

Applying Scrum values

You just learned about the five Scrum values: *Commitment*, *Focus*, *Openness*, *Respect*, and *Courage*.

According to the Scrum Guide, these values give direction to the Scrum Team with regard to their work, actions, and behavior. While some of these values may be new to you, consider a time when you have embodied one of these values during a personal or professional project.

Which value did you demonstrate?

How did you embody that value?

How did it affect the project?

Is there a particular value you are excited about employing moving forward?