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WHO WE ARE

HelpAge Sri Lanka (HASL) was established in 1986, following the first World Assembly on Ageing, held in Vienna in 1982. HASL's initial services and programmes were developed based on the 62 recommendations of the first World Assembly. This was followed by the United Nation's Principles on older persons' independence, participation, care, self-fulfilment and dignity declared in 1991. Programmes were further adapted in keeping with other UN Conventions such as the International Year of Older Persons in 1999. At present, HASL is developing policies in keeping with the recommendations of the Second World Assembly on Ageing, held in Madrid in 2002.

HASL counts over three decades of experience, working with vulnerable senior citizens of Sri Lanka and is committed to providing an invaluable service in improving health, eye care and well-being for needy senior citizens across the country. HASL also trains volunteers in home care to serve the needy elders. In addition, education programmes are conducted, especially among schoolchildren, to raise awareness on issues related to senior citizens.

The establishment of HASL is credited to Mr. H.P. Gooneratne and Mr. John F. Pearson of HelpAge International (HAI), who was in Sri Lanka on a fundraising mission for senior citizens. During the meeting, Mr. Pearson encouraged the Sri Lankan representatives at the meeting to establish an organisation, which was fully committed to matters pertaining to senior citizens of Sri Lanka.

The ultimate result of the meeting was the establishment of HelpAge Sri Lanka by Mr. Gooneratne, who became the Founder Chairman of the organisation. The first HASL office was set up in a small building with six staff members. From these small beginnings, HASL has now grown into an outstandingly successful non-government organisation that provides multiple services to destitute senior citizens to uplift their quality of life.

Registered under the Companies Act No. 17 of 1982 and re-registered under the Companies Act No. 07 of 2007 (GA 545), HASL was incorporated as a limited liability company. The Memorandum of Articles of Association of HASL was registered on 24 January 1986 and amendments were made later on 11 August 1986, 23 September 1999 and 26 November 2007. Subsequently, it was registered under the Voluntary Social Services Organisation Act No. 31 of 1980 as amended by the Act No. 08 of 1998 as a Voluntary Social Services Organisation (bearing No. 11/4/1/590/86). Thereafter, the newly registered HelpAge Sri Lanka was gazetted as an approved charity on 11 March 1998.

In 2010 HASL was privileged to be among the first of the sixty global affiliates to achieve "sister status" with HelpAge International (HAI) UK.

From 2004 onwards under the chairmanship of Deshabandu Tilak de Zoysa together with a band of dedicated Council members, HASL has been successful in its efforts to provide a better life for destitute older persons by ensuring that the services provided by HASL reaches the people who really need it.

Being a non-government approved charity organisation; HASL is committed to achieving and maintaining the highest standards of corporate governance through clear policies. HASL has supported the ageing population in Sri Lanka and provides a platform to highlight their needs, by working alongside government policy makers and regional and international organisations to ensure the needs of age inclusiveness in all spheres.

OUR VISION

"A WORLD IN WHICH ALL OLDER PEOPLE FULFIL THEIR POTENTIAL TO LEAD DIGNIFIED, ACTIVE, HEALTHY, AND SECURE LIVES"

OUR MISSION

"BY WORKING TOGETHER WE ENSURE THAT PEOPLE IN SRI LANKA UNDERSTAND HOW MUCH OLDER PEOPLE CONTRIBUTE TO SOCIETY AND THAT THEY MUST ENJOY THEIR RIGHT TO HEALTHCARE, SOCIAL SERVICES, AND ECONOMIC AND PHYSICAL SECURITY"

CHAIRMAN'S MESSAGE



HASL WAS FORTUNATE AND PRIVILEGED TO HAVE COMPLETED OVER 40,000 FREE CATARACT SURGERIES AT THE HELPAGE EYE HOSPITAL FOR NEEDY SENIOR CITIZENS OF SRI LANKA



During a time when the whole world faced a dramatically declining economy with all goods and services being affected beyond imaginable measure due to the COVID-19 pandemic, HASL was fortunate and privileged to have completed over 40,000 free cataract surgeries at the HelpAge Eye Hospital for needy senior citizens of Sri Lanka.

It is praiseworthy to record that our generous donors have given HASL an assurance by donating and ensuring their whole-hearted support during this crisis. HASL witnessed that during the pandemic, the donations received were significantly prolific- thus HASL was able to carry forward its promise and continue persevering to assist the disadvantaged elderly people of this country.

The donations given during the pandemic exceeded donations received earlier and HASL is grateful to its generous donors. Keeping these facts in mind, as the

Chairman of HASL, I am pleased to present to you the Annual Report and audited financial statements for the financial year, 1 April 2020 to 31 March 2021.

In spite of the limitations imposed by the pandemic, HASL has continued to maintain its lead position as an organisation that has reached out to assist 25% of the poorest older people by offering a range of services and implementing many outreach programmes. HASL's immediate concern during the period under review was to protect the health and safety, not only of its employees but also of its beneficiaries. The results achieved during this period will immeasurably help HASL to rethink its strategy to adopt new organisational methods to achieve its aims and objectives.

A UNIVERSAL PENSION FOR SRI LANKA – TACKLING POVERTY IN OLD AGE

The in-depth study on a universal pension for Sri Lanka was published by HelpAge International (HAI) over two decades ago with core funding support from Help the Aged, a leading member of HAI's global network. The study sets out a set of guidelines to tackle poverty in old age, which was envisaged to be rapid, needing immediate concentration and was based on analyses by national and international analysts and professionals. The study urges Sri Lanka to take immediate action as population ageing is a subject that should be of great concern to policy makers dealing with this issue as it is a matter of national importance.

For centuries informal arrangements such as intra-family transfers have been the primary source of old age income support, and is a fact even today. Current trends suggest that very few elders of South Asia's half a billion workers enter old age with a pension related to pre-retirement earnings.

According to the findings of the report, many countries both developed and developing have put in place universal pension schemes, and the first to do so was New Zealand in 1940. Since then, there have been many other countries as diverse as Mauritius, Nepal, Namibia, Bolivia and Kosovo, which have established universal pension schemes successfully.

The publication outlines the challenges with the existing pension schemes, highlighting low coverage and low benefit schemes in place, which are insufficient to provide income security in old age. Based on clear evidence from amongst a range of countries, the report identifies that the simplest and the most effective form of pension for countries with high levels of poverty and informal employment is, a universal non-contributory pension paid out of Government revenues to every older person upon reaching a specific age. According to the report, the benefits received should be equivalent to the poverty line and the qualifying condition for the pension would be the older person's citizenship.

It is HASL's responsibility to address the issues facing older persons with empathy and endeavour to find redress and solutions to the problems faced by all senior citizens of this country.

ACKNOWLEDGEMENTS

First and foremost, our sincere thanks go to our global network and partners, HelpAge International, Age UK, other affiliated organisations and all other international and national donors for their consistent support, which has helped HASL to serve the needs of this country.

We acknowledge the receipt of the magnanimous donation from the Thusitha Dhammika Thambugala Trust and wish to make special mention that HASL will ensure that the legacy is rightfully utilized for fulfillment of its mission in the lives of poor senior citizens of Sri Lanka.

My sincere gratitude goes to Ms. Yasmin Raheem and Ms. Anosha Subasinghe, honorary members of the Council for their untiring efforts in editing and compiling the HASL Annual Report this year too.

I wish to place on record our gratitude to Dr. Vijith Kannangara, Chairman of Smart Media, the Annual Report Company and his team for providing complimentary services in producing the HASL Annual Report during the past 13 years.

I am thankful to the partners of D.N. Thurairajah & Company, Ceylon Secretarial Services (Pvt.) Limited for continuing to provide complimentary secretarial services.

A special note of gratitude to the Executive Director, Mr. Samantha Liyanawaduge who cautiously and calmly faced the many unexpected challenges brought on by the COVID-19 pandemic and led the HASL team right through the pandemic. My thanks also go to all line managers and staff of HASL who supported and continued to serve HASL with commitment.

I greatly appreciate the contribution and commitment of Deshabandu Ajit Jayaratne, Deputy Chairman for finding the time to offer support whenever needed, especially in the financial management affairs of HASL. Mr. Nishantha Gooneratne and Mr. Nimal Dias Jayasinha, honorary Council members' contribution to the smooth functioning of the HASL head office and its programmes is greatly valued. The support of all other honorary Council members is also acknowledged with much gratitude.

The guidance extended by the honorary Council member, Dr. (Mrs.) C.P. Banagala, in relation to the functioning of the Eye Hospital is very much appreciated. HASL is greatly indebted to Dr. Jayantha Vidanapathirana, the consultant eye surgeon and his team of doctors at the Eye Hospital.

A big thank you to all our generous donors. The faith that HASL has in its donors is exemplified by their continuous financial assistance, which has helped HASL to accomplish its mission.



Deshabandu Tilak de Zoysa
Chairman
HelpAge Sri Lanka

EXECUTIVE DIRECTOR'S MESSAGE



**HELPAge SRI LANKA (HASL) AND
OTHER SUCH ORGANISATIONS
FOCUSING ON OLDER PERSONS
OWE IT TO THEM TO PURSUE
POLICIES AND PROGRAMMES
THAT HELP THEM MAKE IT
THROUGH THE CRISIS HEALTHY,
SECURE, AND HAPPY**



The COVID-19 pandemic has caused major disruptions the world over. While the pandemic has affected the entire population of Sri Lanka, it has had a disproportionate impact on the older generation. COVID-19 has claimed the lives of many persons in Sri Lanka and continues to threaten their health, livelihood and wellbeing. As at 31 March 2021, the impact of the pandemic on individuals 60 years old and above accounts for 75% of total COVID-19 deaths in Sri Lanka. Weaker immune systems with a high incidence of comorbidity among older persons are major factors. HelpAge Sri Lanka

(HASL) and other such organisations focusing on older persons owe it to them to pursue policies and programmes that help them make it through the crisis healthy, secure and happy.

HASL decided to cease all its activities from March to May 2020 in keeping with new health and safety regulations stipulated by the Government of Sri Lanka to businesses, organisations, educational institutes and other entities. The services of the HASL head office, the HASL Eye Hospital, the H.P. Gooneratne HelpAge Elders' Day Care Centre and the operation of the Mobile Medical Unit (MMU) were all affected by this decision.

From 12 May 2020 onwards, the HASL head office operated with a minimum staff and launched the direct mail campaign. The enthusiastic response from donors was extremely encouraging. On 29 October 2020, the Government issued yet another lockdown order and HASL ceased all activities.

The Eye Hospital was back in service on 6 January 2021 and the staff commendably strove to make up for the diminishing returns experienced during the lockdown continuously till the end of the period under review.

The two programmes not adversely affected were the Home Care Assistance Programme and the Direct Mail campaign. The tills programme achieved 75% of the targeted revenue.

Due to a variety of factors including the COVID-19 pandemic, the other HASL programmes could not achieve even 45% of the expected outcome. The Training Centre remained closed; the Youth Education Programme changed its prime objective of making youth aware of issues facing older persons and conducted a few awareness programmes for corporate staff instead and the Fundraising Division's greetings card project was equally affected. However, the result was far better than the 59% achieved during the FY 2019/20.

COVID-19 RAPID NEEDS ASSESSMENTS (RNAs) IN ASIA

HelpAge International (HAI) and partner organisations have conducted a series of rapid needs assessments (RNAs) to analyse both the primary and secondary impacts of the COVID-19 pandemic on older people around the world. In Asia, the RNAs have been conducted by community members in seven countries: Bangladesh, Cambodia, India, Myanmar, Pakistan, Philippines and Sri Lanka. In Sri Lanka a total of 1,135 older people have been interviewed between May and June 2020. 67% of the Sri Lankan respondents had at least one health condition and 77% of them had some form of disability. According to the RNAs, 77% of older people in Sri Lanka were concerned about their food, a regular source of income and health and wellbeing.

According to the HAI global network report, the following priorities were identified during the period of the pandemic:

- "Gather evidence about older people's situation during the pandemic.
- Rebalance health systems towards non-communicable diseases.
- Protect those with care needs, living in institutions or at home.
- Prioritise universal social pensions.
- Make emergency cash transfers accessible to all, including older people.
- Consider adding nuance to warnings of the pandemic's "risks to older persons" based purely on age."

ACKNOWLEDGEMENT

I would like to place on record, the assistance and support extended to HASL during this pandemic by HelpAge International (HAI), which is and always has been a beacon of hope in critical situations. HASL is grateful to HAI for the grants and financial support, which made it possible to assist the most vulnerable and needy elders of Sri Lanka.

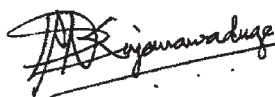
I acknowledge with deep gratitude, the guidance and advice received from the HASL Chairman, Deshabandu Tilak de Zoysa, particularly during the pandemic where his timely advice and assurance has been a source of strength in discharging my duties. The assistance received from the Deputy Chairman, Deshabandu Ajit Jayaratne is also acknowledged with thanks.

On behalf of all HASL staff, my sincere thanks go to one of HASL's most active Council members, Mr. Nishantha Gooneratne for his constant assistance, mainly in operational activities and management decisions. The cooperation extended by all other Council members who have either directly or indirectly assisted the HASL staff in very many ways is acknowledged with grateful thanks.

Our gratitude and thanks go to Council members, Ms. Yasmin Raheem and Ms. Anosha Subasinghe who repeatedly undertake the laborious task of editing and compiling the HASL annual report.

I wish to convey my deep gratitude to all donors who inspire and encourage HASL to serve better the senior citizens of Sri Lanka.

Last but not least, all members of the staff of HASL are commended for their commitment and contribution during the period under review when the COVID-19 pandemic ravaged the country. The HASL staff's drive, dedication and devotion has been truly exceptional and gives the institution courage to continue to make a real difference in the lives of the needy elders of Sri Lanka.



Samantha Liyanawaduge
Executive Director
HelpAge Sri Lanka

MEMBERS OF THE COUNCIL



- | | | |
|---|-----------------------------|-----------------------------------|
| 1. Deshabandu Tilak de Zoysa –
Chairman | 4. Mr. Sanjeev Gardiner | 6. Mr. N. Dias Jayasinha |
| 2. Deshabandu A.M. de S. Jayaratne –
Deputy Chairman | 5. Dr. (Mrs.) C.P. Banagala | 9. Mr. Nishantha Gooneratne |
| 3. Deshabandu (Mrs.) Jezima Ismail | 6. Ms. Anosha Subasinghe | 10. Mr. Krishan Balendra |
| | 7. Ms. Yasmin Raheem | 11. Mr. Maithri Wickremesinghe PC |



Seated (Left to right)

Mr. D. Paranawithana, Mrs. C.N. Ekanayake, Mr. G.C. Mendis, Mr. Samantha Liyanawaduge, Mr. M.S. Ediriweera, Ms. R. Batuwantudawa, Mr. M.S.C. de Silva, and Mr. A. Kannangara.

Second row (Left to right)

Mr. K.S. Karannagoda, Mr. J.B. Gunasekera, Mr. J. Karunasena, Mrs. G.D.C.D. Kumari, Mr. N.T.S. Kodikara, Mrs. S.P. Gamage, Mr. M.A.S. Dilshan de Silva, Mr. J. Rathnayake, Ms. R. Wickramanayake, Mr. C.D. Hewage, Mrs. S. Ekanayake, Mr. B.W.D. de Silva, Mrs. M.D. Galappatty, Mr. B. Nanayakkara, Mrs. P.P. Bulathsinghala, Mr. K.A.C. Thanuja, Mr. S.D.T.K. Lakmal, and Mr. S.G. Amarasinghe.

