

TOEFL vs IELTS Requirements Checklist

Accepted tests, waiver rules, score benchmarks, and timeline planning.

Per-school requirements

- ☐ Accepted tests (TOEFL / IELTS / Duolingo) and any program-specific rules.
- ☐ Section minimums (and whether a subscores floor applies).
- ☐ Score reporting method (ETS codes, uploads) + processing time.
- ☐ Deadline and the latest safe test date (back-plan 2–4 weeks).

Quick conversion reference

TOEFL iBT	IELTS
80	6.5
90	7.0
100	7.5
105	8.0

Waiver eligibility (school-specific)

- ☐ Full-time study in English for X years (often 2–4).
- ☐ Degree program where the language of instruction is English (upload proof).
- ☐ AP / IB / A-level English scores that meet stated thresholds.
- ☐ If unclear: request clarification in writing before skipping a test.

Timeline plan

- ☐ Choose TOEFL or IELTS based on which has the clearest improvement path.
- ☐ Schedule a retake window (only if practice data supports upside).
- ☐ If using Duolingo: confirm schools accept it for your program and term.