

Annual Report
2022-23

**HelpAge
Sri Lanka**

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HelpAge Livelihood Assistance Programme
K.D. Sopia
Viharakumbura Kirindiwela

Who We Are

HelpAge Sri Lanka (HASL) was established in 1986, following the first World Assembly on Ageing, held in Vienna in 1982. HASL's initial services and programmes were developed based on the 62 recommendations of the first World Assembly. This was followed by the United Nation's Principles on older persons' independence, participation, care, self-fulfilment and dignity declared in 1991. Programmes were further adapted in keeping with other UN Conventions such as the International Year of Older Persons in 1999. At present, HASL is developing policies in keeping with the recommendations of the Second World Assembly on Ageing, held in Madrid in 2002.

HASL counts over three decades of experience, working with vulnerable senior citizens of Sri Lanka and is committed to providing an invaluable service in improving health, eye care and well-being for needy senior citizens across the country. HASL also trains volunteers in home care to serve the needy elders. In addition, education programmes are conducted, especially among schoolchildren, to raise awareness on issues related to senior citizens.

The establishment of HASL is credited to Mr. H.P. Gooneratne and Mr. John F. Pearson of HelpAge International (HAI), who was in Sri Lanka on a fundraising mission for senior citizens. During the meeting, Mr. Pearson encouraged the Sri Lankan representatives at the meeting to establish an organisation which was fully committed to matters pertaining to senior citizens of Sri Lanka.

The ultimate result of the meeting was the establishment of HelpAge Sri Lanka by Mr. Gooneratne, who became the Founder Chairman of the Organisation. The first HASL office was set up in a small building with six staff members. From these small beginnings, HASL has now grown into an outstandingly successful non-government organisation that provides multiple services to destitute senior citizens to their quality of life.

Registered under the Companies Act No. 17 of 1982 and re-registered under the Companies Act No. 07 of 2007 (GA 545), HASL was incorporated as a limited liability company. The Memorandum of Articles of Association of HASL was registered on 24 January 1986 and amendments were made later on 11 August 1986, 23 September 1999 and 26 November 2007. Subsequently, it was registered under the Voluntary

Social Services Organisation Act No. 31 of 1980 as amended by the Act No. 08 of 1998 as a Voluntary Social Services Organisation (bearing No. 11/4/1/590/86). Thereafter, the newly registered HelpAge Sri Lanka was gazetted as an approved charity on 11 March 1998.

In 2010 HASL was privileged to be among the first of the sixty global affiliates to achieve "sister status" with HelpAge International (HAI) UK.

From 2004 onwards under the chairmanship of Deshabandu Tilak de Zoysa together with a band of dedicated Council members, HASL has been successful in its efforts to provide a better life for destitute older persons by ensuring that the services provided by HASL reaches the people who really need it.


Being a non-government approved charity organisation; HASL is committed to achieving and maintaining the highest standards of corporate governance through clear policies. HASL has supported the ageing population in Sri Lanka and provides a platform to highlight their needs, by working alongside government policy makers and regional and international organisation to ensure the needs of age inclusiveness in all spheres.

Our vision

"A world in which all older people fulfill their potential to lead dignified, active, healthy and secure lives".

Our Mission

"By working together we ensure that people in Sri Lanka understand how much older people contribute to society and that they must enjoy their right to healthcare, social services and economic and physical security".



Chairman's Message

I am happy to be presenting to you the HelpAge Sri Lanka Annual Report for the FY 2022/23 for the 19th year of my term of office as the Chairman of HelpAge Sri Lanka.

The unpredictable socio-economic conditions prevalent in the country adversely affected the activities of HelpAge Sri Lanka (HASL). However, in spite of this HASL managed to favourably steer through the challenges it met. As of today, the country is still endeavouring to recover from a bleak period of unprecedented economic conditions, a disturbing political environment and a stifled social environment that adversely affects “corporate good health and growth”.

HASL itself was able to emerge more resilient and reinvigorated in facing the complexities amidst lingering challenges, trusting not only in its own self-confidence but also in you – our reliable donors and stakeholders who supported us more strongly during daunting times.

During the period under review, under utmost unfavourable economic conditions, elders in the country were affected like never before. They were left in the lurch with barely one meal a day and to make matters worse, some of them were even deserted by their children. HASL was able to reverse these conditions and give the elders hope for their future. This was possible thanks to our foreign-funded projects and effective programmes with new priorities, focusing on a timely model for an emergency response. The dire circumstances faced by the older population pushed us to rise above and beyond our own limitations and to align our sustainability agenda in order to provide a steady strategic approach to serve them better. This enabled us to “give back to those who gave us before”.

The COVID-19 pandemic of 2019 and the economic crisis of 2022 adversely affected Sri Lanka's elderly population. 12.3% of Sri Lanka's population is aged 60 and over and currently Sri Lanka is the country in South Asia with the highest population of older adults.

The World Bank Blogs published in “End Poverty in South Asia – Sri Lanka must increase its efforts to protect and promote the human capital of the elderly”, by Rene Leon Solano, 1 October 2021 highlight that the demographic transition from a youth bulge to an ageing society creates several economic, health and social challenges such as:

- 1 the number of workers retiring will increase, while the number of people entering the workforce will

decrease resulting in lower productivity, lower taxes, lower national income, lower growth and lower savings;

- 2 an ageing population will put pressure on the country's healthcare sector, which is already facing severe difficulties consequent to COVID-19;
- 3 and there is weak social protection for the elderly. The social pension only covers half of those who are eligible, leaving many vulnerable workers without income in their retirement. Due to the unavailability of a systematic social security system, older people continue to work often informally.

In the publication, the following recommendations are made to better meet the needs of the elderly:

1. the Government to strengthen the hospital referral system from primary to secondary, tertiary and specialised care services not only for acute inpatient care, but also for geriatric and palliative care;
2. to consider developing a system for community based social care of the elderly linked to primary care health systems and welfare programmes;
3. the Government to continue to invest in developing a more robust and resilient social protection system which provides increased and enhanced income support for all eligible elderly Sri Lankans through the reform of welfare programmes and the country's pension schemes; and
4. through reforms in the education system, the Government to prepare the future workforce for jobs in the eldercare sector, including areas such as geriatric medicine, elder caregiving and administration of eldercare centres.

HASL's efforts will help the Government to bridge these gaps and ensure a better tomorrow for the older population of Sri Lanka.

Acknowledgements

I would like to thank all our generous donors who have been with HASL year after year, through the good times as well as the bad times. Your heartfelt donations have brought happiness to the most needy segment of society and you also have motivated HASL to unleash its potential towards its commitment to improve the quality of life of our elders, to the best of HASL's ability.



A special word of thanks is extended to our Deputy Chairman, Deshabandu Ajit Jayaratne for his efforts and involvement in the financial operations of HASL and moreover, his contribution and direction to always maintain very high standards.

My colleague and honorary Council member, Mr. Nimal Dias Jayasinha, for selflessly stepping forward whenever the need for new strategies arose and for his able guidance and direction, especially in the Home Care Assistance Programme.

It is my duty to also thank the honorary Council member, Mr. Sanjeev Gardiner for providing all necessary facilities to host the HASL Council meetings at the Galle Face Hotel, completely free of charge.

A special mention of our dedicated Council member, Dr. (Mrs.) Champa Banagala, former Head and Director of the National Eye Hospital for overseeing the HASL Eye Hospital with such competence and commitment.

Mr. Nishantha Gooneratne in giving much of his time to ably guide the Executive Director to achieve his objectives; giving leaderships to all Heads of Divisions and by chairing the monthly executive meetings – my sincere thanks to him.

My grateful thanks to Ms. Yasmin Raheem and Mrs. Anosha Subasinghe, members of the Council for the assistance extended in compiling a very good Annual Report of HASL and very specially to Mr. Maithri Wickremesinghe, PC for always giving sound legal advice as and when required by HASL.

My gratitude and thanks to Mr. Krishan Balendra, Chairman of the John Keells Group and HASL Council member for the much needed guidance in corporate management.

It is with much gratitude we mention the continuous guidance received from the honorary Council member, Deshabandu Mrs. Jezima Ismail.

It is my duty to thank Mr. Samantha Liyanawaduge, the Executive Director of HASL for taking up the challenge

of boosting the morale of his team members who were also affected by family burdens during the recession and crisis situation. I thank him for his commitment and managing the financial challenges together with the Head of Finance, Mr. Manjula Ediriweera and being responsible for the operations of HASL's Head Office, Eye Hospital, Elder's Day Care Centre, Home Care Division, Programme Division and in particular the foreign-funded programmes and projects.

A big "Thank You" to Eye Surgeon – Dr. Jayantha Vidanapathirana, doctors, the management and the staff of the Eye Hospital for their dedication and commitment for the smooth administration of the Eye Hospital, the flagship project of HASL, which has successfully completed over 47,000 cataract surgeries.

My heartfelt thanks goes out to Dr. Vijith Kannangara, Chairman of Smart Media, The Annual Report Company and his team for their complimentary services in producing this Annual Report and assisting HASL for the past 14 years.

I would also wish to thank HASL's Secretaries, D.N. Thiyyagarajah and Company and Ceylon Secretarial Services Private Limited for continuing to provide complimentary secretarial services and also to our Auditors, Wijeyeratne & Company, Chartered Accountants for their most trusted services almost from the inception of HASL.

In the backdrop of the economic crisis which the country experienced, it has become quite challenging to strategically plan for a better tomorrow. It is a time of change for all of us. The older people who are mostly engaged in their own small businesses for daily living are in dire straits. I am very certain that HASL will continue to lend a helping hand to the needy elders of this land and am also confident that all of you – our donors – will continue supporting HASL to enhance the quality of the lives of our older population.

Deshabandu Tilak de Zoysa

Chairman
HelpAge Sri Lanka

Executive Director's Message

My message to the 2022/23 Annual Report of HelpAge Sri Lanka (HASL) is on a positive note, justifying that HASL was able to stave off a financial collapse at a time when the country was experiencing its worst economic downturn in history. It is important to reflect on our resilience and resolve to overcome the many challenges we faced as a country, as an organisation and as individuals even as we continued our work. In this respect I realised that the staff members of HASL are incredibly hard working and extremely loyal to the institution and despite all the adversity faced were able to deliver the results expected of them. We were fortunate this year too, to be beneficiaries of donors at both national and international levels who extended their unstinted support with great empathy towards the cause that HASL champions to transform the lives of the disadvantaged elderly.

The adverse impact that Sri Lanka experienced during the COVID-19 pandemic followed by severe shortages in fuel, medicines, and essential commodities made the country's situation go from bad to worse. The political instability and the adverse economic backlash further aggravated the difficult environment for HASL to reach the expected level of performance during the period under review. However, despite these adverse conditions, I am happy to place on record that HASL managed to achieve more than 90% of its divisional and organisational targets.

The HelpAge Eye Hospital managed to perform 3,087 cataract surgeries and served more than 4,800 elders during FY 2022/23. The HelpAge Mobile Medical Unit carried out eye care services to 10,078 and medical care services to 7,223 needy elders. The Programmes' Division managed to raise more than Rs. 106,227,771/- (327,008.5 US\$) from HelpAge International and overseas donor organisations and distributed food and non-food assistance to 38,185 marginalised elders and their families. More information on all HelpAge programmes and projects are described in detail in the chapters that follow.

The two positions that I hold as the Executive Director of HASL and as a member of the National Council for Elders (NCE) for the second consecutive term, have given me the opportunity to serve through HASL and the NCE the marginalised elderly of this country.

The mission of HASL is aligned with that of the NCE which is to encourage the participation of older persons in social development and to ensure their independence, participation, care, self-fulfilment and dignity, and thus endeavour to ensure the rights and entitlements of elders. This mission HASL achieves through awareness programmes conducted by HASL's Youth Education Programme.

In reports by multilateral aid agencies working in the field of ageing, it is stated that the old-age dependency ratio in Sri Lanka will double during the period from 2020 to 2050. This change in the dependency ratio will have critical implications for future economic and social policies of Sri Lanka.

The elderly care market dynamics indicate several trends, such as an increasing geriatric population, growing cases of chronic disease and the rising awareness regarding the need for elderly care and support. The expanding demand is due to the rapid increase in the elderly population, and the market's growth will be fuelled by this escalating need for a variety of elderly care services and goods. As a result, the increase in the geriatric population is contributing to the growth of the senior care industry.

Chronic diseases such as diabetes, cardiovascular disease, obesity, cancer, osteoporosis, and dental disease have become more prevalent. The effects of these diseases may be offset by obtaining the correct medical advice, by consuming the correct type of food and by making other lifestyle changes.

At present the elderly people in Sri Lanka largely live with their family members. However the number of those living alone is increasing. This trend along with other socio-economic trends such as increasing internal migration for work and urbanisation of the population are likely to escalate. Hence the Government has a pivotal role to play to support the economic and social needs of the elderly population, as well as to introduce policies that will enhance the quality of life for the elderly. Therefore, HASL may have to formulate programmes that could assist the Government to make this a reality.



Sri Lanka has managed its social progress quite effectively in the past, and with proper planning and coordination, Sri Lanka may be able to manage the next wave of changes and challenges if all stakeholders make a concerted effort to do so.

HASL has always been steady in its commitment to help the elderly in the country to ensure a better tomorrow.

Acknowledgements

First and foremost, I wish to express my sincere gratitude to HASL Chairman, Deshabandu Tilak de Zoysa whose continuous direction and guidance helped the HASL staff to survive one of the most turbulent times in the country. His advice and assurance has been a great source of strength in discharging my duties. I would also like to acknowledge and appreciate the assistance given by all Council members without whose support HASL's efforts may not have been successful.

A big thank you to our sister organisation, HelpAge International for their unstinted assistance to HASL as well as to the country during an unprecedented crisis. HASL, has received steadfast assistance from HelpAge International (HAI) which has always been HASL's strongest supporter. Special mention must be made of the Regional Director, Mr. Eduardo Klein, for his continuous assistance and encouragement, for which HASL is truly grateful.

The assistance received from the Deputy Chairman, Deshabandu Ajit Jayaratne towards our financial management, and the direction received from Council member, Mr. Nimal Dias Jayasinha, to enhance the Home Care Programme are also acknowledged and appreciated.

On behalf of the HASL staff, my sincere thanks goes to our most active Council member, Mr. Nishantha Gooneratne for his constant presence and guidance, mainly in the operational activities of HASL.

