



De resultaten van drie jaar lang MyMovez op het Stedelijk Gymnasium Nijmegen

Thabo van Woudenberg

Ouderavond, SGN
13 September 2018

Radboud University

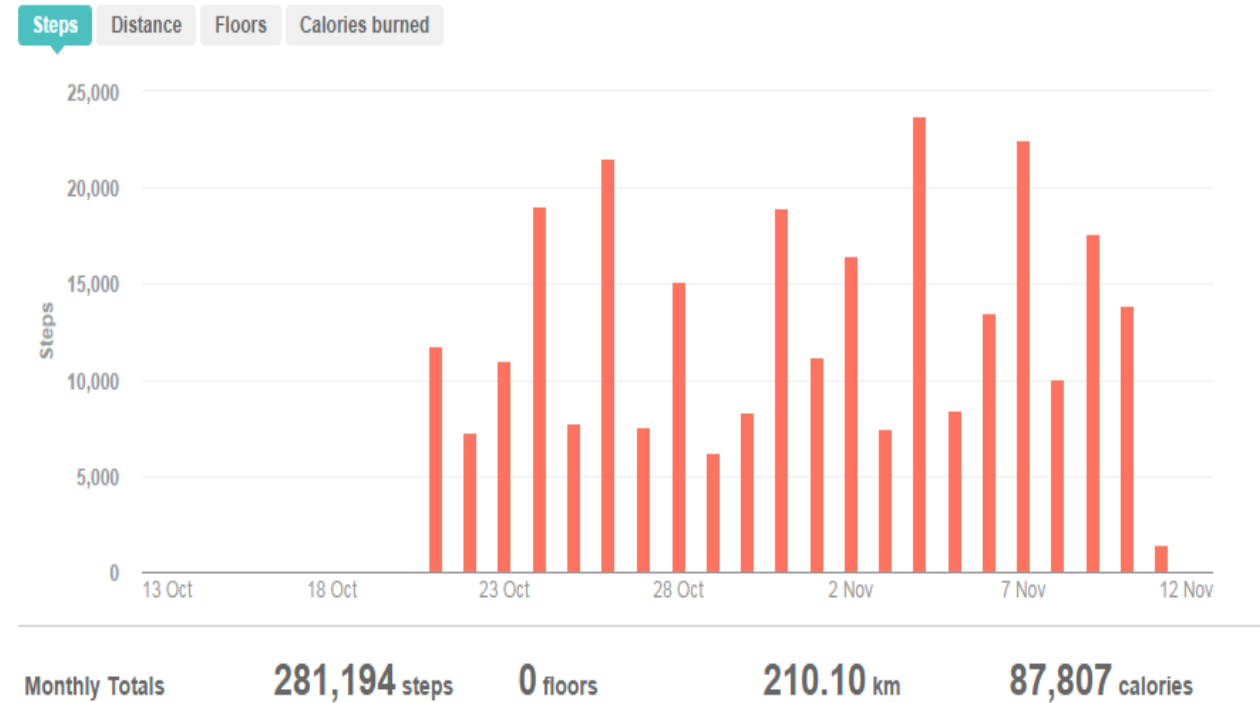


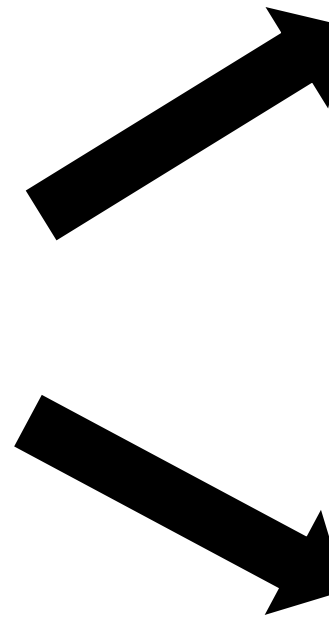
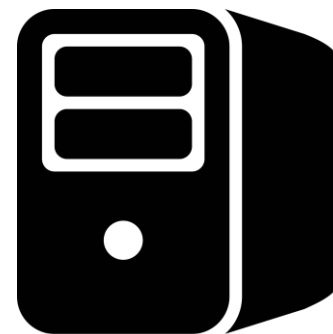
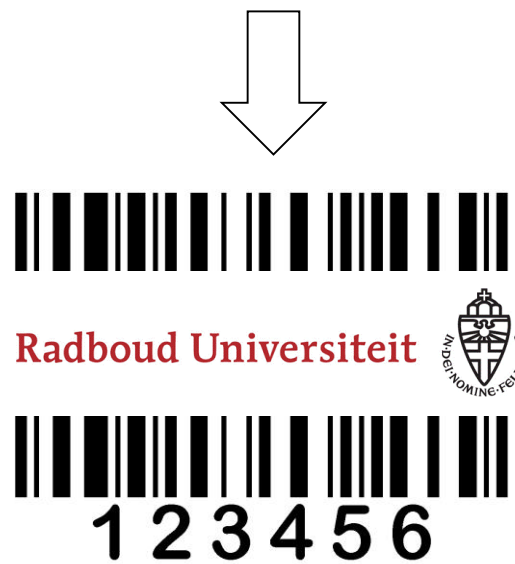
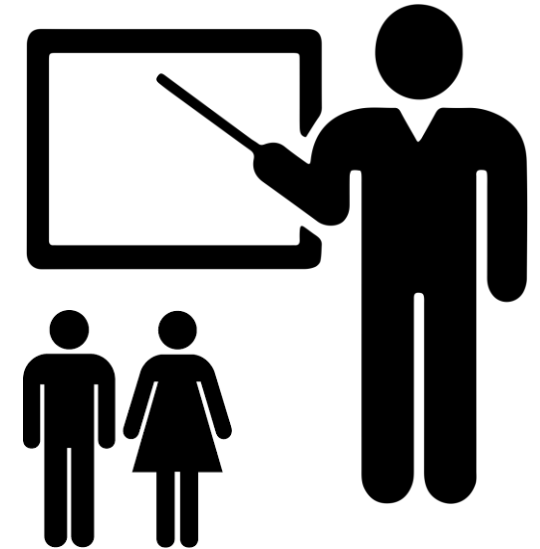
Planning

Onderzoeksplanning MyMovez						
Fase	Fase I				Fase II & III	
Jaar	2016			2017	2018	
Afname	1	2	3	4	5	8
Onderzoeks- periode	februari	april	juni	februari	februari	interventie

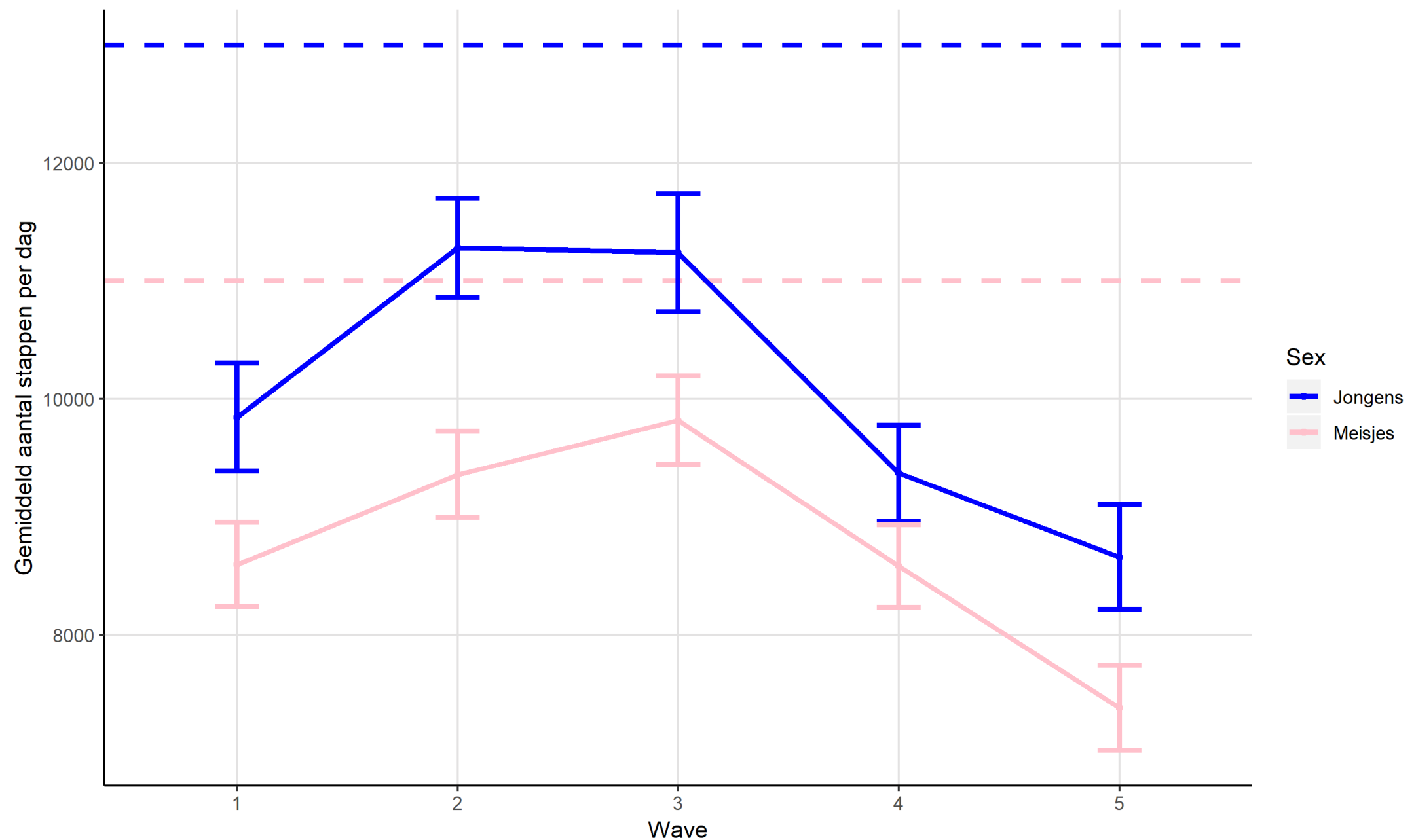
- Data collectie W1 – W5
 - 1483 kinderen in Nederland
 - 127 kinderen van het Gymnasium