Third row (Left to right)

Ms. R. Sarah Chandran, Ms. S.D. Kaluarachchi, Mrs. C.P. Basnayake, Ms. A. W. M. Dilmini, Ms. A.A.S. Thishani Lakmini, Ms. P.V.U. Sasikala, Ms. J.A.I. Maduranga, Ms. T. Dedduwage, Mrs. R.K.D. Deepika, Ms. J.S. Wanniarachchi, Mrs. C. Jayawardena, Mrs. P.G.A.T. Gamage, and Mr. G.H.M. Ujjitha.

Fourth row (Left to right)

Mr. S.A. Shanthanalal, Mr. K.N.P.K. Silva, Mr. T.M.P.K. Tennakoon, Mr. M.D.S.D. Senanayake, Mr. K.C.W. Kumara, Mr. P.C.L.D. Vithanage, Mr. P.A. Geethanjana, Mr. G.D.C. Jayalath, Mr. M. Kalimuththu, Mr. A.G.U. Piyasiri, Mr. W.G.T.U. Padmakumara, Mr. W.E.R. Sepala, Mr. R.D.N. Ranasinghe, and Mr. K.D.K. Roshan.

Absent: Mr. C.B. Weerasinghe and Mr. I.G. Weerasinghe



HelpAge Eye Hospital

Seated (Left to right)

Mrs. W.G.V. Madushani, Dr. (Mrs.) H.M.P. Samarathunge, Dr. (Mrs.) K.K.A. Nandani, Mr. Samantha Liyanawaduge, Dr. J. Vidanapathirana, Dr. M.J.A. Jeza, and Mr. C.E. Fernando

Standing (Left to right)

Ms. W.S.S. Kulasuriya, Ms. H.K.D.M. Perera, Ms. P.P.K. Gayani, Mrs. O.K.D.S.A. Dissanayaka, Mrs. A.P.C. Ariyasena, Mrs. K.N. Gamage, Mrs. W.V.N. Ishani, Mrs. M.L.D. Pemalatha, Mrs. M.T.D. Fernando, Mr. B.P. Kolabaarachchi, Mrs. C.M. Wilpathage, Ms. B.M.G.M. Bandara, and Ms. M.R.E. Senevirathne.



H.P. Gooneratne HelpAge Elders' Day Care Centre

Seated (Left to right)

Mrs. R. Wijayaratne, Mr. S. Karunakaradasa,

Standing (Left to right)

Mrs. P.W. Chandralatha, Mr. W.M. Ranbanda



Home Care Division

Seated (Left to right)

Ms. M.H.A. Eranga, Mr. K.A.P. Ratnasiri, Mr. C.J.K. Senevirathne, Mrs. J.M.J.C.K. Jayasinghe, and Mr. K.L.W. Pathmasiri

Standing (Left to right)

Mr. O.P. Nandana Perera, Ms. M.K.H.U. Ranasiri, Ms. W.L.C. Chathuni Samadini, Ms. W. Suranjini Dilhanie and Ms. M.P.M.D. Morapitiya

PROGRAMME DIVISION



Chaminda de Silva
Manager – Programme Division

During the period under review, the Programme Division of HelpAge Sri Lanka (HASL) continued to implement several donor-funded projects focusing on enhancing senior citizens' living standards and especially, supporting vulnerable elders through many initiatives to safeguard them from the COVID-19 pandemic, which has become a major threat to their lives. The projects are as follows:

1. Sponsor a Grandparent Programme (SaG)
2. Other Financial Assistance Programmes for Livelihoods
3. UNDP Project – Livelihood Support to Resettled Communities in Kilinochchi and Mullaitivu
4. UNFPA Project – To strengthen meaningful inclusion of older persons including people with disabilities in emergency preparedness efforts in Sri Lanka

1. SPONSOR A GRANDPARENT PROGRAMME (SAG)

HelpAge International (HAI) and HASL has renewed the agreement to continue the SaG Programme for 2020/21 with a special focus on the COVID-19 pandemic situation. The programme commenced on 1 April 2020 with a total budget allocation of GBP 38,571. The following activities were conducted during the period under review:

1.1 CONDUCTING A NEEDS ASSESSMENT STUDY AMONG OLDER PERSONS DURING THE COVID-19 PANDEMIC AND ADVISING THE GOVERNMENT AND COMMUNITY SERVICE ORGANISATIONS ON THE NEEDS OF OLDER PERSONS

HASL conducted Rapid Needs Assessment studies (RNA) among 1,135 senior citizens in Gampaha and Weligama during the COVID-19 pandemic lockdown between 1 May and 30 June 2020. HASL's RNA report was shared not only with HelpAge International (HAI) but also with the following organisations:

- United Nations agencies – UNDP, UNFPA and UNICEF
- Save the Children
- Sri Lankan NGOs – Sarvodaya, Civil Society Collective for COVID-19 Response, People's Action for Free and Fair Elections (PAFFREL), National Peace Council, Sri Lanka Centre for Development Facilities and Women in Need

- Government Ministries – Ministry of Health and the State Ministry of Primary Health Care, Epidemics and COVID-19 Disease Control
- Provincial agencies – Divisional Senior Citizen's Consortia in Galle, Gampaha and Matara

1.2 SUPPORTING NEEDY ELDERLY TO OBTAIN FOOD AND PERSONAL PROTECTIVE EQUIPMENT (PPE) DURING COVID-19 LOCKDOWNS

Certain donors and donor agencies requested HASL to organise programmes in the Galle, Gampaha and Matara Districts to support elders who were affected by the COVID-19 pandemic. HASL provided 1,181 packs not only of dry food items but also of personal protective equipment (PPE) such as masks, gloves, soap and hand sanitisers to elders and their families to safeguard them from contracting COVID-19.

District	Divisional Secretariat	Number of Beneficiaries
Matara	Weligama	1,101
Galle	Galle Four Gravets	52
Gampaha	Divulapitiya	28
Total number of beneficiaries		1,181

HASL distributed these PPE packs to elders' homes, elders' day care centres and hospitals in the eight Divisional Secretariats (DS) as outlined below:

Location	Name of Institute	Number of Beneficiaries
Ambalantota	2 SCCs	150
Galle	Social Service Department, Southern Province	20
	Van Reeth Elders' Home	60
Kamburupitiya	Shakthi Rehabilitation Centre	48
	Karunaratne Wedihiti	
	Seth Sevana	50
Kataragama	3 SCCs	300
	District Hospital	250
	Elders' Home	50
	Office of the Medical Officer of Health (MOH)	300
Mulatiyana	Elders' Home	50
Rathgama	Wijayarathana Senior Citizens' Home	120
Thihagoda	Elders' Home	50

Location	Name of Institute	Number of Beneficiaries
Weligama	10 SCCs _____	800
	District Hospital _____	300
	Office of the Medical Officer of Health (MOH) _____	300
	Total number of beneficiaries _____	2,848

1.3 PROMOTION OF ELDERS’ RIGHTS AND ADVOCACY PROGRAMMES

- On 15 September 2020, an elders’ rights awareness programme was conducted in Ja-Ela where 50 elders participated
- The International Day of Older Persons’ Event, which was originally to be held on 6 October 2020 jointly with the Ministry of Social Services and the Divulapitiya Divisional Secretariat was cancelled due to the outbreak of COVID-19 in Divulapitiya
- 17 January to 30 March 2021

Advocacy and Rights Awareness Programmes in which 1,111 elders participated were conducted in Ambalantota, Colombo, Kataragama, Mulatiyana, Niyagama, Thihagoda, Weligama and Welivitiya Divithura.

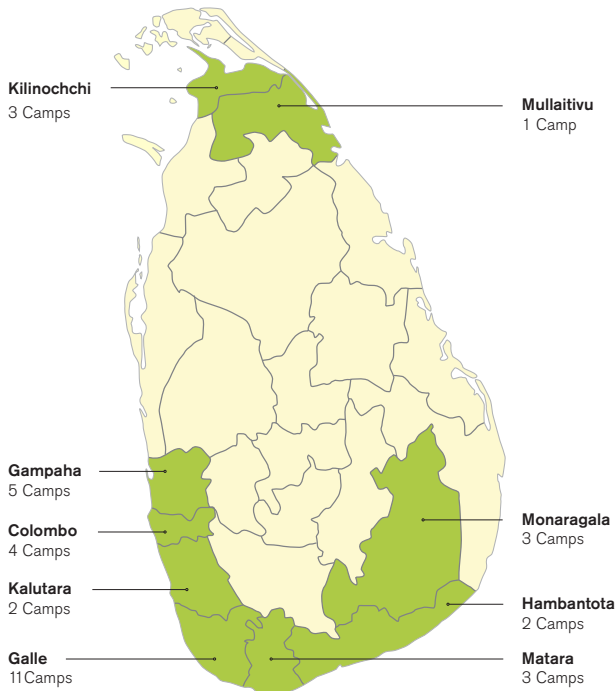
1.4 MOBILE MEDICAL UNIT (MMU) CAMPS

34 Mobile Medical and Eye camps (MMUs) were held in the Colombo, Galle, Gampaha, Hambantota, Kalutara, Kilinochchi, Matara, Monaragala and Mullaitivu Districts. The following activities were carried out by the MMUs during the period under review:

Activity	Number of Elders
• Eye screening _____	2,371
• Screening for medical issues _____	1,918
• Distribution of spectacles _____	1,760
• Identification of cataracts _____	561



MMU CAMPS CONDUCTED UNDER THE SAG PROJECT





1.5 COMMUNITY ACTIVITIES

(A) Community development project

A community development project to build the capacity of 445 leaders of 160 Senior Citizen Committees (SCCs) was implemented at the Ambalantota, Dehiwala, Divulapitiya, Kataragama, Weligama, Divisional Secretariats and at the HASL head office premises during February to March 2021. The training programmes were on advocacy and rights, bookkeeping, fundraising, good governance and management.

(B) Distribution of relief items in the Southern Province

HASL provided food items and PPE packs for 953 elders in the Galle and Matara Districts for the following elders' homes, day care centres and Divisional Secretariats:

Location	Name of Institute	Number of Beneficiaries
Kurundugaha	Elpitiya Elders' Home	68
Matara	Elders' Home	50
Niyagama	Divisional Secretariat	300
	Elders' Day Care Centre	50
	Elders' Home	35
Thihagoda	SCCs	120
Weligama	Ariyadasa Elders' Home	30
	District Hospital	300
Total number of beneficiaries		953



Donation of PPE kits to Weligama District Hospital funded by the SaG Project

(C) Psychosocial well-being

The Programme Manager spoke on psychosocial well-being to 363 elders at the following locations on the following dates:

Location	Date
Divulapitiya	21 September 2020
Matara	24 September 2020
Ambalantota	15 January 2021
Kataragama	16 February 2021

(D) Livelihood support

On 27 August 2020, livelihood support programmes were conducted by the Programme Manager at the Weligama DS division for 64 SCC leaders from 5 SCCs to enhance the elders' financial and managerial skills.



Distribution of Livelihood equipment in Mullaitivu funded by the UNDP project

(E) Donation of assistive devices for vulnerable elders

Wheelchairs, crutches, walking sticks, and hearing aids etc., were distributed to 31 disabled elders who were identified by the SCCs in Matara, Galle and Gampaha Districts throughout the period under review.

(F) Establishment of day care centres

On 29 and 30 March 2021, two new elders' day care centres were established, respectively in the Niyagama and Weligama DS divisions in the Southern Province benefiting around 100 needy elders.

(G) Awareness programmes on COVID-19

HASL conducted awareness programmes on the COVID-19 pandemic to 1,317 elders at the following ten locations during the period 22 December 2020 to 31 March 2021:

- Galle – Van Reeth Elders' Home
- Kamburupitiya – Karunaratne Wedihiti Seth Sevana
- Kamburupitiya – Elder' Day Care Centre
- Kamburupitiya – Shakthi Rehabilitation Centre
- Kataragama – Elders' Home
- Kurundugaha – Elpitiya Elders' Home
- Niyagama – Elders' Home
- Rathgama – Wijerathna Elders' Home
- Thihagoda – Elders' Home
- Weligama – Ariyadasa Elders' Home

Posters depicting good hygiene practices were distributed to Divisional Secretariats, elders' homes and SCCs.

1 January 2021 to 31 March 2021

Awareness programmes were also conducted on COVID-19 and health guidelines simultaneously with 34 MMU camps held in the Colombo, Galle, Gampaha, Hambantota, Kalutara, Kilinochchi, Matara, Monaragala and Mullaitivu Districts.

(H) Elders' livelihood development project

28 July 2020

Home gardening programmes were conducted for 300 elders from 30 SCCs in the Weligama DS division during which toolkits and seed packs were also distributed to encourage senior citizens to endeavour to grow their own vegetables and fruits in their own home gardens. HASL has observed that some elders used the harvests for their own consumption while others have sold their harvests in the retail markets.



Home Gardening beneficiary of the SaG Programme

(I) SaG's loan scheme for needy elders

358 new loans for beneficiaries in 35 Senior Citizen Committees (SCCs) were provided in the Colombo, Galle and Matara Districts. The total disbursement during this reporting period was Rs. 3,585,000/- and repayments were followed up.

The livelihood sectors that were financially assisted were in the following sectors: carpentry, dressmaking, food industry, home gardening, handicraft production, lamp wicks, pottery industry, retail shops, dry fish sales, fruit and vegetable cultivation. During the period under review, a total of 1,575 elders in 126 SCCs in 10 districts directly benefited and 6,300 persons indirectly benefited from this programme.

2. OTHER FINANCIAL ASSISTANCE PROGRAMMES FOR LIVELIHOOD

(A) BERENDINA MICROFINANCE INVESTMENT COMPANY LIMITED (BMIC)

BMIC issued 86 new loans to 1,282 elders using funds provided by HASL in the following areas: Aranayaka, Bulathkohupitiya, Dehiowita, Galigamuwa, Ginigathena, Horowpathana, Ipalogama, Kahatagasdigiliya, Kotmale, Kuchchaveli, Madyama Nuwara Gampalatha, Mawanella, Serunuwara and Thirappane. The financially assisted livelihood sectors were animal husbandry, carpentry, tea and rubber cultivation, vegetable and fruit farming, dressmaking, fisheries, poultry, retail shops and welding.

(B) EXPOLANKA HOLDING PLC (EHP)

EHP granted 14 loans to members of the Putupagala SCC in the Dompe DS division, Gampaha and an additional 20 loans to the Homagama DS division, Colombo. 216 senior citizens received livelihood assistance loans totalling Rs. 1,740,120/-.

