

## **WRITING A JOURNAL SUMMARY**

### **Part A. Explanation**

Writing a summary of an academic journal is one of many ways being critical to comprehend a text. In order to write the summary well, you need to first understand what an academic summary is. Below is a brief explanation.

*An academic summary is a concise, succinct representation of an academic text such as a scholarly book, journal article, and research report. The main purpose of summaries is to enable the reader in a limited time to determine why a paper, a journal article, a book chapter or a book is worth reading. In other words, an academic summary is useful so that readers can briefly understand the contents of a journal to then become a consideration of whether it is appropriate for what the reader is looking for. (Universitas Negeri Yogyakarta, MLA 2020)*

After knowing a brief explanation of an academic summary. Now is the time for you to read your journal and highlight some components. You can read the description of each component below.

#### **1. Research Question(s)/ Problem Statement**

*A well-written summary will reveal research questions or problems in the topic that the author will clearly explain, answer, or argue in the text. What issues are being studied? What kind of problems does the author really want to address? Based on which specific case did the author do that?*

#### **2. Motivation/ Relevance**

*In this section of the summary, you will answer the question why this investigation has been conducted. The research question or the definition of the problem statement is connected to an issue that is of importance to the author, either in a social or academic context. What is the author's motivation? What lacuna is the research text trying to fill?*

#### **3. Theoretical Frameworks**

*Subsequently, you should clarify within what framework the investigation has been conducted. From which theoretical perspective has the author approached the issue? Which scientific theories or models does the author use as starting point to describe, analyse, interpret and explain the issue?*

#### **4. Method**

*In this section, you will explain how the investigation has been carried out. Only state the outlines; there is no need to explain in full detail. Deliver a concise description of how the investigation has been generated, analysed and interpreted by means of a scientifically proven*

*method. Keep to the most important aspects, such as the structure of the most important data and the method used in the analysis.*

## **5. Results/ Arguments**

*In this section you should process the outcome of the investigation. Do not mention all findings in the summary; narrow it down to the most important findings or arguments relevant for answering the research question or supporting the main thesis. Any unexpected outcomes are to be mentioned as well.*

## **6. Conclusion**

*The research question has to be answered in this part of the academic summary. You are not allowed to submit any new information.*

## **7. Your own opinion**

*Sometimes, depending on the assignment or the purpose of the summary, it can be useful to provide your own opinion on the text/quality of the investigation. Was it carried out in a way you agree with? Does the author use valid arguments? Make sure to provide your own opinion in a separate paragraph; the summary itself has to be objective.*

## Part B. Practice

Finally, your time to write your Journal/ academic summary is here. Write yours and submit to the LMS.

Name	: Muhammad Alawi
Journal Title	: Social Media: Its Impact with Positive and Negative Aspects
Author	: Shabnoor Siddiqui and Tajinder Singh
Link to the Journal	: <a href="https://jogamayadevicollege.ac.in/uploads/1586197536.pdf">https://jogamayadevicollege.ac.in/uploads/1586197536.pdf</a>

No	Components	Description
1	Research question/problem statement	This journal talks about how social media gives good and bad effects on peoples lives in education, business, and daily communication. The problem is how people use social media too much and how it changes their behavior.
2	Motivation/relevance	The topic is important because everyone uses social media today, especially students. Knowing the effects helps us use it in a better and smarter way.
3	Theoretical framework	The writers use ideas from other studies about how people communicate and act online. They believe technology can be both helpful and harmful, depending on how we use it.
4	Method	The journal uses a literature review. It means the writers read and collect information from many older studies instead of doing new research.
5	Results/arguments	The journal shows two sides: <ul style="list-style-type: none"><li>• Positive: easy to communicate, share news, promote business, learn together.</li><li>• Negative: can make people addicted, distracted from school, lose privacy, or believe fake news.</li></ul>
6	Conclusions	Social media has both good and bad sides. People should control how they use it so it can give more benefits than problems.
7	<i>Your own opinion</i>	I like this journal because it is easy to understand and very close to our daily life. I agree that we must use social media wisely. I will use this journal as my reference for the essay next week.

Reference:

Siddiqui, S., & Singh, T. (2016). Social media its impact with positive and negative aspects. *International Journal of Computer Applications Technology and Research*, 5(2), 71–75. Retrieved from <https://jogamayadevicollege.ac.in/uploads/1586197536.pdf>

<b>Name</b>	<b>: Muhammad Alawi</b>
<b>Journal Title</b>	<b>: The Impact of Social Media on Society</b>
<b>Author</b>	<b>: Jacob Amedie</b>
<b>Link to the Journal :</b>	
	<a href="https://scholarcommons.scu.edu/cgi/viewcontent.cgi?article=1002&amp;context=engl_176">https://scholarcommons.scu.edu/cgi/viewcontent.cgi?article=1002&amp;context=engl_176</a>

No	Components	Description
1	Research question/problem statement	The journal talks about how social media affects our society, especially its bad effects on people's minds and behavior.
2	Motivation/relevance	The writer wants people to see not only the good side of social media but also the dangers like stress, fake lives, and online crime
3	Theoretical framework	The journal uses ideas from psychology and sociology to explain how social media can cause depression, anxiety, and risky behavior.
4	Method	The author used information from many other studies and real-life examples such as Facebook depression and cyberbullying cases.
5	Results/arguments	The study shows that social media can make people feel lonely, cause mental health problems, and even be used by criminals or terrorists.
6	Conclusions	Social media connects people but also harms real relationships and mental health if not used wisely.
7	<i>Your own opinion</i>	I think this journal is true and important. It reminds us to use social media carefully and not forget real-life communication.