MyMovez Wearable lab

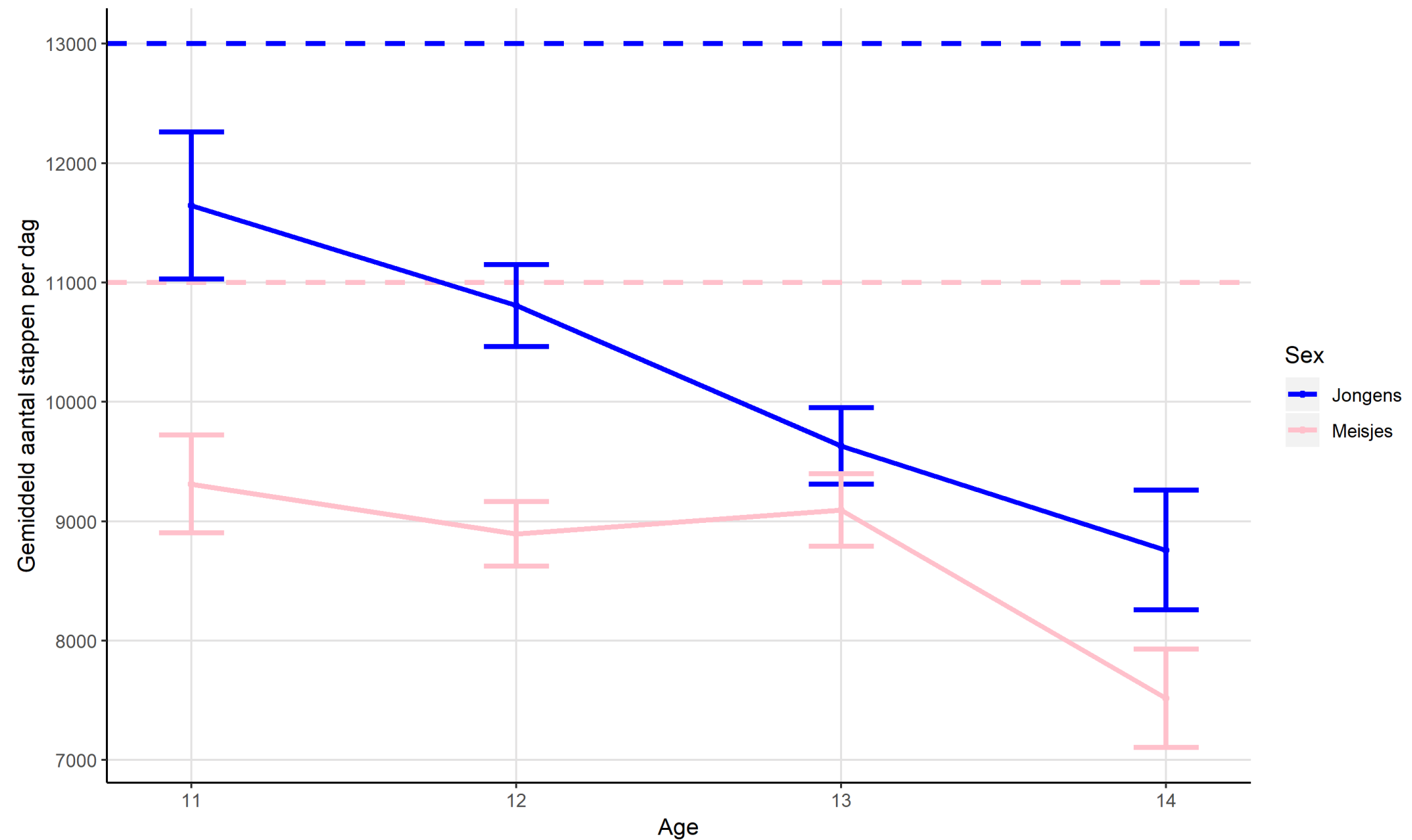




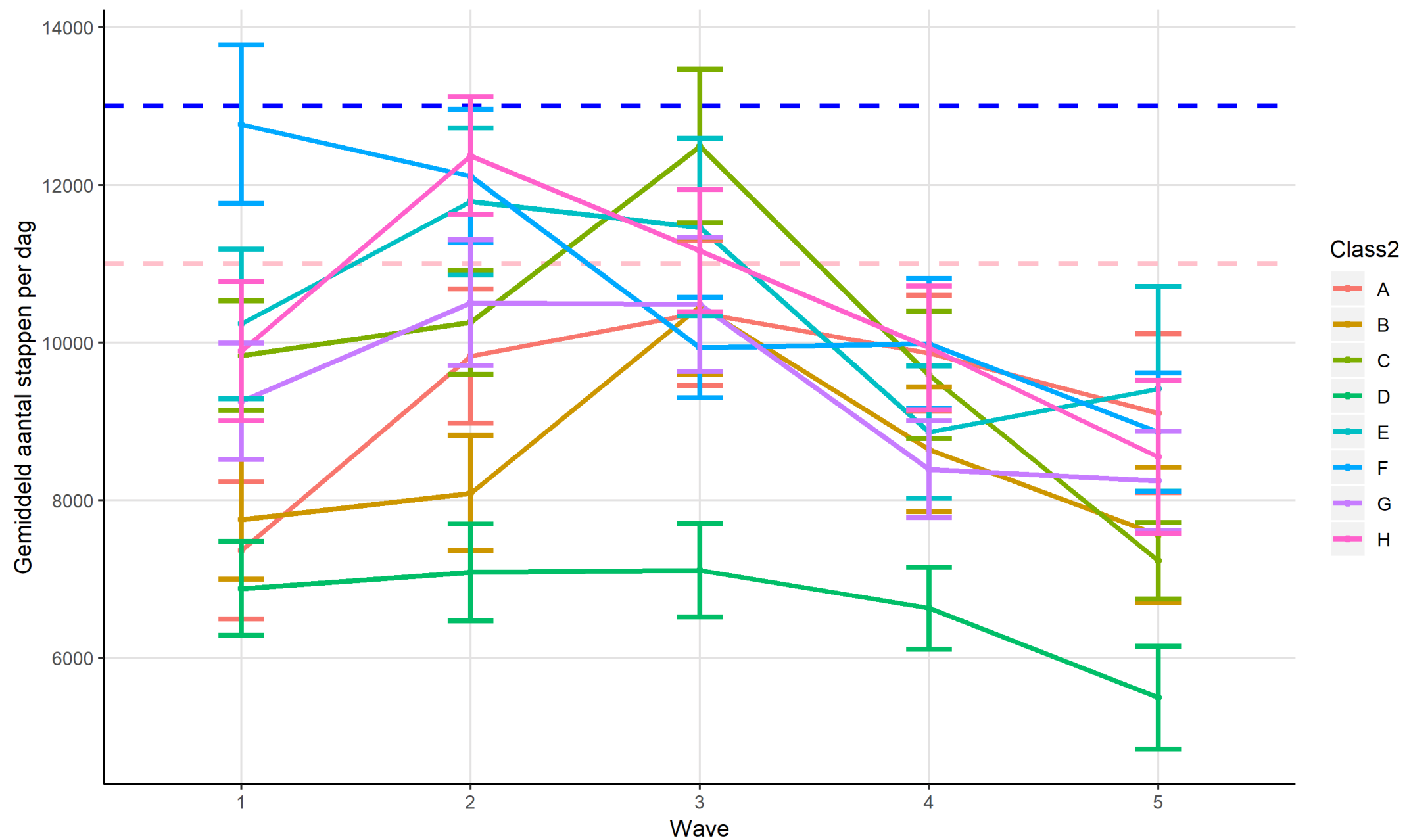
Leerlingen van het Gymnasium



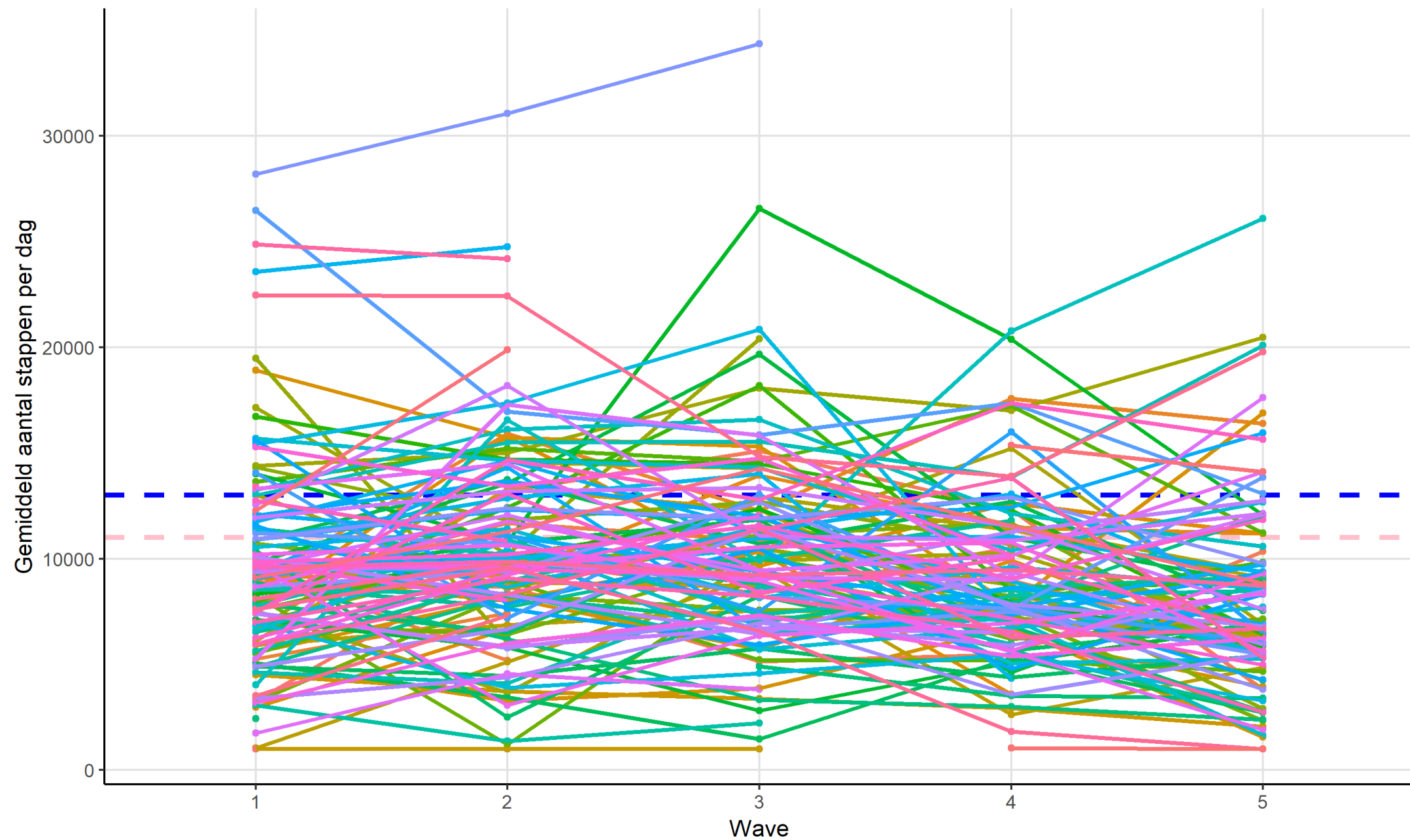
Leerlingen van het Gymnasium



