

**HelpAge Sri Lanka**  
Annual Report  
2021/22

**HelpAge  
Sri Lanka**

*age helps*



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# WHO WE ARE

## OUR VISION

**“A WORLD IN WHICH ALL OLDER PEOPLE FULFIL THEIR POTENTIAL TO LEAD DIGNIFIED, ACTIVE, HEALTHY AND SECURE LIVES”**

## OUR MISSION

**“BY WORKING TOGETHER WE ENSURE THAT PEOPLE IN SRI LANKA UNDERSTAND HOW MUCH OLDER PEOPLE CONTRIBUTE TO SOCIETY AND THAT THEY MUST ENJOY THEIR RIGHT TO HEALTHCARE, SOCIAL SERVICES AND ECONOMIC AND PHYSICAL SECURITY”**

HelpAge Sri Lanka (HASL) was established in 1986, following the first World Assembly on Ageing, held in Vienna in 1982. HASL's initial services and programmes were developed based on the 62 recommendations of the first World Assembly. This was followed by the United Nations' Principles on older persons' independence, participation, care, self-fulfilment and dignity declared in 1991. Programmes were further adapted in keeping with other UN Conventions such as the International Year of Older Persons in 1999. At present, HASL is developing policies in keeping with the recommendations of the Second World Assembly on Ageing, held in Madrid in 2002.

HASL counts over three decades of experience, working with vulnerable senior citizens of Sri Lanka and is committed to providing an invaluable service in improving health, eye care and well-being for needy senior citizens across the country. HASL also trains volunteers in-home care to serve the needy elders. In addition, education programmes are conducted, especially among schoolchildren, to raise awareness on issues related to senior citizens.

The establishment of HASL is credited to Mr. H.P. Gooneratne and Mr. John F Pearson of HelpAge International (HAI), who were in Sri Lanka on a fundraising mission for senior citizens. During the meeting, Mr. Pearson encouraged the Sri Lankan representatives to establish an organisation which was fully committed to matters pertaining to senior citizens of Sri Lanka.

The ultimate result of the meeting was the establishment of HelpAge Sri Lanka by Mr. Gooneratne, who became the Founder Chairman of the organisation. The first HASL office was set up in a small building with six staff members. From these small beginnings, HASL has now grown into an outstandingly successful non-government organisation that provides multiple services to destitute senior citizens to uplift their quality of life.

Registered under the Companies Act No. 17 of 1982 and re-registered under the Companies Act No. 07 of 2007 (GA 545), HASL was incorporated as a limited liability company. The Memorandum of Articles of Association of HASL was registered on 24 January 1986 and amendments were made later on 11 August 1986, 23 September 1999 and 26 November 2007. Subsequently, it was registered under the Voluntary Social Services Organisation Act No. 31 of 1980 as amended by Act No. 08 of 1998 as a Voluntary Social Services Organisation (bearing No. 11/4/1/590/86). Thereafter, the newly registered HelpAge Sri Lanka was gazetted as an approved charity on 11 March 1998.

In 2010 HASL was privileged to be among the first of the sixty global affiliates to achieve 'sister status' with HelpAge International (HAI) UK.

From 2004 onwards under the Chairmanship of Deshabandu Tilak de Zoysa together with a band of dedicated Council members, HASL has been successful in its efforts to provide a better life for destitute older persons by ensuring that the services provided by HASL reach the people who really need it.

Being a non-government approved charity organisation; HASL is committed to achieving and maintaining the highest standards of corporate governance through clear policies. HASL has supported the ageing population in Sri Lanka and provides a platform to highlight their needs, by working alongside government policymakers and regional and international organisation to ensure the need for age inclusiveness in all spheres.

## **CHAIRMAN'S MESSAGE**



**WHILST BEING KNOWLEDGEABLE ABOUT THE SERIOUSNESS OF THE CIRCUMSTANCES THE ELDER POPULATION FACES TODAY, THE ACTIVITIES OF HELPAGE SRI LANKA WILL BE OF MUCH RELIEF TO THE MOST AFFECTED.**

2021/22 was no easy year for HelpAge Sri Lanka. The Coronavirus had, and still continues to have an impact on every aspect of our daily lives and our social lives, leaving traces of adverse consequences.

Despite the COVID shocks, I'm heartened to note that HASL has performed remarkably well and better in the year under review. The performance of service delivery and economic well-being has outnumbered the achievements of 2019/20, the pre-COVID period.

The global impact of COVID-19 has had rippling effects in our part of the world. Needless to say that the lives of poor elders have become even more challenging. This publication provides a glimpse of elder-abuse based on the Policy Brief: The Impact of COVID-19 on older persons, published in May 2020 by the United Nations.

### **VIOLENCE, NEGLECT, AND ABUSE**

Abuse of older persons has been on the rise and estimates before the COVID-19 pandemic suggested that 1 in 6 older persons were subjected to abuse in 2017 and 2018. Since the outbreak of COVID-19, there have been widespread reports of increased violence against women, and particularly intimate partner violence, exacerbated by lockdown conditions. While age-disaggregated data is not available, policy responses need to incorporate the needs and rights of older persons, especially older women, whose dependence on family members for their daily survival and care, make them especially vulnerable to abuse.

The pandemic leaves many older victims without access to assistance and services. Special attention needs to be given in contingency plans and strategies to address the amplified threats faced by older refugees, migrants and internally displaced persons (IDPs) and provide access to health treatment and care, including access to national health services where capacity for acute care will be higher.

In its 'Way forward', the policy brief suggests:

"Older persons have long been subject to inadequate protection of their human rights and overlooked in national policies and programmes. COVID-19 recovery is an opportunity to set the stage for a more inclusive, equitable and age-friendly society, anchored in human rights and guided by the shared promise of the 2030 Agenda for Sustainable Development to Leave No One Behind".



Whilst being knowledgeable about the seriousness of the circumstances the elder population faces today, the activities of HelpAge Sri Lanka will be of much relief to the most affected.

HelpAge Sri Lanka endeavours towards the poor marginalised elders and the benefits they enjoy due to HASL programmes and Projects are evident in the pages to follow. Leaving behind a difficult time and heading towards a more grey tomorrow in view of the present economic and political crisis of our beautiful country, we still need the help and cooperation of our generous donors, well-wishers and all stakeholders to continue our meritorious deeds to uplift the lives of the elderly. It is our responsibility to ensure that their rights and dignity is safeguarded at all times.

### **ACKNOWLEDGEMENTS**

First and foremost I would like to thank all our loyal donors who have been with us for so long through good and bad times. We also want to pay our respects to the donors we have lost and to their families, all of whom are very much in our thoughts.

We owe a special word of 'Thank You' to Age International, HelpAge International (HAI) and its Global Emergency Fund (GEF), United Nations Population Fund (UNFPA), UN Habitat, UNDP, Berendina Development Services (Gte) Ltd. and all other international and national donors including the Plantation Human Development Trust (PHDT), for their continued support that pulled us through this most difficult period.

I wish to convey my gratitude to Mr. Kamantha Amarasekera and Dr. P.N. Fernando for their magnanimous donations to strengthen the HelpAge Programmes and services.

A special word of acknowledgement is extended to the Deputy Chairman Deshabandu Ajit Jayaratne for his advice and guidance in the area of finances of HASL.

My colleague and Honorary Member of the Council, Mr. Nimal Dias Jayasinha's guidance and direction, particularly in the Home Care Assistance Programme is acknowledged with gratitude.

I am particularly grateful to our Honorary Member of the Council, Mr. Nishantha Gooneratne for his deep commitment and interest in the operational aspects of HASL and for the assistance provided to the Executive Director.

The guidance and advice extended by the Honorary Member of the Council, Dr. (Mrs.) Champa Banagala in relation to the functioning of the Eye Hospital is very much appreciated.

I am pleased to acknowledge the valuable contribution of Ms. Yasmin Raheem and Ms. Anosha Subasinghe, Honorary Members of the Council for their assistance in compiling the HASL Annual Reports during the past several years.

The support and assistance of all other Honorary Members of the Council are also acknowledged with much gratitude.

It is my duty to thank Mr. Samantha Liyanawaduge, the Executive Director of HASL who is the leader in the forefront, the person who withstands all shocks and difficulties of the battle. This is a special note to acknowledge his resilience during the turbulent period of time.

I also thank profoundly all Heads and members of the management teams for their dedication and support. Their immense commitment and hard work has paid the dividends.

My sincere acknowledgement goes out to Dr. Vijith Kannangara, the Chairman of Smart Media, The Annual Report Company and his team for their complimentary services in producing this Annual Report and assisting HASL likewise for the past 14 years.

I would also wish to thank the Partners of D.N. Thurairajah and Company, and Ceylon Secretarial Services (Pvt) Limited for continuing to provide complimentary secretarial services to HASL and also to our Auditors, Wijeyeratne & Company, Chartered Accountants for serving us for years.

These are unprecedented times of challenges and hardships and the elderly population requires special care. The elders who are mostly engaged in their own small businesses and depend on their limited income for daily living will be in dire straits. I earnestly hope that, with the support of all our stakeholders including our loyal donors and other well-wishers, HASL will continue to stand braving many storms to serve our elders.



**Deshabandu Tilak de Zoysa**

*Chairman*  
HelpAge Sri Lanka  
Global Ambassador  
HelpAge International

## **EXECUTIVE DIRECTOR'S MESSAGE**



**ALL HELPAGE SRI LANKA PROGRAMMES AND PROJECTS INCLUDING HOME CARE VOLUNTEER AND ASSISTANCE SERVICE ARE BOUND BY THE STATE REGULATIONS AND HASL GOALS. THEY STRIVE AT ALL TIMES IN IMPROVING THE QUALITY OF LIFE OF THE MARGINALISED AND VULNERABLE ELDERS AND THEREBY HELP THEM LIVE WITH DIGNITY.**

In a year unlike any other, where performance was below expectations in the wake of a pandemic situation, my task was an uphill one in getting the HelpAge Sri Lanka (HASL) flag flying high. With much effort, HASL was able to achieve remarkable results during 2021/22 in spite of the challenges we faced during the period. At the end of the financial year under review, HASL was strong enough to get close to the performance of pre-COVID phase.

Since our last report of 2020/21, we have moved forward by regaining our targets remarkably well. Our achievements this year have come along with numerous challenges. We lost nearly 30% of our staff, and the work pressure was

felt all around. Although there were some setbacks in the post-COVID setting with 'new normal regulations', travel bans and quarantine curfews, we have performed notably well across the divisions and our overall performance was quite successful. We have been able to serve 1717 beneficiaries in the Eye Hospital alone which was 69% over and above the previous year. The pages of this publication will capture the achievements of HASL that we can all take pride in.

At this juncture, I would like to share some important insights pertaining to older people of Sri Lanka. The report 'Growing old before becoming rich – challenges of an ageing population in Sri Lanka – December 2019' published by the Asian Development Bank (ADB), presents an analysis of the state of the elderly in Sri Lanka and the challenges as well as the opportunities an ageing population may bring. It sheds light on their sources of income and living arrangements, vulnerability to poverty, participation in the labour market, social security, healthcare and long-term care.

According to this report, the prevalence of disability increases with age. Difficulties in seeing, hearing, and walking also increase sharply after the age of 70 according to the report. The prevalence of deterioration in cognition also increases sharply after 70 while difficulties in self-care increase sharply after 80. The prevalence of all disabilities is higher among females. Half or more of older people with vision difficulties do not use an aid for their vision impairment nor do they use a hearing aid for their hearing impairment. Use of assistive devices for vision and hearing difficulties and mobility impairment are low in all urban, rural, and estate sectors mainly due to unaffordability.

HelpAge Sri Lanka's vision in giving sight to the elders who are suffering from impaired vision, helping the elders with hearing difficulties, extending assistance to elders with limited mobility, early detection and improving the health status of elders, formation and capacity building of senior citizens committees/elders committees, raising awareness and promoting active ageing programmes, relief distributions for COVID-19 and disaster affected elders and many other projects were successfully accomplished during the period under review.

Sri Lanka has several laws, policies, and plans relevant to population ageing. Among the laws that focus on the rights and welfare of elders in Sri Lanka are, the Protection of the Rights of Elders Act No. 9 of 2000 and the Protection of the Rights of Elders (Amendment) Act No. 5 of 2011. The 2000 Act established the National Council for Elders (NCE) and the National Secretariat for Elders (NSE) was established to implement the decisions taken by the NCE. The Act states that children must provide necessary care for their parents and not neglect them, and that in the absence of such care, the state shall provide appropriate facilities to destitute elders who are without children or are abandoned by their children.

The Act calls on the NCE and NSE to recommend programmes to support families and establish welfare centres, recreation centres and day care centres. In addition, the Constitution of Sri Lanka stipulates the right to access to healthcare for all citizens. The Protection of the Rights of Persons with Disabilities Act was enacted in 1996 to address issues faced by people with disabilities in Sri Lanka and safeguard their rights, which also covers elders with disability in the country. In 2006, the National Charter for Senior Citizens was adopted by the Cabinet which defines the rights and responsibilities of older persons in Sri Lanka. Also, in 2006, the National Policy for Senior Citizens of Sri Lanka was adopted by the Cabinet.

All HelpAge Sri Lanka Programmes and Projects including Home Care Volunteer and Assistance Service are bound by the state regulations and HASL goals. They strive at all times in improving the quality of life of the marginalised and vulnerable elders and thereby help them live with dignity.

### **ACKNOWLEDGEMENTS**

Our ultimate objective is to enhance the quality of life of our needy elders and all what we do rests on this.

With the vision and support of our Chairman Deshabandu Tilak de Zoysa and the eminent Members of the Council, our ever dedicated staff and volunteers, we are determined to achieve our corporate goals.

A special note of appreciation goes to Dr. P.N. Fernando who donated a brand new TATA Micro Bus to strengthen the HASL Mobile Medical Unit – our Doctor on Wheels that reaches the poorest of the poor senior citizens island-wide.

I would also like to thank HelpAge International (HAI) and its Global Emergency Fund (GEF) for the assistance and support extended to the country as well as to HASL during and post-pandemic phase and during disaster-affected periods. HAI has always been our strength through critical and hard times. A special note of thanks goes to Mr. Eduardo Klien, the Regional Representative, Asia Pacific Region who has extended continuous support without any hesitation.

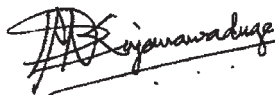
We remember with gratitude our founder Chairman the late Mr. H.P. Gooneratne who established this great institution. The guidance and support received from my Chairman Deshabandu Tilak de Zoysa who is a tower of strength, particularly in making difficult decisions, is much appreciated. The advice and assistance received from the Deputy Chairman, Deshabandu Ajit Jayaratne is also acknowledged with much gratitude.

We are also grateful to our Council Member, Mr. Nimal Dias Jayasinha for the invaluable guidance and assistance rendered at all times to improve and expand the Home Care Assistance Service.

We also thank our Council Member Mr. Nishantha Gooneratne for his constant assistance mainly in the operational activities. The cooperation and assistance extended by all other Honorary Members of the Council in many ways is acknowledged with appreciation.

All our invaluable generous donors and clients are the backbone of HASL. We are extremely thankful for your unflinching faith in us as we tread uncertain paths as partners together.

My heartfelt gratitude is extended to all members of the HASL staff who walked along with me through difficult and rough times as a team. May you all have strength to take HASL to greater heights in years to come.