3. UNDP PROJECT – LIVELIHOOD SUPPORT TO RESETTLED COMMUNITIES IN KILINOCHCHI AND MULLAITIVU FROM 26 DECEMBER 2019 TO 30 NOVEMBER 2020

The main activities of the UNDP Project were:

- Capacity building of community-based organisations (CBO) in selected resettlement areas in the Kilinochchi and Mullaitivu Districts
- Provision of livelihood support to selected beneficiaries in the Pachchilapalli DS division in the Kilinochchi and Maritimappattu DS division in Mullaitivu
- Construction and repairing of drinking water wells in the Pachchilapalli DS division
- Building capacities of government officers in selected DS areas

During the period under review, a UNDP funded project focusing on elders and their immediate families was implemented with the assistance of the relevant DS offices. The following activities were organised:

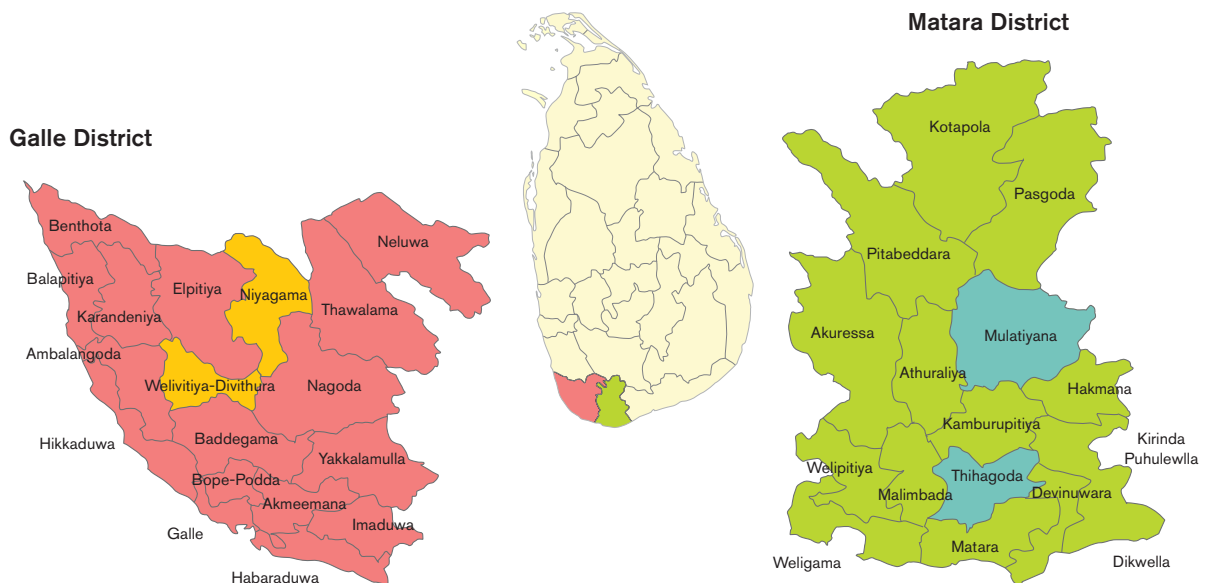
- Provision of plants, seeds and basic tools for home gardening for 90 beneficiaries.
- Assessment of 32 CBOs at DS level.
- Conducting three training programmes on home gardening.
- A business plan training programme for 88 beneficiaries.
- A survey to identify the possibility of marketing products made by women entrepreneurs.
- Rapid Needs Assessments (RNAs) for 88 returnees.
- A staff capacity development training programme on good governance for government officers.
- Construction and repairing of wells.
- Identification of 98 beneficiaries for livelihood assistance.
- Provision of compost bins for 77 beneficiaries.
- Completion of seven public awareness programmes for DS staff on documentation, land registration procedures, child abuse and women abuse referral systems, the National Secretariat for Elders (NSE) and allied Social Service Department activities.
- Strengthening of 23 CBOs in capacity building, financial management, communication, good governance, leadership and basic proposal writing.
- Implementation of training programmes on financial management for female restaurant owners.

4. UNFPA PROJECT – TO STRENGTHEN MEANINGFUL INCLUSION OF OLDER PERSONS INCLUDING PEOPLE WITH DISABILITIES IN EMERGENCY PREPAREDNESS EFFORTS IN SRI LANKA

UNFPA collaborated with HASL to strengthen the meaningful inclusion of older persons, especially during emergency preparedness efforts. The project was conducted from 12 January to 31 March 2021 with a total budget of Rs. 8.1 Mn.

A Disaster Risks Reduction Project (DRR) of the following activities was implemented in the Galle District in Welivitiya Divithura and Niyagama and in the Matara District in Thihagoda and Mulatiyana:

TO STRENGTHEN MEANINGFUL INCLUSION OF OLDER PERSONS INCLUDING PEOPLE WITH DISABILITIES IN EMERGENCY PREPAREDNESS EFFORTS IN SRI LANKA



No.	Activity Description	Locations	Beneficiaries Participants	Duration
1.	Twelve training programmes for SCC leaders on Disaster Risk Reduction (DRR), ageing, gender-based violence (GBV) and sexual reproductive health (SRH)	Welivitiya Divithura, Niyagama, Thihagoda and Mulatiyana	186	17 January 2021 to 28 February 2021
2.	Four awareness programmes for officers of selected community service organisations	Welivitiya Divithura, Niyagama, Thihagoda and Mulatiyana	160	15 to 19 March 2021
3.	Four capacity building programmes for government staff of Divisional Secretariats	Welivitiya Divithura, Niyagama, Thihagoda and Mulatiyana	160	1 to 28 March 2021
4.	An early warning communication system was put in place, especially for leaders of senior citizen groups and their communities	Welivitiya Divithura, Niyagama, Thihagoda and Mulatiyana	240	17 February 2021 to 30 March 2021
5.	Two five-day awareness programmes on GBV and resilience home care were held to address the protection needs of older persons during disasters and post-disasters' situations.	Galle and Matara District	70	21 to 25 February 2021 (Galle) 15 to 18 March 2021 (Matara)
6.	Four training programmes on rescue and protection	Welivitiya Divithura, Niyagama, Thihagoda and Mulatiyana	160	10 to 31 March 2021



HelpAge Eye Hospital
Cataract Surgery in Progress



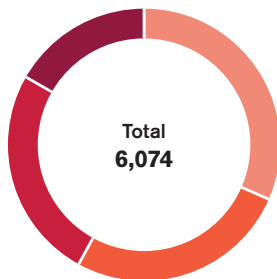
Lakshman Amaratunga
Manager – Eye Hospital

The period under review posed serious challenges to the regular functioning of the Eye Hospital due to the COVID-19 pandemic. Routine medical examinations and surgeries were suspended for a total of seven months from March to July 2020 due to the first wave and again from October to November 2020 due to the second wave of the pandemic.

The safety of all elderly patients was considered a key factor for the closure of the Eye Hospital as most, if not all are underprivileged elderly citizens from various parts of the country and are therefore more vulnerable to the COVID-19 virus. From November 2020 to March 2021, a limited number of surgeries was performed and in late March 2021, the number of surgeries was increased.

The total number of patients who benefited during the period under review is shown below:

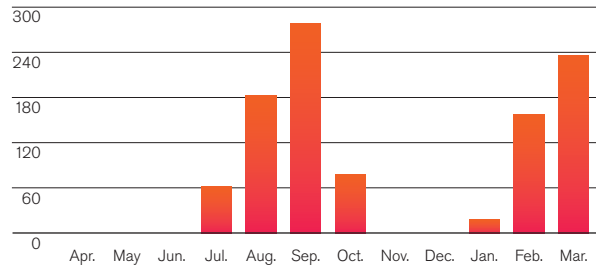
Total Number of Medical Examinations



New Patients	1,917
Patients with Investigations	1,605
Post Operative	1,537
Surgeries Performed	1,015

The following graph illustrates the number of surgeries that have been performed per month during the period under review:

Number of Surgeries Conducted per Month for 2020/21 (No.)



IMPLEMENTATION OF JAPANESE 5S SYSTEM AT THE EYE HOSPITAL

During the non-working period from 12 October 2020 to 5 January 2021 due to the second wave of the COVID-19 pandemic, the Japanese 5S system was introduced to the Eye Hospital to help improve work productivity, resulting in lower costs and higher efficiency.

INTRODUCING A NEW METHOD OF ADMISSIONS

A significant change in the method of admitting patients came into effect in January 2021. The existing method of patients' registration was changed so that patients no longer waited for many hours in long lines. The new method introduced was for the Eye Hospital to reserve a specific day for each patient for which information was conveyed to the patient on the telephone or in the case of a person lacking a telephone, by registered mail. This eliminates the necessity for the patients to arrive at the hospital the day before to ensure a place in the queue. Additionally, each patient and accompanying carer or guardian were allocated name tags. This eliminated outsiders congregating at the hospital premises and thus avoiding unnecessary congestion. Social distancing was also practised.



EXTENDING THE ISLAND-WIDE NETWORK

From February 2020 onwards, HASL in collaboration with the National Secretariat for Elders, advised all Divisional Secretaries island-wide to inform elders living in their administrative districts who needed cataract surgeries to visit the HASL Eye Hospital where cataract surgeries will be performed free of charge.

RELIGIOUS ACTIVITIES

BUDDHIST RELIGIOUS CEREMONY

On 8 January 2021, a Buddhist priest preached a Buddhist sermon and conducted a special Buddhist chanting ceremony (pirith).



CATHOLIC RELIGIOUS CEREMONY

On 21 January 2021, a Roman Catholic priest blessed the hospital, its staff and patients and delivered a sermon on good religious practices. All members of staff of the Eye Hospital irrespective of their faith participated in the service.



CELEBRATING INTERNATIONAL DAY FOR WOMEN

On 12 March 2021, the International Day for Women was celebrated at the Eye Hospital. A wall fan was donated to Ven. Kemani Nanda of Sri Sumithraramaya in Pamankada, Colombo 6 by the staff of the Eye Hospital.

ISLAMIC RELIGIOUS CEREMONY

A Muslim religious leader delivered a lecture on Islam. He touched on several areas of concern regarding the myths surfacing among persons of other religions regarding Islamic religious activities.





HelpAge Eye Hospital
Eye Screening in Progress

Employees are recognised as the most important resource in any institution. In the month of March 2021, a programme was carried out by HASL to improve the morale of the employees.

On 25 March 2021, Mr. L.W. Sarathchandra, Fire Consultant and Trainer, former Chief Instructor, Sri Lanka Air Force conducted an awareness programme on facing emergency situations to all staff members of the Eye Hospital. The programme also included aspects of fire-fighting.



Mr. V.K. Wijesena, a disabled patient showed his appreciation by producing a painting after his eyesight was restored by a cataract operation successfully performed at the Eye Hospital. Mr. Wijesena's eldest son also expressed his gratitude to all the staff at the Eye Hospital for treating his father with courtesy and consideration when he underwent his cataract operation.



DONATIONS

The Eye Hospital received a total of Rs. 998,000/- during the period under review. The following persons who visited the hospital made the following contributions:

- Dr. P.N. Fernando visited the Eye Hospital on 24 March 2021 and donated Rs. 500,000/- to fund partially, the replacement of the foot control unit of the Phaco Emulsification Machine.
- Members of the Rotary Club of Colombo West visited the Eye Hospital on 31 July 2020 and donated Rs. 304,500/- to be used for 26 cataract surgeries.
- Mr. Anura Senarath Yapa and family donated Rs. 52,500/- on 30 June 2020 to be used for five cataract surgeries.
- Many other donations amounting to a total of Rs. 141,000/- were made by other donors and well-wishers.





Nelum Ekanayake
Head of Human Resources

The Human Resources Division (HR) is responsible for managing the human resources within the organisation. The HR division also organises events held at the head office, the Eye Hospital, the H.P. Gooneratne Elders' Day Care Centre and the Home Care and Programme divisions. In addition, logistics, security, publicity, the Training Centre facilities and the HASL Ayurvedic Centre are other areas, which come within the purview of the HR division.

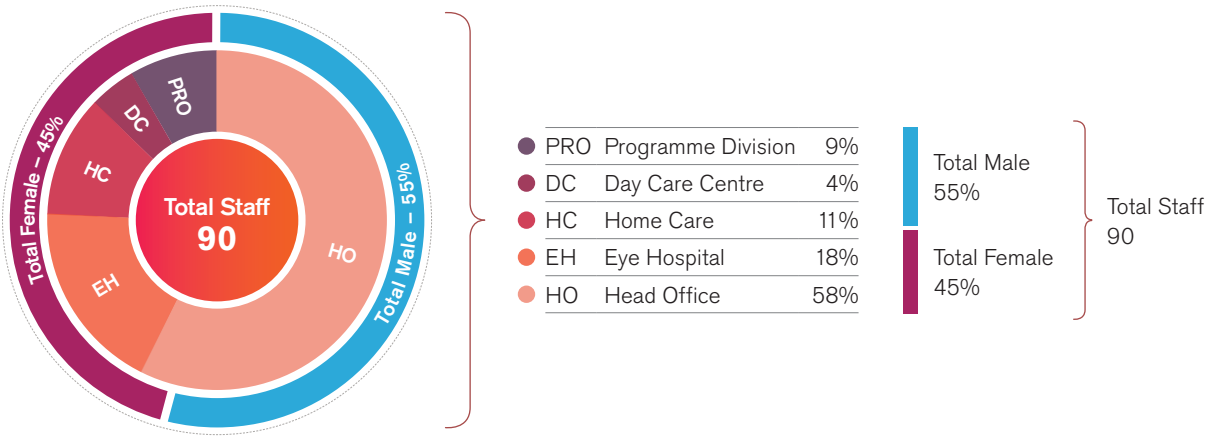
During the period under review, the HR division widened its scope of responsibility in order to adapt to the new restrictions imposed by the COVID-19 pandemic. Health and safety measures were the newest responsibilities of the HR Division. Employee wellbeing, workplace safety, public health and redesigning of facilities were important issues that were also addressed.

When reporting for duty in person, staff members of the HR division ensured that they worked under strict health guidelines imposed by the Government. The health guidelines were imposed not only in the head office but also in the Ayurveda Centre, the Eye Hospital and the Elders' Day Care Centre.

STAFF CADRE STATISTICS

To demonstrate an example of the distribution of human capital at HASL, the staff cadre statistics for September 2020 are given below, and shows that HASL employed 55% males and 45% females in its operations.

HASL STAFF CADRE



Please note that the following divisions operate from the head office: Human Resources and Administration, Finance, Training Centre, Fundraising, Special Projects, Youth Education Programme (YEP) and Programme division.

The two different staff types at HASL are given in this table:

Staff Type	Number of Members
Permanent Cadre	40
Fixed Term Contracts	50
Total Staff Strength	90

APPOINTMENTS AND RESIGNATIONS

There were 10 new appointments, 12 resignations and two layoffs during the period under review.

PERIODS OF CLOSURE

APRIL 2020

- The head office, the Eye Hospital and Day Care Centre were closed.
- Service contracts were revised by way of proportionate salary deductions.

SEPTEMBER 2020

- The Eye Hospital and the Ayurvedic Centre were closed.

29 OCTOBER TO 9 NOVEMBER 2020

- The head office, its allied divisions and the Eye Hospital were closed following a Government communique on travel restrictions/lockdowns due to the second wave of COVID-19.

FUNCTIONING PERIODS

MAY 2020

- Adjusted office hours were from 10.00am to 4.00pm.
- Free disinfection services were carried out by Esco Lanka Services (Pvt) Ltd.
- The staff worked on a roster basis and the number of staff on duty was maintained at below 50% of the overall total.
- The direct mail campaign and cross functional work were conducted with a few staff members.

JUNE 2020

- The new office hours were 9.00am to 4.00pm and the staff's work schedules were similar to those as in May 2020.

JULY 2020

- 100% attendance was restored at the head office, the Home Care Division and the Eye Hospital.
- Reinstated payment of total staff salaries.

15 NOVEMBER 2020

- The head office started to operate like it did before the pandemic. However, COVID-19 health guidelines were imposed by the Government.

