8.3.4 Selection method

As we wish to select those solutions which are closest to the ideal, we shall minimise the values of the generated characters. Then, tournament selection was carried out on the set of generated characters, producing 10 results. This was chosen over selecting from a larger sample because it was discovered in early testing that the highest characters generally had much lower values and that the difference tapered off over time.

#### 8.3.5 Mutation Method

After this selection, the question of generating the next generation comes about. Due to some events having compulsory consequent actions, as well as potentially breaking coherence of the stories generated with the will algorithms, random mutation is not a suitable means for generating a new population. Crossover, however, does make sense across the story actions alone, as all of the characters are at the same starting point. The crossover was engaged in across several key points in the lives. The algorithm takes the events between these key points and then inserts them into the new lives of the character. This varies in size depending on how large the lives of the character are desired to be.

## 9 Results and Analysis

Despite the impact of the pandemic on the ability to research, 8 valid submissions were presented to our aforementioned survey. Although this is below the level of statistical significance, we believe that some indications on the nature of this method could be derived from this.

#### 9.1 Basic Analysis

As we can see from 1, the characters generated, while not generally realistic or logical (as we would expect as there is no Plot Ordering here), they are certainly interesting and in particular, tense characters. Above all, the characters are generally attention-grabbing. However, respondents ranked the characters most consistently illogical as the low average and standard deviation indicated.

As the ranking is out of 5, the standard deviation is quite high, as in every case except "logical" there is a standard deviation around 20% of the full magnitude. This indicates that, while there is a general trend in the data, this data can still vary quite significantly, in particular in relation to being attention-grabbing. However, it would seem this and being

entertaining are the major positive trends in the data as we observe here, with the main negative issues being realism and logicality.

From this, we can suggest, although not assert due to the lack of data, that our system currently produces entertaining and attention-grabbing characters, although not realistic. This can be inferred from the stories in the survey. Lots of extreme negative things occur in the midst of these stories, such as murders and iconoclasm. While interesting to read, these are not common things in our lives, which would appear to be the reasoning behind the lack of realism (as one commentator noted on 7 relating to the statues and murders.

## 9.2 Observed Correlations in Graphs

While we can discern basic aspects of the stories from universal information, we might also be able to find trends between the various aspects of the stories which we requested those who took the survey to comment on.

All of these plots use for their X-axis take the views of the 8 participants, and then extend them across the 5 graphs, such that the first 8 correspond to the first story, then the next 8 the second, and so on. As one of the people only provided information on the first story, this means that the X-axis will not completely match.

First of all, as we can see from 7, there seems to be some degree of correlation between the Tenseness and how Attention-Grabbing a story is. This makes intuitive sense because there must be something to a particular thing to draw attention to, and as we have shown from previous literature, tension is used as a means of measuring a story arc. Therefore, we would expect to see a relationship between the two.

However, the other graphs provided are not so promising. Interestingly, there does not seem to be a wide variation across the stories, but rather across the persons reading the stories, which we can see from how high the gradient is across time 7 8 9. However, as it is inefficient to look for trends by generating and manually observing graphs, we believe it is sensible to employ Machine Learning, as these algorithms are designed to discover such trends automatically.

#### 9.3 Machine Learning Analysis

Despite the paucity of data, we attempted to see if any trends could be found. The data was presented to the algorithms in two ways. Firstly, it was presented with respect to each story. Secondly, it was presented as separate instances in the same categories, without dis-

tinction in stories. These analyses were engaged in with WEKA 3.6 with default settings.

#### 9.3.1 Decision Trees

When we approached the data in the first manner with the J48 Decision Tree Algorithm, we found generally extremely high error rates (exceeding 100% Mean Squared Error). Two were below that. The first was at 92 % MSE and found women tended to find the first story 10 as more logical than men. The second stated that all except one found people who were not other found 4 utterly illogical 11.

Then we looked in the second manner. According to the model, with 0 % MSE (Which is to be expected with such little data), the tree indicated that men who read less than 30 minutes a week tended to find stories not particularly informative (i=2) 12. Other trends were found, but these are not pertinent to this experiment.

#### 9.3.2 Clustering

When operated through K-means Clustering. In neither presentations of the data did we find any final centroid clusters.

