

**HelpAge**  
Sri Lanka

*age helps*



HelpAge Sri Lanka  
Annual Report 2018/19

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# WHO WE ARE

HelpAge Sri Lanka (HASL) was established in 1986, following the first World Assembly on Ageing, held in Vienna in 1982. Our initial services and programmes were developed based on the 62 recommendations of the first World Assembly. This was followed by the United Nations' Principles on older persons' independence, participation, care, self-fulfilment and dignity declared in 1991. Programmes were further adjusted in keeping with other UN Conventions such as the International Year of Older Persons in 1999. At present, we are developing policies in keeping with the recommendations of the Second World Assembly on Ageing, held in Madrid in 2002.

HelpAge Sri Lanka (HASL) counts over three decades of experience, working with vulnerable senior citizens of Sri Lanka and is committed to an invaluable service in improving health, eye care and well-being of needy senior citizens across the country. We are also training volunteers in home care to serve the needy elders. In addition, education programmes are conducted among youth in the country, especially schoolchildren, in raising awareness on issues related to senior citizens and in fostering a sense of respect and responsibility towards them.

HASL was established following a meeting between Mr. H.P. Gooneratne and Mr. John F. Pearson of HelpAge International (HAI), who was in Sri Lanka on a fundraising mission for senior citizens. During the discussion, Mr. Pearson lobbied for an organisation which was fully committed to matters pertaining to senior citizens of Sri Lanka.

The ultimate fruit of the discussion was the establishment of HelpAge Sri Lanka by Mr. Gooneratne, who became the Founder Chairman of the Organisation. The first HASL office was set up in a humble building with six staff members. From its small beginnings, it has now grown into an outstandingly successful non-government organisation that provides services to destitute senior citizens with its mission of enhancing their quality of life.

HASL was registered under the Companies Act No. 17 of 1982 and re-registered under the Companies Act No. 07 of 2007 (GA 545), and was incorporated as a limited liability company. The Memorandum of Articles of Association of HASL was registered on 24 January 1986 and later amendments were made on 11 August 1986, 23 September 1999 and 26 November 2007. Subsequently, it was registered under the Voluntary Social Services Organisation Act No. 31 of 1980 as amended by the Act No. 08 of 1998 as a Voluntary Social Services Organisation (bearing No. 11/4/1/590/86). Thereafter, the newly registered HelpAge Sri Lanka was gazetted as an approved charity (bearing No. 497) on 11 March 1998.

HelpAge Sri Lanka was privileged to be among the first of sixty global affiliates to achieve 'sister status' with HelpAge International (HAI) UK.

Under the chairmanship of Deshabandu Tilak de Zoysa from 2004 onwards, together with a group of dedicated Council Members, HASL has been able to provide a better life for destitute older persons by ensuring that the services provided by HASL reaches the people who really need it.

Being a non-government-approved charity Organisation, HASL is committed to achieving and maintaining the highest standards of corporate governance through clear policies. HASL has supported the ageing population, and provided them a platform to highlight their needs and work alongside Government, policy makers and international bodies to ensure the needs of age inclusiveness in all spheres.

## Our Vision

"A world in which all older people fulfil their potential to lead dignified, active, healthy and secure lives".

## Our Mission

"By working together we ensure that people in Sri Lanka understand how much older people contribute to society and that they must enjoy their right to healthcare, social services and economic and physical security".

## CHAIRMAN'S MESSAGE

**HASL's single, most important objective is focused on creating a positive impact on the lives of needy, older persons through its diversified activities**

On behalf of the members of the HASL Council, it gives me great pleasure to present the Annual Report of HelpAge Sri Lanka (HASL) for the financial year 2018/19.

We are proud that 2018/19 has been yet another successful year for HASL, concluding a year full of activities coupled with good performance and progress. With Sri Lanka, being one of the countries in which the global ageing trend is focused on, because of its rapidly increasing ageing population, the social responsibility and responsiveness of dealing with this, has become HASL's prime responsibility. HASL's single, most important objective is focused on creating a positive impact on the lives of needy, older persons through its diversified activities. HASL's aim is to transform the destitute elderly population into a more contented and happier segment of Sri Lanka's population.

### **We are ageing – not just as individuals or communities but as a world**

The global ageing population has led to a sharp increase in the need for elder care services. It is a well known fact that senior citizens need support with daily routine activities, as well as with healthcare requirements to lead quality lives. Due to all these requirements there emerged a market known as the "elder care services market", which specifically came into existence to serve the ageing population worldwide. The elder care services market has been divided into various segments such as In-Home care, Assisted Living and Home Healthcare.

The global elder care market has exhibited remarkable growth in the past few years. The primary reasons behind the growth of this market is the growing global ageing population; the changes in family structure; an increasing demand for quality lives by senior citizens; and the migration of family members away from their home countries. In Sri Lanka, HASL is in the forefront of demanding that the Government should regulate the healthcare authorities so that they provide cost-effective medical treatment and create upfront awareness of the visible prevalence of chronic conditions among the ageing population.

In view of the lack of quality elder care services in Sri Lanka, HASL is cooperating with the Prime Minister's Office and the Vocational and Tertiary Authority to conduct effective training programmes for elder care assistants, and HASL's attempts have so far proved to be successful. Whilst hoping to serve more elders who seek our assistance justly and fairly within our mandate, we hope to use this service as a fundraiser to finance our flagship project, the HASL Eye Hospital.

**Our flagship project, the HASL Eye Hospital has successfully performed over 35,000 cataract surgeries and conducted 50 surgeries**

### **HASL's Flagship Project: the HASL Eye Hospital**

Our flagship project, the HASL Eye Hospital has successfully performed over 35,000 cataract surgeries and conducted 50 surgeries on selected days, to minimise the waiting list of patients needing eye surgery. We appreciate very much the dedicated work and commitment of the manager, doctors and the support staff, all of whom in particular, under the guidance of Council Member Dr. (Mrs.) C.P. Banagala, performed extraordinarily during the period under review.

We are equally thankful to our donors for their magnanimous generosity, which helped us to improve the eye sight, and thereby the quality of life of the poor older people of Sri Lanka, who otherwise would have spent the rest of their lives in almost total darkness.

### **Youth Education Programme**

This is the forum that is used to take the message across to the children and youth of our country. Unless we address our socio-cultural issues within our own homes and in our schools, the generation gap will definitely widen.

HASL's "Youth Education Programme" is our vehicle to talk directly with our children, parents, teachers and principals to improve the lifestyle of the older people of Sri Lanka.

### **The roadmap ahead**

Looking beyond the roadmap ahead of us, in relation to the rapid growth of the older population, the situation with regard to elder abuse, which includes physical, sexual and psychological harassment, is spreading in Sri Lanka as well. HASL needs to create more public awareness and motivate the action to be taken to prevent elder abuse. A multi-faceted approach is needed so that HASL can put into place a holistic and a well-coordinated programme, which includes its services, policy planning and research activities in its future plan to minimise elder abuse.

HASL, as a body incorporated to safeguard older people's rights, has voiced its concern at numerous forums by organising and conducting meetings, participating at state assemblies on this subject matter, and organising elders' walks and other activities. HASL's Programme Division has continued to extend its services to needy elders with the assistance mainly of HelpAge International U.K., and also other sponsors. HASL has identified various needs that exist at the grassroots level, where poor elders live unnoticed and untouched. However, HASL will continue to attract more financial assistance to extend its valuable services to the destitute elders of Sri Lanka. Our Mobile Medical Unit is constantly being utilised to travel to the remotest corners of Sri Lanka to not only identify, but also to ascertain how best to help those indigent older persons whose monetary, health, and medical needs are greatest and how best to address them effectively.

### **Our Founders**

HASL was conceptualised following a meeting that the Founder Chairman, the late Mr. H.P. Gooneratne had with Mr. John F. Pearson of HelpAge International (HAI). It is with gratitude that we remember our Founder Chairman whose vision three decades ago has led HASL to be a force to be reckoned with in the area of "Population Ageing". HASL through the various services it offers free of charge to the older population of Sri Lanka serves them with the respect, commitment and trust that they deserve.

***HASL's "Youth Education Programme" is our vehicle to talk directly with our children, parents, teachers and principals to improve the lifestyle of the older people of Sri Lanka***

***HASL has identified various needs that exist at the grassroots level, where poor elders live unnoticed and untouched***

## Acknowledgements

We are very grateful to our Executive Director, Mr. Samantha Liyanawaduge, who has provided effective leadership to our team to walk the extra mile to sustain the performance of HASL. The contribution of all the Divisional Heads of Finance, Human Resources, Fundraising, the Eye Hospital, Youth Education, Programmes, Home Care and Training and their respective teams together with the commitment and expertise of the Eye Surgeons and the support staff, are well acknowledged with much gratitude.

Once again, we are extremely thankful to our Council Members, Ms. Yasmin Raheem and Mrs. Anosha Subasinghe, for their dedication and knowledgeable assistance in editing and in compiling this Annual Report.

We are very grateful to our Council Member, Mr. Nishantha Gooneratne, who spends much of his valuable time to ensure the timely delivery of tasks undertaken, and for the regular advice and guidance extended to the Executive Director at all times. We are equally indebted to Mr. Maithri Wickremesinghe P.C. for his expert legal advice at all times and to Mr. Sanjeev Gardiner for the generous hospitality extended at the HASL Annual General Meeting and all council meetings.

It is quite evident that the success and the growth of the Home Care Assistants' Programme was due to the clear visionary leadership given by our Council Member, Mr. Nimal Dias Jayasinha, together with the Head of the Division and his team whose contribution is very much appreciated.

Our thanks very specially go out to Deshabandu Ajit Jayaratne, Deputy Chairman, for his valuable guidance and advice at all times, and we look forward to the continued support and commitment from all our distinguished Council Members in the ensuing years as well.

I would like to place on record our gratitude to HelpAge International, U.K., especially to Mr. Justin Derbyshire, the Chief Executive, and Mr. Eduardo Klien, Regional Director, Asia Pacific Regional Office, for their advice, guidance and generosity.

We are deeply grateful to Dr. Vijith Kannangara, the Chairman of Smart Media, the Annual Report Company and his team for providing complimentary services during the past several years to produce high quality Annual Reports.

I respectfully conclude by taking this opportunity to thank all our valuable donors who have made HelpAge stronger and helped it to serve the most vulnerable segment of our population, the older people of Sri Lanka, to have a positive quality of life.

Thank you.



A handwritten signature in blue ink, appearing to read "Deshabandu Tilak de Zoysa".

Deshabandu Tilak de Zoysa

*Chairman,  
HelpAge Sri Lanka.*



Mr. M.S.G. Nandasena (69 years)  
Egodahenwala, Mirissa

*HelpAge Financial Assistance  
Programme for Livelihood*

# EXECUTIVE DIRECTOR'S MESSAGE

The financial year 2018/19 has been a successful year, and as the Executive Director of HelpAge Sri Lanka (HASL), it is my privilege to present, the record of activities during the period under review.

At the very outset I wish to state that HASL is extremely fortunate in having a very effective governing body; the HASL Council led by the Chairman, Deshabandu Tilak de Zoysa which provides strong and reliable support whenever that support is needed especially during difficult times. The members of the Council also have provided the HASL head office staff with immense support and direction to reach its goals. The HASL staff's ability to learn, adapt, and make effective decisions in order to achieve the goals set for the year under review, is to be commended.

***The HASL staff's ability to learn, adapt, and make effective decisions in order to achieve the goals set for the year under review, is to be commended***

## **HASL Website and Payment Gateway**

In order to maximise HASL's efficiency and to provide its stakeholders with a user-friendly e-commerce website, HASL improved and expanded its services by establishing a "payment gateway" which was successfully launched on 1 March 2019. This feature enables HASL's valued donors to process online transactions via the use of debit (ATM) and credit cards. HASL's donors have successfully utilised this facility and sent donations online to HASL from the very inception of the payment gateway facility.

## **Ageism and the UN Sustainable Development Goals**

Ageism is defined as prejudice or discrimination on the grounds of a person's age. Popularly, ageism is considered discrimination against people of older age and is an insidious practice which has harmful effects on the health of older adults. Simply put, for older people, ageism is an everyday challenge.

In a rapidly ageing world, the United Nations has set the 2030 Agenda for Sustainable Development that focuses on a universal plan of action to achieve sustainable development in a balanced manner and seeks to ultimately realise the human rights of all people. It stresses the concept of leaving no one behind and for ensuring that the sustainable development goals are met for all segments of society, for people of all ages, with a particular focus on society's most vulnerable groups including older people.

Of the 17 sustainable development goals (SDGs), 12 are age inclusive for older persons. In order to achieve a better, more sustainable future for all, the UN SDGs address the global challenges the world faces including those related to poverty, inequality, climate change, environmental degradation, prosperity, peace and justice.

## **Health and Social Care**

HASL is concerned with building a better tomorrow for older people in Sri Lanka, in which older people will live with their own family but have access to day care centres, which will provide services appropriate for older people to enjoy a mentally and physically satisfying day out under the guidance of staff trained to organise activities appropriate for older persons.

***HASL is concerned with building a better tomorrow for older people in Sri Lanka, in which older people will live with their own family but have access to day care centres, which will provide services appropriate for older people to enjoy a mentally and physically satisfying day***

***HASL has been able to provide approximately 200 trained home care assistants to older people residing in the Western Province***

### **H.P. Gooneratne HelpAge Elders Day Care Centre**

The H.P. Gooneratne HelpAge Elders Day Care Centre is the only day care centre administered by HASL. It is located in Ratmalana and is visited by many older people on a daily basis.

### **HASL's Home Care Assistance Service**

With the growth of the elder population in Sri Lanka, the need for home care assistants was becoming a major issue. HASL has been able to provide approximately 200 trained home care assistants to older people residing in the Western Province. Retaining trained, skilled, home care assistants willing to be employed only by the HASL Home Care Assistance Programme is a major challenge. However, HASL's sound reputation as a lead NGO dealing with issues facing older persons, has stood the programme in good stead among its many clients.

### **Training Centre facilities**

The HASL Training Centre is hired out to Government institutions, private corporations and other entities. HASL has made major improvements to the facilities offered. The Plantation Human Development Trust (PHDT) and Berendina Development Services regularly hire the HASL Training Centre.

### **Outreach – Youth Education Programme (YEP)**

Since its inception, the YEP has gained the approval of the Ministry of Education to continue this programme in state schools. The YEP is presented in state, private, national and international schools. The YEP focuses on raising awareness among school children on the issues faced by destitute elders. Additionally, the school children are taught that intergenerational bonding has many benefits. It gives children, youth and adults a sense of purpose, and also helps children and youth understand and later accept their own ageing.

