



CONTENTS

1 Who We Are	2 Chairman's Message	4 Executive Director's Message	6 Members of the Council
7 Our Strength	10 Programme Division	16 HelpAge Eye Hospital	18 Human Resources Division
22 H.P. Gooneratne HelpAge Elders' Day Care Centre	25 The Youth Education Programme	28 Home Care Division	30 Special Projects Division
33 Fundraising Division	37 Individual and Corporate Donors	39 News in Brief	43 Glimpses of the Past
44 International Day of Older Persons 2019/20	45 Other News	48 How to Get in Touch	50 Finance Division

WHO WE ARE

HelpAge Sri Lanka (HASL) was established in 1986, following the first World Assembly on Ageing, held in Vienna in 1982. HASL's initial services and programmes were developed based on the 62 recommendations of the first World Assembly. This was followed by the United Nation's principles on older persons' independence, participation, care, self-fulfilment and dignity declared in 1991. Programmes were further adjusted in keeping with other UN conventions such as the International Year of Older Persons in 1999. At present, HASL is developing policies in keeping with the recommendations of the Second World Assembly on Ageing, held in Madrid in 2002.

HelpAge Sri Lanka (HASL) counts over three decades of experience, working with vulnerable senior citizens of Sri Lanka and is committed to providing an invaluable service in improving health, eye care, and well-being for needy senior citizens across the country. HASL also trains volunteers in home care to serve the needy elders. In addition, education programmes are conducted, especially among schoolchildren, to raise awareness on issues related to senior citizens and to endeavour to foster a sense of respect and responsibility towards them.

HASL was established following a meeting between Mr. H.P. Gooneratne and Mr. John F. Pearson of HelpAge International (HAI), who was in Sri Lanka on a fundraising mission for senior citizens. During the discussion, Mr. Pearson lobbied for an organisation which was fully committed to matters pertaining to senior citizens of Sri Lanka.

The ultimate result of the discussion was the establishment of HelpAge Sri Lanka by Mr. Gooneratne, who became the Founder Chairman of the Organisation. The first HASL office was set up in a small building with six staff members. From these small beginnings, HASL has now grown into an outstandingly successful non-governmental organisation that provides services to destitute senior citizens with its mission of enhancing their quality of life.

HASL was registered under the Companies Act No. 17 of 1982 and re-registered under the Companies Act No. 07 of 2007 (GA 545) and was incorporated as a limited liability company. The Memorandum of Articles of Association of HASL was registered on 24 January 1986 and later amendments were made on 11 August 1986, 23 September 1999, and 26 November 2007. Subsequently, it was registered under the Voluntary Social Services Organisation Act No. 31 of 1980 as amended by the Act No. 08 of 1998 as a Voluntary Social Services Organisation (bearing No. 11/4/1/590/86). Thereafter, the newly registered HelpAge Sri Lanka was gazetted as an approved charity (bearing No. 497) on 11 March 1998.

HASL was privileged to be among the first of the sixty global affiliates to achieve "sister status" with HelpAge International (HAI) UK.

From 2004 onwards under the Chairmanship of Deshabandu Tilak de Zoysa together with a band of dedicated Council Members, HASL has been endeavouring to provide a better life for destitute older persons by ensuring that the services provided by HASL reaches the people who really need it.

Being a non-government approved charity organisation, HASL is committed to achieving and maintaining the highest standards of corporate governance through clear policies. HASL has supported the ageing population in Sri Lanka and provides a platform to highlight their needs. HASL also works alongside the government, with policymakers and with regional and international bodies to ensure the needs of age inclusiveness in all spheres.

OUR VISION

"A WORLD IN WHICH ALL OLDER PEOPLE FULFIL THEIR POTENTIAL TO LEAD DIGNIFIED, ACTIVE, HEALTHY, AND SECURE LIVES".

OUR MISSION

"BY WORKING TOGETHER WE ENSURE THAT PEOPLE IN SRI LANKA UNDERSTAND HOW MUCH OLDER PEOPLE CONTRIBUTE TO SOCIETY AND THAT THEY MUST ENJOY THEIR RIGHT TO HEALTHCARE, SOCIAL SERVICES, AND ECONOMIC AND PHYSICAL SECURITY".

CHAIRMAN'S MESSAGE



**IT IS COMMON KNOWLEDGE
TODAY THAT THE AGEING
POPULATION WORLDWIDE IS
ACCELERATING. BY 2020 PEOPLE
OVER THE AGE OF 65 YEARS WILL
OUTNUMBER CHILDREN UNDER
THE AGE OF 5 YEARS.**



HelpAge Sri Lanka (HASL) has become one of the most sought after and leading charities of Sri Lanka mandated to improve the quality of life of the ageing population of the country, and being the Chairman of HASL, it is my privilege to present to you the Annual Report and audited financial statements for the financial year 1 April 2019 to 31 March 2020.

At the commencement of the period under review, there was a considerable decrease in HASL's achievements in its projects and services due mainly to the national economic crisis consequent to the Easter Sunday bombings of April 2019. However, HASL continues to make a positive impact and maintains its position as a lead social asset that enhances the quality of life for the elderly population of Sri Lanka.

In its endeavours, HASL strongly embraces the common strategies of its sister institution, HelpAge International (HAI) and together, they take a common stand to encourage and enable older persons everywhere to say:

"I enjoy well-being"

"I am treated with dignity"

"My voice is heard"

The Elders' Walk in October 2019 was one of the main events that celebrated the International Day of Older Persons. This provided an opportunity to highlight the important contribution that older people make to society and to raise awareness of the challenges of ageing in today's world.

Over the years, HASL has been effective in changing the mindset of the general public that considered older people as a liability but which now thinks otherwise and supports HASL in “empowering the older population of Sri Lanka to fulfil their potential to lead dignified, active, healthy, and secure lives”.

THE FUTURE OF AGEING...WHAT HAPPENS NEXT

It is common knowledge today that the ageing population worldwide is accelerating. By 2020 people over the age of 65 years will outnumber children under the age of 5 years. The population of Asia is growing both larger and older. Demographically the most important continent in the world, Asia, has a population currently estimated at about 4.2 billion people – this figure is expected to increase to about 5.9 billion by 2050.

There is evidence that older people who remain engaged in life, stay healthier – thereby making fewer demands on social service and entitlement programmes. As they work, they continue to contribute to social security and free healthcare/medicare through their taxes. It is also a fact that senior entrepreneurs are creating jobs for themselves, as well as others, which will boost their own income and also boost the national economy.

Across a variety of measures (incidence of diseases, mortality rates, cognitive function, and physical strength) people are in fact not ageing more but ageing more slowly. This phenomenon requires drawing a distinction between the chronological age (how many years since you were born) and the biological age (how fit and healthy you are). By defining “old” chronologically, the ageing society narrative does not take into account whether people are ageing better and rules out structural changes in the course of life. As a result, it focuses only on the negatives of an ageing society – this omits the potential gains from a longevity agenda that supports longer, healthier, and more productive lives.

Designing policies to maximise the number of people of all ages who benefit from this longevity effect while seeking to boost productivity over a longer life should be the prime objective of the moment.

ACKNOWLEDGEMENTS

We are greatly indebted to our main partners, Age UK, HelpAge International, UN Habitat, UNDP and Berendina Development Service (Gte.) Ltd. and all other international and national donors for their magnanimous support, which has helped HASL to achieve its mandate in serving the needy older people of this country.

Our grateful thanks go to Dr. Vijith Kannangara, Chairman of Smart Media The Annual Report Company and his team for providing complimentary services in producing the HASL Annual Report, year after year for the past 13 years. I am thankful to the Partners of D.N. Thurairajah & Co, Ceylon Secretarial Services (Pvt) Limited for continuing to provide complimentary secretarial services.

I am pleased to acknowledge the valuable contribution of Ms. Yasmin Raheem and Ms. Anosha Subasinghe, honorary Members of the Council for their untiring assistance in editing and compiling the HASL Annual Report even this year.

It is with gratitude that I place on record the invaluable contribution of the Executive Director, Mr. Samantha Liyanawaduge, the divisional heads and members of the staff. The commitment of the eye surgeon, Dr. Jayantha Vidanapathirana and the team of doctors and the guidance given by Council Member, Dr. (Mrs.) C.P. Banagala are all gratefully acknowledged.

Heartfelt thanks to Deshabandu Ajit Jayaratne, Deputy Chairman for his close supervision of all financial aspects of HASL and the invaluable assistance extended to me continuously. I value greatly, Mr. Nishantha Gooneratne, honorary Council Member for his presence, involvement and deep commitment in leading the HASL Team and for his unstinted support extended to the Executive Director.

I would also like to thank Mr. Nimal Dias Jayasinha, honorary Council Member for his valuable contribution, guidance and support to the Home Care Assistance Programme. I thank all other distinguished Council Members for their exceptional contribution and deep commitment.

“Please continue to walk with us in our journey, the community needs you, and as we walk together our ***mission is doable!***”

Deshabandu Tilak de Zoysa
Chairman
HelpAge Sri Lanka

EXECUTIVE DIRECTOR'S MESSAGE



**HELPAGE SRI LANKA AS THE NGO
FOCUSING ON ISSUES FACING
OLDER PEOPLE IS DETERMINED TO
PROMOTE AND FOSTER HEALTHY
AGEING AND TO PROMOTE THE
WELL-BEING OF OLDER PEOPLE
LIVING IN SRI LANKA.**



For the past three decades, HelpAge Sri Lanka (HASL) has been in the forefront of creating a better world for Sri Lankan elders by implementing various programmes island-wide.

HASL has been known not only as a leading non-government organisation (NGO) that works to improve older people's lives, but also as an organisation that creates opportunities to voice elders' opinions on issues facing them.

In Sri Lanka, HASL's efforts have gained more prominence because of its sister status with HelpAge International (HAI). With the assistance of HAI, two outstanding projects, the Sponsor a Grandparent Programme (SaG) and the Elders' Livelihood Development Project were implemented by HASL.

During the commencement of the financial year 2019/20 the period under review, the devastating Easter Sunday bomb attack in April 2019 severely crippled the country's economy; and its repercussions adversely affected HASL's programmes and projects as well. At the end of the financial year in March 2020, the global spread of COVID-19 affected the economy of the entire world, and once again affected HASL's programmes and activities. In spite of these setbacks, HASL managed to conclude the financial year fairly successfully due to the commitment of its staff.

HOME CARE ASSISTANCE PROGRAMME

Among the activities and programmes of HASL, the Home Care Assistance Programme is the programme that appeals most to older persons, because as older persons age, become frail and are faced with ill health, they need

the assistance of carers(paid or voluntary) to look after them. The objectives of this Programme are twofold: to offer trained care assistance; and to provide employment opportunities to those who seek a career in this field. Currently, the Home Care Assistance Programme provides an affordable and holistic home care assistance service only to those older persons living in the Western Province who can afford to pay for such a service. To complement this, in other provinces HASL's Home Care and Training Division also trains active young old members of Senior Citizens' Committees who are required on the completion of the training programme to care for at least 10 destitute older persons in their own village. HASL being the lead national NGO focusing on issues facing older persons is best placed to be a leader in providing trained home care assistance to elders who require such a service.

Three other HASL programmes: (i) the HASL Eye Hospital; (ii) the Mobile Medical Unit; and (iii) the Youth Education Programme also serve the community effectively. More details of each of these above-mentioned programmes are provided in the chapters that follow.

DECADE OF HEALTHY AGEING 2020 – 2030

The WHO's second action plan named the Decade of Healthy Ageing is its global strategy covering a ten-year period i.e. 2020 to 2030 of concerted, catalytic and collaborative action where older people will be the central focus of the plan. It is expected that with populations around the world ageing fast, governments, civil society organisations, international and regional agencies, media and professionals will come together to improve the lives of older people, their families and the communities they live in.

The 2030 Agenda for Sustainable Development has united the world in order that all countries and stakeholders pledge that not only will no one be left behind but also that every human being will be afforded the opportunity to fulfil his or her potential in dignity, in equality, and in health. The HASL as the NGO focusing on issues facing older people is determined to promote and foster healthy ageing and to improve the well-being of older people living in Sri Lanka.

ACKNOWLEDGEMENTS

First and foremost, I would like to offer my sincere gratitude to HelpAge International for its continued support to HASL, especially during critical times in the country. Through the HAI grants and financial inputs, HASL has been able to implement several projects,

distribute essentials to destitute and needy elders, and initiate and strengthen senior citizens' societies with sustainable assistance.

The visionary leadership of our founder Chairman, the late Mr. H.P. Gooneratne is remembered with much respect. He established HASL over 30 years ago recognising the fact that "population ageing" would need to be addressed effectively by an organisation focusing only on the issues faced by older persons in Sri Lanka.

The guidance and support readily given by the Chairman, Deshabandu Tilak de Zoysa to HASL is immeasurable. The Chairman is a source of encouragement and strength to all the staff at HASL. The assistance received from the Deputy Chairman, Deshabandu Ajit Jayaratne is also acknowledged with gratitude.

My sincere thanks go to Council Member, Mr. Nishantha Gooneratne for his constant assistance, which has made difficult decisions easier to make particularly, in the operational activities of HASL. The HASL staff also greatly appreciate the assistance rendered by all the other Council Members who have directly and indirectly guided and assisted them in various ways.

Council Members, Ms. Yasmin Raheem and Ms. Anosha Subasinghe have willingly undertaken over the years, the onerous task of editing and compiling the HASL Annual Report. Their assistance in this regard is greatly appreciated.

A big thank you to each of our generous donors and to all stakeholders for their generous financial contribution and support which have been continuously given. It is with gratitude that HASL acknowledges the trust and confidence placed in it.

Last but not least, all members of the staff of HASL are commended for their time and energy expended on HASL activities, which has resulted in HASL achieving the targets it set itself during the period under review.