### 9.4 Qualitative Analysis from Comments

The comments shed some insight into the numbers which we have received. Person 4 explains that he does not think that the stories make sense repeatedly, and although his comment on grace is false, his comments do indicate a general trend of our stories being generally chaotic. Person 6 Notes indicates on 5 that there is no progression in the lives with 4 as well. Generally, we can see from the comments that the stories tend to be illogical, which makes sense computationally as nothing was done to structure a plot.

On the other hand, especially with Story 1, it was noted by 7 that the quality which makes it so attention-grabbing is that it's illogical. This causality could be explored with greater amounts of data, as we believe that this could be something that could be confirmed if explored more deeply.

Finally, it was noted that there were repetitions. This was because there were only 87 Story Actions that were made accessible. This, we believe, may have contributed to diminishing the quality of the stories, as they were all very similar. This was compounded by the fact that each of these stories came from the same execution of the algorithm, which meant that the same segments of the stories were recycled with different names.

## 10 Evaluation

Despite the lack of data that we have gathered, and while the results are consequently very mixed and unreliable, we can observe some potential conclusions on this exploration. Although the data indicates that the stories are not realistic, but they are entertaining. We can say a lot more qualitatively about the results of the implementation.

While the project itself did add more features than were initially intended (For instance, being able to add indicators to show contributing factors to an action, such as habits and emotions), there were also some things that should have been added. For instance, Garrigou-Lagrange notes that the state of grace enforces the virtues, but this can be lost through mortal sin. This was only partially implemented, as none of the actions actually can lose the state of grace of a character. In reality, this makes the behaviour more like a Calvinist concept of Perseverance of the Saints [34]. The citation calls it "Once saved, always saved". This does not exist in Catholic Theology in the same way, as even those who finally reach heaven, which is obtained by the state of grace, can be in states during their lives where they are not saved, and they can lose this state. This has a dramatic impact on the lives of people, as it means that even those previously in a state of grace can lose it and thus have periods of a greater predisposition to sin and therefore against virtue. There was also a planned bible quoting system which is in the code as well, but none of the actions in the database quote from it.

On the other hand, although the state of grace was not covered, the manner in which the virtues and vices were handled was very effective. In this implementation, the HashMap-based system helped very significantly in development time, as well as making it easier for subsequent developers to add new virtues, vices and passions. Alternatively, if this had been hardcoded, then these modifications would not have been possible, and a lot of time would have been spent implementing getters and setters, and towards handling each variable properly. It would also make the will algorithm and other algorithms unworkable in their current state. Since the HashMaps load directly from the tables in the SQLite database, this issue is avoided.

In addition, while the project's great wealth of extreme events did shock some of the candidates, this is not the full contents of the lives of real people. People carry out more venial and neutral actions throughout their lives. They engage in leisure and fulfil other desires at the same time that are somewhat neutral or tend towards a virtue in a less significant way. This system does not currently exist in this project. So, although the will algorithm does choose correctly in the abstract, there could be more detail added to ground this further. The randomisation of the passions does go some way to abstracting this away, but more work could be done here in dialogue with the MOEA system.

While we believe that MOEA systems have a great deal to contribute to Narrative systems, we do not believe that what was written here alone was sufficient to make coherent stories. Although we do believe that the method of structuring the stories do work, all the system presents here does is ensure that the correct virtues and passions have the correct values. It does not ensure that the story events are actually interesting. Therefore, we believe future work on this software would do two things. First of all, there should be the contribution of an ordering system to add coherence to the plots, such as that shown with quest generation [1]. Additionally, we would add additional metrics, such as tension, as well as treat each passion as a separate object. As things currently stand, passions are considered as a raw magnitude to signify intensity. However, the picture of the Nights of Senses and Spirit are far more nuanced in authors such as St John of the Cross [9], especially in his work called the Dark Night of the Soul.

Finally, one thing we are happy to have added, contrary to initial expectations, was that postconditions have the capability to affect the other two characters in a story just as much as the first character. Initially, it was the case where only the first could keep the stories simple. However, redesigning the storage system for events from JSON to SQLite made it much better able to deal with the complexity. This means that the fullness of the effect of being acted on can change a character.

## 11 Further Research

We can see from what we have learnt here that there is a great deal that can be expanded upon in subsequent studies.