I'm grateful to our Council members, Ms. Yasmin Raheem and Ms. Anosha Subasinghe for their invaluable assistance in compiling the HASL Annual Report year on year. Thank you for your dedication and time.

To our generous donors and our clients – you inspire us, encourage us and give us hope. If not for you, all that HASL has achieved could not have been possible. We appreciate the faith you have in us as we join together to assist the disadvantaged elderly.

Last but not least, I would like to applaud and appreciate the commitment of the HASL Heads of Divisions and members of staff for their tireless contribution. Your drive, dedication and devotion are truly exceptional and gives HASL the strength to continue to make a real difference in the lives of Sri Lanka's population.

Samantha Liyanawaduge

Executive Director
HelpAge Sri Lanka

Members of the Council



Deshabandu Tilak de Zoysa
Chairman



Deshabandu A.M. de S. Jayaratne
Deputy Chairman



Deshabandu (Mrs.) Jezima Ismail



Mr. Sanjeev Gardiner



Dr. (Mrs.) C.P. Banagala



Ms. Anosha Subasinghe



Ms. Yasmin Raheem



Mr. N. Dias Jayasinha



Mr. Nishantha Gooneratne



Mr. Krishan Balendra



Mr. Maithri Wickremesinghe PC

Our Strength



Seated (Left to right)

Mrs. C.N. Ekanayake, Mr. D. Paranawithana, Mr. M.S. Ediriweera, Mr. Samantha Liyanawaduge, Mr. G.C. Mendis, Mr. M.S.C. de Silva and Mr. A. Kannangara

Second row (Left to right)

Mr. J. Karunasena, Mr. J.B. Gunasekera, Mr. B. Nanayakkara, Mrs. P.P. Bulathsinghala, Mr. M.A.S. Dilshan de Silva, Mrs. S.P. Gamage, Mr. C.D. Hewage and Mr. N.T.S. Kodikara

Third row (Left to right)

Mr. A.G.D. Ishan, Mrs. G.D.C.D. Kumari, Ms. S.D. Kaluarachchi, Mrs. C.P. Basnayake, Ms. J.A.I. Madurangi, Mrs. R.K.D. Deepika, Ms. P.V.U. Sasikala, Ms. H.L.S.U. Madanayake, Mrs. P.G.A.T. Gamage, Ms. T. Dedduwage, Ms. J.S. Wanniarachchi, Mrs. C. Jayawardena, Mr. K.A.C. Thanuja and Mr. S.D.T.K. Lakmal

Fourth row (Left to right)

Mr. K.D.K. Roshan, Mr. K.S. Karannagoda, Mr. A.G.U. Piyasiri, Mr. A. T. Alwis, Mr. W.E.R. Sepala, Mr. W.G.T.U. Padmakumara, Mr. M.D.S.D. Senanayake, Mr. A.G. Senaratne, Mr. T.M.P.K. Tennakoon, Mr. P.C.L.D. Vithanage, Mr. L.A.A. Padmakumara, Mr. K.N.P.K. Silva, and Mr. G.D.C. Jayalath



HelpAge Eye Hospital

Seated (Left to right)

Dr. M.J.A. Jeza, Dr. (Mrs.) K.K.A. Nandani, Mr. G.L.H.D. Amaratunga, Dr. J. Vidanapathirana, Dr. (Mrs.) H.M.P. Samarathunge and Mr. C.E. Fernando

Standing (Left to right)

Mrs. W.V.N. Ishani, Mrs. C.P. Ariyasena, Mrs. K.N. Gamage, Mrs. M.L.D. Pemalatha, Ms. P.P.K. Gayani, Mrs. C.M. Wilpathage, Ms. P. Priyadarshani, Ms. W.S.S. Kulasuriya, Ms. B.M.G.M. Bandara and Ms. M.R.E. Senevirathne



H.P. Gooneratne HelpAge Elders' Day Care Centre

Seated (Left to right)

Mrs. R. Wijayaratne, Mr. S. Karunakaradasa,

Standing (Left to right)

Mrs. P.W. Chandralatha, Mr. W.M. Ranbanda



Home Care Division

Seated (Left to right)

Mr. K.A.P. Ratnasiri, Mr. C.J.K. Senevirathne and Mrs. J.M.J.C.K. Jayasinghe

Standing (Left to right)

Mr. O.P.N. Perera, Mrs. H.K.A.N. Kumari, Mrs. S. Ekanayake, Mrs. M.H.A. Eranga,
Mrs. P.S. Kathriarachchige, Ms. M.K.H.U. Ranasiri and Mr. H.K.A.P. Kumara

Programme Division

During the period under review, the Programme Division of HelpAge Sri Lanka (HASL) continued to implement several donor-funded projects focusing on enhancing senior citizens' living standards and supporting vulnerable elders through many initiatives to safeguard them from the effects of the COVID-19 pandemic, natural disasters and the economic crisis in Sri Lanka.

Given below are the programmes implemented and the relevant donors;

1. Sponsor a Grandparent Programme (SaG) 2022/23
2. Financial Assistance Programmes for Livelihoods
3. Economic Crisis Response Programme – HelpAge Korea
4. Economic Crisis Response Programme – UNFPA
5. Economic Crisis Response Project – Give2Asia Project 01
6. Economic Crisis Response Project – Give2Asia Project 02
7. Economic Crisis Response Project – Global Emergency Fund (HAI)
8. Rapid Testimonial Assessment – HelpAge International (HAI)
9. Awareness Project on COVID-19 – HelpAge International (HAI)

1. Sponsor a Grandparent Programme (SaG)

HAI, Age International, and HASL have continued the SaG Programme for 2022/23, commencing on 1 April 2022 with a total budget allocation of GBP 35,000. The following activities were conducted during the period under review:

1.1 Building Capacities of the National Senior Citizens' Federation

A two-day residential training programme for officials of the National Senior Citizens' Federation was conducted on 9 and 10 February 2023 at the HASL head office on the topics of bookkeeping, good governance, healthy ageing, leadership, and management.

1.2 Youth Education Programme (YEP) to Raise Awareness Among the Younger Generation

The “Training of Trainers” (ToT) programme was conducted for the Zonal Education Directors and school principals of the Gampaha District, in collaboration with the YEP Division of HASL on 8 March 2023 at the Horagasmulla National School. 157 school principals, 20 Directors of Education and 2 teachers participated. Those principals and teachers who were trained were expected to organise training programmes in their respective schools. Many older persons in the families of these schoolchildren are expected to benefit because these children and grandchildren who participated in these programmes have been instructed to care and support older members of their respective families.

1.3 Promotion of Elders' Rights and Advocacy Programmes

Under the patronage of Mr. Anupa Pasqual, the Hon. State Minister of Women, Child Affairs and Social Empowerment, HASL celebrated the International Day of Older Persons (IDOP) in Kalutara jointly with the Kalutara District Secretariat, University of Colombo, Kalutara Bodhi Trust, and the District Senior Citizens' Federation of Kalutara. This programme commenced with religious activities held at the Kalutara Bodhiya under the patronage of HASL's Chairman, Deshabandu Tilak de Zoysa and a few other distinguished delegates representing the Government. The Elders' Walk with elders carrying banners and placards commenced from the Kalutara Bodhiya to the District Secretariat's main hall.

The students from the Department of Demography, University of Colombo who participated in the walk performed a street drama on elderly issues and promotion of the rights of elders. Elders too performed dramas, songs, and dances at the ceremony which reflected the capability of elders to perform despite their age.

Programmes to Commemorate the IDOP were also Conducted:

(i) at Divulapitiya a programme was organised by the National Senior Citizens' Federation and Senuri Hotel. More than 2000 elders participated. (ii) at the DS Office, Niyagama, Galle. More than 500 elders participated and performed dramas, dances, songs etc., and (iii) by

the Senior Citizens' Federation of Madurawala. HASL supported and conducted awareness programmes on the rights of the elders at all these events.

1.4 Mobile Medical Unit (MMU) Camps

Fifty-five mobile camps were conducted in the Ampara, Colombo, Galle, Hambantota, Jaffna, Kalutara, Kandy, Kegalle, Matara, Monaragala, Ratnapura, and Trincomalee Districts. Another 11 MMU camps were conducted jointly with the UNFPA in the Ampara, Galle, Hambantota, Jaffna, and Matara Districts.

Details of MMU camps

Activity	Number of elders
Eye screening	5,125
Screening for medical issues	3,842
Distribution of spectacles	3,584
Identification of cataracts	1,436
Total number benefitted	8,967

1.5 Training Home Care Volunteers (HCV)

A five-day residential HCV training programme was conducted from 23 to 27 January 2023 for 65 “young – old” (55 to 70 years) volunteers selected from the Senior Citizens' Committees (SCC) in Galle, Gampaha, Hambantota, Kalutara, Kegalle, and Matara Districts at the Age Care Centre of HASL. The training was conducted on ayurvedic medicine, basic health and the human body, counselling, elders' rights, first aid, home nursing, the keeping of patients' records, mental health, monitoring of care services, non-communicable and communicable diseases, occupational therapy, physiotherapy and social work.

1.6 Community Activities

A) Community Development Project

A community development project was conducted to build the capacity of 362 leaders of 206 SCCs in the Divulapitiya, Galle Four Gravets, Sooriyawewa, and Weligama Divisional Secretariats on advocacy and rights, bookkeeping, fundraising, good governance, leadership and management.

B) Leadership Development Training

HASL conducted a leadership development training at the Hanwella Action Park run by Rangiri Aqua Academy on 29 and 30 March 2023 as an outward bound training (OBT) for participants. Elders were engaged in activities on adventure and trust building, leadership training and team building during this training programme.

C) Psychosocial well-being

Talks on psychosocial well-being were delivered by the Head of the Programme Division to 521 elders in Divulapitiya, Galle, Kataragama, Madurawala, and Niyagama in order to help elders to be more aware of mental health issues.

D) Livelihood Support

HASL supported 20 needy elders by providing Rs. 10,000/- each for livelihood activities such as the food industry, home gardening, small scale retail shops, turmeric cultivation, and vegetable cultivation through the SCC in the Gampaha District.

E) Donation of Assistive Devices for Vulnerable Elders

Hearing aids, walking sticks, wheelchairs and other assistive devices were distributed among 43 needy elders with the support of the donors in the following project locations visited by the Programme Division; Ampara, Galle, Gampaha, Hambantota, Matara, and Monaragala Districts. There was a great demand for assistive devices as the Government has stopped providing the same due to the economic crisis.

F) Establishment of Elders' Day Care Centres

HASL identified two possible Senior Citizens' Federations in Biyagama and Madurawala that can run elders' day care centres in their areas. HASL was able to liaise with the Ministry of Local Government to obtain two abandoned buildings for these two centres. HASL supported the purchase of basic furniture and equipment for each centre and also provided Rs. 100,000/- under the SaG programme. Around 121 older people are utilising these two day care centres.

G) Environmental Conservation Project – planting trees and climate change awareness

HASL identified five SCCs that were interested in plant nurseries and provided Rs. 75,000/- to establish them. Cultivated plant seedlings are distributed among interested elders in the communities. The SCC in Niwandama, Ja-Ela teamed up with the Niwandama National School for this programme. An environmental awareness programme was also conducted for elders and schoolchildren. Another five nurseries were established in five selected SCCs in Bulathsinhala, Dodangoda, Ingiriya, and Palindanuwara DS Divisions in the Kalutara District and the Ja-ela DS Division in the Gampaha District. Five awareness programmes on the environment were also conducted. 146 elders and 186 schoolchildren attended these programmes.

H) Awareness Programmes on COVID-19

Several COVID-19 awareness programmes were conducted in several Divisional Secretariats in the Galle, Gampaha, Hambantota, Kalutara, Matara, and Monaragala Districts. Around 1500 elders participated in these programmes during which leaflets and posters were also distributed among the elders.

I) SaG's Livelihood Support Scheme for Needy Elders

Because of the economic crises, elders were unable to continue their livelihood activities due to non-availability of raw materials, the increase in prices of raw materials and the unavailability of markets. Hence, there was a reduction in the number of new loans requested and given. However, HASL was able to provide 103 new loans for the beneficiaries in 14 SCCs in the Galle, Gampaha, and Matara Districts. The total disbursement was Rs. 1,380,000/- and repayments were followed up. The livelihood activities included cultivation of vegetables and fruits, food-making, handicrafts making, home gardening, lamp wick making, pottery, running of retail shops, and selling of dry fish. Indirectly around 348 persons benefitted from this programme.

2. Financial Assistance Programmes for Livelihoods

A) Berendina Microfinance Investment Company Limited (BMIC)

BMIC issued 153 new loans to elders using funds provided by HASL in the following areas:

Aranayaka, Arayampathy, Bulathkohupitiya, Dehiowita, Dickoya, Galigamuwa, Ginigathhena, Horowpathana, Ipalogama, Kahatagasdigiliya, Kotmale, Kuchchaveli, Mawanella, Nuwara Gampalatha Central, Ragala, Serunuwara and Thirappane. The assisted livelihood sectors were animal husbandry, carpentry, cultivation of tea and rubber, vegetables and fruits, dressmaking, fisheries, poultry, retail shops, and welding. The total disbursement was Rs. 7,175,000/-.

B) Expolanka Holding PLC (EHP)

Twenty new loans were issued to the members of the Putupagala SCC in the Dompe DS Division, Gampaha. The total disbursement was Rs. 350,000/-.

3. Economic Crisis Response Project for the Most Vulnerable Elders and their Families in Sri Lanka – HelpAge Korea

HelpAge Korea (HAK) sponsored the conducting of an emergency response project for the most vulnerable elders in 23 DS Divisions in eight districts, affected by the economic crisis. The project was implemented from October to December 2022. As of 13 October 2022 HAK has provided 49,998,500 KRW equivalent to Sri Lanka Rs. 12,757,171/-. 14,660 individuals from 3,665 families benefitted under this project. The main activities of the project were:

- distribution of dry food packs among 2,165 families headed by older people. Each dry food pack included 10 kg of rice, 1 kg of dhal, sugar, onion, and salt and 500g of chickpea, chili powder, curry powder, a large tin of canned fish, a packet of soya meat, biscuits, “samaposha” (a selection of locally available cereals in powder form) and tea leaves
- and medical testing at the HASL mobile medical camps and the distribution of medicines among elders.