JANUARY 2021

- The Eye Hospital was reopened to the public on 6 January 2021.
- The Elders' Day Care Centre was reopened on 25 January 2021.

STAFF WELFARE AND TRAINING

3 SEPTEMBER 2020

- A sale of electrical, electronic and household items was organised by Samarasiri Electronics (Pvt) Ltd, Maharagama for the benefit of the staff. An easy payment scheme was also arranged.

3 SEPTEMBER 2020 AND 9 SEPTEMBER 2020

- The HR policy roll out sessions were carried out for the benefit of staff.

30 SEPTEMBER AND 19 OCTOBER 2020

- Newly recruited staff members were taken on a familiarisation tour to the HASL Eye Hospital, the HASL Ayurvedic Centre and the Elders' Day Care Centre to make them aware of HASL's services to needy elders.

1 JANUARY 2021

- The traditional New Year celebrations were cancelled in view of the pandemic and a special holiday was declared instead, allowing the staff to enjoy the special day with their own families.

26 JANUARY 2021

- Mr. S.P.K. Wijesooriya, the Public Health Inspector (PHI) for Raththanapitiya visited the HASL head office for an inspection and advised the staff regarding health regulations and other precautionary measures to combat the COVID-19 virus.

3 FEBRUARY 2021

- Two in-house training sessions were conducted on communication and the Microsoft Excel programme.

8 FEBRUARY 2021

- Dr. (Mrs.) Enoke Liyanage, the Medical Officer of Health (MOH), Boralessgamuwa visited the head office. She endorsed the health regulations being followed and advised on the present conditions of the pandemic and ways and means of contamination and prevention.

25 FEBRUARY 2021

- A special meeting was organised to felicitate and bid farewell to six staff members who left the services of HASL having served for more than 5 years.



Farewell to staff who served HASL over five years

23 FEBRUARY 2021

- 21 staff members were vaccinated against COVID-19 at the Colombo South Teaching Hospital, Kalubowila.



Staff immunisation programme against COVID-19

25 MARCH 2021

- A fire drill and a special training programme in effectively facing an emergency situation was conducted by Mr. L.W. Sarathchandra, Fire Consultant and Trainer, former Chief Instructor, Sri Lanka Air force.

**30 MARCH 2021**

- A special lecture on work-life balance was delivered by Dr. Kanthi Hettigoda, chartered clinical psychologist/ the Lieutenant Commander of the Sri Lanka Navy.

MEDICAL INSURANCE SCHEME

55% of staff members joined HASL's medical insurance scheme. Insurance benefits for hospitalisation were available under two schemes: one up to Rs. 75,000/- and the other up to Rs. 100,000/-.

COMMUNITY ACTIVITIES**26 JUNE 2020**

- Essentials were distributed to elders affected by COVID-19 in the Weligama District by 22 staff members.

5 AUGUST 2020

- In keeping with Government regulations, staff were granted leave to vote at the general elections.

3 SEPTEMBER 2020

- A Buddhist sermon was delivered at the HASL Thilaka Siriwardena Ayurvedic Centre in remembrance of its donor, the late Mrs. Thilaka Siriwardena.

19 OCTOBER 2020

- A COVID-19 Task Force was established and the Executive Director addressed all staff members on the health regulations to be followed.

1 DECEMBER 2020

- The HASL head office was decorated for Christmas with decorations that were handmade by the HASL staff.
- Since the Eye Hospital was closed due to the COVID-19 pandemic situation, the staff of the Eye Hospital assisted in the direct mail campaign and also helped to make Christmas decorations.

10 DECEMBER 2020

- In commemoration of the 17th death anniversary of the founder Chairman of HASL, the late Mr. H.P. Gooneratne, a Buddhist sermon was delivered by Ven. Ratmalana Pangnajeewa Thero, the Chief Incumbent of the Gangodawila Sunethradevi Pirivena.

10 DECEMBER 2020

- Educational grants were distributed to 25 children of HASL's long standing staff members by the Mr. and Mrs. H.P. Gooneratne Charitable Trust.

31 DECEMBER 2020

- HASL staff members participated in a Buddhist ritual (a bodhi pooja) at the Gangodawila Sunethradevi Pirivena.

DONATION OF ASSISTIVE DEVICES

During the period under review, the following assistive devices worth Rs. 718,540/- were donated to the disabled needy older persons through generous donations received from donors and the funds allocated by HASL:

Air mattresses	8
Commode chairs	13
Crutches	3
Elbow clutches	15
Hearing aids	14
Quad sticks	6
Walking frames	8
Wheelchairs	23

TRAINING CENTRE

As a result of the COVID-19 pandemic, the Government-initiated health and safety regulations were strictly adhered to not only to protect the staff of HASL but also to safeguard those who hired the facilities.

Although Government regulations allowed 50% of the capacity to be utilised, the Training Centre was unable to be hired to the regular clients who had hired HASL earlier facilities. Most clients were unable to visit the premises due to the continuing travel restrictions/lockdowns – thus the hiring of facilities were at an all-time low during the period under review.

In spite of the COVID-19 restrictions, the following institutes hired the HASL Training Centre during the period under review:

- AIESEC in University of Moratuwa
- Berendina Micro Investments Co. Ltd.
- Breakthrough Business Intelligence

- Dewy Management Consortium (Pvt) Ltd.
- Disability Organisations Joint Front
- Employers' Federation of Ceylon
- Independent Television Network Ltd.
- National Cancer Control Programme of the Ministry of Health
- National Youth Services Council
- Paltra Guarantee Ltd.
- Past Pupils' Association of Central College, Welimada
- People's Action for Free and Fair Elections (PAFFREL)
- Prosoft Operations Solutions
- Sejaya Micro Credit Ltd.
- Sparkwinn Research
- Sri Lanka Central Federation of the Deaf
- Sri Lanka Foundation for the Rehabilitation of the Disabled
- The Nielsen Company Lanka (Pvt) Ltd.
- The Volleyball Federation of Sri Lanka

REFURBISHMENT OF FACILITIES

Planned enhancement of features of the lecture halls and the kitchen areas were impeded by budget constraints during the period under review. However, HASL was able to upgrade the two hostel rooms for the disabled by installing new handicap grab bar facilities in the toilet and bathroom facilities attached to the room.

The Training Centre's future plans are to regain the loss of business due to the COVID-19 pandemic, by focusing on encouraging former and regular clients to hire the HASL Centre for their activities.

HelpAge Sri Lanka Thilaka Siriwardene Ayurvedic Centre, Boraesgamuwa (HASL Ayurvedic Centre)

HASL has been providing free ayurvedic treatment to needy elders continuously for the past 14 years. Ayurveda clinics are conducted every Thursday free of charge for senior citizens who seek ayurvedic treatment. Approximately 40 elders attend each clinic.

Ayurveda clinics are conducted jointly with the Ayurveda Teaching Hospital, Borella and the Institute of Indigenous Medicine affiliated to the University of Colombo. HASL is grateful to the Ayurveda Teaching Hospital for providing free medication and for making the necessary arrangements for one of its doctors, Dr. (Mrs.) Ramesha Gunawardene and a pharmacist, Mr. H.T. Aruna to work

part-time at the HASL Ayurvedic Centre during the period under review. HASL expresses its gratitude to these two officers for offering their services, especially during the pandemic.

During the COVID-19 pandemic in the country, the Centre was operational during the months of February, March, and April 2021 under strict health guidelines imposed by the Government.



Elders being provided free ayurvedic medicine by the HelpAge Ayurvedic pharmacy, Boralesgamuwa



Pelana West Ekamuthu
Senior Citizens Committee
Weligama

H.P. GOONERATNE HELPAGE ELDERS' DAY CARE CENTRE



Rohini Wijayaratne

*Manager – H.P. Gooneratne
HelpAge Elders' Day Care Centre*

The H.P. Gooneratne HelpAge Elders' Day Care Centre, which was established in 1988, continues to assist elders who are members of the Day Care Centre to courageously face the twin problems of isolation and neglect. Elders who are over 55 years are encouraged to become members of the Centre. However, prospective members should be mobile and be able to attend to their own personal needs. All elders should also register the name and contact details of a carer or guardian to be contacted in case of an emergency who will take full responsibility for the older person concerned.

Currently, the membership of the Day Care Centre stands at 35. The Centre is open to all older persons irrespective of their social and economic status. It has been noted that certain older persons who wish to become members of the Day Care Centre cannot do so because their immediate family members are reluctant to take on the added responsibility of adhering to the rules and regulations introduced by the Centre, solely for the benefit of older persons.

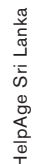
As HASL promotes active ageing, the HASL Day Care Centre organises various activities to keep members physically healthy and actively stimulated. Members are provided with a nourishing breakfast, lunch and afternoon tea with the funds provided by generous donors.

The medical team from the District Hospital, Lunawa visits the Centre on the first Monday of every month. Apart from the daily programmes, donors also encourage the staff to organise activities such as physical exercises, Buddhist sermons, almsgivings, pilgrimages, musical programmes, movie watching and other social events to keep the elders happy.

The Day Care Centre encourages visitors to see for themselves the activities implemented by its staff and volunteers. Research students studying gerontology, local nursing student groups and others interested in establishing care centres for older persons regularly visit the Centre.



Due to the COVID-19 pandemic, activities were limited during the period under review. HASL with the assistance of the Medical Health Officer (MOH), Moratuwa made timely arrangements for members of the Day Care Centre to be vaccinated and to have the PCR tests done when necessary.



During the period under review, the following activities and programmes were implemented:

REPAIRS AND MAINTENANCE WORK

14 SEPTEMBER

- Removed a few large trees from the garden to ensure safety.

5 AND 6 OCTOBER

- Painted the veranda of the building.

ACTIVITIES TO CURB COVID-19

14 MAY 2020

- Disinfection of the premises.

20 JUNE 2020

- To comply with the COVID-19 health and safety guidelines by the Government, a sink for hand washing and a rubber carpet with disinfection liquid were installed at the Day Care Centre's entrance. Temperature checks were arranged for elders visiting the Centre.

1 JULY 2020

- The Centre was ready to welcome elders after the first wave of the pandemic.

24 DECEMBER 2020

- PCR tests were performed on elders before they attended the Centre.

25 AND 29 JANUARY 2021

- The Centre was reopened after the second wave and elders were vaccinated against the COVID-19 virus.

RELIGIOUS AND OTHER ACTIVITIES

15 JULY 2020

- A Buddhist sermon was delivered by Ven. Sooriyagoda Dhammika Thero, Dharmashoka Viharaya, Attidiya.

20 AUGUST 2020

- A Buddhist sermon organised by the Sri Lankan Airline Officers' Club was delivered by Ven. Galkande Dhammananda Thero of the Walpola Rahula Institute. Lunch was provided to all elders and attendees.

2 OCTOBER 2020

- The Senior Citizens' Circle of the National Savings Bank, Katubedda celebrated the International Day of Older Persons by donating gifts and serving a special lunch to elders of the Day Care Centre.

VISITORS TO THE DAY CARE CENTRE

9 JULY 2020

- Three doctors from the Angoda Mental Hospital, a doctor from the National Hospital of Sri Lanka and 40 medical students from the General Sir John Kotalawela Defense University.

21 JULY 2020

- Provincial Social Service Officers, a Counselling Officer and another officer from the Divisional Secretariat, Moratuwa.

SPECIAL DONATIONS

The Day Care Centre received the following contributions during the period under review.

- UNICAL Ceylon Ltd. – Coconuts
- Mrs. Chitra Gunatilake – Rs. 150,000/-
- Mrs. P.W. Chandralatha (staff member):
 - Funding of repairs and painting of furniture
 - Donation of a table for the envelope making project

HASL would like to thank all generous donors for their continued support to the Day Care Centre, especially during the pandemic.



Geethal Mendis
Director – Youth Education
Programme

The prime objective of the HelpAge Youth Education Programme (YEP) is to make youth aware of the issues faced by older persons. The Ministry of Education and many well-known authorities in the field of education in Sri Lanka have endorsed this objective.

In the period under review, the COVID-19 pandemic led to the closure of all educational institutes, especially primary and secondary schools. However, HASL was able to conduct the YEP in the following two schools:

Name of School	Number of Students
Royal English School, Matale	283
St. Joseph's College, Trincomalee	143
Total number of students	426

Since most schools were closed, HASL decided to conduct awareness programmes in the following companies on issues faced by senior citizens:

Name of Company	Number of Employees
Classic Impressions (Pvt) Ltd., Attidiya	180
Mobitel (Pvt) Ltd., Colombo 3	30
Nalaka Stationary, Dehiwela	40
Nalaka Production Factory, Horana	150
Nalaka Production Factory, Ratmalana	60
Sri Lanka Telecom, Colombo 1	80
Supreme Global Holdings Ltd., Colombo 1	30
Total number of employees who participated in the YEP awareness programme	570

TRAINING OF TRAINERS (TOT) PROGRAMME IN TRINCOMALEE DISTRICT

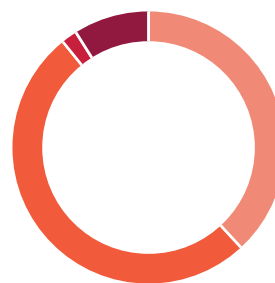
On 15 December 2020, a TOT programme was conducted in the Trincomalee Zonal Education Office. One hundred school principals in the Trincomalee District participated in the two programmes that covered the topics of gerontology and elderly care.

HASL conducted these programmes under strict COVID-19 health guidelines only for principals of schools. The principals who participated were expected to share the knowledge gained with their students once the students re-commenced classes.

Mr. S. Sritharan, Director of the Trincomalee Zonal Education Department agreed to conduct HASL's YEP in all schools based in Trincomalee, which come within his purview.

This programme was implemented by Programme Division under the SaG funds.

Community Awareness Creation by YEP



Students	38%
Corporate Employees	51%
Teachers	2%
Principal/Directors	9%

APPRECIATION

The following expressed their appreciation to HASL for conducting awareness programmes in their schools/institutes:

- Rev. Fr. A.V. Alfred, Principal, St. Joseph's College, Trincomalee
- Dr. M.M. Haniffa, Managing Director/Principal, Royal English School, Matale
- Mr. Kanishka Hurulle, Manager Training, Mobitel (Pvt) Ltd., Colombo 3
- Mr. R.A. Nishantha Perera, Chairman, Nalaka Group of Companies, Dehiwela
- Mr. Lalith Seneviratne, Director/Group Chief Executive Officer, Sri Lanka Telecom PLC, Colombo 1
- Rt. Rev. Duleep De Chickera, former Bishop of Colombo
- Rt. Rev. Dhiloraj Canagasabey, former Director of Catholic Schools
- Rev. Fr. Ranjith Madurawela, Archdiocesan Manager of Catholic Schools and Catholic Education



Janaka Senaviratne
Head of Home Care

The Home Care division of HelpAge Sri Lanka (HASL) provides an invaluable service for senior citizens living at their own residences or in elders' homes or receiving hospital care. The division mainly assists senior citizens with their daily living activities and provides quality, affordable and holistic home care services for senior citizens in certain selected cities and towns in the Western province of Sri Lanka.

The division has qualified resource personnel who conduct continuous training programmes dealing with elder care and home care. Vocational training providers of the Government, namely the National Apprentice and Industrial Training Authority (NAITA) and the Vocational Training Authority (VTA) jointly with the HASL Home Care division have developed curricula for national vocational qualification levels 2, 3 and 4 in elder care. During the period under review, these training courses were introduced in order to increase the elder care workforce in Sri Lanka.