#### 11.1 Subsequent application of MOEAs

Although the approach applied in this thesis does not provide enough structure alone, in combination with other methods it could be highly powerful. As we have observed from the results, a character simply tending towards a certain number of virtues and intensity of passion does not make a story coherent. However, a great strength of MOEAs is that additional dimensions can be added, and perhaps even weight in such a way that coherence measures can be added to correct the issues we observe. Other algorithms could also be used in conjunction with this. This was done with quest generation [1], wherein the events were sorted into a coherent order by another, non-genetic algorithm. An approach could be employed wherein a selection of suitable arcs for a particular part of the spiritual life could be selected, and then a coherence measurement algorithm could analyse these and then contribute to the indicator score which ranks lives. This may also go some way to solving the issue of a lack of motivation or directedness of characters which many of the candidates noted across the different stories.

## 11.2 Improvements to Realism and Informativeness

While our results show that we did not generate necessarily realistic characters, what it did indicate to us is that characters generated are attention-grabbing and are often entertaining. Therefore, with this as a base, more could be done to increase the realism while also increasing the degree of entertainment. As we saw in one of the comments on Life 5, the actions in the story are quite tense to the point of making it incongruent with a typical life. While murders and smashing statues do occur, it is not nearly as common as employed in the stories generated. This could be alleviated by the addition of many more venial actions and neutral actions of the character. Instead of the story action database having as great a proportion of serious actions, these could smooth out the intensity of the stories and make them appear more realistic. Spiritual Theology itself takes note of this, as Garrigou-Lagrange spends large amounts of time expounding on the prevention of prayer becoming mechanical, which indicates that at times the Spiritual Life can become more boring [8] than the propensity of violent actions currently would imply.

On top of this, as was already attempted through virtue signifiers, which begin each sentence to indicate the state of the virtue or emotion of a character, additional events like this could be used to more pointedly encourage moments of learning from the audience. For example, an otherwise meaningless account of the character's emotional and habitual state could be provided to give a person context to the actions of a character, which could give readers an indication of causality present in the story between action and disposition, and hence a teachable moment.

## 11.3 Additional Aspects of Spiritual Theology

As the field of Spiritual Theology is so utterly vast, there is a great amount of complexity that has not been covered here. For example, there is the concept of passive aspects of the three ways. This is where God directly acts on the person outside of the actions performed by the person. In the works of St John of the Cross, from which Garrigou-Lagrange receives a great deal of influence, this passive way is extremely prominent in that it rids a person of those vices which are outside of the reach of the person. This can often be intensely painful and often occurs through initially non-moral events. For instance, St Padre Pio fell ill with mysterious diseases [35] and St Ignatius of Loyola had his leg shattered by a cannonball[36]. In this paper, only direct moral actions and status indicators have been added, and additional research could be employed to see the effect of non-moral actions on producing a good story.

Also, another common influence, especially in the Illuminative and Unitive ways, is that of visions and private revelations. These are often profound dreams or visions which completely redirect the character's life. Scripture is replete with examples of this, such as Joseph and Nebuchadnezzar, as well as in more modern times through the likes of St Maximillian Kolbe and St Faustina Kowalska. As there is currently no extended will outside of the testing of actions, let alone a motivation springing from a particular event, this could contribute a great deal to the realism and longevity of stories.

## 12 Subsequent Approaches

Since we have observed some positive results from our approach, we believe that similar approaches could have some benefits.

## 12.1 Hagiographies

An approach that could be more amenable to the plot grammars and narrative theories which many narrative researchers employ could be to investigate the narrative structures of Hagiographic literature. This generally refers to the Lives of the Saints and the ways in which Hagiographers structure these accounts, such as the two cited in the previous section. As the current structuring entailed by the MOEA systems is not sufficient, we believe that an investigation of Hagiographies could produce a similar effect as is intended by this thesis under the guise of a more conventional approach to stories. Although there have been studies into Hagiography [37] [38], so far as we are aware, no grammars or narrative theories have been written on them. This would need to be researched prior to computer-generated hagiographies so that this could be attempted conventionally. This research could be approached by Neural Networks in the manner presented as feasible in the Literature review, wherein these hagiographic texts could be analysed to construct character archetypes.