### **HASL Eye Hospital**

The HASL Eye Hospital situated at Wellawatta, Colombo 6 has been HASL's flagship project from its very inception. The number of free cataract surgeries performed at the Eye Hospital has been increasing each year. More than 35,000 cataract surgeries have been successfully performed to-date at the Eye Hospital. The hard work, dedication and untiring efforts of the staff towards achieving the set targets for the Eye Hospital has attracted many generous donors who contribute generously towards the operations and maintenance of the Eye Hospital.

***During the period under review, HASL has successfully conducted 137 Mobile Medical and Eye Camps and served 21,626 vulnerable elders***

### **HASL Mobile Medical Unit**

HASL's Mobile Medical Unit operates island-wide and reaches the most remote villages in Sri Lanka. During the period under review, HASL has successfully conducted 137 Mobile Medical and Eye Camps and served 21,626 vulnerable elders.

## **Acknowledgements**

I would like to offer my sincere gratitude to HelpAge International (HAI) which has partnered HASL, especially during disasters by providing financial assistance and human resource inputs; sharing knowledge; and offering assistance in training. Furthermore, the continuous funding arrangement for the Sponsor a Grandparent Programme (SaG) is also greatly appreciated.

The continuous encouragement and moral support readily given by the HASL Chairman, Deshabandu Tilak de Zoysa, who was the former Global Chairman of HelpAge International and the present Global Ambassador for HelpAge International and the assistance received from the Deputy Chairman, Deshabandu Ajit Jayaratne is greatly appreciated.

I also wish to place on record my thanks and gratitude to other members of the Council namely, Mr. Nishantha Gooneratne for his assistance with the operational activities at the HelpAge head office, Mr. Nimal Dias Jayasinha for advising on upgrading the Home Care Assistance Programme; and Ms. Yasmin Raheem and Mrs. Anosha Subasinghe for their continued support in editing and preparing the HASL Annual Report for publication.

A big thank you to each of HASL's generous donors and stakeholders for their continued support. It is with appreciation that I acknowledge the trust and confidence that they have had in HASL, which makes them provide the support – financial or otherwise – necessary for HASL to render assistance to the needy elders of Sri Lanka.

The cooperation and commitment of all my colleagues to ensure that HASL successfully completes the tasks set for the year under review, is acknowledged with much gratitude.

A handwritten signature in black ink, appearing to read "Samantha Liyanawaduge".

Samantha Liyanawaduge  
*Executive Director*  
HelpAge Sri Lanka

# MEMBERS OF THE COUNCIL



1. Deshabandu Tilak de Zoysa – Chairman
2. Deshabandu A.M. de S. Jayaratne – Deputy Chairman
3. Deshabandu (Mrs.) Jezima Ismail
4. Mr. Sanjeev Gardiner
5. Dr. (Mrs.) C.P. Banagala
6. Mrs. Anosha Subasinghe
7. Ms. Yasmin Raheem
8. Mr. N. Dias Jayasinha
9. Mr. Nishantha Gooneratne
10. Mr. Krishan Balendra
11. Mr. Maithri Wickremesinghe PC

# OUR STRENGTH

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## AGE CARE CENTRE



### Seated (Left to right)

Mrs. P.P. Bulathsinghala, Mr. B. Nanayakkara, Mrs. M.D. Galappatty, Mr. B.W.D. de Silva, Mrs. S. Ekanayake, Mr. C.D. Hewage, Mr. A. Kannangara, Mr. M.S.C. de Silva, Mrs. R. Batuwantudawa, Mr. M.S. Edirweera, Mr. Samantha Liyanawaduge, Mr. G.C. Mendis, Mrs. C.N. Ekanayake, Mr. D. Paranawithana, Ms. R. Wickramanayake, Mr. C.B. Weerasinghe, Mr. J. Rathnayake, Mr. M.A.S. Dilshan de Silva, Mrs. S.P. Gamage, Mr. N.T.S. Kodikara and Mr. I.G. Weerasinghe

### Middle Row (Left to right)

Mrs. R.K.D. Deepika, Mrs. C. Jayawardena, Ms. R. Sarah Chandran, Ms. T. Dedduwage, Mrs. C.P. Basnayake, Ms. K.D. Kumarage, Ms. J.A.I. Madurangi, Mr. J.B. Gunasekera, Mr. S.G. Amarasinghe, Mrs. P.G.A.T. Gamage, Ms. P.V.U. Sasikala, Mrs. P.G. Weerasinghe, Mr. K.A.C. Thanuja, Mr. K.S. Karannagoda, Mr. J. Karunasena, , Mr. M.V. Wickremesinghe, Ms. A.W.M. Dilmini, Ms. S.D. Kaluarachchi, Ms. M.A.U. de Costa, and Mrs. G.D.C.D. Kumari

### Standing (Left to right)

Mr. A.G. Senaratne, Mr. M. Kalimuththu, Mr. K.D.K. Roshan, Mr. R.D.N. Ranasinghe, Mr. W.E.R. Sepala, Mr. W.G.T.U. Padmakumara, Mr. A.G.U. Piyasiri, Mr. G.D.C. Jayalath, Mr. P.A. Geethanjana, Mr. P.C.L.D. Vithanage, Mr. T.M.P.K. Tennakoon, Mr. L.A.A. Pathmakumara, Mr. M.D.S.D. Senanayake, Mr. K.N.P.K. Silva and Mr. S.A. Shanthalal



### HelpAge Eye Hospital

#### Seated (Left to right)

Dr. M.J.A. Jeza, Dr. H.M.P. Samaratunge, Mr. L.A.D. De Alwis, Dr. J. Vidanapathirana, Mrs. W.G.V. Madushani and Mr. C.E. Fernando

#### Standing (Left to right)

Mrs. M.L.D. Premalatha, Mrs. K.N. Gamage, Ms. P.P.K. Gayani, Mrs. A.P.C. Ariyasena, Mrs. O.K.D.S.A. Dissanayaka, Mrs. C.M. Wilpathage, Ms. W.S.S. Kulasuriya, Ms. S.S. Rangana, Mrs. W.V.N. Ishani, Ms. M.R.E. Seneviratne, Ms. G.V. Swarnalatha and Mr. B.P. Kolabaarachchi



H.P. Gooneratne HelpAge Elders Day Care Centre

**Seated**

Mrs. R. Wijayaratne, Mr. S. Karunadasa

**Standing**

Mrs. P.W. Chandralatha, Mr. W.M. Ranbanda



Home Care and Training Division

**Seated (Left to right)**

Mr. Damintha S. Vithanage, Mrs. J.M.J.C.K Jayasinghe, Mr. C.J.K. Senevirathne, Mr. K.A.P. Ratnasiri and Ms. M.H.A. Eranga

**Standing (Left to right)**

Ms. W.L. Chathuni Samadini, Ms. W. Suranji Dilhani, Mr. O.P. Nandana Perera, Mr. B.G.J.B. Basnayake, Ms. M.K.H. U. Ranasiri and Ms. M.P.M.D. Morapitiya

# MOBILE MEDICAL UNIT (MMU)



Today in Sri Lanka, thousands of elderly suffer due to the lack of access to medical services especially proper and timely eye care facilities.

The HASL Mobile Medical and Eye Care Unit (MMU) is one of HASL's lead projects inaugurated in 2006, which reaches out to extremely destitute senior citizens living in inaccessible rural areas in many districts of the country where access to health and eye care is minimal or inadequate. All of the MMU services are provided free of charge to all senior citizens who visit HASL medical camps. This "clinic on wheels" is equipped with both a health screening and an eye screening section. The HASL MMU is generally able to treat around 150 persons a day at a single camp but could also be extended to cover 300 to 450 persons depending on their health and medical needs.

The health screening facilities mainly focus on non-communicable diseases (NCD) which are considered to be very common among the elderly population.

Free spectacles are provided to the elders who were earlier screened at MMU camps. Elders suffering from cataracts are referred to the nearest government hospital or to the HelpAge Eye Hospital at No. 14, Sinaspa Road, Wellawatte for cataract surgery.

The HelpAge MMU service is increasingly in demand and all those who benefit greatly appreciate the service and care it provides. Each MMU camp costs approximately Rs. 85,000/- per day. HASL engages with stakeholders and sponsors across the country to consider financing the services of the MMU whenever possible.

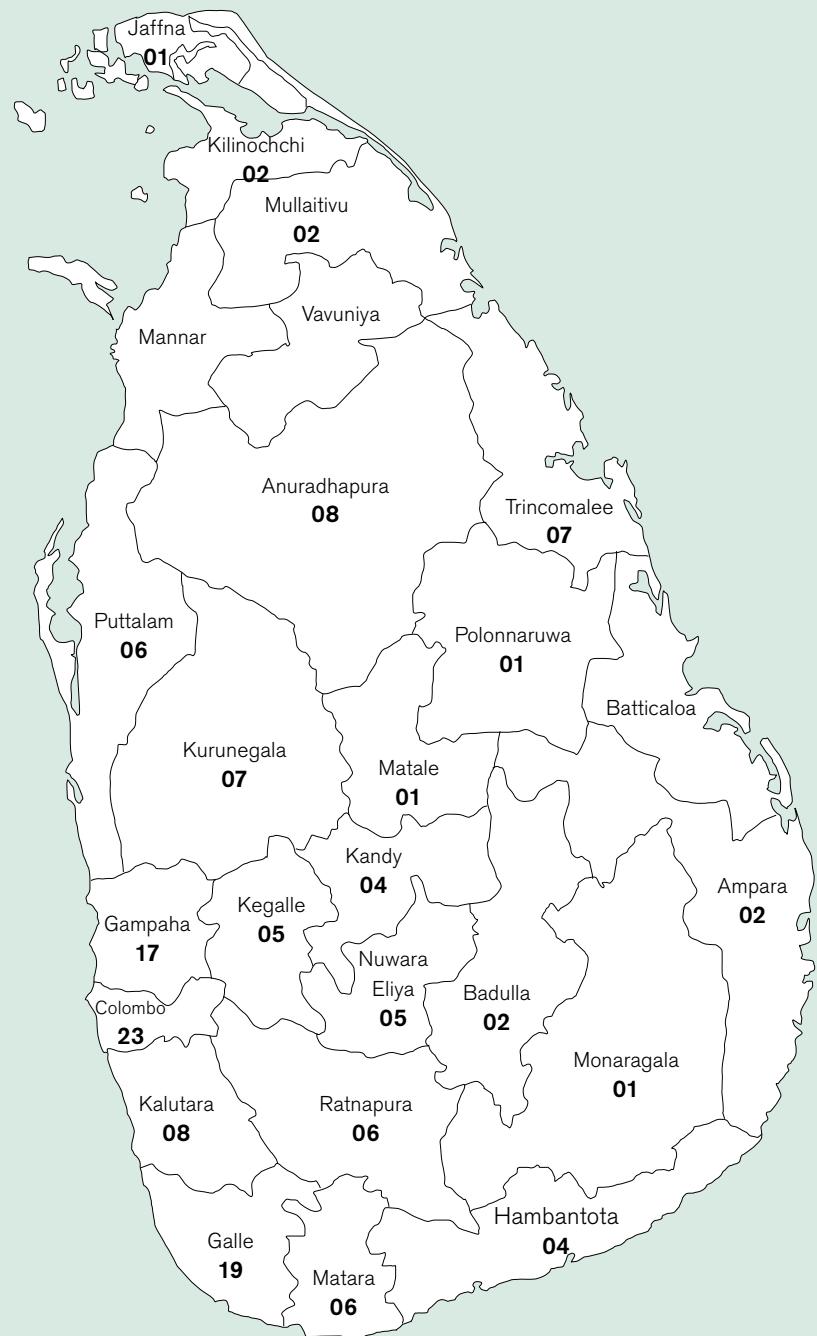
A total of 137 MMU camps covering 23 districts were conducted island-wide during the period under review. 21,626 needy elders were provided with medical and eye care facilities. At these camps 9,136 bifocal spectacles, 1,275 reading glasses and prescribed medicine were distributed and 1,556 elders who needed cataract surgery were also identified.

Also during the period under review, a total of 285 cataract surgeries were performed at the HelpAge Eye Hospital. These surgeries were provided free of charge to destitute senior citizens from Anuradhapura, Nuwara Eliya and Trincomalee Districts with generous funding support received from the Sponsor a Grand Parent Project, HelpAge International (HAI) and Berendina Development Services Ltd.

**A total of 137 MMU camps covering 23 districts were conducted island-wide during the period under review. 21,626 needy elders were provided with medical and eye care facilities**

**Also during the period under review, a total of 285 cataract surgeries were performed at the HelpAge Eye Hospital**

Name of the organisation	Number of camps sponsored during the period under review
Acuity Partners (Pvt) Ltd.	1
Bank of Ceylon	12
Candor Asset Management Co Ltd.	2
Colombo Stock Exchange Ltd.	1
Expolanka (Pvt) Ltd.	1
Fishermen's Livelihood Support Society	10
Hirdaramani Industries (Pvt) Ltd.	9
Indian Oil Company	1
Laugfs Holdings Ltd.	1
National Savings Bank	14
Sirocco (Pvt) Ltd.	1
YMBA – Colombo	3
<hr/>	
Individual donors	Number of camps sponsored during the period under review
Mrs. Amitha Ahangama	1
Mr. Anton Abeysekara	1
Mrs. Priyani Cooray	1
Mrs. Tharini Gamage	1
Mr. N.B. Maillewa Nandana, Partner Gajma & Co.	1





Mrs Evelyn Vidanaarachchi (78 years)  
Garanduwa, Weligama

HelpAge Financial Assistance  
Programme for Livelihood

# PROGRAMME DIVISION

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## **The current situation regarding Sri Lanka's ageing population**

Sri Lanka's rapidly ageing population poses serious challenges on many fronts. This demographic transition should be seriously considered by policymakers who should urgently put into place appropriate legal and socio-economic policies so that the rights, financial stability, social security and easy access to affordable services are ensured for all elders islandwide.

HASL supported and participated in the following policy initiatives:

- In the development of curricula on elder care by the National Apprentice and Industrial Training Authority (NAITA) and the Tertiary Vocational Education Commission (TVEC), HASL actively participated in the development of NVQ Level II and NVQ Level IV.
- The National Institute of Education (NIE) developed the elder care curriculum for G.C.E. Advanced Level (A/L) students by introducing Health and Physical Education in April 2018. HASL provided inputs and resources and joined the panel to train teachers in September and October 2018.
- United Nations Convention for Ageing –  
HASL is operating as a consultative NGO on ageing at the United Nations. HASL has also forwarded inputs to the Open Ended Working Group (OEWG) of the UN which is compiling the UN Convention on Ageing.
- HASL is promoting the concept of age inclusive Sustainable Development Goals (SDG) and designs its programmes and activities accordingly. HASL's Programme Manager, Mr. M.S. Chaminda De Silva represented HASL at a High-level Political Forum on Sustainable Development (HLPF 2018) held at the United Nations Headquarters, New York, U.S.A. from 10 to 13 July 2018.

