## Daniel J. Sykes 703-659-3198 daniel.j.sykes92@gmail.com

## LICENSED PHYSICAL THERAPIST ASSISTANT

Patient-focused and well-versed in wide range of treatment protocols for patients dealing with different physical ailments. Participate in the planning and delivery of high-quality interventions aimed at increasing functionality, range of motion and strength. Safety-oriented and well-organized in helping physical therapy team with efficient support.

- Improve Treatments
- Creative Thinking
- Problem-Solving

- Evaluate Progress Data
- Analytic Thinking
- Multitasking

## **EXPERIENCE**

Licensed Physical Therapist Assistant
Preferred Physical Therapy (Fleming Island)
Oct 2022- Oct 2023

- Created individualized functional exercises for each patients' goals.
- Preformed multiple joint mobilization and manual techniques
- Created HEPs based off patients' needs and goals for returning to their highest level of function
- Educate patients on importance of dynamic and static stretching
- Proficient in patient documentation on multiple platforms to include Rehab Optima and Webpt
- Worked as part of a team to execute proper care of body mechanics and safety of patients
- Studied treatment plans and adjusted exercises periodically to maximize benefits
- Used various mechanical and electrical equipment to properly treat patients

Physical Therapist Assistant Student

Penney Farms Rehabilitation Clinic/Preferred Physical Therapy (Middleburg) *May 2022- Aug 2022* 

- Over 1000+ hours of internship/working experience in outpatient clinics
- Created individualized functional exercises for each patients' goals.
- Preformed multiple joint mobilization and manual techniques learned from different clinics across Jacksonville
- Created HEPs based off patients' needs and goals for returning to their highest level of function
- Educate patients on importance of dynamic and static stretching
- Written multiple SOAP notes thoroughly and accurately

- Worked as part of a team to execute proper care of body mechanics and safety of patients
- Studied treatment plans and adjusted exercises periodically to maximize benefits
- Used various mechanical and electrical equipment to properly treat patients

## **EDUCATION**

Associate of Science degree in Physical Therapist Assistant, August 2022 Keiser University, Jacksonville, FL