

It is imperative  
that we use all  
the tools  
available to us  
to stop this  
pandemic.



### **For more information**

Visit [cdc.gov](https://www.cdc.gov)

Make sure you're keeping up to  
date with news from your local  
public health system.



**POST-VACCINE  
RECOMMENDATIONS**  
THE FIGHT'S NOT  
OVER



# Here's what the CDC recommends after receiving your COVID-19 vaccine

- Continuing to wear a mask over your nose and mouth
- Continuing to stay at least 6 feet away from others
- Continuing to avoid crowds
- Continuing to avoid poorly ventilated spaces
- Continuing to wash your hands often

You may be wondering,  
*"Why do I need to continue to practice these protections after receiving my vaccine?"*

# Here's the deal.

- ***Vaccinated people might still be able to spread the virus.***  
Experts are still trying to understand how the vaccines protect against virus transmission, and it is likely that you may still be able to transmit the virus to your loved ones and others even after being vaccinated.
- ***Vaccines might not be able to confer protection against all variants***  
Protection may not be equally conferred against current and future variants, so caution is still warranted.
- ***It will take time to get enough people vaccinated to make enough of an impact on the spread of the virus***  
As stated above, experts still do not understand how the current vaccines protect against virus transmission. Regardless, it will take some time to vaccinate enough of the United States population to make an impact.