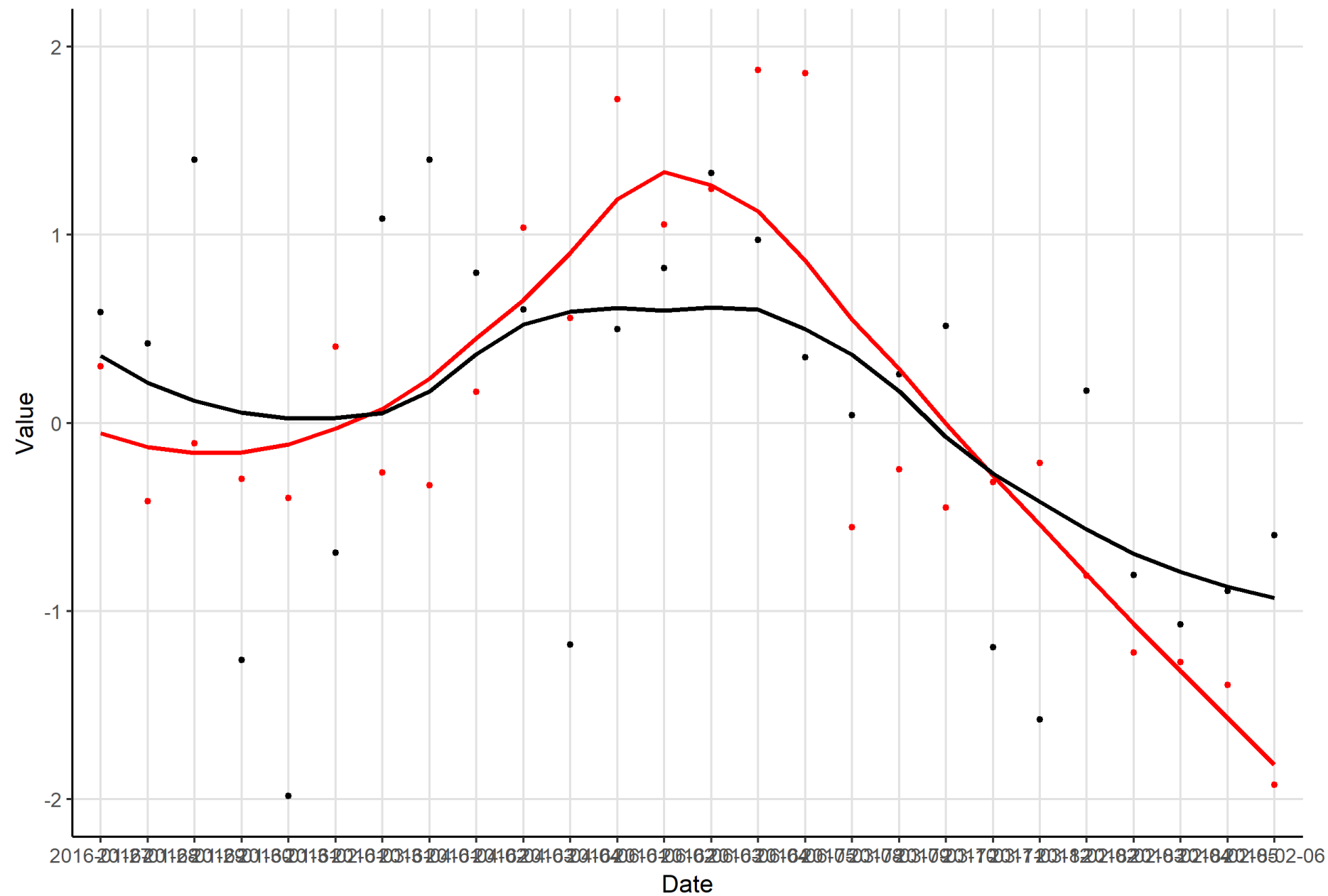
Leerlingen van het Gymnasium



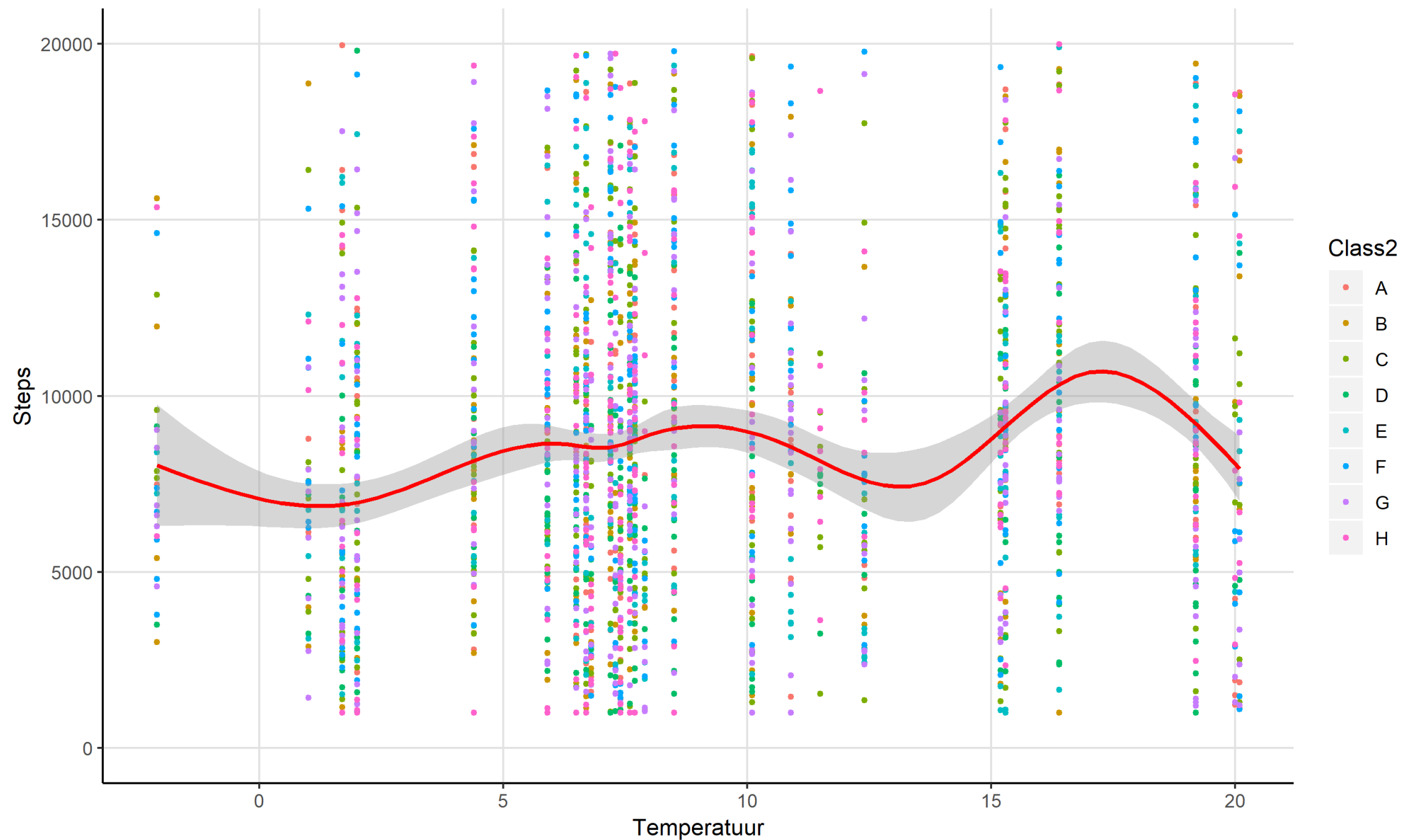
Klas 1D



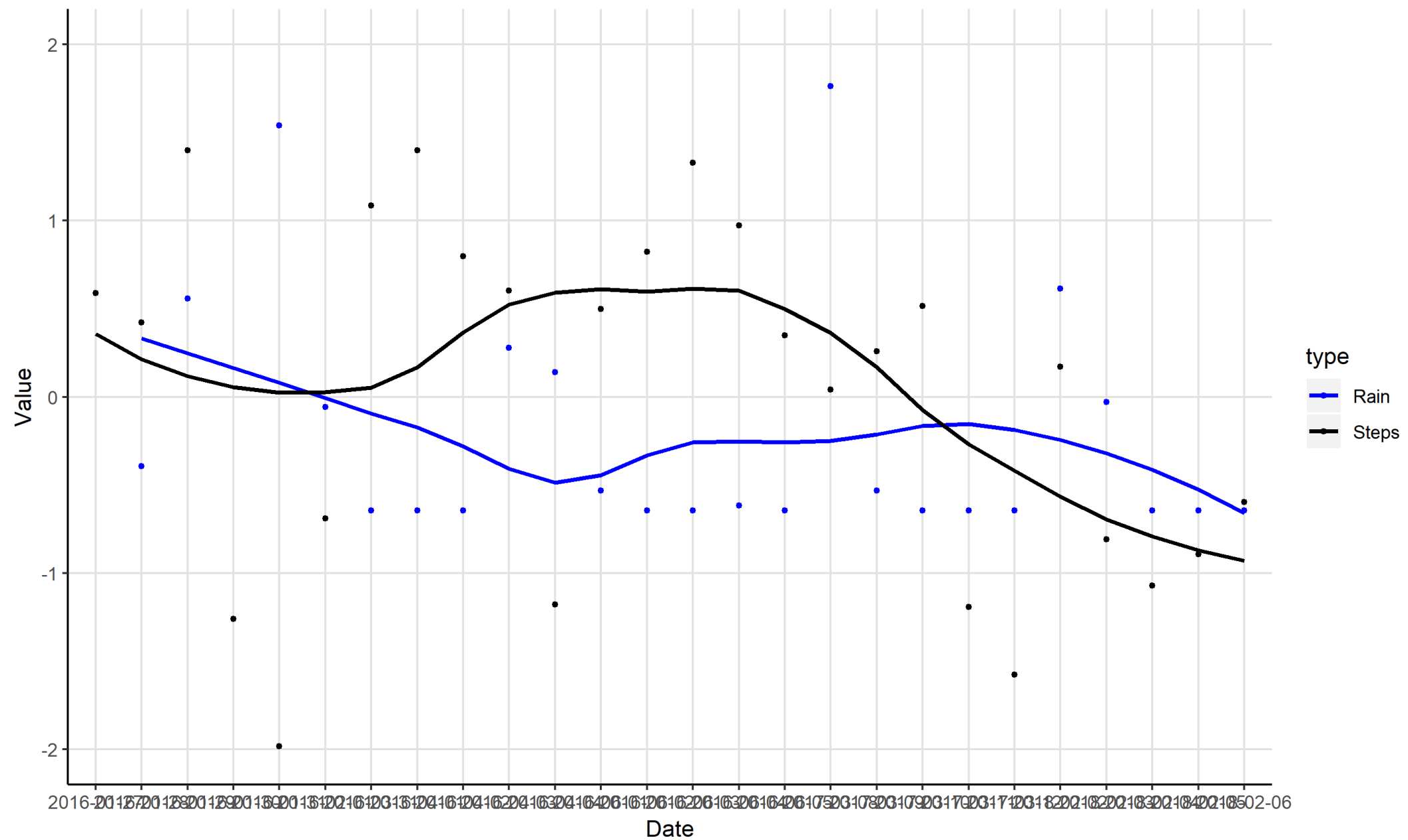
Samenhang met de temperatuur