Samantha Liyanawaduge
Executive Director
HelpAge Sri Lanka

MEMBERS OF THE COUNCIL



1. Deshabandu Tilak de Zoysa
– Chairman
2. Deshabandu A.M. de S. Jayaratne
– Deputy Chairman
3. Deshabandu (Mrs.) Jezima Ismail
4. Mr. Sanjeev Gardiner
5. Dr. (Mrs.) C.P. Banagala
6. Mrs. Anosha Subasinghe
7. Ms. Yasmin Raheem
8. Mr. N. Dias Jayasinha
9. Mr. Nishantha Gooneratne
10. Mr. Krishan Balendra
11. Mr. Maithri Wickremesinghe PC

OUR STRENGTH



Seated (Left to right)

Mr. D. Paranawithana, Mrs. C.N. Ekanayake, Mr. G.C. Mendis, Mr. Samantha Liyanawaduge, Mr. M.S. Edirweera, Ms. R. Batuwantudawa, Mr. M.S.C. de Silva and Mr. A. Kannangara.

Second row (Left to right)

Mr. K.S. Karannagoda, Mr. J.B. Gunasekera, Mr. J. Karunasena, Mrs. G.D.C.D. Kumari, Mr. N.T.S. Kodikara, Mrs. S.P. Gamage, Mr. M.A.S. Dilshan de Silva, Mr. J. Rathnayake, Ms. R. Wickramanayake, Mr. C.D. Hewage, Mrs. S. Ekanayake, Mr. B.W.D. de Silva, Mrs. M.D. Galappatty, Mr. B. Nanayakkara, Mrs. P.P. Bulathsinghal, Mr. K.A.C. Thanuja, Mr. S.D.T.K. Lakmal and Mr. S.G. Amarasinghe.

Third row (Left to right)

Ms. R. Sarah Chandran, Ms. S.D. Kaluarachchi, Mrs. C.P. Basnayake, Ms. A. W. M. Dilmini, Ms. A.A.S. Thishani Lakmini, Ms. P.V.U. Sasikala, Ms. J.A.I. Madurangi, Ms. T. Dedduwage, Mrs. R.K.D. Deepika, Ms. J.S. Wanniarchachi, Mrs. C. Jayawardena, Mrs. P.G.A.T. Gamage and Mr. G.H.M. Ujitha.

Fourth row (Left to right)

Mr. S.A. Shanthalal, Mr. K.N.P.K. Silva, Mr. T.M.P.K. Tennakoon, Mr. M.D.S.D. Senanayake, Mr. K.C.W. Kumara, Mr. P.C.L.D. Vithanage, Mr. P.A. Geethanjana, Mr. G.D.C. Jayalath, Mr. M. Kalimuththu, Mr. A.G.U. Piyasiri, Mr. W.G.T.U. Padmakumara, Mr. W.E.R. Sepala, Mr. R.D.N. Ranasinghe, and Mr. K.D.K. Roshan.

Absent: Mr. C.B. Weerasinghe and Mr. I.G. Weerasinghe



HelpAge Eye Hospital

Seated (Left to right)

Mrs. W.G.V. Madushani, Dr. (Mrs.) H.M.P. Samaratunge, Dr. (Mrs.) K.K.A. Nandani, Mr. Samantha Liyanawaduge, Dr. J. Vidanapathirana, Dr. M.J.A. Jeza and Mr. C.E. Fernando

Standing (Left to right)

Ms. W.S.S. Kulasuriya, Ms. H.K.D.M. Perera, Ms. P.P.K. Gayani, Mrs. O.K.D.S.A. Dissanayaka, Mrs. A.P.C. Ariyasena, Mrs. K.N. Gamage, Mrs. W.V.N. Ishani, Mrs. M.L.D. Pemalatha, Mrs. M.T.D. Fernando, Mr. B.P. Kolabaarachchi, Mrs. C.M. Wilpathage, Ms. B.M.G.M. Bandara and Ms. M.R.E. Senevirathne.



H.P. Gooneratne HelpAge Elders' Day Care Centre

Seated (Left to right)

Mrs. R. Wijayaratne, Mr. S. Karunakaradasa,

Standing (Left to right)

Mrs. P.W. Chandralatha, Mr. W.M. Ranbanda



Home Care Division

Seated (Left to right)

Ms. M.H.A. Eranga, Mr. K.A.P. Ratnasiri, Mr. C.J.K. Senevirathne, Mrs. J.M.J.C.K. Jayasinghe, and Mr. K.L.W. Pathmasiri

Standing (Left to right)

Mr. O.P. Nandana Perera, Ms. M.K.H.U. Ranasiri, Ms. W.L.C. Chathuni Samadini, Ms. W. Suranjini Dilhanie and Ms. M.P.M.D. Morapitiya



**HelpAge Livelihood
Assistance Programme**

P.K.D. Munidasa Nanayakkara (68 Yrs)
Hettiyawatta, Madithiwela, Divulapitiya, Sri Lanka.

PROGRAMME DIVISION

Population ageing has become one of the leading demographic issues in most developing countries, particularly in the Asian region. The unprecedented growth of the elderly population is a significant factor in Sri Lanka's age structure. This population ageing issue gives rise to a host of social security issues, the implications of which need to be understood and addressed by all stakeholders concerned.

During the year under review, the Programme Division of HASL continued to implement several donor funded projects focusing on senior citizens with a view to providing them with the most effective social security coverage. Nevertheless, due to financial constraints these development projects were confined to certain selected geographical areas.

PROJECTS

SPONSOR A GRANDPARENT (SaG) PROGRAMME

HelpAge International (HAI) and HelpAge Sri Lanka (HASL) signed an agreement to continue the SaG Programme from 2019 to 2021. The programme initially commenced on 1 April 2018 with a total budget allocation of GBP 105,000.

The following activities were organised and completed under the SaG Programme:

Mobile Medical Unit (MMU) camps

A total of 8,669 elders from 25 districts benefitted from 57 Mobile Medical and Eye Camps that were conducted island-wide.

Cataract surgeries for vulnerable elders

Sixty-nine cataract surgeries were performed at the HASL Eye Hospital, Colombo. Elders from 11 districts were provided with free transport, food and lodging.



Training of Trainers (TOT) Programme for Schools

The Programme Division jointly with the Youth Education Programme (YEP) conducted two Training of Trainers (TOT) Programmes in the Elpitiya Educational Zone in the Galle District: on 25 October 2019 for 138 principals and 11 Directors of Education; and on 10 November 2019 for 130 junior school principals and teachers.

Following these TOT programmes, the principals conducted awareness programmes for approximately 38,500 students in their respective schools.

Home Care Volunteer (HCV) training programme for Young Old Senior Citizens

On 26 August 2019, the first Home Care Volunteer training programme was conducted over a five-day period for 60 young old members from Colombo, Galle, Gampaha, Kalutara and Matara Districts.

[For further information on joint programmes, please refer to the relevant chapters i.e. the YEP, the MMU, and the Home Care Division.]

COMMUNITY DEVELOPMENT PROJECTS

Community development projects were organised for the leaders of 160 Senior Citizen Committees (SCCs) in the Matara and Gampaha Districts.

- 325 elderly leaders were selected from the Weligama District Secretariat (DS) area in the Matara District and the Divulapitiya DS area in the Gampaha District. They were trained in bookkeeping, leadership and good governance by the Programme Division staff - Mr. Chaminda de Silva, the Programme Manager and Mrs. Swarna Ekanayake, the Monitoring and Evaluation Officer.
- Three mental health counselling sessions were also conducted by the Programme Manager for 250 elders in Weligama and Divulapitiya. These sessions endeavour to assist elders to achieve mental well-being by suggesting solutions to their personal issues based on their own religious background.

- An Out Bound Training (OBT) programme was conducted at the Rangiri Aqua Training Centre at Hanwella on 5 and 6 March 2020 to build team spirit, leadership, disaster preparedness and capacity building for 26 older leaders of the Senior Citizens' Federation in the Divulapitiya and Weligama DS Divisions.
- Elders' Livelihood Development Training Project - Capacity building livelihood development training programmes in business development, financial matters, record-keeping and business proposal writing were conducted for 48 and 82 leaders from the Weligama DS and the Ja-Ela DS Divisions respectively.

FINANCIAL ASSISTANCE PROGRAMME FOR LIVELIHOODS

HASL implemented the following financial assistance programme for livelihoods with the assistance of the following organisations:

Sponsor a Grandparent Programme (SaG)

212 beneficiaries of 22 SCCs in the Colombo, Galle and Matara Districts were provided with loans totalling Rs. 2,120,000/- during the period under review. The Programme Division continues to ensure the recovery of the loans granted to beneficiaries under the SaG Programme. Senior citizens were encouraged to undertake a variety of income generating projects such as brick making, sewing, pottery making, carpentry, home gardening, handicraft making and managing small retail shops.

This livelihood programme commenced in 2015 and will continue to support needy elders in 10 selected districts. The beneficiaries of this programme covering 126 SCCs were 1,217 senior citizens and 4,868 family members of those senior citizens.

Berendina Microfinance Investment Company Limited (BMIC)

BMIC issued 130 new loans using funds provided by HASL as livelihood assistance to elders. 1,196 senior citizens from Aranayaka, Bulathkohupitiya, Dehiowita, Galigamuwa, Ginigathhena, Horowpathana, Ipalogama, Kahatagasdigilliya, Kotmale, Kuchchaveli, Manupa, Mawanella, Serunuwara and Thirappane received loans for livelihood projects such as animal husbandry, carpentry, dressmaking, fisheries, home gardening, retail shop management, welding, and rubber, tea, fruit and vegetable cultivation.

Explanka Holdings PLC

This Financial Assistance Programme for Livelihoods started in 2015 and continued to grant livelihood assistance loans for selected women's groups and SCCs.

Twenty-six loans were issued to members of the Putupagala SCC of the Dompe DS Division of the Gampaha District and 20 loans for the Homagama DS Division of the Colombo District. During the period under review, 202 female senior citizens received a total of Rs. 1,740,120/- from this programme.

UNDP PROJECT - LIVELIHOOD SUPPORT TO RESETTLED COMMUNITIES IN KILINOCHCHI AND MULLAITIVU

An agreement was signed between the United Nations Development Programme (UNDP) and HASL to implement a new project on providing livelihood support to resettled communities in the Pachchilaipalli DS Division of the Kilinochchi District and the Maritimepattu DS Division of the Mullaitivu District. The project period was from 26 December 2019 to 30 June 2020. Funding support for this project of Rs. 22.65 million was provided by the British High Commission. The UNDP works closely with the Government of Sri Lanka at national, regional and local levels to empower and improve the lives of people.

MAIN ACTIVITIES

- Capacity building of community-based organisations (CBOs) and of government officers serving in the Killinochchi and Mulaitivu Divisional Secretariats.
- Provision of livelihood support to selected beneficiaries in the Pachchilaipalli DS Division in the Kilinochchi and the Maritimepattu DS Division in Mullaitivu.
- Construction of ten numbers of drinking water wells in the Pachchilaipalli DS division.

The following activities were implemented in Indrapuram in the Pachchilaipalli DS Division in the Kilinochchi District:

- Assessments of 32 CBOs
- Two public awareness programmes on how senior citizens could access the services offered at the Divisional Secretariat, such as obtaining birth certificates, national identity cards, and of resolving land issues.
- Four introductory training programmes for selected groups of women to establish small restaurants in Mullaitivu and Iyakachchi towns.
- Rapid assessment programme – urgent needs such as housing, national identity cards and land issues of 88 returnees from India were assessed in a short duration.
- Provision of toolkits consisting of plants, seeds, and fertilizers for home gardening.
- Business plan training for 27 beneficiaries.

AGE DEMANDS ACTION (ADA) CAMPAIGNS AND ELDERS' RIGHTS PROGRAMMES

International Day of Older Persons (IDOP)

- HASL in collaboration with the National Secretariat for Elders (NSE) and selected Senior Citizens Federations organised activities to commemorate the IDOP at Anuradhapura, Divulapitiya, Kataragama and Weligama. More than 500 senior citizens participated at each location.
- Mr. Samantha Liyanawaduge, Executive Director of HASL presided at the Elders' Week Programme jointly held with the All Ceylon Women's Buddhist Congress (ACWBC), Colombo where 150 senior citizens participated.
- As part of the IDOP commemoration held on 1 October 2019, the Ministry of Primary Industries and Social Empowerment held a competition to select the best elders' home in Sri Lanka. Mr. Chaminda De Silva who was appointed as an evaluator travelled to all nine provinces with the NSE officers to judge the competition. The winners of the competition were placed as follows:
 - Sahanodaya Elders Home, Attidiya - 1st
 - Government Elders Home, Kaithady, Jaffna - 2nd
 - Asarana Sarana Elders Home, Mulgampola - 3rd



- Mr. Samantha Liyanawaduge, Mr. Chaminda de Silva, and Mr. Janaka Seneviratne of HASL attended the workshop on the preparation and validation for the elder caregiver curriculum and the NVQ Level II and Level IV sessions organised by National Apprentice and Industrial Training Authority (NAITA).
- Mr. Bert Maerten, Head of Programmes, Asia Pacific Region (HAI) visited the SaG projects in Galle, Divulapitiya and Weligama from 4 June to 7 June 2019 and agreed to extend support to HASL in its future activities as well.
- HASL, the UNFPA and the Ministry of Primary Industries and Social Empowerment organised a conference and policy dialogue on "Feminization of Ageing" on 8 July 2019 at the BMICH, Colombo, which 150 persons attended. The closing address was made by Mr. Samantha Liyanawaduge.

Mr. Chaminda de Silva, the Programme Manager participated in the following events:

- Start Fund Conference on "Anticipation", Bangkok, Thailand, 26 to 29 November 2019.
- Regional Strategy Workshop on "Age Inclusive Disaster Risk Reduction", Chiang Mai, Thailand, 2 to 6 December 2019.
- Training programme for 23 teachers at the National Institute of Education (NIE) on elders' rights.
- Meeting to draw up guidelines on the "National Standards for Elders' Homes" and on "Nutrition for Elders" organised by the Ministry of Health.

MOBILE MEDICAL UNIT (MMU)

The HASL Mobile Medical and Eye Care Unit (MMU) is one of HASL's leading projects. This was inaugurated in 2006 to serve the disadvantaged senior citizens island-wide. Over the years, there has been a great demand for this invaluable service.



The MMU reaches out to needy elders mostly in rural areas where there are no health and eye care facilities. The "clinic on wheels" is equipped with separate units for general medical and eye care investigations and treatment. These services are provided free of charge to all beneficiaries.