#### 12.2 Monastic and Patristic Approach

Although we took note that this approach would be too time-consuming, we do believe that this could be exceptionally useful. One of the limiting problems could provide a hidden advantage for subsequent projects. We noted that moral and spiritual teachings were haphazard in placement and disorganised within Patristic and Monastic literature, often into different homilies and letters. We also noted that an issue with this project may have been the lack of events. Given the practical nature of some of these works, such as the Philokalia, these could simultaneously provide information for the algorithms as well as for events that could be placed in the story. Therefore, this could solve two issues at once, despite it still being time-consuming. This newfound richness in events could improve the scores for realism.

Also, it opens up a window into a more Eastern conception of Spiritual Theology. The Scholastic Approach we have taken has very little influence from the East subsequent to the Schism of 1054. This leaves many texts which have not been acknowledged, although the wider Catholic world has acknowledged these. Two great works spring to mind. The Way of a Pilgrim [39], which is a narrative about an anonymous Russian Pilgrim who practices Hesychia, which is a predominant part of the Eastern Spiritual Teaching, which is not present in the west. The second, which is also in this tradition, is On the Acquisition of the Holy Spirit by Seraphim of Sarov[40]. These works suffer from the same issue of not being direct as other monastic and patristic literature. However, they could provide additional insights into characters, and perhaps even shed some light on the basis for Propp's Plot Grammar, as this contributes and emerges from the same culture.

## 13 Conclusion

Although this exploration was unexpectedly successful in some areas and failed in others, we believe that this exploration could provide an impetus for subsequent researchers to investigate this area of study. From the direct spiritual writings wehave mentioned here, to hagiographies, to the great wealth of other texts in the Catholic Spiritual Tradition, there are plenty of untapped resources on human nature which are not being sufficiently exploited. As the bible provides some of the most enduring stories in human history, and these works provide the basis for much of this teaching, we think this is an ideal and extremely deep source of information on what makes stories enduring, realistic and entertaining. we think that this project is a valid contribution to the field, and hopefully, it encourages researchers to look more deeply into Spiritual Theology.

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## 15 Appendix

Tables, the Survey and other analytical tables can be found here. All numerical ranking in these tables is between 1 and 5.

#### 15.1 Form Results

#### 15.1.1 General Statistics for Whole Dataset

Measure	Realism	Tenseness	Entertainment	Attention Grabbing	Engrossing	Informative	Logical
Mean	2.361111	3.777777778	2.944444444	3.25	2.8611111111	2.1111111111	1.777777778
Median	2	4	3	3.5	3	2	2
Standard Deviation	1.07312	0.988826465	1.145037602	1.204159458	1.150224271	1.007905261	0.680802514
Mode	2	4	4	4	2	3	2

Table 1: Basic Stats

#### 15.1.2 Story 1 Results

Person	Realism	Tenseness	Entertainment	Attention-Grabbing	Engrossing	Informativeness	Logicality
1	2	5	5	5	4	3	2
2	2	5	2	3	3	4	1
3	2	3	4	2	1	3	3
4	2	4	2	2	2	2	1
5	1	5	4	4	2	1	1
6	2	5	3	5	4	2	3
7	4	4	4	5	5	1	2
8	2	5	2	2	2	3	1

Table 2: Story 1 General Results

#### 15.1.3 Story 1 Other Comments

```
Person Other Comments

1
2
3
3
4 Their life doesn't follow a logical pattern in terms of falling from grace, and redemption.

5 What.
6 I can see there's a build up of bad actions so in a sense there is logic to it, with lesser sins building up to greater ones. Character motivations are hard to ascertain however. The character is consistent but lacks clear motives, influences or development and is conceivably a real person.

Most actions are outwardly inconsequential, but murder is enough to elevate the character to tense.

There is enough variety and effect in their actions that keeps it moderately entertaining.

The story is engrossing partly because it is uninformative and ambiguous.

The life is chaotic as there are no clear motives or influences, yet displays a consistent character.
```

Table 3: Story 1 Other Comments

## 15.1.4 Story 2 Results

Person	Realism	Tenseness	Entertainment	Attention-Grabbing	Engrossing	Informativeness	Logicality
1	2	4	4	5	5	3	2
2							
3	4	3	4	3	2	3	3
4	1	1	1	2	2	1	1
5	2	4	3	3	2	1	2
6	1	5	3	5	4	3	1
7	4	4	4	4	2	1	2
8	2	3	2	2	3	3	3