4. Economic Crisis Response Programme to Support the Most Vulnerable Older Women in Selected Areas of Sri Lanka 2022 – UNFPA

HASL collaborated with the UNFPA to distribute hygiene kits for the most vulnerable older women who were hit by the economic crisis in the six districts of Ampara, Galle, Hambantota, Jaffna, Matara, and Monaragala. 2,500 elderly women were selected as recipients for these hygiene kits through 11 DS Offices. Mobile medical camps and health clinics on sexual and reproductive health (SRH) and gender based violence (GBV) were also conducted. Doctors were also given training on SRH and GBV under this project. The project period was from November to December 2022. The UNFPA approved Rs. 28,286,004/- for this project. All together 2,500 older women and 10,000 family members benefitted from this project.

Hygiene Kits and Mobile Camp Beneficiary detail of UNFPA Project

No.	District	DS Division	Number of hygiene kits	Number of medical camps UNFPA
1	Galle	Niyagama	300	56
2		Welivitiya		
		Divitura	242	68
3		Galle Four Gravets	300	76
4	Matara	Thihagoda	300	48
5		Weligama	200	75
6		Mulatiyana	178	150
7	Hambantota	Sooriyawewa	195	65
8	Monaragala	Kataragama	193	61
9	Ampara	Mahaoya	192	49
10	Jaffna	Chankanai	200	65
11		Kayts	200	76
Total			2,500	789

Items included in Elderly Toolkits

Reference No.	Items purchased by HASL	Reference No.	Items purchased by UNFPA
A1	Sarong/Chintz	B1	Toothbrush
A2	Towel	B2	Soap (bathing)
A3	Incontinence pads/adult disposable nappies	B3	Soap (laundry)
A4	Underwear	B4	Toothpaste (large)
A5	Bras	B5	Shampoo
A6	Comb	B6	Sandal/flip flops
A7	Rechargeable flashlight	B7	Pain relieving balm
A8	Nail clipper	B8	Cotton buds
A9	Walking sticks for disabled elders only	B9	Plastic water bucket with a lid
A10	Bed sheet	B10	Plastic bowl (3 litre)
A11	Bedpan (on a need basis)		
A12	Item catalogue		

5. Give2Asia Economic Crisis Response Project 1 (Sri Lanka Economic Crisis Response 2022 Fund-Give2Asia)

This project was approved in November 2022 and the total budget was Rs. 10,950,000/-. The project period was from 1 November 2022 to 28 February 2023. A total of 6,870 people benefitted.

This project provided dry rations for 5,112 family members of 1,280 elderly-headed families. Twelve mobile medical camps were also conducted at which 1,748 elders benefitted directly.

Distribution detail Give2Asia Project 01

Province	District	DS Division	Number of beneficiary families
Southern	Galle	Madampagama	50
		Nagoda	100
		Imaduwa	50
	Matara	Kamburupitiya	50
		Akuressa	50
	Hambanotota	Sooriyawewa	50
		Tissamaharama	100
Uva	Monaragala	Siyambalanduwa	50
	Monaragala	Madulla	60
North Central	Anuradhapura	Padaviya	110
		Thirappane	105
Central	Kandy	Harispattuwa	50
		Hatharaliyadda	50
		Madadumbara	100
		Ududumbara	50
North Western	Puttalam	Mahakumbukkadawala	50
		Anamaduwa	50
Northern	Jaffna	Vadamarachchi North	100
		Valikamam North	105
Total			1,330

6. Give2Asia Economic Crisis Response Project 02

This project was approved in November 2022. The total budget was Rs. 6,312,807/-. The project period was from 1 November 2022 to 28 February 2023.

- 2,480 family members of 893 elderly-headed families were provided dry rations



Plant Nursery at Henegama Mathugama

Distribution details of Give2Asia Project 02

Province	District	DS Divisions/ Areas	Number of dry food packs planned	Actual families benefitted	Actual total beneficiaries
Southern	Galle	Bope-Poddala	50	50	203
		Elpitiya	50	68	270
		Galle Four Gravets	60	70	283
Eastern	Ampara	Dehiattakandiya	50	100	402
		Inginiyagala	50	135	541
North Central	Anuradhapura	Padaviya	100	105	426
Central	Kandy	Thumpane	50	50	201
		Poojapitiya	50	100	403
Northern	Jaffna	Kayts	100	115	462
		Chankanai	100	100	405
Total			660	893	3,596

7. Economic Crisis Response Project

This project supports elders to ensure their safety during the country's economic crisis (HelpAge International Global Emergency Fund – HAI GEF)

The project period was from 3 January 2023 to 5 March 2023. HAI GEF approved Rs. 30,443,475/- to carry out the project in the districts of Ampara, Batticaloa, Colombo, Galle, Hambantota, and Kalutara. 1,810 elderly – headed families were selected through 14 DS Offices. A total of 24,962 older people and their families benefitted from this project.

Main activities completed were as follows:

- Distribution of food packs for a period of two weeks for a family of four members among 1,810 elderly headed families. (6,848 beneficiaries in total)

- Distribution of non-food packs for a period of four weeks for a family of four members – 1,810 elderly headed families (6,848 beneficiaries in total) benefitted
- Distribution of hygiene kits for 200 bedridden elders for a period of one month
- Distribution of assistive devices for 147 older people with disabilities
- Conducting of 20 mobile medical and eye camps



Tree Planting Programme At Jaala Niwandama National School

Food, non-food and other items were distributed as follows:

Relief Distribution in detail under the HAI GEF Project

Province	District	DS Division	Number of dry food packs	Total	Number of non-food packs	Hygiene kits for the bedridden	Assistive devices
Western	Colombo	Kaduwela	92	352	92	15	3
		Homagama	260		260	15	8
	Kalutara	Bulathsinhala	151	302	151	15	16
		Madurawala	151		151	15	15
Southern	Galle	Nagoda	166	546	166	20	12
		Imaduwa	128		128	15	6
		Akmeemana	104		104	15	15
		Bope-Poddala	148		148	15	15
	Hambantota	Tissamaharama	101	201	101	15	4
		Lunugamvehera	100		100	15	26
Eastern	Ampara	Uhana	120	213	120	7	12
		Pottuvil	93		93	17	1
	Batticaloa	Chenkaladi	96	196	96	6	7
		Oddamavadi	100		100	15	7
Total			1,810	1,810	1,810	200	147

Mobile Medical and Eye Camps details

Province	District	Number of Medical Screenings	Number of Eye Screenings	Total Number of beneficiaries
Southern	Galle	327	373	700
	Hambantota	290	337	627
Eastern	Ampara	319	308	627
	Batticaloa	242	261	503
Total		1,178	1,279	2,457

8. Rapid Testimonial Assessment on Economic Crisis Affected Elders (HAI)

HAI funded HASL to conduct the above assessment to identify the needs and situation of elders during the food, fuel, and financial crises (3F crisis). The study was led by Prof. Lakshman Dissanayake of the Department of Demography of the University of Colombo in May 2023. The report and policy brief were published in August as a joint publication of HASL and HAI. With the findings, HASL prepared an Emergency Response Plan to support the most vulnerable elders and shared it with donors and the HAI network –

The total budget for the project was Rs. 2,396,102/-.

9. Awareness Project On COVID-19 (HAI)

HAI supported the COVID-19 awareness raising project among the elderly and also assisted them to get vaccinated. HASL conducted awareness programmes

among the elderly through SCCs and community leaders in Ampara, Anuradhapura, Colombo, Galle, Gampaha, Hambantota, Jaffna, Kalutara, Kandy, Matara, and Monaragala. The budget allocation was Rs. 417,429/-.

10. Special Programmes with the Department of Social Services, Western Province

In March 2023 HASL conducted a two-day residential training programme for 89 leaders of selected Senior Citizens' Federations in the Western Province in two batches covering all Divisional Senior Citizens' Federations. The programme which was conducted jointly with the Department of Social Services, Western Province, dealt with ageing and its challenges, elders' rights, management, leadership and good governance of SCCs, bookkeeping and healthy ageing.



SCC training at Dompe



Mr. Nishantha Gooneratne Addressing SCC meeting at Sooriyawewa

Mobile Medical Unit (MMU) Camps

HelpAge Sri Lanka (HASL) conducted 129 MMU camps during the period under review. 7,223 elders were medically screened and 10,078 elders received eye screening services. Altogether 17,301 elders benefitted from these 129 MMU camps. Due to the economic and political crises in 2022, HASL had to temporarily suspend the MMU camps from May to August 2022. In August 2022, HASL's MMU team resumed the conducting of camps and was able to complete the planned number of camps for the reporting period.

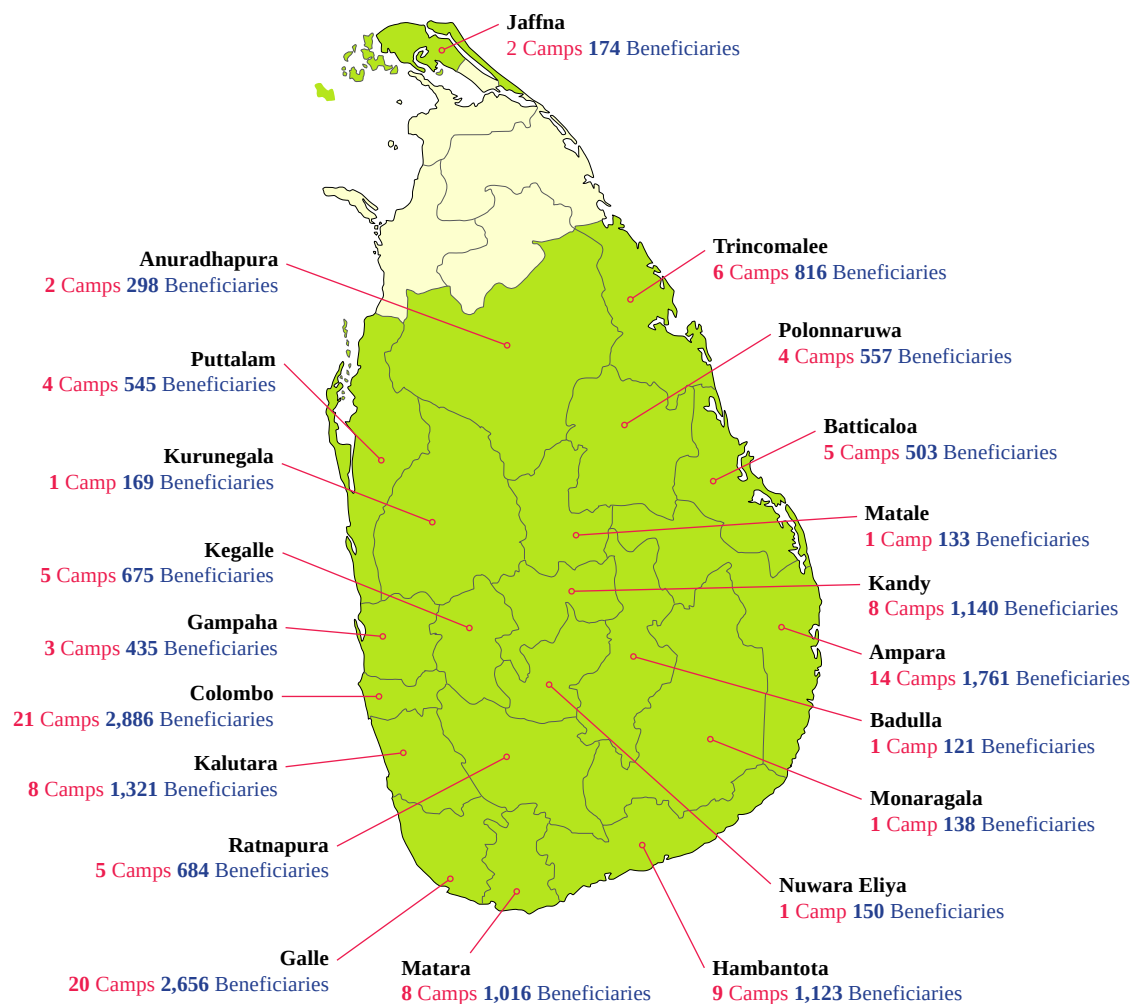
Due to the economic crisis, elders faced many difficulties in accessing government medical services. However, HASL was able to get funds from various donors such as the SaG (Sponsor a Grandparent) Project, HelpAge International (funded by Age International), HelpAge International Global Emergency Fund (sponsored by Age International), Give2Asia, the UNFPA and other donors to achieve this target. Hence HASL continued to extend mobile medical services around the country.

Donors who contributed to the MMU programme during the period under review;

Donor	Number of MMU camps	Medical Screening	Eye Screening	Distribution of Spectacles	Cataracts Identified
SaG	55	3,342	4,388	3,103	1,184
Corporate funded	31	1,504	2,609	1,871	716
GEF – HAI	20	1,194	1,279	895	371
Give2Asia	12	683	1,065	697	366
SaG/UNFPA	11	500	737	481	252
Total	129	7,223	10,078	7,047	2,889



HelpAge Mobile Medical Camps Completed from 1 April 2022 to 31 March 2023



Total No. of Camps 129

Medical Screening	Eye Screening	Reading Glasses	Bifocal Spectacles	Cataract Identified	Referrals
7,223	10,078	66	6,981	2,889	167



Chaminda de Silva
Head of Programmes



*HelpAge Livelihood Assistance Programme
S. Steven
Malinda Kapugoda*

HelpAge Eye Hospital

The HelpAge Eye Hospital performed exceptionally well in FY 2022/23 in spite of the challenges faced due to the COVID-19 pandemic and subsequent financial crisis in the country. When compared to the past four years, 2022/23 recorded the highest number of 3,087 surgeries with a notable increase of 80% compared to the 2021/22 financial year.

The statistics of cataract surgeries performed from 2019 onwards:

Year	Number of surgeries
2019/20	2,758
2020/21	1,015
2021/22	1,717
2022/23	3,087

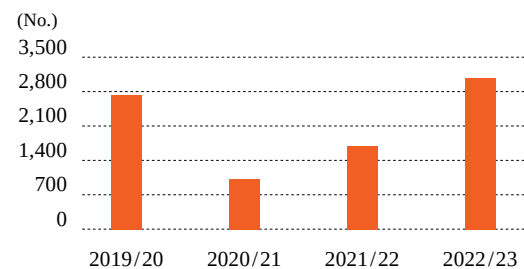
A significant increase of 75% attendance at the Hospital’s clinic was also recorded during the period under review. From 7,981 patients in the previous financial year, the number of patients attending HASL eye clinics increase to 14,005 patients in 2022/23.