At any one clinic, the HelpAge MMU has the capacity to screen 150 elders: 75 elders for medical and 75 elders for eye screening. Depending on the availability of funds, the figure of 150 could be increased up to 450. Spectacles for the elderly are made to order and are delivered within a period of one month after the visit by elders to the clinic. At these clinics, elders who are identified with cataracts are referred to the HelpAge Eye Hospital, Colombo for free cataract surgery. Elders are also screened for non-communicable diseases and those who need continuous medical treatment are referred to a government hospital, nearest to their place of residence.

During the period under review, 127 MMU camps were conducted and nearly 19,000 needy elders were provided with medical and eye care facilities island-wide. At these camps, 7,968 bifocal and single vision glasses were distributed, 1,710 elders who were identified with cataract were referred to the HelpAge Eye Hospital, Colombo and 493 elders not requiring surgery were referred to government hospitals.

The cost incurred by HASL for a single MMU camp is approximately Rs. 85,000/- per day. The MMU has the capacity to screen 300 elders per day (double camp) or 450 elders per day (triple camp) by increasing the MMU staff and identifying new sponsorships. Accordingly, the cost will be Rs. 170,000/- for a double camp and Rs. 225,000/- for a triple camp.

During the period under review, mobile camps were conducted with HASL funds, individual donations and corporate sponsorships offered by leading companies through their respective Corporate Social Responsibility (CSR) initiatives.



The following sponsorships were received for the period under review:

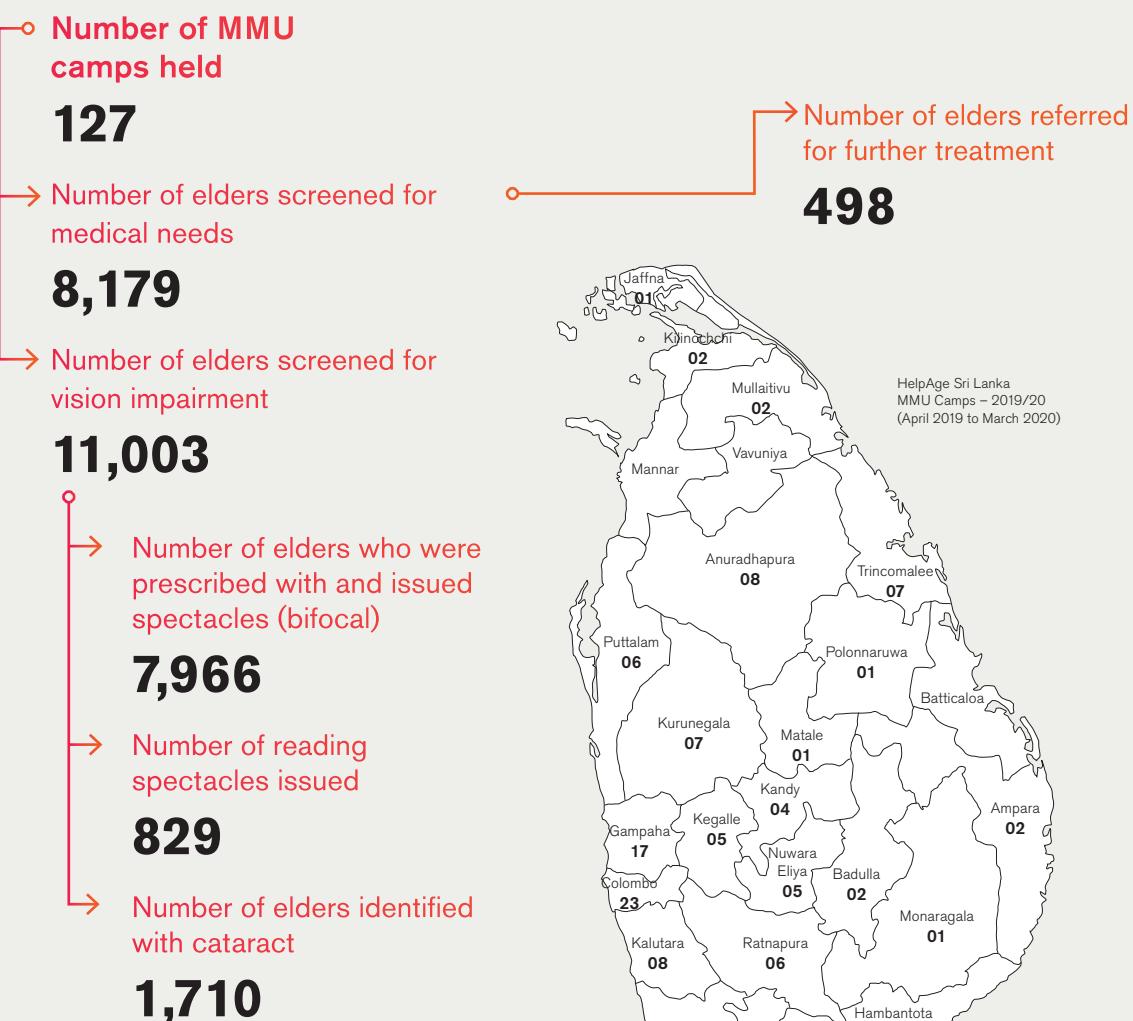
Name of Donor	Number of camps sponsored
Al-Noor Foundation	2
Amana Bank	1
Arun Prashanth Foundation	2
Mrs Rudrani Balasubramaniam	1
Candor Asset Management (Pvt) Ltd	1
CHEC Port City Colombo (Pvt) Ltd	1
Mr. Manjula De Silva	1
Charles & Muriel De Soysa Trust	3
Mr. Ajitha De Zoysa	1
Dialog Star Points	8
Mr. E.A. Edirisinghe	1
Fishermen Livelihood Support Society (FLSS)	6
Mrs. Tharini Gamage	1
Dr. Kamal Gunasekara	1
Mr. M. Macky Hashim	2
HelpAge Sri Lanka	4
INSEE Cement	1
Lanka Ceramic PLC	1
National Savings Bank	12
Papercom Traders (Pvt) Ltd	1
Mr. L.S. Perera	1
Mr. Shanthi Perera	1
Mrs. S. Perera	1
Pernod Ricard Lanka (Pvt) Ltd	1
L.H. Piyasena & Company (Pvt) Ltd	1
Ms. Shreeni Ranasingha	1
Dr. L.R. Ranathunga	1
SaG Programme	57
SAI Charitable Trust (Social and Education Fund)	5

Name of Donor	Number of camps sponsored
Mr. D. Samarasinghe	1
Mr. Saimon Scraff and Mrs. Sue Evans	1
Sirocco Air Technologies (Pvt) Ltd	1
Sri Lanka Ports Authority (SLPA)	4
Young Men's Buddhist Association (YMBA)	1
Total	127



Chaminda de Silva
Manager – Programme Division

The details of the elders who benefited from the MMU Camps during the period under review:



HELPAGE EYE HOSPITAL

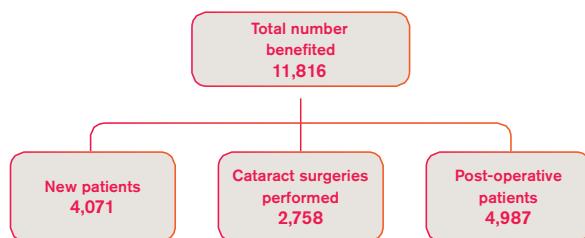
15

HASL's flagship programme - the HelpAge Eye Hospital, located in Wellawatte, Colombo 6 with a bed strength of 20 commenced its operations in the year 2009. The HelpAge Eye Hospital provides an invaluable service to needy elders who cannot otherwise afford the cost of cataract surgery including the cost of foldable intraocular lenses.

As at 31 March 2020, a total of 38,340 elders have benefited from the free services offered at this hospital. Approximately 20 cataract surgeries are performed daily with over 75 pre and post-operated patients visiting the hospital.

The HelpAge Eye Hospital is staffed with two eye surgeons, two senior medical officers, nine nursing officers, two ward attendants, two development officers, an executive officer and a manager.

During the period under review, the statistics are as follows:



CATARACT

From the age of 50 and above, many people will experience poor vision due to a "cataract."

WHAT IS A CATARACT?

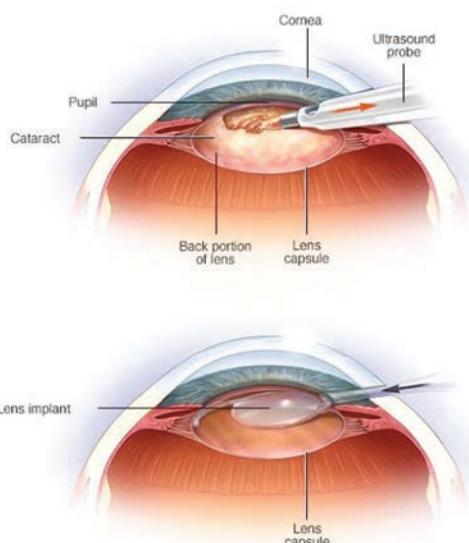
A cataract is the thickening of the lens in the eye, causing vision loss that cannot be corrected with glasses, contact lenses or corneal refractive surgery etc.



Cataract surgery is a simple process. Through modern surgery, the cataract could be removed and clear vision could be restored.

CATARACT SURGERY

In cataract surgery, the lens in the eye that has become cloudy is removed and replaced with an artificial lens called an intraocular lens (IOL) to restore clear vision.



Most modern cataract surgical procedures involve the use of a high-frequency ultrasound device that breaks up the cloudy lens into small pieces, which are then gently removed from the eye by suction. This procedure, called phacoemulsification or "the phaco method" can be performed with smaller incisions than normal surgical techniques used earlier for patients. This promotes faster healing and reduces the risk of surgical complications, such as retinal detachment and bleeding.

Once the broken lens is removed, an intraocular lens is inserted positioning it securely in the eye. Once the surgery is completed, a protective pad is placed over the eye for safety during the healing process.

HelpAge Eye hospital

Cataract surgery in hospital.



PREPARING FOR CATARACT SURGERY

Prior to cataract surgery, the ophthalmologist will check the overall health condition of the eye evaluating and identifying the risk factors, which may affect the surgical process.

CATARACT SURGERY RECOVERY

Cataract surgery without complications could be performed within 10 to 15 minutes. However, extra time is needed to prepare the patient for surgery. Once the operation is concluded a brief post-operative evaluation is done. Strict instructions are given to the patient. If the patient follows these instructions, the recovery process will be fast and effective. At the HelpAge Eye Hospital, the necessary eye medication is given free of charge to all patients to be used after surgery.

SPECIAL VISITORS TO THE HELPAGE EYE HOSPITAL DURING THE PERIOD UNDER REVIEW

6 June 2019

- Mr. Bert Maerten, Head of Programmes, Asia & Pacific Regional Office, HelpAge International, Thailand – Conducted a visit to monitor and evaluate the SaG Programme.

29 July 2019

- Mr. Chinta Rajap of Switzerland and Ms. Rashmini de Silva, Consultant, Project Management and Sustainable Income Generation, Foundation of Goodness – Discussed future collaboration between the Foundation and HASL.

17 October 2019

- Mr. A.S.M. Rifal and Mr. A.A. Nawaz, Executives of Amana Bank (Sharia Division) – Conducted an evaluation of HASL programmes and projects before making a donation.

2 December 2019

- Prof. Sharmila Dissanaike, Professor and Peter C. Canizaro Chair, Department of Surgery, Texas Tech University Health Sciences Center, Lubbock, Texas, U.S.A.

Mrs. Gothami Gunathilake and Ms. Twinkle Gunathilake.

DONATIONS – RS. 25,000/- AND ABOVE

13 August 2019

- Mr. Pravir Samarasinghe, President, Rotary Club of Colombo West along with members, Mr. Methsili Ehrlich De Silva, Mr. Anver Chattoor, Ms. Zarani Mohamed and Mr. Brian Selvanayagam- Donated Rs. 500,000/- of which Rs. 200,000/- was a donation from A.S. Chattoor & Co. (Pvt) Ltd.

19 August 2019

- Mrs. Indu Dissanayake, France - Sponsored five cataract surgeries.

7 October 2019

- Mr. Bandula Wijayaratne, Surbiton, Surrey, United Kingdom - Donated seven high quality lenses with accessories to the value of Rs. 123,706/. This donation was facilitated by a member of the HASL Council, Dr. (Mrs.) C.P. Banagala.

8 October and 9 December 2019

- Foundation of Goodness (FOG) - Donated Rs. 90,000/- and Rs. 60,000/- respectively to fund cataract surgeries.

17 October 2019

- Mr. A.S.M. Rifal and Mr. A.A. Nawaz, Amana Bank- Donated Rs. 467,000/- to fund HASL projects during the period under review.

2 December 2019

- Professor Sharmila Dissanaike who is one of HASL's regular donors made a special donation of Rs. 1,559,500/- to construct a much needed utility room on the roof top of the Eye Hospital building.

10 December 2019

- Mr. Arthur Perera - Donated Rs. 64,000/- in memory of his family and of his late parents Mr. and Mrs. K.D. David Perera.

HUMAN RESOURCES DIVISION

The Human Resources Division (HR) is responsible for the management of human resources, staff discipline, welfare, on-the-job training, recruitment and selection, orientation, publicity, security, logistics, maintenance of the stores, the library, the Training Centre and the Ayurvedic Centre. Orientation and on-the-job training programmes were conducted during the months of July, August and October.

ORIENTATION PROGRAMME

HASL's newly recruited staff members are usually taken on a familiarisation tour to the HASL Eye Hospital, the Ayurvedic Centre, the Day Care Centre and the Mobile Medical Unit in order to make them aware of HASL's main services to needy elders.

TRAINING

Regular on-the-job training programmes were carried out during the period under review on Microsoft office and email. Out of a total of 89 staff members at HASL, 61 members have attended at least one in-house training session.

TEAM BRIEFING MEETINGS

Five Team Briefing meetings were held during the period under review and this has facilitated two way communication between the HASL Management and staff.

DEPARTMENTAL MEETINGS

Departmental meetings which are held on the last Wednesday of every month provide a forum where the staff of the HR Division meet the logistics, stores and the Training Centre staff to discuss issues and endeavour to find solutions to operational problems.