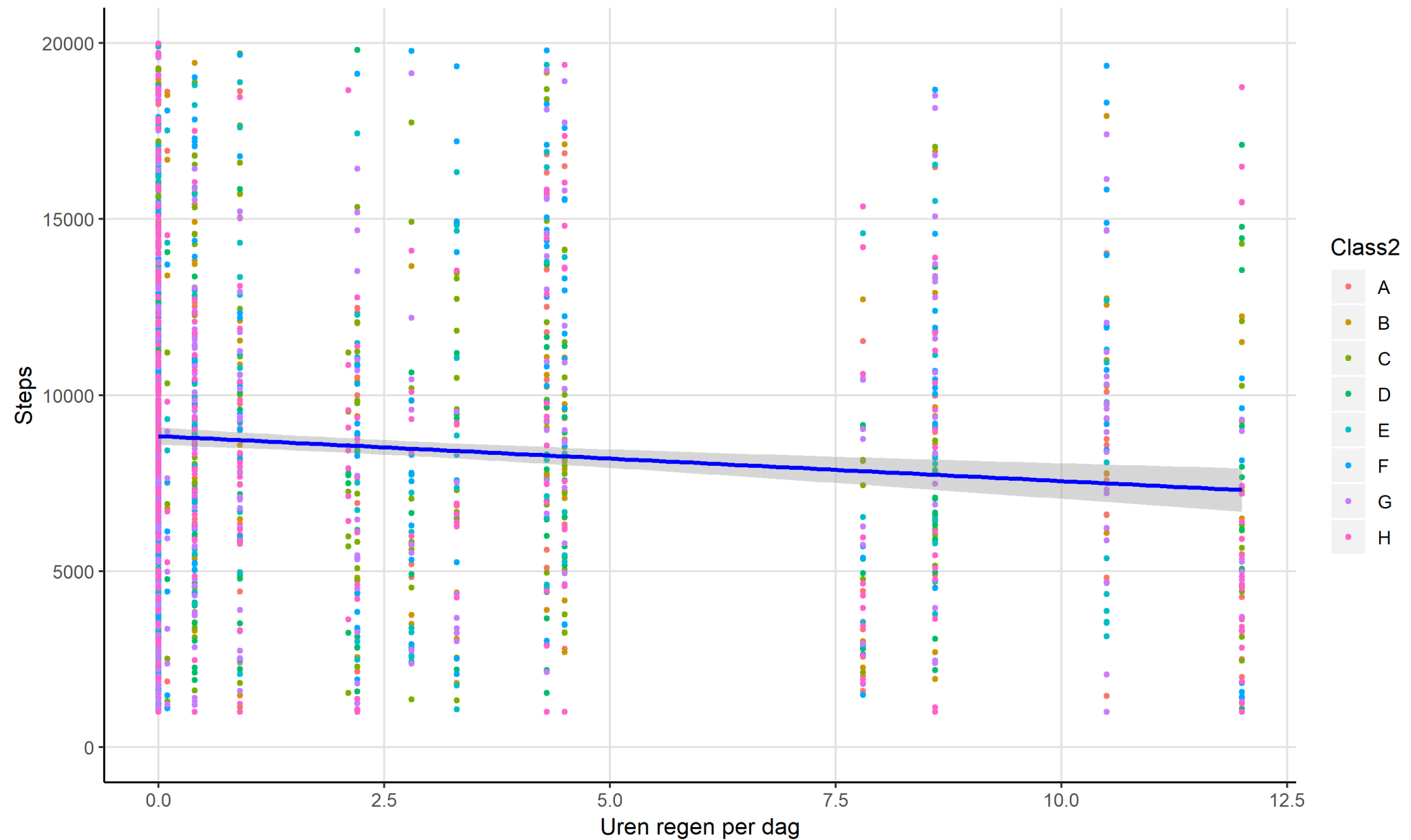
Samenhang met de temperatuur



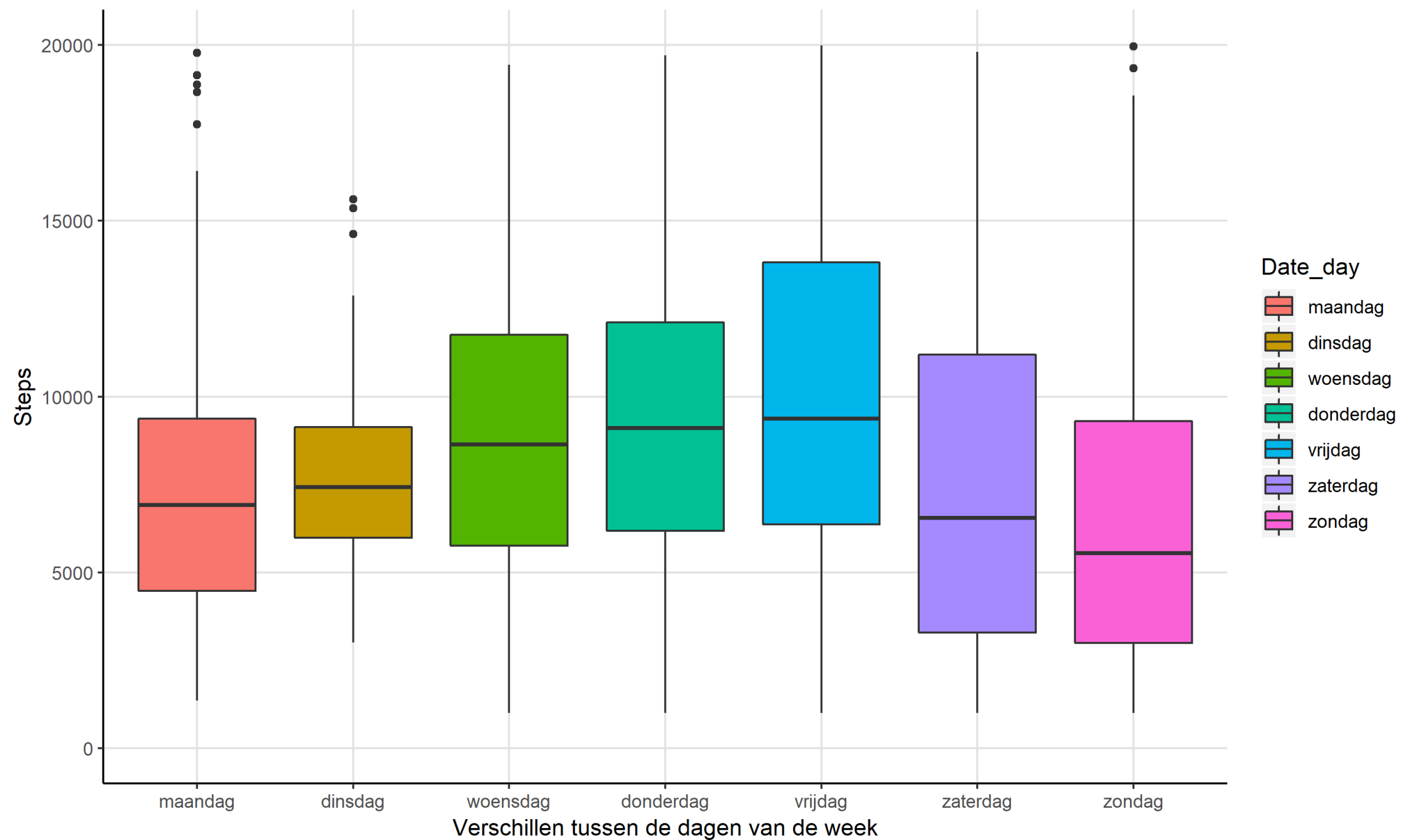
Samenhang met de hoeveelheid regen



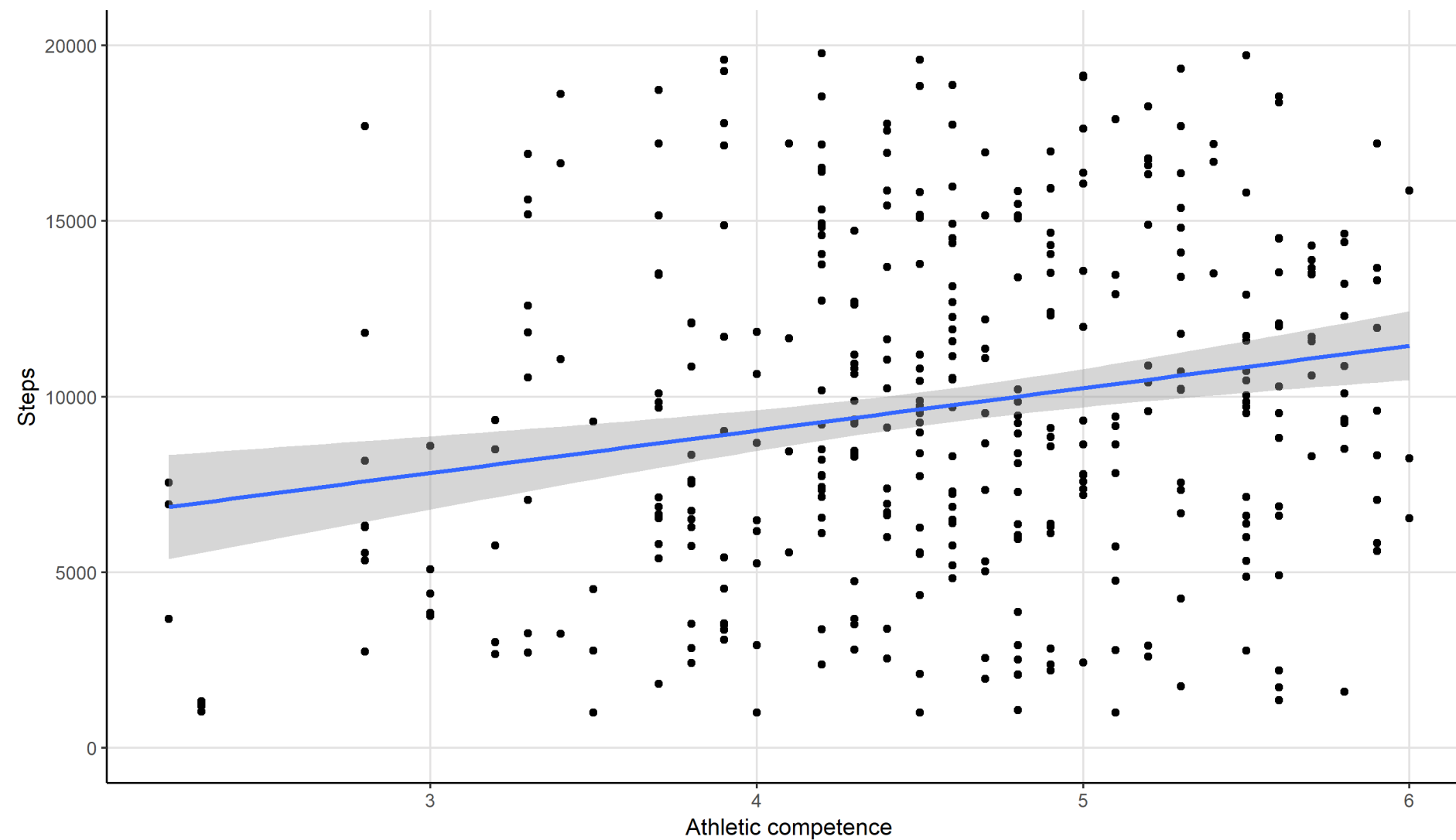