**Samantha Liyanawaduge**

*Executive Director*  
HelpAge Sri Lanka

## MEMBERS OF THE COUNCIL



Deshabandu Tilak de Zoysa  
Chairman



Deshabandu A.M. de S. Jayaratne  
Deputy Chairman



Deshabandu (Mrs.) Jezima Ismail



Mr. Sanjeev Gardiner



Dr. (Mrs.) C.P. Banagala



Ms. Anosha Subasinghe



Ms. Yasmin Raheem



Mr. N. Dias Jayasinha



Mr. Nishantha Gooneratne



Mr. Krishan Balendra



Mr. Maithri Wickremesinghe PC



## OUR STRENGTH

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### Seated (Left to right)

Mrs. C.N. Ekanayake, Mr. D. Paranawithana, Mr. M.S. Ediriweera, Mr. Samantha Liyanawaduge, Mr. G.C. Mendis, Mr. M.S.C. de Silva and Mr. A. Kannangara

### Second row (Left to right)

Mr. J. Karunasena, Mr. J.B. Gunasekera, Mr. B. Nanayakkara, Mrs. P.P. Bulathsinghala, Mr. M.A.S. Dilshan de Silva, Mrs. S.P. Gamage, Mr. C.D. Hewage and Mr. N.T.S. Kodikara

### Third row (Left to right)

Mr. A.G.D. Ishan, Mrs. G.D.C.D. Kumari, Ms. S.D. Kaluarachchi, Mrs. C.P. Basnayake, Ms. J.A.I. Madurangi, Mrs. R.K.D. Deepika, Ms. P.V.U. Sasikala, Ms. H.L.S.U. Madanayake, Mrs. P.G.A.T. Gamage, Ms. T. Dedduwage, Ms. J.S. Wanniarachchi, Mrs. C. Jayawardena, Mr. K.A.C. Thanuja and Mr. S.D.T.K. Lakmal

### Fourth row (Left to right)

Mr. K.D.K. Roshan, Mr. K.S. Karannagoda, Mr. A.G.U. Piyasiri, Mr. A. T. Alwis, Mr. W.E.R. Sepala, Mr. W.G.T.U. Padmakumara, Mr. M.D.S.D. Senanayake, Mr. A.G. Senaratne, Mr. T.M.P.K. Tennakoon, Mr. P.C.L.D. Vithanage, Mr. L.A.A. Padmakumara, Mr. K.N.P.K.Silva, and Mr. G.D.C. Jayalath



### HelpAge Eye Hospital

#### Seated (Left to right)

Dr. M.J.A. Jeza, Dr. (Mrs.) K.K.A. Nandani, Mr. G.L.H.D. Amaratunga, Dr. J. Vidanapathirana, Dr. (Mrs.) H.M.P. Samaratunge and Mr. C.E. Fernando

#### Standing (Left to right)

Mrs. W.V.N. Ishani, Mrs. C.P. Ariyasena, Mrs. K.N. Gamage, Mrs. M.L.D. Pemalatha, Ms. P.P.K. Gayani, Mrs. C.M. Wilpathage, Ms. P. Priyadarshani, Ms. W.S.S. Kulasuriya, Ms. B.M.G.M. Bandara and Ms. M.R.E. Senevirathne



### H.P. Gooneratne HelpAge Elders' Day Care Centre

Seated (Left to right)

Mrs. R. Wijayaratne, Mr. S. Karunakaradasa,

Standing (Left to right)

Mrs. P.W. Chandralatha, Mr. W.M. Ranbanda



### Home Care Division

Seated (Left to right)

Mr. K.A.P. Ratnasiri, Mr. C.J.K. Senevirathne and Mrs. J.M.J.C.K. Jayasinghe

Standing (Left to right)

Mr. O.P.N. Perera, Mrs. H.K.A.N. Kumari, Mrs. S. Ekanayake, Mrs. M.H.A. Eranga,  
Mrs. P.S. Kathriarachchige, Ms. M.K.H.U. Ranasiri and Mr. H.K.A.P. Kumara

# PROGRAMME DIVISION

The Programme Division of HelpAge Sri Lanka (HASL) continued to implement several donor-funded projects focusing on enhancing the living standards of senior citizens and especially, supporting vulnerable elders through many initiatives to safeguard them from the COVID-19 pandemic (which has become a major threat to their lives), natural disasters and the prevailing economic crisis in Sri Lanka.

The main projects implemented during the period under review are as follows:

1. Sponsor a Grandparent Programme (SaG) 2021-22
2. Financial Assistance Programmes for livelihood activities of senior citizens
3. Flood Response Project – Global Emergency Fund – Project 1 (Western and Southern Provinces)
4. Flood Response Project – Global Emergency Fund – Project 2 (North-Western and Northern Provinces)
5. Give2Asia COVID-19 Response Project 1 (Sri Lankan Elderly 2020 Grant)
6. Give2Asia COVID-19 Response Project 2 (Providing a basket of nutritious food for elders)
7. Emergency COVID-19 Response Project – HelpAge Korea
8. UNFPA Project – Strengthen meaningful inclusion of older persons including people with disabilities in emergency preparedness efforts in Sri Lanka

## 1. SPONSOR A GRANDPARENT PROGRAMME (SaG)

HelpAge International (HAI), Age International (AI) and HASL continued the SaG Programme for 2021/22. Project period; 1 April 2021 to 31 March 2022 with a total budget allocation of GBP 35,299.

The following activities were conducted during the period under review.

### **1.1 RAPID NEEDS ASSESSMENT (RNA) STUDY AMONG OLDER PERSONS DURING THE COVID-19 PANDEMIC AND TO DISSEMINATE THE INFORMATION TO THE GOVERNMENT AND COMMUNITY SERVICE ORGANISATIONS ON THE NEEDS OF OLDER PERSONS**

HASL conducted RNA studies among selected samples of older people to identify their needs and to plan the programme activities under the SaG Project.

### **1.2 YOUTH EDUCATION PROGRAMME (YEP) TO RAISE AWARENESS AND SENSITISE SCHOOLCHILDREN ABOUT ELDERLY AND THEIR NEEDS**

Please refer to the ToT Programme details under the Youth Education Programme (YEP) report.

### **1.3 PROMOTION OF ELDERLY RIGHTS AND ADVOCACY PROGRAMMES**

Ten Elders' Rights Awareness Programmes were conducted in Ambalantota, Divulapitiya, Dompe, Galle Four Gravets, Kataragama, Mathugama, Niyagama, Weligama and Welivitiya-Divutura. 562 older people participated. Posters and leaflets were also distributed. Training on how to initiate advocacy programmes on their rights and entitlements at village and national level was also a part of this programme.

### **1.4 MOBILE MEDICAL UNIT (MMU) PROGRAMME**

55 Mobile Medical and Eye Camps (MMUs) were conducted in Ampara, Anuradhapura, Badulla, Colombo, Galle, Gampaha, Hambantota, Jaffna, Kalutara, Kegalle, Kurunegala, Matale, Matara, Polonnaruwa, Puttalam, and Trincomalee Districts. A total of 7,365 elders benefited from this programme.

### **1.5 TRAINING HOME CARE VOLUNTEERS TO SERVE VULNERABLE ELDERLY**

Please refer to Home Care Volunteer Training details in Home Care Division report.

### **1.6 COMMUNITY ACTIVITIES**

#### **A) Community development project**

A Community Development Project on advocacy and rights, bookkeeping, fundraising, good governance and management and leadership, was conducted to build capacity of 260 leaders of 160 SCCs and was implemented at Divulapitiya, Dompe, Kamburupitiya, Mathugama, Niyagama, Thihagoda, Weeraketiya and Weligama Divisional Secretariats.

#### **B) Leadership development training**

Under the Community Development Programme, HASL conducted Leadership Development Training at Hanwella Action Park run by Rangiri Aqua Edutainment Academy. This Outward Bound Training (OBT) was conducted for 60 elders and they participated in team building, adventures, trust building, and entertainment activities.



### **C) Psychosocial well-being**

Awareness on psychosocial well-being was conducted by the Head of Programmes for 420 elders in Bulathsinhala, Divulapitiya, Galle Four Gravets, Madurawala, Niyagama, Welivitiya-Divitura, and Weligama areas with the objective of assisting elders to manage their worries and to live happily.

### **D) Livelihood support – SaG direct funded**

Under this programme, Rs.10,000/- per elder was paid to improve their livelihood activities with the recommendation of the SCC's. However, due to the COVID-19 pandemic, only 10 elders received this benefit during the period.

### **E) Donation of assistive devices**

Wheelchairs, crutches, walking sticks, hearing aids etc., were distributed among 22 elders with disability, who were identified by the SCCs in Matara, Galle and Gampaha Districts.

### **F) Establishment of day care centres**

Two SCCs were identified and assisted to establish two new Elders' Day Care Centres. These Centres were formed in Karavile GN Division of Kataragama, DS Division of Moneragala District and Thotillagahawatte in Divulapitiya DS Division of Gampaha District. A sum of Rs. 62,500/- and Rs. 61,500/- were provided to the above Day Care Centres to purchase required equipment, furniture and also to repair the building walls.

### **G) Home gardening programme**

HASL provided home gardening tool kits and seed packs to selected 300 older people to promote home gardening and to build resilience to face the economic crisis. Older people have actively participated by growing beans, bitter gourd, brinjal, capsicum, chilies, ladies fingers, long beans etc. under this programme.

### **H) Awareness programmes on COVID-19**

Awareness on COVID-19 were conducted in several DS Divisions in Galle, Gampaha, Hambantota, Kalutara, Kandy, Matara and Moneragala Districts for 780 elders. COVID-19 awareness leaflets and posters were also distributed among the elders.

### **I) Livelihood assistance programme for needy elders – HASL Project**

Due to the COVID-19 pandemic HASL was able to provide new loans for 87 beneficiaries in 9 SCCs in Colombo, Galle and Matara Districts. The total

disbursement was Rs. 870,000/- for dressmaking, food industry, home gardening, handicraft production, making lamp wicks, pottery industry, retail shops, dry fish sales, vegetable and fruit cultivation. 348 elders indirectly benefited from this programme.

## **2. OTHER LIVELIHOOD ASSISTANCE PROGRAMMES**

### **A) Berendina Microfinance Investment Company Limited (BMIC)**

BMIC issued livelihood assistance loans to 119 elders in Aranayaka, Bulathkohupitiya, Dehiowita, Galigamuwa, Ginigathena, Horowpathana, Ipalogama, Kahatagasdigiya, Kothmale, Kuchchaveli, Madyama Nuwara Gampalatha, Mawanella, Serunuwara, and Thirappane areas for animal husbandry, carpentry, tea, and rubber cultivation, vegetable and fruit farming, dressmaking, fisheries, poultry, retail shops and electric welding. Total disbursement was Rs. 5,800,000/-.

### **B) Expolanka Holdings PLC (EHP)**

Due to the COVID-19 pandemic, only 15 new livelihood assistance loans were issued to the members of the Putupagala SCC in Dompe DS Division of the Gampaha District. 15 senior citizens received loans and the total disbursement was Rs. 200,000/-.

## **3. FLOOD RESPONSE PROJECT – GLOBAL EMERGENCY FUND (GEF) – PROJECT 1 (WESTERN AND SOUTHERN PROVINCES)**

Sri Lanka faced a flood situation during May and June, 2021 as a result of the Southwest monsoon. A total of 48,300 people (12,177 families) were affected in ten areas including many from Galle, Matara, Kalutara, and Rathnapura Districts in May. This disaster took place during the COVID-19 third wave when all movements were restricted by the Government.



*Flood Response Project – Global Emergency Fund (GEF) – Project 1*



Under the above condition HASL Programme Division submitted a project proposal to HAI Global Emergency Fund to respond to the disaster situation. Rs. 8,178,588/- was approved by the HAI for the project implemented from July to November 2021. Project areas were Colombo, Galle, Gampaha, and Kalutara Districts. Affected older people and families were selected through the 12 Divisional Secretariats (DS) offices.

#### **MAIN ACTIVITIES COMPLETED**

1. Provided 1,004 dry food packs for affected elders and their families.
2. Provided 1,004 non-food items for affected elders and their families.
3. Government officers and health workers serving the older people were provided 3,493 Personal Protective Equipment (PPE) and sanitisers to protect themselves from the COVID-19 and other diseases
4. Conducted awareness campaigns among 8,234 affected people
5. Provided psychosocial support and individual counselling support for 102 elders through volunteers and field coordinators

In total 25,830 older people and their family members benefited.

Food and non-food beneficiary details:

No.	District	DS Division	Number of elders	Number of family members
1.	Colombo	Kolonnawa	90	376
		Kaduwela	148	602
2.	Galle	Niyagama	152	608
		Welivitiya-Divithura	100	413
		Nagoda	37	148
		Galle Four Gravets	39	162
		Neluwa	24	96
3.	Gampaha	Dompe	144	573
4.	Kalutara	Madurawala	100	405
		Palindanuwara	70	341
		Bulathsinhala	100	400
Total			1,004	4,124

#### **4. FLOOD RESPONSE PROJECT – GLOBAL EMERGENCY FUND (GEF) – PROJECT 2 (NORTH WESTERN AND NORTHERN PROVINCES)**

Unexpected heavy rainfalls once again caused floods, andslides and hurricanes during October and November 2021 in the Central, North Central, Northern, North-Western, Sabaragamuwa, Southern, Uva, and Western Provinces of the island. 230,640 people from 65,704 families in 151 DS Divisions of 17 districts were affected.

HASL Programme Division submitted the second project proposal to the HAI Global Emergency Fund for Floods and COVID-19 emergencies in November 2021.

Project Period was from 22 November 2021 to 22 January 2022. HelpAge International (HAI) GEF approved Rs. 8,260,933.33 to carry out the project in Jaffna, Mannar and, Puttalam Districts.

#### **MAIN ACTIVITIES COMPLETED**

- Distribution of dry ration packs for a period of two weeks per family with four members. 1,091 elderly headed families covering 4,660 family members were benefited
- Distribution of non-food items for a period of two weeks per family with four members. (1,035 elderly-headed families, covering 4,369 beneficiaries in total)
- Distribution of Personnel Protective Equipment (PPEs) for one month (1,035 elderly-headed families 4,369 beneficiaries in total)
- Distribution of Disability Aids – 251 disabled older people were benefited.

In total 12,860 older people and their families were benefited.



*Flood Response Project – Global Emergency Fund (GEF) – Project 2*

Food Items were distributed as follows:

No.	District	DS Division	Dry food items		Non-food and PPE	
			Number of families	Total beneficiaries	Number of families	Total beneficiaries
1.	Jaffna	Chankanai	100	412	100	412
		Kayts	100	421	100	421
2.	Mannar	Mannar Town	200	856	200	856
3.	Puttalam	Wanathawilluwa	102	414	102	414
		Puttalam	100	426	100	426
		Kalpitiya	156	780	120	600
		Arachchikattuwa	100	386	100	386
		Mundalama	131	578	111	467
		Anamaduwa	44	167	44	167
		Nawagaththegama	36	134	36	134
		Mahakumbukadawala	22	86	22	86
Total			1,091	4,660	1,035	4,369

## 5. GIVE2ASIA COVID-19 RESPONSE PROJECT 1

### (SRI LANKAN ELDERLY 2020 GRANT)

The project objectives were as follows:

1. To protect elders and social workers in selected elders homes from COVID-19
2. To support hospitals and SCCs to protect from COVID-19
3. Raise awareness among responsible authorities and the general public to obtain the vaccines in order to protect elders from COVID-19

A total number of 9,400 benefited from this programme.

This project was approved in April 2021 and the total budget was Rs. 1,655,692/-. Project period was from 1 May to 31 August 2021. This project was extended up to 30 November 2021 due to COVID-19 lockdown.

The main activities were:

1. Provided 35 hand washing facilities for elders' homes, day care centres and hospitals. (Total beneficiaries 4,695)
2. Provided Personnel Protective Equipment (PPE) for 30 elders' homes, hospitals and day care centres. PPE kits were distributed among 30 elders' homes in Colombo, Gampaha, Kalutara, Galle and Matara Districts (Total beneficiaries 3,965)
3. Conducted a COVID-19 awareness programme for the elders.