The HASL "institutional song", which was composed in the year 2000, was played and sung at the Team Briefing held on 27 September 2019. It has been decided to start the meeting by playing and singing HASL's song at all Team Briefing meetings in the future.



COMMUNITY PROGRAMMES

17 MAY 2019

- The staff organised and conducted an almsgiving and entertainment for the inmates of the Mawpiya Upahara Elders' Home at Hiripitiya, Kottawa.

9 SEPTEMBER 2019

- Four students of the University of Sri Jayewardenepura participated in a three-month internship programme at the HASL Head Office. These students assisted the Fundraising and Direct Mail Divisions to carry out various activities.

17 DECEMBER 2019

- Using their own resources, the HASL staff organised a "Christmas Party with Santa" for 75 girls with disabilities at the Bellanthara Mith Sevana Girls Home, Bellanwila.

12 FEBRUARY 2020

- Under the guidance of the head of the HR Division, Ms. Nelum Ekanayake and Mr. Chaminda de Silva, Programme Manager, a group of eight undergraduates of the University of Sri Jayewardenepura commenced their two-week group assignment on "Strategic Management".

13 FEBRUARY 2020

- A photograph was unveiled of the late Mrs. Thilaka Siriwardena, the generous donor of the land and the building in which the HASL Ayurveda Clinic is situated. A Buddhist sermon to invoke merit to the late donor and all HASL stakeholders was delivered by Ven. Kumbulle Seelarathana Thero of the Paramadharmaawardhanaramaya Temple, Raththanapitiya, Boralesgamuwa.

STAFF WELFARE ACTIVITIES AND EVENTS

5 APRIL 2019

- A "shramadanaya" (a volunteer service project) was successfully held at the Head Office and the entire staff cleaned their own offices, the main office building and the surrounding environment.

11 APRIL 2019

- The HASL annual staff and family event for 2019, the "Bak Maha Ulela" (Sinhala and Tamil new year festival) was held at the S. De S. Jayasinghe Ground, Dehiwela. Elders of the H.P. Gooneratne HelpAge Elders' Day Care Centre actively participated in all the new year activities which were organised.

17 APRIL 2019

- The Sinhala and Tamil new year festivities at the HASL Head Office commenced with the customary lighting of the oil lamp. Traditional new year food items such as milk rice and a variety of sweets were served to all present.

14 MAY 2019

- The entire office premises were decorated with colorful hand-made lanterns to celebrate Vesak Day, which commemorates the Birth, Enlightenment and the Demise of Lord Buddha.

17 MAY 2019

- Ven Ratmalana Pangnajeeva Thero, the Chief Priest of the Sunethra Devi Theravadhi Baudha Madhyasthanaya, a Buddhist temple in Gangodawila, Wijerama delivered a sermon at a religious event organised to celebrate Vesak.



2 DECEMBER 2019

- Christmas decorations including a Christmas tree were put up and carols were played on the public address system at the HASL Head Office during the month of December.

6 DECEMBER 2019

- The choristers of the Sri Lanka Federation of the Visually Handicapped sang Christmas carols for the staff of HASL.

10 DECEMBER 2019

- In commemoration of the 16th death anniversary of the founder Chairman of HASL, the late Mr. H.P. Gooneratne, a Buddhist sermon was delivered by Ven Kongamuve Medankara Thero, the Chief Priest of the Sri Punyawardanaramaya Temple, Ratmalana.

10 DECEMBER 2019

- Twenty-six children of HASL staff members received educational grants from Mr. and Mrs. H.P. Gooneratne Charitable Trust.

31 DECEMBER 2019

- HASL's entire staff and the elders of the Day Care Centre participated at the traditional year-end "Bodhi Pooja" (a Buddhist ritual) that took place at the Paramadharma Wardhanaramaya Temple, Raththanapitiya, Boralesgamuwa.





**HelpAge Livelihood
Assistance Programme**

P.A. Pemasinghe (63 Yrs)
Kehel Ella, Badalgama, Divulapitiya Sri Lanka.

TRAINING CENTRE

The Training Centre provides training facilities for the training programmes designed and conducted by HASL. The Centre operates under the supervision of the Head, Human Resources and a team consisting of an age care officer, a resident matron, an age care assistant, a cook and an assistant cook.

The Centre provides lecture hall facilities and services for a large number of customers from state institutions (e.g. ministries and government departments), leading private sector institutions (e.g. corporates), non-governmental organisations, media institutions, associations, and societies. The income generated from renting out the Centre's facilities are utilised for various HASL programmes and projects such as the Mobile Medical and Eye Care Unit (e.g. disbursement of free spectacles), the HelpAge Eye Hospital (e.g. performing free cataract surgery), Ayurvedic Centre (e.g. provision of free Ayurveda treatment) and the provision of assistive devices such as wheel chairs, commode chairs, walking sticks, walking frames and hearing aids.

The Training Centre facilities include air-conditioned and non-air-conditioned lecture halls with a seating capacity for 35 to 100 persons, and residential facilities for 54 persons. Lecture halls are equipped with multi-media equipment and a public address system, as well as all other basic lecture hall facilities. Although the Training Centre provides very adequate facilities and services, the hiring charges are one of the lowest in the industry.

Customers can also enjoy Sri Lankan and western food at a reasonable rate prepared in-house by HASL's well-trained kitchen staff. Depending on the availability of the facilities, the customers can hire the lecture halls with or without meals. HASL's dining hall can accommodate 60 persons at a time. Therefore, when HASL gets reservations for more than 60 participants, the dining hall facilities with the prior consent of the organisers will be provided in two sittings.

PERFORMANCE

During the period under review, the main focus was towards providing facilities and services to customers of HASL. The anticipated income could not be generated in view of three unexpected situations that affected the country, which were the Easter Sunday bombing in April 2019, the Presidential Elections in November 2019 and finally the COVID-19 pandemic which commenced in March 2020. The income that was generated was 26% less than the total expected.

The Training Centre expresses its heartfelt gratitude to the following organisations that patronized its facilities and services during the period under review:

- Berendina Micro Investments Company Ltd.
- Cortex Academy
- Department of Wildlife Conservation
- Forex International
- *Meth Sewana*, Department of Social Services
- Plantation Human Development Trust (PHDT)
- Sejaya Micro Credit Limited
- Sri Lanka Institute of Development Administration (SLIDA)
- Sunera Foundation
- University of Sri Jayewardenepura
- Wellassa Organisation of Persons with Disabilities (WOPD)

HelpAge Sri Lanka Thilaka Siriwardena Ayurvedic Centre, Boralesgamuwa (HASL Ayurvedic Centre)

Ayurvedic clinics are conducted every Thursday free of charge for senior citizens who seek Ayurveda treatment. Approximately 45 elders attend each clinic. HASL has been providing free Ayurveda treatment to needy elders continuously for the past 13 years.

Ayurvedic clinics are conducted jointly with the Ayurveda Teaching Hospital, Borella and the Institute of Indigenous Medicine affiliated to the University of Colombo. HASL is grateful to the Ayurveda Teaching Hospital for the provision of medications free of charge and for making the necessary arrangements for one of its doctors, Dr. (Mrs.) Ramesha Gunawardena, and a pharmacist, Mr. H.T. Aruna to work part-time at the HASL Ayurvedic Centre. HASL expresses its gratitude to these two officers for offering their services to the Ayurvedic Centre during the period under review.



Nelum Ekanayake
Head of Human Resources

H.P. GOONERATNE HELPAGE ELDERS' DAY CARE CENTRE

The H P Gooneratne HelpAge Elders' Day Care Centre, located at No. 24, Dharmashrama Mawatha, Borupana Road, Ratmalana provides an excellent service to senior citizens who use the Day Care Centre regularly.

HASL established the Day Care Centre in 1988 to promote and propagate the Day Care Centre concept introduced by the late Mr. H.P. Gooneratne who was the founder Chairman of HelpAge Sri Lanka (HASL). Guidelines and funds for the establishment of such a day care centre was initially provided by HAI.

During the period under review, approximately 40 senior citizens attend the Day Care Centre from Monday through Saturday from 8.30 a.m. to 4.00 p.m. The elders are served with breakfast, tea, and lunch which are sponsored by generous donors. "Meals on Wheels" are also offered in their own homes to needy elders who are unable to visit the Centre due to ill health. Disabled elders living in a housing scheme in close proximity to the Centre, are also served by this "Meals on Wheels" scheme. The Centre also organises regular health/medical check-ups, entertainment programmes, pilgrimages to places of religious significance and leisure visits to all who patronize the Centre.

Additionally, Dr. (Mrs.) Kanchana Premaratne and Dr. (Mrs.) Devithilina Punchihewa and a team of nurses from the District Hospital, Lunawa, Moratuwa conduct monthly medical clinics, which provide mental health advice and physical training programmes, and also dispense medicine when necessary.

Mrs. Jayanthi Daluwatte conducts a music therapy programme on the last Wednesday of every month to entertain the elders at the Centre. Counselling programmes are also held twice each month by the Sri Lanka Sumithrayo organisation.

HASL expresses its gratitude to all donors and well wishers who provide meals and other necessary requirements to the elders attending the Day Care Centre. HASL desperately needs financial assistance to continue organising activities at the Centre. Readers of this Annual Report are kindly requested to respond to this appeal for funds.



THE SENIOR CITIZENS OF THE DAY CARE CENTRE PARTICIPATED IN THE FOLLOWING ACTIVITIES DURING THE PERIOD UNDER REVIEW:

APRIL 2019

- Sinhala and Tamil New Year celebrations were organised by the HASL Head Office and the Day Care Centre on 6 and 11 April.

MAY 2019

- Elders celebrated Vesak by visiting the Sri Dharmaramaya Temple, Borupana, Ratmalana on 17 May.
- Buddhist religious activities were conducted on 24 May and 29 May to celebrate the Vesak festival.

JUNE 2019

- HASL organised two almsgivings to Buddhist monks on 26 and 28 June.
- The elders at the Centre participated in a volunteer campaign to clean the premises on 25 June.

JULY 2019

- A photograph of the late Mr. H.P. Gooneratne, founder Chairman of HASL was unveiled by Mr. Roshan Gooneratne in the presence of the late founder's family and the senior staff members of the HASL Head Office on 3 July.
- A mobile medical camp (MMU) was organised at the Day Care Centre on 3 July.
- Three Buddhist sermons sponsored by Mrs. Sunethra Kariyawasam, Mrs. Chintha Peiris and Mrs. Sumudu Rajapaksa were delivered on 13, 26, and 31 July respectively.

AUGUST 2019

- At the MMU camp held at the Day Care Centre in July, certain selected elders were identified as having eye problems and they were gifted with spectacles on 5 August.
- Elders were taken to see the movie "Vijayaba Kollaya" at the Tower Cinema Hall, Moratuwa on 29 August.

OCTOBER 2019

- The elders of the Day Care Centre celebrated the International Day of Older Persons with the Senior Citizens' Circle of the National Savings Bank, Katubedda on 1 October.

NOVEMBER 2019

- Elders participated in a "*Katina Cheewara Pooja*", a traditional Buddhist ceremony at Mrs. Renuka Perera's residence in Mount Lavinia on 1 November.
- An almsgiving was given on 26 November 2019 by Mr. Maithri Wickremesinghe PC, a member of the HASL Council, in memory of his father, the late Mr. Hitler Wickremesinghe, a former member of the HASL Council.

DECEMBER 2019

- An almsgiving sponsored by HASL Council Member, Mr. Nishantha Gooneratne was held to commemorate the 16th death anniversary of his father, the late Mr. H.P. Gooneratne, founder Chairman of HASL on 9 December.
- A Christmas party was also sponsored by HASL Council Member, Mr. Wickremesinghe for the elders and their grandchildren on 21 December.

JANUARY 2020

- A Buddhist sermon sponsored by Mrs. P.W. Chandralatha was held at the Day Care Centre on 1 January.

FEBRUARY 2020

- Two Buddhist sermons sponsored by Dr. (Mrs.) S. Dissanayake and Mr. P. Gunaratne De Silva were delivered on 28 and 29 February respectively.

**THE FOLLOWING VISITED THE DAY CARE CENTRE
DURING THE PERIOD UNDER REVIEW:**

JUNE 2019

- Mr. Bert Maerten, Head of Programmes, Asia & Pacific Regional Office, HelpAge International, Thailand.

JULY 2019

- A team of doctors from the Psychiatric Unit of the Colombo South Teaching Hospital, Kalubowila made a visit to learn more about the Centre.
- A group of students from D.S. Senanayake Vidyalaya, Colombo 7 painted part of the Day Care Centre building.

AUGUST 2019

- Ms. U. Rupasinghe, a student from the Faculty of Medicine of the University of Colombo, interviewed the elders visiting the Day Care Centre to ascertain the relationship between the elders' levels of physical activity and the risk of falls.

SEPTEMBER 2019

- Ms. Reiko Hayashi, Director, National Institute of Population and Social Security Research, Department of International Research and Cooperation, Japan.

OCTOBER 2019

- Mr. A.S.M. Rifal and Mr. A.A. Nawaz, Executives of Amana Bank (Sharia Division).

DECEMBER 2019

- Prof Sharmila Dissanaike, Professor and Peter C. Canizaro Chair, Department of Surgery, Texas Tech University Health Sciences Center, Lubbock, Texas, U.S.A.

JANUARY 2020

- A group of students from the Faculty of Humanities and Social Sciences of the University of Sri Jayewardenapura visited the Day Care Centre to organise a mini community project to enhance the students' understanding of soft social relationship skills such as compassion and empathy.

SPECIAL DONATIONS

The following donations were received during the period under review:

- Ms. Lakmali Fernando - a used sewing machine
- Macksons Paints Lanka (Pvt) Ltd. - 24 litres of Multilac paint
- Mrs. Faheema Marzook - the germ killer for the water filter
- Mr. K. Sunil - a cash donation for the polishing of the Centre's wooden chairs
- Mrs. S. Thilakaratne - a rice cooker
- Mrs. S.M. Wijewansa - an electric organ stand
- Mrs. Savithri Wilson - a cash donation of Rs. 20,000/-
- Yamaha Music Centre - a Yamaha electric organ
- YNM Capital Holdings (Pvt) Ltd. - monthly donations of Rs. 10,000/- from May 2018 onwards



Rohini Wijayaratne
Manager – H.P. Gooneratne
HelpAge Elders' Day Care Centre

THE YOUTH EDUCATION PROGRAMME

25

In a fast changing society, elders do not always receive the respect and care they richly deserve from the younger generation. In view of this situation, HelpAge Sri Lanka's (HASL) Youth Education Programme (YEP) was initiated. It is designed to educate and raise awareness among schoolchildren regarding issues facing older persons.

