

Sri Lanka Institute of Information Technology



SLIIT students' attitudes and preferences regarding extra-curricular activities at SLIIT

**Final Presentation Report
24/Y1/S2/MTR-13**

English for Academic Purposes–IT1080

B.Sc. (Hons) in Information Technology

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Project Name	SLIIT students' attitudes and preferences regarding extra-curricular activities at SLIIT.
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We are presenting this report as part of fulfilling the criteria for the module of English for Academic Purposes (IT1080) of the Faculty of Computing at the Sri Lanka Institute of Information Technology. Our project focuses on exploring the attitudes and preferences of SLIIT students towards the extra-curricular activities offered by the institution.

Acknowledgment

We extend our sincere thanks to everyone who has played a role in the accomplishment of our project. Our team members exerted considerable effort to ensure its success, and their commitment greatly influenced the outcome. We wish to express our deep appreciation to our lecturer, whose guidance and support were instrumental in guiding us through this endeavor.

We extend our gratitude to the Sri Lanka Institute of Information Technology for providing us with the necessary resources, facilities, and educational support that were essential for the completion of our research.

Finally, we express our appreciation to all stakeholders who have contributed significantly to the success of this project. Your feedback, perspectives, and recommendations have been immensely valuable throughout the process. We extend our heartfelt thanks once more to all individuals who have contributed to the achievement of our project goals.

Table of Contents

1. Abstract.....	06
2. Introduction.....	07
3. Methodology.....	08
4. Data Analysis.....	09
4.1 Overall Analysis.....	09
4.2 Most prefer extra – curricular activities.....	12
4.3 Favorite type of extra – curricular activities.....	13
4.4 How to participate in extra – curricular activities.....	14
4.5 Ideas of extra – curricular activities.....	15
(i) Positive ideas of extra – curricular activities.....	16
(ii) Negative ideas of extra – curricular activities.....	17
4.6 Satisfaction of extra – curricular activities.....	18
4.7 Factors influence decision to participate in extra – curricular activities.....	19
4.8 Benefits perceive from participating in extra – curricular activities.....	20
4.9 Preferences about extra-curricular activities.....	21
5. Conclusion and Recommendations.....	22
5.1 Conclusion.....	22
5.2 Recommendations.....	22
6. References.....	23
7. Appendices.....	24

1. Abstract

This report investigates the perspectives and choices of Sri Lanka Institute of Information Technology (SLIIT) undergraduates concerning the extra-curricular activities at university. The primary objective of this study was to collect feedback on enhancing extracurricular activities and to assess the satisfaction levels related to these activities within the university.

Data collection for this study involved the distribution of survey questionnaires among SLIIT students. The survey encompassed various aspects such as club participation, sports involvement, volunteering activities, and more.

In conclusion SLIIT students generally have a positive attitude reading the extra-curricular activities at SLIIT.

2. Introduction

SLIIT is a leading educational institution in Sri Lanka and offers various programs in the IT field and related regulations. As part of its commitment to excellence, SLIIT not only focuses on academic excellence but also recognizes the importance of providing extra-curricular activities.

Extra-curricular activities refer to engagements beyond the standard academic curriculum within educational institutions like schools, colleges, or universities. These activities, including sports, music, and leadership roles, undoubtedly contribute to enhancing a student's self-discipline and personal integrity. The current state of today's youth presents significant challenges, largely attributed to their limited engagement in extracurricular pursuits. Recognizing this, there's a pressing need to understand the perspectives of young people regarding extracurricular activities, enabling the implementation of strategies to encourage greater participation in such endeavors.

This report offers a comprehensive examination of students' experiences, emphasizing their levels of satisfaction while pinpointing areas for enhancement within the extracurricular activities offered at SLIIT.

3. Methodology

This research study was carried out to determine the SLIIT student's attitudes and preferences regarding extra-curricular activities at SLIIT.