COVID-19 awareness programmes were done in 30 elders' homes. (Total beneficiaries 6,500)

In total, 15,160 older people and staff serving elders were benefited from this project.



Give2Asia COVID-19 Response Project 1

**DISTRIBUTION OF PPE PACKS AND INSTALLATION OF HAND WASHING UNITS IN THE FOLLOWING ELDERS' HOMES, DAY CENTRES AND HOSPITALS WERE COMPLETED UNDER THIS PROJECT**

1. Abesekara Elders Home Kurundugaha – Elpitiya
2. ACWBC Elders Home Colombo
3. Amara Piya Memorial Elders Home (for blind people) – Udamapitiyagama Dompe.
4. Ariyadasa Elders Home Ahangama
5. Base Hospital Homagama
6. Captain Anuruddha Wijewantha Padanama Elders Day Centre and Ayurveda Hospital Akuressa
7. Elders' Home Agalawatte Kaluthara Bodhi Padanama
8. Gamini Matha Elders Home Colombo
9. Gamini Suwasetha Elders Home Baddegama
10. HelpAge Age Care Centre Boralesgamuwa
11. HelpAge Eye Hospital – Wellawatte
12. K.A. Leelawathi Wijenayaka Anusmarana Jeshta Purawesi Nikethanaya
13. Kalubovila Teaching Hospital
14. Karapitiya Teaching Hospital – COVID-19 Ward (68)
15. Karunaratne Elders Home Kamburupitiya
16. Madampe Cecilius de Silva Elderly Home in Ambalangoda
17. Mallika Niwasa Elders Home – Colombo
18. Manathunga Bandarigoda Elders Home Niyagama
19. Mayura Elders home Mathugama – Mathugama Social Service Society
20. Moratuwa Janadara Elders Home
21. Paramitha Mapiya Sewana – Elder Home – Ramiya Welipenna
22. Pathagama Elders Home – Balapitiya
23. Sahanoda Elders Home – Aththidiya Dehiwala
24. Samarasinghe Elders Home Piyadigama Gintota
25. Sarvodaya Suwasetha Agnes Gunasekara Elders Home, Ratmalana
26. Sarvodaya Suwasetha Elders Home, Hikkaduwa
27. Saviya Athwala 3 Francis de Silva Elders' Home at Akkarawissa Pinkanda, Dodanduwa
28. Senehasa Elders and Disabled Elders Home Homagama
29. Shakthi Blind Elders Home Kamburupitiya

30. Sri Lankadara Society Elders Home Colombo 06
31. Van Reeth Elders Homes Galle
32. Victoria Home for Elder – Colombo
33. Wayovurdharamaya (Elderly Bikku Home) – Baddegama
34. Weligama District Hospital
35. Wijerathna Elders home Rathgama

**6. GIVE2ASIA COVID-19 RESPONSE PROJECT 2**

**(PROVIDING A BASKET OF NUTRITIOUS FOODS FOR THE ELDERS)**

This project was approved in May 2021 for a total budget of Rs. 2,167,956/-. Project period – 1 May to 31 August 2021. Project period was extended up to 30 November 2021.

The main activity was the distribution of dry rations among 643 needy elders and their families in Colombo, Galle, Gampaha, Kalutara, Matara, and Monaragala Districts. In total 2,680 older people and their families benefited from this project.

Distribution details

No.	District	Number of elders	Number of family members
1.	Colombo	135	540
2.	Galle	198	804
3.	Matara	200	800
4.	Kataragama	123	492
5.	Gampaha	11	44
Total		667	2,680

**7. EMERGENCY COVID-19 RESPONSE PROJECT – HELPAGE KOREA**

HASL submitted a proposal to the COVID-19 Response Proposal call of HelpAge Korea in October 2021 for a budget of Rs. 1,563,446/-. The project was approved and commenced on 15 November 2021 and was completed on 10 December 2021. The project was initially planned to provide dry rations for 450 elderly-headed families in Kandy, Ratnapura, and Moneragala Districts. However, HASL distributed 505 dry ration packs among selected 505 older people and their families. A total of 2,020 older people and their families benefited.

No.	District	DS Division /SCC	Number of families	Number of beneficiaries
1.	Kandy	Thumpane	53	212
		Poojapitiya	41	164
		Harispattuwa	42	168
		Hatharaliyadde	40	160
2.	Ratnapura	Ratnapura	162	648
3.	Moneragala	Katharagama	167	668
Total			505	2,020



*Give2Asia COVID-19 Response Project 2*

### **8. UNFPA PROJECT – STRENGTHEN MEANINGFUL INCLUSION OF OLDER PERSONS INCLUDING PEOPLE WITH DISABILITIES IN EMERGENCY PREPAREDNESS EFFORTS IN SRI LANKA**

UNFPA collaborated with HASL to conduct the above project from 12 January to 31 March 2021 with a budget of Rs. 8.1 Mn. A Disaster Risks Reduction Project (DRR) was implemented in in Welivitiya-Divithura and Niyagama in the Galle District and in Thihagoda and Mulatiyana in the Matara District. This project was extended till November 2022 due to COVID-19.

#### **ITEM DISTRIBUTED TO EACH DS DIVISIONS**

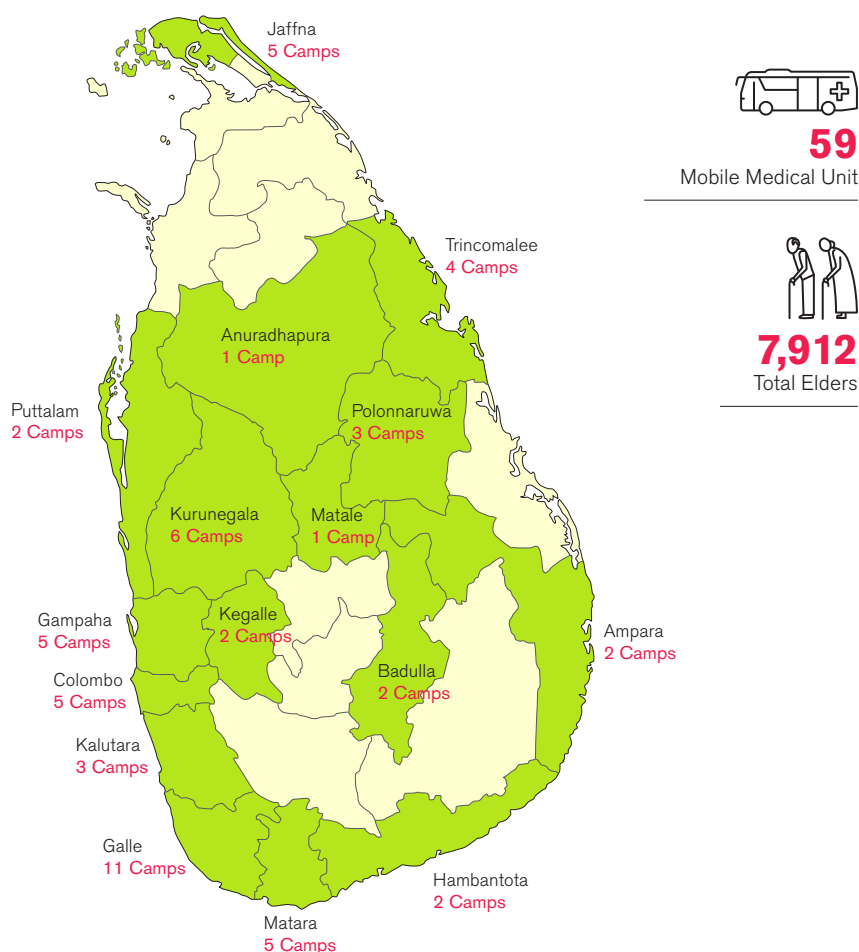
No.	Item	Total Qty	Niyagama DS	Welivitiya DS	Thihagoda DS	Mulatiyana DS
1.	Stranded wheel chair	20	5	5	5	5
2.	Commode wheel chair	22	6	5	6	5
3.	Walking sticks	40	10	10	10	10
4.	Air mattress	8	2	2	2	2
5.	Digital thermometer	8	2	2	2	2
6.	Folding bed	4	1	1	1	1
7.	Emergency stretcher	4	1	1	1	1
8.	BP Meter	4	1	1	1	1
9.	Gluko Meter	4	1	1	1	1
10.	Walkers	8	2	2	2	2
11.	Folding mattress	40	10	10	10	10
12.	Cooking utensils, Cookers, and required Items set for the camps management	4	1	1	1	1
Total		246	62	61	62	61



## MOBILE MEDICAL UNIT (MMU) PROGRAMME

### MMU camps conducted during 1 April 2021 to 31 March 2022

HelpAge Sri Lanka conducted 59 MMU camps during the period under review. 3,352 elders were medically screened and 4,560 elders received eye screening services. Altogether 7,912 elders benefited from these 59 MMU camps. Due to COVID-19, HASL had to temporarily suspend the MMU camps from May to October 2021. From November 2021, HASL MMU Team resumed mobile camps and was able to complete the planned number of camps for the reporting period.



To strengthen mobile medical services around the country, HASL received a donation of a brand new bus. HASL has planned to expand the services using two mobile medical buses and two medical teams. This brand new bus was donated by Dr. P.N. Fernando who is one of our regular generous donors.

Donor	Number of MMU camps	Medical screening	Eye screening	Distribution of spectacles	Cataract identified
SaG	55	3,185	4,180	3,142	1,102
Corporate funded	4	167	380	305	68
<b>Total</b>	<b>59</b>	<b>3,352</b>	<b>4,560</b>	<b>3,447</b>	<b>1,170</b>



Mobile Medical Unit (MMU) Programme



Chaminda de Silva  
Head of Programmes



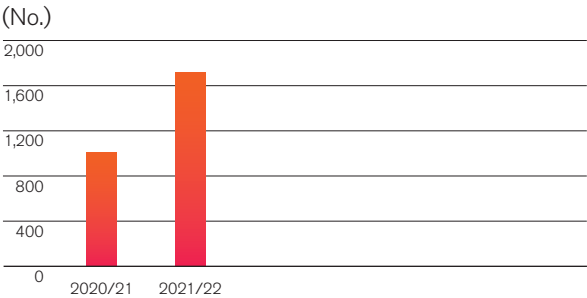
**HelpAge Eye Hospital**  
Cataract Surgery in Progress

PERFORMANCE FOR THE FINANCIAL YEAR 2021/22

The financial year under review concluded with a positive trend in spite of the challenges triggered by COVID-19. Despite the severity of the pandemic, a notable increase in the number of surgeries and patients attending the clinics was seen during the period under review. The commitment displayed by the doctors and the members of the staff of the Eye Hospital is laudable. Recording a 69% increase in the total number of surgeries from previous year's 1,015 surgeries, a total number of 1,717 surgeries were successfully performed for the financial year ending on 31 March 2022. In March 2022, a record number of 303 patients underwent cataract surgeries, the highest so far, since October 2018, when it surpassed 300 surgeries.

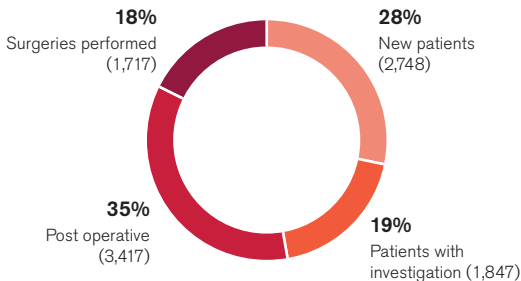
Surgery details of the two seasons are shown below:

BY END OF THE FINANCIAL YEAR – SURGERIES



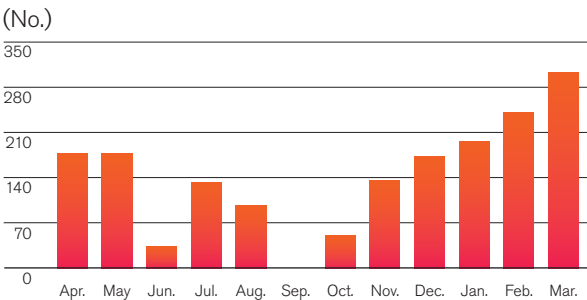
Total number of new patients, surgeries etc. are depicted graphically below:

TOTAL NUMBER OF MEDICAL EXAMINATIONS



Cataract patients identified at the MMUs are referred to the HelpAge Eye Hospital

NUMBER OF SURGERIES CONDUCTED PER MONTH 2020/21



EXTENDING FACILITIES TO REMOTE VILLAGES

To provide the services of the Eye Hospital to remote villages, several programmes were initiated during the period under review. These included eye examinations, health examinations, provision of free spectacles and cataract surgeries. Mobile medical clinics were conducted in Elpitiya, Dambulla and Matara where identified cataract patients were referred to the HelpAge Eye Hospital. These mobile camps were conducted by the Mobile Medical Unit of the Programme Division. A significant increase in the number of patients from remote areas was evident during these clinics.

It was observed that many cataract patients who were in the 'waiting lists' of hospitals attended the HelpAge mobile clinics. Once they were referred to the HelpAge Eye Hospital the surgeries were expeditiously performed to the delight of the elders who suffered with vision impairment.

Another MMU Camp at Matara-Nawimana was successfully concluded with the assistance of the Programmes Division. This was held on 29 March 2022 at Nawimana Raja Maha Viharaya organised by the President of Young Men's Buddhist Association (YMBA), Matara.



The Head of Eye Hospital was invited as a special guest by the YMBA, Matara for their Annual General Meeting held on 30 January 2022 and he made a presentation about the programmes and projects of HelpAge Sri Lanka.

### **STORIES OF BENEFICIARIES**

Bandara Menike, 72, from Dambulla who suffered with low vision was desperate as she could not get her cataract surgery done. She attended the HelpAge Mobile Medical Camp on 23 February 2022. Within a month, the surgery was performed at the HelpAge Eye Hospital and she regained her eye sight.

Elton Nanayakkara from Matara also had a similar experience.

Thanks to the cataract surgery done at the HelpAge Eye Hospital, B.D. Malka Thushari de Soyza from a remote village in Balapitiya could see the distant paddy field which was only a remote dream for her earlier.

### **RELIGIOUS ACTIVITIES**

To invoke blessings for the new year, a Dhamma sermon was delivered by Ven. Ambalantota Seelananda Thero of Sri Sugatharamaya Temple, Wellawatte at the Eye Hospital on 7 January 2022.

### **CELEBRATING ELDERS DAY**

International Day of Older Persons was celebrated in the hospital on 1 October 2021 marked by a *Buddha Pooja* and a *Sangika Dana* which was offered to the priests of Sri Subodharamaya in Kirulapane, Colombo 6.

### **IMPROVED SITTING ARRANGEMENTS**

Improved sitting arrangements were made to ensure the comfort of patients and their guardians during their meals on the ground floor of the Eye Hospital.

### **EMERGENCY RESPONSIBILITY PLAN**

During September 2021 when the hospital was closed for patients due to the fourth wave of the COVID pandemic, a comprehensive document was prepared including action to be taken at a time of emergency. This covered all aspects related to safety measures to comply with during an emergency and an evacuation plan was also designed for the hospital. This was attended in-house and was acknowledged by Sri Lanka Fire Brigade, Colombo 10 to be an effective Emergency Responsibility Plan.

Upon requests made to the Colombo Municipal Council, sign boards were erected outside hospital premises in November, 2021 and February, 2022 prohibiting the tooting of horns in the best interest of the patients.

### **FIRST AID TRAINING PROGRAMME**

On 25 March 2022 Sri Lanka Red Cross Society Colombo conducted a comprehensive training programme free of charge on all aspects of first aid for the benefit of the staff members of the Eye Hospital. This empowered the staff members to face an emergency situation not only at their workplace but also at their homes.