The commitment of the eye surgeon, the doctors attending the clinics, managerial personnel, service providers, all hospital staff members and all supporting staff of the HASL head office contributed immensely to the increase in the number of those attending the clinic and of cataract surgeries.

Illustrated below are the details of the surgeries performed:

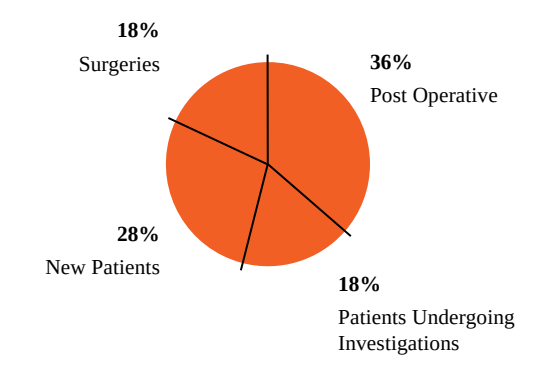
Patients who underwent surgery from 2019/20 to 2022/23

By end of the Financial Year – Surgeries



Total number of new patients who attended the clinics or who underwent surgeries etc. are shown below:

Total Number of Medical Examinations



Training

Due to the electricity cost hike, a programme was conducted on 24 March 2023 by the officials of Sri Lanka National Sustainable Energy Authority (SLNSEA) to educate the staff members on measures to be adopted to reduce electricity usage.

This programme was conducted by Ms. Ravini Karunaratne, Assistant Director – Engineering, SLNSEA along with two other officials. The SLNSEA officials commended the HASL Eye Hospital authorities on the new interventions adopted at the hospital to reduce electricity costs.



An awareness lecture by Mr. C. E. Fernando, Operating theatre in-charge on the World Sight Day

In-House Training Programmes

In order to improve the knowledge, skills and competencies of the staff members, several in-house programmes were conducted during the season for short periods during the FY 2022/23.

The Eye Surgeon, Dr. Jayantha Vidanapathirana, conducted a training programme on 24 October 2022.

Mr. C.S. Withanage, Optometrist/Technician conducted a knowledge-sharing session on effective methods of vision-testing of the elderly patients for the newly recruited nurses and office staff members on 8 November 2022.

Multi-skilling

Competent young staff members from selected divisions of the Eye Hospital have been identified and provided with an opportunity to enhance their knowledge of work carried out in other divisions in the hospital. Accordingly such staff members have been trained by other experienced members of staff on an in-house basis and presently they are capable of handling such work independently.

Extending HASL Eye Hospital Services

It was observed that apart from the patients from the rural areas, a notable number of patients from urban areas also got their cataract surgeries done at the HASL Eye Hospital.



Cataract beneficiaries sponsored by Simonas Trust Services (Pvt) Ltd.



Cataract Beneficiaries at the Eye Hospital

The HASL Eye Hospital has extended its services to remote areas where elders have either no access to cataract surgeries or are compelled to be on the “waiting list” of selected government hospitals for long periods. This has significantly increased the intake of patients to the HASL Eye Hospital. Many elders from towns such as Ambalangoda, Dehiattakandiya, Deniyaya, Medirigiriya and several other more remote villages in the rural hinterland have sought the services of the hospital in very large numbers. To date over 1700 surgeries have been performed on patients from remote villages. All necessary facilities have been provided to these helpless patients who have highly commended the services provided by the hospital.

Religious Activities

The year 2023 began with a Buddhist sermon and a special Pirith chanting ceremony conducted by Ven. Ambalantota Seelananda Thero of Sri Sugatharamaya Temple of Wellawatte on 5 January 2023.

Christmas Celebrations 2022

The staff members sang Christmas carols and a special lunch was provided for the staff members to mark the Christmas season.

During the Christmas season, a donation of dry rations to the value of Rs. 10,000/- was made by the hospital staff to the Ven. Bhikkuni Kemani Nanda of the Kirulaponne Aramaya.

International Elder’s Day Celebrations

On 6 October 2022, to commemorate the International Day of Older Persons, a sermon was delivered by the Ven. Kongamuwe Medhankara Thero of Ratmalana.

Maintenance of the Premises

Arrangements have been made for the patients and their guardians to have their meals on the premises. To assist the elderly patients with arthritis and other mobility difficulties, the sanitation facilities in the patients’ waiting area were made disable friendly.

Donations

Donations in cash and kind including a donation of lenses totalling Rs. 4,431,770.50 (4.43 million) was received during the period under review: Rs. 3,156,260.50 in cash and Rs. 1,275,510/- in kind.

In commemoration of the World Sight Day, the President and members of the Lions Club of Jawatte Summit handed over 200 eye lenses to the value of Rs. 720,000/-

Additionally at a meeting to commemorate this event, Dr. Jayantha Vidanapathirane, Eye Surgeon stressed the importance of looking after one’s eyes.



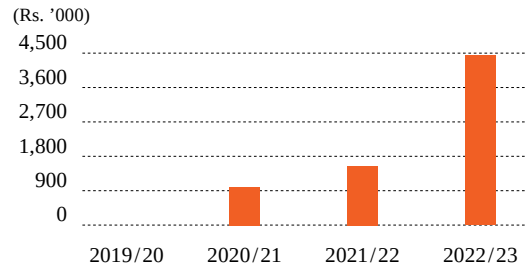
Donation of 200 intra ocular lenses by the President and Members of the Lions Club of Jawatte

Special Donations

- On 18 August 2022, an official of the Seelanathakuruppu Trust made a donation of Rs. 232,000/-.
- On 5 December 2022, the junior students of Lyceum International School Nugegoda visited the hospital and made a donation of Rs. 431,000/-.
- Mrs. Manori Indraratne from Australia who visited the hospital on 7 February 2023, donated Rs. 90,500/- to perform cataract surgeries.
- On 28 February 2023 Dr. (Mrs.) Menaka de Silva from the UK who visited the hospital handed over 18 foldable lenses to the value of Rs. 77,400/-.

Donations to the value of Rs. 4,431,770.50 was received for the period under review surpassing the donations made during the previous three years from 2019 to 2021.

Donations



Lakshman Amaratunga
Head of HelpAge Eye Hospital



HelpAge Eye Hospital
Cataract Surgery in Progress

Human Resources Division

Strategic Highlights

The Human Resource (HR) Division, the live wire of the organisation, is responsible for upgrading the skills of the staff members in order to meet the objectives and goals of the organisation.

In addition to handling the human resource function of the organisation, HASL's IT issues it's library, logistics, maintenance, publicity, security and janitorial services, stores and training centre facilities are the other areas that come within the purview of the HR Division.

During the period under review, the employees at HASL faced considerable challenges due to the COVID-19 pandemic. Moreover, the country's economic crisis imposed additional burdens on the staff affecting their transportation, living standards and family issues. As a result, HASL was compassionate towards staff members and decided to relax its attendance and punctuality regulations. During July 2022, the work from home policy was reintroduced and staff were allowed to work three days of the week from home.

In August 2022, the five day working week resumed. Additionally, selected staff members were given new job titles along with new job descriptions.

HASL Staff Cadre

During April 2022 the total staff strength was 64 of which 33 were males and 31 were females.

Age distribution of the staff is as follows:

Age category (years)		
19 – 24	25 – 60	Over 60
3	40	21

During the period under review, there were 22 new appointments/replacements and five resignations. There were two instances of vacation of post and one dismissal on disciplinary grounds.

Re-designations

In January 2023, the following job titles were re-designated as the scope of the relevant staff members' jobs were reformulated to take into account the new duties and responsibilities.

Old title	New title
Logistics Officer	Logistics Manager
Development Officer (Logistics Division)	Logistics Assistant
Assistant Accountant	Accountant
Accounts Assistant	Accounts Executive
Receptionist	Public Relations Officer
Development Officer in the Eye Hospital	Eye Care Officer (promoted to junior executive level)
Staff Nurses	Senior Staff Nurses

In November 2022, the late attendance policy was strictly re-enforced and HASL was fully functional although the situation in the country continued to adversely affect the organisation.

Staff Welfare

In keeping with the HR Policy, one nurse at the Eye Hospital was granted an interval of one hour each day with effect from 23 September 2023 to nurse her new born baby.

HR initiatives during the period under review are shown in the following photographs:

Training Centre

The HASL Training Centre primarily facilitates the conducting of training programmes designed and administered by HASL. Facilities are also offered to other organisations at affordable rates to conduct their own seminars, trainings, residential programmes, and workshops.

The Training Centre's facilities include air-conditioned and non-air-conditioned lecture halls with comfortable seating arrangements. These halls could be arranged in conference set up, in theatre style, in cluster style for group discussions or as classrooms according to the needs of the trainer. The facilities include:

- lecture hall seating for 25 to 100 persons with public address system, multimedia projector, lectern, oil lamp etc;
- residential facilities in comfortable, clean rooms with attached bathrooms and meals for the participants;
- catering facility through HASL's own kitchen; and
- mid-morning tea with snacks, lunch in buffet style and evening tea with snacks for day time programmes.

For increased affordability of the Training Centre's facilities, HASL ensures quality services at very reasonable rates.

The income generated from renting out these facilities for day programmes and in-house residential programmes is utilised to meet the expenses of the HASL Eye Hospital, Mobile Medical Unit, and other free services provided for the needy elders of the country.

The hiring of the Training Centre by organisations remained very low during the reporting financial year due to the financial crisis in the country.

However, the division invested time and effort in maintaining close contact with the client base through

constant personal visits, communication over the phone, letters, and by sending greeting cards for Christmas and the New Year.

Greeting cards were sent to over 70 regular customers in accordance with advertising practices to maintain uninterrupted communication between HASL and the regular customers to inform them that the Training Centre's facilities are available at all times.

In spite of certain organisations cancelling and or postponing reservations made, without rescheduling, client visits continued in order to canvas for new programmes and also as a gesture of appreciation for patronising HASL's facilities.

The Organisations that Frequently Hired the Training Centre's Facilities are:

Aura Insights Marketing (Pvt) Ltd.

Berendina Micro Investments Co. Ltd.

Chess Federation of Sri Lanka

Global Excellence by Power of Sports

Kalaro (Pvt) Ltd.

Ministry of Education

Ministry of Women, Social Affairs and Social Empowerment

National Institute of Technical Training

Plantation Human Development Trust

Sejaya Micro Credit (Pvt) Ltd.

Social Service Department of Western Province

Sri Lanka Taekwon Do Federation

Sunera Foundation

University of Sri Jayewardenepura

University of the Visual & Performing Arts

The Organisations that formerly hired the Training Centre to which HASL staff made follow up visits:

Berendina Micro Finance (Pvt) Limited
Department of Wild Life Conservation
Family Planning Association of Sri Lanka
Ministry of Skills Development and Vocational Training
National Apprentice and Industrial Training Authority
Oxfam Sri Lanka
Paltra Guarantee Limited
Sejaya Micro Credit Limited
Sri Lanka Institute of Development Administration

HelpAge Sri Lanka Thilaka Siriwardene Ayurvedic Centre, Boralessgamuwa (HASL Ayurvedic Centre)

HASL has been providing free ayurvedic treatment to needy Sri Lankan elders continuously for the past 15 years. Ayurveda clinics are conducted every Thursday for senior citizens who seek ayurvedic treatment. Approximately 40 elders obtain services from this Centre on each clinic day.

Ayurveda clinics are conducted jointly with the Ayurveda Teaching Hospital, Borella and the Institute of Indigenous Medicine affiliated to the University of Colombo. HASL is grateful to the Ayurveda Teaching

Hospital for providing free medicines and for making necessary arrangements for one of its Doctors, Dr. (Mrs.) Ramesha Gunawardene and a Pharmacist, Mr. H.T. Aruna to work part-time at the HASL Ayurveda Centre. HASL wishes to express its gratitude to the doctor and the pharmacist for offering their services especially for elders experiencing financial difficulties. Even during the economic crisis situation in the country the Centre was operational without any hindrance. The Centre has treated 1,096 female and 279 male beneficiaries during the period under review.



Dr. (Mrs.) Ramesha Gunawardena examining an elderly patient at the Ayurveda Centre



Nelum Ekanayake
Head of Human Resources



*HelpAge Livelihood Assistance Programme
Vithanage Sriyani
Putupagala Mandawala*

H.P. Gooneratne HelpAge Elders' Day Care Centre



The H.P. Gooneratne HelpAge Elders' Day Care Centre which was established in 1988, is located at Dharmashrama Mawatha, Borupona Road, Ratmalana. The purpose of this establishment is to serve the elders who are living in the vicinity of the Day Care Centre (DCC).

The DCC admits any elder, irrespective of his/her economic or social background. However, they must have a guardian to take care of the elders beyond the service hours of the DCC. The elders are welcome to attend the Centre from Monday to Saturday from 8.00am to 4.00pm. The DCC provides them with breakfast, morning tea, lunch and afternoon tea all of which are financed by generous donors living in Sri Lanka or abroad.

Apart from providing food, the DCC at all times, strives to keep the elders physically and mentally active. With the donations received, the DCC organises pleasure trips and pilgrimages to various places around the country, and also makes arrangements for them to enjoy movies. A medical team headed by a doctor from the District Hospital in Lunawa, Moratuwa visits once a month to check on the health condition of the elders. Elders have to follow the DCC schedule of activities which includes physical exercises, yoga, religious rituals, special activities, indoor games etc. By providing these facilities

and arranging various activities, the DCC helps the family members of the elders to attend to their own daily activities with the knowledge that their older family members are productively occupied.

The DCC also faced many hardships from April to September 2022 due to the COVID-19 pandemic and the fuel and financial crises in the country. Many donors were therefore, unable to visit the DCC regularly. The electricity price hike, escalated prices of food items, cooking gas shortages and meeting the expenses of the DCC were among the challenges it had to face during that period.



During the period under review, the following activities and programmes were implemented:

Repairs and Maintenance Work

August 2022

- Scout Master D. C. B Purijjala and seven Scouts painted a part of the boundary wall, gate, door and windows, newspaper stand and varnished the chairs at the DCC.