Over the years HASL's YEP has been approved by the Ministry of Education and in FY 2019/20, the programme has been implemented in certain selected schools in the Western, Central, Sabaragamuwa and Uva Provinces. Judging from the interest shown by the students, teachers, and principals of those selected schools, the YEP seems relevant in keeping to its main objective of raising awareness among schoolchildren on the issues facing older persons. Thirty six schools were visited in 2019/20 and 17,000 students participated in the programme.

TRAINING OF TRAINERS PROGRAMME (TOT)

During the period under review, the TOT programme was conducted in the Elpitiya Education Zone of the Southern Province. On 25 October 2019, 138 principals and 11 directors attended the Programme, which was jointly conducted by HASL's Programme Division and the YEP. Gerontology and certain other issues facing elders were some of the topics that were covered in the TOT programme.

Under the HAI's Sponsor a Granny (SaG) programme, an additional TOT programme for the teachers of the same educational zone was conducted on 10 November 2019. 130 junior school principals and teachers participated.

The YEP was conducted in the following schools during the period under review:

Name of School	Number of Students
Adventist International School, Negombo —	380
Alethea International School, Dehiwala (Primary) —	235
Alethea International School, Dehiwala (Upper) —	307
Benhill College, Gampola —	390
Benhill College, Gelioya —	170
Boralesgamuwa Central College, Borelesgamuwa —	120
Daybridge International School, Dehiwala —	435

Name of School	Number of Students
D.S. Senanayake College, Colombo 7 —	580
Ecole International School, Kandy —	235
Gateway College, Kandy —	555
Hillwood College, Kandy —	545
Horizon International School, Malabe (Primary) —	857
Horizon International School, Malabe (Upper) —	241
Horizon International School, Nugegoda —	136
Isipathana College, Colombo 5 —	140
Loyola College, Negombo —	581
Lyceum International School, Nugegoda —	1105
Lyceum International School, Ratnapura —	810
Mowbray College, Kandy —	155
Negombo South International School, Nittambuwa —	325
Oxford International School, Warakapola —	275
Pannipitiya Central College, Pannipitiya —	295
St. Bridget's Convent, Colombo 7 —	620
St. John's Girls' School, Panadura —	685
St. Nicholas' International College, Negombo —	390
St. Peter's College, Negombo —	405
St. Thomas' College, Bandarawela —	635
St. Thomas' College, Mount Lavinia (Upper) —	860
St. Thomas' College, Mount Lavinia (Primary) —	525
Seventh Day Adventist High School, Kandana —	580
Springfield College, Colombo 8 —	100
Springfield College, Kandy —	430
Sri Priyarthana Central College, Padukka —	410
Thihariya Islamic International School, Thihariya —	195
Trinity College, Kandy (Primary School) —	270
Trinity College, Kandy (Upper School) —	955
Vidura College, Kalutara —	145
Vision International School, Kandy —	410
Willesden College, Battaramulla —	220
Wycherley International School, Gampaha —	480
Total number of students	17,187



VISIT TO ELDERS' HOMES

The YEP team visited the following elders' homes during school holidays to learn about the issues faced by the elders:

- Home of Compassion, Colombo 14
- Little Sisters of the Poor, Colombo 10
- Mother Teresa's Home, Colombo 14

The YEP received encouraging responses from certain selected heads of schools who conveyed their gratitude for the awareness programmes conducted in their respective schools:

- Mr. Titus Silva, Warden, Lyceum International School, Ratnapura
- Rev. Father Sunil Weragoda, Spiritual Director, St. Nicholas' International College, Negombo
- Mrs. L.R.R. Silva, Deputy Principal, D.S. Senanayake College, Colombo 7
- Mr. D.S.P. Kalubowila, Deputy Principal, Isipathana College, Colombo 5



Geethal Mendis
Director – Youth Education
Programme





HOME CARE DIVISION

The HASL Home Care Division's two main activities are the provision of home care and training of home care assistants. Currently, this affordable and holistic home care service is available only to elders residing in the Western Province.

HOME CARE ASSISTANCE PROGRAMME

The Sri Lankan population is ageing rapidly. Today, it is a well-known fact that elders are increasingly affected by non-communicable diseases, psychosocial issues and other age related syndromes such as Alzheimer's and Parkinsonism. The average family structure has changed rapidly from the earlier extended family structure to the current nuclear family structure. The lifestyles of people living in urban areas are also changing fast. As a result, Sri Lankan families are facing immense problems in their endeavour to care for their elderly family members and there is an increasing demand for well-trained and reliable home care assistants. This situation will continue in the coming years as well.

To be of assistance to the senior community, HASL embarked on providing an improved, cost effective and quality home care service initially to elders in the Western Province. In 2019, the Home Care Division was restructured and relocated to a separate building in close proximity to the HASL Head Office.

The introduction of HASL's Home Care Assistance programme also provided opportunities for those (especially females) seeking better job opportunities. By following the training programmes offered, these young women are in a position to obtain regular employment in the homes of senior citizens. More ambitious young women could obtain the highest qualification on elderly care and be assured of more lucrative job opportunities.

TRAINING PROGRAMME

The Home Care Division consists of the following resource panel which conducts regular training programmes in elder care: Mr. Janaka Seneviratne, Head, Home Care Division, Mr. Chaminda de Silva, the Programme Manager, Programme Division, Mrs. Janaki Jayasinghe, Matron, Home Care Division, and Mrs. Swarna Ekanayake, the Monitoring and Evaluation Officer, Programme Division. Vocational training institutes from the government sector such as the National Apprentice and Industrial Training Authority (NAITA) and the Vocational Training Authority (VTA) jointly with HASL's Home Care Division assist in formulating and developing

the curricula, which ultimately leads to the National Vocational Qualification (NVQ) Levels II, III and IV on Elderly Care.

HOME CARE VOLUNTEER TRAINING PROGRAMME



Active young old members of Senior Citizen Committees (SCCs) who are willing to offer their services voluntarily are trained in "home care" to assist senior citizens in their communities. They undergo a five-day residential training programme conducted at the HASL Training Centre. These trained young old members are required to assist at least 10 elders who need these services in their own villages. During the period under review, 60 Home Care Volunteers from the Colombo, Galle, Gampaha, Kalutara and Matara Districts have been trained. This Home Care Volunteer Training Programme was sponsored by the Sponsor a Granny (SaG) Programme during the period under review.

HOME CARE ASSISTANCE TRAINING PROGRAMME



The Home Care Assistance training programme is a seven-day residential programme conducted at the HASL Training Centre. The trained carers are then categorised based on their knowledge, skills, and attitudes. During the year under review, 65 persons followed this training programme.

**ELDER CARE ASSISTANCE TRAINING PROGRAMME
LEADING TO THE NATIONAL VOCATIONAL
QUALIFICATION (NVQ) LEVEL II**



As a result of a Memorandum of Understanding (MOU) signed between HASL and the Vocational Training Authority, a three and half month vocational training programme in "Elder Care Assistance" was conducted at selected district vocational training centres. The theoretical programme covers a seven day period in a vocational training centre followed by yet another week of practical sessions in a private hospital or an elders' home. Subsequently, trainees have to undergo a three month on-the-job training under the HASL Home Care Division. The carers who have successfully completed this training programme will qualify to obtain the NVQ Level II certificate issued by the Tertiary and Vocational Education Commission. Under this programme, a total of 99 home carers from the Districts of Gampaha, Hambantota, Nuwara Eliya, and Polonnaruwa have successfully completed the NVQ Level II examination.

The following table demonstrates how the Home Care Assistants are graded into four levels:

Competency percentage of the Home Care Assistant	Grade of the Home Care Assistant	Category of the elderly person	Dependency percentage of the elderly person
75% - 100%	A	P4	75% - 100%
50% - 75%	B	P3	50% - 75%
25% - 50%	C	P2	25% - 50%
0% - 25%	D	P1	0% - 25%



Janaka Senaviratne
Head of Home Care

SPECIAL PROJECTS DIVISION

The Special Projects Division was established as a separate division in 2011 to complement the work of the Fundraising Division. The main objective of both the Fundraising Division and the Special Project Division is to collect funds for HASL projects.

The Division depends on individuals, corporate clients, and banks to voluntarily donate funds while mainly focusing on obtaining donations from the CSR budgets of organisations. These funds are utilised for programmes and projects of HASL, especially the following activities:

- Conducting island-wide medical and eye camps (MMU)
- Providing free spectacles
- Conducting free cataract surgeries
- Providing assistive devices

Special contributions are received from corporate donors in the following ways:

- Sponsorships/Donations from Corporate Social Responsibility (CSR) funds
- Sponsorships/Donations from welfare funds
- Share as You Earn Programme (SAYE)
- Dialog Star Points

During the period under review, the following donations were received:

Name of the person/organisation	Amount (Rs.)
Mr. Victor Abey sundara	100,000.00
Adam's Peak Benevolent Fund	53,270.00
Amana Bank	467,000.00
All Ceylon Pensioners Society Ltd.	75000
Candor Asset Management (Pvt) Ltd.	322,645.39
Charles & Muriel De Soysa Trust	755,000.00
Mr. Ajitha de Zoysa	85,000.00
Dialog Axiata PLC	875,665.42
Dialog Star Points	38,922.39
Eco Services (Pvt) Ltd.	101,000.00
Mr. E.A.G. Edirisinghe	85,000.00
Fishermen's Livelihood Support Society Ltd. (FLSSL)	720,000.00
Mr. Ranjan Fonseka	175,000.00
Mr. A.W.K.A Gunasekara	100,000.00
Mr. D.M. Gunasekara	85,000.00

Name of the person/organisation	Amount (Rs.)
Dr. Kamal Gunasekara	85,000.00
Mrs. Shani Gunawardena	80,000.00
Mr. M. Macky Hashim	85,000.00
Hill Country Women's Association	85,000.00
INSEE Ecocycle Lanka (Private) Ltd.	85,000.00
Lanka Ceramic PLC	115,950.00
National Savings Bank (Head Office)	1,800,000.00
Nugegoda Entrepreneurs & Professionals Alliance (NEPA)	50,000.00
Papercom Traders	170,000.00
Mr. Shanthi Perera	85,000.00
Mrs. S. Perera	85,000.00
Arun Prasanth Foundation	91,000.00
Mr. Thushara Silva	215,900.00
Sirocco Air Technologies (Pvt) Ltd.	89,000.00
Young Men's Buddhist Association, Borella	100,000.00
Other donations	239,895.00
Total	6,591,680.42

SHARE AS YOU EARN (SAYE) PROGRAMME

The Share As You Earn (SAYE) Programme commenced at the HASL Head Office with its staff members contributing towards this scheme. Subsequently this concept was introduced to other organisations in both the government and the private sectors.

This programme which existed on a small scale was revamped in 2017 and a new list of companies was introduced to SAYE. The main donors under the SAYE programme are the Sri Lanka Ports Authority and MILCO Private Limited. HASL is grateful for their continued support.

SRI LANKA PORTS AUTHORITY SAYE PROGRAMME

The SAYE Programme continued to be implemented at the Sri Lanka Ports Authority (SLPA) during the period under review. HASL received a total sum of Rs. 590,792/- as donations.

MILCO SAYE PROGRAMME

During the period under review, HASL also introduced the SAYE Programme to the employees of the MILCO Private Ltd.

The following organisations also contributed toward the SAYE programme:

- Asia Capital PLC
- Asia Securities (Pvt) Ltd.
- Bristol Lanka Technologies (Pvt) Ltd.
- CIC Holdings PLC
- HASL (Head Office)
- People's Bank PLC
- Public Bank Berhad, Sri Lanka
- Richard Pieris and Company PLC
- Seylan Bank
- World Vision Lanka

STAR POINTS BY DIALOG AXIATA

Dialog customers who wish to do so have the option of donating Star Points they earned to HASL. During the period under review, Dialog Axiata sent text messages to their selected clients and a sum of Rs. 38,922/- was received as donations.

DONATION OF ASSISTIVE DEVICES

During the period under review, the following assistive devices were donated to those older persons island-wide who requested this equipment:

Wheelchairs	55
Commode chairs	25
Walking frames	21
Walking sticks	11
Crutches	12
Elbow crutches	12
Hearing aids	51
Air mattresses	4
Quad walking sticks	8

DIRECT MAIL

The Direct Mail Campaign which was established in 1991 is the premier fundraising activity of HASL. Appeal letters are mailed to prospective donors. These letters contain information on the various projects undertaken by HASL. During the period under review, 150,000 appeals were dispatched to past donors and prospective new donors.

The following three direct mail campaigns, which are conducted annually, achieved more than their anticipated targets:

- Vesak campaign
- International Day of Older Persons (October campaign)
- Christmas and New Year (December campaign)

Name of campaign	Budget	Income (Rs.)
Vesak campaign	6,684,176/-	6,353,784/-
October campaign	6,587,469/-	7,091,150/-
December campaign	8,779,832/-	9,611,630/-

HASL is grateful to all donors for contributing towards this programme.

The direct mail database was expanded by the addition of the names of prospective donors from professional associations such as the Bar Association of Sri Lanka and social service organisations like the Lions Clubs, who showed a positive interest in donating to HASL.



Douglas Paranawithana
Manager – Special Projects

**H.P. Gooneratne HelpAge Elders' Day Care Center**

A music wellness programme.
Day Care Centre senior citizens enjoying themselves singing and dancing

FUNDRAISING DIVISION

The Fundraising Division of HelpAge Sri Lanka (HASL) which was established in order to raise funds to support the programmes and projects of HASL organised the following activities during the period under review:

GREETING CARDS PROJECT

The Greeting Cards Project is one of the more important fundraising projects of HelpAge Sri Lanka. During the period under review, the Division received Rs.15.8 million from the sale of greeting cards. This consisted of the sale of seasonal (Christmas and New Year) and non-seasonal cards (Birthday, Vesak, Ramadan, and Diwali cards etc.,) and the sale of birthday cards promoting especially the three card pack programme. Sales points for HASL greeting cards were organised at retail commercial outlets and exhibitions. Sales of cards were also made directly to staff members of corporates.