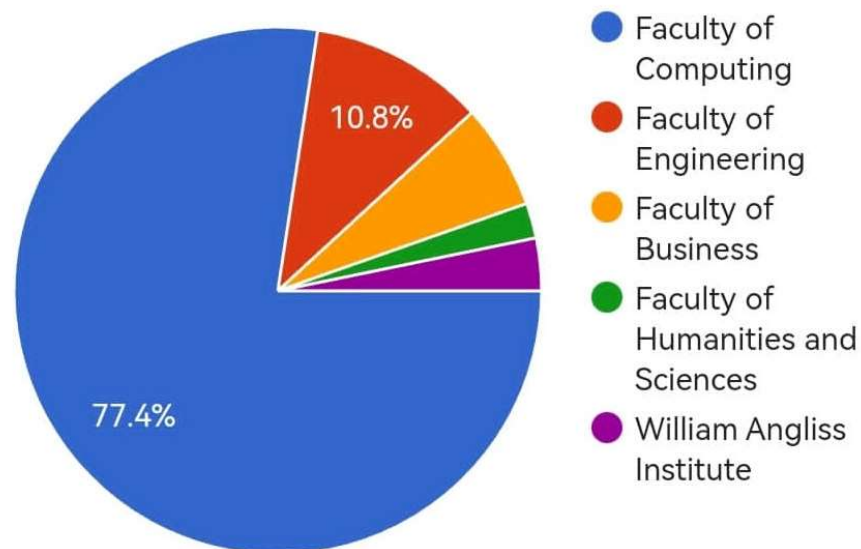
All the information required to do this assignment is collect from students studying at SLIIT.

Finally, the assignment aims to explore the perspectives and inclinations of students regarding extra-curricular activities based on the data collected from various sources.

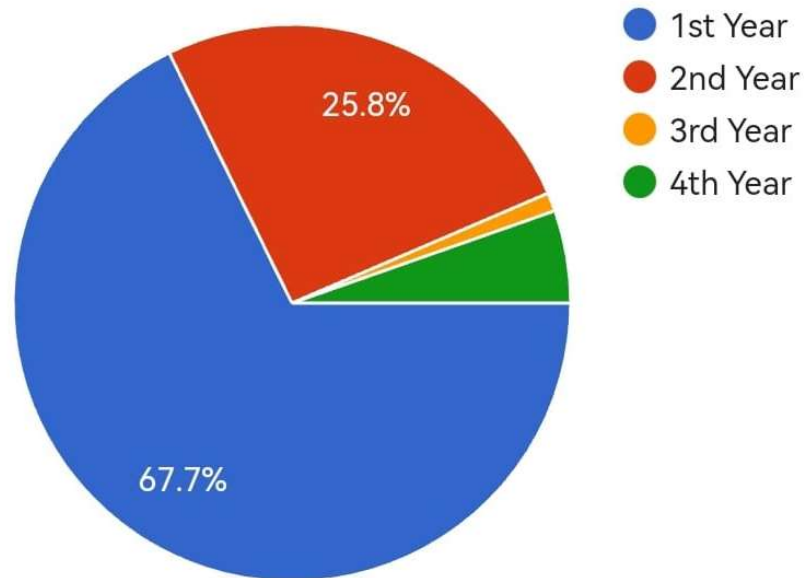
4. Data Analysis

4.1 Overall Analysis

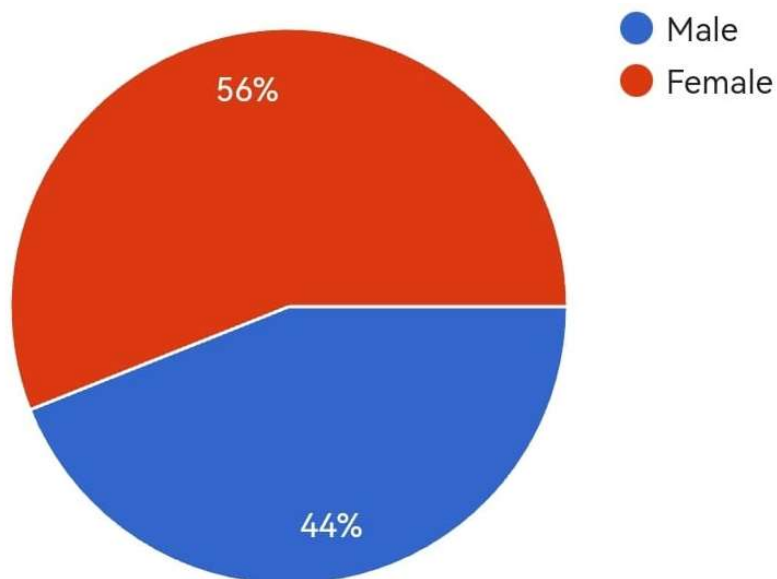
According to this pie chart, 100 responses were subjected to this research. Overall there are more of them in the Computing Faculty. Out of that 100 responses, 77.4% of responses were received from faculty of computing and 10.8% of responses were received from faculty of engineering.