Table 4: Story 2 General Results

### 15.1.5 Story 2 Other Comments

Person	Other Comments
1	
2	
3	
4	Series of events makes no sense, again.
5	Ok.
6	This one seemed to not have a progression in morality, i.e. venial sins and mortal sins interspersed without a build up
7	
0	

Table 5: Story 2 Other Comments

### 15.1.6 Story 3 Results

Person	Realism	Tenseness	Entertainment	Attention-Grabbing	Engrossing	Informativeness	Logicality
1	3	4	3	4	4	3	2
2							
3	4	4	4	4	2	3	2
4	1	3	1	1	1	1	1
5	2	4	2	2	3	1	2
6	1	5	3	4	4	3	1
7	4	4	4	4	4	1	2
8	4	4	4	4	4	3	2

Table 6: Story 3 General Results

#### 15.1.7 Story 3 Other Comments

```
Person Other Comments

1
2
3
4 Again, no logical pattern to their spiritual life.
5 WHY ARE PEOPLE DESTROYING SACRED STATUES AND MURDERING?? How is that realistic.
6
7
```

Table 7: Story 3 Other Comments

## 15.1.8 Story 4 Results

Person	Realism	Tenseness	Entertainment	Attention-Grabbing	Engrossing	Informativeness	Logicality
1	2	4	4	4	4	3	2
2							
3	3	1	2	3	2	3	2
4	1	3	1	1	1	1	1
5	3	3	1	2	2	1	2
6	1	5	2	4	3	2	1
7	4	4	4	4	4	1	2
8	2	4	3	3	3	2	1

Table 8: Story 4 General Results

### 15.1.9 Story 4 Other Comments

Person	Other Comments
1	
2	
3	
4	Again, not logical, cannot receive communion in a state of grace.
5	lole
6	A series of unfortunate events
7	
8	

Table 9: Story 4 Other Comments

## 15.1.10 Story 5 Results

Person	Realism	Tenseness	Entertainment	Attention-Grabbing	Engrossing	Informativeness	Logicality
1	2	4	4	4	4	3	2
2							
3	3	3	3	3	3	4	2
4	1	3	1	1	1	1	1
5	2	3	2	2	2	1	3
6	2	4	3	3	3	2	1
7	4	4	4	4	4	1	2
8	3	3	4	4	2	2	2

Table 10: Story 5 General Results

### 15.1.11 Story 5 Other Comments

Person	Other Comments
1	
2	
3	
4	Doesn't make sense.
5	The one-liners are too repetitive and get boring to read
6	
7	
8	

Table 11: Story 5 Other Comments

## 15.2 Graphs

Figure 6: Attention Grabbing vs Engrossing



Figure 8: Tenseness vs Engrossing



Figure 9: Tenseness vs Entertaining



#### 15.3 Decision Trees

Figure 10: First Method J48 First Data

```
J48 pruned tree
-----
Their Life is.. (Logical) <= 2: Male (6.0/1.0)
Their Life is.. (Logical) > 2: Female (2.0/1.0)
Number of Leaves : 2
Size of the tree : 3
```

Figure 11: First Method J48 First Data 2

```
Their Life is.. (Logical)4 <= 1
| What is your gender = Male: 3-5 hours (2.0)
| What is your gender = Female: 30mins-1 hour (2.0/1.0)
| What is your gender = Other: 3-5 hours (0.0)
Their Life is.. (Logical)4 > 1: <30 minutes (4.0/1.0)
```

Figure 12: Second Method J48 First Data

```
J48 pruned tree
```

```
How often do you spend researching the Catholic Spiritual or Mortal Tradition in a week = 5+ hours: Male (5.0)
How often do you spend researching the Catholic Spiritual or Mortal Tradition in a week = 30mins-1 hour: Female (5.0)
How often do you spend researching the Catholic Spiritual or Mortal Tradition in a week = <30 minutes

| Their Life is.. (Informative) <= 2: Male (10.0)
| Their Life is.. (Informative) > 2: Other (5.0)
How often do you spend researching the Catholic Spiritual or Mortal Tradition in a week = 3-5 hours: Male (10.0)
How often do you spend researching the Catholic Spiritual or Mortal Tradition in a week = 1-2 hours: Female (5.0)
```

## 15.4 Survey

# MOEAs For Narratives Through the Lens of Spiritual Theology This form will present you with a number of stories generated with my narrative generator, and I would like you to answer some questions related to each character represented.