### **MAINTENANCE PROGRAMMES**

Regular maintenance programmes were in place to ensure that all equipment listed in the inventory is maintained in original condition. Low-cost in-house methods have been adopted in this process.

### **DONATIONS**

During the period under review, Eye Hospital received over Rs. 1.5 Mn. donations by means of cash and kind. (Rs.1,269,540/- by cash, Rs. 285,883/- worth lenses and other items).

Following special donors who visited the HelpAge Eye Hospital made generous donations.

- Dr. P.N. Fernando who made a cash donation of Rs. 500,000/- towards the HelpAge Eye Hospital during the last financial year made a further donation of Rs. 500,000/- to purchase a Biometry scanner during the period under review
- Rotary Club of Colombo West donated Rs. 510,000/- to sponsor 44 cataract surgeries. They visited the hospital on 28 July 2021 which coincided with their Annual Convention
- Officials of Lions Club, Park Circle Colombo visited the Hospital on 13 January 2022 and donated Rs. 110,000/-
- Lions Club, Padukka donated Rs. 78,500/- worth name boards to the hospital. Their officials visited the Hospital on 14 February 2022
- Mr. Hasitha Panduwawela of Nugegoda donated Rs. 57,500/- in December 2021
- Mrs. Chamila Gunethilake of Colombo 3 donated Rs. 46,000/- in November 2021
- Mrs. Aida Ghouse of Nugegoda donated Rs. 46,000/- in November 2021



HelpAge Eye Hospital



Lakshman Amaratunga  
Head of HelpAge Eye Hospital

# HUMAN RESOURCES DIVISION

## STRATEGIC HIGHLIGHTS

The Human Resources Division (HR) is responsible for managing human resources within the Organisation. It is the central division which connects all the other internal departments as well as other outside stakeholders in organising various events and lobbying for other services.

Braving the COVID-induced crisis situation, the HR Division had a critical role to play and the HRs strategic highlights during the period under review are as follows:

- Health and safety measures – Periodical disinfection services were carried out at the Head Office, Home Care Division, Eye Hospital and the HASL Ayurveda Centre.
- A safe work environment was promoted while adhering to 'new normal' regulations.
- Cost reduction strategies concerning staff cost – HASL achieved a 30% cost saving compared to the previous financial year.

Reduction of the head count was managed through various HR initiatives such as cross functional work arrangements, job enlargement programmes and job enrichments through careful work studies.

Job duties were reallocated in order to maintain efficiency and productivity. Staff members with specific skills were entrusted with more responsibilities and additional work.

- (a) A Development Officer was transferred to the Logistics Division with additional responsibilities.
- (b) All duties handled by the Assistant Manager, HR who resigned, were reallocated and distributed amongst the remaining HR staff.
- (c) Programme Division's job tasks relating to accounting, management of fund flow, reporting work budgets etc. were allotted to existing staff in the Finance Division. The Programme Division's Finance Officer's fixed term contract was not renewed.
- (d) MMU programme's coordinating functions were assigned to the Development Officer attached to the Youth Education Programme (YEP).
- (e) Volunteer staff were engaged in the Eye Hospital and Tills Programme.
- (f) Four undergraduates were offered internship positions in the Programme Division. More volunteers were accommodated as well.

## HASL STAFF CADRE

During the period under review, the total staff strength was 64 showing a drop of 30% against the previous year. Out of the 64 staff members 30 are females and 34 are males.

24 staff members resigned and nine new recruitments were made during the financial year.

## HR INITIATIVES AS DEPICTED IN THE PHOTOGRAPHS BELOW:



*Staff orientation programmes*



*Long service staff farewell meeting*



*Christmas party at H.P. Gooneratne HelpAge Elders' Day Care Centre*





*Buddhist sermon in commemoration of the Founder Chairman – the late Mr. H.P. Gooneratne*



*New Year 2022*



*Christmas Carols by Federation of the Visually Handicapped*



*Hoisting of the National Flag and HASL Flag on every first Monday of each month*



*H.P. Gooneratne Scholarship Awards for schooling children of HASL Staff*



*Year-end Bodhi Pooja*



*Head Office building decorated for Christmas*



### **LOOKING AHEAD**

Leaving a period of crisis behind, HR Division's vision is to ensure enhanced staff engagement and performance, whilst managing costs and minimising unnecessary expenses. We thank the Management for granting a wage increase to staff members who suffered considerable hardships amidst increasing cost of living and many other constraints.

### **TRAINING CENTRE**

The Training Centre primarily facilitates training programmes designed and conducted by HASL. It also offers its lecture halls and residential facilities to other organisations at a nominal rate to conduct seminars, trainings, and residential programmes. A catering service which serves authentic Sri Lankan and western food through its own 'home kitchen' is also available. The Training Centre's clientele includes state ministries, state institutions, leading private sector institutions, non-governmental organisations, media institutions, associations and societies.

Training Centre facilities include air-conditioned and non-air-conditioned lecture halls with:

- seating capacity for 25 to 100 persons
- residential facilities for 54 persons
- catering facility from bed tea to dinner up to 54 persons
- mid-morning tea with snacks, lunch in buffet style and evening tea with snacks up to 100
- a public address system, multimedia projector etc.

The income generated from renting out facilities of the Training Centre are utilised for various HASL programmes and projects such as the Mobile Medical and Eye Care Programmes, HASL Eye Hospital, provision of free spectacles and free mobility equipment to needy elders and HASL Ayurveda Centre which provides free native treatment to the elderly.

### **PERFORMANCE**

The Training Centre's performance during the financial year under review was quite satisfactory, achieving 81% of the annual budget. The income loss from other potential income-generating sources was due

to the COVID-19 pandemic. Health regulations restricted gatherings, seminars and conferences. The residential programmes too were affected in view of health regulations which required the sanction of the Gramasevaka and the Medical Officer of Health (MOH) prior to such programmes. However, it is noteworthy to state that the Training Centre achieved a 6% net surplus as against the expected 20% of the annual budget for the reporting financial year.

### **WAY FORWARD**

Towards the latter part of the financial year, with much enthusiasm and advertising, the Training Centre was able to supplement the deficit budget and achieve 90% of the readjusted budget. A robust advertising campaign through social media is planned to explore the possibilities of the Training Centre getting listed in directories and event planners.

### **HELPAge SRI LANKA THILAKA SIRIWARDENA AYURVEDA CENTRE, BORALESgamuwa (HASL AYURVEDA CENTRE)**

For the past 17 years, HASL has been providing uninterrupted free Ayurveda treatment to needy elders. Approximately 45 elders attend clinics held at the centre every Thursday of the week.

In 2011, the late Mrs. Thilaka Siriwardena donated her property in Boralessgamuwa to set up and maintain the Ayurveda Centre to serve the needy elders. The Ayurveda Centre was thus relocated and renamed as Thilaka Siriwardena Ayurveda Centre.



*Disinfection Programme Underway*



*Ayurveda Clinics in Progress*



Nelum Ekanayake  
*Head of Human Resources*

Over 2,000 elders receive free ayurveda treatment every year from HASL ayurveda clinics. The number of elders visiting the ayurveda clinics dropped drastically by around 53% as against the previous year, reflecting a clear impact of the constraints induced by COVID-19. Elders found it extremely difficult to obtain health clearance reports from Grama Niladari or the MOH as per COVID-19 precautionary measures without which they were not allowed to attend the clinics.

Ayurveda clinics are conducted jointly with the Ayurveda Teaching Hospital Borella and the Institute of Indigenous Medicine affiliated to the University of Colombo. HASL is grateful to the Ayurveda Teaching Hospital for the provision of medication free of charge and for making the necessary arrangements for one of its doctors, Dr. (Mrs.) Ramesha Gunawardena and pharmacist Mr. H.T. Aruna to work part-time at the HelpAge Sri Lanka Thilaka Siriwardena Ayurveda Centre.

Plans are underway to expand this much appreciated free service to needy elders with the assistance from the Medical Officers of Health, Senior Citizen Committees and other community-based organisations.



H.P. Gooneratne HelpAge Elders'  
Day Care Centre



## **H.P. GOONERATNE HELPAGE ELDERS' DAY CARE CENTRE**

H.P. Gooneratne HelpAge Elders' Day Care Centre at Borupona, Ratmalana was established to help senior citizens living in the vicinity of this facility. They are given the opportunity to visit the Centre in order to maintain their physical and mental well-being. During the period under review, the Day Care Centre (DCC) provided facilities to about 50 elders. While most of the elders are from the neighbourhood, a few elders are from nearby areas such as Panadura, Piliyandala, and Moratuwa. Due to the COVID-19 pandemic, the family members were reluctant to expose their elders to the outside world, hence the attendance was low during the reporting period.

However, the DCC helped the elders to remain active and healthy by encouraging them to join in various activities such as yoga, sewing, playing indoor games, reading, watching television, singing, dancing etc. while adhering to COVID-19 health rules and regulations. Some elders were occupied in income-generating activities such as making of envelopes, artificial flowers, pots, lamp wicks and paper bags.

Meals are provided to the elders with the assistance from many generous donors. Apart from the usual alms giving by the donors, Buddhist rituals like *poojas* and *Pirith* chanting programmes were also conducted during the period under review. A medical team consisting of Dr. Lakmal Jayaratne and two nurses from the Lunawa Hospital visited the DCC every month and provided medical assistance and advice. Some donors organised Dhamma sermons and musical programmes. The elders were invited by various organisations to take part in the activities and events organised by those companies. The HASL Management and the DCC staff also make every effort to keep these elders active and happy at all times.

The following main activities took place during the period under review:

### **5 APRIL 2021**

- A new physical exercise programme was introduced to the elders of the DCC.

### **19 APRIL 2021**

A new yoga programme commenced at the Centre and this was organised and sponsored by Mrs. Ashroff Omar and coordinated by the Executive Director. The experienced yoga instructor, Mrs. Luthfia Bari, continues to conduct this programme every fortnight.

### **5 TO 11 JULY 2021**

- Day Care Centre was closed due to COVID-19 health regulations.

### **8 AND 9 JULY 2021**

- Staff members cleaned and disinfected the DCC premises to recommence work on 12 July 2021.

### **17 AUGUST TO 6 OCTOBER 2021**

- The DCC was once again closed due to health regulations related to COVID-19.

### **2 TO 5 OCTOBER 2021**

- Cleaned, disinfected and arranged the Centre to be reopened and donors were also contacted. All necessary arrangements were made to start the activities of the DCC from 6 October 2021.

### **9 DECEMBER 2021**

- Lunch was given to the elders in memory of the late Mr. H.P. Gooneratne, Founder Chairman of HASL and it was sponsored by Mr. Nishantha Gooneratne, Member of the Council.

### **11 DECEMBER 2021**

- Kevin Peiris – a student from Royal College, Colombo and a senior scout, painted a part of the boundary wall and cleaned the back yard to complete his community project.

### **21 DECEMBER 2021**

- Christmas celebrations were held and sponsored by HASL Head Office Staff.

### **29 DECEMBER 2021**

- *Dharmadeshana* sponsored by Mrs. C. Haththotuwegama - one of the generous donors of HASL, was held and Ven. Koongamuwe Medhankara Thero delivered the sermon.

### **1 JANUARY 2022**

- Borupona Ladies Club sponsored lunch for the elders.

### **29 JANUARY 2022**

- Mrs. W.S. Dayaratne donated a blender for the DCC.



**21 FEBRUARY 2022**

- National Savings Bank's (NSB) Senior Citizens' Circle organised a *Dharmadeshana* and lunch for the elders to pass merits to their departed members. The sermon was delivered by Ven. Koongamuwe Medhankara Thero.

**12 MARCH 2022**

- A *Dharmadeshana* delivered by Ven. Palapotha Sumanananda Thero, was sponsored by Mrs. D. Renuka.

**16 MARCH 2022**

- A *Dharmadeshana* was delivered by Ven. Koongamuwe Medhankara Thero, sponsored by Mrs. P. W. Chandralatha, cook of the DCC.
- Mrs. S.M. Wijewansa made a special donation of Rs. 100,000/- to meet the expenses of the DCC.
- Dr. Kanchana Premaratne of Lunawa Hospital assisted and coordinated the PCR tests and the Vaccination Programme for all elders at the Centre.



Rohini Wijyaratne  
Head of H P Gooneratne  
HelpAge Elders' Daycare Centre

## YOUTH EDUCATION PROGRAMME

With the help of schoolchildren and youth, Youth Education Programme (YEP) of HelpAge Sri Lanka has been assisting the elders in the country since 1986. YEP is committed to serve senior citizens in need and address their social problems by educating and raising awareness among the youth and schoolchildren on diverse issues affecting the older persons.

With the sanction of the Ministry of Education and Archdiocese of Colombo, YEP has introduced youth awareness programmes in the school curriculum.

YEP collaborates with Government, Semi-government, Private, and International Schools in Sri Lanka to conduct various presentations, training activities and awareness programmes for children, teachers, and principals. Through its programmes, YEP highlights social injustice and works towards social change for the well-being of elders.

YEP is also in the process of collaborating with the Sri Lanka Scout Association, Leo Clubs, Sri Lanka Girl Guides Association and other social services clubs found in schools to conduct joint events that benefit elders. With the help of such clubs and associations, YEP strives to recognise and value the importance of elders in our society and work together to strengthen inter-generational relationships among communities.

S. Thomas' College Bandarawela has already agreed to allow their scouts to be involved in social services of YEP and Ms. Romona Perera, Teacher-in-Charge of Scouting has volunteered to share information on the elderly societies in Bandarawela. Ms. Shalindra Dissanayake, Teacher-in-Charge of Social Services at Trinity College, Kandy has agreed to coordinate with YEP for the social services team of the school to be engaged with its activities.

Discussions are being held with the President of the Leo Club in Piliyandala, Mr. Indika Landekumbura and Former President Mr. Ravindra Nishantha on the possibilities of building up relationships with the elderly societies and Leo Clubs.



*Youth Education Programme – Warakapola*

### TRAINING OF TRAINERS PROGRAMME (TOT PROGRAMME) IN THE JAFFNA DISTRICT

During the period under review, a ToT awareness programme for 100 School Principals and Zonal Directors in the Jaffna Zonal District was conducted to equip them with better tools to empower students.

The ToT Programme was conducted in the main hall of the Zonal Education office in Jaffna. Mr. M. Rathakrishnan, Jaffna, Zonal Director of Education, lauded the programmes for sending a positive message and he urged all principals of the Jaffna District to support the initiative.

HASL's Head of Programmes and Director YEP jointly conducted this ToT Programme and it was sponsored by the Sponsor a Grandparent Programme (SaG) of HelpAge International. Ageing, Ageism, challenges in old age, inculcating moral values among schoolchildren to support and provide necessary care for older people and strengthening intergenerational gap were discussed and communicated during this programme.

Approximately 40,000 schoolchildren are expected to be empowered through the principals who participated in the ToT Programme.

In addition, awareness programmes were also held in Angel International School and St. Patrick's College in Jaffna. Rev. Fr. Rajasuriar, Founder Principal/Director of Angel International School Jaffna, emphasised on the importance of human and social values championed by YEP and called upon students to support its worthy causes.

With the assistance of principals and teachers, Youth Education Programmes were also launched in Brilliant Stars International College Matara, Oxford International College Warakapola, S. Thomas' Preparatory School Colombo, Trinity College Kandy, Jennath International School Galle, and S. Thomas' College Bandarawela to sensitise them in caring for the elders and understanding their needs.



**Geethal Mendis**  
*Director, Youth Education  
Programme*

## HOME CARE DIVISION

HelpAge Home Care Division is providing an essential service for senior citizens to maintain their health and well-being and daily routines in the comfort of their own homes, in homes for the elders or in hospital care. Its main objective is to provide quality, affordable and holistic home-care services for senior citizens of Sri Lanka. However, during the past several years including the period under review, the services could be provided only in the Western Province.