Chaminda de Silva

*Manager – Programmes*

**53 Mobile Medical and Eye camps (MMU) were successfully completed and a total of 7,544 elders benefited during the period under review**

**The SAG Programme has sponsored 144 cataract surgeries at the HelpAge Eye Hospital, Colombo 6**

## PROJECTS:

### 1. Sponsor a Grandparent (SaG) Programme

HelpAge International (HAI) and HASL signed an agreement to continue the SaG Programme for 2018/19. The programme commenced on 1 April 2018 with a total budget allocation of GBP £35,000.

The following activities were completed from 1 April 2018 to 31 March 2019:

#### 1.1 Mobile Medical Unit (MMU) camps

53 Mobile Medical and Eye camps (MMU) were successfully completed and a total of 7,544 elders benefited during the period under review.

#### 1.2 Cataract surgeries

**1.2.1** The SAG Programme has sponsored 144 cataract surgeries at the HelpAge Eye Hospital, Wellawatte, Colombo 6 during FY 2018/19.

**1.2.2** HASL and Berendina Development Services jointly organised a total of 360 cataract surgeries at the National Eye Hospital Colombo, the District General Hospital Trincomalee and the Anuradhapura Teaching Hospital with the assistance of HASL Council Member, Dr. (Mrs.) Champa Banagala.

The number of surgeries done at each hospital is given below:

- National Eye Hospital – 145
- The District General Hospital Trincomalee – 61
- Anuradhapura Teaching Hospital – 100

Most of the above patients needing cataract surgery were identified at the Mobile Medical Unit (MMU) camps held under the SaG Programme, which also provided the necessary finances to implement the cataract surgery programme.

#### 1.3 TOT Training programme for schools

During the period under review, the Programme Division jointly with the YEP conducted the following:

- a Training of Trainers (TOT) Programme for 114 principals, teachers, and Directors of Education of the Colombo Educational Zone in Colombo on 13 September 2018;
- a special school awareness programme for 250 children and teachers at Girls' High School, Kandy on 8 November 2018; and
- an awareness programme on 22 February 2019 with the Kirulapone Police Station for 138 students, 8 principals and teachers from three schools: Mahamathy Maha Vidyalaya, Kirulapone; Sri Saddhamodaya Maha Vidyalaya, Kirulapone; and Kumara Udayam Tamil School, Kirulapone.

#### 1.4 Home Care Volunteer (HCV) training programme for young-old senior citizens

Two Home Care Volunteer training programmes were conducted for the following:

- 39 young-old members from the Weligama Divisional Secretariat Division, Matara District under the SaG Programme from 1 to 6 July 2018; and
- 20 young-old senior citizens from the Gampaha District from 28 to 30 January 2019.

HASL also conducted a monitoring and evaluation survey during which the older persons who were the recipients of this service confirmed the benefits of such programmes.

### **1.5 Community development project**

A community development project was conducted for 99 selected leaders of Senior Citizens' Committees (SCC) in the Divulapitiya Divisional Secretariat (DS) Division, Gampaha District comprising the following:

- Six training programmes for 331 elderly leaders on book keeping, leadership and good governance;
- Six programmes on enhancing spiritual development and building self-confidence;
- an Outbound Training Programme (OBT) for 31 senior citizens on building team spirit, leadership, disaster preparedness and capacity building; and
- exposure visits for 48 senior citizens to the HASL head office, H.P. Gooneratne HelpAge Elders, Day Care Centre and the HASL Eye Hospital.

### **1.6 Elders' livelihood development project**

Livelihood development training programmes were conducted in capacity building for the following:

- 100 selected leaders of 30 SCCs in the Weligama DS Division;
- 70 selected leaders of 24 SCCs in the Colombo DS Division – business development, financial matters, record-keeping, and business proposal planning were the topics selected; and
- 60 senior citizens were also provided with livelihood assistance loans.

## **2. Financial assistance programme for livelihood**

HASL cooperated with the following to implement the Financial Assistance Programme for Livelihood. A summary of programmes is given below:

### **2.1 Sponsor a grandparent programme**

339 beneficiaries in 35 Senior Citizen Committees (SCCs) in Galle, Gampaha and Matara were provided loans during the period under review. The total disbursement was Rs. 3,425,000/- and HASL follows up the repayments. The assisted livelihood sectors were animal husbandry, brick making, carpentry, doormat making, dressmaking, dry fish sales, handicraft making, home gardening, lace making, lamp wick making, pottery industry, retail shops, sewing and vegetable and fruit cultivation.

The HASL Financial Assistance Programme for Livelihood continues through a revolving fund and the following have benefited:

- 1,005 Senior Citizens
- 104 SCCs
- Approximately 4,020 indirect beneficiaries

**339 beneficiaries in 35 Senior Citizen Committees (SCCs) in Galle, Gampaha and Matara were provided loans during the period under review**

**10 health and hygiene awareness programmes in selected areas for the benefit of the affected elders**

## **2.2 Berendina Microfinance Investment Company Limited (BMIC)**

- 71 new loans
- 1,066 beneficiaries from Aranayaka, Bulathkohupitiya, Dehiowita, Galigamuwa, Ginigathenna, Horowpathana, Ipalogama, Kahatagasdigiliya, Kotmale, Kuchchaveli, Manupa, Mawanella, Serunuwara and Thirappane.
- Assisted livelihood sectors: home gardening, tea cultivation, fisheries, retail shops, poultry, animal husbandry, vegetable and fruit cultivation, carpentry, dressmaking, welding, trading, banana cultivation, and rubber cultivation.

## **2.3 Expolanka Holding PLC (EHP)**

- 10 new loans
- 130 beneficiaries from Putupagala, Dompe DS Division, Gampaha District
- Total amount disbursed – Rs. 1,280,120/-

## **3. HASL – Berendina Development Services (BDS) Joint Project**

- Total contributed by BDS – Rs. 3.1 Million
- Beneficiaries – 70 SCCs in 14 DS Divisions in the Anuradhapura, Batticaloa, Kegalle, Mullaitivu, Nuwara Eliya and Trincomalee Districts
- 98 field training programmes were completed in the following topics:
  - 70 in advocacy and elders' rights;
  - 14 in bookkeeping; and
  - 14 in good governance, management, and leadership

## **4. Disaster response projects**

The following two programmes were funded by the Margaret A. Cargill Foundation (MACF) through the HelpAge International Regional Emergency Fund (REF) where food and non-food items were distributed to the affected senior citizens and their families (see Table No. 1 and No. 2 below).

### **4.1 Flood and landside response project (May 2018)**

- Total contributed – USD 15,000
- Beneficiaries – 3,874 flood affected senior citizens in the Central, Sabaragamuwa, Southern, and Western Provinces.
- HASL organised the following:
  - Four MMU camps for 609 elders in Debatgama Porambe, Hammeliya, Rahala West and Dayagama West in the Aranayake, Baddegama and Nuwara Eliya DS Divisions; and
  - 10 health and hygiene awareness programmes in selected areas for the benefit of the affected elders.

**Table No. 1 – Details of the distribution of relief items**

No.	District	Divisional Secretariat (DS) Division	Number of families
1	Galle	Baddegama	294
2	Kegalle	Dehiovita	100
		Ruwanwella	148
3	Nuwara Eliya	Nuwara Eliya	60
		Ambagamuwa	98
Total			700

#### **4.2 Flood response project (December 2018)**

- Total contributed – USD 7,000
- Beneficiaries – 2,100

HASL organised:

- Three MMU camps in Kilinochchi and Mullaitivu Districts covering Puthukkudiyiruppu and Kandawali Divisional Secretariat (DS) Divisions; and
- Three health and hygiene programmes for 450 senior citizens.

**Table No. 2 – Details of distribution of relief items**

No.	District	Divisional Secretariat (DS) Division	Number of families
1.	Mullaitivu	Puthukkudiyiruppu	150
2.	Kilinochchi	Kandawali	150
Total			300

#### **5. Age Demands Action (ADA) Campaigns and Elders' Rights Programmes**

The following programmes were implemented:

- Successfully lobbied the National Secretariat for Elders (NSE) of the Ministry of Primary Industries and Social Empowerment to consider participating at the United Nations (UN) Open-Ended Working Group (OEWG) meetings, which resulted in a Sri Lanka Government representative participating in the meeting.
- Conducted a survey among selected senior citizens in the Galle, Gampaha, and Matara Districts on geriatric facilities, health issues, elders' rights, and elder abuse, and the survey findings were shared with HelpAge International (HAI) to prepare guidelines for the UN Convention.
- Organised World Health Day events and awareness programmes on non-communicable diseases and eye care. The social media campaigns for Women's Day and Health Day events were conducted according to HAI guidelines. HAI contributed GBP 440 for the World Health Day event.

**Organised World Health Day events and awareness programmes on non-communicable diseases and eye care**



Mr. D. Mahagamage (70 years)  
Mahawatta, Mirissa North

*HelpAge Financial Assistance  
Programme for Livelihood*

- HASL and HAI jointly implemented an ADA campaign to demand the rights of older persons and to lobby for a UN Convention for older people. Currently, HASL has submitted inputs to the UN OEWG and the Human Rights Commission of Sri Lanka to improve the right to employment, right to health, right to social protection and education for older persons.
- Organised International Day of Older Persons (IDOP) at Nuwara Eliya jointly with Berendina Development Services (BDS) and the Nuwara Eliya District Secretariat in October 2018. Around 1,650 older people participated at the Elders' Walk and the commemoration ceremony. GBP 400 was received from HAI for IDOP events: HASL contributed Rs. 308,268/- and Berendina Development Services contributed Rs. 628,732/- for the event.
- HASL and the Ministry of Social Welfare and Primary Industries jointly organised an event in Ampara on 1 October 2018 to commemorate the International Day of Older Persons at which around 5,000 senior citizens from all 25 districts of Sri Lanka participated.
- On 1 October 2018, HASL and the Dehiovita Senior Citizens' Federation organised an Elders' Rights Awareness Programme and commemorated the International Day of Older Persons at which 500 elders participated.
- HASL participated at the Elders' Week programme conducted by the All Ceylon Women's Buddhist Congress (ACWBC) at which 150 elders participated.

#### **Other activities of the programme division during the period under review:**

- A Long-Term Care Planning Workshop was conducted by HAI and the Asian Development Bank (ADB) jointly with the Ministry of Social Empowerment, Welfare and Kandyan Heritage at the Galle Face Hotel, Colombo from 11 to 13 June 2018.
- The Monitoring and Evaluation Officer, Mrs. Swarna Ekanayake represented HASL at the "Workshop on Regional Strategy for Age Inclusive Disaster Risk Reduction" in Chiang Mai, Thailand, which was organised by HelpAge International's Asia Pacific Regional Office from 19 to 23 June 2018.
- On 13 September 2018, HASL's Executive Director and the Programme Manager participated at an awareness programme for schoolchildren at the Gunasinghepura Maha Vidyalaya in the Colombo Divisional Secretariat.
- On 14 November 2018, HASL Council Member, Mr. Nishantha Gooneratne visited Six SCCs at Weligama to monitor the financial assistance programme and distributed 60 new loans to selected elders.
- On 27 November 2018, the Programme Manager conducted a school awareness programme for 250 students at the Padukka Rajawela Maha Vidyalaya organised by the Padukka Divisional Secretariat.
- On 27 December 2018, HASL's Monitoring and Evaluation Officer, Mrs. Swarna Ekanayake conducted a Training Programme for 33 Managers of elders' homes in the Southern Province, which was organised by the Southern Provincial Department of Social Welfare, Probation and Childcare Services.
- The HASL Programme Manager and the Training Manager acted as resource persons for programmes on elder care organised by the Galle and Kalutara District Secretariat for their Senior Citizen Federations on elder care.

*Annually 1,600 senior citizens enjoy benefits from the free clinics. HASL has been providing ayurvedic treatment to needy elders during the past 13 years*

## TRAINING CENTRE

The former HASL Age Care Division was re-named as the "Training Centre" in February 2019 by taking into account the progressive expansion in terms of the income generated and of the clientele that utilise the facilities at the Training Centre. In order to increase the efficiency and to enhance productivity, during the period under review, new systems and procedures have been put into place at the Training Centre.

In order to control purchasing, receipt of goods and to improve the store's documentation facilities, the following remedial actions were taken:

- introduced new purchasing procedures
- re-introduced store's stock control and inventory systems
- identified and registered suppliers for the supply of food items

During the period under review, an intensive programme of renovation and refurbishment was undertaken to modernise the HASL Training Centre in order to make it not only user friendly but also to assist in increasing the efficiency of the staff working at the Training Centre.

### **HelpAge Sri Lanka Thilaka Siriwardena Ayurvedic Centre, Boralesgamuwa (HASL Ayurvedic Centre)**

The HASL Ayurvedic Centre provides free consultations and medicine each Thursday to those elders who visit the Centre. Annually 1,600 senior citizens enjoy benefits from the free clinics. HASL has been providing ayurvedic treatment to needy elders during the past 13 years and these clinics are conducted jointly with the Ayurveda Hospital, Borella, Colombo 8 and the Institute of Indigenous Medicine affiliated to the University of Colombo. This Centre is open to needy elders from 9am to 1pm every Thursday for consultation and medicine.

HASL is indebted to the Ayurveda Teaching Hospital, Borella for releasing one of its doctors to work at this free clinic; for providing the services of a Pharmacist; and also for providing free medicine. The Management of HASL wishes to express its grateful thanks to the medical officer, Dr. (Mrs.) Ramesha Gunawardena and the Pharmacist, Mr. H.T. Anura who provided their services tirelessly at the HASL Ayurvedic Centre during the period under review.

# HELPAGE EYE HOSPITAL

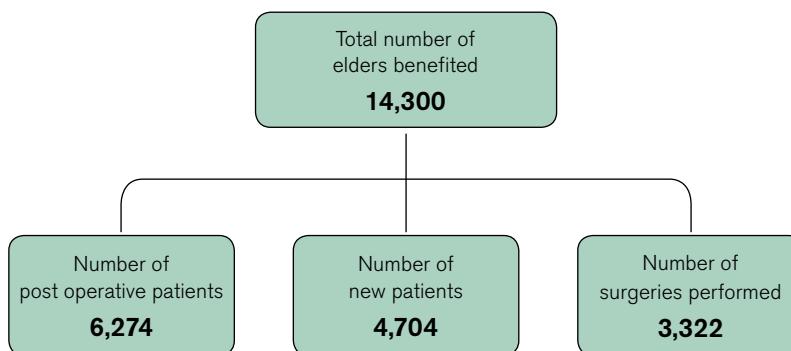
By working with senior citizens in Sri Lanka, HelpAge Sri Lanka (HASL) has observed that there are hundreds and thousands of elders who suffer from impaired vision due to cataracts. The Ministry of Health's survey on blindness, which was carried out on 6 May 2016 confirmed that 70% of the impaired vision of senior citizens is due to cataracts. Blindness is a crippling handicap causing those senior citizens who are blind to totally depend on other family members.