Reference:

Amedie, J. (2015). *The impact of social media on society*. *Advanced Writing: Pop Culture Intersections*, 2. Santa Clara University. Retrieved from  
[https://scholarcommons.scu.edu/engl\\_176/2](https://scholarcommons.scu.edu/engl_176/2)

Amedie, Jacob. "The Impact of Social Media on Society." *Advanced Writing: Pop Culture Intersections*, no. 2, Santa Clara University, 2015. Scholar Commons,  
[https://scholarcommons.scu.edu/engl\\_176/2](https://scholarcommons.scu.edu/engl_176/2).

Amedie, Jacob. 2015. "The Impact of Social Media on Society." *Advanced Writing: Pop Culture Intersections* 2. Santa Clara University. Accessed October 19, 2025.  
[https://scholarcommons.scu.edu/engl\\_176/2](https://scholarcommons.scu.edu/engl_176/2).

<b>Name</b>	: Muhammad Alawi
<b>Journal Title</b>	: Social Networking Usage: 2005–2015
<b>Author</b>	: Andrew Perrin
<b>Link to the Journal</b>	: <a href="https://www.secretintelligenceservice.org/wp-content/uploads/2016/02/PI_2015-10-08_Social-Networking-Usage-2005-2015_FINAL.pdf">https://www.secretintelligenceservice.org/wp-content/uploads/2016/02/PI_2015-10-08_Social-Networking-Usage-2005-2015_FINAL.pdf</a>

No	Components	Description
1	Research question/problem statement	How did people's use of social media change from 2005 to 2015. And what age and social groups use it the most.
2	Motivation/relevance	Social media is now part of daily life. Knowing how its use grew helps us understand changes in communication and society.
3	Theoretical framework	The study is based on how new technology spreads among people and becomes part of everyday communication.
4	Method	The researcher used surveys from the Pew Research Center, asking adults in the U.S. about their social media use between 2005–2015.
5	Results/arguments	Use of social media grew from 7% in 2005 to 65% in 2015. Young adults were the most active, but older people also started using it more. Women used it slightly more than men.
6	Conclusions	Social media has become common for all ages. It is now one of the main ways people communicate and share information.
7	<i>Your own opinion</i>	I think this study is clear and useful. It shows how quickly social media became important in our lives. It helps me understand how technology changes human behavior.

Reference:

Perrin, A. (2015, October 8). *Social Networking Usage: 2005–2015*. Pew Research Center.  
[https://www.secretintelligenceservice.org/wp-content/uploads/2016/02/PI\\_2015-10-08\\_Social-Networking-Usage-2005-2015\\_FINAL.pdf](https://www.secretintelligenceservice.org/wp-content/uploads/2016/02/PI_2015-10-08_Social-Networking-Usage-2005-2015_FINAL.pdf)

<b>Name</b>	<b>: Muhammad Alawi</b>			
<b>Journal Title</b>	<b>: The Impact of Social Media on Youth Mental Health</b>			
<b>Author</b>	<b>: Jacqueline Nesi, PhD</b>			
<b>Link to the Journal</b>	<b>: <a href="https://ncmedicaljournal.com/article/55247-the-impact-of-social-media-on-youth-mental-health-challenges-and-opportunities/attachment/119353.pdf">https://ncmedicaljournal.com/article/55247-the-impact-of-social-media-on-youth-mental-health-challenges-and-opportunities/attachment/119353.pdf</a></b>			
<b>No</b>				
<b>Components</b>				
1	Research question/problem statement	How does social media use affect the mental health of young people, and what are the main risks and benefits?		
2	Motivation/relevance	Many teenagers use social media every day. It is important to understand how it can both help and harm their mental health.		
3	Theoretical framework	The article uses ideas from psychology and adolescent development. It focuses on how online peer interactions influence emotions and behavior.		
4	Method	This is a commentary that reviews findings from recent studies and surveys about youth, social media use, and mental health.		
5	Results/arguments	- Social media can cause risks like cyberbullying, poor sleep, and negative self-comparison. - It can also bring benefits such as social connection, emotional support, and mental health awareness.		
6	Conclusions	Social media has both positive and negative effects on young people. More research is needed to understand how to promote healthy use and reduce risks.		
7	<i>Your own opinion</i>	I think this article is very interesting because it shows both sides of social media. It helps me understand that online use can be good if used wisely but dangerous if not controlled.		

Reference:

Nesi, J. (2020). *The impact of social media on youth mental health*. *North Carolina Medical Journal*, 81(2), 116–121. <https://doi.org/10.18043>