Home Care Division has qualified trainers and professional resource persons to conduct various training programmes related to home care and elderly care.

### **WHY HELPAGE HOME CARE SERVICE FOR SENIOR CITIZENS**

World over, the elderly population is susceptible to several non-communicable diseases (NCDs), psychosocial issues and age related diseases like Alzheimer's Disease and Parkinson's Disease. Having one of the fastest ageing populations in South Asia, Sri Lankan elders are equally vulnerable to these conditions.

The changing paradigms in the social setting of Sri Lanka also cannot be ignored. The extended families are increasingly transforming to nuclear families and lifestyles are altered due to urbanisation and migration of family members. As a result, urban families are challenged in committing to assist and care for their elders. Therefore, the demand for services of well trained and reliable Home Care Assistants of the Home Care Assistance Programme is ever increasing. HASL is facilitating a cost effective quality home care service in the Western Province to address this need.

### **UNINTERRUPTED HOME CARE SERVICES FOR SENIOR CITIZENS DURING COVID-19**

Despite the various challenges triggered by COVID-19 and the prevailing unsettling times, Home Care Assistance Programme is continuing to provide its services to needy elders. Various new strategies have been implemented to continue and sustain this service despite many challenges.

They are as follows:

- Obtained 1,566 COVID-19 clearance letters from the Public Health Inspectors (PHIs) and Medical Officers of Health services (MOHs) for the new Home Care Assistants who joined this programme.
- Conducted 223 Polymerase Chain Reaction (PCR) and Rapid Antigen Tests (RAT) for Home Care Assistants prior to the commencement of services/ placements.
- All Home Care Assistants were directed for COVID-19 vaccination (162 Home Care Assistants got all three doses).
- Conducted 422 online service feedback sessions with elders and their guardians in place of field visits.
- Conducted continuous awareness raising among Home Care Assistants about prevention of COVID-19 and management of it.

### **EMPLOYMENT OPPORTUNITIES**

This service has been providing employment opportunities for many young and middle-aged males and females. While the newly recruited Home Care Assistants with no prior experience can up-skill themselves on the job, those joining with prior experience are enabled more senior positions. The degree of dependency and needs of senior citizens are assessed prior to the commencement of care service in order to provide them with the best of care. The care delivery is done by matching the competency level of the Home Care Assistant with the dependency level and needs of each senior citizen. The professional staff of the Home Care Assistance Division also conducts follow-up services by visiting the families of the senior citizens and also virtually through feedback sessions.

### **PLANS FOR EXPANSION**

- Targeting 2,500 Grama Niladari (GN) Divisions, a scheme to send letters to Grama Niladaris briefing them about employment opportunities available for communities is underway.
- Awareness programmes in 24 GN Divisions are also planned.
- The demand for this service is ever increasing and therefore plans are underway to further expand this service to other provinces of the country.



*Training demonstration by an occupational therapist for Home Care Assistants*





**HelpAge Home Care**  
Assistants Training  
Programme in progress.



## TRAINING PROGRAMMES

### HOME CARE VOLUNTEER TRAINING PROGRAMMES

Active 'young-old' members of Senior Citizen Committees (SCC) were trained as Home Care Volunteers under this programme. The selected members undergo a five-day residential training programme conducted at the HASL Training Centre. The trained 'young-old' members are expected to assist at least ten needy elders in each of their villages. The number of training programmes were restricted during the period under review due to the risk of COVID-19 and lack of funds.

A five-day residential home care volunteer training programme was conducted jointly with the HASL Programme Division to train 53 SCC members from 7 to 11 March 2022, selected from SCC's in Galle, Gampaha, Kalutara, Kandy, Matara, and Moneragala Districts.

Basic knowledge on ayurvedic medicine, health and the human body, counselling techniques, non-communicable and communicable diseases, elders' rights and legal and ethical background in delivering home care services, basic first aid, home nursing, maintenance of patients' records and information, mental health, monitoring of care services, occupational therapy, physiotherapy, social work and spiritual development were the main topics covered under this programme.

This Home Care Volunteer Training Programme was funded by the Sponsor a Grandparent Project of the HelpAge International.



*Training demonstration by the Matron for Home Care Assistants*

### HOME CARE ASSISTANTS TRAINING PROGRAMMES

Several five-day residential training programmes for Home Care Assistants were conducted at the HASL Training Centre. The risk of COVID-19 limited these training programmes during the year under review.

The trained Home Care Assistants were directed to extend their services to senior citizens who are in need of such services.



**Janaka Senaviratne**  
*Head of Homecare and Training*

## SPECIAL PROJECTS DIVISION

The Special Project Division was established in 2011 with the objective of exploring new avenues of fundraising for HASL, mainly through Corporate Social Responsibility (CSR) budgets of companies. Such funds are specially utilised for the following programmes and projects of HASL:

- Island-wide Mobile Medical and Eye camps (MMU)
- Providing free spectacles
- Conducting free cataract surgeries
- Providing assistive devices etc.

### DARLEY BUTLER & COMPANY

The management of the Darley Butler & Co generously agreed to donate Rs. 5/- from every pack of *Friends Adult Diapers* they sold during the period under review to sponsor Mobile Medical and Eye Care Programme of HASL.

Special contributions were received from corporate donors in the following ways:

- Special donations from individual donors
- Sponsorships/donations from corporate social responsibility (CSR) funds
- Sponsorships/donations from welfare funds.
- Share As You Earn Programme (SAYE)
- Dialog Star Points

### STAR POINTS BY DIALOG AXIATA

In 2010 Dialog Axiata joined hands with HASL to fund HASL's programmes and projects through Dialog Star Points.

All Dialog customers have the option of donating their Star Points earned to HASL. During the financial year 2021/22, three Star Points Campaigns were conducted by Dialog Axiata PLC. They sent text messages (SMS) to their selected clientele from the Star Points customer data base, requesting those customers to donate their Star Points to HASL. A sum of Rs. 319,385 was received during these campaigns and it was used to sponsor many activities of HASL during the financial year 2021/22.

### SHARE AS YOU EARN PROGRAMME (SAYE)

In March 2018, Share As You Earn Programme (SAYE) was introduced to the staff at the Sri Lanka Ports Authority (SLPA). The SAYE programme continued to be implemented at SLPA during the period under review. HASL received a total sum of Rs. 447,810 as generous donations from the SLPA staff.

### MILCO SAYE PROGRAMME

During the period under review, HASL also introduced the SAYE programme to the employees of Milco (PVT) Ltd.

The Following organisations also contributed towards the SAYE programme:

- Asia Capital PLC
- Asia Securities (PVT) Ltd
- CIC Holdings (PVT) Ltd
- Public Bank Berhad Sri Lanka
- Richard Pieris & Co PLC
- Seylan Bank
- World Vision Lanka

### SPECIAL DONATIONS RECEIVED DURING THE PERIOD UNDER REVIEW:

- Arun Prasanth Foundation made a donation of Rs. 950,000.00 to replace the Foot Control Unit of the Phaco Machine at HelpAge Eye Hospital.
- Captain D.M. Gunasekera of Sri Lankan Airlines made a donation of Rs. 95,000.00 for a MMU camp to mark his wedding anniversary.
- Central Finance made a donation of Rs. 500,000.00 to HelpAge Eye Hospital.
- Darley Butler & Company made a donation of Rs. 408,195.00 for Mobile Medical and Eye Camps.
- Insee Ecocycle Lanka (Private) Ltd donated Rs. 105,000.00 for MMU camps.



*A donation by Arun Prasanth Foundation*



*Darley Butler and Company sponsorship for the equipment of the New Mobile Medical Unit*

### **DIRECT MAIL DIVISION**

The Direct Mail campaign generates the highest surplus among all fundraising activities of HelpAge Sri Lanka.

The following three annual campaigns were held during the financial year 2021/22:

#### **MAY 2021**

- Vesak Campaign

#### **OCTOBER 2021**

- The International Day of Older Persons Campaign

#### **DECEMBER 2021**

- The Christmas and New Year Campaign

During the period under review, 66,200 Direct Mail packs were dispatched to the regular and potential donors and managed to raise Rs. 18.4 Mn. from all three campaigns.

HASL is grateful to all donors for contributing towards this fundraising programme to serve the destitute elders of Sri Lanka. The Direct Mail database was expanded to the prospective donors from professional associations which showed a keen interest in donating to HASL programmes and projects.

## FUNDRAISING DIVISION

The main objective of the Fundraising Division of HelpAge Sri Lanka (HASL) is to raise funds to support the programmes and projects which help enhance the living standards of the needy elders.

The Fundraising Division organised the following activities during the period under review.

### GREETING CARDS PROJECT

The Greeting Cards Project which was initiated as a fundraising activity in 1986, is one of the oldest fundraising projects of HASL. During the period under review, the anticipated income could not be generated due to the prevailing COVID-19 pandemic which adversely affected corporate and retail sales.

The corporate sector and retail customers made a significant contribution towards the sale of greeting cards. During the period under review, the Division received Rs. 4.8 Mn. worth of sales income. The sale of seasonal (Christmas and New Year cards) greeting cards and birthday cards including the 'three-card packs' programme, contributed notably to fund HASL programmes and projects.

The 24 designs for the 2021/22 seasonal card catalogue consisted of photographs, paintings and creative graphic designs. Greeting cards were purchased by corporate and retail customers to support the HASL fundraising effort to serve the needy elders.

The staff of the Fundraising Division visited and contacted over 500 corporate and retail customers to promote the sale of seasonal and birthday cards.

Greeting card brochures along with the order forms were also circulated among corporate customers and retail customers. Visits to companies were curtailed to some extent due to the pandemic situation. The regular debt recovery programme was initiated to collect debts of the past customers during the period as per regular practice.

During the period under review, HASL cards were purchased by the following customers.

- AgStar PLC
- Airport Aviation Centre
- Asiri Health
- Associated Motor Finance Company PLC
- Cargills Food City Kandy
- CT CLSA Securities Pvt Ltd
- Harischandara Mills PLC
- Hayleys Aventura Pvt Ltd
- Hovael Holdings Pvt Ltd
- Kanneliya Tea Factory
- LDA Lanka (pvt) Ltd
- MD Gunasena & Company
- Packwell Lanka (Pvt) Ltd
- Sarasavi Book Shop
- Seylan Bank
- Sierra Technology Holdings (Pvt) Ltd
- Singer Sri Lanka
- Siroeco Air Technologies (Pvt) Ltd
- Tea Tang Pvt Ltd
- Thermo Tec Marketing (Pvt) Ltd
- Tokyo Cement Company (Lanka) PLC
- Tropical Holdings Pvt Ltd
- Unik Creations
- Vallibel Finance PLC
- VijithaYapa Book Shop Pvt Ltd



Greeting Cards Project – Brochure 2021/22



## TILLS PROJECT

In 1990, HelpAge Sri Lanka initiated the charity till collection project, which consists of a network of collection tills installed in super markets, book shops, pharmacies, restaurants and leading retail business outlets island wide.

During the period under review, the total collection received from 1,875 of such HASL tills across the island was Rs. 4.2 Mn. The highest contribution of Rs. 2.8 Mn. was received from the Western Province, where 1,246 tills were placed amounting to 66% of the total collection during the period under review.

The pandemic situation adversely affected donations towards the tills project as well as till-counting and management work.

110 new till-placements were made at the following business premises during the period:

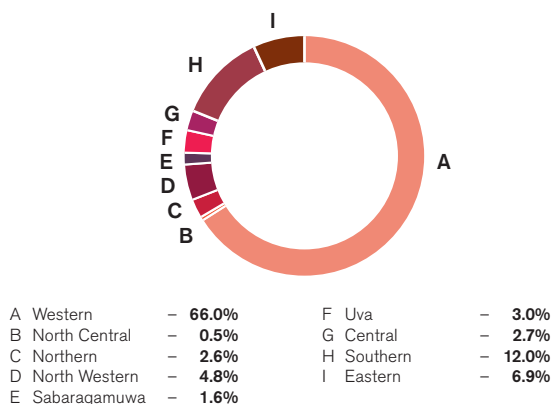
- Ambepussa Restaurant
- Arpico Super Markets
- Cargills Food City
- Casserole Restaurant
- Jinadasa Thalaguli & Restaurant
- Kandos Outlets
- Keells Super Markets
- Perera & Sons Bakers (Pvt) Ltd
- Pizza Hut
- Rajya Osusala
- Sarasavi Book shops
- Sensaal Outlets
- SPAR Super Markets

The following corporate partners continued to make generous contributions to assist HelpAge Sri Lanka Till Collection Project

- Bandaranaike Memorial International Conference Hall (BMICH)
- Bank of Ceylon
- Cargills (Ceylon) PLC
- Cool Planet
- Hatton National Bank
- Healthguard Pharmacy PLC
- Jay Kay Marketing Services (Pvt) Ltd
- Perera & Sons Bakers (Pvt) Ltd
- Softlogic Holding (Pvt) Ltd
- SPAR Sri Lanka (Pvt) Ltd
- Spring & Summer

HASL fundraising team is planning to further expand the charity tills project with assistance from leading corporates and entrepreneurs.

### TILL COLLECTION AS AT 31 MARCH 2022 – PROVINCE WISE



**Douglas Paranawithana**  
Head of Special Project/  
Fundraising

# INDIVIDUAL AND CORPORATE DONORS

## **RS. 10.0 MN. AND ABOVE**

Mr. Kamantha Amarasekera

## **RS. 5.0 MN. AND ABOVE**

Dr. P.N. Fernando

## **RS. 1.0 MN. AND ABOVE**

Cargills Ceylon PLC

Jaykay Marketing Services (Pvt) Ltd.

Smart Shirt (Lanka) Ltd.

## **RS. 500,000/- AND ABOVE**

Mrs. Sheela Abesekera

Arun Prasanth Foundation

Central Finance Company PLC

Darley Butler & Co. Ltd.

Rotary Club of Colombo West

Softlogic Supermarkets (Pvt) Ltd.

SPAR Sri Lanka

## **RS. 250,000/- AND ABOVE**

Mr. V.M.M. Bandara

Cool Planet (Pvt) Ltd.

Mr. Romesh David

Ms. Dayanitha De Silva

Dialog Axiata PLC

Mr. B. Suranjith Godagama

Kandy Textiles

LTL Holdings (Pvt) Ltd.

Perera & Sons Bakers (Pvt) Limited

Pizza Hut

Mr. Amitha Sangakkara

Mr. S.A. Senanayake

Sen-Saal

Spring & Summer

Sri Lanka Ports Authority

The late Mrs. Thilaka Siriwardana Fund

Mr. R. Weerasekera

## **RS. 100,000/- AND ABOVE**

Mr. Thilina Abeysuriya

Mr. T.C. Aluthwela

Mr. D.S. Arangala

Ms. Rudrani Balasubramaniam

Ms. S. Bandaranaike

Bank of Ceylon

Mrs. Asokamal Caldera

Mr. Parakum Chandrapala

Mrs. Priyanie Cooray

Ms. Dilhara De Alwis

Mrs. Laleni Dissanayaka

Mr. J.S. Dominic

Eco Power Holdings Limited

Dr. W.S.E. Fernando

Mr. C.V. Fernando

Mr. S.J. Fernando

Mr. Vijitha Fernando

Mr. J.N.G. Gonsal

Mr. A.R. Gunasekara

Mr. H.A.D.U.G. Gunasekara

Dr. Nihal Gunathilaka

Hatton National Bank

Insee Ecocycle Lanka (Pvt) Ltd.,

Kanapathy Chetty Selvanathan  
Charitable Trust

Lions Club of Park Circle, Colombo

Mr. Kapila Lokuketagoda

Mr. S.E. Munasinghe

Mr. Arjuna Nanayakkara

Nations Trust Band

Mr. Saravanan Neelakandan

Mr./Mrs. Wiji Pathmanathan

People's Bank

Mr. M.Y.C. Perera

Mrs. G.F. Perera

Regional Development Bank

Richard Pieris Distributors Ltd.