March 2023

- Kitchen cupboards were replaced.

Activities

April 2022

- Sinhala and Tamil New Year celebrated with the elders

October 2022

- Elders and staff members participated in the International Day of Older Person's walk held in Kalutara, organised by HASL on 5 October.

Religious and other activities

May 2022

- Organised an alms-giving to commemorate Vesak Poya Day.

January 2023

- On 2 January, a Buddhist ritual was conducted by Ven. Thennadune Dhammananda Thero to usher in the New Year.

Visitors to the Day Care Centre

June 2022

- A fourth year student from the University of Colombo visited the Centre to complete a research project on issues faced by elders.
- An ayurveda doctor from the Dharma Suwa Arana, Borupona delivered a lecture on "How to maintain good health during old age".

- Three students from the Department of Nursing and Midwifery, Faculty of Allied Health Sciences, University of Sri Jayewardenepura visited the DCC to conduct a survey on the health issues faced by the elders who attend the DCC.

July 2022

- Mr. Mohamed Nasmil, a lecturer from the Department of Nursing, University of Sri Jayewardenepura visited the DCC to observe the elders' behavioural pattern.

October 2022

- The Senior Citizen's Circle, National Savings Bank, Katubedda commemorated the International Day of Older Persons with the elders.

November 2022

- The Girl Guides of Muslim Ladies' College, Colombo reorganised the library at the Centre.
- The Elders Association, Thalawala North treated the elders to lunch.
- Lunch was provided by the family of the late Mr. Hitler Wickremesinghe, a former member of the HASL Council.
- Thirty-six students from the National Institute of Social Development, Seeduwa visited the Centre.

December 2022

- Lunch was provided in memory of HASL Founder Chairman, the late Mr. H.P. Gooneratne by Mr. Nishantha Gooneratne, Council member of HASL.
- Christmas party for the elders was sponsored by HASL staff.
- Christmas lunch was sponsored by Council member, Mr. Maithri Wickremesinghe PC.
- A Christmas party was sponsored by the Girl Guides of Muslim Ladies' College, Colombo.

March 2023

- A counselling officer from the Divisional Secretariat, Moratuwa visited the Centre to get an insight into the DCC.



Entertainment

July 2022

- Mr. D.A.W. Gunawardena sponsored a musical evening.

January 2023

- Mr. Nishantha Gooneratne and a few HASL staff members visited the DCC to initiate an indoor games competition for the elders.

February 2023

- The final competition of the indoor games was held on 28 February. Mr. Nishantha Gooneratne sponsored the gifts for the elders. The Executive Director and a few senior staff members participated in this event.

Special Donations (in cash and kind) were received from the following donors:

Mr. T.W. Batis

Mr. S.B. Fernando

Mrs. Dhakshini Fernando

Girl Guides of Muslim Ladies' College, Colombo

Ms. Kusum Pathirana

Mrs. S.N. Rodrigo

Mrs. Liu Sewin

Mrs. S. Thilakarathne

Tip Top International (Pvt) Ltd.

UNICAL (Pvt) Ltd.

Mr. Jagath Wanigasekera



Rohini Wijayarathne

Head of H P Gooneratne HelpAge Elders' Daycare Centre



*HelpAge Livelihood Assistance Programme
Liyanage Sunil Pathmasiri
Putupagala Mandawala*

Youth Education Programme

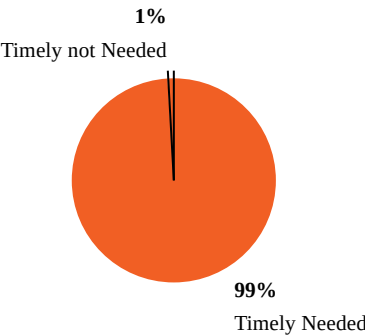
The Youth Education Programme (YEP) of HelpAge Sri Lanka has been working tirelessly since 1986 with school children and the youth by conducting awareness raising programmes on the issues faced by the elderly. The main objective of the YEP is to serve the older people by sensitising school children and young people about the various problems and difficulties experience by the older community. Accordingly, the YEP with the approval of the Ministry of Education conducted awareness programmes suitable for school children in selected schools in the island.

These educational programmes are conducted by the YEP in government, semi-government, private and international schools.

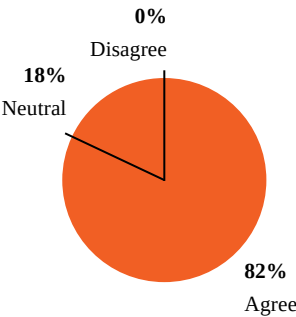
Training of Trainers Programme (TOT Programme) – Gampaha District

A ToT programme was held in the Minuwangoda Educational Zone on 8 March 2023 with the participation of 20 Directors and 154 Principals.

Ageing and the challenges that have to be faced in old age, the protection needed by older people, the role to be played in this process by the younger generation and empowering senior citizens to mitigate the generation gap are some of the matters which were discussed during the ToT programme. At the end of the programme the Zonal Director of Education in Minuwangoda, Mr. A. Vajira Ranaraja Perera expressed his gratitude to HASL and commended the programme. Nearly 70,000 schoolchildren are expected to be empowered through this programme.



During the programme a feedback form was given to school principals and through the analysis of these forms, it was concluded that this ToT programme was useful for the participating school principals. Many of them acknowledged the relevance and timeliness of the programme.



According to many of the principals, schoolchildren may be able acquire knowledge on the issues faced by the elderly through this programme.

During the period under review, awareness programmes were also conducted in the following schools with the approval of the principals and the support of the teachers: Asian International School, Colombo 5, Hillwood College, Kandy, Lyceum International School, Anuradhapura, Lyceum International School, Nugegoda, Methodist College, Colombo 3, Musaeus College, Colombo 7, S. Thomas’ College, Mount Lavinia, Springfield College, Kandy and Trinity College, Kandy were among such schools. The greatest challenge in the implementation of YEP’s awareness programme was the intermittent closure of schools from May to July in 2022 due to the unstable political situation in the country and the holding of the G.C.E. Ordinary Level Examination. In spite of this, the YEP continued to conduct its activities.

New Initiative

The main objective of the YEP is to make the younger generation aware of the issues and problems faced by older people. In order to achieve this objective, the YEP organised a programme in which children, youth and older people mingled together in planting trees in selected state school premises.



Geethal Mendis
Director, Youth Education Programme



HelpAge Livelihood Assistance Programme
M.N. Mohamed Audeen
Kumarimulla Pugoda

Home Care Division

Home care is essential for senior citizens to maintain their health and well-being. Our prime objective at the Home Care Division of HASL is to provide quality, affordable and holistic home care services to senior citizens in the Western Province. We train, provide, monitor, develop and mentor home care assistants to fulfil the care needs of functional, partially-dependent and fully-dependent elders in their own homes.

Elders are susceptible to non-communicable diseases, psychosocial issues and age-related neurological diseases like Alzheimer’s and Parkinson’s. It is a challenge to deliver long-term affordable holistic care to as many senior citizens as possible due to the rapidly rising elderly population and escalating costs. It is also difficult for family members alone to fulfil holistic care needs of the elders by family caregivers due to urbanisation, migration and busy lifestyles. Therefore, urban families which can afford to do so often request HASL to support them in caring for their elderly family members with well trained, reliable and caring home care assistants. The demand for HASL Home Care Assistants is always increasing.

Join us as a Home Care Assistant

It is a great vocational opportunity for unemployed individuals all around the country to join HASL as home care assistants. New home care assistants can undergo the systematic training programmes conducted by HASL free of charge and train to be professional caregivers.

Those who have advanced elder care competencies and experience can join the HASL’s higher competency grades.

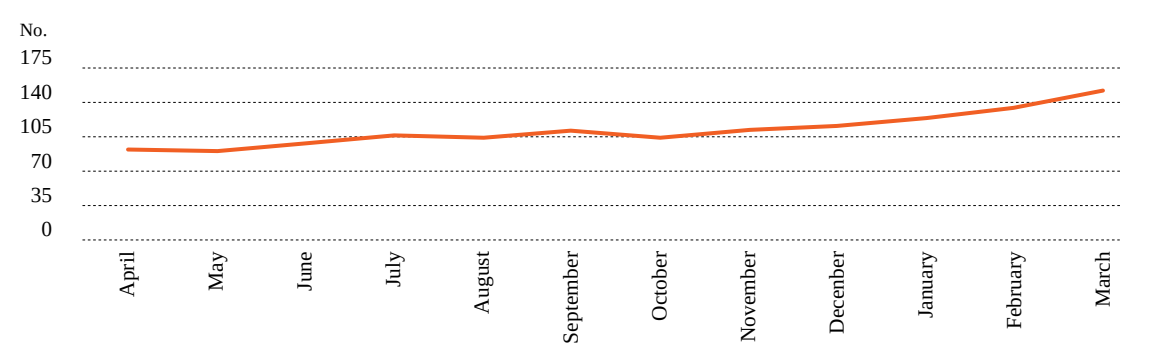
HASL sends request letters to Senior Citizen Committees (SCC) and Grama Niladharis (GNs) to identify suitable persons to be trained and also conducts island-wide awareness sessions about this employment opportunity to join the HASL Home Care Service.

The total number of home care assistants trained during the period under review was 130.

Home Care Training Programmes



Number of Elders who Received Home Care Services in 2022/23



Home Care Volunteer Training Programmes

Active “young-old members” of SCCs are trained free of charge as home care volunteers under this programme. The selected members undergo a five-day residential training programme conducted at the HASL training centre. The trained “young-old members” are expected to assist at least 10 needy elders in their respective villages. However, the number of training programmes was restricted due to the prevalence of the COVID-19 pandemic and the unstable situation of the country which prevailed during the period under review.

A five-day residential Home Care Volunteer Training Programme was conducted to train 65 SCC members during the period under review.



During the period under review, two residential Home Care Assistance Training Programmes were conducted: one for 20 participants and the other for 110 participants. Four on-the-job training programmes were also conducted for groups of 15 participants per group during the period under review.

The risk of COVID-19 and the economic constraints limited these training programmes during the reporting financial year. Nevertheless, HASL continued its training programmes under these restrictions and difficult circumstances with minimum interruptions.

HASL plans to train 100 new home care assistants during FY 2023/24 and facilitate caregiver opportunities for them in order to provide more elders with much needed home care services at their own homes.



Home Care Assistants (HCA) Training Programmes

Home Care Assistance training programmes are conducted free of charge at the HASL training centre to train individuals on home care assistance. These trained HCA's are then assigned to families which require their services in the Western Province. A team of professionals in the HASL Home Care Division monitors, supervises, mentors and provides further training to these caregivers on the job in order to ensure high quality home care services.



Janaka Senaviratne
Head of Homecare and Training

Special Projects Division

The Special Projects Division was established as a separate division in 2011 to complement the work of the Fundraising Division. The main objective of both these fundraising departments is to collect funds for HASL programmes and projects. The Special Projects Division focuses on donations from corporate clients, individuals, banks, social services organisations, NGOs and government organisations. The Division also focuses on obtaining donations from the Corporate Social Responsibility (CSR) budgets of other corporates and organisations. These funds are utilised for programmes and projects of HASL, specially for the following activities:

- conducting island-wide medical and eye camps (MMU);
- providing free spectacles to needy elders;
- conducting free cataract surgeries at the HelpAge Eye Hospital; and
- providing assistive devices to needy elders

Special contributions are received from corporate donors in the following ways:

- sponsorships/donations from CSR funds;
- sponsorships/donations from welfare funds;
- Share As You Earn programme (SAYE); and
- Dialog Star Points

The Special Projects Division submits project proposals to leading companies, selected individuals and establishments inviting them to join hands with HASL to serve the needy elders in the country with the objective of improving their quality of life. During the period under review, the following donors extended their generous support to the HASL Special Projects Division:

Name of organisations/persons

Alliance Trust PLC
Automobile Association of Ceylon
Mrs. Priyani Cooray
Darley Butler & Company Ltd.
Dialog Axiata PLC
INSEE Cement Sri Lanka
Kanapathy Chetty Selvanathan Charitable Trust
Dr. K. Pathirana
Senfin Asset Management (Pvt) Ltd.
Sri Lanka Ports Authority



SAYE Programme

“The Share As You Earn” (SAYE Programme) commenced at the HASL Head Office with contributions from the staff members towards this scheme. Subsequently, this concept was introduced to other organisations in both the government and private sectors.

This programme which commenced on a small scale was revamped in 2017 and was eventually introduced to other companies. The two main donors under the SAYE Programme are the Sri Lanka Ports Authority and Milco (Pvt) Ltd. HASL is grateful for their continued support.

Organisations that Endorse the SAYE Concept

The SAYE programme was expanded at the Sri Lanka Ports Authority during the period under review, and an SAYE programme was also introduced to the employees of Milco (Pvt) Ltd.

The following organisations also contributed towards the SAYE programme:

Asia Capital PLC
Asia Securities (Pvt) Ltd.
Bristol Lanka Technologies (Pvt) Ltd.
CIC Holdings PLC
HASL Head Office
People’s Bank
Public Bank Berhad, Sri Lanka
Richard Pieris and Company PLC
Seylan Bank PLC
World Vision Lanka

Star Points by Dialog Axiata

Dialog Axiata customers who wish to donate their Star Points have the option of donating them to HASL. During the period under review, Dialog Axiata sent text messages to their selected clients and a sum of Rs. 224,532/- was received as a donation.

Donation of Assistive Devices

During the period under review, the following assistive devices were received as donations and distributed to needy older persons island-wide in order to improve their mobility and daily living activities:

Air mattresses

Commode chairs

Crutches

Elbow crutches

Hearing aids

Quad walking sticks

Walking frames

Walking sticks

Wheelchairs



Direct Mail Division

The Direct Mail fundraising campaign commenced in 1991. It is one the leading fundraising activities of HASL. Included in the direct mail packs sent to prospective donors are the letters of appeal for donations, donation forms, self-addressed stamped envelopes and information on the various HASL programmes and projects.

