

Teresa Strous

Web Design and Development

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Unley, 5061

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PROFESSIONAL SUMMARY

I am a highly motivated individual who is currently employed as a Lifestyle Therapist and completing a **Diploma of Digital Media with a strong focus on web design and development**.

Through studying design in depth through a formal qualification I have advanced my creativity skills and industry know-how, whilst learning more linear subjects like code by dedicating myself to Code School and practical application.

TECHNICAL TOOLBOX

- ❖ Entry Level **Front End Developer** and **User Experience Design** Skills
- ❖ Clean and Current **HTML, CSS and JavaScript** knowledge
- ❖ **Adobe Photoshop / Illustrator / After Effects** fluency
- ❖ Eloquent **Copy** and Content expertise
- ❖ **Branding** and **Logo Design** Skills
- ❖ Basic **PHP** and **Ruby on Rails** knowledge
- ❖ Professional experience in a position of co-ordinating groups
- ❖ Additional languages to English – **Dutch, German**
- ❖ Current First Aid Certificate
- ❖ Previous role as Work Health and Safety Officer

PERSONAL ATTRIBUTES

- ❖ Hard working and enjoy achieving quality results
- ❖ Efficient organisational skills
- ❖ Caring, independent and enthusiastic personality
- ❖ Honest and reliable worker
- ❖ Energetic and enthusiastic about work and life
- ❖ Collectively minded and a good communicator

EDUCATION AND TRAINING

Diploma of Digital Media	Completion in July 2017
Certificate IV in Leisure and Health	2012
Certificate II in Hospitality	2011
Urrbrae Agricultural High School	2010

EMPLOYMENT HISTORY

Kalyra Belair Aged Care Lifestyle Therapist	2012-2014 / 2015 till current
❖ Co-ordinating activities and events	
RAVSTASS Sporting Association <i>Vice-President</i>	2015-2016
❖ Business Management	
Adelaide Convention Centre Food and Beverage Attendant	2010-2014
❖ Silver Service, Customer service	
Glenunga Dog Grooming Studio Dog Groomer	2009- 2010
❖ Animal management, grooming and clipping	

WORK EXPERIENCE

Kick Start For Kids Volunteer	2016 - Current
❖ Mentoring a young student to facilitate their social growth	
Kalyra Belair Aged Care Assistant Lifestyle Therapist	2012
❖ Co-ordinating activities and events	
Zoo Youth Volunteer/ Youth group member	2009- 2010
❖ Management of animals, enclosures and gardens	
Warrawong Sanctuary General Up-keeper	2009
❖ Caring for various orphaned, captive & wild animals	
Cleland Wildlife Park General Up-keeper	2009
❖ Caring for various orphaned, captive & wild animals	
Urrbrae Trails Tour Guide	2009
❖ Taking educational tours of the farm & wetlands	

REFERENCES

Name: Sally Hargreaves
Job Title: Lifestyle Co-ordinator
Company: James Brown Memorial Trust
Address: 2 Kalyra Rd, Belair 5052
Phone: 08 8278 0300
Email: shargreaves@jamesbrown.org.au

Name: Miranda Howard
Relationship: Friend
Occupation: Student
Address: 4 Elizabeth St. Goodwood, 5034
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Email: miranda.howard@student.adelaide.edu.au