

# Jeremy Johnson

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Pontiac, MI 48341

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## Education

Master of Education in Higher Education Leadership

Oakland University - Rochester, MI September 2015 to April 2017

Bachelor's of Fine Arts in with a Specialization in Drawing

Oakland University - Rochester, MI September 2011 to December 2014

## Work Experience

### Certified Personal Trainer and Nutrition Coach

Self Employed

October 2020 to Present

- Assess client needs by discussing goals, habits, and fitness experiences as well as measuring body composition and testing strength and posture.
- Develop individual exercise and nutrition strategies to help clients reach personal fitness goals.
- Monitor client progress through weekly check-ins, monthly re-assessment, and session performance analysis.
- Provide Educational and Motivational resources to client to promote knowledge, improve adherence, and build confidence.

### Activities Team Member

Elmhaven Manor - Pontiac, MI February 2020 to October 2020

- Planned and instructed art classes to residents at an unassisted senior citizen apartment complex.
- Provided assistance to residents whom had issues physically completing activities.
- Distribution of weekly activity packs and lunches to 100+ residents.
- Assisted in running the apartment complex convenience store where residents purchased various goods.

### Project Advisor

Oakland University Project Upward Bound - Rochester, MI October 2017 to September 2019

- Recruited high school students to participate in our college readiness programming.
- Advised 100+ high school students yearly for high school academic success and college readiness from 6 different high schools from grade 9 to 12.
- Instructed a Saturday class that prepared seniors for their first year of college by instructing them in campus navigation, filling out FAFSA, finding scholarships, and fulfilling requirements necessary to enter their college of choice.
- Administrated the non-academic programming of the annual summer academy on campus. Which included hiring, training, and managing a staff of peer mentors, arranging and overseeing non-academic activities on campus, and supervising the week-long trip at the end of the summer academy.
- Worked with other colleges, universities, academic agencies, and non-profits to provide students with relevant academic and extracurricular experiences.

## **Coordinator**

**Oakland University Office for Diversity, Equity and Inclusion - Rochester, MI October 2015 to October 2017**

- Started off as graduate assistant and was hired into an interim coordinator role until a full-time director was found.
- Performed program planning and mentor recruitment with a team of staff and administrators for the Oakland University My Brother's Keeper program (OUMBK). The OUMBK's goal is to assist students of color in 7th grade to achieve academic, emotional, and career-related success.
- Recruited 50 Middle school students for OUMBK and performed career interest evaluations, advising, and workshops to help them orient themselves to future career goals.
- Planned and implemented a mentorship aspect of the program that sought to find 50 mentors for all 50 students who attended OUMBK; Also included located and reaching out to 5 potential locations to hold group mentorship sessions.
- Collaborated with a team of staff and administrators in creating and implementing a framework for Parent University a program designed to equip parents with skills to better engage with their children and their schools.

## **Graduate Intern for the Department of Art, Design, and Humanities**

**Oakland Community College - Farmington Hills, MI January 2017 to April 2017**

- Managed and archived syllabi from department professors as well as ensure that they met department standards.
- Researched potential course equivalencies to other colleges and universities for various majors within the department.
- Provided administrative support to the Dean of the college and administrative assistant through preparation documents, attending team meetings, and assisting with the organization of various course and major materials.

## **Art Instructor**

**Pontiac Creative Art Center April 2013 – August 2015**

- Developed and implemented curriculum that included a variety of artistic mediums including drawing, painting, crafts, and simple animation for the annual confetti summer camp
- Developed and implemented 8-week course that taught students the fundamentals of drawing and cartooning

## **Conferences**

- Johnson, J., & Williams, H. (2019). Boosting Engagement Through Technology. *Annual MI-CAPP Spring Professional Conference*.
- Johnson, J. (2019). Developing Successful Habits. *MI-CAPP Student Leadership Summit*. Ann Arbor, MI
- Johnson, J. (2019). Developing Successful Habits. *Oakland University Center for Multicultural Initiatives Men's Retreat*. Rochester, MI
- Johnson, J., & Sullen, G. (2016). Belonging Equals Student Success and Transformation. *Equity Within the Classroom conference*. Troy, MI

## **Certifications**

- NASM Certified Personal Trainer
- NASM Certified Nutrition Coach
- American Red Cross First Aid/CPR/AED