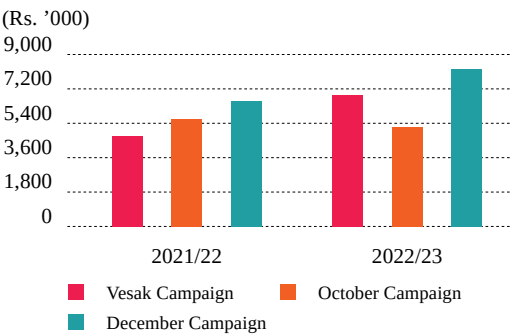
During the period under review, the following three direct mail campaigns were planned and implemented successfully: the Vesak Campaign, the October Campaign (International Day of Older Persons) and the December Campaign (Christmas and New Year Campaign).

Name of Campaign	2021/22 Rs.	2022/23 Rs.
Vesak Campaign	4,697,100	6,842,620
October Campaign	5,569,400	5,170,803
December Campaign	6,524,079	8,202,158

HASL is grateful to all its donors for contributing towards all three campaigns of this programme.

The direct mail data base is continuously being expanded by adding new prospective donors from various professional associations and leading social service organisations of Sri Lanka who have shown an interest in donating to HASL programmes and projects to serve the needy elders in Sri Lanka.

Campaign Income for 2021/22 and 2022/23





*HelpAge Livelihood Assistance Programme
R.A. Premaratne
Lunugama Vanaluwawa*

Fundraising Division

The Fundraising Division of HASL was established in order to raise funds to support the programmes and projects of HASL. The following activities were carried out during the period under review.

Greeting Cards Project

The greeting cards project which was initiated in 1986 is one of the oldest fundraising projects of HASL. During the period under review, the anticipated income could not be generated due to the COVID-19 pandemic and the economic crisis which adversely affected corporate and retail sales.

The Fundraising Division visited corporates and retail bookshops to canvas the sale of birthday cards, greeting cards, special cards etc.

The corporate sector makes a significant contribution towards the purchase of greeting cards. During the period under review, the Fundraising Division received Rs. 6.4 million worth of sales. The sale of seasonal cards contributed significantly to generate this income. The 25 designs for the 2022/23 seasonal cards and catalogues consisted of photographs, paintings and graphic designs. Greeting cards were purchased by both existing and new corporates and retail bookshops.

The staff of the Fundraising Division not only personally visited 600 corporates and retail outlets but also used the telephone and sent email messages for the Division's sales promotion.

During the period under review, HASL cards were purchased by the following:

- Airport & Aviation Services (Sri Lanka) Ltd.
- Arpico Super Centre
- Cargills Food City
- Kandy Textiles
- Keells Supermarkets

- M.D. Gunasena & Co. (Pvt) Ltd.
- Oneero Bookshop
- Sampath Bank PLC
- Sarasavi Bookshop (Pvt) Ltd.
- Trade Promoters (Pvt) Ltd.
- Vallibel Finance PLC

Tills Project

HASL initiated the "Till collection project" in 1990 which consists of a network of "collection tills" installed at super markets, bookshops, pharmacies, restaurants, and leading retail businesses islandwide.

The project was expanded by placing tills at retail outlets of networks such as Cool Planet (Pvt) Ltd., Rajya Osusala, Sarasavi Bookshop, Softlogic Super Markets and Spring and Summer Fashion Collection (Pvt) Ltd.

A specially designed till and a stand were placed at SPAR Supermarket outlets located in Gampaha, Kelaniya, Seeduwa, Thalawathugoda, and Wattala.

The success of the tills project was due to the hard work and commitment of the staff of the FundRaising Division.

The total income received for the period under review was Rs. 5,908,189/-.



Douglas Paranawithana

Head of Special Project/ Fundraising

Individual and Corporate Donors

Rs. 25.0 Mn. and above

The Estate of late Mr. S.C. Crossette
Thambiah

Rs. 2.5 Mn. and above

Darley Butler & Company
Simonas Trust Services (Pvt) Ltd.

Rs. 1.0 Mn. and above

Cargills Ceylon PLC
Mondottica Australia (Pty) Ltd.
coordinated by Mr Lalindra Perera
and Dr. Kulathunga Rajapaksa
Chairman Emeritus DSI Samson
Group

Rs. 500,000/- and above

Mrs. Priyanie Cooray
Mr. Sarath De Zoysa
JayKay Marketing Services (Pvt)
Ltd.
Lions Club of Jawatta Summit

Rs. 250,000/- and above

Asia Capital PLC
Ms. Rudrani Balasubramaniam
Mr. V.M.M. Bandara
Dialog Axiata PLC
Mrs. Srikanthi Fernando
Mr. J.S.K. Gunaratnam
Kanapathy Chetty Selvanathan
Charitable Trust
Mr. Dinesh Liyanage
Mr. Arjuna Nanayakkara
Mr. L. Perera
Mr. Sampath Ranasinghe
S.J.M. Travels
Sri Lanka Ports Authority
Mr. Pathmanathan Wijeyanand

Rs. 200,000/- and above

AIA Insurance Lanka Ltd.
Mr. Perakum Chandrapala
Dr. W.S.E. Fernando
Mr. Y.M.E. Fernando
Mr. D.S.K. Pathirana
Mrs. F. Peterson
Mr. A. Sangakkara
Seelanathakuruppu Trust
Mr. Christopher Walker

Rs. 100,000/- and above

Mr. & Mrs. Sonali & D. Abeysekara
Mr. Hemaka Amarasuriya
Mr. D.S. Arangala
Bandaranaike Memorial
International Conference Hall
(BMICH)
Ms. Sunethra Bandaranaike
Mrs. Asokamal Caldera
Mr. Saminda Chandraratne
Ms. Dilhara De Alwis
Mr. A.R. Gunasekara
Dr. (Mrs.) S.L. Gunatilleke
Mr. G.J.P. Gunawardena
Mr. H.D. Gunawardena
Mr. M.F.M. Ismail
Mr. D.G. Jayarathna
Mr. Kapila Lokuketagoda
Mr. Deepthi Naranpanawa
Mr. Saravanan Neelakandan
Omega Line Ltd.
Dr. L.A. Jagath Peiris
Mr. M.Y.C. Perera
Mrs. G.F. Perera
Mr. Sarath Piyaratna
Public Bank Berhad
Ms. Nirmala Pushpanathan

Mr. D.M. Ranasinghe
Mrs. Rasika Ranathunga
S.K. Wickramasinghe Trust (Gte) Ltd.
Mr. J. Selvaratnam
Senfin Asset Management (Pvt) Ltd.
Mr. & Mrs. Sarath Silva
Mr. T.C. Tilak Silva
Softlogic Supermarkets (Pvt) Ltd.
SPAR Sri Lanka (Pvt) Ltd.
Eng. R.S. Warusamana
Ms. Ruwanthini Weeratunga
Ms. Janaki Welagedara
Mr. Ranjan Wettimuny
Mrs. Rukmani Wijeyarathna
Mrs. Nanda Witharanage

Rs. 50,000/- up to Rs. 100,000/-

171 Restaurant, Maharagama
Mr. Thilana Abeysuriya
Mrs. W.M.N.N.K. Alagoda
Dr. (Mrs.) W.I.W. Amarakone
Mr. Bhathiya Amarakoon
Ms. I.U. Amarasena
Ms. S.N. Amarasinghe
Mr. E.M.K.B Ambanpola
Dr. K.L.E. Ameresekera
Prof. J.K.P. Ariyaratne
Automobile Association of Ceylon
Bank of Ceylon
Mr. D.A. Cabral
Ms. Sohil Captain
Cargo Boat Company Ltd.
Ceylon Tea Marketing (Pvt) Ltd.
Mr. W.M.J. Chandrasena
Cool Planet (Pvt) Ltd.
Dr. (Mrs.) Menaka De Silva
Dr. D. De Silva
Mr. Manjula De Silva

Mr. R.C. De Silva	Mr. S.E. Munasinghe	Rs. 25,000/- up to Rs. 50,000/-
Mr. U. De Silva	Mr. L.E. Murcott	Mr. & Mrs. W.S. & R.M. Abeynaike
Mr. W.A.D. De Silva	Mrs. S. Nadesan	Akbar Brothers (Pvt) Ltd.
Mr. Lal Dissanayaka	Perera & Sons Bakers Ltd.	Mr. D.C. Aluthge
Ms. Indu Dissanayake	Dr. D.L.S. Perera	Mr. H.P. Amandakoon
Dolomite Fertilizers (Pvt) Ltd.	Mr. S.T. Perera	Ms. D.B. Amarasinghe
E.W. Balasuriya & Company	Ms. M. Sharmila Perera	Ms. L.K. Ambanpola
Mr. A.T.P. Edirisinghe	Mr. W. Rohana Pradeep	Mrs. M. Andriesz
Ms. Subanie Ganga Ekanayake	Rajya Osusala	Mr. M. Angipura
Mr. T.D. Ekmon	Mr. P. Ravindran	Mr. Harendra Arampola
Mr. Gamini Fernando	Richard Pieris Distributors Ltd.	Mr. Sanjay Arampola
Mr. R.J. Fernando	Mr. Nigel Rozairo	Mrs. Sita Atukorale
Ms. Susan T. Fernando	S.T.C. Poverty Alleviation Fund	Mrs. S. Deepthini Baddage
Ms. T. Ruwanthi Fernando	Dr. Colvin Samarasinghe	Mrs. Sivaselvi Balachandran
Mr. Sam Galappaththige	Sarasavi Bookshops (Pvt) Ltd.	Mr. D.A.L. Balasuriya
Mr. H. Wimalasena Gamage	Mr. S. Selladurai	Mr. Gunadya Bandarage
Mr. J.N.G. Gonsal	Sen-Sal Outlets	Bristol Lanka Technologies (Pvt) Ltd.
Mr. D.M. Gunasekara	Sesame Senhora Tea Co. (Pvt) Ltd.	Mr. D.K. Chandrasekera
Mr. P.D. Gunawardena	Mr. Selladurai Sithambarampillai	Mr. & Mrs. U.P. De Alwis
Mr. Dhammika Hapuarachchi	Mr. W.M. Soysa	Ms. W.A.D.J. De Seram
Mr. R.W. Harley	Spring & Summer	Dr. Yassus De Silva
Mr. G.C. Hewadewa	Mr. K. Srikanth	Mr. H.I. De Silva
Mr. D.F.R. Jayamaha	Mrs. Maheshwary Subaramaniyam	Mr. H.M.J. De Silva
Mr. A. Ruwan Jayasinghe	Mr. Leelananda Sudasinghe	Ms. Duleeka De Silva
Mrs. Sheryll Jinasena	Suhanda Motors (Pvt) Ltd.	Ms. L.W. Bernadine De Silva
Kandy Textiles (Pvt) Ltd.	Mrs. S. Taldena	Mr. A. De Zoysa
Ms. L.A. Karunathilake	Mrs. Nirmali Thalagodapitiya	Mr. Sameera Dharshana
Mr. K.I. Kumaranayagam	Mrs. Chandani Thilakaratne	Mr. Rajenthiran Dhivaagarar
Mrs. D. Kumaranayagam	Mr. Gishan S. Thomas	Mrs. M.R. Dias
Dr. U.S. Kuruppu	Mrs. C.M. Vitharana	Mr. C.K.B. Dissanayake
Lions Club of Colombo 6 New Stars	Mr. Janak Weerakkody	Mr. Felix Fernadopulle
Mr. Saman Saliya Liyanage	Mrs. Rohini Weerasuriya	Mr. Angelo Fernando
Mr. T. Madigasekera	Mr. Susil Weeratunga	Mr. N.P. Nandun Fernando
Mr. A.M. Madugalle	Mr. U.I.P. Wickremaratne	Mrs. Dhakshini Fernando
Mrs. K.A. Mendis	Ms. Sharmini Wickremasinghe	Ms. Nishana Fernando
Mrs. M.C.V. Mendis	Mrs. P. Seetha Wijeykoon	Prof. R. Fernando
Mike Flora (Pvt) Ltd.	Ms. Gerty Willems	
Mr. & Mrs. R. Mudunkotuwa		

Mrs. David Foenander	Mr. Bandu Liyanagama	Ms. N.V.I. Ranatunga
Foundation of Goodness	Mr. W.A. Lovell	Mr. S.R. Rathnapala
Gagana Pharmacy	Mr. A.S. Mahendra	Mr. Ranjith Ratnasiri
Mrs. D. Gamage	Mrs. Lakmini Marassana Gedara	Mrs. D.C. Ratnayake
Mr. P.C.K. Gamage	Mr. B.L.M. Mendis	Dr. S. Ratwatta
Mr. Shirley Ganegoda	Mr. Zakwan Mohammed	Rotary Club of Colombo Uptown
Mr. N.K.W. Goonewardena	Mr. Mohan Molegoda	Mrs. M. Sangakkara
Mr. A.K. Gunaratne	Mrs. F.M. Moulana	Sawseth Atapirikara
Ms. Anoja Gunaratne	Mr. Chandralal Munasinghe	Mrs. D.V. Senanayake
Mr. Gamini Gunasekara	Mr. Ranjith Munasinghe	Mr. M.M.M. Senevirathne
Mr. P. Gunasekara	Mrs. R. Munaweera	Mr. S. Senevirathne
Mr. Asela Gunasekera	Mrs. M.D.M. Muthukuda	Mr. Saroj Silva
Ms. Lakmini Gunatilake	Mr. Chrishan Muthutantri	Singer Finance (Lanka) PLC
Mr. H.G. Guruge	Mrs. Priyanthi Nanayakkara	Mrs. S. Siriwardena
Mr. Ranjith Hemachandra	Dr. (Mrs.) Amitha Nandani	Mrs. W.J.D.S.P. Siyambalapitiya
Dr. H.D.B. Herath	Mr. T. Nandasiri	Supul Collection
Mrs. P. Herath	Mr. Priyath J.Neil	Dr. (Ms.) Chamila Talagala
Mrs. Manori Indraratne	Ms. Vino Noah	Ms. S.P.W. Vidasagara
Mrs. L.M.F. Jansz	Dr. Sarath Paranavithana	Mr. D.J. Wahalatantri
Mrs. L.W. Jayakody	Mr. Ajith Paranavithana	Mr. D.W. Wakista
Mr./Ms. R.A.S. Jayasekera	Mr. W.J. Peiris	Ms. Sandya Wanigalaarachchi
Mrs. Veena Jayasundare	Ms. N.A. Dilhani Perea	Mrs. S. Weerasekara
Mr. Chandaka Jayasundera	Past. Rodney Pereira	Prof. D.S. Weeraskara
Dr. N.V. Jayatilake	Dr. (Mrs.) W.R. Perera	Dr. V.P. Wickramasinghe
Mrs. R. Jayawardana	Mr. Surith Perera	Mr. Saliya Wickremesinghe
Mr. C. Geehan Jayawickrama	Mrs. J.H. Perera	Mr. W.B.M. Wijegunaratna
J-Cey Tea (Pvt) Ltd.	Mrs. M.S. Perera	Mr. H. Wijeratne
Mr. G. Jiwatran	Ms. Sarah Peterson	Mr. D.U.R. Wijesinghe
Mr. M.B. Kalawanegama	Ms. M.G.K. Warangi Piayasekera	Mrs. Nanda Withana
Mr. Shanaka Kanagasabey	Mr. K. Poobalasingham	Mrs. Peshali Yapa
Kandos Outlets	Ms. M.G.L. Priyadarshani	
Mr. M.K. Karunanayake	Property Development PLC	
Mr. Sarath Karunaratna	Pzza Hut	
Dr. L.C.G. Karunaratne	Mr. D.K. Rajapaksa	
Ms. H.S.D. Kirthisinghe	Mrs. G.V.S.S. Rajapakse	
Ms. Dushani Kugathas	Mr. & Mrs. Ajanthi &	
Dr. H.P. Kulasinghe	S.V. Ranasinghe	
Lanktrad International (Pvt) Ltd.	Mr. Shehan Ranasinghe	

FEATURES

Health Ministry receives free eye lenses

The Ministry of Health recently received Rs. five million worth foldable Intra Ocular eye lenses from HelpAge Sri Lanka (HASL) to be distributed among government hospitals countrywide.