Samenhang met de hoeveelheid regen



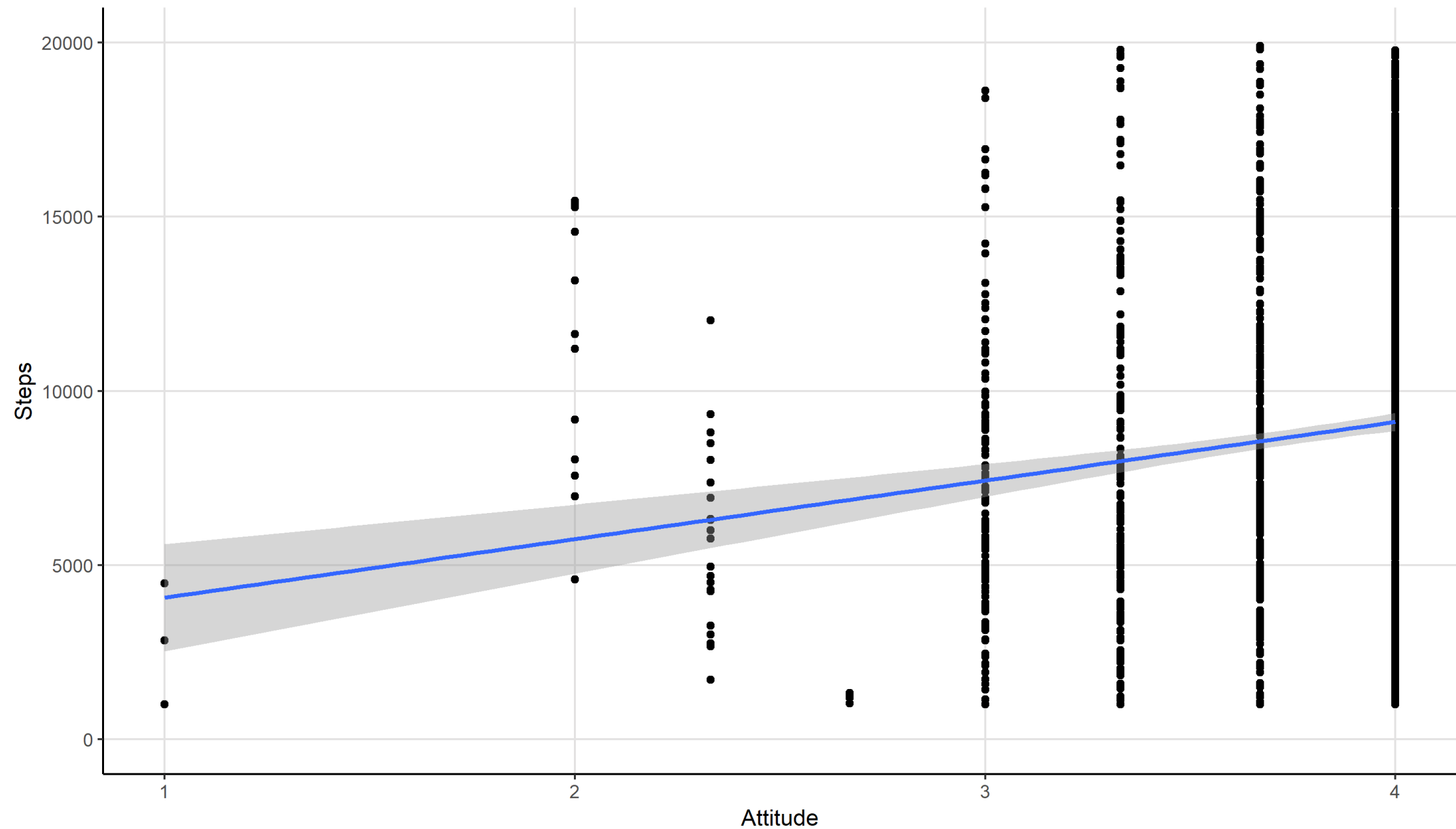
Verschillen tussen de dagen van de week



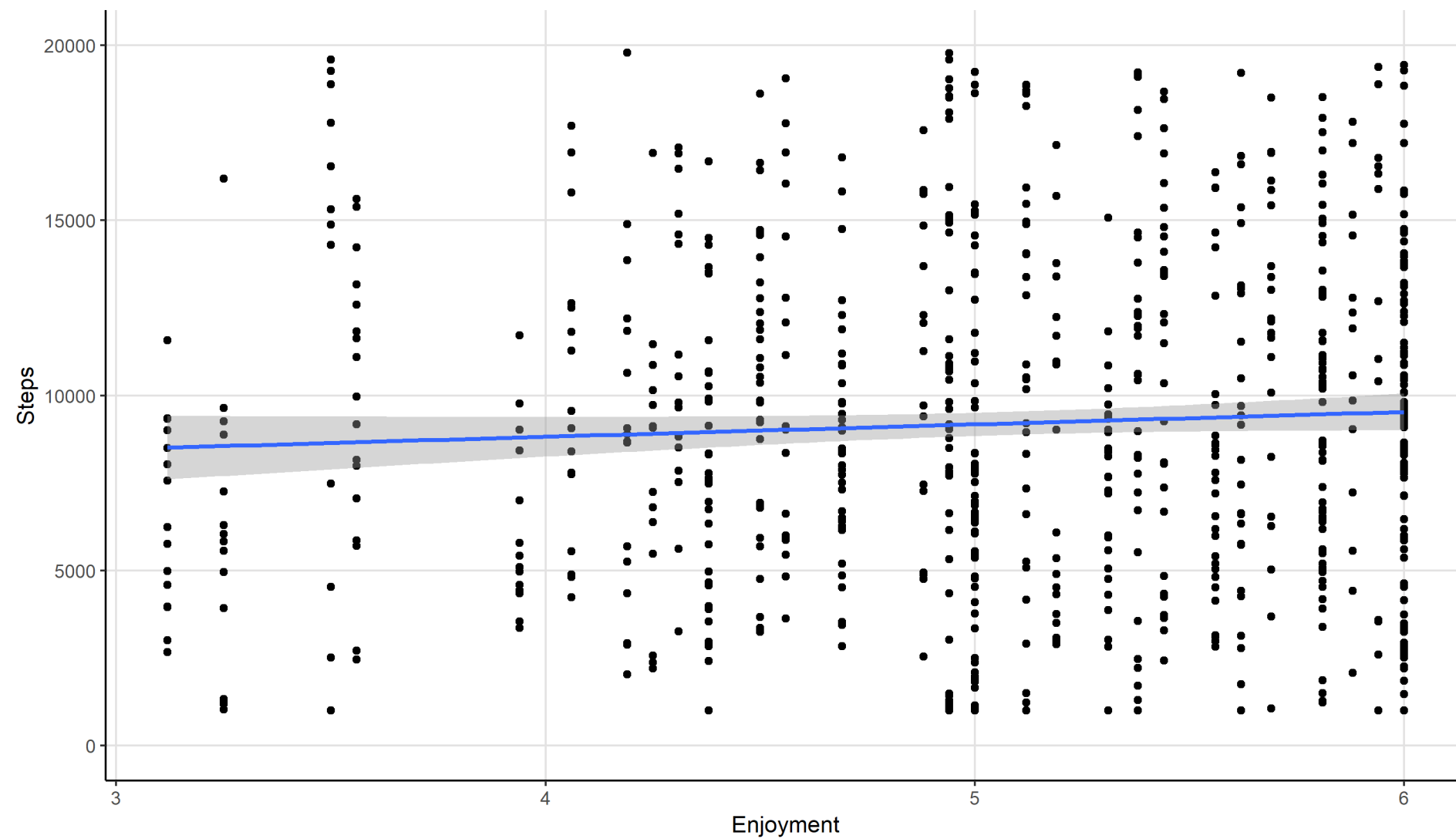
Andere factoren: Athletic Competence