Mr. Rohan Sahabandu

Mr. M.D.P. Samarasekara

Dr. K.B. Sangakkara

Sarasavi Bookshop

Mrs. M.M. Sellamuttu

Mr. C. Tilak Silva

Sri Lanka Army Electrical & Mechanical  
Engineers Factory

Supul Collection

The Inner Wheel Club of Colombo West

Eng. R.S. Warusamana

Ms. Ruwanthini Weeratunga

Wijetunge Machinery (Pvt) Ltd.,

Mrs. Rohini Wijeyeratne

Mrs. Nanda Witharanage

## **RS. 50,000/- UP TO RS. 100,000/-**

Mr. Nishantha Abeysinghe

Mr. Hemaka Amarasuriya

Miss S.A. Amerasinghe

Prof. J.K.P. Ariyaratne

Mr. E.W. Balasuriya

Mr. Varuna Basnayake

Mr. W.M.J. Chandrasena

Mr. Sisira De Abrew

Mr. Manjula De Silva

Mr. S Kushan De Silva

Mr. T.R.N. De Soysa

Mr. L.M.P. Dharmaratne

Ms. Subanie Ganga Ekanayake

Mr. Sunil Fernando

Mr. Y.M.E. Fernando

Prof. I. Anoja Fernando

Prof. R. Fernando

Mr. Sam Galappaththige

Mr. G.A.S. Ganepola

Mr. A.K. Gunaratne

Ms. S.N. Gunaratne

Mr. G.M. Gunasekara

Mr. & Mrs. W.D. and I.M. Gunathilaka

Mr. G.J.P. Gunawardena

Mr. R.W. Harley

Mrs. Lakmali Iddawela

Mr. D.F.R. Jayamaha

Mrs. Sheryll Jinasena

Mr. K.I. Kumaranayagam

Mr. Raja Mendis

Ms. K.A. Mendis

Mrs. S. Nadesan

Mr. Deepti Naranpanawe

Mr. Abeykumar Mohan Pandithage

Mr. Hasitha Panduwawela

Mr. Wijeyanand Pathmanathan

Dr. L.A. Jagath Peiris

Mr. J.A.S. Perera

Ms. Lakmini Priyadarshani

Ms. Nirmla Pushpanathan

Mr. K.A. Raymond

Mr. Jayantha Saram

Mrs. Vivina Samarasingha

Mr. Janakan Selvaratnam

Mrs. Lala Senanayake

Senfin Asset Management (Pvt) Ltd.

Sesame Senhora Tea Company (Pvt) Ltd.

Mr. Sarath Silva

Ms. Nirmla Sirisena

Mr. W.M. Soysa

Mr. Leelananda Sudasinghe

Mrs. S. Taldena

Mr. S. Gishan Thomas

Mr. Susil Weeratunga

Mrs. S.D. Wickremasinghe

**RS. 25,000/- UP TO RS. 50,000/-**

171 Restaurant  
 Dr. Anuja Abayadheera  
 Dr. Malarvili Anton  
 Mr. J.C. Abeysekera  
 Mrs. W.M.N.N.K. Alagoda  
 Mr. Bhatiya Amarakoon  
 Mr. G.B.M. Amarakoon  
 Mr. Shiran Amarasekera  
 Mr./Mrs. Jo-Ann Amarasinghe  
 Mr. H.D.S. Amarasuriya  
 Dr. (Mrs.) Amitha Nandani  
 Mrs. Sivaselvi Balachandran  
 Mr. Ravindha Bandaranayake  
 Mrs. G. Chandrani  
 CIB Shopping Centre  
 Consolidated Business Systems Ltd.  
 D. L. & F. De Saram  
 Mrs. Christine Dayananda  
 Mr. H.I. De Silva  
 Mr. J. De Silva  
 Mr. K.S.M. De Silva  
 Mr. R.C. De Silva  
 Mr. U. De Silva  
 Mrs. M.C. De Silva  
 Ms. Duleeka De Silva  
 Dr. D. De Sylva  
 Mr. B.T. Dias  
 Mrs. M.R. Dias  
 Mrs. P. Dias  
 Dr. Parakrama Dissanayake  
 Ms. R. Dunuwelle  
 Mr. A.T.P. Edirisinghe  
 Mr. Ekendra Edirisinghe  
 Mr. R. Edirisinghe  
 Mr./Mrs. Ramala Edirisinghe  
 Mrs. G. Ekanayake  
 Mr. Tikiri Ellepola  
 Dr. W.W.F.W. Fernando  
 Mr. M.V. Fernando  
 Mr. Damien Fernando  
 Mrs. Lakshmi Fernando  
 Ms. Thamara Ruwanthi Fernando  
 Mr. Felix Fernandopulle  
 Full Gospel Tabernacle Church  
 G.M.A. De Silva (Pvt) Ltd.,  
 Mr. Remaz and Mrs. Aida Ghouse  
 Gihan's Family Restaurant & Pub  
 Mr./Ms. N.K.W. Goonewardena

Mr. K.D.U.I. Gunaratna  
 Dr. A.T.W. Gunaratne  
 Mr. P. Gunasekara  
 Mr. Bandu Gunasena  
 Mrs. Chamila Gunathilake  
 Ms. Lakmini Gunatilake  
 Mrs. N. Hapugalle  
 Mr. Ranjith Hemachandra  
 Mr. Chanuka Herath  
 Mr. M.M. Herath  
 Mr. G.C. Hewadewa  
 Indoscan Private Ltd.  
 Mr. Mohamed Ismail  
 Mr. Chandaka Jayasundere  
 Mr. C.L.K.P. Jayasuriya  
 Mr. U.S. Jayatilaka  
 Mr. L. Jayawardena  
 Mr. Jayantha Jayawardene  
 Mr. M.B. Kalawanegama  
 Mr. Lakshman Kariyawasam  
 Mr. Sarath Karunaratna  
 Mr. S.A.B. Kulatunga  
 Mrs. D. Kumaranayagam  
 Mr. Wassia Kundanmal  
 Dr. U.S. Kuruppu  
 Mr. A. Kuruppu  
 Mr./Mrs. Sumudu Leelananda  
 Mr. Sunil Liyanagama  
 Mrs. Manel Liyanagama  
 Mr. Tissa Kumara Liyanage  
 Mr. Mohan Molegoda  
 Mr. R. and Mrs. C. Mudunkotuwa  
 Mr. Chandralal Munasinghe  
 Mr. L.E. Murcott  
 Mr. Asokan Muthusamy  
 New Day Bakery  
 NJTEAM Medical (Pvt) Ltd.  
 Mr. Ajith Paranavitane  
 Mr. Andri Parathalingam  
 Mr. Anura Peiris  
 Mr. L.B.N. Peiris  
 Mr. W.J. Peiris  
 Prof. and Mrs. G.L. Peiris  
 Mrs. Samantha Peramune  
 Miss. N.A. Dilhani Perera  
 Mr. & Mrs. Senarath and Indrani Perera  
 Mr. S.T. Perera  
 Mrs. G.A.R. Perera  
 Mrs. M.S. Perera

Mrs. Nelum Perera  
 Mr. K. Poobalasingam  
 Prasad Textiles  
 Public Bank Berhad  
 Dr. Rajakaruna  
 Dr. S.D. Rajamantri  
 Eng. U.V.R. Rajapaksha  
 Mr. Prasanna Rajaratne  
 Mr. Eran Ranasinghe  
 Mrs. Rasika Ranathunga  
 Eng. S. Ranatunga  
 Rathna Poth Prakashakayo  
 Mrs. D.C. Ratnayake  
 Mr. K.D. Salgado  
 Mr. Sarath Samarasinghe  
 Admiral Daya Sandagiri  
 Sawseth Pirikara  
 Mr. J. Selvaratnam  
 Mr. L.W. Senarath  
 Mr. Ruwan Senavirathne  
 Mr. M.M.M. Senevirathne  
 Mr. S. Senevirathne  
 Mr. Saroj Silva  
 Mrs. R.N. Silva  
 Ms. R.M. Simithaaratchy  
 Mrs. S. Siriwardena  
 Mr. A.T.S. Sosa  
 Mr. S K. Soysa  
 Mr. K. Srikanth  
 Mr./Mrs. Samraj Stephen  
 Mrs. Deepthinie Sudeesha  
 Suhada Motors  
 Mrs. T. Sumanasuriya  
 Prof. I.M. Thabrew  
 Unical (Ceylon) Limited  
 Mrs. N. Vithana  
 Mr. D.J. Wahalantantiri  
 Mrs. Shiromi Warusavitharana  
 Mr. Janak Weerakkody  
 Ms. Janaki Welagedara  
 Mr./Mrs. Sumudu Welaratne  
 Mr. N.V.K.K. Weragoda  
 Mr. M.D. Wickramasinghe  
 Mr. E.P. Wickremasekera  
 Mr. A.L.G. Wijekoon  
 Mr. H. Wijeratne  
 Ms. Gayanthi Wijewickrama  
 Ms. Tharanganie Wimalasuriya  
 Ms. Peshali Yapa



# HelpAge Sri Lanka



Gold Award - League of American Communications Professionals (LACP) USA 2012



**Members of the Council,** Deshabandu Tilak de Zoysa (Chairman), Deshabandu A M de S Jayaratne (Deputy Chairman), Deshabandu (Mrs) Jezima Ismail, Mr. Sanjeev Gardiner, Dr. (Mrs) C. P. Banagala, Mrs. Anosha Subasinghe, Ms. Yasmin Raheem, Mr. N. Dias Jayasinha, The Baroness Greengross of Notting Hill, Mr. Nishantha Gooneratne, Mr. Krishan Balendra, Mr. M. E. Wickremesinghe PC



Members of the Council

## Giving back to those who gave so much

HelpAge Sri Lanka (HASL) is Sri Lanka's only national charity committed solely to the wellbeing of senior citizens. Since its inception in 1986, HASL has grown in reputation and international standing and is regularly consulted by the Sri Lankan Government on age care policy issues. As a sister organization of HelpAge International (HAI), HASL has access to skills and expertise from global counterparts in matters concerning the ageing population.

The number of older persons worldwide is projected to more than double, reaching more than 1.5 billion persons in 2050. The whole world is now ageing and Sri Lanka is not spared. HASL's programmes and projects are designed and implemented to ensure that this extremely vulnerable section of society is able to live the sunset years of their lives in dignity. In doing so, they are empowered to contribute to country's social, economic and cultural advancement. Assuring 'quality ageing' is at the heart of all HASL's endeavours.



### HelpAge Eye Hospital

HelpAge flagship Eye Hospital, located in Wellawatte was launched in 2009. With a bed strength of 20, the Eye Hospital provides an invaluable service to the elders who cannot afford eye care expenses including the cost of lenses required for cataract surgeries. Each day around 20 free cataract surgeries are performed here. The HelpAge Eye Hospital has successfully performed nearly 40,000 free cataract surgeries to date.



### HelpAge Ayurvedha Centre in Boralesgamuwa

HelpAge Ayurvedha Centre is open to needy senior citizens over 55 years and pre-registration is not required. The facility is made available in collaboration with the Faculty of Ayurvedic Medicine, University of Colombo. Annually, about 1000 elders receive treatment at this Ayurvedha Centre which is housed on a nine-perch land at the Boralesgamuwa junction which was gifted to HASL by the late Mrs. Thilaka Siriwardena.



### HelpAge H P Gooneratne Elders Day Care Centre

HelpAge H. P. Gooneratne Elders Day Care Centre in Ratmalana is a home-away from home where elders from the area are productively occupied during day time. The Day Centre assures not only physical wellbeing but also emotional solace as elders get the opportunity to interact with their peers.

### HelpAge Home Care Service

HelpAge Home Care is one of the programmes launched to assist families to look after their elders including parents and grandparents. This 'assisted living service' promotes family bonding. The trained and experienced Home Care Assistants help elders with their day-to-day activities including the maintenance of personal hygiene. This service is provided at a nominal cost enabling increased affordability.

### HelpAge Programme Division

HelpAge Programme Division handles donor-funded projects focused on the following activities:

- ✧ Setting up and empowering Senior Citizens Committees at village level
- ✧ Training and capacity building of members of the Senior Citizens Committees
- ✧ Training and promoting livelihood projects among elders
- ✧ Implementing programmes to promote elders' rights and entitlements
- ✧ Training 'young-old' persons as Home Care Volunteers
- ✧ Implementing disaster response and relief projects



### HelpAge Mobile Medical and Eye Care Unit (MMU)

HelpAge Mobile Medical and Eye Care Unit (MMU) is a much sought after project which reaches out to the extremely destitute older citizens living in the most rural areas in all districts of the country where access to health care is poor. This 'clinic-on-wheels' is equipped with a health screening facility and an eye screening facility. These mobile clinics provide all their services free of charge and up to now 3280 such mobile clinics have been conducted. At each (single) MMU clinic, 150 needy elders receive services including customized free bifocal spectacles.



### HelpAge Youth Education Programme

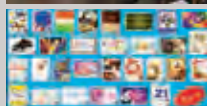
With the objective of sensitizing the issue of ageing and bridging the generation gap, HASL's Youth Education Programme strives to create awareness of the issues concerning older people. The programme also helps nurture better understanding of senior citizens and promotes a shift in attitude towards them.

### HelpAge Training Centre

HelpAge Training Centre is located within the HelpAge Head Office premises. It is available on hire to conduct workshops, conferences, training programmes, seminars and also residential programmes. The halls are equipped with air-conditioning, modern audio visual facilities and comfortable seating arrangements. Hostel facilities including meals are available for overnight stays under the supervision of a Resident Matron and HASL's trained kitchen staff.

### Fund raising

Since HASL is self-supported, initiatives of the Fundraising Division including Direct Mail Appeals, Greeting Cards Scheme, Tills Project, Payroll Donations Schemes and sale of Christmas / New Year greeting cards help sustain the worthy causes of the organization. With the exception of 'Sponsor a Grandparent' Project (SaG) which is funded by HelpAge International, all other programmes are supported by HASL.



### Generous donations

We are grateful to numerous individual and corporate donors whose generosity over the years has enabled us to improve the quality of life of HASL's beneficiaries. We are confident that we will continue to receive this sustained support of our large hearted donors and our dedicated staff at HASL to strengthen our efforts in realizing 'quality ageing' for our senior citizens.

## A special note of appreciation

We extend our heartfelt gratitude to Mr. Kamantha Amarasekera, Director, Browns Investment PLC, for his magnanimous donation of 50.0 million LKR towards a worthy project of HelpAge Sri Lanka. Many needy elders throughout the country will greatly benefit from Mr. Amarasekera's generosity. HelpAge is forever grateful to Mr. Kamantha Amarasekera for his benevolence.

Mr. Amarasekera serves in the Boards of Directors of Browns Investment PLC, Kelani Tyres PLC, Lanka Milk Foods (CWE) PLC, Madulsima Plantations PLC, Balangoda Plantations PLC, Eden Hotel Lanka PLC, Ceylon Hotel Corporation PLC, Palm Garden Hotels PLC and AgStar PLC.

Contact Us

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# Insee Ecocycle partners HelpAge for free cataract surgeries

BY ANANDA KANNANGARA

Industrial Waste Management Solutions provider, Insee Ecocycle Lanka recently took another step by extending its gratitude towards HelpAge Sri Lanka (HASL) for the second time by providing free medical, eye care and cataract surgeries to underprivileged elders at the Export processing Zone, Katunayake.

HelpAge, the country's oldest free medical and eye care service provider to needy elders has performed over 35,000 free cataract surgeries at the HelpAge Eye Hospital, Wellawatta.