UNINTERRUPTED HOME CARE SERVICES FOR SENIOR CITIZENS UNDER THE COVID-19 PANDEMIC

HASL has observed that elders are increasingly affected by non-communicable diseases, psychosocial issues and age-related diseases like Alzheimer's and Parkinsonism. The Sri Lankan population is ageing rapidly and in the recent past, the Sri Lankan family structure has changed from being an extended family system to a nuclear family system. The lifestyles of Sri Lankans are changing mainly due to urbanisation and globalisation. As a result, many Sri Lankan urban families are finding it difficult to care for their elderly family members. Therefore, it is extremely necessary to maintain a large cadre of well trained and reliable home care assistants. This demand will continue to grow as the size and the speed of the ageing population increase. HASL is maintaining a cost-effective and high-quality home care service in certain selected cities and towns in the Western province to address this need.

During the period under review, the HASL Home Care Service has faced many challenges mainly due to the COVID-19 pandemic.

The following steps were taken in implementing new strategies:

- At the time when the new home care assistants were assigned with home care duties, special clearance certification was obtained from the Ministry of Health's Public Health Inspectors (PHIs) and Medical Officers of Health (MOHs).
- New home care assistants were referred for PCR (Polymerase Chain Reaction) tests prior to commencement of services.
- Online client feedback meetings and online service evaluations were introduced.
- Online service monitoring and record keeping software were introduced.
- Awareness raising programmes on sustaining good health practices and preventive techniques to avoid contracting the COVID-19 virus were conducted for home care assistants.

The HASL Home Care Service has also established new avenues for the vocational training and development of those interested in pursuing a career in this field. These home care assistants initially start at low competent grades and move on to higher levels if their competencies and efforts improve. In the case of prospective applicants for HASL Home Care Service appointments, those who have undergone elder care training and have shown that they have experience in handling elders are appointed at a higher level in the service.

The dependency levels of senior citizens who need home care assistance are also assessed and categorised from low dependency to high dependency. The home care assistants are placed in suitable positions by matching the competency level of the home care assistant with the care dependency of the senior citizen. The service is closely monitored and supervised by regular home visits by professional staff at the HASL Home Care division.

TRAINING PROGRAMMES

HASL has applied to the TVEC for registration as a Training Institute in 2018. HASL received registration as a Training Institute with the Tertiary and Vocational Education Commission (TVEC) in July 2020 because HASL proved its competency to the TVEC's standards of managing and maintaining training programmes and facilities.

After two assessments, TVEC granted HASL training institute status. HASL now needs to obtain the approval for accreditation to conduct NVQ Levels 2, 3 and 4



HelpAge Home Care
Assistant's Training
Programme in progress.

qualifying programmes in elder care. In order to achieve this, HASL needs to improve its capacity to formulate curricula, conduct practical assessments, conduct formal examination and ensure the competency of its resource personnel etc. The certification needs to be renewed once every four years.



Home Care Training sessions in progress

HOME CARE ASSISTANCE TRAINING PROGRAMMES

The Home Care Assistance training programmes train individuals on home care for elders. They consist of five-day residential training programmes conducted at the HASL Training Centre followed by on-the-job training programmes for three months. These trained homecare assistants are then categorised based on their knowledge, skills and attitudes. Currently, under HASL's Home Assistance programme, the carers are assigned to take care of elders only in selected cities and towns of the Western province.

HOME CARE VOLUNTEER (HCV) TRAINING PROGRAMME FOR YOUNG OLD SENIOR CITIZENS

The Home Care Volunteer Training programme was conducted from 15 March to 19 March 2021. HASL was able to obtain permission from the health authorities for the HASL Programme Division to conduct the training programme using SaG funds for 30 young old volunteers from the Weligama DS division.



ELDER CARE ASSISTANCE TRAINING PROGRAMMES IN NATIONAL VOCATIONAL QUALIFICATIONS (NVQ) LEVEL 2

HASL has signed a Memorandum Of Understanding (MOU) between HASL and the Vocational Training Authority to conduct a three and a half month vocational training programme in Elder Care Assistance with District Vocational Training centers in selected districts. The training programme consists of the following:

- A seven-day training in theory in a vocational training centre
- Seven days of practical sessions in a private hospital or an elders' home
- Three months of on-the-job training under the HASL Home Care Service

Elder Care Assistants who successfully complete this training programme will be awarded the NVQ level 2 certificate from the Tertiary and Vocational Education Commission.

However, HASL was compelled to postpone and cancel many of its training programmes due to the lockdown and travel restrictions introduced by the Government to curtail the spread of the COVID-19 pandemic during the period under review. In spite of the many constraints faced by the HASL Home Care division, it was able to employ and maintain on average, the services of 78 home care assistants each month.



Douglas Paranawithana
Manager – Special Projects

The objective of establishing the Special Project Division in the year 2011 was to raise funds for HelpAge Sri Lanka (HASL) programmes and projects by seeking assistance from the Corporate Social Responsibility (CSR) divisions of leading corporates in Sri Lanka.

The following projects were partly financed with funds received by this division:

- Free cataract surgeries at the HelpAge Eye Hospital
- Mobile medical and eye care camps
- Distribution of free disability aides for needy elders

The division submits project proposals to leading companies, selected individuals and establishments inviting them to cooperate with HASL to serve needy elders in the country with the objective of improving their quality of life.

Funds were received from:

- Sponsorships from the CSR funds of corporates
- Sponsorship from welfare funds
- Voluntary monthly staff contributions
- Donating Dialog Star Points

THE SHARE AS YOU EARN PROGRAMME (SAYE)

This programme was launched in 1994 to encourage employees working in organisations to participate in funding HASL projects by donating a part of their salaries on a monthly basis. The SAYE programme was introduced to the Sri Lanka Port Authority (SLPA) in March 2018. HASL expresses its gratitude to the employees of the SLPA for their generosity.

DIRECT MAIL CAMPAIGNS

During the period under review, the following three Direct Mail Campaigns were planned and implemented successfully:

- June 2020 – The Poson Campaign
- October 2020 – The International Day of Older Persons Campaign
- December 2020 – The Christmas and New Year Campaign

Due to the COVID-19 pandemic, the Vesak Campaign of May 2020 was reorganised in June 2020 as the Poson Campaign.

Campaign	Income Rs. Mn.
June Campaign	5.7
October Campaign	4.8
December Campaign	6.6



Mr. M.A. Justin, Chairman, and Mrs Pubudini Nishanthie, CEO of Professional Met Consultancy Services (Pvt) Limited handing over a donation to Mr. Samantha Liyanawaduge, Executive Director and Mr. Douglas Paranawithana – Manager Special Projects, HelpAge Sri Lanka



Ruchilalani Batuwantudawa
Manager – Fundraising

The main objective of the Fundraising Division of HelpAge Sri Lanka (HASL) is to raise funds to support the programmes and projects to improve the living standards of needy elders.

The Fundraising Division organised the following activities during the period under review:

GREETING CARDS PROJECT

The Greeting Cards Project established in 1986 is one of the oldest fundraising projects of HASL. During the period under review, the anticipated income could not be generated due to the prevailing COVID-19 pandemic, which adversely affected corporate and retail sales.

The corporate sector provides a significant contribution towards the sale of greeting cards. During the period under review, the Division received Rs. 5,822,499/- which was only 41.65% of the total income usually generated. The sale of seasonal (Christmas and New Year), birthday cards etc., contributed greatly to generate the above sale. The 24 designs for the 2020/21 seasonal card catalogue consisted of photographs, paintings and graphic designs. Greeting cards were purchased by both existing and new corporate and retail customers.

The Fundraising Division staff visited 350 corporate and retail customers to promote the sale of seasonal cards and birthday cards. A majority of sales promotions and canvassing of sale of greeting cards were carried out via phone, email etc., since visiting corporates was curtailed due to the prevailing pandemic. A regular debt recovery programme was initiated to collect debts of past customers.

During the period under review, HASL cards were purchased by the following new customers:

- Airport Aviation Centre
- Akro Lanka (Pvt) Ltd.
- Asiri Health
- Awarana Bookshop

- Cargills Food City, Galle Fort
- Dinoo Plastics (Pvt) Ltd.
- Enine (Pvt) Ltd.
- Flemington Division, EliSh Development (Pvt) Ltd.
- Governor of the Northern Province
- ITS Data Link (Pvt) Ltd.
- Kandy Textiles (Pvt) Ltd.
- Kawai Trading Company (Pvt) Ltd.
- Kemyo (Pvt) Ltd.
- Lanka Special Steels Ltd.
- LDA Lanka (Pvt) Ltd.
- Ministry of Telecommunications, Foreign Employment and Sports
- Oasis International (Pvt) Ltd.
- Ocleen (Pvt) Ltd.
- Regional Development Authority (RDA)
- Rotaract Club of Cinnamon Gardens
- Sarasavi Enterprises, Dompe
- Seyjaya Micro Credit Ltd.
- Shangri-La Hotel, Colombo
- Sierra Technologies (Pvt) Ltd.
- Singer Finance Lanka PLC
- Trade Promoters (Pvt) Ltd.
- Vallibel Finance PLC
- Wakkumbura Industrial Technology Company (Pvt) Ltd.
- Wilhelmsen Meridian Navigation Ltd. – The Meridian

TILLS PROJECT

HASL initiated the Till Collection Project in 1990, which consists of a network of collection tills located at supermarkets, bookshops, pharmacies, restaurants and leading retail outlets of Businesses island-wide.

During the period under review, the total collection received from 1,833 HASL tills placed in nine provinces was Rs. 4,759,347/-. The highest contribution was received from the Western Province where 1,226 tills were placed. A total of 34 unproductive tills consisting of five tills in the Mannar District and 29 tills from the Central, Southern and Uva Provinces were retrieved due to the low collections being received over the years. In the absence of suitable locations in the initial provincial placements, these tills were placed in new locations in the Western Province.

200 tills were damaged and had to be replaced. 106 new till placements were made in five provinces at the following locations:

- Arpico Super Centres
- Casserole Restaurant
- Sarasavi Bookshops (Pvt) Ltd.
- Kandy Textiles Industries Ltd.
- Pure Vision Eye Care (Pvt) Ltd.
- Cargills Food City
- Keells Supermarkets
- Perera and Sons Bakers (Pvt) Ltd.
- Pizza Hut
- Rajya Osusala
- Sen-Sal Outlets
- SPAR Supermarkets
- Union Chemists

HASL wishes to place on record its gratitude to the President of the Sri Lanka Book Publishers' Association who granted permission to place HASL tills at individual stalls at the Colombo International Book Fair held in September 2020. The collection from these tills was Rs. 26,745/-.

CORPORATE PARTNERS WHO CONTINUE TO MAKE A SIGNIFICANT CONTRIBUTION TO HASL

- Bandaranaike Memorial International Conference Hall
- Bank of Ceylon
- Cargills (Ceylon) PLC
- Cool Planet
- Hatton National Bank PLC
- Healthguard PLC
- JayKay Marketing Services (Pvt) Ltd.
- Perera & Sons Bakers (Pvt) Ltd.
- Softlogic Holdings (Pvt) Ltd.
- SPAR Sri Lanka (Pvt) Ltd.

The above-mentioned institutes have been cooperating with HASL for many years in the past and continue to grant permission to expand the placement of HASL collection tills at additional locations island-wide. Furthermore, 10 tills were purchased by the Hatton

National Bank, Head Office and later donated to HASL to expand its existing tills network.



Photo 1



Photo 2

Handing over of tills by Ms. Ruchilani Batuwantudawa, Manager, Fundraising Division to the Manager, SPAR Supermarket, Colombo 2 (Photo 1) and to the Manager, Marino Mall, Colombo 3 (Photo 2).

Greeting Cards Purchasers:

- Ceylinco Insurance PLC
- Commercial Bank of Ceylon PLC
- Commercial Leasing and Finance PLC
- LB Finance PLC
- National Savings Bank
- Sarasavi Publishers (Pvt) Ltd.
- Sri Lanka Insurance Corporation Ltd.
- Vallibel Finance
- Vijitha Yapa Publications

APPRECIATION

- “Being a responsible corporate, we are mindful about how we spend our budgets on ethical Corporate Social Response (CSR) activities. As a move to contribute for a worthy cause, Senkadagala Finance purchases all greeting cards from HelpAge”

Ms. Isha Dias

*Senior Manager, Deposit and Savings,
Senkadagala Finance PLC*

- Being a leader in the financial industry for around five decades, we at LB Finance are always concerned to help society by launching a variety of CSR events. We supported HelpAge Sri Lanka's Greeting Cards project for the past three years. We are happy to continue with this project as we are aware of HASL's contributions and commitment in assisting elders to lead secure, active and healthy lives with dignity. We wish HASL further success to launch more and more programmes to uplift the standards of the needy elders.

LB Finance PLC

ACKNOWLEDGEMENT

CONTRIBUTIONS RECEIVED FROM SOLO APP PROJECT, HATTON NATIONAL BANK

During the period under review, donations amounting to Rs. 529,114.63 were received from Hatton National Bank's customers who made donations via the HNB Solo App. This is an app where HNB customers can make donations or payments directly to HASL. Donations received via the Solo App were utilised to fund HASL's free cataract surgery project at its Eye Hospital.

Special thanks to the Fundraising Division staff who ensured that HASL received 75% of the yearly till collection target. In spite of the strict COVID-19 pandemic regulations, the Fundraising Division staff went on daily field visits to make certain that the till collection target was achieved.