A cataract is a painless clouding of the internal lens of the eye caused due to various reasons. It is difficult to see clearly because of the deterioration of the amount of light that passes through the lenses of the eyes. Cataracts are progressive and worsen with time and if no corrective action is taken it can lead to total blindness.

Cataracts can be removed by simple surgery and vision could be restored. However, many elderly patients do not seek help due to poverty, inaccessible health services, poor awareness and lack of knowledge of the operation itself.

The HASL Eye Hospital, which commenced operations in 2009 is located at No. 14, Sinsapa Road, Wellawatte, Colombo and is considered the flagship of the organisation. This state-of-the-art hospital provides free cataract surgery facilities to needy elders. Presently, the hospital has a bed strength of 20 and is staffed with two eye surgeons, one senior medical officer, eight nursing staff, two ward attendants, three development officers, an executive officer and a manager. The hospital performs 20 cataract surgeries per day.

The HASL Eye Hospital provides an invaluable service to the country's underprivileged elders who are unable to afford the expenses of cataract surgeries. Government approved, high quality foldable lenses are used for all cataract surgeries at the hospital and approximately 35,000 cataract surgeries have been successfully performed to date.



## **A New Stellaris Vision Enhancement System (Bausch and Lomb)**

All cataract surgeries are performed at the HASL Eye Hospital using the Phacoemulsification system. The Alcon Laureate Phaco machine which was purchased in 2009 was replaced in April 2018 with a state-of-the-art Stellaris Vision Enhancement System from Bausch and Lomb, USA costing Rs. 9.5 Million.



**Ajitha de Alwis**  
Manager – HelpAge Eye Hospital



Mrs. G.H. Violet (71 years)  
Dikhena, Henwala, Mirissa

*HelpAge Financial Assistance  
Programme for Livelihood*



With the introduction of this new machine, the duration of each cataract surgery has been reduced and the efficiency and quality of the surgeries have improved considerably.

#### **Improvements done at the HASL Eye Hospital during the period under review:**

- A new Stellaris Vision Enhancement System by Bausch and Lomb, USA was purchased and installed on 23 April 2018.
- A comprehensive training programme was organised for all nurses to train them to operate the new machine on 23 April and 25 April 2018.
- A new NEC model "SL 1000" Hybrid Communication System was purchased on 4 May 2018 at a cost of Rs. 89,155/-.

#### **Special Visitors/Donors during the period under review:**

- Officials of the Rotary Club of Colombo West visited the hospital on 16 August 2018 and donated a sum of Rs. 500,000/- for 50 cataract surgeries.
- A joint cataract surgery programme with the Foundation of Goodness was successfully completed on 4 September and 12 September 2018. 19 elderly patients had their vision restored under this programme and a donation of Rs. 142,500/- was received from the Foundation of Goodness.
- Mr. Lal Wickremearachchi of Regain Sight Inc., from Australia donated 700 foldable lenses.
- The Lions Club, Jawatta Summit and V & Eye Opticians visited the HASL Eye Hospital and donated 100 and 10 foldable lenses on 10 October and 16 October 2018 respectively in lieu of "World Sight Day".
- 10 foldable lenses with accessories were donated by Mr. & Mrs. Bandula Wijeratne from Surbiton, Surrey, UK on 31 October 2018. This donation was coordinated by Dr. (Mrs.) C.P. Banagala, a member of the HASL Council.
- Mrs. J. Dissanayake Deepani Hemapala sponsored cataract surgery for seven patients on 5 February 2019.
- A Corporate Social Responsibility Project (CSR) of the Royal College "Group of 70" funded cataract surgery for 24 elders from Agaliya, Baddegama on 21 February 2019. On 13 March 2019 some members of that Group visited the Eye Hospital.
- Ms. Arlene de Silva, Founder of the Cincinnati Music and Wellness Coalition of USA visited the Eye Hospital on 4 December 2018.

# HUMAN RESOURCES AND ADMINISTRATION DIVISION



Nelum Ekanayake

*Head of Human Resources and Administration*

The Human Resources and Administration Division handles many necessary functions of HASL. It manages the organisation's culture, recruits new talent, maintains records of payroll and benefits, mediates conflict, engages in training and development and helps with handling specific performance issues. Above all, this Division helps meet the essential needs of management and staff, which are critical to HASL's services as a lead NGO in ageing and older people's issues. Finally, it oversees the most important components of a successful organisation – a productive workforce.

As at 1 April 2018, HASL had a total of 89 staff members. During the period under review, there were 17 new recruitments and 14 resignations. The Home Care and Training Division cadre was increased by 3 field officers in order to meet the increasing demand of the Division.

## Training Programmes

17 August 2018	Mr. K.D.K. Roshan, the Maintenance Assistant attended a training programme on "Saving Energy through Maintenance". The workshop was organised by R.H. Training and Development, Colombo.
28 August 2018	Mrs. C.N. Ekanayake, HASL's Head of HR and Administration, addressed all staff on "Discipline and Punctuality".
15 November 2018	A "Fire Fighting Workshop and Demonstration" was held at HASL Head Office. Mr. H.H. Madusiri, the Divisional Fire Officer of the Fire Fighting Training Academy, Wellawatte, conducted the workshop.
22 January 2019	Mrs. C.N. Ekanayake addressed the female staff at HASL head office on "Hygiene and Cleanliness for a Better Office Environment".
7 March 2019	An in-house training programme on "Customer Care, Communication and Etiquette" was held for Development Officers and junior staff at the HASL head office.
26 March 2019	An Outbound Training programme was conducted by Mr. Chandana Abeygunawardana at Asmadala Rock Camp in Hanwella. 28 HASL staff members participated.

## Departmental Meetings

Departmental meetings were held on the last Wednesday of every month. New ideas to improve HASL and increase output have been generated through these discussions. At these monthly meetings, many staff issues have been discussed, the focus being on cost cutting measures and increasing efficiency.

## Team Briefing Meetings

A total of six team briefing meetings were held during the period under review.



## Staff Welfare

17 April 2018	An "Avurudu Kema Mesaya and special meeting" was conducted to celebrate the Sinhala and Tamil New Year.
5 October 2018	Staff members enjoyed "A Staff Day Out" in Nuwara Eliya.
19 October 2018	The "Oshani Linen" sale was organised for the HASL staff.
1 January 2019	An "Avurudu Kema Mesaya" was organised in celebration of the first working day at office for the year 2019.
28 February 2019	Samarasiri Electricals (Pvt) Limited held a special sale of electrical items at the HASL head office and staff members were able to purchase the goods by paying in installments.

## Farewell Meeting

22 March 2018	A farewell meeting was organised to bid farewell to Mr. Anura Peiris, Driver cum Office Aide who resigned from HASL after 12 years of service.
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## Other Activities and Events

9 April 2018	The HASL staff and family event for 2018, the "Bak Maha Ulela" (New Year festival) was held on 9 April 2018 at the S. De S Jayasinghe Grounds, Dehiwela. Elders of the H.P. Gooneratne HelpAge Elders' Day Care Centre too played an active part in the events. The Chairman of HASL, Deshabandu Tilak De Zoysa, was the Chief Guest.
1 May 2018	In view of the increasing number of activities and in order to enhance security at the HASL head office, additional security measures were put into place daily from 7am to 7pm.
4-6 July 2018	A <b>flood response distribution</b> to elders who reside in the Galle, Kegalle and Nuwara Eliya Districts was organised by the HelpAge Programme Division.
28 June 2018	A " <b>Kadala Dansala</b> " (a food stall serving free of charge food items made from grams and pulses) to commemorate the Poson Full Moon day was organised at the HASL head office, at which 1,500 visitors participated.
5 October 2018	The HASL staff participated at the <b>Elders' Walk</b> held in Nuwara Eliya.
10 December 2018	The Chief Incumbent of the Wijayarama Rajamaha Viharaya, Ven. Amunumulle Jinarathana Thero preached a Buddhist sermon to commemorate the <b>15th Death Anniversary of the Founder Chairman of HASL</b> , the late Mr. H.P. Gooneratne, and twenty-five children of HASL staff members received <b>educational grants</b> from the "Mr. and Mrs. H.P. Gooneratne Charitable Trust".
31 December 2018	HASL's traditional year-end religious activity, " <b>The Bodhi Pooja</b> " (a Buddhist ritual) took place at the Paramadharmaawardanaramaya Temple, Raththanapitiya, Boralesgamuwa.
3 December 2018	A decorated <b>Christmas Tree</b> was placed in the HASL head office. The entire building was decorated and Christmas carols were played throughout the month.
3 December 2018	Choristers of the " <b>Federation of the Visually Handicapped</b> " sang <b>Christmas carols</b> for the staff of HASL.
18 December 2018	The HASL staff collected money and organized a " <b>Christmas Party</b> " for 75 girls with disabilities at Bellanthara "Mith Sevana" Girls' Home, Bellanwila.



# H.P. GOONERATNE HELPAGE ELDERS' DAY CARE CENTRE

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The H.P. Gooneratne HelpAge Elders' Day Care Centre located at Borupana Road, Ratmalana was established in 1988 with the objective of providing non-residential day care facilities for needy elders over the age of 55. The Day Care Centre, which is the brain child of HASL founder, the late Mr. H.P. Gooneratne, is open to all elders who wish to participate in the daily activities organised by the Centre. It is open from Monday to Saturday from 8.00am to 4.00pm.

The Day Care Centre continues to have an impact on needy elders who live in the vicinity of it. A total of 37 elders attended the Day Care Centre regularly during the period under review. The "Meals on Wheels" programme continues to provide lunch to the elders who are bedridden and housebound. 12 such elders had their lunch delivered daily to their homes. Elders who visit the Day Care Centre have also indulged in income generation activities such as making flower pots, envelopes, lamp wicks, and pharmacy bags. These items are sold to the general public and the income earned is shared among the elders who produced these items. Elders also engage in religious, social, recreational and other activities that help boost their mental and physical status.

Given below are the main activities conducted at the Day Care Centre during the period under review:

## April 2018

- New Year celebrations were organised by the HASL Head Office staff on 9 April 2018.

## May 2018

- A pilgrimage to the "Dalada Maligawa" (The Temple of the Tooth Relic), Kandy was organised by the Sathkara Social Service Foundation and coordinated by Mr. S.D. Chalana K. Fernando of the HASL Fundraising Division on 13 May 2018.



Mr. B.A. Amura (59 years)  
Odathuduwanne, Pelena, Weligama

*HelpAge Financial Assistance  
Programme for Livelihood*

### **June 2018**

- Mrs. Seetha Perera sponsored a visit to the Kelaniya Raja Maha Viharaya (Kelaniya Temple) for elders of the Day Care Centre.

### **July 2018**

- Elders were entertained with the movie "Yasodara" at the Tower Cinema Hall, Moratuwa, which was sponsored by Mrs. Renuka Perera.

### **August 2018**

- A team from the World Bank office in Colombo visited the Day Care Centre and learnt about its operations on 13 August 2018.
- A team from the Sri Lanka Resident Mission of the Asian Development Bank (ADB) and a team from HelpAge International (HAI) jointly visited the Day Care Centre on 22 August 2018 to conduct a project that was part of the ADB Technical Assistance Programme for elder care – a long-term care strategy development project.

### **September 2018**

44 final year students of the Kotelawala Defence Academy, Ratmalana visited the Day Care Centre on 11 September 2018.

### **October 2018**

- The elders at the Day Care Centre celebrated the International Day of Older Persons.
- The students and the teachers of the Birds of Hope Nursery School visited the Day Care Centre to commemorate both the International Day of Older Persons and World Children's Day.
- Two groups of medical students of the Kotelawala Defence Academy, Ratmalana visited the Day Care Centre on 9 August 2018 and 19 August 2018 respectively.
- Mr. D.A.W. Gunawardana organised a pilgrimage to the Kalutara Bodhiya on 28 October 2018.

### **November 2018**

On 26 November 2018, an alms giving for the elders were sponsored by Mr. Maithri Wickremesinghe PC, a member of the HASL Council, to commemorate the death anniversary of his father, the late Mr. Hitler Wickremesinghe, former member of the HASL Council.

### **December 2018**

- On 9 December 2018, an alms giving, sponsored by HASL Council Member, Mr. Nishantha Gooneratne was held to commemorate the 15th death anniversary of HASL's founder Chairman, the late Mr. H.P. Gooneratne.
- On 14 December 2018, Christmas was celebrated at the Day Care Centre with a special lunch and gifts were distributed to elders and their grandchildren. This was sponsored by HASL Council member, Mr. Maithri Wickremesinghe PC and his family.

### January 2019

- Counselors from the Sri Lanka Sumithrayo commenced their weekly counselling programme in January 2019. The counselling programme is conducted each Monday.
- On 17 January 2018, students of Horizon International School, Malabe visited the Day Care Centre to celebrate their Principal's birthday with the elders.
- Mrs. Jayanthi Daluwatte organised a monthly musical programme for elders at the Day Care Centre, and this programme will be held on the last Wednesday of every month.
- The Senior Citizen's Circle of the National Savings Bank organised a memorial service for members who had passed away. An afternoon reception was held after the memorial service.

### February 2019

- Ms. Thilini Nisansala, a student from the National Institute of Social Development visited the Day Care Centre to conduct an awareness programme on 9 February 2019.

### March 2019

- On 8 March 2019, fifty senior citizens of the Divulapitiya Senior Citizens Federation visited the Day Care Centre. This visit was organised by the HASL Programme Division.
- On 14 March 2019, three doctors from the Lunawa Ayurvedha Hospital conducted a lecture on the "Mental Health of Older Persons"
- On 18 March 2019, all elders were taken to the Sil Matha Aramaya in Pitipana, Homagama.

HASL wishes to thank the two medical officers, Dr. (Mrs.) Kanchana Premaratne and Dr. Devthilina Punchihewa and three nurses of the District Hospital, Lunawa, Moratuwa for the free services rendered. The doctors visit the Day Care Centre to conduct monthly medical examinations of elders.

The staff of the Day Care Centre also wish to thank all donors and well-wishers for their unstinted support extended for the services provided by the Day Care Centre to the elderly who patronise it.

# THE YOUTH EDUCATION PROGRAMME

The Youth Education Programme (YEP) of HelpAge Sri Lanka (HASL) which is conducted in Government, private and international schools focuses on raising awareness among students and teachers on the issues faced by elders.

During the period under review, the Ministry of Education has revalidated the approval for HASL to conduct the Youth Education Programme in all Government schools. The YEP that is conducted in schools consists of multimedia presentations on HASL's activities pertaining to older persons, their rights and needs.

## **YEP Training of Trainers (ToT) Programme**

During the period under review, HASL's YEP and the Programme Division jointly organised a training of trainers (TOT) programme in which 109 school principals of the Colombo North Zonal Education Division participated. The YEP team encouraged the participating principals to consider replicating this HASL programme in their respective schools. Approximately 101,691 students participated in this programme.