According to a press release issued by Communication Manager –HelpAge Sri Lanka Ananda Kannangara Health Ministry Director General Dr. Asela Gunawardana accepted the eye lenses on behalf of the Health Ministry from the Executive Director HelpAge Sri Lanka Samantha Liyanawaduge. The lenses were donated following a request made by Ministry of Health's Vision 2020 programme National Coordinator Consultant Eye Surgeon Dr. Champa Banagala.

Liyanawaduge said a recent survey has revealed that many Sri Lankan elders who need cataract surgeries are

unable to undergo surgery at private hospitals due to the high cost and non-availability of lenses at Government hospitals.

This prompted HelpAge to provide these lenses to needy patients through countrywide Government hospitals, so that they can undergo surgery at the nearest hospitals.

He added that HelpAge also conducts about 15 to 20 free cataract surgeries almost every day at HelpAge Eye Hospital, Wellawatta, Colombo 6 for people aged over 55.

Dr. Gunawardana highly valued the donation and said that these lenses will be sent to countrywide hospitals in due course to expand the cataract surgery programme for disadvantaged older people.



Health Ministry Director General Dr. Asela Gunawardana receives eye lenses from the HelpAge Executive Director Samantha Liyanawaduge. Dr. Mrs. Champa Banagala and Consultant Eye Surgeon National Coordinator, Vision 2020 programme Dr. M.D.S. Gunathillake and Consultant Eye Surgeon, Focal Point for Cataract, Vision 2020 Programme and HelpAge, Programme Head Chaminda de Silva are also in the picture

Sunday, March 26, 2023 | [THE SUNDAY TIMES 2](#) |

HelpAge Sri Lanka receives Business World International Organization award

USA-based Business World International Organization (BWIO) recently awarded its 'Lifetime Achievers Award' to HelpAge Sri Lanka (HASL) Chairman Deshabandu Tilak de Zoysa, a well-known business personality and social worker.

HelpAge also received the 'Most Service Oriented Organization in Sri Lanka' for the third consecutive year for services rendered for elderly citizens in the country.

The awards were accepted by HelpAge Executive Director Samantha Liyanawaduge at the presentation ceremony held at Taj Samudra Hotel, Colombo.

HelpAge Executive Director Samantha Liyanawaduge highlighted the service rendered by HelpAge for vulnerable citizens and said it is engaged in several social services for elderly people living in every nook and corner of the country, free of charge.

He said HelpAge had so far conducted over 46,000 free cataract surgeries for those over 55 years at its state-of-the-art Eye Hospital at Wellawatta. He added that they also distributed dry rations and clothing to needy people.

Guest speaker Prof. Dr. Dietmar Doering congratulated HelpAge for assisting senior citizens improve their quality of life.



Former SL Navy Commander Dr. Bandula Wijemanne presenting the award to Samantha Liyanawaduge. Dr. M.A.Ajabbar, Senthil Thondaman, Prof. Rohan de Silva and Prof. Dietmar Doering are also in the picture.

හෙල්පේජ් සහ Give 2 Asia අසරණ වැඩිහිටියන්ට ආධාර බෙදයි

ඇමරිකාවේ ජාත්‍යන්තර ආයතනයක් වන Give 2 Asia සහ HelAge Sri Lanka ආයතනය කොළඹ, ගම්පහ, කළුතර, ගාල්ල සහ මාතලේ යන දිස්ත්‍රික්කවල කොවිඩ් - 19 හේතුවෙන් විපතට පත්වූ අසරණ වැඩිහිටියන් වෙනුවෙන් රුපියල් මිලියන 1.7 ක් වටිනා සෞඛ්‍ය ආධාර පසුගියදා බෙදා දෙන ලදී. Give 2 Asia ආයතනය ආසියාවේ රටවල් 23කට පමණ මෙවැනි ආධාර දෙන ආයතනයකි.

මේ අනුව එම දිස්ත්‍රික්ක පහේ ජීවත්වන අසරණ වැඩිහිටියන් හට අත් සෝදන දියර, මුඛ ආවරණ, මුහුණු ආවරණ, අත් ආවරණ, විසබීජනාශක දියර, සබන් ඇතුළු සෞඛ්‍ය ආරක්‍ෂණ ද්‍රව්‍ය බෙදා දී තිබේ.

හෙල්පේජ් විධායක අධ්‍යක්ෂ සමන්ත ලියනවඩුගේ මහතා පවසන පරිදි දැනට අඩු ආදායම්ලාභී වැඩිහිටියන් ලක්ෂයක් පමණ කොවිඩ් - 19 හේතුවෙන් විපතට පත්වී ඇත. එම ආයතනය විසින් ඔවුන් සියළු දෙනාටම ඉදිරියේදී ආධාර ලබාදීමට බලාපොරොත්තු වේ.

මෙහිදී අදහස් දැක්වූ Give 2 Asia ජාත්‍යන්තර ආයතනයේ ශ්‍රී ලංකා නියෝජිත ආරාධිත ද සේරම් මහත්මිය මෙවැනි කාර්යයක් කිරීම පිළිබඳව හෙල්පේජ් ආයතනයට ස්තූතිය පළ කළාය.

හෙල්පේජ් වැඩසටහන් කළමනාකරු වමින්ද ද සිල්වා මහතා සියලුම දිස්ත්‍රික් ලේකම්වරුන්ටද එම දිස්ත්‍රික්කවල ග්‍රාමිකයින්ටද



මහත්ම මහත්මීන්ටද ඔවුන් දෙන ලද සහයෝගය වෙනුවෙන් ස්තූතිය පළ කළේය. ඒ මහතා පවසනුයේ මින් ඉදිරියේදී දිවයින පුරා සිටින අසරණ වැඩිහිටියන් වෙනුවෙන් කොවිඩ් රෝගය සඳහා ප්‍රයෝජනයට ගනු ලබන විශේෂ සෞඛ්‍ය උපකරණ සහ වියළි ආහාර බෙදාදීමට කටයුතු කරන බවයි.

Give 2 Asia மற்றும் HelpAPage Sri Lanka கூட்டிணைந்து இலங்கையில் முதியோருக்கு உலர் உணவுப்பொருட்கள் விநியோகம்

San Francisco பிரதேசத்தைத் தளமாகக் கொண்டதும் 23 ஆகிய பசுபிக் நாடுகளில் செயற்பட்டுவருவதுமாகிய Give 2 Asia சர்வதேச நிறுவனம் இலங்கையில் Helpage உடன் கூட்டிணைந்து கடந்த 2022 நவம்பர் மாத்திலிருந்து 2023 மார்ச் வரையான காலப்பகுதியில் இலங்கையில் 10 மாவட்டங்களைச் சேர்ந்த 6000 க்கும் மேற்பட்ட முதியோருக்கு இரண்டு திட்டங்களின் கீழ் ரூ. 17 மில்லியன் பெறுமதியான உலர்உணவு பொருட்களையும் மற்றும் மருத்துவ உபகரணங்களையும் இலவசமாக வழங்கியுள்ளது.

இவ்வாறு Helpage Sri Lanka பிரதிநிதிகள் குறித்த காலப்பகுதியில் தெற்கு, மேற்கு, கிழக்கு சப்ரகமுவ, வடமத்திய மாகாணங்களைச் சேர்ந்த 26 பிரதேச

செயலகப் பிரிவுகளுக்கு விஜயம் மேற்கொண்டு தெரிந்தெடுக்கப்பட்ட முதியோருக்கு உலர் உணவுப்பொருட்களை வழங்கியுள்ளனர்.

இந்த நிவாரணப்பொருட்கள் வழங்கலில் மேற்படி 6000 க்கும் மேற்பட்ட முதியோர்கள் 10 கி கிராம் அரிசி, பருப்பு பெரிய வெங்காயம் மீன் டின், தேயிலை, சீனி, கோதுமை மா, உப்பு மற்றும் தேங்காய்ப்பால் ஆகிய பொருட்கள் அடங்கிய உலர் உணவுப்பொருட்களைப் பெற்றுக் கொண்டனர். அத்துடன் HelpAPage பிரதிநிதிகளால் 10 நடமாடும் மருத்துவ முகாம்கள் நடத்தப்பட்டு சுமார் 1800 முதியோருக்கு மருத்துவ பரிசோதனைகள் மற்றும் மராமரிப்பு சேவைகளும் வழங்கப்பட்டன.

HelpAge Korea partners HASL, distributes Rs. 12.7 Mn dry rations to elderly citizens

Ananda Kannangara

HelpAge Korea recently partnered with HelpAge Sri Lanka (HASL) to distribute dry ration worth over Rs. 12.7 million to underprivileged elderly people living in Galle, Gampaha, Moneragala and Hambantota Districts.

HelpAge Sri Lanka is one of the oldest Social Service Organizations, that also provides free cataract surgeries for underprivileged Senior Citizens in Sri Lanka.

The dry ration has assisted elders and their families who undergo hardships. The recipients received dry today essential dry rations.

In addition to dry rations other non-food products including soap, toothpaste, towels, mosquito nets, mats and personal protection



HelpAge Executive Director Samantha Liyanawaduge distributes dry ration to a recipient. HelpAge employee W.G. Padmakumara is also in the picture.

equipment (PPE) were also distributed among elders.

HelpAge Korea International Emergency Fund has been engaged in conducting charitable projects for elderly people in the Asian region during the past two decades and it has a network of over 20,000 donors in Asian

countries.

HelpAge Korea, Chairman Y. Cho who funded the distribution highly commended the programme and said his organization would like to extend similar distributions even in other countries, during this critical period.

HelpAge, Council Member

Nishantha Goonaratna estimates that there are over 100,000 less-privileged elderly people in the country, at present and steps will be taken to distribute similar dry ration packs to this vulnerable sector in the near future.

Executive Director Samantha Liyanawaduge highlighted the importance of helping less-privileged elderly citizens at this crucial juncture and profoundly thanked HelpAge Korea for making this donation.

HASL, Head of Programme Chaminda de Silva extended gratitude to the Divisional Secretaries in the respective districts for the support given towards this programme and stated that they have also planned to provide needy elders with kitchen utensils along with dry rations.

Friday, JULY 8, 2022

Daily News

Ananda Kannangara

A free mobile Medical and Eye Screening camp was conducted by HelpAge Sri Lanka (HASL) recently at the Sri Bopath Samadhi Damma Vidyalaya, Keeragala, Kuruwita in the Ratnapura District for 155 elderly people.

Seventy seven people underwent medical screenings and 78 elders received eye screenings. In addition elders were also identified as heart patients, for diabetes, hypertension, arthritis and cholesterol.

In addition, 27 elders were identified as cataract patients and directed to HelpAge Eye Hospital, Wellawatta for free

cataract surgeries while one patient was referred to the Ratnapura General Hospital. Fifty elders also received bifocal spectacles.

The one-day medical camp was sponsored by a Grandparent Programme and funded by HelpAge International and Age UK. HelpAge conducts around 60 Mobile medical camps every year under this programme. HelpAge, Council Member Deshamanya Nishantha Gooneratne distributed walking sticks, crutches and hearing aids during the event.

An awareness programme on Non-Communicable Diseases and mental health was also held.

HelpAge holds Free Mobile Medical Camp

HelpAge Executive Director Samantha Liyanawaduge said that there is a marked improvement in donations by people towards the HelpAge Mobile Medical and Eyecare Surgery Programmes.

He said that during the past 36 years HelpAge Hospital successfully completed over

43,000 free surgeries to restore the vision of elders.

Head of Programme Chaminda de Silva said that although HelpAge performs free cataract surgeries, a cataract surgery costs between Rs. 40,000 and Rs. 70,000 in private hospitals.

Friends Adult Diapers makes financial donation to enhance comfort of elders



Officials of Darley Butler 81 Company and HelpAge at the CSRevent

Friends Adult Diapers, marketed in Sri Lanka by Darley Butler & Company, noted in a statement that it continues to contribute towards enhancing the comfort of the elderly population.

The latest initiative of its ongoing corporate social responsibility (CSR) programme is to benefit this often neglected segment of society by making a financial contribution of over Rs. 2 million to HelpAge Sri Lanka on 16 March 2023. The donation was presented by Rasika Hirimuthugoda (CEO - Healthcare), G. Udayamohan (Head of Business Development), Kushan Buddhika (Trade Marketing Executive), Jinu Thomas (Assistant General Manager - Nobel Hygiene, India), and was accepted by Samantha Liyanawaduge (Executive Director), Chaminda De Silva (Head of Programme).

The donated amount was utilized for the equipment to facilitate the persons with

disabilities, and for the mobile medical camps focusing on rural areas. This was the fifth CSR initiative by Friends Adult Diapers to improve the quality of life for senior citizens.

To mark the corporate commitment of Darley Butler towards the elders, a financial contribution from each Friends Adult Diapers pack sold goes to HelpAge Sri as by Friends customers contributes towards senior citizens, enabling them to lead a better and more comfortable life.