Insee Ecocycle, Director Sanjeewa Chulakumara, Katunayake Export Processing Zone, Director Ranjan Sibera and other BOI officials were present. Around 72 medical and 52 eye screenings were conducted. Sixty six recipients received free bi-focal spectacles and one person was referred for free Cataract Surgery at HelpAge Eye Hospital.



Senior citizens being examined at the medical camp.

Those suffering from Non-Communicable Diseases (NCDs) were examined at the camp.

Insee Ecocycle Lanka, Director Sanjeewa Chulakumara said the company had spearheaded many environmentally responsible initiatives in the country. "Today, we are proud to build a

partnership with HelpAge to support the less-privileged senior citizens through our CSR initiative." HelpAge Executive Director Samantha Liyanawaduge said there was a marked increase in donations by commercial organisations and individuals towards the free Medical and Eye camps, conducted by HelpAge during the last 35 years.

Daily News WEDNESDAY, DECEMBER 1, 2021

# Give 2 Asia and HelpAge assists less-privileged citizens

ANANDA KANNANGARA

Give 2 Asia, an international non-profit based organization in San Francisco Bay Area working in 23 countries across the Asia Pacific last week partnered with HelpAge Sri Lanka to assist over 9,400 less-privileged elderly citizens living in COVID affected vulnerable districts in the Southern Province by distributing them with Rs. 1.7 million worth essential medical items to use during this current pandemic situation period.

Accordingly, representatives from both organisations visited elders' homes and individual elders in Colombo, Gampaha, Kalutara, Matara and Galle Districts to make the distribution. Elders received medical items including hand-washing units, face masks,

face shields, hand gloves, sanitizers, hand washing liquid, soap, personal protection equipment and hygienic items. Elders were also instructed about the importance of having COVID vaccinations and the using hygienic medical items.

HelpAge, Executive Director Samantha Liyanawaduge confirmed that over 100,000 less-privileged elders island-wide were affected during this pandemic period and these medical items will be immensely helpful to beneficiaries to overcome the challenges faced by them. Give 2 Asia, Sri Lankan Country Advisor Sharadha de Saram expressed her gratitude for both HelpAge and Give 2 Asia for this philanthropic gesture.



HelpAge and Give 2 Asia representatives distribute medical items to recipients.

HASL, Head of the Programmes Chaminda de Silva thanked the Divisional Secretaries and Elders Rights Promotion Officers in respective districts for the support extended by them to identify needy elders.



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## හෙල්ප්ඒජ් සහ Give 2 Asia වෙතින් අසරණ වැඩිහිටියන්ට ආධාර



අමෙරිකාවේ San Francisco Bay Area හි ජාත්‍යන්තර ආයතනයක් වන Give 2 Asia සහ HelpAge Sri Lanka ආයතනය කොළඹ, ගම්පහ, කළුතර, ගාල්ල, සහ මාතර යන දිස්ත්‍රික්කවල COVID-19 හේතුවෙන් විපතට පත් වූ අසරණ වැඩිහිටියන් වෙනුවෙන් රුපියල් මිලියන 2.2ක් වටිනා වියළි ආහාර පසුගියදා බෙදා දෙන ලදී. Give 2 Asia ආයතනය ආසියාවේ රටවල් 23කට පමණ මෙවැනි ආධාර ලබාදෙන ආයතනයකි.

දැනට අඩු ආදායම්ලාභී වැඩිහිටියන් ලක්ෂයක් පමණ COVID-19 හේතුවෙන් විපතට පත් වී ඇත. එම ආයතන විසින් ඔවුන් සියලුදෙනාටම ඉදිරියේදී ආධාර ලබා දීමට බලාපොරොත්තු වේ.

මේ අනුව එම දිස්ත්‍රික්ක 5 තුළ ජීවත් වන අසරණ වැඩිහිටියන් කිහිපදෙනෙකුට සහල්, සීනි, පාන්පිටි, තේකොළ, පරිප්පු, ටින්මාළු, කිරිපිටි සහ කොත්තමල්ලි ඇතුළු වියළි ආහාර බෙදා දෙන ලදී.

එය සංකේතවත් කරමින් අසරණ මාතාවකට ආහාර මල්ලක් බෙදාදුන් අයුරු.



2021 නොවැම්බර් මස 14 වැනිදා ඉරිදා

## නොමිලේ අක්ෂි සැත්කම් අරමුදලට හත්තල් සුභ පැතුම් පත් 400,000ක්

ශ්‍රී ලංකාවේ අඩු ආදායම්ලාභී අවුරුදු 55ට වැඩි අසරණ ජ්‍යෙෂ්ඨ පුරවැසියන්ගේ ඇසේ සුදු ඉවන් කිරීමේ අක්ෂි ශල්‍යකර්ම නොමිලේ සිදුකරන හෙල්ප්ඒජ් ශ්‍රී ලංකා ආයතනය (HelpAge Sri Lanka) ඒ සඳහා අවශ්‍ය ආධාර ලබා ගැනීම සඳහා එළඹෙන නත්තල් උත්සවය වෙනුවෙන් සුභ පැතුම් පත් 400,000ක් මුද්‍රණය කර වෙළෙඳපොළට නිකුත් කර ඇත.

මෙම සුභ පැතුම්පත් වර්ණවත් අයුරින් කාලීන තේමාවන් මුල්කරගෙන නිර්මාණය කර ඇති අතර, ඒවා කුඩා සහ මධ්‍යම ප්‍රමාණයන්ගෙන් වෙළෙඳපොළෙන් මිලදී ගත හැකිය. මෙම කාඩ් උසස් ප්‍රමිතියෙන් යුතුව නිර්මාණය කර ඇති

අතර, සම කාඩ්පතක් සමඟම හොඳ තත්ත්වයේ සුදු පැහැති ලියුම් කවරයක් ද සපයනු ලැබේ.

වැල්ලවත්ත, සිත්තපා පාරේ පිහිටි හෙල්ප්ඒජ් අක්ෂි රෝහලේදී දිනකට නොමිලේ අක්ෂි සැත්කම් 20ක ප්‍රමාණයක් සිදුකරනු ලබන අතර, මෙම සේවය ලබා ගැනීම සඳහා ශ්‍රී ලංකාවේ සෑම පළාතකින්ම අඩු ආදායම්ලාභී අසරණ වැඩිහිටි ජනතාව හෙල්ප්ඒජ් අක්ෂි රෝහල් වෙත පැමිණේ. එමෙන්ම නොමිලේ සිදුකරනු ලබන අක්ෂි සැත්කම්වලට අමතරව හෙල්ප්ඒජ් ජංගම අක්ෂි, වෛද්‍ය ඒකකය මගින් නොමිලේ ඇස් පරීක්ෂාව සහ ඇස් කණ්ණාඩි ලබාදීම ද, බෝ නොවන රෝග පිළිබඳ වෛද්‍ය පරීක්ෂාව ද සිදුකරනු ලැබේ.

මෙම නත්තල් සුභ පැතුම්පත් විකිණීමෙන් ලැබෙන ආදායම දිවයින පුරා නොමිලේ ජංගම වෛද්‍ය සහ අක්ෂි සේවා සැපයීම, ආබාධිත වැඩිහිටියන් වෙනුවෙන් නොමිලේ ආබාධිත උපකරණ ලබාදීම සඳහා ද යොදවනු ලබන බව හෙල්ප්ඒජ් ආයතනයේ විධායක අධ්‍යක්ෂ සමන්ත ලියනවඩුගේ මහතා පවසයි.

අක්ෂි සැත්කම් සඳහා විශාල මුදලක් වැයකර පොද්ගලික රෝහලක දී සිදුකර ගැනීම සඳහා අසරණ වැඩිහිටියන් වැඩි දෙනෙකුට මූල්‍ය ශක්තියක් නොමැති නිසා දිනෙන් දිනම හෙල්ප්ඒජ් අක්ෂි රෝහල වෙත පැමිණෙන අසරණ වැඩිහිටියන්ගේ ප්‍රමාණය වැඩිවන බව ද ඒ මහතා පවසයි.

முதியோரின் இலவச கண் சிகிச்சைக்காக 400,000  
Help Age கிறிஸ்மஸ் வாழ்த்து அட்டைகள் விற்பனைக்கு



எதிர்வரும் டிசெம்பர் 25ஆம் திகதி கிறிஸ் தினத்தை முன்னிட்டு, கண் பார்வை பாதிக்கப்பட்ட ஆதரவற்ற முதி யோருக்கு இலவசமாக (Cataract) கண்யுளை அறுவை சிகிச்சை செய்வதற்கு தவ்வதற்காக 4 இலட்சம் Help Age - X Mass கிறிஸ்மஸ் வாழ்த்து அட்டைகள் விற்பனைக்கு வெளியிடப்பட்டுள்ளன. இந்த Help Age கிறிஸ்மஸ் வாழ்த்து அட்டைகளை முதியோருக்கு ததவம் Help Age Sri Lanka அமைப்பு வெளியிட்டுள்ளதுடன் இதன் விற்பனை மூலம் கிடைக்கும் வருமானம் 55 வயதுக்கு மேற்பட்ட ஆதரவு மற்றும் வருமானம் குறைந்த கண் பார்வை பாதிக்கப்பட்ட முதியோருக்கு இலவரமாக (Cataract) கண்யுளை அறுவை சிகிச்சை செய்வதற்காகப்பயன்படுத்தப்படும்.

இந்த Cataract அறுவை சிகிச்சைகள் Help  
Age Sri Lanka அமைப்பின் ஆதரவில்

நடத்தப்படும் வெள்ளவத்தையில் (சுவோய்  
சிணிமா முன்பு) அமைந்துள்ள Help Age கண்  
வைத்தியசாலையில் மேற்கொள்ளப்படும்.

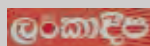
Help Age Sri Lanka என்பது இலங்கையில் முதியோர், இளையோர் அனைத்து தரப்பினாரும் நினைவு கூரப்படும் வீசோடாக கிறிஸ்மஸ் விழாக்காலத்தில் நினைவு கூரப்படக் குகனை நிறுவனமாகும். Help Age Sri Lanka கடந்த பல வரடங்களாக கிறிஸ்மஸ் தினத்தை முன்னிட்டு Help Age - X Mass கிறிஸ்மஸ் அட்டைகளை முதியோருக்கு உதவுவதாக வெளிநிட்டு வந்துள்ளதுடன் இம்முறை 2021 கிறிஸ்மஸ் விழாக்காலத்தில் விற்பனை செய்யத்தக்க 4 இலட்சத்திற்கும் மேற்படன வாழ்த்து அட்டைகளை வெளியிட்டுள்ளது. அன்புக்குரியவர்கள் உறவினர்கள் மற்றும் நண்பர்கள் ஆகியோருக்கு கிறிஸ்மஸ் வாழ்த்து தெரிவிப்பதற்காக தனித்துவமான Help Age - X Mass வாழ்த்து அட்டைகளை வர்ணப்புகைப்படங்கள், ஓவியங்கள் மற்றும் கிரியாப் வடிவமைப்புகளுடன் பெற்றுக்கொள்ள முடியும்.

Help Age - X Mass வாழ்த்து அட்டைகளை  
M.D. குணசேன, சரசவி, விஜிதயாப்பா, யூனிக்  
கிரியேஷன்ஸ் விற்பனை நிலையங்களிலும் மற்றும்  
இல. 102, பாமனக்கடைமாவத்த, ரத்தனபிட்டி,  
பொரலஸ்குமவ என்ற முகவரிமீதுள்ள Help  
Age தலைமை அலுவலகத்திலும் பெற்றுக்  
கொள்ள முடியும்.

Help Age Sri Lanka அமைப்பின் நிறைவேற்றப் பணிப்பாளர் சமந்த வியன வடுகே, ஆதரவு மற்றும் வருமானம் குறைந்த கண்பார்வை பாதிக்கப்பட்ட முதியோருக்கு உதவும் இந்த பெறுமதியான கருமணை செயற்பாடுகளும் ஆதரவு வழங்குமாறு கோரியுள்ளார்.

Help Age நிதி திரட்டல் இணைப்பாளர் கொடிக்கர தெரிவிக்கையில் Help Age - X Mass வாழ்ந்து அட்டைகளில் கம்பனியின் பெயர் மற்றும் (Logo) சின்னங்களை இலவசமாக அச்சிட்டுப் பெற்றுக்கொள்ள முடியும் என அறி வித்துள்ளார். மேலும்முதியோருக்கான இந்த Cataract அறுவை சிகிச்சைகள் நவீன தொழில்நுட்பம் மற்றும் தரமான Intraocular Lenses (IOLs) லென்ஸ்களைப் பயன்படுத்தி Help Age கணவையத்தியசாலையில் மேற்கொள்ளப்படும் என அவர் தெரிவித்துள்ளார். கண்பார்வை பாதிக்கப்பட்ட ஆதரவு மற்றும் வசூரமை குறைந்த முதியோர் வெள்ளம்பத்தையில் அமைந்துள்ள Help Age கண வையத்தியசாலையில் அற்றிலும் இலவசமாக Cataract அறுவை சிகிச்சையை செய்துகொள்ள முடியும். இது விடுமுறை நாட்கள் மற்றும் போயா நாட்கள் தவிர ஏனைய அனைத்து கிழமை நாட்களிலும் பொது மக்களுக்காகத் திறந்தருக்கும். இது பற்றிய மேலதிக விபரங்களை மேற்படி முகவரிகளில் ரேடியாகம் தொடர்புபடுகொண்டும் பின்வரும் தொலைநிலை இலக்கங்களின் மூலம் தொடர்புபடுகொண் பெற்றுக்கொள்ள முடியும்.

0112803752/53/54, 0114926358, 4926948,  
0777325821/0719311104.



2021 දෙසැම්බර් මස 12 වැනිදා ඉරිදා

## හෙල්ෂ්පීස් ආයතනයෙන් අසරණ වැඩිහිටියන්ට නිමි ඇඳුම් බෙදාදෙයි



ශ්‍රී ලංකා ඇඟලුම් ක්ෂේත්‍රයේ කීර්තිමත් නාමයක් උසුලන Smart Shirts ලංකා ආයතනයේ ආධාර ඇතිව හෙල්ප්එජ් ශ්‍රී ලංකා ආයතනය විසින් අඟරණ වැඩිහිටි කාන්තාවන් 6,000 වෙනුවෙන් නිමි ඇඳුම් පසුයිය දින මොණරාගල, හම්බන්තොට, මාතර, ගාල්ල, කළුතර, ගම්පහ, මොළඹ සහ නුවරඑළිය යන දිස්ත්‍රික්කවලදී බෙදාදෙන ලදී.

රුපියල් ලක්ෂ විස්සක් පමණ වටිනා මෙම නිමි ඇඳුම් නිපදවා ඇත්තේ රටපුරා තිබෙන Smart Shirts ආයතනය සතු නිමි ඇඳුම් කර්මාන්තශාලා තුළය.

Smart Shirts නිමි ඇඳුම් කර්මාන්තශාලාවේ ශාඛා ශ්‍රී ලංකාව, චීනය. වියට්නාමය සහ කාම්බෝජය යන රටවල් පිහිටවා ඇත.

මෙම නීති ඇදුම් බෙදා දීමට හේතු වී ඇත්තේ රටේ බොහෝ අසරණ කාන්තාවන්ට COVID තත්ත්වය හේතුවෙන් තම රැකියා අහිමි වීම නිසාවෙන් බව හෙල්ප්ලේෂ් විධායක අධ්‍යක්ෂ සමන්ත ශ්‍රියනවර්ධනේ මහතා පැහැදිලි කළේය.

COVID වසංගතයෙන් අවතැන් වූ චැඬිහිටියන්ට ඉදිරියේදීත් රෙදිපිළි නොමිලේ ලබාදෙන බව Smart Shirts ලංකා කළමනාකරු රොෂාන් ලක්සිරි මහතා පවසයි.