**Geethal Mendis**

*Director –  
Youth Education Programme*

## **Youth Education Programme**

The Youth Education Programme was conducted in the following schools during the period under review:

Name of private/International schools	Number of students
1. Asian International School – Colombo	370
2. Atamie International School – Kotahena	265
3. Atamie International School – Ragama	130
4. Atamie International School – Wattala	550
5. Ave Maria Convent – Negombo	330
6. Bishop's College – Colombo	140
7. Brilliant Stars International School – Matara	180
8. Colombo South International College – Colombo	190
9. Ecole International School – Digana	200
10. Evergreen Academy International School – Gellioya	200
11. Garnet College – Nittambuwa	300
12. Good Shepherd Convent – Kandy	800
13. Kingston College International – Colombo	260
14. Lyceum International School – Kurunegala	350
15. Lyceum International School – Ratnapura	1,020
16. N.I.C.E. International School – Negombo	110



NICE International School – Negombo



St' Peter's College – Negombo

Name of private/International schools	Number of students
17. Negombo South International School – Nittambuwa	305
18. Negombo South International School – Piliyandala	500
19. OKI International School – Wattala	1,000
20. Rotary International School – Delkanda	200
21. Royal English International School – Matale	530
22. S. Thomas' College- Mount Lavinia	325
23. S. Thomas' Preparatory School – Colombo	600
24. St. Joseph's College – Negombo	940
25. St. Joseph's College – Wattala	480
26. St. Michell's College – Negombo	330
27. St. Nicholas' International School – Pelawatte	180
28. St. Peter's College – Gampaha	750
29. St. Sebastian's College – Moratuwa	480
30. Stafford International School – Colombo	580
31. Sussex College – Badulla	107
32. Sussex College – Kandy	650
33. Sussex College – Negombo	115
34. Thihariya International School – Nittambuwa	190
35. Trinity College – Kandy	600
36. Vidura College – Colombo	500
37. Wycherley International School – Colombo	400
38. Wycherley International Primary School – Colombo	250
<b>Total number of students</b>	<b>15,407</b>

Name of Government schools	Number of students
1. Ananda College – Colombo	560
2. Girls' High School – Kandy	500
<b>Total number of students</b>	<b>1,060</b>

### Visits to Elders' Homes

- Sahana Udaya Elders' Home – Attidiya
- Home for the Elders – Borella
- Gamini Matha Home for Elders – Colombo

# HOME CARE AND TRAINING DIVISION

The HASL Home Care and Training (HC&T) Division provides an essential service for senior citizens in Sri Lanka to improve their quality of life. The Division with the assistance of its qualified resource personnel conducts training programmes such as the Home Care Volunteer programme, the Elder Care Assistance programme and the Home Care Assistance Training programme. The Division also provides quality, affordable and holistic home care service for senior citizens in the Western Province. Government vocational and training institutions like the National Apprentice and Industrial Training Authority (NAITA) and the Vocational Training Authority (VTA) together with the Prime Minister's Office and the HASL Home Care and Training Division have been developing the National Vocational Qualification (NVQ) curricula at levels 2, 3 and 4 in Elder Care Assistance (ECA) to increase the number of elder care workforce in Sri Lanka.



**Janaka Senaviratne**

*Head of Home Care and Training*

## Training Programmes

### Home Care Volunteer Training Programme

Active young old members of Senior Citizen Committees (SCCs) are trained under the Home Care Volunteer Training (HCV) programme. These selected members undergo residential training for a period of five days at the HASL Training Centre. The trained young old members are expected to share their knowledge and experience among other members and assist at least 10 needy elders in their villages. A total of 60 HCVs were trained during the period under review in the Senior Citizen Committees of the Gampaha, Colombo and Kalutara Districts.

### Home Care Assistance Training Programme

The Home Care Assistance Training programme is a five-day residential training programme conducted at the HASL Training Centre to train individuals on home care for elders. These trained carers are then categorised based on their knowledge, skills and attitudes. Currently, the Home Care Assistants are assigned to take care of elders living in the Western Province only. The total number of HCAs trained during the period under review was 65.

### Elder Care Assistance Training Programme in NVQ Level 2

As a result of the MOU signed between HASL and the Vocational Training Authority, a three and a half month vocational training programme in Elder Care Assistance (ECA) was conducted at District Vocational Training Centres in selected districts. The training programme constitutes seven days of theory in a Vocational Training Centre; another seven days of practical work in a private hospital or in an elder's home; and three months of on-the-job training under the HASL Home Care Service. Elder Care Assistants who have successfully completed this training programme will be awarded the NVQ Level 2 certificate from the Sri Lanka Tertiary and Vocational Education Commission. A total number of 102 ECAs from the Gampaha, Hambantota, Nuwara Eliya and Polonnaruwa Districts were selected and trained during the period under review.



Mr. H.A. Karunasena and Family (62 years)  
“Dimuthu”, Pitaduwa Watta, Mirissa, North

*HelpAge Financial Assistance  
Programme for Livelihood*

## **Home Care Assistance Programme**

HASL has noted that increasingly older persons are affected by non-communicable diseases, psycho-social issues and age related neurological diseases like Alzheimer's disease and Parkinson's disease. The Sri Lankan population is ageing rapidly. Changes have taken place in the structure of families, which are no longer large, extended families but are small, nuclear families. Family life styles are changing rapidly especially in urban areas. As a result Sri Lankan families are facing difficulties in caring for their elderly family members. This has resulted in a rapid increase in the demand for well trained and reliable home care assistants. This demand will continue to grow as the size of the ageing population increases. Currently, HASL provides a cost effective quality Home Care Assistance (HCA) service in the Western Province to address this need. During the period under review, the programme has been enlarged and 2,175 households in the Western Province were provided with trained Home Care Assistants.

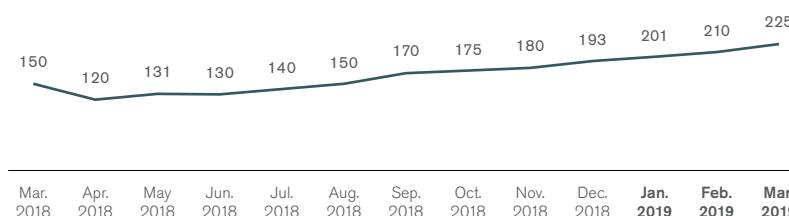
Therefore, it is evident that the HASL Home Care Assistance Programme is a valuable service to elders. The Home Care Assistants of HASL are trained to assist senior citizens physically, mentally and socially. They support elders to manage the activities of daily living (ADL); Instrumental Activities of Daily Living (IADL) and social well-being.

The HASL Home Care Assistance programme has also been instrumental in providing job opportunities for those interested in such a career. These Home Care Assistants could join the programme at the low competence level and advance their career if their competencies improve. Others who possess advance care giving competencies can join the programme at a higher level.

The dependency levels of senior citizens who need care services are also assessed and categorised from low dependency to high dependency. The care delivery is done by matching the care dependency level of the concerned older person with the care competency level of the Home Care Assistant. The service offered to older persons is monitored and supervised by regular visits by the HASL Home Care and Training Division's professionally qualified staff.

### **Total Senior Citizens served during the Year**

(Nos.)



*Activities of daily living (ADLs) include any daily activity we perform for self-care such as feeding ourselves, bathing, dressing, grooming, taking medicines, homemaking and leisure.*

*Instrumental activities of daily living (IADLs) are activities related to independent living and include preparing meals, managing money, shopping for groceries or personal items, performing light or heavy housework, doing laundry, and using a telephone.*

## SPECIAL PROJECTS DIVISION



The Special Projects Division was established in 2011, with the objective of exploring new avenues of fundraising mainly through the CSR budgets of companies that support the projects and activities of HelpAge Sri Lanka (HASL), which ultimately serves needy elders in Sri Lanka.

During the period under review, the Special Projects Division made a considerable contribution of Rs. 13,160,864/- to the HASL fundraising campaign.

Sponsorships for Mobile Medical Unit (MMU) Camps and other donations received during FY 2018/2019:

Name of the Donor	Amount Rs.
Acuity Sports Club	85,000
Ms. Amitha Ahangama	50,000
Al Noor Charity Association	300,000
Bank of Ceylon	1,000,000
Charitable Account of the Amāna Candor Sariah Balance Fund	200,000
Colombo Stock Exchange	85,000
Convent of Mary Immaculate, Matara	350,000
Mrs. Priyani Cooray	85,000
Dialog Axiata PLC	392,447
Dr. Asoka S. Dissanayake	50,000
Expo Lanka Holdings PLC	180,800
Fisheries Livelihood Support Services	1,180,000
Mr. A.W. Gunasekara	25,000
Mr. Dinesh Gunasekera	85,000
Mr. P.L.A. Gunawardana	85,000
Mr. Nalin Guruge	116,000
Hirdaramani Group of Companies	1,918,550
Hirdaramani Trust	518,400
Mr. Saifuddin Jafferjee	100,000
Mr. M.A. Justin	295,000
Rev. Nanda Kuburagalle	28,500
Laugfs Welfare Society	88,000
Mr. M.D. Maillewa	85,000

Name of the Donor	Amount Rs.
Ven. Chrishantha Mendis	35,460
National Savings Bank	1,929,650
Mrs. Rachna Ponia	28,500
STC Poverty Alleviation Fund	85,000
Sirocco Air Technologies Private Ltd.	85,000
Sri Lanka Ports Authority	406,092
State Pharmaceutical Manufacturing Corporation	343,975
The late Mr. Don Sirisena Weerasuriya	1,000,000
Mr. Lal Wickramarachchi	1,350,000
S. K. Wickramasinghe Trust	40,000
Young Men's Buddhist Association	100,000
Other donations	184,490
Total	13,160,864

### **Star Points By Dialog Axiata**

Dialog Axiata joined hands with HASL to fund HASL's programmes and projects through Dialog Star Points since the year 2010.

All Dialog customers have the option of donating their Star Points earned to HelpAge Sri Lanka. During FY 2018/19, three Mobile Phone Star Points Campaigns were conducted by Dialog Axiata PLC, which sent text messages (SMS) to their selected clientele from its Star Points customer data base requesting those customers to donate their Star Points to HASL. A sum of Rs. 392,447/- was received during these campaigns and was used to sponsor many activities of HASL during the FY 2018/19.

### **Sri Lanka Ports Authority – SAYE (Share As You Earn) Programme**

In March 2018, the "Share As You Earn Programme" (SAYE) was introduced to the staff at the Sri Lanka Ports Authority (SLPA). During the period under review, seven visits were made to the SLPA head office by a team of HASL staff representing many divisions to raise awareness on HASL activities. The staff of the SLPA were requested to consider contributing towards HASL programmes.

Captain Athula Hewawitharana, recently appointed Managing Director of SLPA, acceded to the request made by HASL to continue the SAYE scheme for the SLPA staff. As at 31 March 2019, 586 members of the SLPA staff had joined the SAYE programme and contributed Rs. 406,092/- to HASL.



Mrs. M.M. Sumanalatha (55 years)  
Pitaduwa Watta, Mirissa

*HelpAge Financial Assistance  
Programme for Livelihood*

## **SAYE-Donations from Other Organisations**

During the period under review, donations totalling Rs. 40,905/- was received from the following:

- Bristol Lanka Technologies (Pvt) Ltd.
- HASL – Head office staff and project division staff
- People's Bank
- Public Bank Berhard, Sri Lanka
- Richard Peiris and Company PLC
- Swedish Trading Company (Pvt) Ltd.

## **Direct Mail**

Of all HASL fundraising campaigns, the Direct Mail Campaign does best.

Three campaigns were held during FY 2018/2019 in May (Vesak Campaign); October (International Day of Older Persons Campaign); and December (Christmas and New Year Campaign). During the period under review, 150,000 request for donation packs were dispatched to current and potential donors. Proceeds from the Direct Mail Campaign amounted to Rs. 20,275,826/-.

## **Door to Door Programme**

A team of eight HASL staff members, representing all divisions participated in this programme. During FY 2018/19, 2,164 new names and addresses of leading businesses have been collected from Ambalangoda, Galle, Gampaha, Kadawatha, Kegalle, Kiribathgoda, Mawanella and Ratnapura, and have been added to HASL's database. A second visit was made to Kiribathgoda in early January 2019 in order to ascertain whether HASL messages have been delivered to the relevant donors.

## **Donation of Disability Equipment**

The following disability equipment were donated to the differently able needy older persons during the period under review through generous donations received from the donors and the funds allocated by HelpAge Sri Lanka.

These disability equipment were distributed among needy elders island wide.

- Number of Wheelchairs – 49
- Number of Commode chairs – 16
- Number of Walking sticks – 15
- Number of Crutches – 08
- Number of Elbow crutches – 12
- Number of Hearing aids – 40
- Number of Walking frames – 23
- Number of Air mattresses – 06
- Number of Quad sticks – 06

## FUNDRAISING DIVISION



Ruchilani Batuwantudawa

*Manager – Fundraising*

The Fundraising Division of HelpAge Sri Lanka (HASL) is committed to raising funds to support programmes and projects of HASL which focuses on serving destitute older persons in Sri Lanka.

The activities undertaken by the Fundraising Division during the period under review are as follows:

### Greeting Cards Project

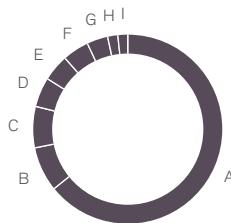
The Greeting Cards Project was initiated as a fundraising activity in 1986. The proceeds from this project generates a significant income for HASL. During the period under review, the Division collected Rs.18,387,913/- by the sale of greeting cards produced for Christmas, New Year, Sinhala and Tamil New Year, Vesak, Ramadan and Birthdays. Sales were also conducted at exhibitions and in offices.

During the fourth quarter of FY 2018/19, a total of 27 graphic designs, paintings and photographs were made available to be used on HASL greeting cards. HASL introduced the “3 card pack” programme where existing birthday cards were sold to individuals in corporates such as HelpAge Sri Lanka, National Savings Bank and People’s Leasing and Finance PLC. HASL staff personally visited various corporates and sold birthday cards to the employees.

The objective of this programme was to promote the sale of birthday cards under the slogan of “purchase 3 cards for Rs. 100/- and help restore the failing vision of needy elders” where individuals were given the opportunity to contribute towards the HelpAge Eye Hospital.

Cards were sold to over 100 existing and new corporate customers and retail customers island-wide. HASL intends to get more business contacts during the next financial year by creating more awareness of their greeting cards programme.