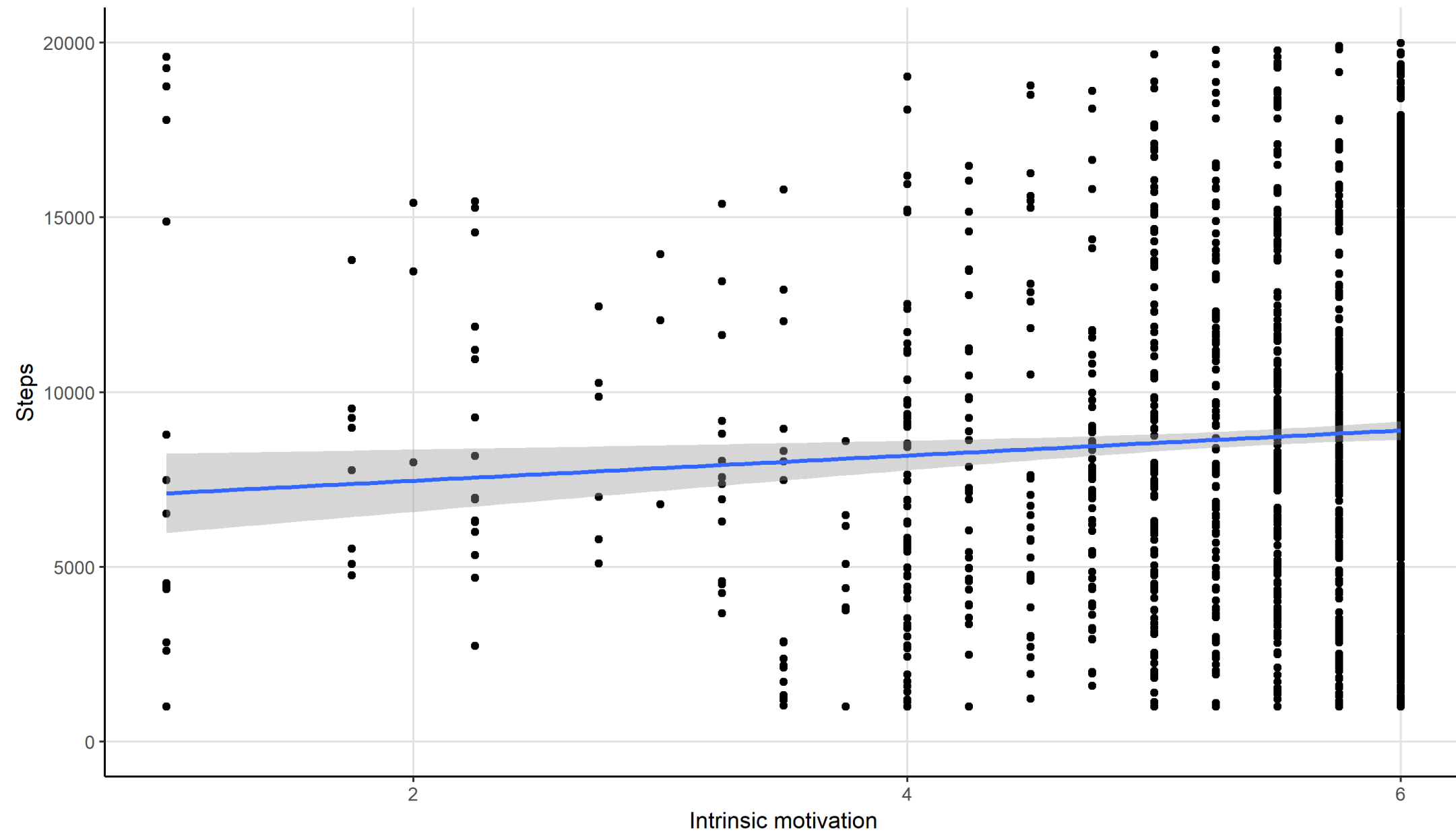
Andere factoren: Attitude



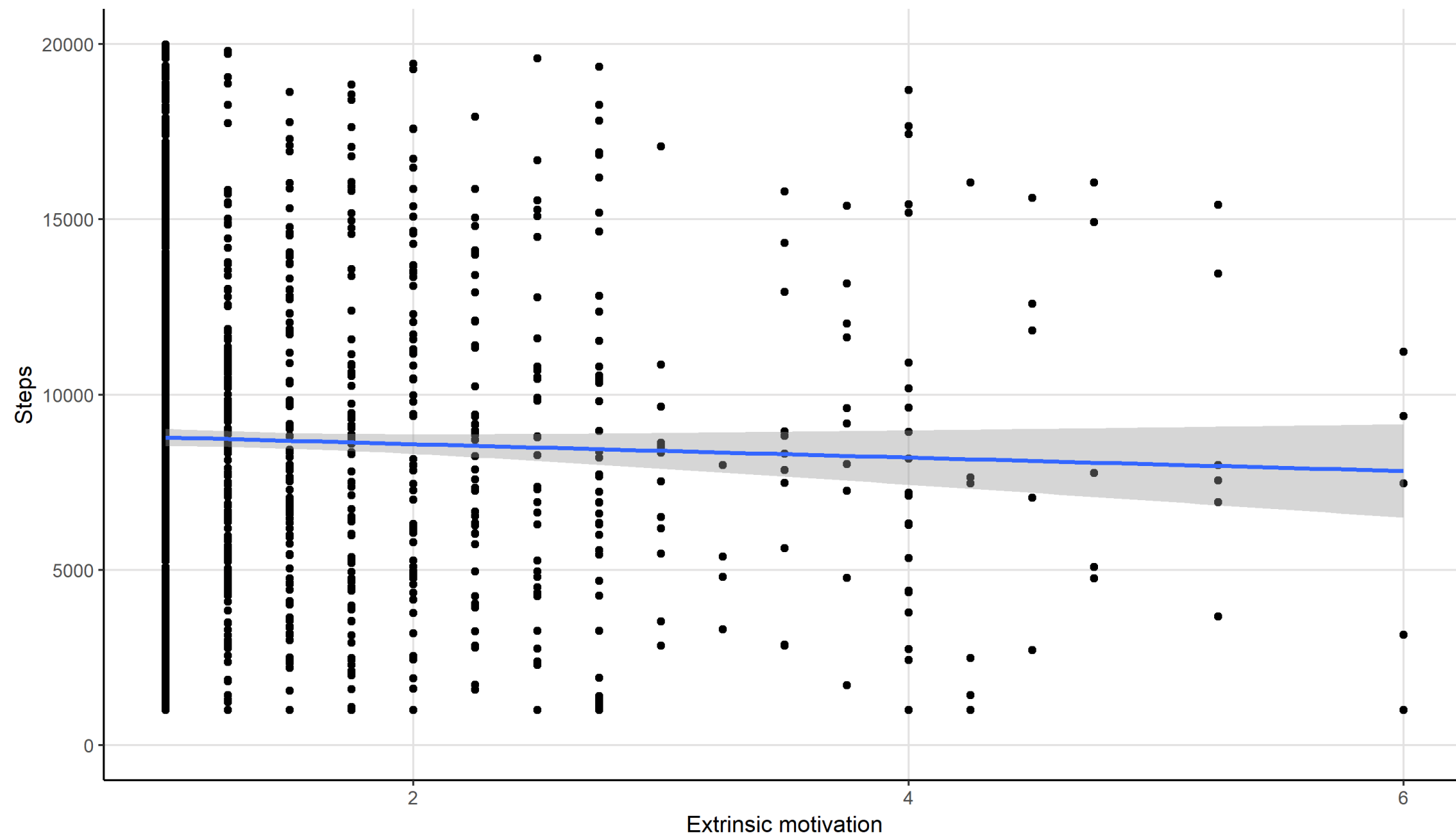
Andere factoren: Enjoyment



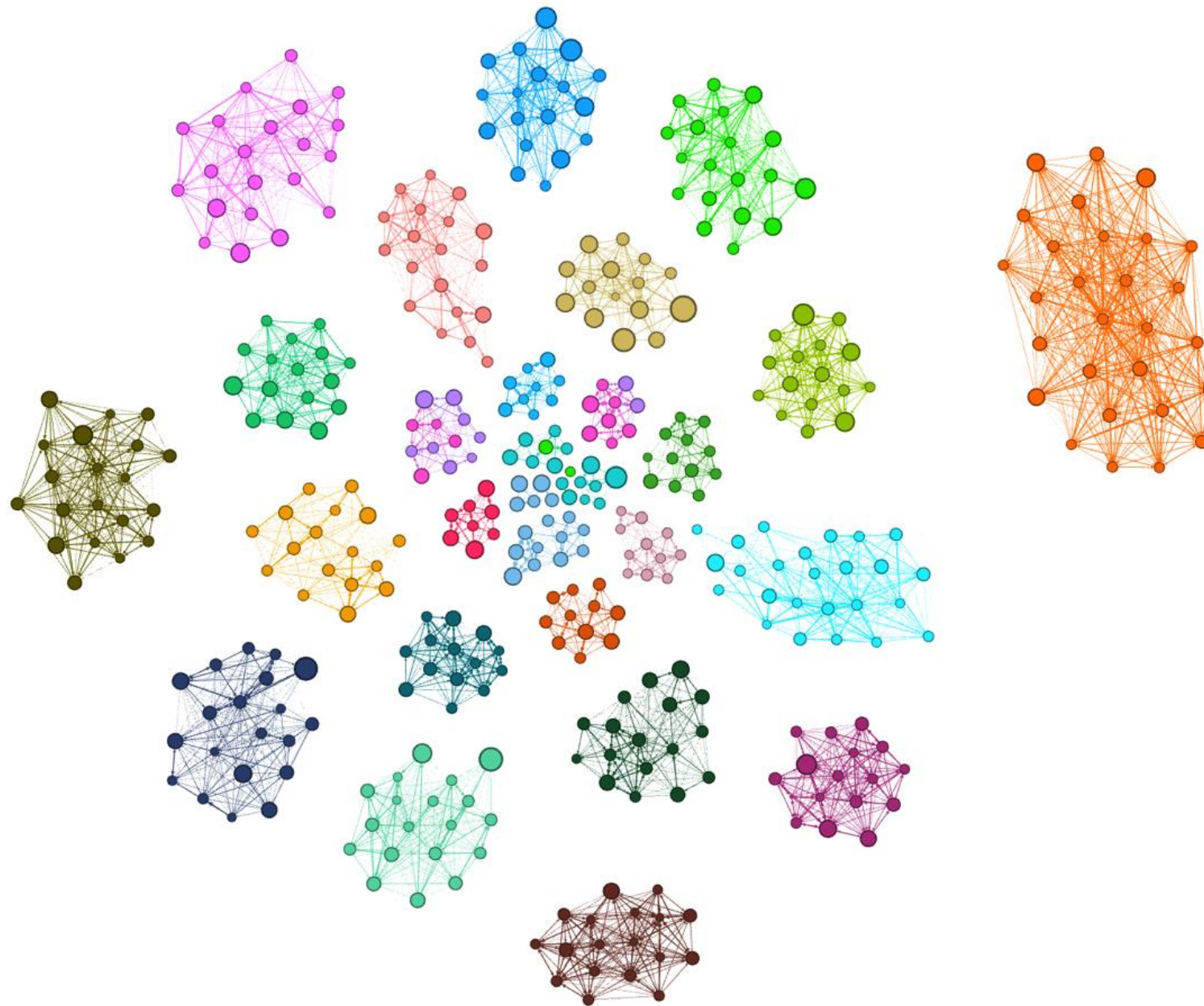
Andere factoren: Motivatie (intrinsiek)