**H.P. Gooneratne HelpAge Elders'
Day Care Centre**
Income Generation Activities

INDIVIDUAL AND CORPORATE DONORS

RS. 10.0 MN. AND ABOVE

Thusitha Dhammika Thambugala Trust

RS. 1.0 MN. AND ABOVE

Cargills Ceylon PLC

RS. 500,000/- AND ABOVE

Charles & Muriel De Soysa Trust
Darley Butler & Company
Dr. P.N. Fernando
Jeykay Marketing Services (Pvt) Ltd.
Sri Lanka Ports Authority
Mr. A. Welikala

RS. 250,000/- AND ABOVE

Mr. V.M.M. Bandara
Mr. Romesh David
Dialog Axiata PLC
Mrs. Sharmini Don Michael
Mrs. Manel Fernando
Mr. & Mrs. W.S.E. and S.K. Fernando
Kanapathy Chetty Selvanathan Charitable Trust
LTL Holdings (Pvt) Ltd.
Rotary Club of Colombo West
Mr. Amitha Sangakkara

RS. 100,000/- AND ABOVE

Mr. T.C. Aluthwela
Mr. D.S. Arangala
Arun Prasanth Foundation
Ms. Rudrani Balasubramaniam
Mrs. Asokamal Caldera
Mrs. Lakshmi Dasanayaka
Mr. Dinesh De Zoysa
Mr. J.S. Dominic
Mr. C.V. Fernando
Mr. J.N.G. Gonsal
Mrs. J.S.K. Gunaratnam
Mr. A.R. Gunasekara
Ms. Chithra Gunethilake
Mr. G.J.P. Gunawardena

Ms. D.P. Jayasuriya &
Ms. F.M.D. Jayasuriya
Mr./Mrs. N.R.J.N.M. Jayawardhana
Mr. Kapila Lokuketagoda
Mr. R.G. Moorthy
Mr. L.E. Murcott
Mr. Arjuna Nanayakkara
Mr. Saravanan Neelakandan
Ms. P. Nimala
Papercom Traders
Mr. Wijeyanand Pathmanathan
Mr. L.B.N. Peiris
Mrs. G.F. Perera
Mr. M.Y.C. Perera
Mr. Nuwan Perera
Mr. Sarath Piyaratna
Mr. M.D.P. Samarasekera
Mr. R.E. Samarasinghe
Mr. & Mrs. Sarath Silva
SPAR Sri Lanka
Mr. Prakash Thevanayagam
Eng. R.S. Warusamana
Ms. Ruwanthini Weeratunga
Mrs. P. Seetha Wijeykoon

RS. 50,000/- UP TO RS. 100,000/-

Mrs. P.D. Aluthge
Mr. Hemaka Amarasuriya
Mr. E.M.K.B. Ambanpola
Hon Justice D.J. De S. Balapatabendi
Ms. S. Bandaranaike
Bank of Ceylon
Mr. Varuna Basnayake
Candor Asset Management (Pvt) Ltd.
Cool Planet (Pvt) Ltd.
Mr. Parakum Chandrapala
Ms. Dilhara De Alwis
Mr. C.R. De Silva
Mr. H.I. De Silva
Dr. L.A. De Silva
Mr. & Mrs. Lakshman De Silva
Mrs. Sumithra De Silva

Mr. Ajith Dias
Ms. Mayuri Dias
Dr. Mrs. Saumya Dinel
E.F. Temiler
E.W. Balasuriya & Co. Ltd.
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Mrs. Lakshmi Fernando
Mrs. S.K. Fernando
Mr. D.M. Gunasekara
Dr. K.A.N. Gunathilaka
Mrs. Anoma Herath
Ms. Ruwini Jayawardena
Mrs. Sheryll Jinasena
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Mr. T. Madigasekera
Ms. K.A. Mendis
Mobitel (Pvt) Ltd.
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Mr. S.E. Munsasinghe
Mrs. S. Nadesan
Mr. Deepthi Naranpanawe
Dr. C. Palasuntheram
Mr. Ajith Paranavithane
Perera & Sons (Bakers) Ltd.
Mr. S.T. Perera
Mrs. Nelum Perera
Mr. L.J.A. Pieris
Mrs. Malini Piyaratna
Prof. Met Consultancy Services (Pvt) Ltd.
R D K Holdings (Pvt) Ltd.
Ms. Rasika Ranathunga
Ms. Kamala Ranaweera
Richard Pieris Distributors Ltd.
Mr. Rohan Sahabandu
Dr. Colvin Samarasinghe
Mr. Sithambarampillai Selladurai
Mr. J. Selvaratnam
Ms. R.M. Simithaaratchy
Softlogic Supermarkets (Pvt) Ltd.
Mr. W.M. Soysa
Dr. D. Subesinghe
Mrs. S. Taldena

Mr. S.C. Crossette Thamiah
 Ms. H.M.F.R. Tissera
 Mr. Susil Weeratunga
 Dr. Renu Wickramasinghe
 Mr. A.L.G. Wijekoon
 Wijetunge Machinery (Pvt) Ltd.
 Mrs. Nanda Witharanage

RS. 25,000/- UP TO RS. 50,000/-

Ms. Anuja Abayadeera
 Mr. Thilina Abey Suriya
 Mrs. T.L. Abeywardena
 Dr. Mrs. W.I.W. Amarakone
 Mr. Bhathiya Amarakoon
 Mr. Shiran Amarasekara
 Ms. D.B. Amarasinghe
 Miss S.N. Amerasinghe
 Miss Sarika Amerasinghe
 Mr. M. Angipura
 Mrs. Joyce Anthony
 Prof. J.K.P. Ariyaratne
 Mrs. Sudeesha Deepthini Baddage
 Mr. D.A.L. Balasuriya
 Carbon Activated Corp Lanka
 (Pvt) Ltd.
 Ceylon Tea Marketing (Pvt) Ltd.
 Mr. W.M.J. Chandrasena
 Consolidated Business Systems
 Limited
 Mrs. Christine Dayananda
 Mr. Dulara De Alwis
 Mr. & Mrs. P.U. and D.A. De Costa
 Mr. G.R. De Fonseka
 Mrs. K. De Silva
 Mr. M.J.C. De Silva
 Dr. Mrs. N De Silva
 Mr. R. De Silva
 Mr. Ajitha De Zoysa
 Dr. S.B. Dhanapala
 Mr. Damitha Dharmasena
 Mrs. Erika Dias
 Mr. P.L.R. Dias
 Ms. Shalani N. Dias

Mr. A.T.P. Edirisinghe
 Mr. T.D. Ekmon
 Mr. Angelo Fernando
 Mrs. Srikanthi Fernando
 Mr. Y.M.E. Fernando
 Mrs. David Foenander
 Mr. G.S. Fonseka
 Mr. S. Gajendran
 Mrs. Lakmini Marassana Gedara
 Mr. Asela Gunasekara
 Mr. P. Gunasekara
 Mr. & Mrs. W.D. and I.M. Gunathilake
 Mr. K.D.U.I. Guneratne
 Mr. Neranjan Hatharasinghe
 Mr. Devapriya Hetiarachchi
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 Mr. A.S. Jayatilake
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 Mr. M.B. Kalawanegagama
 Mr. P.B. Kalugalagedera
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 Mr. D.P. Nanayakkara
 Mr. T. Nandasiri
 Mr. J. Nanthakumara
 Dr. K.S. Narangoda
 Ms. S.K. Nawaratna
 Mr. S.Z. Nawaz

Dr. H.S. F. Peiris
 Mr. W.J. Peiris
 Mr. Arthur Perera
 Mr. N.N. Perera
 Mr. Surith Perera
 Mr. Samantha Priyadarsha
 Producers & Manufacturers Ltd.
 Mr. D.K. Rajapaksa
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 Mr. Dhivaagaran Rajenthiran
 Dr. N. Ranatunga
 Mr. N.V.I. Ranatunga
 Mr. Joseph Rathnayake
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 Mr. D.W. Wakista
 Mr. Janaka Weerakkody
 Ms. J. Welagedara
 Mr. N.V.K.K. Weragoda
 Mr. Ranjan Wettimuny
 Dr. V.P. Wickramasinghe
 Ms. Malka Willadara
 Ms. Peshali Yapa



Mr. Ananda Kannangara
Manager Communications

DailyMirror

Friday, 6 November 2020

HelpAge X' mas cards to benefit elders

When the much awaited Christmas season is coming closer citizens from all walks of life are anxiously awaiting to celebrate this event on a grand scale. During this season both young and old never forget to send greeting cards to their loved ones.

Among varieties of cards, they mainly select HelpAge X' mas cards considering that the proceeds of them go to restore the vision of the less privileged elders over 55 years.

The year 2020 has become an unforgettable year to all of us due to the celebration of the International Elders Day which fell on October 01. HelpAge Sri Lanka (HASL) also produce over 500,000 Christmas greeting cards to improve the health facilities, especially eye care facilities of this vulnerable sector.

The greeting cards are adorned with colourful photographs, paintings and graphic designs and they are embossed and foiled. HelpAge, Executive Director Samantha Liyanawaduge said senior citizens who wish to have their Cataract Surgeries completely free of charge could visit the HelpAge Eye Hospital, Sinsapa Road, Wellawatta (Opposite Savoy Cinema). "Surgeries are performed with high quality foldable Intraocular Lenses".

The Executive Director requested everybody to extend their co-operation towards this worthy cause by purchasing at least a card to improve the vision of our elders.

He said HelpAge Eye Hospital has so far performed 38,000 free cataract surgeries and conducted a large number of free Eye camps all over the country.



HASL, Manager Ruchilalani Batuwantudawa said cards are on sale at affordable prices at leading book shops in Colombo and suburban areas. Cards can also be personalised with your corporate logo with details in colour or black and white at nominal rates.

Cards are also available at HelpAge Head Office. No. 102, Pemananda Mawatha, Raththanapitiya, Boraesgamuwa. (adjoining the University of Sri Jayawardanapura). For further details contact Ruchi/Kodi on 0112803752/53,54, 0114926358, 4926948.

தினகரன்

2020 ஓக்டோபர் 19 திங்கட்கிழமை

ஸ்ரீ லங்கா ஹெல்ப்பேஜ்

கிளிநொச்சி, முல்லைத்தீவு மக்களுக்கு விவசாய, கடற்றொழில் உபகரணங்கள்

கிளிநொச்சி மற்றும் முல்லைத்தீவு மாவட்டங்களில் மீளக்குடியேறி புள்ள 200 குடும்பங்களுக்கு 12 மில் லியன் ரூபா பெறுமதியான விவசாய மற்றும் கடற்றொழில் உபகரணங்கள் ஸ்ரீ லங்கா ஹெல்ப்பேஜ் நிறுவனத்தினால் இலவசமாகப் பகிர்ந்தளிக்கப்பட்டுள்ளன.

இதற்கான நிதியுதவியை இலங்கையிலுள்ள பிரித்தானிய உயர் ஸ்தானிகராலயம் ஐக்கிய நாடுகள் அபிவிருத்தி திட்டத்தின் (யு.என்.டி.பி) ஊடாக வழங்கியுள்ளது.

யுத்த காலத்தில் நாட்டின் பல பிரதேசங்களுக்கும் இந்தியாவுக்கும் இடம்பெயர்ந்திருந்து மீண்டும் சொந்த இடங்களில் மீளக்குடியேறி



யுள்ளவர்களுக்கே இந்த உதவி வழங்கப்பட்டுள்ளது. இந்த உதவித் திட்டத்தின் மூலம் அக்குடும்பங்களைச் சேர்ந்த சுமார் 4,500 பேர் நன்மை அடைவர் என்று குறிப்பிட்ட ஹெல்ப்பேஜ் நிறுவனத்தின் நிறைவேற்றுப் பணிப்பாளர் சமந்த லியன் வருகே தெரிவித்ததோடு இக்குடும்பங்களுக்கு தொடர்ந்தும் நிவாரண உதவிகள் வழங்கப்படும் என்றார்.

HelpAge assists 1,000 seniors

HelpAge Sri Lanka (HASL) in collaboration with HelpAge International, recently launched an emergency response project for over 1,000 underprivileged senior citizens and their families who have been affected due to the COVID-19 pandemic in the Galle and Matara Districts.

HelpAge distributed a large stock of dry rations and other items worth over Rs. two million to needy senior citizens living in several areas in the Southern Province such as Weligama, Ginthota, Mirissa and Palana. The distribution also helped around 4,000 individuals living with elders.

The items distributed were rice, dhal, sugar, milk powder, canned fish and face masks.

HelpAge Sri Lanka Chairman, Deshabandu Tilak de Zoysa and HelpAge International Asia-Pacific Head of Programme, Bert Mareten coordinated the distribution.

HelpAge Executive Director Samantha Liyanawaduge said, the



HelpAge Executive Director Samantha Liyanawaduge handing over food items to a recipient alongside Weligama Divisional Secretary K.P.G. Sumith Shantha.

objective of the distribution was to assist those affected by the economic downturn in the South due to the current situation and said that the programme will be carried out even in other districts.

HASL, Programme Manager Chaminda de Silva said that

HelpAge has planned to distribute agricultural equipment to needy senior citizens shortly.

Weligama Senior Citizens Federation President, Jayasinghe Siriwardana, the HelpAge staff and the members of Senior Citizens Committees assisted the distribution.

ලංකාදීප 2020 දෙසැම්බර් මස 6 වැනිදා ඉදිරි

වැලිගම අසරණ වැඩිහිටියන් 300කට හෙල්ප් එජ් වෙතින් නොමිලේ ගෙවතු වගා උපකරණ සහ බීජ



කොරෝනා උවදුර හේතුවෙන් තම වගා කටයුතු නිසියාකාරව කර ගැනීමට නොහැකි වූ අසරණ පවුල්වල ජීවත්වන ජ්‍යෙෂ්ඨ පුරවැසියන් 300කට තම දෛනික කෘෂි කාර්මික වගා කටයුතු පහසුවෙන් සිදුකිරීම සඳහා කඩිනම් ආධාර ලබාදීමේ වැඩසටහනක් හෙල්ප් එජ් ශ්‍රී ලංකා ආයතනය පසුගියදා මාතර දිස්ත්‍රික්කයේ වැලිගම ප්‍රාදේශීය ලේකම් කොට්ඨාසයේදී ආරම්භ කරනු ලැබීය.

ඒ අනුව එම ප්‍රදේශයේ ජීවත්වන අසරණ ජ්‍යෙෂ්ඨ පුරවැසි පවුල් 300ක් වෙනුවෙන් කෘෂි කාර්මික බෝග පැල සහ ඇට වර්ග බෙදාදීම සිදුකරනු ලැබීය. එයට අමතරව එම කෘෂිකාර්මික කටයුතු පහසුවීම සඳහා කෘෂි උපකරණ කට්ටල ද බෙදාදෙනු ලැබීය.

මෙම කාර්යයන් හෙල්ප් එජ් ශ්‍රී ලංකා ආයතනය විසින් කරන ලබන SAG ව්‍යාපෘතිය යටතේ එක්සත් රාජධානියේ පිහිටුවා ඇති

හෙල්ප් එජ් ජාත්‍යන්තර මූල්‍යමානවත් මූල්‍ය දායකත්වය ඇතිව රුපියල් ලක්ෂ 10ක මුදලක් වැය කරන ලදී.

මෙහිදී ආධාර ලාභී ප්‍රාදේශීය වැඩිහිටි බල මණ්ඩලයේ සභාපති ජයසිංහ සිරිවර්ධන මහතා හෙල්ප් එජ් ශ්‍රී ලංකා ආයතනය කරනු ලැබූ මෙම මහඟු උපකාරය කෙරෙහි එම ආයතනයට බෙහෙවින් ස්තූතිය පළ කළ අතර ඔවුන්ගේ පවුල්වල සාමාජිකයන්ගේ ජීවනෝපාය සංවර්ධන අවශ්‍යතා සඳහා හෙල්ප් එජ් ශ්‍රී ලංකා ආයතනය සිදුකරන ව්‍යාපෘති වෙනුවෙන් වැඩිහිටියන්ගේ කෘතඥතාවයද පළ කරන ලදී.

හෙල්ප් එජ් වැඩසටහන් කළමනාකරු වමන්ද ද සිල්වා මහතා සහ නිලධාරීන් ස්වර්ණා ඒකනායක මහත්මිය කෘෂි උපකරණ කට්ටල සහ කෘෂි ඇට වර්ග බෙදාදීම සිදුකරනු ලැබූ අවස්ථාව සේයාරුවෙන් දැක්වේ.

HelpAge seminar on caring for the elderly

ANANDA KANNANGARA

HelpAge Youth Education Programme Director G.C. Mendis said that current statistics reveal that 99% of elders in the country are living with their families and not at Elders' Homes.

He said elders should always be with their children and grandchildren as they like to lead their twilight days with their loved ones.

He made these remarks during a seminar conducted by HelpAge Sri Lanka (HASL) at D.S. Senanayake College Auditorium, under the theme "Care for Elders and Create an Environment for Them to Live with Dignity", which was attended by about 600 students.

Mendis reminded how former American President Barack Obama treated his grandmother until her demise, and how late British Prime Minister Margaret Thatcher also valued elders.

He also said HelpAge was established three decades ago in order to improve eye care and medical facilities for underprivileged senior citizens in the country.