*	Required
1.	Which of the Following Applies to you? *
	Mark only one oval.
	I am a UK Citizen
	I am a UK Resident
	None of the Above
_	
2.	How old are you? *
	Mark only one oval.
	<18
	18-21
	22-27
	28-35
	36-45
	46-60
	61+
3.	What is your gender *
	Mark only one oval.
	Female
	Male
	Other:

4.	What is your highest level of education? *
	Mark only one oval.
	Below GCSEs
	GCSEs
	A Levels/BTEC
	Bachelor's Degree
	Master's Degree
	PhD
5.	How often do you spend researching the Catholic Spiritual or Mortal Tradition in a week $\ensuremath{^{\star}}$
	Mark only one oval.
	<30 minutes
	30mins-1 hour
	1-2 hours
	3-5 hours
	5+ hours

	Iohannotadrous rejoices in a good that they know they don't possess Iohannotadrous Ioansharks Emerian Iohannotadrous derides Alexandro with caustic sarcasm. Due to some habit of circumspection, Iohannotadrous spends the night praying to		Their Life is  Mark only one oval.
Character 1	mortify his senses and to obtain union with God Due to a harter of daring,lohannotadrous cracks a crass joke lohannotadrous loansharks Hoassimikail lohannotadrous destroys a sacred statue intentionally, lohannotadrous eteroys a sacred statue intentionally, lohannotadrous receives communion in a state of grace reverently lohannotadrous cracks or sass joke lohannotadrous cracks a crass joke lohannotadrous decides to pursue money immoderately lohannotadrous murders Gracitus, lohannotadrous forgives 'abdal-aziz Due to a hatred of caution,lohannotadrous intentionally tempts God by their thoughts lohannotadrous intentionally tempts God by their thoughts lohannotadrous rejoices in the grave evils they have committed Due to some habit of immodesty,lohannotadrous receives communion in a state of mortal sin. lohannotadrous falls into ambition and pursues those things above him wilfully lohannotadrous has a quarrel with Elyakira lohannotadrous has a quarrel with Elyakira	9.	1 2 3 4 5  Very Boring
			Mark only one oval.  1 2 3 4 5  Not Attention Grabbing At All
	the New Law Iohannotadrous hears the voice of God in his mind Iohannotadrous blasphemes God Due to some habit of reason,Due to a hatred of pleasure,Iohannotadrous derides Tabni with caustic sarcasm. While praying in a quiet place, Iohannotadrous receives advice in prayer on his predominant fault. Iohannotadrous takes this personally. Temper lost, Iohannotadrous begins to cry. Due to a habit of pleasure,	10.	Their Life is  Mark only one oval.
	Character Realistic?		1 2 3 4 5  Hard to Pay Attention to
Mark o	nly one oval.		
Unrea	1 2 3 4 5  Very Realistic	11.	Their Life is  Mark only one oval.
Office	very Realistic		1 2 3 4 5
7. Their	Life is		Uninformative Very Informative
	inly one oval.		
	1 2 3 4 5		
Very 0	Calm Very Tense		