Most of the 30 designs for the current seasonal cards consist of either a painting, a photograph, or a graphic design. Greeting cards were sold not only to customers in over 50 existing and new corporates, but also to individuals and those patronising retail customers island-wide.

The Fundraising Division visited corporates and canvassed the sale of birthday cards among the staff members. The objective of this programme was to promote the sale of birthday cards under the slogan of "purchase three cards for Rs. 100/- and help to restore the fading vision of needy elders"- where individuals were given the opportunity to contribute towards the HelpAge Eye Hospital by contributing as little as Rs. 100/-. The following customers purchased cards during the period under review:

CORPORATES

- Airport & Aviation Services Sri Lanka Ltd.
- Cinnamon Lakeside, Colombo
- Commercial Bank of Ceylon PLC, Bandaragama branch
- Commercial Bank of Ceylon PLC, Boralesgamuwa branch
- Divisional Secretariat, Kesbewa
- Emerchemie NB (Ceylon) Ltd.

- Hatton National Bank PLC, Kottawa branch
- Hatton National Bank PLC, Nugegoda branch
- People's Bank, Boralesgamuwa branch
- Regional Development Authority, Battaramulla branch
- Sampath Bank PLC, Gangodawila branch
- Seylan Bank PLC, Head Office
- Sri Lanka Telecom PLC

INDIVIDUALS

- Mrs. Indira De Silva
- Mrs. Sandiya Gunathillake

Emerchemie Ceylon NB -3 Card Pack Sale



Cinnamon Lakeside Colombo- Card Pack Sales



TILLS PROJECT

HASL initiated the Tills Collection Project in 1990, which consists of a network of collection tills located at supermarkets, banks, restaurants, pharmacies and leading retail outlets of businesses island-wide. During the period under review, the total proceeds from the 1,867 tills placed in all the nine provinces of Sri Lanka was Rs. 7.4 million, and the focus was to increase the number of tills. 162 tills were placed at more retail outlets of Cargills Food City (Cargills Ceylon PLC), Keells supermarkets [Jaykay Marketing Services (Pvt) Ltd.], SPAR supermarkets [SPAR Sri Lanka (Pvt) Ltd.], Pizza Hut [Gamma Lanka (Pvt) Ltd.], Arpico Super Centres (Richard Pieris & Company PLC), Perera & Sons (Perera & Sons Bakers (Pvt) Ltd.), Sumanadisi Bakers, and Five Star Bakers.

The project was expanded by also placing tills at retail outlets of new networks such as Cool Planet (Cool Planet (Pvt) Ltd.), Rajya Osu Sala, Spring and Summer [Spring & Summer Fashion Collections (Pvt) Ltd.], Lakarcade [Lakarcade (Pvt) Ltd.] and Softlogic Glomark supermarkets [Softlogic Supermarkets (Pvt) Ltd.].

A specially designed till on a stand was placed at SPAR supermarket outlets located within Colombo and its suburbs. The success of the Greeting Cards Project and the Tills Project was due to the hard work and commitment of HASL staff, especially the Fundraising Division staff.



CORPORATE PARTNERS WHO CONTINUE TO MAKE A SIGNIFICANT CONTRIBUTION TO HASL

Cargills (Ceylon) PLC, Jaykay Marketing Services (Pvt) Ltd., and Perera & Sons Bakers (Pvt) Ltd., have been important partners of HASL in the past. These organisations continue to make a noteworthy impact by granting HASL permission to sell its greeting cards and/or placing collection tills in additional retail outlets island-wide.

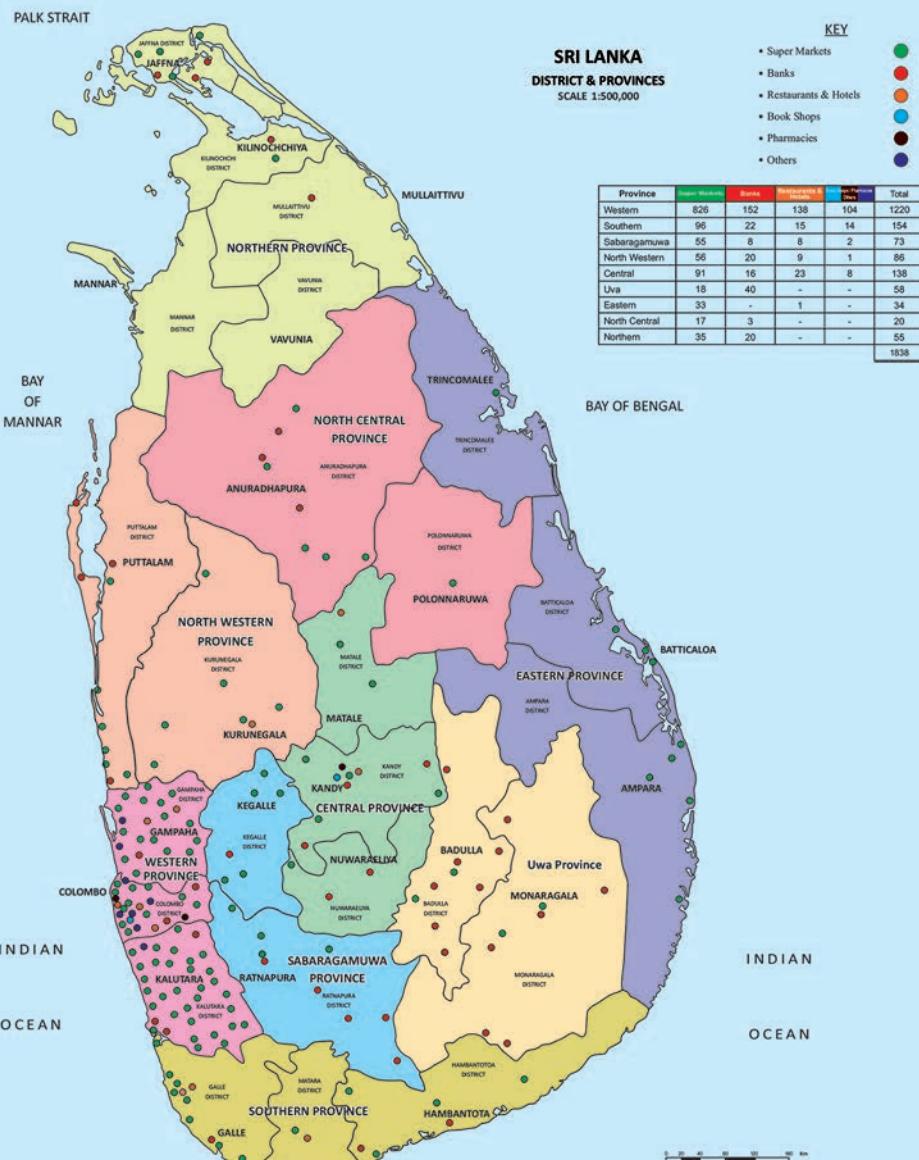
PARTNERSHIPS BUILT WITH CORPORATES FOR THE PURCHASE OF GREETING CARDS

- Ceylinco General Insurance PLC
- Commercial Bank of Ceylon PLC
- Commercial Leasing & Finance PLC
- LB Finance PLC
- National Savings Bank
- Omega Line Ltd.
- People's Bank
- Union Bank of Colombo PLC
- Vallibel Finance PLC
- Vallibel One PLC



Ruchilani Batuwantudawa
Manager – Fundraising

Locations of HelpAge Tills in Sri Lanka 2020





H.P. Gooneratne HelpAge
Elders' Day Care Centre

Livelihood Assistance Programme.

INDIVIDUAL AND CORPORATE DONORS

37

RS. 1.0 MILLION AND ABOVE

Cargills Ceylon PLC
Prof. Sharmila Dissanaike, USA
National Savings Bank
The Late Mr. Don Siriseana Weerasooriya
Thusitha Dhammika Thambugala Trust
Mr. Lal Wickramarachchi

RS. 500,000/- AND ABOVE

Charles & Muriel De Soysa Trust
Fishermen's Livelihood Support Society Ltd.,
John Keells Holdings PLC
Social & Educational Fund
Sri Lanka Ports Authority
Mr. Tharana Thoradeniya

RS. 250,000/- AND ABOVE

Amana Bank
Amana Candor Shariah Balanced Fund
Dialog Axiata PLC
Mrs. Sharmini Don Michael
Kanapathy Chetty Selvanathan Charitable Trust
Rotary Club of Colombo, West

RS. 100,000/- AND ABOVE

A. S. Chattoor & Co. (Pvt) Ltd
Mr. Victor Abeysundara
Mr. C.V.S. Amarasekera
Mr. D.S. Arangala
Associated Electrical Corporation Ltd
Ms. Rudrani Balasubramaniam
Desamanya Ken Balendra
Mr. V.M.M. Bandara
Mrs. Asokamal Caldera

Darley Butler & Company
Mr. Romesh David
Mr. Anthony De Silva
Mr. J.S. Dominic
Eco Power (Pvt) Ltd
Mr. C.V. Fernando
Mrs. S.K. Fernando
Mr. Sunil Fernando
Mrs. Manel Fernando
Mr. Ranjan Fonseka
Foundation of Goodness
Mr. Sam Galappaththige
Mr. J.S.K. Gunaratnam
Mr. A.W.K.A. Gunasekara
Mr. A.R. Gunasekara
Mr. G.J.P. Gunawardena
Ms. I.L. Jayasundara
Lanka Ceramic PLC
Mr. Kapila Lokuketagoda
Mr. Nuhuman Marikkar
Papercom Trades
Mrs. G.F. Pereira
Mr. L.S. Perera
Mr. M.Y.C. Perera
Pernod Ricard Lanka (Pvt) Ltd
Dr. Rohini Ranwala
Mr. Amitha Sangakkara
Mr. M. Sellamuttu
Mr. Thushara Silva
Mr. C. Tilak Silva
Mr. S.C. Crossette Thambiah
Eng R.S. Warusamana
Mr. R. Weerasekera
Ms. Ruwanthini Weeratunga
Mr. Bandula Wijayaratne
YNM Capital Holdings (Pvt) Ltd

RS. 50,000/- UP TO RS.100,000/-

Mr. D.N. Abeysinghe
Adams Peak Benevolent Fund
Al Noor Foundation
Dr. (Mrs) W.I.W. Amarakone
Mr. H.D.S. Amarasingha
Arun Prasanth Foundation
Mr. E.W. Balasuriya
Mr. Varuna Basnayake
Mr. Parakum Chandrapala
Mr./Ms. J.E. Chinniah
Mr. Hemantha De Silva
Dr. L.A. De Silva
Mr. Manjula De Silva
Mr. Ajith De Zoysa
Mr. Ajith Dias
Mrs. Indu Dissanayake
Mr. E.A.G. Edirisinghe
Dr. N.K. Ekanayake
Mr. A.M. Esufally
Dr. (Miss.) Anoja I. Fernando
Eng. P.N. Fernando
Mr. I.A.S.P. Fernando
Mrs. Lakshmi Fernando
Mr. J.N.G. Gonsal
Mr. D.M. Gunasekara
Dr. Kamal Gunasekera
Mr. P. Gunasekara
Dr. Nihal Gunathilaka
Mr. S. Gunawardena
Mrs. Shani Gunawardena
Mr. Mohamed Macky Hashim
Hill Country Women's Association
Insee Ecocycle Lanka Pvt Ltd
I O C Sri Lanka
Mrs. Sheryll Jinadasa
Mr. Asanka Kulathunga
Mr. V. Kumarapelie

<u>RS. 25,000/- UP TO RS. 50,000/-</u>	
Dr. D. K. Madanayake	Mrs. J.R. Kudaliyanage
Mrs. Lakmini Marassana Gedara	Mr. Sarath Kulatunga
Mr. S.E. Munasinghe	Mr. D. Kumaranayagam
Mr. L.E. Murcott	Mr. K.I. Kumaranayagam
Mrs. S. Nadesan	Dr. U.S. Kuruppu
Mrs. Lakshmi Nandalal	Mr. D.A. Lokubalasuriya
Mr. Saravanan Neelakandan	Mr. Mohan Molegoda
Nugegoda Entrepreneurs & Professionals	Mr. T. Nandasiri
Mr. Ajith Paranavitane	Ms. F.Z. Nawaz
Mrs. L.B.N. Peiris	Mr. Priyath John Neil
Mr. Arthur Perera	Ms. P. Nimala
Mr. Chaminda Perera	Dr. C. Palasuntheram
Eng. L.S. Perera	Mr. W.J. Peiris
Mrs. M.N. Perera	Mrs. Nelum Perera
Mrs. S. Perera	Mr. P.L. Perera
Mr. Shanthi Perera	Mr. S.T. Perera
Mr. Sarah Piyaratna	Ms. D.G. Dhasiah Priya
Public Bank	Producers & Manufacturers Ltd
Mr. D.M. Rajapaksha	Eng. U.V.R. Rajapaksha
Ms. Udeshi Rajen	Ms. Rasika Ranathunga
Ms. Shreeni Ranasingha	Mr. S.R. Ratnapala
Mr. K.A. Raymond	Mr. Joseph Ratnayake
Mr. M.D.P. Samarasekera	Mr. P. Ravindran
Mr. Simon Scarff & Mrs. Sue Evans	Mr. Nigel Rozairo
Mr. J. Selvaratnam	S.K. Wickremesinghe Trust
Dr. G. Senanayeka	Admiral Daya Sandagiri
Sirocco Air Technologies (Pvt) Ltd	Mr. A. Selladurai
Mr. W.S. Soysa	Mr. L.W. Senarath
Mrs. S. Taldena	Mr. S.J.R. Senarath
The All Ceylon Pensioners Society Ltd	Mr. Ruwan Senavirathne
Timee Electric Company	Mr. Ravin Senavirathna
Mr. Simon Weerasuriya	Mr. G. Silva
Maj. Gen. Harsha Weerathunga	Mr. & Mrs. Sarath Silva
Mr. Susil Weeratunga	Dr. S.F.N. Silva
Mr. D.U.R. Wijesinghe	Mrs. S. Siriwardena
Mr. A.L. Wijeykoon	Mr. A.T.S. Sosa
	Mr. Chelliah Sudarshan
	Suhada Motors, Matara
	Mr. A.L.G. Wijekoon
	Mr. Jeevunjee Zaffas

Daily News Tuesday, June 4, 2019

Colombo Stock Exchange partners with HelpAge for Eye Care Program

ANANDA KANNANGARA

The Colombo Stock Exchange (CSE), one of the major stock exchanges in South Asia that provides an electronic trading platform, has extended yet another CSR initiative towards HelpAge Sri Lanka (HASL), to restore the vision of less privileged elderly citizens in Sri Lanka.