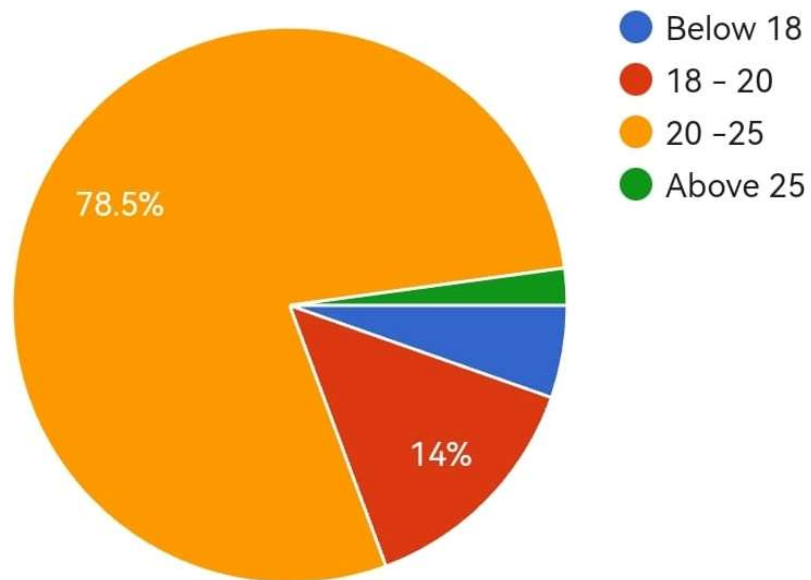
Out of those 100 responses, 67.7% responses were from 1st year students and 25.8% responses were from 2nd year students.



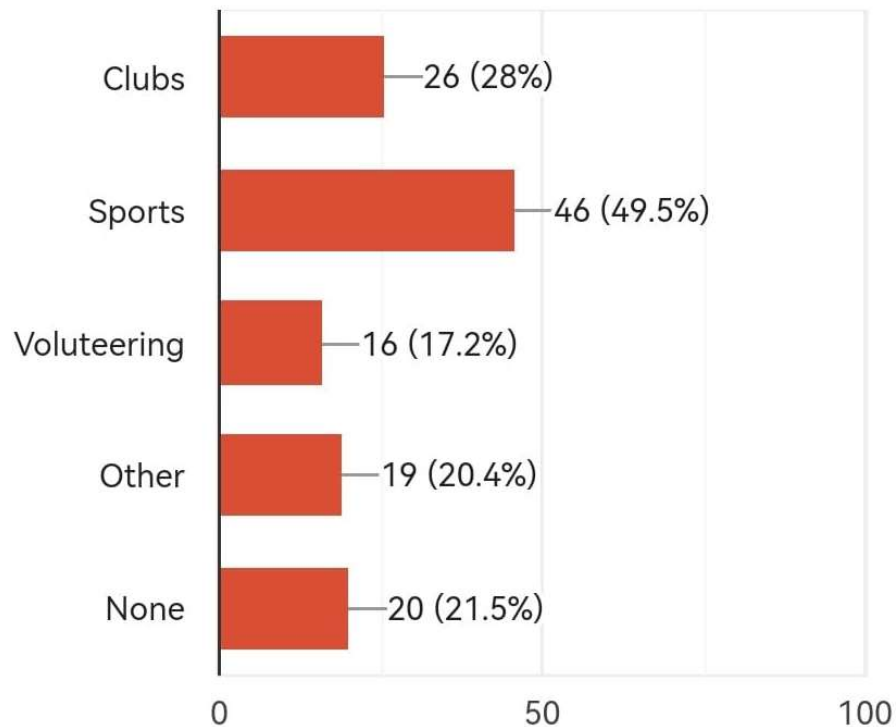
The graphical representation illustrates the distribution of survey participants based on gender. As depicted by the pie chart, the majority of respondents were female, constituting 56% of the total participants. Conversely, male participation accounted for 44%, indicating a lower representation compared to females.



Among the 100 responses, 78.5% of responses were from 20-25 age group and 14% of responses were from 18-20 age group.



