

TOEFL vs IELTS Requirements Checklist

Accepted tests, waiver rules, score benchmarks, and timeline planning.

Per-school requirements

- Accepted tests (TOEFL / IELTS / Duolingo) and any program-specific rules.
- Section minimums (and whether a subscores floor applies).
- Score reporting method (ETS codes, uploads) + processing time.
- Deadline and the latest safe test date (back-plan 2–4 weeks).

Quick conversion reference

TOEFL iBT	IELTS
80	6.5
90	7.0
100	7.5
105	8.0

Waiver eligibility (school-specific)

- Full-time study in English for X years (often 2–4).
- Degree program where the language of instruction is English (upload proof).
- AP / IB / A-level English scores that meet stated thresholds.
- If unclear: request clarification in writing before skipping a test.

Timeline plan

- Choose TOEFL or IELTS based on which has the clearest improvement path.
- Schedule a retake window (only if practice data supports upside).
- If using Duolingo: confirm schools accept it for your program and term.