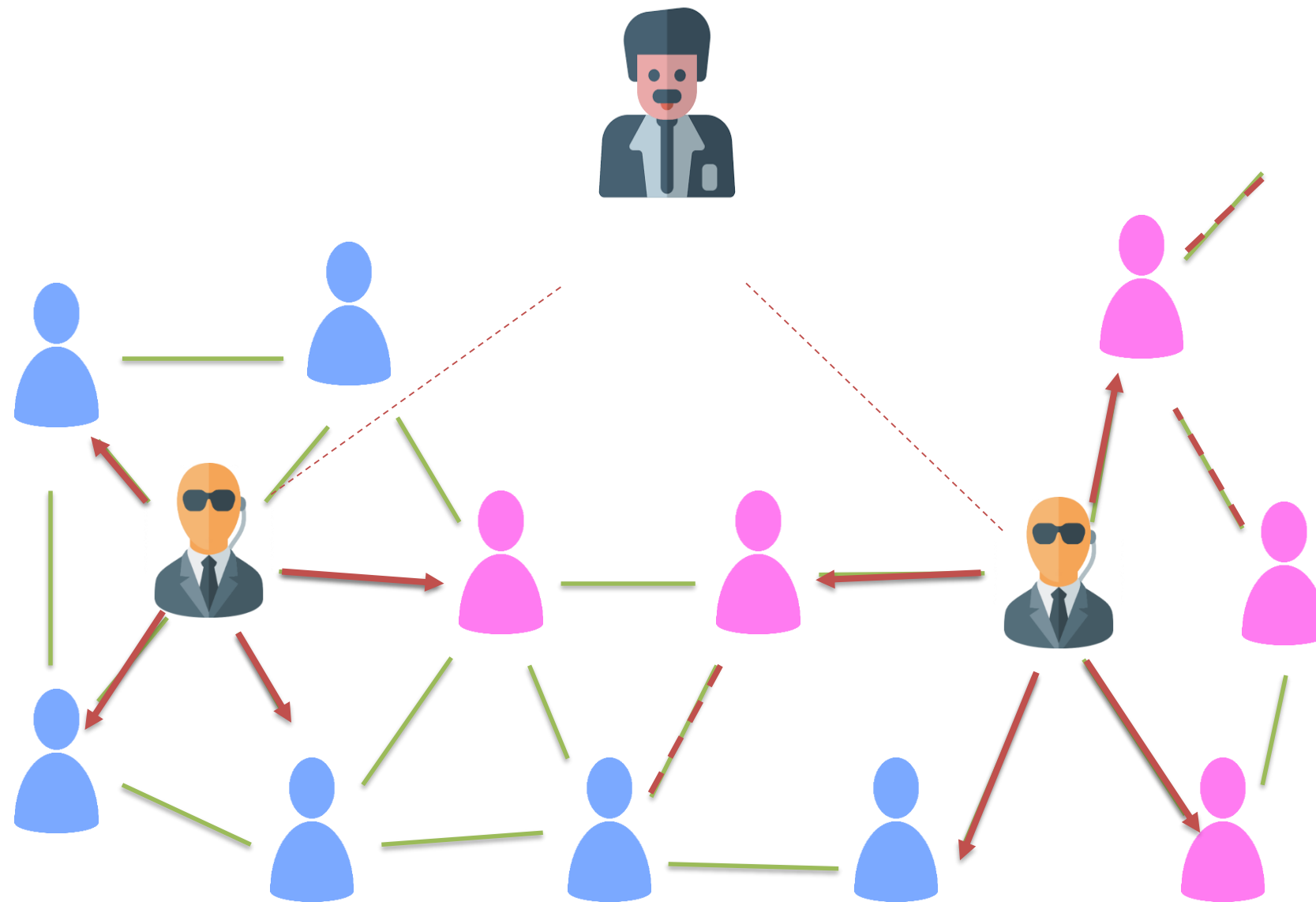
Andere factoren: Motivatie (extrinsiek)

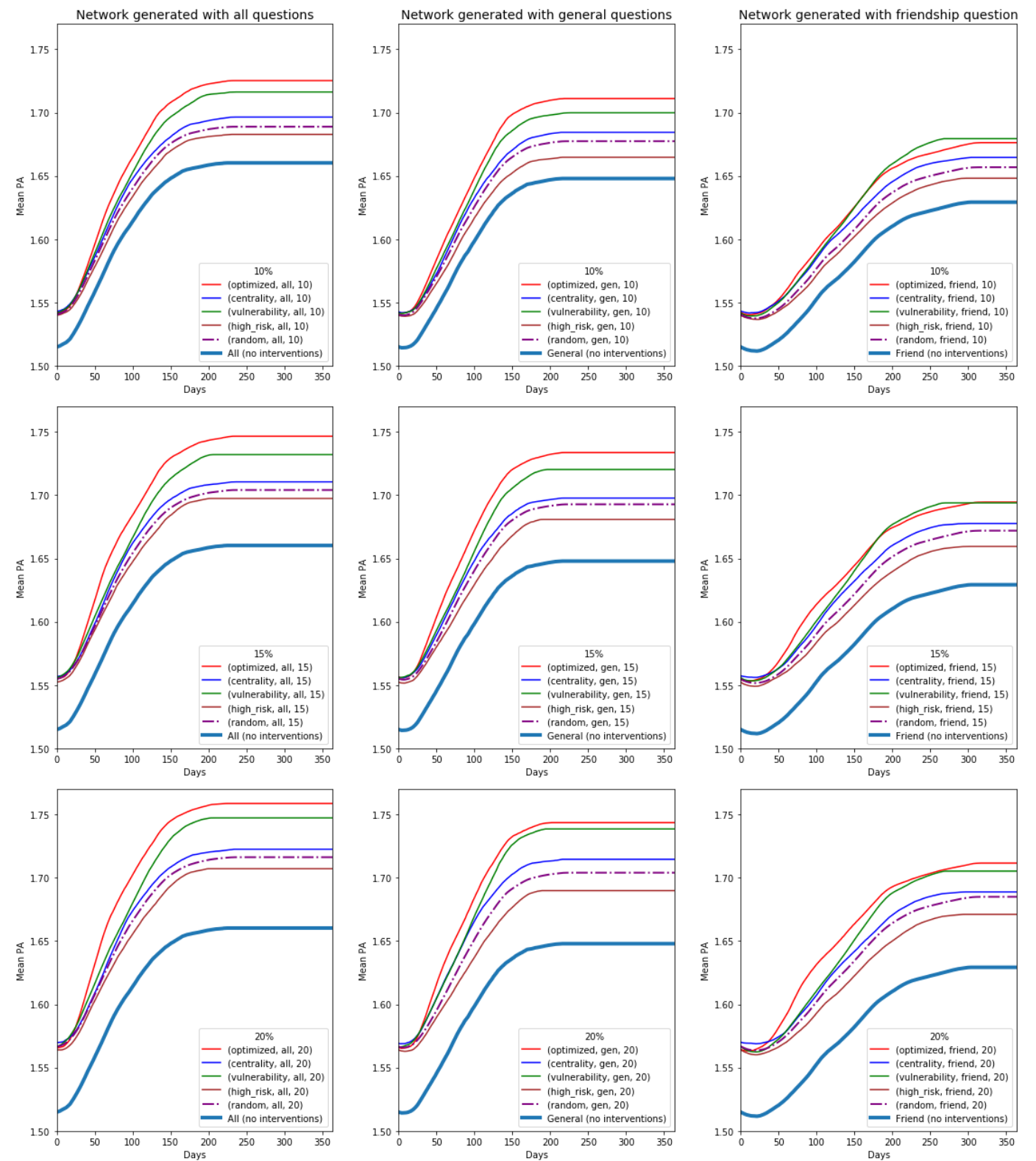
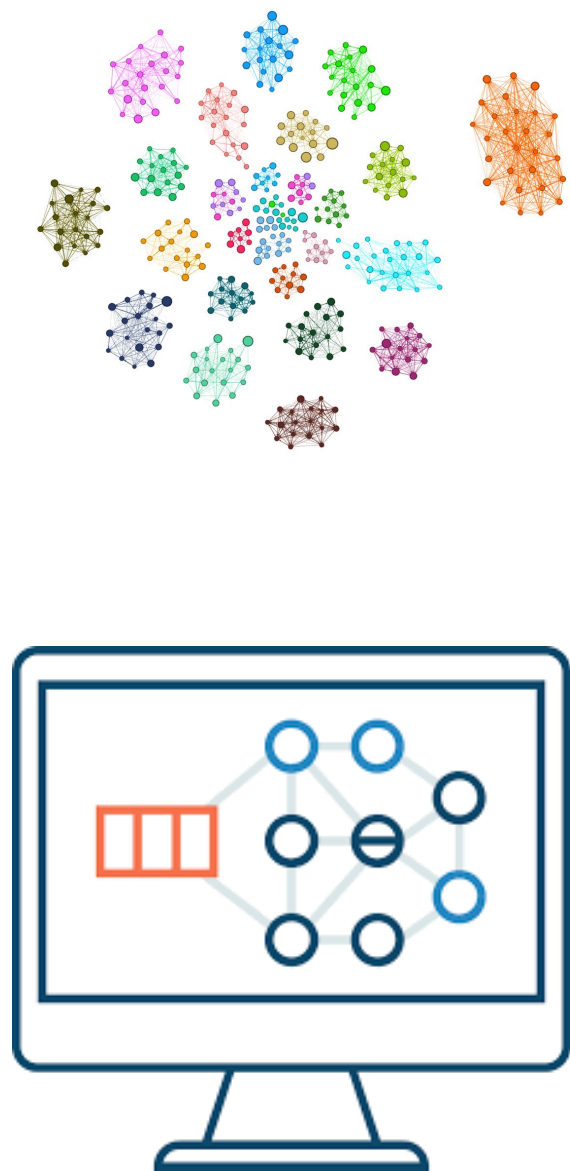


Sociale netwerken: “Met wie ga je om in de pauze?” of “Met wie praat je over sporten en bewegen?”