4.2 Most prefer extra-curricular activities

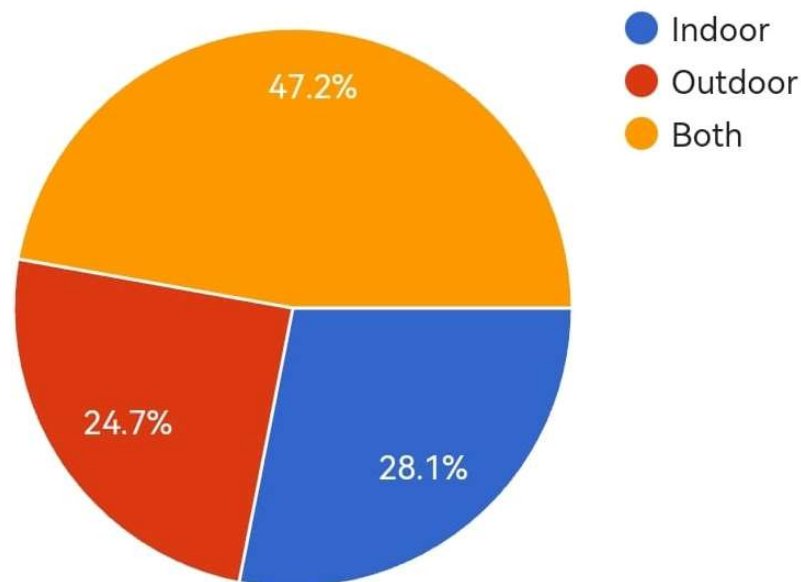


Upon examining the above chart, a diverse array of extracurricular activities is evident, encompassing clubs, sports, volunteering, as well as an unspecified category labeled "Other." Additionally, there exists a category indicating no participation in any extracurricular pursuits.

As depicted in the graph, the breakdown of participation in various extracurricular activities is as follows:

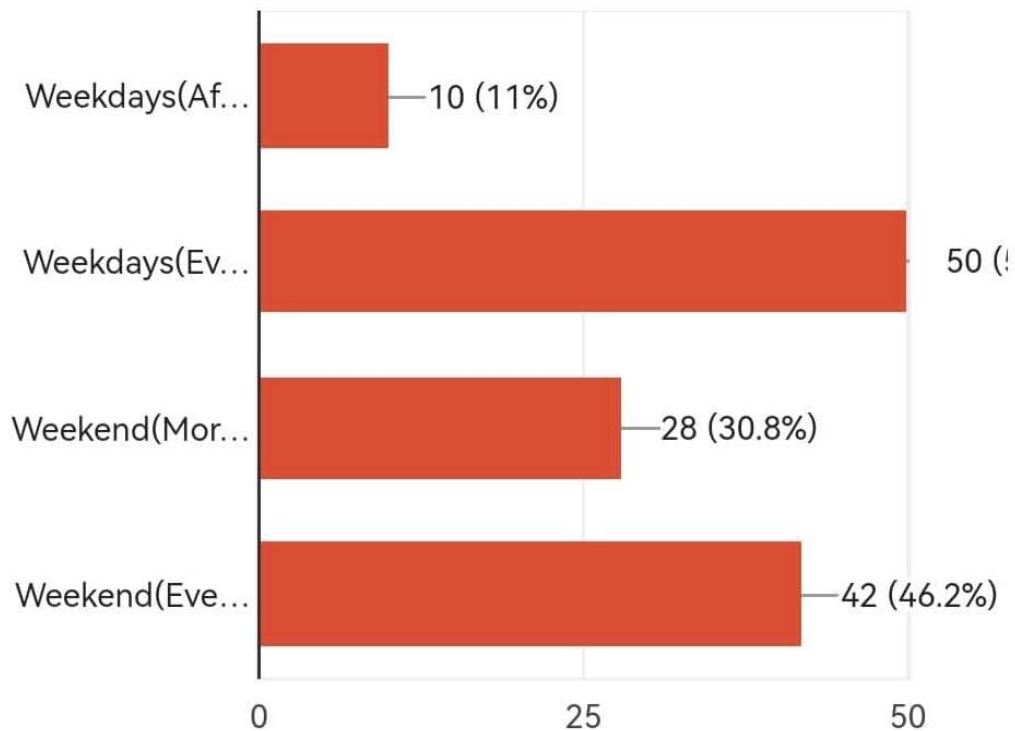
- 28% of respondents engage in clubs
- 49.5% of respondents participate in sports
- 17.2% of respondents are involved in volunteering
- 20.4% of respondents pursue activities categorized as "Other"
- 21.5% of respondents have never taken part in extracurricular activities, suggesting a significant portion of non-participation.