Accordingly, the CSE granted a generous financial donation to HelpAge Sri Lanka to conduct a Mobile Medical and Eye Care Camp at the Sri Punyaloka Temple, located in a remote village of Watareka in Padukka, for the benefit of the Senior Citizens over 55 years of age.

The Medical and Eye Care Camp provided assistance to approximately 145 elders. Accordingly, 67 persons received medical screenings, while 78 elders received eye screenings at the Camp.

In addition, those elders who are suffering from refractive error received 58 bifocal spectacles and nine elders were referred to HelpAge Eye Hospital in Wellawatta (opposite the Savoy Cinema) for free Cataract surgeries.

Colombo Stock Exchange CEO Rajeeva Bandaranaike, highlighted the importance of conducting free Cataract Surgeries by HelpAge for the underprivileged elderly citizens and said that the CSE had always been helping the needy citizens to improve their health conditions and social activities.

HelpAge Sri Lanka is a Non Profit Charitable Organization that provides social and medical services, especially for destitute Sri Lankan elders who have low vision issues.

HelpAge Executive Director Samantha Liyanawaduge highly admired the CSE for making their invaluable support to improve the living standards of a needy section in our society.

He further said that there is a marked improvement in donations made by people and also institutions towards the cataract surgery program, the Mobile Medical and the Eye Care program which has been conducted by HelpAge free of charge during the past 35 years.

Daily Mirror Thursday, 27 February 2020

HelpAge medical and eye care camp in Chilaw

A RECORD NUMBER OF 500 UNDERPRIVILEGED ELDERS BENEFITTED

HelpAge Sri Lanka (HASL) recently conducted a free one-day Mobile Medical and Eye Camp for a record number of 500 underprivileged Senior Citizens over 55 years at the Sri Wijayarama Temple premises, Chilaw. The funds to conduct the medical camp had been allocated by a philanthropist in Chilaw the late Don Sirisena Weerasuriya.

According to family members, the late Sirisena Weerasuriya had allocated a large sum of money in his legacy for donation to the HelpAge Eye hospital to perform free Cataract Surgeries for underprivileged Senior Citizens in the country. The Hospital is located at Sinsapa Road, Wellawatte. The family members of the late Don Sirisena Weerasuriya also assisted HelpAge to conduct this medical and eye camp.

The medical and eye camp performed 289 eye screening and 150 medical screenings



A doctor attending to a patient at the medical camp.

during the day, while 237 beneficiary received bifocal spectacles. Meanwhile, 09 recipients received reading glasses free of charge and 21 persons will be sent to HelpAge Eye Hospital, Wellawatte (Opposite Savoy Cinema) for free Cataract Surgeries.

HelpAge Executive Director Samantha Liyanawaduge lauded the invaluable donation made by the family members

of the late Don Sirisena Weerasuriya to improve the vision of a needy section of society. The Hospital has completed over 37,000 free surgeries at the HelpAge Eye Hospital during the past 34 years.

A relative of the late Mr. Weerasuriya, Hemapali Weerasuriya highlighted her uncle's last wish to help needy citizens in the country to improve their health conditions and social activities. She said the importance of performing Cataract Surgeries to underprivileged elderly citizens through her late uncle's legacy since a surgery cost around Rs. 40,000 or more in private hospitals and the high cost of these surgeries cannot be borne by underprivileged citizens in the country.

A group of medical specialists including Dr. Sarath Gamage assisted the medical and eye camp.

හෙළුම්පික ශ්‍රී ලංකා වෙතින් අකරණ ජේෂණ තුරවැකියන් 500කට එකැඟීන වෛද්‍ය සහ අකම් කළුවුරක තැබුවන්දී

හෙළුම්පික ශ්‍රී ලංකා ඉතිහාසයේ ප්‍රථම වතාවට ප්‍රත්තික්කයේ හළුවත දේශීක්ක ලේකම් බල ප්‍රදේශයේ දෙධින රැකියාවල තියුණු අඩු ආදායම්ලාභී අසරන වැඩිහිටියන් 500ක වෙනුවෙන් විශේෂ වෛද්‍ය සහ අකම් කළුවුරක පසුගිය ජනවරි 25 වනි සෙනසුරාදා හළුවත ශ්‍රී විජයරාම පන්සල් පරිග්‍රයේදී පවත්වනු ලැබේ.

ශ්‍රී අනුව මෙම වෛද්‍ය සහළුවුරදී ඇයේ පරියාශා තිරිම් 289 සහ රෝගීන් පරියාශා තිරිම් 150ක් සිදුකළ අතර, දුර සහ ලග (Bifocal) පෙනෙන ඇයේ කණ්ඩාවි 237, කියවිම්

ඇයේ කණ්ඩාවි 09ක් ලබා දීමට ද කටයුතු කරනු ලැබේය. අකම් සැකකම් සඳහා රෝගීන් 21 වැළැලුවන්, හෙළුම්පික අකම් රෝහල වෙත යැවීමට කටයුතු යොතා ලදී.

මෙම අකම් කළුවුරට සහභාගි වූ අයගේ නොමිලේ ඇයේ පරියාශා කිරීමට අවතරව ඇයේ කණ්ඩාවි ලබා දීම ද, ඇයේ පුද ඇති රෝගීන් වැළැලුවන්, සිනසපා මාවත් පිහිටි තේශප්පීරේ අකම් රෝහල වෙත යා මුහුනට නොමිලේ අකම් සැකකම් සිදු කිරීම ද කරනු ලබයි.

මෙම කළුවුරට හළුවත මූලික රෝහලේ දායැත්තර සරත් ගෙගේ ඇතුළුව විශේෂය



වෛද්‍යවරුන් කණ්ඩාවලද සහභාගි විය. බෝ නොවන රෝග සඳහා ද වෙනම විශේෂ වෛද්‍ය සායනයක් ද පවත්වනු ලැබේය.

Daily News Tuesday, December 03 2019

HelpAge Sri Lanka donates Surgical Bar Bed to Rheumatology and Rehabilitation Hospital



Surgical Bar Bed being donated to Rheumatology and Rehabilitation Hospital, Ragama by HelpAge, Sri Lanka

Ananda Kannangara

The donation of a Surgical Bar Bed by HelpAge Sri Lanka for patients receiving inward medical rehabilitation Hospital was highly admired by Rheumatology and Rehabilitation Hospital was highly admired by Rheumatology and Rehabilitation Hospital, Deputy Director Dr K A S Jayawardena.

Dr Jayawardena also admired other social services of HelpAge including its flagship programme of performing free

Cataract Surgeries for less privileged elderly citizens to restore their vision.

Lanka is a Non-profit Charitable Organization that works to resolve medical and low vision issues of underprivileged elderly citizens.

According to HelpAge, this expensive Surgical Bar Bed was donated to HelpAge by Ranga de Zoysa Senaratne. This donation was made in memory of her mother, the late W.T.K de Zoysa Seneratne.

HelpAge officials Buddhika Nanayakkara, C B Weerasinghe and Tissa Silva were also present on the occasion.

He said the surgical Bar Beds are a long felt need to the hospital as they are adjustable according to the requirements of each patient's with spinal cord injuries and those who have multiple medical issues due to their old age.

Dr. Jayawardena further said the Rheumatology and rehabilitation Hospital, Ragama was established in 1971 and a considerable number of patients, especially elderly patients visit the hospital form all over the country everyday for inward medical rehabilitation.

HelpAge Executive Director Samantha Liyanawaduge mentioned few other services rendered by HelpAge such as conducting free mobile medical camps and providing free disability equipment such as wheel chairs, crutches hearing aids and spectacles for elders all over the country.

He also reminded that a Clinical Examination Stretcher, which could be used as Surgical Bed by unfolding in three pieces and also as a Wheel Chair was also donated by HelpAge recently to Lunawa District Hospital.

He also highlighted that HelpAge Sri Lanka.

5 இலட்சம் நத்தார், புத்தாண்டு வாழ்த்து
மடல்கள் வெளியீடு

இலங்கையில் வருமானம் குறைந்த 55
வழக்குக் கேட்பத் தசோவி பிரஜைக்கருகு
விழவேண் பல சட்டாரி தசீக்கை உள்ளிட
சேவைகளை இலங்கைக் கேட்பதாலெனவை
நிதி தீர்த்துவதற்காக நத்தார் மற்றும் புத்தாண்டின்
நிதித்தம் மொழியில் ஸி லங்கா நிறுவனம் ஜங்கு
(05) இதைச் சாம்புத்துயட்டல்களை அச்சிட்டு
கொள்வின் ரீங்கா.

காலத்திற்கு பொறுத்தமான தொனிப்பொருட்களை பிரதான கருப்பொருளாகக் கொண்டு வடிவமைக்கப்பட்டுள்ள இந்த வாழ்க்கையில்கள் சிறிய மற்றும் நடுஞ்சு அளவினைக் கொண்டதாக அமைக்கப்பட்டிருக்கிறது.

இது தொடர்பில் வெற்றியேற முடிவான நிறுவனத்தின் நிறைவேண்டியப் பணிபாளர் சமந்த விஷயங்குடை குற்பிடுகூடியில், இந்த நந்தர் மற்றும் புதுதாலை அங்குத்தமாக விஷயங்களும் நிற்பத்திற்கும் நிதியமை கொண்டு ஒலைசாமாக நடமாடும் முறைத்துவமுகமாக, விழிவெண்டியல் சுதந்திர சிகிச்சை தேவை, நிர்க்கதி நிலைக்கு உள்ளாகியிருக்கும் முதியோருக்கு நிவாரண உதவிகளை வழங்குதல், விவேஷ தேவையடைய முதியோருக்கு உபகரணம்.

ர்தியிலான உதவி என்பவற்றை மேற்கொள்ள எதிர் பார்க்கப்பட்டுள்ளன.

அங்கோடு வொள்ளவதற்கை, சின்சபா வீதிப்பிலுள்ள ஹெல்பிஸ் கண் வைத்தியாகவையில் நிர்க்கத் தினைக்கு உள்ளாகியுள்ள சிரேஷ்ட பிரஜைகளுக்கு ஹெல்பிஸ்டால் சுதந்திர சிகிச்சை இவைசாராக மேற்கொள்ளப்படும். இவைவத்தியாகவையில் நாளொள்ளுக்கு 20, 25 கண்சத்திரி சிகிச்சைகள் ஏற்கொள்ளப்படுகின்றன.

அதேநேரம் இற்றைவரயயும் 37 ஆயிரம்
பேருக்கு இத்திட்டத்தின் கீழ் இங்கு கண்சத்-
திரசிலிக்கை மேற்கொள்ளப்பட்டுள்ளது என்றும்
அவர்களும்பிட்டார்.

இதித்தம் குறித்து வெல்லேஜ் நிறுவனத்தின் நிதியிடல் பிரிவு மகாமையாளர் திருமதி ரஷ்மியாலீப் பேஞ்சாலா அறுபிரிவைகள், இது வரப்பட்டமுடல்கள் கொழுப்பு கூடாயும் கொண்டு அமைக்கப்பட்டுள்ளது. பிரதோங்கங்களிலும் உள்ள பிரஸ்தாக்ட விஸ்வரை நிலையங்களிலும், சப்பிராக்கன் குடுவிலும் பொரவில்கூடுமுடை, ரத்னபீட்டமுடை, போமாந்தா மாவட்டத்திலும் அவைகளுள் வெல்லேஜ் நிறுவனத்தலைவரமுக்கத்துவம் பெற்றுக்கொள்ள முயற்சி என்று கருதின்தும்.

କେଲୁକ୍ତୀକ ଅକ୍ଷଣ୍ମି କାଳ୍ୟାନ୍ତର ହେଠ ହଲାପିତ ଵିରକ୍ତାରୁମ ବିକ୍ରାର୍ଯ୍ୟଦ୍ଵୀ

ବାଲୁତ ଦିକ୍ଷିତି ଲେଖମ ବଳ ପ୍ରଦେଶରେ
ଡେଇନିକ ଯେବାଲ କ୍ଷିପ୍ରଭ ଅବି ଆଧୁନିକାତ୍ମି
ଅଭିରଣ ପାଇଁଦିଇଯନ୍ 500 ମେଟ୍ରୋନ୍ଦିନ୍
ହେଲେଟିକ୍ ଟ୍ରୀ ଲାଙ୍କା ଆସନ୍ତମ ଲିଙ୍ଗିନ୍
ଲେବେଦୁ ବୁ ଅପାତି କ୍ଷାପ୍ରଭ ଲୋଟ (25)
ଜେନାପ୍ରଭାଦ୍ୟ ବାଲୁତ ଟ୍ରୀ ପିରାଗ୍ରାମ ବିହାର
ପରିଷ୍ଠାଦେ ଲେରମର୍ 8.30 କିମ ଆପ୍ରତ୍ୟେତିରେ.

ହେଲ୍‌ଫେଲ୍‌ଟ ଆଯନାରେ କୁମରିଲ୍
ଜୀମାଙ୍କ ନୀଳାନ୍ତ ରୂପର୍ତ୍ତନ ଲଖନୀ ଓହ
ବିଦ୍ୟାଯକ ଅଧିକାର୍ଥ ପଲନ୍ତ ଲିଙ୍ଗନାଲ୍ବିତେ
ଲଖନୀରେ ଦୀନିକଶ୍ରୀ ଏବଂ ଲାଲିତା
ପ୍ରୈନ୍‌ଟର୍‌ଲେଟିଵ ଦୀନିକ ନାତରନ୍ତ, ହଲାଲିତା
ଶାନ୍ତିକ ଦୀନିର କିମ୍ବାମେ ବୈଚାଲି ସନ୍ଧା ହଲାଲିତା
ଶ୍ରୀକିଂ ଦେଖିଲ ମେଲେ କୁଲାଲିତର ବାରିଦିନାଯ
କିମ୍ବା ପଦିଲା ଦ୍ୱାରାକାରୀତିରେ ଲାଲିତା ଦେ.