Fig – 1: Distribution of tills as at 31 March 2019 – Province wise



A Western Province	64.10%
B Southern Province	7.70%
C Central Province	7.11%
D North Western Province	5.10%
E Sabaragamuwa Province	4.56%
F Uva Province	4.50%
G Northern Province	3.55%
H North Central Province	1.72%
I Eastern Province	1.66%

Fig – 2: Leaflet of “3 Card Pack” Programme



Fig – 3: Launch of “3 Card Pack” Promotional Programme at National Savings Bank and People’s Leasing and Finance PLC



Mrs. Deepika Gunasekera, Development Officer, Fundraising Division of HASL is handing over a packet of cards to Mr. Dhammika Perera, General Manager, National Savings Bank.



A sale organised by HASL staff at People's Leasing and Finance PLC, Head Office, Colombo 8.

### **Tills Project**

In 1990, HASL initiated the Tills Project which entails placing HASL collection tills at supermarkets, banks, restaurants, pharmacies and other locations at various organisations island-wide. During the period under review, the proceeds from the Tills Project amounted to Rs. 7,150,846/-.

A total of 1,693 tills were placed at locations within the Central, Eastern, Northern, North Central, North Western, Sabaragamuwa, Southern, Uva and Western Provinces. This year HASL's focus was to increase the number of tills located in the Western Province.

169 new tills were placed at various outlets of Cargills Food City, Cargills Express, Keells Supermarkets, Healthguard, Harcourt's Pharmacies, CIB outlets and other locations. The number of staff members engaged in this programme was increased to seven to support the expansion of the Tills Project.

Fig – 5: Placement of tills at Kandy Shopping Centre, Nugegoda.



Mrs. Priyadarshani Bulathsingala, Fundraising Assistant and Mrs. Manoj Galappathi, Project Finance Officer are handing over the HASL till to Mr. Tharaka Nalinda, Manager, Kandy Shopping Centre, Nugegoda.

## **Corporate Partners who have made a significant contribution to HASL**

### **Cargills (Ceylon) PLC**

HASL's greeting cards were initially introduced to Cargills (Ceylon) PLC over two decades ago in 1994. In addition to the sale of greeting cards, the relationship between HASL and Cargills was further strengthened through the placement of collection tills in many Cargills outlets.

### **JayKay Marketing Services (Pvt) Ltd.**

HASL has enjoyed a good relationship with Jay Kay Marketing Services since 2009 with the sale of HASL greeting cards. In 2016, the management of Jay Kay Marketing Services granted permission to HASL to place collection tills at their supermarket outlets. During the period under review, HASL intends to strengthen this existing relationship by selling more greeting cards and placing more tills when new outlets are established.

### **Perera & Sons Bakers (Pvt) Ltd.**

The close relationship between HASL and Perera & Sons Bakers (Pvt) Ltd., has enabled HASL to expand the placement of collection tills at their outlets located in the Central, Southern and Western Provinces.

### **Sri Lanka Insurance Corporation Ltd.**

HASL greeting cards were purchased by the Sri Lanka Insurance Corporation (SLIC). SLIC purchased a total of 36,000 cards, which was approximately 10% of the total sale of greeting cards, making SLIC an important contributor towards the total sale of HASL greeting cards. The image of both partners was enhanced as a result of this sale, as the greeting cards were purchased as a CSR initiative, and the proceeds were utilised to fund free cataract surgeries at the HelpAge Eye Hospital.

### **Central Bank of Sri Lanka**

HASL is proud to partner with a new customer, the Central Bank of Sri Lanka in printing year-end greeting cards for the Bank.



Mrs. Rita Perera (64 years)  
“Jayanthi” Udupila, Mirissa

*HelpAge Financial Assistance  
Programme for Livelihood*

# INDIVIDUAL AND CORPORATE DONORS

## **Rs. 1.0 Million and above**

Bank of Ceylon  
Cargills Ceylon PLC  
Fishermen's Livelihood Support Society  
Hirdaramani Group of Companies  
National Savings Bank  
The Late Mr. Don Siriseana  
Weerasooriya  
Mr. Lal Wickramarachchi

I O C Sri Lanka  
Expo Lanka Holdings PLC  
Mr. Saifuddin Jafferjee  
Ms. M.C. Dias Jayasinha  
Mr. Kapila Lokuketagoda  
Mr. Sarah Piyaratna  
Mr. Rohan Sahabandu  
Mr. S. Selladurai  
Dr. L.A. De Silva  
Mr. C. Tilak Silva  
Mr. S.C. Crossette Thambiah  
Ms. Chulangani Weerasooriya  
Ms. Ruwanthini Weeratunga  
Mr. A.L. Wijeykoon  
Y M B A Colombo  
Mr. N.S. Yapa

Mr. H.P. Hattotuwa  
Mrs. J. Dissanayake Deepani  
Hemapala  
Mrs. Sheryll Jinasena  
Mrs. Gloria Kodagoda  
Mr. K.I. Kumaranayagam  
Laugfs Group Welfare Society  
Mr. T. Madigasekera  
Mr. N.B. Maillewa  
Maliban Biscuit Manufactories  
(Pvt) Ltd.  
Mr. Mohan Molegoda  
Mr. S.E. Munasinghe  
Mr. L.E. Murcott  
Mrs. S. Nadesan  
Mr. Chandrapala Parakum  
Mr. Ajith Paranavitane  
Mrs. L.B.N. Peiris  
Mr. W.J. Peiris  
Mrs. G.F. Pereira  
Mrs. Nelum Perera  
Mrs. N.V.I. Ratnatunga  
Mr. Joseph Ratnayake  
Mr. K.A. Raymond  
S T C Poverty Alleviation Fund  
Mr. Derek Samarasinha  
Mrs. Nalanie Senanayake  
Mr. Dooland De Silva  
Mr. Hemantha De Silva  
Mrs. Carmalita De Silva  
Sirocco Air Technologies (Pvt) Ltd.  
Mr. W.M. Soysa  
Mr. S.K. Soysa  
The Acuity Sports Club  
Mr. & Mrs. A. Neil and P.D. Umagiliya  
Mr. Mahendra De Vaz  
Mrs. A.T.Y. Wade  
Mrs. Jitendra Wanigasekara  
Mr. Susil Weeratunga  
Dr. N.Y. Wijemanne  
Mrs. S.N. Wijeratne  
Mr. D.U.R. Wijesinghe  
Mr. Simon Weerasuriya

## **Rs. 500,000/- and above**

Mr. R. Chanaka D De Silva  
Hirdaramani Memorial Trust  
John Keells Holdings PLC  
Rotary Club of Colombo West

## **Rs. 50,000/- up to Rs. 100,000/-**

Mr. T.C. Aluthwela  
Miss. S.N. Amerasinghe  
Mr. D.S. Arangala  
Mrs. Asokamal Caldera  
Mr. M.A. Hassanaly Esufally and Avanti  
Ms. Amitha Ahangama Baduge  
Mr. E.W. Balasuriya  
Mr. V.M.M. Bandara  
Mr. Varuna Basnayake  
Colombo Stock Exchange  
Mrs. Priyani Cooray  
Dr. A.S. Dissanayake  
Prof. Sharmila Dissanaike  
Mrs. Manel Fernando  
Mrs. Lakshmi Fernando  
Mrs. D.T.L. Fernando  
Mrs. Dilukshika Fernando  
Mrs. David Foenander  
Mr. Haleem Ghose  
Mr. J.N.G. Gonsal  
Mr. Dinesh Gunasekera  
Mr. P.L.A. Gunawardana  
Mr. S.L. Gunerathna  
Mrs. N. Hapugalle

## **Rs. 250,000/- and above**

Al Noor Charity Association  
Dialog Axiata PLC  
Foundation of Goodness  
Mr. M.A. Justin  
Kanapathy Chetty Selvanathan  
Charitable Trust  
Sri Lanka Ports Authority  
State Pharmaceuticals Manufacturing  
Corporation  
The Convent of Mary Immaculate  
Matara  
Eng. R.S. Warusamana  
Cpt. Lester Weinman

## **Rs. 100,000/- and above**

Amana Candor Shariah Balanced Fund  
Casa/Call Capital  
Mr. Romesh David  
Estate of the J M B Roche  
Dr. W.S.E. Fernando  
Mr. C.V. Fernando  
Mr. J.S.K. Gunaratnam  
Mr. A.R. Gunasekara  
Mr. Nalin Guruge  
Mr & Mrs. M.L. & K.M. Hirdaramani

**Rs. 25,000/- upto Rs. 50,000/-**

Mr. M. Abeysekera  
 Mr. D.N. Abeysinghe  
 Mr. Lasantha Abeywickrama  
 Mr. Dilhara De Alwis  
 Miss. Sarika Amarasighe  
 Ms. D.B. Amarasinghe  
 Mrs. Sujatha Amarasiri  
 Mr. H.D.S. Amarasuriya  
 Mr. Alvares Anthony  
 Mr. Shehan Arangala  
 Prof. J.K.P. Ariyaratne  
 Mrs. Arsakularathna  
 Prof. S.N. Arsecularatne  
 Ms. S. Bandaranaike  
 Ceylon Petroleum Corporation  
 Mrs. Lakshmi Dasanayaka  
 Mrs. R. Devasurendra  
 Mr. Hiran Dias  
 Mr. Ajith Dias  
 Mr. C.K.B. Dissanayake  
 Mrs. R. Easparathasan  
 Mr. A.T.P. Edirisinghe  
 Mr. H. Fernando  
 Mr. I.A.S.P. Fernando  
 Dr. R. Fernando  
 Eng. P.N. Fernando  
 Mrs. Lakshmi Fernando  
 Mr. N.R. Fernando  
 Mrs. Srikanthi Fernando  
 Mr. Y.M.E. Fernando  
 Mrs. Dakshini M. Fernando  
 Free Port Logistic (Pvt) Ltd.  
 Gamma Pizzacraft  
 Mr. Sam Galappaththige  
 Mr. Shirley Ganegoda  
 Mrs. Anula Goonewardena  
 Mrs. Susheela Gunarathnam  
 Mr. P. Gunasekara  
 Miss. Senuri Gunasekera  
 Mr. A.W. Gunasekera  
 Mr. K.D.K. Guneratne

Mrs. Bobby Jordan Hansen  
 Mr. D.F.R. Jayamaha  
 Mr. Chandana Jayantha  
 Dr. J.P. Jayasuriya  
 Mrs. Dharma Jayatilake  
 Dr. N.S. Jayawickrema  
 Mr./Ms. Z.S. Jeevunjee  
 Mrs. Padmini Joseph  
 Mr. G. Gemunu Mirispala Kotuwe  
 Rev. Nanda Kuburagalle  
 Dr. Soma Kulatunge  
 Mrs. D. Kumaranayagam  
 Dr. U.S. Kuruppu  
 Lakmini (Pvt) Ltd.  
 Dr. S. Kulatunge and  
 Ms. L.S.G.P. Lathpandura  
 Ms. S. Liyanage  
 Mr. A.S. Mahendra  
 Mr. A.L.F. De Mel  
 Methsith Ekamuthuwa  
 Mr. Zakwan Mohamed  
 Mr. D.A.H. Moonesinghe  
 Mr. M. Nadesan  
 Mr. T. Nandasiri  
 Mr. T.M.S.K. Nissanga  
 Mr. H.S.W. Peiris  
 Mr./Ms. Manik Pereira  
 Mrs. Nishanthi Perera  
 Mr. J.A.S. Perera  
 Dr. S.E. Welfred Perera  
 Mrs. M.N. Perera  
 Mrs. G.A.R. Perera  
 Mr. K. Arthur Perera  
 Dr. D.L.S. Perera  
 Mr. A.R.N. Perera  
 Mr. Arthur Perera  
 Mr. S.T. Perera  
 Ms. S.M. Perera  
 Dr. E.P.C. Pethiyagoda  
 Mrs. Malivi Piyarathna  
 Mrs. Rachna Ponia  
 Revelations Academy of  
 Performing Arts

Mr. Rajaratne Prasanna  
 Mr./Ms. Nirmala Pushpanathan  
 Mr. D.M. Rajapaksha  
 Mr. M. Nimal Chandrasiri Ranasinghe  
 Dr. L. De Sylva Ranjan  
 Mr./Mrs. Ratwatte  
 S.K. Wickremesinghe Trust  
 Mr. M.U.M. Ali Sabry  
 Mr. M.D.P. Samarasekera  
 Dr. Nimal Sanderatne  
 Mr. & Mrs Amitha Sangakkara  
 Mr./Ms. D.L. and F. De Saram  
 Mr. J. Selvaratnam  
 Mrs. Lala Senanayake  
 Mr. L.W. Senarath  
 Mrs. Grace Seneviratne  
 Mr. & Mrs. Sarath Silva  
 Mr. Hemantha De Silva  
 Ms. L.W. Bernadine De Silva  
 Mr. Chamindra De Silva  
 Mrs. E.C. De Silva  
 Mr. G. Silva  
 Mr. De Silva  
 Mrs. S. Siriwardena  
 Mr. Deepal Sooriyaarachchi  
 Miss. H.S.L. Soysa  
 Mr. Chelliah Sudarshan  
 Mrs. T. Sumanasuriya  
 Mr./Mrs. Q. Surairachie  
 Mr./Ms. P.S.P. Tennekoon  
 Ven. Chrisantha Mendis  
 Mr. S. Vethavinayakam  
 Mrs. N. Vithana  
 Ms. Janaki Welagedara  
 Mr. Daya Wettasinghe  
 Mr. Ranjan Wettimuny  
 Mr. M.D. Wickramasinghe  
 Mr. E.P. Wickremasekera  
 Mrs. D.H. Wijemanna  
 Mrs. S.P. Wijeyekoon  
 Dr. E.M.G. De Zylva

# HelpAge Sri Lanka receives Service Excellence Award from BWIO



Deshabandu Tilak de Zoysa receiving the award from Minister Rauff Hakeem at the ceremony

**ANANDA KANNANGARA**

The Business World International Organization (BWIO) which empowers the local and the international business community recently highlighted the social services being carried out by HelpAge Sri Lanka (HASL) for less-privileged Sri Lankan Senior Citizens and presented them with the “Service Excellence Organization of the year award 2018” at a ceremony held in Colombo under the patronage of Minister Rauff Hakeem.

This year’s ceremony was graced by nearly 300 members including politicians, actors, corporate leaders, journalists, sports personalities, film directors and many other reputed personalities in the country.

HelpAge Sri Lanka which was among the top ten (10) award winners received this Service Excellence annual award for providing free Medical and Eye Care and service facilities for less-privileged Senior Citizens in the country.

The USA based organization, BWIO, is a world renowned awards presentation organization and it was compelled to select HelpAge Sri Lanka due to its highest standard of ethical conduct, integrity and social responsibility towards a needy section in the society.

The BWIO owns highest honors within the Asia Pacific Region and the main objective of this annual awards presentation is to encourage and help the Sri Lankan business and service sectors to grow and prosper further. HelpAge Sri Lanka, Chairman Deshabandu Tilak de Zoysa accepted the award on behalf of HelpAge Sri Lanka while HelpAge, Executive Director Samantha Liyanawaduge were also present.