මෙම ආධාර බෙදා දීමේදී අදාළ ප්‍රදේශවල  
 ජ්‍යෙෂ්ඨ පුරවැසි කමිටුවල සාමාජිකයන්ගේ  
 සහාය හෙළිපේථී ආයතනයේ වැඩසටහන්  
 කළමනාකරු වමින්ද ද සිල්වා මහතා විසින්  
 ලබාගෙන තිබිණ.



**Daily News** TUESDAY, DECEMBER 14, 2021

## UNFPA strengthens SCCs in Galle, Matara



UNFPA Officials providing necessities to a SCC for elderly people.

The UNFPA Sri Lanka is further strengthening the capacitated Senior Citizen Committees (SCCs) in Galle and Matara through the provision of essential equipment (Wheelchairs, Commode wheelchairs, Walking sticks,

Air mattresses, Digital thermometers, Folding beds, Emergency stretchers, BP meters (Electric), Glucometers, Walkers, Cooking Utensil sets and Folding mattresses) to ensure that the needs and well-being of older persons are not overlooked in situations of emergencies.

As an island nation, Sri Lanka is vulnerable to the rapid effects of climate change and extreme weather conditions. In 2010-2018, approximately 14 million people were affected by floods and 12 million people due to drought. Within this context, older persons form a significant part of society being affected during emergency situations.

Earlier this year, UNFPA entered into a partnership agreement with HelpAge Sri Lanka through the UNFPA Emergency Fund, to enhance the meaningful inclusion of older persons in disaster preparedness. Since Sri Lanka has the fastest growing ageing population in South Asia, with 1 in 5 Sri Lankans will be over the age of 60 by 2030, with the majority being women, this partnership focused on building the capacity of Senior Citizen Committees (SCC) in Galle and Matara to better design age responsive integrated disaster response plans factoring in the health needs of the communities, and gender-based violence that could occur during emergencies.

**Daily News** TUESDAY, JANUARY 18, 2022



HelpAge, Chairman Tilak de Zoysa receiving the award. International Chapter-BWIO, Chairman Dr. Anthony Dexter Fernando, BWIO, Country Director Dr. M.A. Abdul Jabbar and HelpAge Executive Director Samantha Lianawaduge are also in the picture.

The USA based Business World International Organization (BWIO) which is empowering both local, international business community and recognising and rewarding the spirit of the business and entrepreneurship globally recently recommended HelpAge Sri Lanka as the most outstanding service excellence organisation in Sri Lanka for its valuable human service being rendered towards underprivileged senior citizens in Sri Lanka.

HelpAge Sri Lanka Chairman Tilak de Zoysa received the Business World Excellence Awards - 2020 at a ceremony held in Colombo. HelpAge, Executive Director Samantha Lianawaduge was also present. The other most outstanding service excellence organisations which received awards were The Public Health Inspectors Union of Sri Lanka, SWRD Bandaranaike National Memorial Foundation, International Chamber of Commerce of Sri Lanka, 1990 Suwaseriya and Lanka Human Rights Organization.

According to BWIO the objective of the award programme is to help the Sri Lanka business and social sectors to grow, prosper and also to market the

## HelpAge receives Business World Excellence Award

ANANDA KANNANGARA

BWIO as an investment destination for the rest of the country. The event also attracts business owners, high level entrepreneurs, enterprises from the private and government sectors, small and medium enterprises and other VIPs throughout the country. HelpAge received this Service Excellence annual award for providing free medical and eye care and service facilities for less-privileged Senior Citizens in the Country. The BWIO is a world renowned awards presentation organisation and it selected HelpAge due to its highest standard of ethical conduct, integrity and social responsibility towards the needy section in the society.



# Smart Shirts Lanka assists HelpAge for worthy cause

Continuing in its effort to help less-privileged elderly citizens facing hardships due to the COVID-19 pandemic situation, the Smart Shirts (Lanka) Ltd. in collaboration with HelpAge Sri Lanka (HASL) recently distributed Rs. 2 million worth 6,000 ladies blouses in the districts of Monaragala, Hambantota, Matara, Galle, Kalutara, Gampaha, Colombo and Nuwara Eliya.

The Hong Kong based Smart Shirts Ltd. operates 20 manufacturing facilities in countries including in Hong Kong, China, Sri Lanka, Cambodia, Vietnam

and it has also become the global leader in the design, manufacturing and merchandising of premier dress shirts and pants.

The objective of the distribution is to help elderly COVID victims who were engaged in odd jobs and also lost employment due to COVID-19 situation.

HelpAge, Executive Director Samantha Liyanawaduge said HelpAge also provides free cataract surgeries for needy elders and requested them to have their surgeries at HelpAge Eye Hospital, Wellawatta.



Smart Shirts Lanka and HelpAge officials engaged in the distributions

Smart Shirts (Lanka) Ltd. General Manager, (Sri Lanka Operations) Roshan Laksiri said his company is engaged in producing and exporting garments and the aim is to become the premier marketer of apparel and garments.

HelpAge, Programme Manager Chaminda de Silva said the beneficiaries were selected by area Elders Rights Promotion Officers and Senior Citizen Committees.



HelpAge Sri Lanka Executive Director Samantha Liyanawaduge donating dry rations to a senior citizen.

HelpAge Sri Lanka (HASL) in collaboration with HelpAge Korea distributed dry rations to 500 COVID-19 affected less-privileged elderly citizens in the Kandy, Monaragala and Ratnapura Districts.

## HelpAge distributes dry rations to elderly citizens

ANANDA KANNANGARA

The beneficiaries living in the Ratnapura, Kataragama, Harispattuwa, Thumpane, Hataraliyadda and Poojapitiya Divisional Secretariat Divisions received dry rations to the value of Rs. 1.6 million, sponsored by HelpAge Korea Emergency Relief Fund (HCGEF).

Accordingly, the recipients were provided with rice, dhal, canned fish, big onion, salt, curry powder, chilli powder, chilli pieces, sugar, tea leaves, coconut oil, coriander and soya meat.

HASL Executive Director Samantha Liyanawaduge said HelpAge also provides free cataract surgeries to needy elders at HelpAge Eye Hospital, Wellawatte, Colombo every week day and also conducts mobile medical and eye care services through the HelpAge Mobile Medical Unit.

HelpAge Programme Manager Chaminda De Silva thanked HelpAge Korea President CHO Hyum Se for the contribution made towards Sri Lankan senior citizens.



Mr. Ananda Kannangara  
Media Coordinator

**COVID-19/DISASTER RESPONSE RELIEF PROJECTS**



*Sponsor a Gransparent (SaG) Project*



*Give2Asia Project 1*



*Global Emergency Fund (GEF) Project 1*





*Give2Asia Project 2*



*Global Emergency Fund (GEF) Project 2*



*HelpAge Korea Project*



*Smart Shirts Lanka Project*



*United Nations Population Fund (UNFPA) Project*



## OTHER NEWS

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*New bus donation by Dr. P.N. Fernando and family*



*United Nation Population Fund (UNFPA) Donation*

MOBILE MEDICAL AND EYE CARE PROGRAMME





## GLIMPSES OF THE PAST



*Strengthening meaningful inclusion of older persons including people with disabilities in emergency preparedness efforts in Sri Lanka*



*Signing of the HelpAge UNFPA Partnership Agreement*



*Service Excellence Award from BWIO*



*Visit of Ms. Meredith Wyse – Head of Programmes Asia, HelpAge International*



*"Niponmaru" Team visit to HelpAge Sri Lanka*



*Mr. Eduardo Klien (Regional Director APRO HAI)'s visit to Sri Lanka*

# INTERNATIONAL DAY OF OLDER PERSONS



International Day of Older Persons Celebration Programme 2018



International Day of Older Persons Celebration Programme 2019



We sincerely thank all our local and foreign donors who made donations  
In cash and kind to support the following Programmes:

- Ayurvedha Centre, Boralesgamuwa
- Community Development Programme
  - Corporate Appeal
  - Direct Mail Appeal
- Elders' Day Care Centre, Ratmalana
  - Eye Hospital, Wellawatte
- Flood, Landslides, Drought Relief and Rehabilitation Programmes
  - Greeting Cards Project
- Home Care Assistance Programme
  - Legacies
- Share As You Earn Programme
- Sponsorship for Cataract Surgeries
- Sponsorship for Mobile Medical Units
  - Sponsorship for Special Projects
    - Till Collection
    - Youth Education

We would also like to thank  
Ceylon Secretarial Services Limited  
for providing free secretarial services  
and  
Smart Media The Annual Report Company  
for designing and Producing this Annual Report as a  
complimentary service

**HELPAge SRI LANKA**

# HOW TO GET IN TOUCH

## **REGISTERED OFFICE**

Please contact us to find out more about HelpAge Sri Lanka programmes and projects for the well-being of senior citizens of Sri Lanka.

HelpAge Sri Lanka  
P.O. BOX 09  
102, Pemananda Mawatha, Raththanapitiya, Boralesgamuwa,  
Sri Lanka (Adjoining Sri Jayawardenapura University Premises)  
Phone : +94 11 280 3752, +94 11 280 3753  
          +94 11 280 3754, +94 11 741 8977  
          +94 11 741 8978, +94 11 741 8979  
Facsimile: +94 11 280 1147  
Email : helpage@sltnet.lk  
Website : www.helpagesl.org

For enquiries about HASL contact the officers listed below:

## **HEAD OF FINANCE – EXT. – 19**

Financial Information  
Donations/Online donations

## **HEAD OF HUMAN RESOURCES – EXT. – 15**

Training Centre – Reservation of Training Venue and Facilities  
Free Ayurveda Services  
Information about any other Administrative Matter  
Inclusion of HelpAge in your 'Last Will'  
Information and Publications  
Library Facilities  
Phone: +94 11 741 8981

## **HEAD OF HOME CARE AND TRAINING**

Home Care Assistance Service  
Home Care Training Assistants/Volunteer Training  
Phone: + 94 11 2803751, + 94 2803761

## **DIRECTOR, YOUTH EDUCATION PROGRAMME – EXT. – 20**

Youth Education Programme and Awareness Programmes for the School Children  
Training of Trainers (TOT) Programmes for Directors, Principals and Teachers

## **HEAD OF SPECIAL PROJECTS/FUNDRAISING – EXT. – 22 & 36**

'HelpAge' Greeting Cards  
Placement of Collection Tills  
Donations in Kind  
Corporate/Individual Donations  
Sponsorship support for Special Programmes  
Sponsorship/Reservation of Mobile Medical Units (MMUs)  
Direct Mail Campaign  
Pay Roll Giving Programme (SAYE)  
Dialog Star Points Programme  
Phone: +94 11 492 6358/+94 11 492 6948  
Facimile: +94 11 430 0946

## **HEAD OF PROGRAMMES – EXT. – 12**

Projects for Development of Community Based Programmes  
Senior Citizens Committees formation and capacity building  
Foreign Donor – Funded Projects  
Sponsor a Grandparent Programme  
Projects for Development of Day Centres and Income Generation Projects  
Financial Assistance Programme for Livelihoods  
Emergency Response Programmes  
Any Other Donations  
Phone: +94 11 318 1790

## **HEAD OF HELPAGE EYE HOSPITAL**

Appointments for Eye Clinics  
Eye Hospital Services  
Free Cataract Surgeries  
Provision of other Eye Care Facilities  
Donations for Eye Hospital  
No. 14, Sinsapa Road, Wellawatte, Colombo 06  
Phone: +94 11 258 9450, + 94 11 250 0056  
          +71 772 7733, +77 770 9071

Private Health Services Regulatory Council Registration  
No. PHSRC/PH/130

Environmental Protection License No. 02895 (R 11) Under  
National Environmental Act No. 47 of 1980

#### **HEAD OF H.P. GOONERATNE HELPAGE ELDERS DAY CARE CENTRE**

Donations for Almsgiving  
 Donations for Day Care Centre  
 Sale of lamp wicks, envelopes and other products  
 No. 24, Dharmashrama Mw., Borupona Road, Ratmalana  
 Phone: +94 11 263 5566 , +94 11 741 7571

#### **MEMBERS OF THE COUNCIL**

Deshabandu Tilak de Zoysa (Chairman)  
 Deshabandu A.M. de S. Jayaratne (Deputy Chairman)  
 Deshabandu (Mrs.) Jezima Ismail  
 Mr. Sanjeev Gardiner  
 Dr. (Mrs.) C.P. Banagala  
 Mrs. Anosha Subasinghe  
 Ms. Yasmin Raheem  
 Mr. N. Dias Jayasinha  
 The Baroness Greengross of Notting Hill  
 Mr. Nishantha Gooneratne  
 Mr. Krishan Balendra  
 Mr. M.E. Wickremesinghe P.C.

#### **HONY. ADVISORS**

Dr. Leel Gunasekera  
 Mr. N.W.E. Wijewantha  
 Col. John Mayo OBE  
 Mr. John F. Pearson

#### **SENIOR MANAGEMENT**

Mr. Samantha Liyanawaduge (Executive Director)  
 Mr. Geethal Mendis (Director Youth Education)

#### **BANKERS**

Bank of Ceylon  
 Commercial Bank  
 Hatton National Bank  
 Pan Asia Bank  
 People's Bank  
 Sampath Bank  
 Seylan Bank  
 Standard Chartered Bank

#### **SECRETARIES**

Ceylon Secretarial Services (Pvt) Ltd.

#### **AUDITORS**

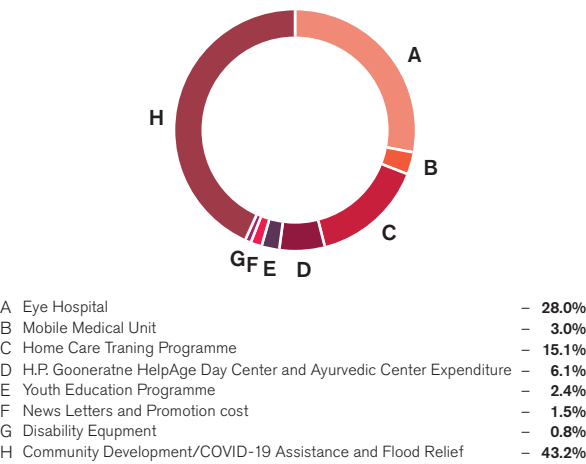
Wijeyeratne & Company, Chartered Accountants

#### **OUR LEGAL FRAMEWORK**

Company Registration No.GA 545  
 Social Services Registration No.11/4/1/590/86  
 Approved Charity Statute Notification Gazette No. 497 of 11.03.1988  
 Registration of Approved Persons and Organisations under Section 18 of the Protection of the Rights of Elders Rights Act No. 09 of 19.01.2000 – Registration No. NCA/0001/2002/WP  
 Registration of Voluntary Social Services/Non-Governmental Organisation under Voluntary Social Services Originations (Registration & Supervision) Act No. 31 of 1980 as amended by Act No. 08 of 1998 – Registration No. L.03214

The chart below represents the major areas of Fund Utilisation by the Company.

MAJOR AREAS OF FUND UTILISATION



In addition to the above the Company has received donations and funds from the following areas:

- Donor Funded Projects
- HelpAge International
- Sponsor a Grandparent (SaG) Programmes
- Other International Programmes
- Donations to HelpAge Eye Hospital
- Donations from Legacies and Last Wills
- Jointly Funded Projects
- General/Corporate Donations
- Other Donations

The Income for the year under review was generated through the following fundraising projects and services.

- Direct Mail Campaigns
- Special Projects
- Home Care Services
- Greeting Card Sales
- Till Collections
- Hiring of Training Centre Facilities
- Day Care Centre
- Direct Donations
- Share As You Earn (SAYE) Schemes
- Sponsorships for Mobile Medical Units (MMU)



Manjula Ediriweera  
Head of Finance



## NOTES