Phase 2: Social network interventie. Maar hoe?!





Phase 3: Social network interventie!

The screenshot shows the YouTube channel page for Teun Peters. The header features a large banner image of Teun Peters with his arms behind his head, and the text "TEUN PETERS ELKE ZONDAG OP YOUTUBE!". Below the banner is the channel name "Teun Peters" and "124.243 abonnees". A red "ABONNEREN 124K" button is visible. The navigation tabs include HOME, VIDEO'S, AFSPEELLIJSTEN, COMMUNITY, KANALEN, and OVER. The main content area displays a video titled "#63: Q&A – GROOTSTE BLUNDER OOIIT" with 76,238 views. To the right of the video, there is a list of recommended channels under the heading "TEAM DYLANHAEGENS", including Dylanhaegens, Marit tussen de Mannen, Rick Vermeulen, TeamDylanHaegens, and MeisieDiamila. At the bottom, there are two smaller video thumbnails titled "FREEKJE #7" and "#58".

YouTube NL Zoeken

Home Trending Abonnementen

BIBLIOTHEEK

Geschiedenis Later bekijken Gelikete video's Acoustic Covers ... Chill

ABONNEMENTEN

CLUB TOOLS (100) MOSTLY stri... 2 Majestic Casual 7 Kush Music TheSoundYouNeed Marvellous 3 SwagyTracks 5 Show 1 more

MEER VAN YOUTUBE

YouTube Premium YouTube Films

Teun Peters 124.243 abonnees

ABONNEREN 124K

HOME VIDEO'S AFSPEELLIJSTEN COMMUNITY KANALEN OVER

#63: Q&A – GROOTSTE BLUNDER ... 76.238 weergaven • 1 jaar geleden

Leuk dat je kijkt naar deze video. ▼ Check hier voor meer! ▼

GRATIS ABONNEREN <http://bit.ly/abonneerteun>

◊ VRIENDEN WORDEN? MEER WEERGEVEN

Recente berichten ALLES AFSPLEN

FREEKJE #7 KATTENVOER 8:40 #58 9:07

TEAM DYLANHAEGENS

Dylanhaegens ABONNEREN

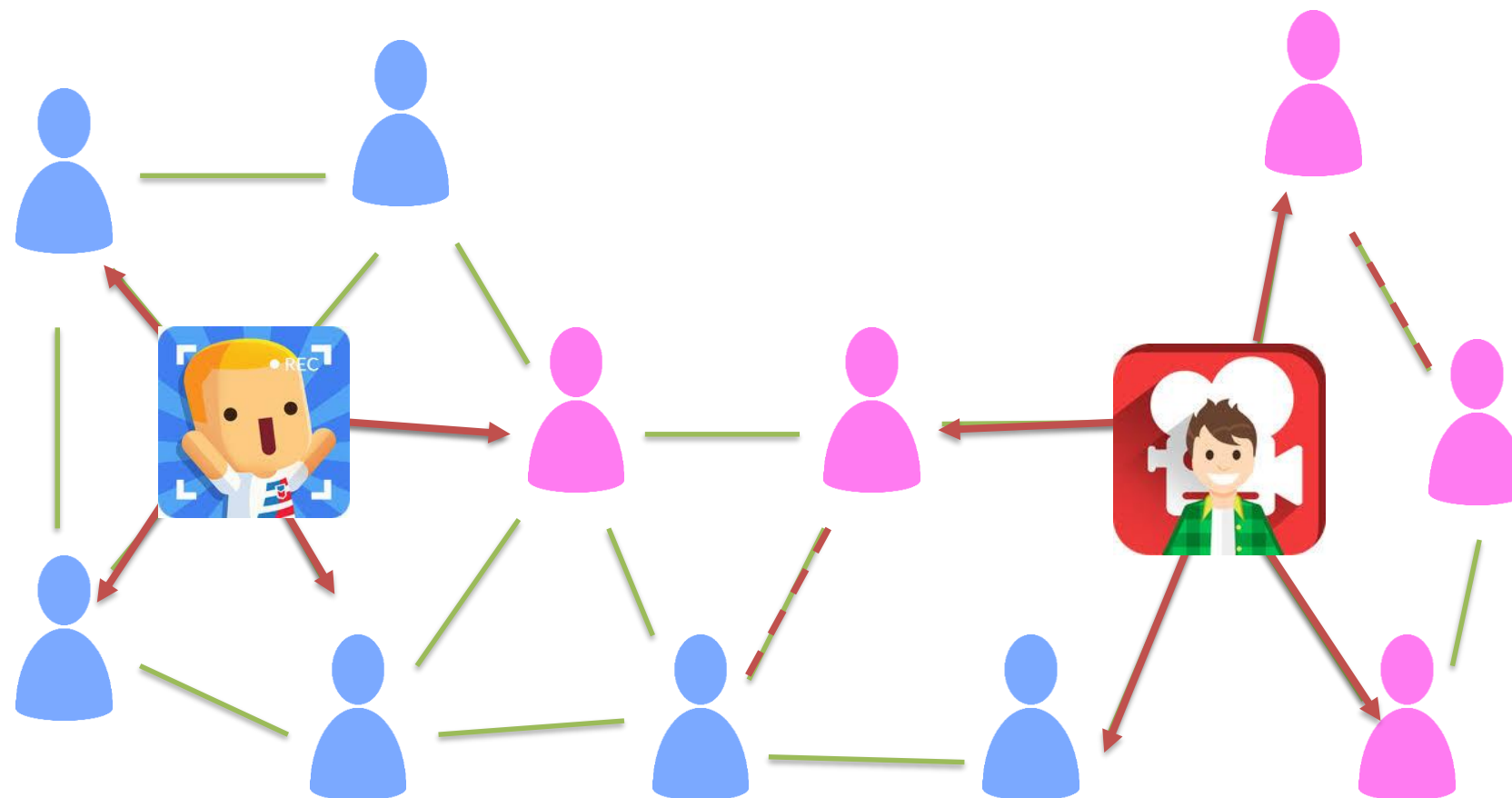
Marit tussen de Mannen ABONNEREN

Rick Vermeulen ABONNEREN

TeamDylanHaegens ABONNEREN

GERELATEERDE KANALEN

MeisieDiamila

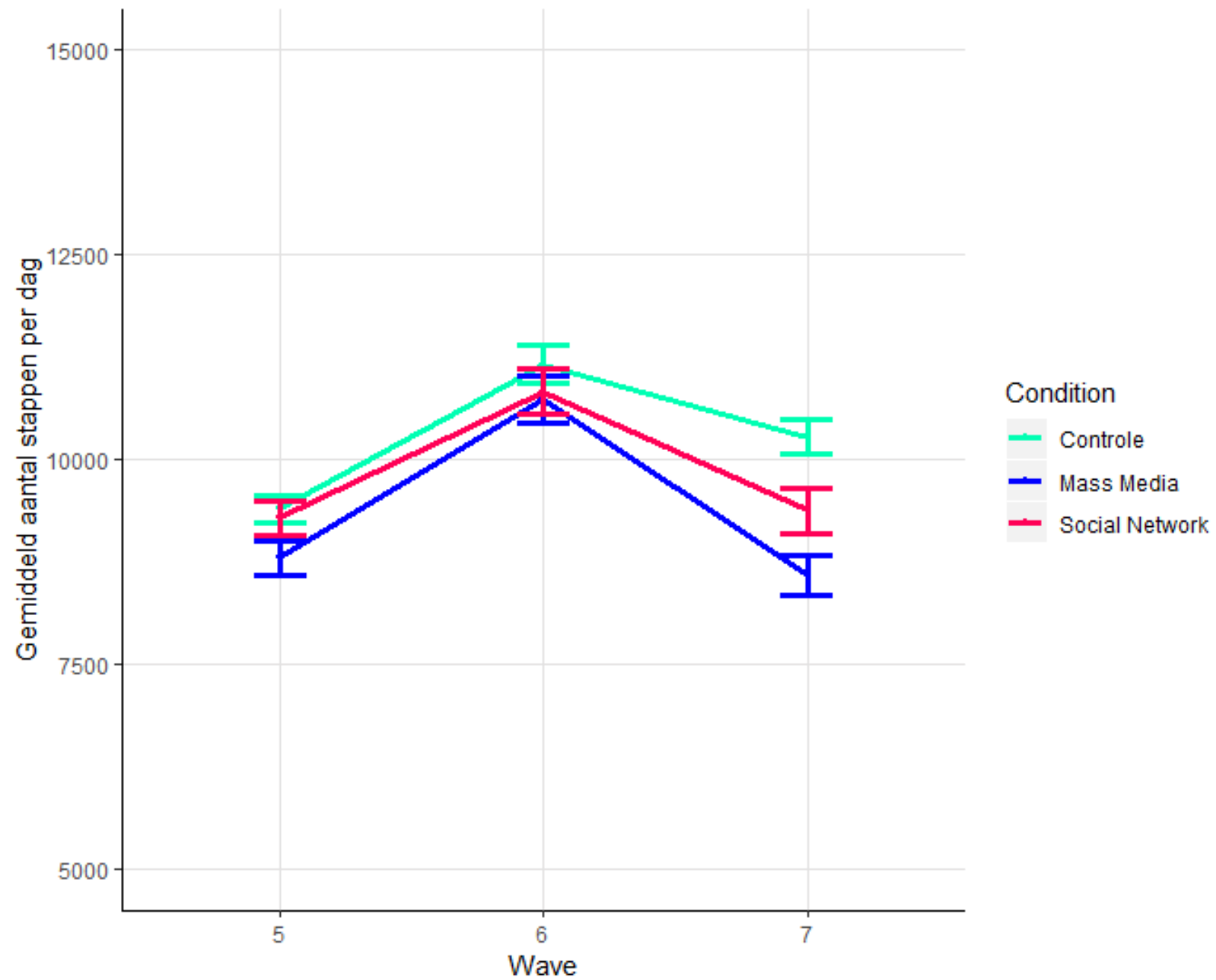


Vlog interventie: de *influence agents*

Resultaten?!



Resultaten?!



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Crystal Smit
PHD - NUTRITION



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