ମେଲି ଅକ୍ଷତ କଳ୍ପିତ ଜୀବନାଟି ବିନ
ବୁଦ୍ଧିରେଣ୍ଟିରେଣ୍ଟ ନୋମିଲେ ଆହଁ ପରିକଣ୍ଠା
କିମିରିତ ଅଳ୍ପରୁ ଆହଁ କଣେଖିଲା ଦ୍ଵାରା ଲିମଦ୍‌
ଅକ୍ଷତ ଜୀବନକିମି ରେଣ୍ଟିର ଉତ୍ତରିତ କିମିରି
କିମିରିପାଇ ମାତ୍ରରେ କିମିରି ହେଲେପିଲେହିଁ ଅକ୍ଷତ
ରେଣ୍ଟିଲ ଲେବି ଯୁବା ବୁଦ୍ଧିନପ ନୋମିଲେ ଅକ୍ଷତ
ଜୀବନକିମି କିମିରିମ ଏ କରନ୍ତି ଲୁହି.

Daily News Monday, October 28 2019



TAKING THE AGING STRIDE

Ananda Kannangara

HelpAge Sri Lanka (HASL) recently organized an 'Elders Walk' at the Kataragama sacred city to coincide with the International Day of Older Persons this year.

The event was conducted by HelpAge jointly with National Elders Secretariat, Kataragama and Moneragala District Secretariat. It was a very happy day for over 600 elders as they keenly participated in the walk. The wala commenced at 8.30 am from Kataragama Bus Stand and ended at Ruhunu Kataragama Maha Devalaya premises.

The elders were between the age group of 60-88 and the walk was conducted under the theme 'The Journey to Age'.

Equality'. HASL, Chairman, Deshabandu Tilak de Zoysa said ageing is a challenge in today's world and this is an opportunity for them to highlight their contributions made to the society in the past.

The walk was witnessed by devotees and foreign nationals who were on their way to the sacred devalaya. Elders carried placards and flags with enchanting slogans.

HelpAge Council Member, Nishantha Goonaratne who keenly paraded the streets along with elders mentioned that everybody should extend their love, kindness and care for elders and stand against any discrimination and abuse for them.

HelpAge Executive Director, Samantha Layanawaduge said the objective of this

annual Elders Walk is to raise awareness on issues faced by the ageing population.

He said 99 per cent Sri Lankan elders are still living within their family circle and only one percentreveving th institutional care in Elders Homes. He made a request from youngsters to keep their elders with them without sending them to Elders Homes during their twilight days.

HelpAge Programme Manager Chaminda de Silva highlighted that this nature of celebrations help to strengthen the inborn talents of elders. Elders also took part in entertaining programmes at Devala Auditotium. They conducted a special bodi pooja and a deva pooja to bestow blessings on elders.

முதியோர் பராமரிப்பு: ஹெல்பேஜ் நிறுவனத்தால் 40 ஆயிரம் மாணவர்களுக்கு அறிவுட்டல் கருத்தரங்கு

பெற்றோர் உட்பட ஓவ்வொரு முதியோர்வரையும் அவர்கள் முதுமை அடையும் மேது முதியோர் இல்லங்களில் தங்க வைக்காது, தமது இல்லங்களில் வைத்து பார்மிஸ்பூத் தொடரில் தொராரா அறிவுடும் வையும் சொல்லப்படுகிறது. மேல்பேஜ் ஸி என்ன நிறுவனம் நூத்துவது பாராட்டத்தக்கதென எல்லிடிய வலயக்கல்லியிப் பணியாளர் திருமதி அசேனி பரணவிதான் தெரிவித்தார்.

இல்லங்கை முதியோர் தொடர் பில் பணியாற்றிவரும் ஹெல்பேஜ் ஸி என்ன வையுத்திற்குப்பட்ட அறிவுகளுக்கான சொல்லப்படுகிற கலந்த கொண்டு உரையாற்றும் மேதே அவர் மேற்கண்டவாயு நூத்திப்பார். இச்செயல்முறையில் 125 பாசாலையும் அதி பங்கள் கலந்து கொண்டனர்.

எல்லிடிய கல்வி வையுத்திற்கு உட்பட 40 அழியும் பாசாலை மாணவர்கள் மத்திய முதியோர் பாராட்பூத் தெர்பான விவரிப்புவை ஏற்படுத்துவதை மேற்கொக்க கொண்டு இச்செயல்முறை ஏற்பாடு செய்யப்பட்டது.

இச்செயல்முறையில் தொடர்ந்து உரையாற்றிய வலயக் கல்வி பணியாளர் ஹெல்பேஜ் குறிப்பிடத்துவது, தமது பாசாலை மாணவர்களின் கல்வி நடவடிக்கைகளுக்கு மேலதிக்கமாக அவர்களுக்கு நந்தியுடன் மேம்படுத்துவதை மேற்கொண்டு இச்செயல்முறை ஏற்பாடு செய்யப்பட்டது.

GLIMPSES OF THE PAST

43



Gold Award – League of American Communications Professionals (LACP) US



Ms. Meredith Wyse – Head of Programmes – Asia, HelpAge International's visit



"Niponmaru" Team visit to HelpAge Sri Lanka



Mr. Eduardo Klien (Regional Director APRO HAI)'s visit to Sri Lanka



Flood and landslide response project May 2018



Special cataract surgery programme at HelpAge Eye Hospital

INTERNATIONAL DAY OF OLDER PERSONS 2019/20 AT KATARAGAMA - SRI LANKA





Former Minister S.B. Dissanayake's visit to the HelpAge Eye Hospital



Tim Boon – Former English Cricketer's visit and CPR training programme



Former Minister S.B. Dissanayake's media briefing at the HelpAge Eye Hospital



Mr. Kamal Kumar Johari, Founder / Managing Director, Nobel Hygiene, India and Mr. Rasika P Hirimugoda, CEO of Darley Butler & Co. handing over the financial contribution package to Mr. Samantha Liyanawaduge, Executive Director, HASL



Mr. Bert Maerten, Head of Programmes Asia Pacific Region (HAI) meeting with Deshabandu Tilak de Zoysa, Chairman HASL



Donation of a Generator to the Aralaganvila Hospital



The Team Briefing Meeting held once in every two months for all employees at HASL in progress.



Handing over of disability/mobility equipment to the senior citizens in need



A beneficiary of a mobility equipment



Human Nutrition lecture for H.P. Gooneratne HelpAge Day Care Centre Members

We sincerely thank all our local and foreign donors who made donations in cash and kind to support the following programmes:

- Ayurvedha Centre, Boralesgamuwa
- Community Development Programme
 - Corporate Appeal
 - Direct Mail Appeal
- Elders' Day Care Centre, Ratmalana
 - Eye Hospital, Wellawatte
- Flood, Landslides, Drought Relief and Rehabilitation Programmes
 - Greeting Cards Project
- Home Care Assistance Programme
 - Legacies
 - Share As You Earn Programme
- Sponsorship for Cataract Surgeries
- Sponsorship for Mobile Medical Units
 - Sponsorship for Special Projects
 - Till Collection
 - Youth Education

We would also like to thank
 Ceylon Secretarial Services Limited
 for providing free secretarial services
 and
 Smart Media The Annual Report Company
 for designing and Producing this Annual Report as a
 complimentary service

HELPAGE SRI LANKA

HOW TO GET IN TOUCH

REGISTERED OFFICE

Please contact us to find out more about HelpAge Sri Lanka projects and programmes for the well-being of senior citizens of Sri Lanka.

HelpAge Sri Lanka
P.O. BOX 09
102, Pemananda Mawatha, Raththanapitiya, Boralesgamuwa,
Sri Lanka (Adjoining Sri Jayawardenapura University Premises)

Phone : +94 11 280 3752, +94 11 280 3753,
+94 11 280 3754, +94 11 741 8977,
+94 11 741 8978, +94 741 8979
+94 11 741 8980, +94 11 741 7570

Facsimile : +94 11 280 1147

Email : helpage@sltnet.lk

Website : www.helpagesl.org

For enquiries about HASL contact the officers listed below:

MANAGER FINANCE

Financial Information
Donations/Online donations

HEAD OF HUMAN RESOURCES

Age Care – Reservation of Training Venue and Facilities
Information about any other administrative matter
Inclusion of HelpAge in your "Last Will"

Phone : +94 11 741 8981

MANAGER, HOME CARE AND TRAINING

Home Care Assistance Service
Home Care Training
Home Care Assistance Training
Home Care Volunteer Training
No. 21, 2nd Lane, Egodawatte, Boralesgamuwa
Phone : +94 11 486 6897, +94 11 487 1870,
+94 11 726 1100

DIRECTOR, YOUTH EDUCATION PROGRAMME

Youth Education Programme and Awareness Programmes for the SchoolChildren
Trainers of Training (TOT) Programmes for Directors and Principals and Teachers

MANAGER, FUNDRAISING

"HelpAge" Greeting Cards
Three Card Pack Programme (Birthday Cards)
Placement of Collection Tills
Donations in Kind
Corporate/Individual Donations
Phone : +94 11 492 6358, +94 492 6948
Facsimile : +94 11 430 0946

MANAGER, SPECIAL PROJECTS

Sponsorship support for special programmes
Sponsorship/Reservation of Mobile Medical Units (MMUs)
Direct Mail Campaign
Pay Roll Giving Programme (SAYE)
Dialog Star Points Programme

PROGRAMME MANAGER

Projects for Development of Community Based Programmes
Senior Citizens' Committees formation and capacity building
Foreign Donor – Funded Projects
Sponsor a Grandparent Project
Projects for Development of Day Centres and Income Generation Projects
Financial Assistance Programme for Livelihoods
Any other donations
Phone : +94 11 486 6897, +94 11 318 1790

MANAGER, HELPAGE EYE HOSPITAL

Eye Hospital Services
Free Cataract Surgeries
Provision of other Eye Care Facilities
Donations for Eye Hospital
No. 14, Sinsapa Road, Wellawatte Colombo 06
Phone : +94 11 258 9450, +94 11 250 0056

Private Health Services Regulatory Council
Registration No. PHSRC/PH/130

Environmental Protection License No. 02895 R(10) Under National Environmental Act No. 47 of 1980

MANAGER, H.P. GOONERATNE HELPAGE ELDERS DAY CARE CENTRE

Donations for Almsgiving
 Donations for Day Care Centre
 Sale of Flower Pots, Lamp Wicks and Envelopes
 No. 24, Dharmashrama Mawatha, Borupana Road, Ratmalana
 Phone : +94 11 263 5566

MANAGER, COMMUNICATIONS

Information and Publications
 Library Facilities

MEMBERS OF THE COUNCIL

Deshabandu Tilak de Zoysa (Chairman)
 Deshabandu A.M. de S. Jayaratne (Deputy Chairman)
 Deshabandu (Mrs.) Jezima Ismail
 Mr. Sanjeev Gardiner
 Dr. (Mrs.) C. P. Banagala
 Mrs. Anosha Subasinghe
 Ms. Yasmin Raheem
 Mr. N. Dias Jayasinha
 The Baroness Greengross of Notting Hill
 Mr. Nishantha Gooneratne
 Mr. Krishan Balendra
 Mr. M.E. Wickremesinghe PC

HONY. ADVISORS

Dr. Leel Gunasekera
 Mr. N.W.E. Wijewantha
 Col. John Mayo, OBE
 Mr. John F. Pearson

SENIOR MANAGEMENT

Mr. Samantha Liyanawaduge (Executive Director)
 Mr. Geethal Mendis (Director Youth Education)

BANKERS

Bank of Ceylon
 Commercial Bank
 Hatton National Bank
 Pan Asia Bank
 People's Bank
 Sampath Bank
 Seylan Bank
 Standard Chartered Bank

SECRETARIES

Ceylon Secretarial Services Ltd.,

AUDITORS

Wijeyeratne & Company, Chartered Accountants

OUR LEGAL FRAMEWORK

Company Registration No. GA 545
 Social Services Registration No. 11/4/1/590/86
 Approved Charity Statute Notification Gazette No. 497 of 11 March 1988
 Registration of Approved Persons and Organisations under Section 18 of the Protection of the Rights of Elders Rights Act No. 09 of 19 January 2000 – Registration No. NCA/0001/2002/WP

Registration of Voluntary Social Services/Non – Governmental Organisation under Voluntary Social Services Originations (Registration & Supervision) Act No. 31 of 1980 as amended by Act No. 08 of 1998 – Registration No. L.03214

FINANCE DIVISION

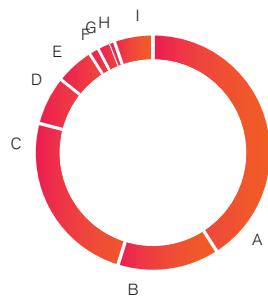
The income for the year under review was generated through the following fundraising projects:

- Direct Mail Campaigns
- Greeting Cards Sales
- Day Care Centre
- Direct Donations
- Till Collections
- Sponsorships for MMU'S
- Age Care Facilities
- Share As You Earn (SAYE) Schemes
- Home Care Services

In addition to the above we have also received donations and funds from the followings:

- Donor funded projects
- Donations to the Eye Hospital
- Donations from legacies and last wills
- Jointly funded projects
- General/Corporate Donations
- Other Donations

How we spent Our Funds in 2019/2020



A	Eye Hospital	41%
B	Mobile Medical Unit	14%
C	Home Care and Training Programme	24%
D	H.P Gooneratne HelpAge Day Center	7%
E	Youth Education Programme	5%
F	News Letters and promotion cost	1%
G	Disability Equipment	2%
H	Elders week & Ayurvedic Center Expenses	1%
I	Community Developemnt /Livelihood Assistance	5%



M.S. Ediriweera
Manager – Finance

NOTES