8. Their Life is..

12.	Their Life i	ne oval.	14.	Is the Character Realistic?  Mark only one oval.  1 2 3 4 5  Unreal
13.	Other Cor	nments	15.	Their Life is  Mark only one oval.  1 2 3 4 5  Very Calm
Ch 2	aracter	Hadeus rejoices in a good that they know they don't possess Hadeus loansharks Yild'il Hadeus derides lohajer with caustic sarcasm. Due to a habit of reason, Hadeus spends the night praying to mortify his senses and to obtain union with God Due to a hatred of daring, Hadeus cracks a crass joke Hadeus loansharks 'abdal-rahmad Hadeus forgives Haribah Hadeus destroys a sacred statue intentionally. Hadeus receives communion in a state of grace reverently Hadeus destroys a sacred statue intentionally. Hadeus destroys a sacred statue intentionally. Hadeus destroys a sacred statue intentionally. Hadeus decides to pursue money immoderately Hadeus decides to pursue money immoderately Hadeus murders Kosmos. Hadeus forgives Ragin Due to a hatred of caution, Hadeus intentionally tempts God by their thoughts Hadeus rejoices in the grave evils they have committed Due to a habit of cruelty, Hadeus receives communion in a state of mortal sin. Hadeus falls into ambition and pursues those things above him wilfully Hadeus has a quarrel with Avnered Hadeus smugly judges themselves superior to Origenia willfully contrary to the New Law Hadeus hears the voice of God in his mind Hadeus blasphemes God Due to an abundant habit of fraud, Due to a dislike of pleasure, Hadeus derides Werdinarr with caustic sarcasm. While praying in a quiet place, Hadeus receives advice in prayer on his predominant fault. Hadeus takes this personally. Temper lost, Hadeus begins to cry. Due to a dislike of hope,		Their Life is  Mark only one oval.  1 2 3 4 5  Very Boring Very Entertaining  Their Life is  Mark only one oval.  1 2 3 4 5  Not Attention Grabbing At All Very Attention Grabbing

19.	Their Life is  Mark only one oval.  1 2 3 4 5  Hard to Pay Attention to Engrossing  Their Life is  Mark only one oval.  1 2 3 4 5  Uninformative Very Informative	Character 3	Helikhael Helikhael Due to a senses a Due to a Helikhael Due to a Helikhael Helikhael Law Helikhael Helikhael
20.	Their Life is  Mark only one oval.		fault. He Due to a
21.	1 2 3 4 5  Very Chaotic Very Logical  Other Comments		Character Reconly one oval.
			ng their life is only one oval.

el rejoices in a good that they know they don't possess
el loansharks Theocleistreschaicus
el derides Caecundisalvus with caustic sarcasm.
slight dislike of eubulia,Heikhael spends the night praying to mortify his
and to obtain union with God
hatred of daring,Heikhael cracks a crass joke
el loansharks Ghanifa el loansharks Chanifa el forgives Aguedavasimaios el destroys a sacred statue intentionally. el receives communion in a state of grace reverently el destroys a sacred statue intentionally. el cracks a crass joke el decides to pursue money immoderately el mudres Matitiyahu. el forgives Jibrid slight dislike of caution, Helikhael intentionally tempts God by their thoughts el intentionally tempts God by their thoughts siight dislike or caution, Helikhael intentionally tempts God by their thoughts el Irientionally tempts God by their thoughts el rejoices in the grave evils they have committed dislike of honestia, Helikhael receives communion in a state of mortal sin. el falls into ambition and pursues those things above him wilfully el has a quarrel with Fauboninus el smugly judges themselves superior to Tacinthus willfully contrary to the New el hears the voice of God in his mind el blasphemes God habit of carnalprudence,Due to a slight dislike of pleasure,Helikhael derides with caustic sacrosm. aying in a quiet place, Helikhael receives advice in prayer on his predominant elikhael takes this personally. Temper lost, Helikhael begins to cry. dislike of love,