**Ananda Kannangara**  
Manager – Communications

*During the period under review as the communications manager, he effectively coordinated all media communications*

## Redeem Dialog Star Points for HelpAge Free Cataract Surgeries

ANANDA KANNANGARA

Dialog Axiata PLC, Sri Lanka's premier connectivity provider, has pledged its support to HelpAge Sri Lanka (HASL) to carry out its on-going Free Cataract Surgery program via their loyalty program-Star Points, Sri Lanka's first and largest mobile based loyalty scheme.

Each Star Point which is worth LKR 1, will be utilized by HelpAge to perform free Cataract Surgeries for less privileged senior citizens in the country.

Accordingly, Dialog subscribers may simply dial #141#\*5\*2 to donate their Star Points to HelpAge before June 30, 2019 (Sunday), in support of this valuable Cataract Surgery program.

Surgeries are performed at HelpAge Eye Hospital, Sinsapa Road, Wellawatta. The

Hospital is open on all five days of the week for low-income elders over the age of 55. In addition, the donations collected via Star Points, would also be utilized to conduct free mobile medical eye camps throughout the country, especially in rural and remote areas to serve those in need of medical assistance.

Speaking to the Daily News Business, Dialog Axiata PLC, Group Business Development, New Business Development, Manager Chandana Paththinige said since the company's vision is to empower and enrich Sri Lankan lives and enterprises, Dialog is proud to assist HelpAge in their endeavor to assist this under served segment in our society.



தினகரன் 2019 மார்ச் 12 சென்வாய்க்கிழமை

## கிலவச விழிவெண்படல சுத்தீர சீகிச்சை: ஹெல்ப்பேஜ் நிதி திரட்டல்

நிர்க்கதி நிலைக்கு உள்ளாகியுள்ள 55 வயதுக்கு மேற்பட்ட சிறேஷ்ட பிரஜைகளுக்கு விழிவெண்படல சுத்தீர சீகிச்சைகளை இலவசமாக மேற்கொள்வதற்கு நிதி திரட்டுவதற்காக சகல வைபவங்களுக்கும் பயன்படுத்தக்கூடிய வாழ்த்து மடல்களை ஹெல்ப்பேஜ் நிறுவனம் அச்சிட்டு வெளியிட்டுள்ளது.

இத்திட்டத்தின் கீழ் ஜந்து இலட்சம் வாழ்த்து மடல்களை அச்சிட்டு வெளியிட்டுள்ள ஹெல்ப்பேஜ் நிறுவனம், இவற்றின் விற்பனை மூலம் திரட்டப்படும் நிதி முழுமையாக நிர்க்கதிக்கு உள்ளாகியுள்ள சிறேஷ்ட பிரஜைகளின் விழிவெண்படல சுத்தீர சீகிச்சைக்கு பயன்படுத்தப்படும் எனவும் குறிப்பிட்டுள்ளது.

இத்திட்டத்தின் கீழ் வெள்ளவத்தை சின்சபா வீதியிலுள்ள ஹெல்ப்பேஜ் கண்ணால்பத்திரியில் விழி வெண்டிய சுத்தீர சீகிச்சைகள் இலவசமாக மேற்கொள்ளப்படும்

என்று நிறுவனத்தின் நிறைவேற்றுப் பணிப்பாளர் சமந்த வியனவடுகே தெரிவித்தார்.

பிறந்த தினம், புத்தாண்டு உட்பட வெசாக், ரம்யான, நத்தர் ஆகிய வெபவங்களின் நிமித்தமும் வாழ்த்து மடல்கள் அச்சிட்டு வெளியிடப்பட்டுள்ளன. ஏதாவதொரு நிறுவனம் அதிகளை வாழ்த்து மடல்களை கொள்வனவு செய்யுமாயின் அந்நிறுவனத்தின் பொருளாக, இலட்சினை, முகவரி என்பவற்றை அச்சிட்டு வழங்கவும் தயாராக உள்ளது எனவும் அவர்களினார்.

இந்த வாழ்த்து மடல்களை முன்னணி சுப்பி மார்க்கெட்டுகளிலும், நிறுவனத்தின் பொரல்லஸ் துறையிலும் கழுவலிலுள்ள தொலைபேசு கொள்வனவு செய்யலாம். ஹெல்ப்பேஜ் ஸ்ரீ வங்கா நிறுவனம் இற்றைவரையும் 33 ஆயிரம் சிறேஷ்ட பிரஜைகளுக்கு இலவசமாக விழிவெண்படல சுத்தீர சீகிச்சையை இலவசமாக மேற்கொண்டுள்ளதாகவும் அவர் மேலும் கூறினார்.

## හෙල්පේර් වැඩිහිටි පා ගමන හෙට නුවරඑළෑයේ

හෙල්පේර් ශ්‍රී ලංකා ආයතනයේ වාර්ෂික වැඩිහිටි පා ගමන හෙට (05) නුවරඑළෑය තාගරයේදී උදෑසන 9.00ට ආරම්භ කෙරේ. මේ සඳහා වයස අවුරුදු 60 සිට 90 දක්වා ජ්‍යෙෂ්ඨ පුරවැසියන් 1,000ක් පමණ සහායිවනු ඇත.

මේ පා ගමන සංචාරණය කරනු ලබන්නේ නුවරඑළෑය දිස්ත්‍රික් ලේකම් කාර්යාලය, බෙරෙහුණිනා සංචාරණ ආයතනයේ සහ හෙල්පේර් ශ්‍රී ලංකා යන ආයතනයි.

හෙල්පේර් ශ්‍රී ලංකා ආයතනයේ සහායති දේශීල්පු තිලක් ද සෞඛ්‍යා මහතා පවසන පරිදි මෙවැනි පා ගමනකින් පැහැදිලි වන්නේ වැඩිහිටි ප්‍රජාවට වයස ප්‍රමාණය තොතකා සූතිය සම්ඟ මෙහෙවරක් සඳහා කටයුතු කළ නැති බවය.

හෙල්පේර් ආයතනයේ විධායක අධ්‍යක්ෂ සම්බන්ධ ලියනවුම් මහතා පවසන්නේ මෙවැනි පා ගමනකට සහභාගි විම එහින් ජ්‍යෙෂ්ඨ පුරවැසියන්ට තමන්ගේ ගැනීමිය සහ කුසලතා විදහා දැක්වීමට භැංකියාවක් ඇති බවය.

මෙවැනි වැඩිහිටි පා ගමන් කිහිපයක් මිට පෙර හෙල්පේර් ආයතනය විසින් ගාල්ල, මාතර, ගම්බන්තොට, මාතලදේ වැනි නගරවල පවත්වා ඇති.

එමන්ම මේ පා ගමනින් වැඩිහිටි අයිතිවාසිකම් සහ ව්‍යුත්තේ මූලික අවශ්‍යතාවයන් ඉල්ලා සිටිම් අවස්ථාවක් ලැබන බවය.

ලියනවුම් මහතා පවසන පරිදි 99%ක් පමණ වැඩිහිටියන් ජ්‍යෙෂ්ඨන්නේ ඔවුන්ගේ පැවුල්

සමඟ වන අතර, ඉන් 01%කටත් අඩු ප්‍රමාණයක් වැඩිහිටි නිවාසවල ජ්‍යෙෂ්ඨ බවය. හෙල්පේර් ආයතනය අසරන වැඩිහිටියන් වෙනුවෙන් නොමිලේ අක්ෂ කාව දුම්ම, වෙවුන් සැපයීම්, ආබාධිත වැඩිහිටියන් වෙනුවෙන් නොමිලේ ආබාධිත උපකරණ ලබා දීමද කරනු ලබයි.

වැඳ්ලවත්ත සින්ස්පා මාවතේ පිහිටි හෙල්පේර් අක්ෂ රෝහලදී මේ වන විට අංශේ සුදු ඉවත් කිරීමේ ගළුකරම 32,000ක් පමණ නොමිලේ සියුරකර ඇති බවද හෙතෙම සඳහන් කරයි.

## හෙල්පේර් සුඩ පැනුම්පත් මිලදිගෙන නොමිලේ අක්ෂ සේවා සඳහා දායක වන්න

සුම සජරකම දෙසැම්බර් මස ශ්‍රී ලංකාවාසීන් විසින් සමරනු ලබන නත්තල් උත්සවය වෙනුවෙන් හෙල්පේර් ශ්‍රී ලංකා ආයතනය (HelpAge Sri Lanka) මෙවරද සුඩ පැනුම්පත් 400,000ක් වෙළෙඳපාලට නිකුත් කර ඇත.

ඉන් ලැබන ආදායම වැඩිහිටි අසරන ජ්‍යෙෂ්ඨ පුරවැසියන්ගේ අංශීය සුදු ඉවත් කිරීමේ ගෙවුම් නොමිලේ කුරුම් කටයුතු යොදා ඇති බව එම ආයතනය පවතියි.

සැමකම් සියුරකරනු ලබන්නේ වැළැවත්තක, සින්ස්පා පාරේ පිහිටි හෙල්පේර් අක්ෂ රෝහලදීය. වැඩිහිටි ඕනෑම අඩු ආදායම් ලාභීයකුට මෙම සේවය එම අංශයෙහි පැහැදිලි වැනිදා නොමිලේ සියුරකර ඇති බව ද දියනවුම් මහතා සඳහන් කරයි.

හෙල්පේර් ආයතනයේ විධායක අධ්‍යක්ෂ සම්බන්ධ ලියනවුම් මහතා පවසන පරිදි මෙම නත්තල් සුඩ පැනුම්පත් විකිණීමෙන් ලැබන ආදායම දිවයින පුරා නොමිලේ ජ්‍යෙෂ්ඨ වෙවුන් සහායා ඇති සේවය එම නත්තල් අක්ෂ සේවා සැපයීම්, හෙල්පේර් ආයතනයේ ආධාර උපකරණ ලබන අසරන වැඩිහිටියන් වෙනුවෙන් සේවා සැපයීම්, ආබාධිත වැඩිහිටියන් වෙනුවෙන් නොමිලේ ආබාධිත උපකරණ ලබාදීම සඳහාද යොදාවනු ලැබේ.

කිසියම් ආයතනයක් නත්තල් සුඩ පැනුම්පත් වැඩිහිටි ප්‍රමාණයක් මිලදි ගන්නා විට එවායෙහි, එම ආයතනයේ නම, ලාභීය, ලිපිනය ආදිය ද මුණෙය කරදෙනු ලැබේ.

හෙල්පේර් අක්ෂ රෝහල මේ වන විට ඇංශේ සුදු ඉවත් කිරීමේ ගළුකරම 34,000ක් පමණ නොමිලේ සියුරකර ඇති බව ද දියනවුම් මහතා සඳහන් කරයි.

හෙල්පේර් ආයතනයේ අරමුදල් ඉපයිමේ අංශයේ කළමනාකාරීනි රුවිලානි පෙවුන්තුවාට මහත්මිය පවසන පරිදි මෙම සුඩ පැනුම්පත් තොකාඩි සහ අවට ප්‍රධාන පොන් සාල්පුවලින්ද කාර්මිල්ස්, කිල්ස්, අර්පිකෝස් සහ ලාභ වැනි සුවිරි වෙළෙඳස්ථ්‍යින් සහ බොරලුස්ස්මැලුව, රුන්තනපිටිය, ජේමානය්ද මාවතේ අංක 102 දරන සේවානයේ පිහිටි හෙල්පේර් ශ්‍රී ලංකා ආයතනයේ ද ලොගන නැති.

වැඩි විස්තර සඳහා 0114926948, 01124926358, 0112803752-54 යන දුරකථනයන්ගේන් ලොගන නැති.

## HelpAge in record-breaking cataract surgeries

HelpAge Eye Hospital at Sinsapa Road, Wellawatte performed a record number of 50 cataract operations on a single day recently, free of charge, for senior citizens, sponsored by the Rotary Club of Colombo West (RCCW). President Rtn Rohina Macan Markar, Treasurer, Rtn Harin Fernando, Director, Community Services, Rtn Pravir D. Samarasinghe and HelpAge Eye Hospital, Manager, Ajitha de Alwis are in the picture.

HelpAge Sri Lanka, Executive Director, Samantha Liyanawaduge elaborates on the surgical procedure to the patients.



## CARING FOR FORGOTTEN AND TOSSED ASIDE ELDERS

**ANANDA KANNANGARA**

**L**ooking after elders, especially those who have no guardians to look into their welfare in their hour of need is a responsibility of every one of us.

A recent survey, by HelpAge Sri Lanka (HASL) on elders revealed that only one percent elders in our country are in elder's homes. The survey reveals that nearly 315 registered Elders Homes are in the country and over 11,000 Senior Citizen Committees have been established to enhance the welfare of elderly citizens island-wide.

HelpAge recently visited such an Elders Home in a remote village of Hiripitiya, Pannipitiya to spend the day with elders. The Elders Home 'Mavpiya Upahara We-dihiti Niwasa' provides shelter to 20 male and female elders who are between the age group of 60 to 93 years.

When HelpAge visited the place, the elders welcomed the visitors by offering beautiful flowers. They spent nearly six hours with elders and they were happy to hear some of their old favourite Sinhala musical songs, provided by a music band, organized by HelpAge.

The band gave the elders an opportunity to sing and dance. They exposed their in-born talents by singing yesteryear Sinhala hits and

showed the visitors that the old age was not a barrier to enjoy.

It was also an unforgettable day for the elders as they received valuable gifts including clothes, food items and other gifts from HelpAge team, headed by Executive Director Samantha Liyanawaduge and the members of the staff.

Elders Home Matron Sunethra Amunugama and officer Renuka Cooray said a heartbreaking story that many elders have been isolated by their kith and kin, but the Elders Home officials look after them very well.

The most heartbreaking story was that some elders who are in the latter part of their lives have not even seen their own children for the last several years. This says that the children have purposely isolated their own elders.

Matron Amunugama thanked HelpAge staff members for their visit to the Elders Home and consoling them for few hours. The Matron also said the inmates of the Elders home receive maximum comfort and care including medical facilities.

HelpAge Executive Director Samantha Liyanawaduge highlighted the valuable service rendered by the Elders Home 'Mavpiya Upahara Wedihiti Niwasa' by giving them the maximum protection.



## WALK FOR RIGHTS

**ANANDA KANNANGARA**

**E**lderly citizens all over the world have a firm belief that the month of October belong to them. During this month, many elders not only in our country but in another 96 countries where HelpAge partners and affiliated organizations are established have engaged in various activities to raise awareness on elders' issues, demanding their rights and entitlements for them to live with dignity.