The statement further noted that Friends Adult Diapers are manufactured by Nobel Hygiene, the largest manufacturer of disposable hygiene products in India. The company has two decades of experience and a state-of-the-art manufacturing facility spanning over 40 acres. It has received many international quality certificates including ISO 9001:2015, WHO GMP, and

European Standards CEO FRIENDS Adult Diapers are exported to over 20-plus countries including the USA, Australia, Netherlands, Kuwait, and Kenya.

In the past, Darley Butler together with its partner HelpAge Sri Lanka has carried out various CSR programmes focused on the elderly. These includes facilitating the equipment of the mobile bus for medical & eye care, conducting a virtuous celebration for the elderly community on Elders' Day, gifting 30 low-income earning elderly citizens "Detu Puravasi Suwasahana" allowance cards, which grants them full access to free medicine and the required medical services, and seminars to educate them about the value of the elderly whilst spreading a positive attitude amongst the masses about caring for them as well as a walk to celebrate the elders at Kalutara.

Underprivileged elders to receive free Cataract Surgeries from HelpAge

Ananda Kannangara

HelpAge Sri Lanka (HASL) has produced over 300,000 X'Mas and New Year greeting cards to collect funds to perform free cataract surgeries of underprivileged senior citizens in the country. HelpAge requests people who wish to contribute towards this free cataract surgery programme to purchase greeting cards for their friends and relations.

The greeting cards are adorned with colorful photographs, paintings and graphic designs which are embossed and foiled.

The cards are on sale at very affordable

prices in leading book shops including M.D. Gunasena, Vijith Yapa, Sarasavi, Unique Creations, Samudra and Sadeepa. Any underprivileged Senior Citizen who is over 55 years and wishes to have his/her Cataract Surgery free of charge could have it from HelpAge Eye Hospital, Wellawatte (Opposite Savoy Cinema). HelpAge requests

people to extend their support to this worthy cause like they did in previous years to improve the vision of underprivileged elders.

HASL Executive Director Samantha Liyanawaduge said free cataract surgeries are performed with the late technology and Intraocular Lenses (IOLs).



He said HelpAge has performed over 43,500 free cataract surgeries during the last 20 years.

Greeting cards are also available at HASL Head office at No. 102, Pemananda Mawatha, Raththanapitiya, Boraesgamuwa. For further details contact on 0112 803 752/53,54,

0114 926 358, 0114 926 948 and shopping cart www.helpagest.org

EVENTS/INTERNATIONAL

Sunday, October 23, 2022 | THE SUNDAY TIMES

HelpAge walk strengthens elders' talents

Ananda Kannangara

The annual Elders Walk organised by HelpAge Sri Lanka (HASL) with the Kalutara District Secretariat and the Kalutara Bodhi Trust at Kalutara town recently highlighted the importance of celebrating the International Day of old persons every year.

Over 500 elders between the ages of 60 to 85 participated in the walk which began from Kalutara Bodhi premises under the patronage of State Minister for Social Empowerment and Welfare

Anupa Pasqual, HASL Chairman, Deshabandu Tilak de Zoysa, Executive Director

Samantha Liyanawaduge and Colombo University Head of Demography Unit Prof Manori Weeratunga.

Addressing the meeting held at Kalutara District Secretariat Auditorium, State Minister Pasqual congratulated the elders who participated in the walk and reminded everyone of the invaluable contribution they made towards the country's development to date.

HelpAge Chairman Deshabandu Tilak de Zoysa said a rapidly ageing population is a challenge in today's world and reminded those present of the invaluable contribution and service rendered by elders to society.



Picture shows elders at the walk. HelpAge Executive Director Samantha Liyanawaduge is also in the picture.

HelpAge Executive Director Samantha Liyanawaduge said the objective of the walk was to refresh and strengthen the minds of elders and to raise awareness on issues faced by the ageing population. He also thanked Prof Weeratunga, the

students of the Demography Department, the Kalutara Bodhi Trust, the District Secretary and the staff for joining the walk.

The participant elders also displayed various cultural and entertaining programmes.

UNFPA: Prioritising ageing in times of emergencies

The rapid ongoing spread of COVID-19 continues to impact billions of lives around the world. The pandemic has also further exacerbated existing inequalities, pushing vulnerable populations deeper into poverty and into the hidden fringes of society, according to UNFPA.

Further, as an island nation, Sri Lanka is vulnerable to the rapid effects of climate change and extreme weather conditions. In 2010-2018, approximately 14 million people were affected by floods and 12 million people due to drought. Within this context, older persons form a significant part of society who are disproportionately affected

during emergency situations, the UN agency said in a media release.

Earlier this year, UNFPA entered into a partnership agreement with HelpAge Sri Lanka through the UNFPA Emergency Fund, to enhance the meaningful inclusion of older persons in disaster preparedness. Since Sri Lanka has the fastest growing ageing population in South Asia, with 1 in 5 Sri Lankans expected to be over the age of 60 by 2030, with the majority being women, this partnership focused on building the capacity of Senior Citizens Committees (SCC) in Galle and Matara to better design age-

responsive integrated disaster response plans factoring in the health needs of the communities, and gender-based violence that could occur during emergencies.

UNFPA Sri Lanka is also further strengthening the capacitated SCCs in Galle and Matara through the provision of essential equipment (Wheelchair Commode wheelchairs, Walking stick Air mattresses, Digital thermometers Folding beds, Emergency stretchers, BP meters (Electric), Glucometers, Walker Cooking Utensil sets and Folding mattresses) to ensure the needs and wellbeing of older persons are not overlooked in situations of emergencies.

SUNDAY 2 OCTOBER 2022 FOCUS/NEWS 

The annual Elders' Walk organised by HelpAge Sri Lanka (HASL) jointly with the Kalutara District Secretariat, the Kalutara Bodhi Trust, elders' societies, and the Kalutara District Senior Citizens' Federation to coincide with the International Day of Older Persons 2022 will commence from Kalutara Bodhiya premises on 5 October at 8:00 a.m. Over 500 elders aged 60-85 will participate in the event.

It will end at Kalutara District Secretariat premises at 10:00 a.m.

Commenting on the walk, HASL Chairman, Deshabandu Tilak de loysa said, a rapidly ageing population is a challenge in today's world and spoke about the valuable contribution and service rendered by elders to society.

HelpAge SL to hold Elders' Walk

HASL Executive Director, Samantha Liyanawaduge said this year's walk will be conducted under the theme 'Resilience of Older Persons in a Changing World'.

He said, the objective of the walk is to refresh and strengthen the minds of elders and also to raise awareness among society on issues faced by the ageing population and also their rights.

Participants will also hold various cultural and entertainment programmes during the walk to

delight onlookers.

HASL Head of Programme, Chaminda de Silva said a group of students attached to the Department of Demography, University of Colombo will join the walk and invite people to join the parade and extend their love and kindness to elders.

Elders will also take part in various activities and cultural programmes at Kalutara District Secretariat Auditorium following the Elders' Walk.

Other News



Receiving the Award for the Most Service Oriented Organization in Sri Lanka from The Business World International Organization of USA.



Donation received from the Estate of Late Mr. C.S. Crossette Thambiah



Awareness on HelpAge and NCD



New bus donation by Dr. P.N. Fernando and family



Economic Crisis Response Projects



Food distribution Madampagama Galle



UNFPA MahaOya



Give2Asia – Jaffna Dry Food Distribution



Economic Crisis Response Projects – Mr. Nishantha Gooneratne CM Distributing Dry Food Items at Sooriyawewa



Economic Crisis Response Projects – Mahaoya UNFPA 1



Economic Crisis Response Projects – Mr. Samantha Liyanawaduge Executive Director HASL

Mobile Medical and Eye Care Programme



International Day of Older Persons



We sincerely thank all our local and foreign donors who made donations in cash and kind to support the following Programmes:

- Ayurvedha Centre, Boralesgamuwa
- Community Development Programme
 - Corporate Appeal
 - Direct Mail Appeal
- Elders' Day Care Centre, Ratmalana
 - Eye Hospital, Wellawatte
- Flood, Landslides, Drought Relief and Rehabilitation Programmes
 - Greeting Cards Project
- Home Care Assistance Programme
 - Legacies
- Share As You Earn Programme
- Sponsorship for Cataract Surgeries
- Sponsorship for Mobile Medical Units
- Sponsorship for Special Projects
 - Till Collection
 - Youth Education

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Ceylon Secretarial Services Limited
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HelpAge Sri Lanka

How to get in Touch

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Please contact us to find out more about HelpAge Sri Lanka programmes and projects for the well-being of senior citizens of Sri Lanka.

HelpAge Sri Lanka

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Website : www.helpagesl.org

For enquiries about HASL contact the Officers listed below:

Head of Finance – Ext. – 19

Financial Information

Donations/Online Donations

Head of Human Resources – Ext. – 15

Training Centre – Reservation of Training Venue and Facilities

Free Ayurveda Services

Information about any Other Administrative Matter

Inclusion of HelpAge in your “Last Will”

Information and Publications

Library Facilities

Phone: + 94 11 741 8981

Head of Home Care and Training

Home Care Assistance Service

Home Care Training Assistants/Volunteer Training

Phone: + 94 11 280 3751, + 94 11 280 3761

Director, Youth Education Programme Ext. – 20

Youth Education Programme and Awareness
Programmes for the School Children

Training of Trainers (TOT) Programmes for Directors,
Principals and Teachers

Head of Special Projects/Fundraising – Ext. – 22 & 36

“HelpAge” Greeting Cards

Placement of Collection Tills

Donations in Kind

Corporate/Individual Donations

Sponsorship Support for Special Programmes

Sponsorship/Reservation of Mobile Medical Units
(MMUs)

Direct Mail Campaign

Pay Roll Giving Programme (SAYE)

Dialog Star Points Programme

Telephone: + 94 11 492 6358, + 94 11 492 6948

Facimile: + 94 11 430 0946

Head of Programmes Ext. – 12

Projects for Development of Community Based
Programmes

Senior Citizens Committees formation and capacity
Building

Foreign Donor – Funded Projects

Sponsor a Grandparent Programme

Projects for Development of Day Centres and Income
Generation Projects

Financial Assistance Programme for Livelihoods

Emergency Response Programmes

Any Other Donations

Telephone: + 94 11 318 1790

Head of HelpAge Eye Hospital

Appointments for Eye Clinics
Eye Hospital Services
Free Cataract Surgeries
Provision of other Eye Care Facilities
Donations for Eye Hospital
No. 14, Sinsapa Road, Wellawatte, Colombo 06
Phone: + 94 11 258 9450, 94 11 2555 759
+ 94 11 250 0056, 071 971 0071, 077 775 9071

Private Health Services Regulatory Council Registration
No. PHSRC/PH/130

Environmental Protection License No. 02895 (R 11)
Under National Environmental Act No. 47 of 1980

Head of H.P. Gooneratne HelpAge Elders Day Care Centre

Donations for Almsgiving
Donations for Day Care Centre
Sale of lamp Wicks, Envelopes and other products
No. 24, Dharmashrama Mw., Borupona Road, Ratmalana
Telephone : + 94 11 263 5566 , + 94 11 741 7571

Members of the Council

Deshabandu Tilak de Zoysa (Chairman)
Deshabandu A.M. de S. Jayaratne (Deputy Chairman)
Deshabandu (Mrs.) Jezima Ismail
Mr. Sanjeev Gardiner
Dr. (Mrs.) C.P. Banagala
Mrs. Anosha Subasinghe
Ms. Yasmin Raheem
Mr. N. Dias Jayasinha
Mr. Nishantha Gooneratne
Mr. Krishan Balendra
Mr. M.E. Wickremesinghe PC

Hony. Advisors

Dr. Leel Gunasekera
Mr. N.W.E. Wijewantha
Col. John Mayo OBE
Mr. John F. Pearson

Senior Management

Mr. Samantha Liyanawaduge (Executive Director)
Mr. Geethal Mendis (Director Youth Education)

Bankers

Bank of Ceylon
Commercial Bank
Hatton National Bank
Pan Asia Bank
People's Bank
Sampath Bank
Seylan Bank
Standard Chartered Bank

Secretaries

Ceylon Secretarial Services (Pvt) Ltd.,

Auditors

Wijeyeratne & Company, Chartered Accountants

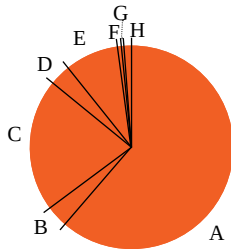
Our Legal Framework

Company Registration No. GA 545
Social Services Registration No. 11/4/1/590/86
Approved Charity Statute Notification Gazette No. 497 of 11.03.1988
Registration of Approved Persons and Organisations under Section 18 of the Protection of the Rights of Elders Rights Act No. 09 of 19.01.2000 – Registration No. NCA/0001/2002/WP
Registration of Voluntary Social Services/Non – Governmental Organisation under Voluntary Social Services Originations (Registration & Supervision) Act No. 31 of 1980 as amended by Act No. 08 of 1998 – Registration No. L.03214

Finance Division

The chart below represents the major areas of Fund Utilisation by the Company

Major Areas of Fund Utilisation



A	Community Development & Disaster Relief	61%
B	H.P. Gooneratne HelpAge Day Care Center and Ayurvedic Center Expenditure	4%
C	Eye Hospital	21%
D	Mobile Medical Unit	3%
E	Homecare Training Programme	9%
F	News Letters and Promotion Cost	1%
G	Disability Equipment	0%
H	Youth Education Programme	1%

In addition to the above we have also received donations and funds from the following:

- Donor Funded Projects
- HelpAge International
- Sponsor a Grandparent Programme (SaG)
- Global Emergency Fund through HelpAge International
- Donations to HelpAge Eye Hospital
- Donations from Legacies and Last Wills
- Jointly Funded Projects
- General/Corporate Donations
- Other Donations



Manjula Ediriweera
Head of Finance

The income for the year under review was generated through the following fundraising projects and services.

- Direct Mail Campaigns
- Special Projects
- Home Care Services
- Greeting Card Sales
- Till Collections
- Hiring of Training Centre Facilities
- Day Care Centre
- Direct Donations
- Share As You Earn (SAYE) Schemes
- Sponsorships for Mobile Medical Units (MMU)

Notes

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