HelpAge Programme Director G.C. Mendis addressing students at D.S. Senanayake College Auditorium.

D.S. Senanayake College Deputy Principal Indika Liyanage said she valued the elderly, considering the invaluable service they have rendered to society. She requested her students not to isolate elderly persons, including their 'own parents and grandparents. Liyanage also admired the seminar which created the awareness of children on the value of elders.

HASL Executive Director Samantha Liyanawaduge said HelpAge promotes the concept of "Elders" Day Centres": places where elders could visit in the

morning and participate in various activities before returning to their homes in the evening.

He further said that HelpAge performs about 20 free cataract surgeries on senior citizens every day at the HelpAge Eye Hospital on Sinsapa Road, Wellawatte; and also provide them with free spectacles.

Liyanawaduge appealed to interested parties to join hands with HelpAge to improve the living standards of elders by contacting 011-2803752/53/54.

UNDP, HelpAge support resettled families

ANANDA KANNANGARA

Nearly 200 families who were displaced from Kilinochchi and Mullaitivu to other parts of Sri Lanka and India during the conflict returned to their homeland recently and they were provided with livelihood support by HelpAge Sri Lanka

(HASL) in collaboration with the United Nations Development Programme (UNDP) under an initiative funded by the British High Commission. HelpAge distributed agricultural equipment, fishing gear and various other equipment worth over Rs. 12 million to over 100 families.

HelpAge Executive Director Samantha Liyanawaduge said the equipment distribution programme was useful for returnees who arrived back in their traditional homes. Representatives

from Divisional Secretariats and District Secretariat offices and other Government officials were present.



HelpAge Programme Manager Chaminda de Silva presenting fishing gear to a fisher family in Mullaitivu. HelpAge official Swarna Ekanayake is also present.



34 වසරක් පුරා වැඩිහිටියන් එක්ක හෙලප් ඒජ්



කිලක් ද සොයිසා



සමන්ත ලියනවඩුගේ



සමන් උඩවත්ත

● ඉකේකා පෙරේරා ඔණ්ඩාර

‘හෙලප් ඒජ්...’ මේ වචන දෙක ඔබට කොතෙකුත් ඇතිලා ඇති. මේ නම ලියූ කැට, සුපර් මාකට්වල ෆාස්ට් ෆුඩ් ඉස්සරහම් තියෙනවා. ඔබ දැකලත් ඇති. සමහර විට, හෙලප් ඒජ් සුබ පැතුම්පතක් හරි මිලදී ගෙන මේ වෙනකොට ඔබ මේ සද්භාර්යයට දායක වෙලත් ඇති.

මේ එකක්වත් කරන්න බැරි වුණා කියලා දුක් වෙන්නත් එපා. මේ දැන් වුණත් ඔබ පමා නැහැ.

මොකද දවසක් එනවා, ඔබ වයසට යන බව දැනෙන. එන්න එන්නම හුදෙකලා වන බව දැනෙන. හොඳින් පෙනුණු දෑස් බොඳ වීගෙන යන වග දැනෙන.

මේ සියලු අසරණකම් දැනෙන දවසට හෙලප් ඒජ් ඔබට උදව් කරාවි.

හරියට, 1986 පටන් අද දක්වා 34 වසරක් අපේ රටේ වැඩිහිටියන්ට උදව් කළා වගේ.

ඔබ දන්නවාද, අද වන විට වැඩිහිටි ජනගහනයේ වැඩිවීම ලෝකයට මෙන්ම අපේ රටට ද බලපාන පොදු ගැටලුවක් වී ඇති බව එයින්ම බරපතලම තත්ත්වය වන්නේ, ශ්‍රී ලංකාව යනු ශීඝ්‍රයෙන් වැඩිහිටියන් වර්ධනය වන රටක් බවට පත්ව තිබීමයි.

එනම්, අද දවසේ අපේ රටේ වැඩිහිටි වර්ධන වේගයේ ප්‍රතිශතය 13.7%ක්. ඉරිදි දශකය අවසන්වන විට, එනම් 2030 වන විට, එම වර්ධන වේගය 30% දක්වා ඉහළ යන බවයි. හෙලප් ඒජ් ආයතනයේ අධ්‍යක්ෂ සමන්ත ලියනවඩුගේ මහතා පැවසුවේ,

“තවමත් එවැනි අගයක නැතත් අප මේ පසු කරන්නේ වැඩිහිටි නිවාස පිරි ගිය සහ වැඩිහිටියන් දරුවන්ට බරක්ව පවතින යුගයක්. හෙලප් ඒජ් ආයතනය, අංශ කිහිපයක් යටතේ උදව් කරන්නේ, එවැනි අසරණ වැඩිහිටියන් වෙනුවෙනි.

වෘත්තීය ඉංජිනේරුවෙක් සහ ප්‍රකට සමාජ සේවකයෙක් වූ එච්.පී. ගුණරත්න මහතා ආරම්භ කළ හෙලප් ඒජ් සංවිධානයේ වර්තමාන සභාපතිවරයා වන්නේ ප්‍රකට ව්‍යාපාර නායකයකු වන කිලක් ද සොයිසා මහතා. ඇත්තටම මේ සංවිධානයේ අරමුණ වුණේ, අවුරුදු 55 ට වැඩි හිටියන්ගේ ඇසේ සුදු ඉවත් කිරීම නොමිලේ කාඩ් දැමීම... කියන අක්ෂි ශල්‍ය කර්ම කිරීම මගින් ඔවුන්ට නැවත පෙනීම ලබා දීමයි.

ඒ අරමුණ වෙනුවෙන් දැන් හෙලප් ඒජ් ආයතනයටම අක්ෂි රෝගලක් තිබෙනවා. වැල්ලවත්ත සිත්සපා පාරේ මහල් හයකින් යුතු එම රෝහලෙන් මේ සියලු සේවා ලබා දෙන්නේ නොමිලයේ. එහි දිනකට කරන සැත්කම් ප්‍රමාණය, 20-25 ක්. මේ වෙන කොට එහි වැඩිහිටියන් 37,000 කගේ පෙනීම ලබා දීම සඳහා අක්ෂි සැත්කම්කොට තිබෙනවා.

මේ රෝහල හදන්න වත්මන් සභාපති, කිලක් ද සොයිසා මහතා ඔහුගේ ජාත්‍යන්තර සබඳතා මගින් විශාල අරමුදල් සොයා දුන්නා. ඒ වගේම විශාල දානපතින් ප්‍රමාණයක් මේ සඳහා අපිට උදව් කළා.

අපගේ සේවාව තරයට විතරක් නෙවෙයි. ඇත ගම්වල වැඩිහිටි සමීකි වෙන හෙලප් ඒජ් බස් රථය ගොස් ජංගම අක්ෂි සායන පවත්වා අවශ්‍ය වැඩිහිටි අය සැත්කම් සඳහා මේ රෝහල කරා යොමු කරනවා. මේ වන විට එවැනි අක්ෂි සායන තුන්දහසකට වඩා පවත්වා තිබෙනවා. ඒ විතරකුත් නෙවෙයි, බොරුපැහැටුම් පිහිටි ආයුර්වේද මධ්‍යස්ථානය මගින්, වැඩිහිටියන්ට අවශ්‍ය සියලු ආයුර්වේද ප්‍රතිකාර ලබා දෙනවා.

අද වැඩිහිටියන් මුහුණ දෙන ලොකුම ගැටලුව තමයි, දරුවන් රැකියාවට ගොස් එකතුරු නිවෙස්වල හුදෙකලා වීම. ඒ හුදෙකලාව වැඩිහිටියන්ට දරන්නම අමාරු දෙයක්. එවැනි වැඩිහිටියන් වෙනුවෙන් “ඩේ කෙයාර්” සෙන්ටර් එකක් අපි රත්මලානේ බොරුපන පාරේ පවත්වාගෙන යනවා.

මේ අය, උදේ ඇවිත් හවස ෧෨ දක්වා අය. ඔවුන් ඒ ගත කරන මුළු දවසම සැහැල්ලුවෙන් සතුටින් ගත කිරීමට අවශ්‍ය වටපිටාව මෙහි අපි සකසා තිබෙනවා. උදේ සවස තේ පැන් සහ දිවා ආහාරය පවා ඔවුන්ට ලැබෙන්නේ නොමිලයේ. ඔවුන්ට පුළුවන් එතැන තිබෙන විවිධ ක්‍රියාකාරකම්වලට සම්බන්ධ වෙන්න. කැමති නම් ලියුම් කවර හදනවා වගේ ප්‍රංචි වැඩවල නිරත වෙන්න. ටීවී බලන්න. ආගමික වතාවත්වල නියැලෙන්න, පොත් කියවන්න.

වැඩිහිටියන්ට ආදරයෙන් රැකබලා ගන්නවා සේම, වැඩිහිටියන් බලාගන්නා හැටි පුහුණු කරන වැඩසටහනකුත් හෙලප් ඒජ් මගින් ක්‍රියාත්මකයි. වැඩිහිටියන්ගේ අගය සහ වැදගත්කම කියා දෙන කෙටි කතා විතු ඊට ඇතුළත්. මේ සඳහා හරුණ ප්‍රජාවගේ උනන්දුවෙන් දැන් බොහෝම සාධනීය මට්ටමක තිබෙනවා. එය සතුටට කාරණයක්.

අනෙක තමයි, අපි නොතිබුණිවට බොහෝ වයෝවෘද්ධ වැඩිහිටියන් තුළ පවා වැඩකිරීමට ලොකු උනන්දුවක් තිබෙනවා. ඔවුන් ස්වයං රැකියා කරන්න කැමැතියි. නමුත් අවුරුදු 60 පැනපු වැඩිහිටියන්ට අපේ රටේ බැංකු ණය දෙන්න නැහැ.

නමුත් අපි ගම්වල වැඩිහිටි සමීකි හරහා ගව, කුකුළු පාලනය හෝ ස්වයං රැකියාවක් කරන්න කැමැති වැඩිහිටියන්ට සියයට එකක පොලියට රුපියල් 2,000 සිට 12,000 දක්වා ණය මුදල් ලබා දෙනවා. අපි බලාපොරොත්තු වෙන්නේ ඔවුන්ගේ මානසික සුවය. ඒ වගේම ඒ හිත්වල තිබෙන ධෛර්යයට අපිත් ප්‍රංචි හයියක් වෙන එක...”

ඉතින්, අක්ෂි ශල්‍ය කර්මවලින් ඔබට ගොස් වැඩිහිටි සුබසාධනය උදෙසාත් ඔවුන්ගේ හිත්

සුවපත් කිරීම උදෙසාත් හෙලප් ඒජ් කරනා මෙහෙයට ප්‍රංචි රුපියලකින් වුණත් දායක වෙන්න ඔබටත් පුළුවන්.

රජයට විශාල සහයක් වෙමින්, එසේ ස්වාධීනව නීතිබද්ධ, දැවැන්ත මෙහෙවරක් ඉටු කරන හෙලප් ඒජ් පිළිබඳ ජාතික වැඩිහිටි මහලේකම් කාර්යාලයේ අධ්‍යක්ෂ සමන් උඩවත්ත මහතා දැක්වුවේ මෙවැනි අදහසක්.

“අපේ රටේ ලියාපදිංචි වැඩිහිටි නිවාස 306 ක් තිබෙනවා. ඉන් දෙකක් මධ්‍යම රජයේ වියදමින් ක්‍රියාත්මක අතර හතරක් මධ්‍යම රජයෙන් ක්‍රියාත්මකයි.

ඉතිරි තුන්සියයට ක්‍රියාත්මක වන්නේ ස්වේච්ඡා සංවිධාන සහ පුද්ගලික අංශයේ ව්‍යාපෘති විදියට, ඒ අතරින් හෙලප් ඒජ් කියන්නේ වැඩිහිටි නිවාස නැතත් වැඩිහිටි සුබසාධනය වෙනුවෙන් දැවැන්තම මෙහෙවරක් කරන ස්වේච්ඡා සංවිධානයක්. ඇත්තටම රජයට කරන්න බැරි විශාල කොටසක් ඔවුන් ආවරණය කරනවා. එය ඇත්තටම දැවැන්ත වැඩකොටසක්. ඔවුන්ට ලැබෙන්නේ ජාත්‍යන්තර අරමුදල්, දේශීය දානපතියන්ගේ උදව්. ඔවුන් එය ඉතාමත් හොඳින් කළමනාකරණය කරමින් රෝහලකුත් පවත්වාගෙන යනවා.

අපි රජයක් විදියට, පුද්ගලික වැඩිහිටි නිවාස අලුත් වැඩියාව වෙනුවෙන් සමාජ ආරක්ෂණ අරමුදලෙන් ලක්ෂ 20ක ප්‍රදානයක් කළා. නැවත අය කර නොගන්නා ඒ විශාල ව්‍යාපෘතියෙන් අපි බලාපොරොත්තු වුණේ, වැඩිහිටි නිවාසවල තත්ත්වය උසස් කිරීමට උදව් කිරීම, ඒ වගේම වැඩිහිටි “ඩේ කෙයාර්” සෙන්ටර් සඳහා ලක්ෂ 25ක ප්‍රදානයක් ලබා දුන්නා.

මේ සියල්ල සමාජ ආරක්ෂණ අරමුදලෙන් ලබා දුන් නැවත අය කරනොගන්නා මුදල්. නමුත් හෙලප් ඒජ් ආයතනය අපිත් එක්ක සැහෙන වැඩ කොටසක් කළත් ඒ අය මේ මුදල් ලබාගන්නේ නැහැ.

ඔවුන් මුදල් සොයා ගන්නේ ස්වේච්ඡාවෙන්, කිසිදා රජයට බරක් නොවුණු හෙලප් ඒජ්, මේ රටේ වැඩිහිටියන් වෙනුවෙන් කරන සේවය සැබෑ ආදර්ශයක්...”

හෙලප් ඒජ් ආයතනයේ සන්නිවේදන ප්‍රධානී ආනන්ද කන්නන්ගර මහතා පවසන පරිදි, ඔබටත් පුළුවන් හෙලප් ඒජ් සද්කාර්යය සඳහා ප්‍රංචි රුපියලකින් වුණත් දායක වෙන්න.

සුබ පැතුමක් යවද්දී “හෙලප් ඒජ්” සුබපැතුම් පතක්ම තෝරාගන්න. කිලක් ද සොයිසා මහතා ප්‍රමුඛ පාලන කමිටුව, සිය සබඳතා හරහා අපේ රටේ අසරණ වැඩිහිටියන් වෙනුවෙන් ජාත්‍යන්තරයේ උදව් ලබා ගනිද්දී, ඔවුන්ගේ ශ්‍රමය කාලය සහ ධනය පරිත්‍යාග කරද්දී අපි මාරුකායි කිහිපයකින් හෝ හෙලප් ඒජ් කැට පුරවන්නට පිහිට වුණොත්, කාගේ හෝ අම්මෙකුට තාත්තෙකුට පෙනීම යළි ලැබේ! ඔවුන් සතුටින් හිඳිවි.



Patients after cataract surgeries. HelpAge Executive Director Samantha Liyanawaduge giving advice to patients.

The three-decade old HelpAge Eye Hospital that conducts free eye care services on underprivileged senior citizens has so far performed over 37,000 free cataract surgeries on the Sri Lankan poor.

This was revealed at the reopening of HelpAge Eye Hospital, Wellawatta after the COVID-19 pandemic situation.

