

Benefits of owning a cat

Cats provide companionship, affection, family fun and entertainment to people of all ages and lifestyles.

People have had a close relationship with cats for thousands of years. This has evolved from being a tool for rodent control to becoming a cherished household pet.

Cats are one of the most popular pets in Australia due to their low maintenance, playfulness and affection. They are the ideal pet for those with low mobility and smaller homes as their play and exercise requirements can be met within the home.

There are physical and mental benefits for cat owners, with studies showing improved general health, improved immunity, lower stress levels and blood pressure.

Cats provide great companionship and contrary to popular belief, cats do not need to roam from your property. Keeping your cat confined to your property is relatively easy. This not only reduces the impact on Australian native wildlife, but reassures you that your cat is safe from other animals, traffic, severe weather events or from becoming lost.

Where can I get advice?

Local Council

Visit lga.sa.gov.au for contact information for all local councils.

Your Vet

To find a local vet you can check the *Yellow Pages* searching under 'vet' or 'veterinary surgeon' at yellowpages.com.au or *Find a Vet* a searchable database hosted by the Australian Veterinary Association of Australia at vetvoice.com.au/find-a-vet

RSPCA

Head Office

172 Morphett Street, Adelaide SA 5000
GPO Box 2122, Adelaide SA 5001
rspca.org.au | 1300 477 722

Shelters

Lonsdale

25 Meyer Road | 1300 477 722

Port Lincoln

22 Windsor Avenue | 8682 3016

Whyalla

7 Cook Street | 8644 0172

Animal Welfare League

1-19 Cormack Road

Wingfield SA 5013

awl.org.au | 8348 1300

Shelters

Wingfield

Cormack Road

Edinburgh North

4 Hewittson Road

Australian Veterinary Association

(South Australian Division)

PO Box 114

Walkerville SA 5081

ava.com.au | 1300 137 309

Feline Association South Australia

felineassociationsa.com

The Governing Council of the Cat Fancy of South Australia Inc.

Advice and information on all cat matters
catfancysa.asn.au | 8321 9255

Dog and Cat Management Board

GPO Box 1047, Adelaide SA 5001

dogandcatboard.com.au | 8124 4962