22.	Is the Character	Realistic?

5 4 Very Realistic 2 4 5 Very Calm Very Tense

24.	Their Life is	28.	Their Life	is
	Mark only one oval.		Mark only	one oval.
	1 2 3 4 5			1 2 3 4 5
	Very Boring Very Entertaining		Very Chac	otic Very Logical
25.	Their Life is	29.	Other Co	anno ato
25.	Their Life is	29.	Other Co	mments
	Mark only one oval.			
	1 2 3 4 5			
	Not Attention Grabbing At All Very Attention Grabbing			
26.	Their Life is			lolemolema rejoices in a good that they know they don't possess lolemolema loansharks Atilius
	Mark only one oval.			lolemolema derides 'abdal-rahmad with caustic sarcasm.  Due to a hatred of negligence,lolemolema spends the night praying to mortify his senses and to obtain union with God
	1 2 3 4 5			Due to a habit of anger,lolemolema cracks a crass joke lolemolema loansharks Niiqquusu
	Hard to Pay Attention to Engrossing			Iolemolema forgives Dalia Iolemolema destroys a sacred statue intentionally. Iolemolema receives communion in a state of grace reverently
				lolemolema destroys a sacred statue intentionally. lolemolema cracks a crass joke
				Iolemolema decides to pursue money immoderately Iolemolema murders 'abla. Iolemolema forqives Gauti
27.	Their Life is		aracter	Due to a hatred of caution,lolemolema intentionally tempts God by their thoughts lolemolema intentionally tempts God by their thoughts
	Mark only one oval.	4		lolemolema rejoices in the grave evils they have committed  Due to a habit of lust lolemolema receives communion in a state of mortal sin.
	1 2 3 4 5			Iolemolema falls into ambition and pursues those things above him wilfully Iolemolema has a quarrel with Ilyas Iolemolema smugly judges themselves superior to Hroald willfully contrary to the New
	Uninformative Very Informative			Law lolemolema hears the voice of God in his mind
				lolemolema blasphemes God Due to a slight dislike of reason,Due to a slight dislike of love,lolemolema derides
				Roufos with caustic sarcasm.  While praying in a quiet place, lolemolema receives advice in prayer on his predominant fault. Iolemolema takes this personally. Temper lost, lolemolema begins
				to cry.  Due to a hatred of anger,

30.	Is the Character Realistic?  Mark only one oval.	34.	Their Life is  Mark only one oval.
	1 2 3 4 5 Unreal		1 2 3 4 5  Hard to Pay Attention to Engrossing
31.	Their Life is  Mark only one oval.  1 2 3 4 5  Very Calm	35.	Their Life is  Mark only one oval.  1 2 3 4 5  Uninformative
32.	Their Life is	36.	Their Life is
	Mark only one oval.  1 2 3 4 5  Very Boring		1 2 3 4 5  Very Chaotic Very Logical
33.	Their Life is  Mark only one oval.	37.	Other Comments
	1 2 3 4 5  Not Attention Grabbing At All		

		Mannu rejoices in a good that they know they don't possess	40.	Their Life is
		Mannu loansharks Emanner Mannu derides Loukious with caustic sarcasm.		Mark only one oval.
		Due to an abundant habit of memory,Mannu spends the night praying to mortify his senses and to obtain union with God		
		Due to an abundant habit of pleasure,Mannu cracks a crass joke Mannu loansharks 'abdah		1 2 3 4 5
		Mannu forgives Hroaldhar		Very Boring Very Entertaining
		Mannu destroys a sacred statue intentionally.  Mannu receives communion in a state of grace reverently		
		Mannu destroys a sacred statue intentionally.  Mannu cracks a crass joke		
		Mannu decides to pursue money immoderately Mannu murders Eunikeph.		
Ch	aracter	Mannu forgives Tatius  Due to a hatred of caution,Mannu intentionally tempts God by their thoughts	41.	Their Life is
5		Mannu intentionally tempts God by their thoughts		
		Mannu rejoices in the grave evils they have committed  Due to a hatred of simplicty,Mannu receives communion in a state of mortal sin.		Mark only one oval.
		Mannu falls into ambition and pursues those things above him wilfully  Mannu has a quarrel with Alittum		1 2 3 4 5
		Mannu smugly judges themselves superior to Mordena willfully contrary to the New Law		Not Attention Grabbing At All
		Mannu hears the voice of God in his mind Mannu blasphemes God		Not Attention Glabbling At All
		Due to a habit of docility,Due to a hatred of pleasure,Mannu derides Gerges with		
		caustic sarcasm.  While praying in a quiet place, Mannu receives advice in prayer on his predominant		
		fault. Mannu takes this personally. Temper lost, Mannu begins to cry.  Due to a dislike of pleasure,	42.	Their Life is
				Mark only one oval.
38.	Is the Cha	aracter Realistic?		1 2 3 4 5
	Mark only o	one oval.		Hard to Pay Attention to Engrossing
		1 2 3 4 5		
	Unreal	Very Realistic	43.	Their Life is
				Mark only one oval.
39.	Their Life	is.		1 2 3 4 5
	Mark only o	·		Uninformative Very Informative
	ark only c			
		1 2 3 4 5		
	Very Calm	Very Tense		

Their Life is							
Mark only one	oval.						
	1	2	3	4	5		
Very Chaotic						Very Logical	
Other Comm	nents						

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