HelpAge Executive Director Samantha Liyanawaduge said it was a big achievement of HelpAge Eye Hospital

HelpAge Eye Hospital records 37,000 free cataract surgeries

and it wishes to perform more free cataract surgeries on underprivileged senior citizens all over the country in the coming months.

The hospital which is located at Sinsapa Road, Wellawatta, Colombo 6 (Opposite Savoy Cinema) performs completely free 20 cataract surgeries a day on senior citizens over 55 years.

Executive Director Liyanawaduge further stated all possible arrangements were made to reopen the eye hospital in

line with health guidelines considering the numerous requests made by underprivileged senior citizens who eagerly need to have their eye surgeries.

He said surgeries are performed by qualified doctors using high quality sophisticated medical equipment.

He also requested all low income group senior citizens in all parts of the country to have their cataract surgeries completely free at this hospital.

ලංකාදිව

2020 ජූලි මස 26 වැනිදා ඉරිදා

තෙල්පට්ට් ආයතනයෙන් දැකුණු පළාත් අසරණ වැඩිහිටියන්ට සහන

අඩු ආදායම්ලාභී අසරණ ජ්‍යෙෂ්ඨ පුරවැසි පවුල් 1000ක් වෙනුවෙන් රුපියල් ලක්ෂ 20ක් පමණ වටිනා වියළි සලක සහ වෙනත් අනාවයා ද්‍රව්‍ය නොමිලේ බෙදාදීමේ විශේෂ වැඩසටහන් මාලාවක් හෙල්ප්ජේෂ් ශ්‍රී ලංකා සංඝනනය පසුගිය සතිවලදී ගාල්ල සහ මාතර දිස්ත්‍රික්කවල සිදු කරන ලැබීය.

එමඟින් එම පවුල්වල ජීවත් වන 4500ක පමණ පුද්ගලයන් හට මෙම ප්‍රතිලාභ ප්‍රයෝජනයට ගැනීමේ හැකියාවක් උදාවිය.

මෙම ද්‍රව්‍ය බෙදා දෙනු ලැබුවේ
ගාල්ල, මාතර, හින්තොට, පොල්වත්ත,
කොට්ටිල, උඩුපිල, මිරිස්ස, ගරුබැවිල,

පළාත, මිදිගම වැනි ගම් ප්‍රදේශවල ජීවත් වන අය සඳහාය.

මෙම බෙදාහැරමේ දී සෑම අසරණ පවුලකටම වියළි ආහාර ද්‍රව්‍ය සහ වෙනත් අත්‍යවශ්‍ය ද්‍රව්‍ය සහිත බහාලුම් දෙක බැගින් ලබාදීම අතර ඒවායේ සංඛ්‍යාව, පරිපූර්ණ කිරීම්, සෑමින් ටින් සහ සබන් වැනි දේ අඩංගු වූ අතර මුළු ආවරණ, විෂමිත නාශක අඩංගු පුද්ගලික ආකර්ෂණ කාර්ටල ද මෙම අසරණ වැසියන් ප්‍රජාව වෙනුවෙන් ලබාදෙන ලදී. මීට අමතරව, හෙල්ප්ස්ට් අනන්‍යතා නොමිලයේ ඇඳුම් පත්‍රණය කිරීම සහ ඇඳුම් කණ්ඩායම් ලබාදීම ද අවුරුදු 550 ක් වැඩි ඇඳුම් සුදු වැඩි ඇති රෝගීන්ට නොමිලේ කාම යොදා ඇතිවේ.

සැත්කම් සිදු කිරීම ද වැල්ලවත්ත, සිත්සපා මාවතේ පිහිටි හෙල්ප්ෂ් අකිසි රෝහලේ දී සිදුකරනු ලබයි.

විධායක අධ්‍යක්ෂ ලියනවරයෝ මහතා සඳහන් කළේ මෙම ද්‍රව්‍ය බෙදාදීම සඳහා මූල්‍යමය දායකත්වය සිදුකරන ලද්දේ එක්සත් ජාතීන්ගේ හෙල්ප්ජේ භාණ්ඩාගාරයේ ආයතනයේ ජයියා පැසිසික් වැඩසටහන් ප්‍රධානී බර්ට් මිරින්ට් මහතාගේ අධීක්ෂණය යටතේ පවතින “වැඩිහිටියන්ට අනුග්‍රහය සැපයීමේ ව්‍යාපෘතිය” (Sponsor a Grandparent Project) යටතේ. මේ සඳහා හෙල්ප්ජේ සහායක දේශබන්දු තිලන් ද සොයිසා මහතාගේ සහාය ලැබේ.

தினகரன்

2020 ஜூன் 4 செவ்வாய்க்கிழமை

ஹெல்ப்பேஜ் கண் வைத்தியசாலை
இலவச சிகிச்சைகள் ஆரம்பம்

இலங்கையில் குறைந்த வருமானம் பெறும் நிரீகர்களுக்குள்ளாகி யுள்ள சிரேஷ்ட பிரஜைகளுக்கு இல வசமாக கண் சத்திர சிசிச்சைகளை மேற்கொள்ளும் வெள்ளவத்தை சிண்பா வீதியிலுள்ள ஹெல்ப் பைஜ் கண் சைத்தியசாலை கொவிட் 19 தொற்று அச்சுறுத்தல் நீங்கியுள்ள நிலையில் கடந்து

வாரம் முதல் சேவைகளை ஆரம்பித்துள்ளது.

55 வயதுக்கு மேற்பட்ட சிரேஷ்ட பிரஜைகளுக்கு முன்பைப் போன்று காலை 7.00 மணி முதல் பிற்பகல் 3.00 வரையும் சத்திர சிகிச்சை நடவடிக்கைகள் மேற்கொள்ளப் படுகின்றன. இங்கு நாளொன்றுக்கு கண விலலை பொருத்த கல் வெண்ப்பரை

சத்திர சிகிச்சை உள்ளிட்ட சுமார் 20 சிகிச்சைகள் இலவசமாக அளிக்கப்படுவதாக ஹெல்ப் பேஜ் ஸ்ரீ லங்கா நிறுவனத் தின் தலைவர் தேசபந்து இலக் டி சொய்ஸா தெரிவித்தார்.

கொவிட் 19 தொற்று அச்சுறுத்தலைத் தொடர்ந்து தற்காலிகமாக சேவைகள் இடைநிறுத்தப்பட்ட போதிலும் மீண்டும் சேவைகளை விரைவாக ஆரம்பிக்க உதவி ஒத்துழைப்புக்களை நல்கிய கணம் மருத் துவ நிபுணர்கள் உள்ளிட்ட பணி யாளர்களுக்கு அவர்களிகளையும் தெரிவித்த கொண்டுள்ளார்.



Service Excellence Award from BWIO



Visit of Ms. Meredith Wyse – Head of Programmes Asia, HelpAge International



"Niponmaru" Team visit to HelpAge Sri Lanka



Mr. Eduardo Klien (Regional Director APRO HAI)'s visit to Sri Lanka



Flood and landslide response project May 2018



Special cataract surgery programme at HelpAge Eye Hospital

COVID-19/DISASTER RESPONSE RELIEF PROJECT





Strengthening meaningful inclusion of older persons including people with disabilities in emergency preparedness efforts in Sri Lanka



Signing of the HelpAge UNFPA Partnership Agreement



Mobility equipment distribution



Mr. Rasika Hirimuthugoda, CEO Healthcare of Darley Butler & Co. handing over the financial contribution package to Mr. Samantha Liyanawaduge, Executive Director, HASL



Cataract surgery programme

INTERNATIONAL DAY OF OLDER PERSONS



International Day of Older Persons Celebration Programme 2018



International Day of Older Persons Celebration Programme 2019

We sincerely thank all our local and foreign donors who made donations in cash and kind to support the following programmes:

- Ayurvedha Centre, Boralesgamuwa
- Community Development Programme
 - Corporate Appeal
 - Direct Mail Appeal
- Elders' Day Care Centre, Ratmalana
 - Eye Hospital, Wellawatte
- Flood, Landslides, Drought Relief and Rehabilitation Programmes
 - Greeting Cards Project
- Home Care Assistance Programme
 - Legacies
- Share As You Earn Programme
- Sponsorship for Cataract Surgeries
- Sponsorship for Mobile Medical Units
 - Sponsorship for Special Projects
 - Till Collection
 - Youth Education

We would also like to thank
Ceylon Secretarial Services Limited
for providing free secretarial services
and
Smart Media The Annual Report Company
for designing and Producing this Annual Report as a
complimentary service

HELPAge SRI LANKA

HOW TO GET IN TOUCH

REGISTERED OFFICE

Please contact us to find out more about HelpAge Sri Lanka projects and programmes for the well-being of senior citizens of Sri Lanka.

HelpAge Sri Lanka
P.O. BOX 09
102, Pemananda Mawatha, Raththanapitiya, Boralesgamuwa,
Sri Lanka (Adjoining Sri Jayawardenapura University Premises)

Phone : +94 11 280 3752, +94 11 280 3753
+94 11 280 3754, +94 11 741 8977
+94 11 741 8978, +94 11 741 8979
+94 11 741 8980, +94 11 741 7570

Facsimile : +94 11 280 1147

Email : helpage@sltnet.lk

Website : www.helpagesl.org

For enquiries about HASL contact the officers listed below:

MANAGER FINANCE

Financial Information
Donations/Online donations

HEAD OF HUMAN RESOURCES

Age Care – Reservation of Training Venue and Facilities
Information about any other administrative matter
Inclusion of HelpAge in your “Last Will”
Phone : +94 11 741 8981

MANAGER COMMUNICATIONS

Information and Publications
Library Facilities

HEAD OF HOME CARE AND TRAINING

Home Care Assistance Service
Home Care Training
Home Care Assistance Training
Home Care Volunteer Training
Phone : +94 11 486 6897, +94 11 487 1870,
+94 11 726 1100

DIRECTOR, YOUTH EDUCATION PROGRAMME

Youth Education Programme and Awareness Programmes
for the Schoolchildren
Trainers of Training (TOT) Programmes for Directors and
Principals and Teachers

MANAGER, FUNDRAISING

“HelpAge” Greeting Cards
Placement of Collection Tills
Donations in Kind
Corporate/Individual Donations
Phone : +94 11 492 6358, +94 11 492 6948
Facsimile : +94 11 430 0946

MANAGER, SPECIAL PROJECTS

Sponsorship support for special programmes
Sponsorship/Reservation of Mobile Medical Units (MMUs)
Direct Mail Campaign
PayRoll Giving Programme (SAYE)
Dialog Star Points Programme

PROGRAMME MANAGER

Projects for Development of Community Based Programmes
Senior Citizens Committees formation and capacity building
Foreign Donor – Funded Projects
Sponsor a Grandparent Project
Projects for Development of Day Centres and Income
Generation Projects
Financial Assistance Programme for livelihoods
Any other donations
Phone : +94 11 486 6897, +94 11 318 1790

MANAGER, HELPAGE EYE HOSPITAL

Eye Hospital Services
Free Cataract Surgeries
Provision of other Eye Care Facilities
Donations for Eye Hospital
No. 14, Sinsapa Road, Wellawatte Colombo 06
Phone : +94 11 258 9450, +94 11 250 0056

Private Health Services Regulatory Council
Registration No. PHSRC/PH/130

Environmental Protection License No. 02895 (R 11)
under National Environmental Act No. 47 of 1980

MANAGER, H.P. GOONERATNE HELPAGE ELDER'S DAY CARE CENTRE

Donations for Almsgiving
Donations for Day Care Centre
Sale of lamp wicks and envelopes
No. 24, Dharmashrama Mawatha, Borupana Road, Ratmalana
Phone : +94 11 263 5566

MEMBERS OF THE COUNCIL

Deshabandu Tilak de Zoysa (Chairman)
 Deshabandu A.M. de S. Jayaratne (Deputy Chairman)
 Deshabandu (Mrs.) Jezima Ismail
 Mr. Sanjeev Gardiner
 Dr. (Mrs.) C.P. Banagala
 Mrs. Anosha Subasinghe
 Ms. Yasmin Raheem
 Mr. N. Dias Jayasinha
 The Baroness Greengross of Notting Hill
 Mr. Nishantha Gooneratne
 Mr. Krishan Balendra
 Mr. M.E. Wickremesinghe PC

HONY. ADVISORS

Dr. Leel Gunasekera
 Mr. N.W.E. Wijewantha
 Col. John Mayo, OBE
 Mr. John F. Pearson

SENIOR MANAGEMENT

Mr. Samantha Liyanawaduge (Executive Director)
 Mr. Geethal Mendis (Director Youth Education)

BANKERS

Bank of Ceylon
 Commercial Bank of Ceylon PLC
 Hatton National Bank PLC
 Pan Asia Bank
 People's Bank
 Sampath Bank PLC
 Seylan Bank PLC
 Standard Chartered Bank

SECRETARIES

Ceylon Secretarial Services Ltd.,

AUDITORS

Wijeyeratne & Company, Chartered Accountants

OUR LEGAL FRAMEWORK

Company Registration No. GA 545

Social Services Registration No. 11/4/1/590/86

Approved Charity Statute Notification Gazette No. 497 of 11 March 1988

Registration of Approved Persons and Organisations under Section 18 of the Protection of the Rights of Elders Rights Act No. 09 of 19 January 2000 – Registration No. NCA/0001/2002/WP

Registration of Voluntary Social Services/Non-Governmental Organisation under Voluntary Social Services Originations (Registration & Supervision) Act No. 31 of 1980 as amended by Act No. 08 of 1998 – Registration No. L.03214



Manjula Ediriweera
Manager – Finance

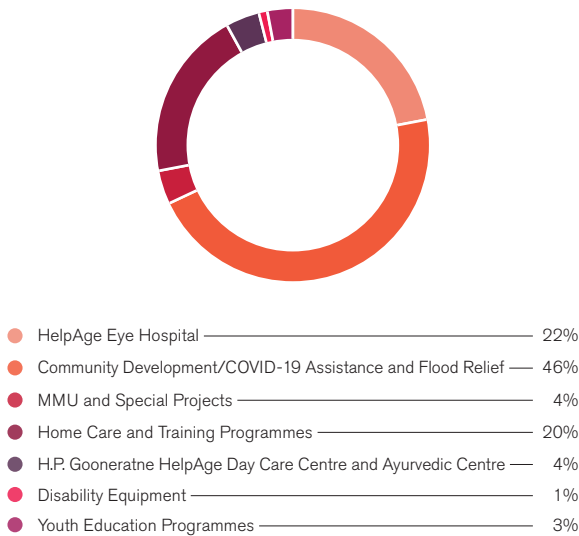
The income for the year under review was generated through the following fundraising projects and services.

- Direct Mail Campaigns
- Special Projects
- Home Care Services
- Greeting Cards Sales
- Till Collections
- Training Centre Facilities
- Day Care Centre
- Direct Donations
- Share As you Earn (SAYE) Schemes
- Sponsorships for Mobile Medical Units (MMU)

In addition to the above we have also received donations and funds from the following:

- Donor Funded Projects
- HelpAge International
- Sponsor a Grandparent Programme (SaG)
- Global Emergency Fund through HelpAge International
- Donations to HelpAge Eye Hospital
- Donations from Legacies and Last Wills
- Jointly Funded Projects
- General/Corporate Donations
- Other Donations

Major Areas of Fund Utilisation



NOTES

**HelpAge
Sri Lanka**

age helps