Although the UN declared October 1 as the 'International Day of Older Persons' many elder's organizations in our country celebrate it throughout the month. HelpAge Sri Lanka (HASL), one of the oldest organizations in our country that was established in 1986 by the late H. P. Gooneratne with the objective of providing eye care, medical care facilities and many other projects to empower the underprivileged elders, conducted its annual 'Elders Walk' on a grand scale at Nuwara Eliya recently. The ceremony was conducted

by HelpAge with the assistance of the 'Age Demand Action' campaign programme of the HelpAge International, UK and supported by the Nuwara Eliya District Secretariat and the Berendina Development Services.

An unexpected number of over 1,500 elderly citizens, mainly estate workers between the age group of 60 to 85 years in Nuwara Eliya and surrounding areas keenly participated in the walk despite the cold breeze and the mist that enveloped throughout the town during the day.

The walk was witnessed by school children, general public and tourists who were at Nuwara Eliya Town at the time. Elders shouted slogans and also displayed placards demanding their rights and entitlements. They also took part in fun-filled activities such as singing and dancing.

HASL, Chairman, Tilak de Zoysa said ageing is a challenge in today's world and celebrating the 'International Day of Older Persons' is an opportunity to highlight the important contributions that older people made to the society.

HelpAge, Executive Director Samantha Liyanawaduge who also keenly participated in the walk highlighted that it displayed the courage and strength of elders and said HelpAge conducts Free Cataract Surgeries at HelpAge Eye Hospital, Wellawatta and Mobile Eye Care camps countrywide for underprivileged citizens. Elders also took part in programmes at Cinisita Cultural Hall, Nuwara Eliya after the walk.



## HelpAge inculcates values of elders among young Anandians



HelpAge Programme Director, G.C. Mendis addresses the seminar. Master-in-charge, B.M. Tilakaratna was also present.

BY ANANDA KANNANGARA

The HelpAge Sri Lanka (HASL) appealed to the students of Colombo Ananda College to maintain the same rapport between them with their parents and grandparents as it is their paramount duty to look after them with love affection and care.

HelpAge, Youth Education Director, G.C. Mendis made these observations at a seminar held at the College main Auditorium recently. "Caring for elders and to create an environment for them to live with dignity" was the theme of the seminar.

Addressing over 1,000 young Anandians, Mendis urged them not to isolate their parents and grandparents at elders' homes but to try and keep them under their care.

"Although there are nearly 300 elders' homes in the country, statistics reveal that 99 percent elders are living with their families relatives or on their own." He also related several stories of world famous characters who never isolated their parents and grandparents and related the case of how former American President Barack Obama cared his grandmother until her death.

HelpAge, Programme Manager, Chaminda de Silva, said the objective of such programmes is to motivate the minds of schoolchildren on the value of helping elders.

He said HelpAge not only conducts free cataract surgeries to underprivileged senior citizens but also provided them with free disabled equipment including wheel chairs, crutches, walkers, hearing aids, spectacles etc. The Master-in-charge, B.M. Tilakaratna paid

tribute to the highly seminar, by the HelpAge and highlighted the value of elders and the importance of caring for them during their twilight days.

Commenting on the programme HelpAge, Executive Director, Samantha Liyanawaduge said statistics reveal that less than one percent of our elders in our country live in elders' homes.

He said HelpAge runs a Day Centre at 24, Dharmarama Mawatha, Borupana Road, Ratmalana for senior citizen, to stay from morning and return to their homes by evening.

Deputy Principals Sarath Gunathilaka, Randika Perera, Assistant Principal Kumudu Wickramasekara were present.

**தினாங்கு** 2019 பெப்ரவரி 11 திங்கட்கிழமை

## களுத்துறை தோட்டப் பகுதிக்கு மருத்துவ முகாம், கற்றல் உபகரணங்கள் வழங்கல்

ஹெஸ்பேஜ் ஸ்ரீ லங்கா நிறுவனம், கொழும்பு ரொட்டறி கழகத்தின் மேல் நகரப் பிரிசேன் ஒத்துழைப்புடன் மருத்துவ முகாமொன்றையும், களுத்துறை மாவட்டத்தின் நார்த்துப்பானவிலுள்ள ஏழு தோட்டங்களில் வசிக்கும் பாடசாலைப் பிள்ளைகளுக்கு கற்றல் உபகரணங்கள் வழங்கும் வைவத்தையும் அன்றையில் மேற்கொண்டுள்ளன.

ஹெஸ்பேஜ் நிறுவனத்தின் நடமாடும் மருத்துவ மற்றும் கண் பரிசோதனை முகாம் மூலம் சுமார் 200 பெருந்தோட்ட மக்கள் மருத்துவ சிகிச்சைகளைப் பெற்றுக் கொண்டதுடன் சுமார் 150 பிள்ளைகளுக்கு பாடசாலை பேக் உள்ளிட்ட கற்றல் உபகரணங்களும் வழங்கி வைக்கப்பட்டன.

நெசாட்டல், பொராஸ்டர், ஹில்ஸ்டர்ம், கொபவெல்ல, மிரிசேன், மில்லகந்த, ஹல்வத்துர ஆகிய தோட்டங்களைச் சேர்ந்த தொழிலாளர்கள் இம்முகாமில் முருத்துவ முகாமில் சிகிச்சை பெற்றுக்கொண்டனர். இம்முருத்துவ முகாமில் இனம் காணப்பட்ட 44 பேர் கண்புரை சுத்திர சிகிச்சைக்காக ஹெஸ்பேஜ் நிறுவனத்தின் வெள்ளவத்தைப்பிள்ளா கணவைத்தியசாலைக்கு அனுப்பி வைக்கப்பட்டனர்.

இந்த மருத்துவ முகாம் மற்றும் கற்றல் உபகரணங்கள் விநியோகக்கீற்காக எட்டு இலட்சம் ரூபாவுக்கம் மேல் செலவிடப்பட்டுள்ளது. இத்தோட்டத்தை வெற்றி கரமாக மேற்கொள்ள உதவிய ஹெஸ்பேஜ் நிறுவனத்திற்கும், ஹூரான் பெருந்தோட்ட

கம்பனிக்கும் கொழும்பு ரொட்டறி கழக மேல் நகரப் பிரிவு தலைவர் நோமல் விஜேரட்டன நன்றி தெரிவித்ததோடு பின்னைகளுக்கு கற்றல் உபகரணங்களும் அவரது தலைமையில் பகர்ந்தளிக்கப்பட்டன.



## GLIMPSE OF THE PAST



Tilak de Zoysa (Chairman, HelpAge International),  
Richard Blewitt (CEO, HelpAge International), Steven M. Hilton  
(President and CEO Conrad N. Hilton Foundation)  
16 April 2012, Washington DC, USA



HelpAge International Board Meeting held in Sri Lanka, 2010



Gold Award – League of American Communications Professionals (LACP) US



Ms. Meredith Wyse – Head of Programmes –  
Asia, HelpAge International's visit



"Niponmaru" Team visit to HelpAge Sri Lanka



Mr. Eduardo Klien (Regional Director APRO HAI)'s  
visit to Sri Lanka

# INTERNATIONAL DAY OF OLDER PERSONS 2018/19

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## MORE NEWS



Tim Boon – Former English Cricketer's visit and CPR training programme



Minister S.B. Dissanayake's visit to the HelpAge Eye Hospital



Donation of Equipment to the Director General of Survey Department



Minister S.B. Dissanayake's media briefing at the HelpAge Eye Hospital



Donation of a Generator to the Negampaha Hospital



Donation of a Generator to the Aralaganvila Hospital



The Team Briefing held every two months for all employees at HASL, provides visibility of Division wise "Performance achieved vs the Target". It facilitates an open forum for two way communication which has resulted in higher employee satisfaction levels. The individuals who have made a significant contribution especially outside their normal call of duty, during the period under review, are appreciated at this event.



Mr. Eduardo Klien (Regional Director APRO HAI)'s visit to Sri Lanka



Human Nutrition lecture for H.P. Gooneratne HelpAge Day Care Centre Members



Mr. D. Kumara (64 years)  
Garanduwa, Weligama

*HelpAge Financial Assistance  
Programme for Livelihood*

We sincerely thank all our local and foreign donors who made donations in cash and kind to support the following programmes:

- Direct Mail Appeal
- Corporate Appeal
- Till Collection
- Youth Education
- Legacies
- Eye Hospital, Wellawatte
- Sponsorship for Mobile Medical Units
- Sponsorship for Cataract Surgeries
- Sponsorship for Special Projects
- Elders' Day Care Centre, Ratmalana
- Ayurvedha Centre, Boralesgamuwa
  - Greeting Cards Project
  - Share As You Earn Programme
- Community Development Programme
- Flood, Landslides, Drought Relief and Rehabilitation Programmes

We would also like to thank  
Ceylon Secretarial Services Limited  
for providing free secretarial services  
and

Smart Media The Annual Report Company  
for designing and producing this Annual Report  
as a complimentary service

***HelpAge Sri Lanka***

## HOW TO GET IN TOUCH

### **Registered Office**

Please contact us to find out more about HelpAge Sri Lanka projects and programmes for the well-being of the senior citizens of Sri Lanka.

HelpAge Sri Lanka  
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 Email : [helpage@sltnet.lk](mailto:helpage@sltnet.lk)  
 Website : [www.helpagesl.org](http://www.helpagesl.org)

For inquiries about HASL contact the officers listed below:

### **Manager Finance**

Financial Information  
 Donations/Online donations

### **Head of Human Resources and Administration**

Age Care – Reservation of Training Venue and Facilities  
 Information about any other administrative matter.  
 inclusion of HelpAge in your “Last Will”  
 Phone : +94 11 741 8981

### **Manager, Home Care and Training**

Home Care Assistance Service  
 Home Care Training  
 Home Care Assistance Training  
 Home Care Volunteer Training  
 Phone : +94 11 496 6130, +94 11 487 1870,  
           +94 11 486 6897, +94 11 726 1100

### **Director, Youth Education Programme**

Youth Education Programme and Awareness Programmes  
 for school children  
 Annual All Island Schools Short Story Competition/Art Competition  
 Training of Trainers (TOT) Programmes for Directors, Principals and Teachers

Manager, Fundraising  
 “HelpAge” Greeting Cards  
 Three Card Pack Programme (Birthday cards)  
 Placement of Collection Tills  
 Donations in Kind  
 Corporate/Individual Donations  
 Phone : +94 11 492 6358/492 6948  
 Facimile : +94 11 430 0946

### **Manager, Special Projects**

Sponsorship support for Special Programmes  
 Sponsorship/Reservation of Mobile Medical Units (MMUs)  
 Direct Mail Campaign  
 Payroll Giving Programme (SAYE)  
 Dialog Star Points Programme

### **Programme Manager**

Projects for Development of Community Based Programmes  
 Senior Citizens' Committees formation and Capacity Building  
 Foreign Donor – Funded Projects  
 Sponsor a Grandparent Project  
 Projects for Development of Day Centres and Income Generation Projects  
 Financial Assistance Programme for Livelihoods  
 Any Other Donations  
 Phone : +94 11 486 6897/+94 11 318 1790

### **Manager, HelpAge Eye Hospital**

Eye Hospital Services  
 Free Cataract Surgeries  
 Provision of other Eye Care Facilities  
 Donations for Eye Hospital  
 Phone: +94 11 258 9450/+94 11 250 0056

Private Health Services Regulatory Council Registration No. PHSRC/PH/130

Environmental Protection License No. 02895 (5) Under National Environmental Act No. 47 of 1980

### **Manager, H.P. Gooneratne HelpAge Elders Day Care Centre**

Donations for Almsgiving  
 Donations for Day Care Centre  
 Sale of Flower Pots, Lamp Wicks and Envelopes,  
 No. 24, Dharmashrama Mawatha,  
 Borupana Road, Ratmalana  
 Phone: +94 11 263 5566

### **Manager, Communications**

Information and Publications  
 Library Facilities

## **Members of the Council**

Deshabandu Tilak de Zoysa (Chairman)  
 Deshabandu A M de S Jayaratne (Deputy Chairman)  
 Deshabandu (Mrs.) Jezima Ismail  
 Mr. Sanjeev Gardiner  
 Dr. (Mrs.) C P Banagala  
 Mrs. Anosha Subasinghe  
 Ms. Yasmin Raheem  
 Mr. N Dias Jayasinha  
 The Baroness Greengross of Notting Hill  
 Mr. Nishantha Gooneratne  
 Mr. Krishan Balendra  
 Mr. M E Wickremesinghe PC

## **Hony. Advisors**

Dr. Leel Gunasekera  
 Mr. N W E Wijewantha  
 Col. John Mayo OBE  
 Mr. John F Pearson

## **Senior Management**

Mr. Samantha Liyanawaduge (Executive Director)  
 Mr. Geethal Mendis (Director Youth Education)

## **Bankers**

Bank of Ceylon  
 Commercial Bank of Ceylon  
 Hatton National Bank  
 Pan Asia Bank  
 People's Bank  
 Sampath Bank  
 Seylan Bank  
 Standard Chartered Bank

## **Secretaries**

Ceylon Secretarial Services Ltd.

## **Auditors**

Wijeyeratne & Company, Chartered Accountants

## **Our Legal Framework**

Company Registration No. GA 545

Social Services Registration No. 11/4/1/590/86

Approved Charity Statute Notification Gazette No. 497 of 11 March 1988

Registration of Approved Persons and Organisations under Section 18 of the Protection of the Rights of Elders Rights Act No. 09 of 19 January 2000 – Registration No. NCA/0001/2002/WP

Registration of Voluntary Social Services/Non-Governmental Organisation under Voluntary Social Services Organisations (Registration and Supervision) Act No. 31 of 1980 as amended by Act No. 08 of 1998 – Registration No. L. 03214



**M.S. Ediriweera**

*Manager – Finance*

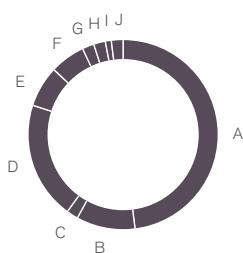
The income for the year under review was generated through the following fundraising projects:

- Direct Mail Campaigns
- Greeting Cards Sales
- Day Care Centre
- Direct Donations
- Till Collections
- Sponsorships for MMU'S
- Age Care Facilities
- Share As You Earn (SAYE) Schemes
- Home Care Services

In addition to the above we have also received donations and funds from the followings:

- Donor funded projects
- Donations to the Eye Hospital
- Donations from legacies and last wills
- Jointly funded projects
- General/Corporate Donations
- Other Donations

## How We Spent Our Funds in 2018/19



A	Eye Hospital	48%
B	Mobile Medical Unit	10%
C	Disaster Response	2%
D	Home Care and Training Programme	20%
E	H.P. Gooneratne HelpAge Day Center	7%
F	Youth Education Programme	6%
G	News Letters and promotion cost	2%
H	Disability Equipment	2%
I	Elders week & Ayurvedic Center Expenses	1%
J	Community Development Project in spokesperson's	2%

## NOTES