4.3 Favorite type of extracurricular activities



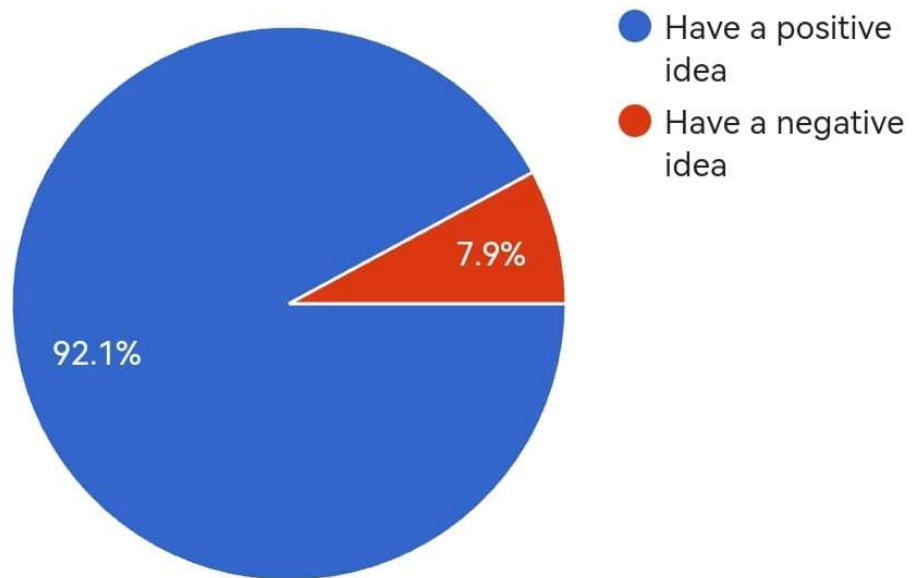
Extracurricular activities encompass both indoor and outdoor pursuits, with some individuals engaging in both categories simultaneously. Predominantly, the majority of participants partake in both indoor and outdoor activities, constituting 47.2% of the total. Conversely, a minority solely engage in outdoor activities. When expressed as percentages, 28.1% of participants focus solely on indoor activities, 24.7% exclusively participate in outdoor endeavors.

4.4 How to participate in extra – curricular activities



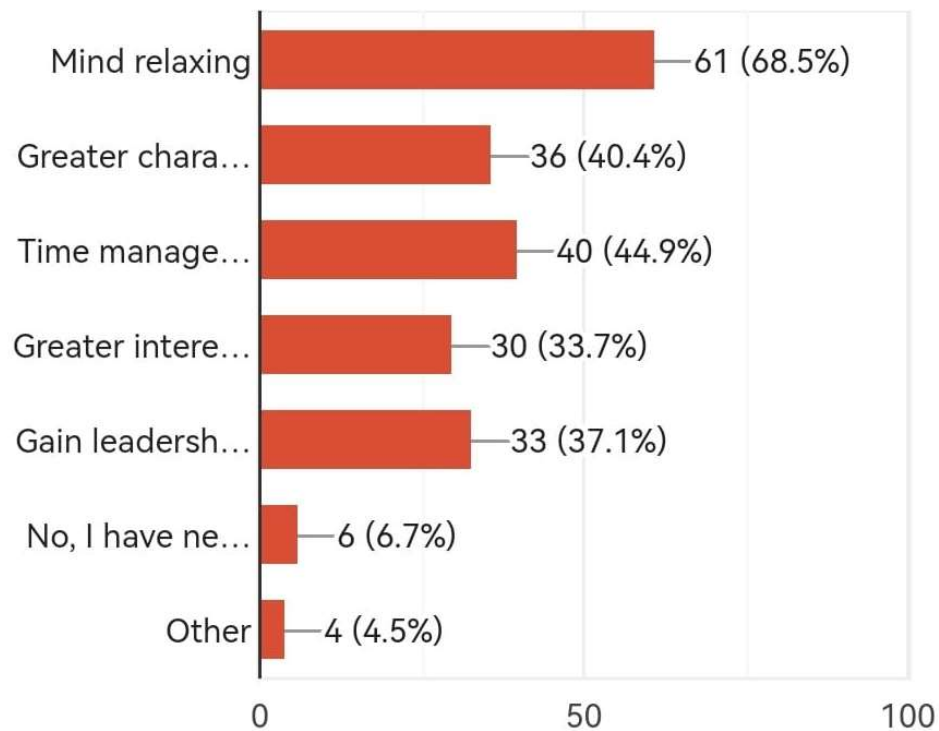
Extracurricular engagement at SLIIT is segmented across various time slots, including weekdays afternoons, weekdays evenings, weekend mornings, and weekend evenings. Notably, the highest participation rate was observed during weekdays evenings, with 50 individuals actively involved. Conversely, a smaller segment of the community partakes in activities during weekdays afternoons, comprising only 10 participants.

4.5 Idea of extra-curricular activities



The feedback regarding extracurricular activities among SLIIT students reveals a predominantly positive sentiment, with 92.1% of comments reflecting satisfaction or approval. Among the various opinions expressed, an overwhelming majority of respondents expressed favorable views towards the extracurricular offerings at SLIIT.

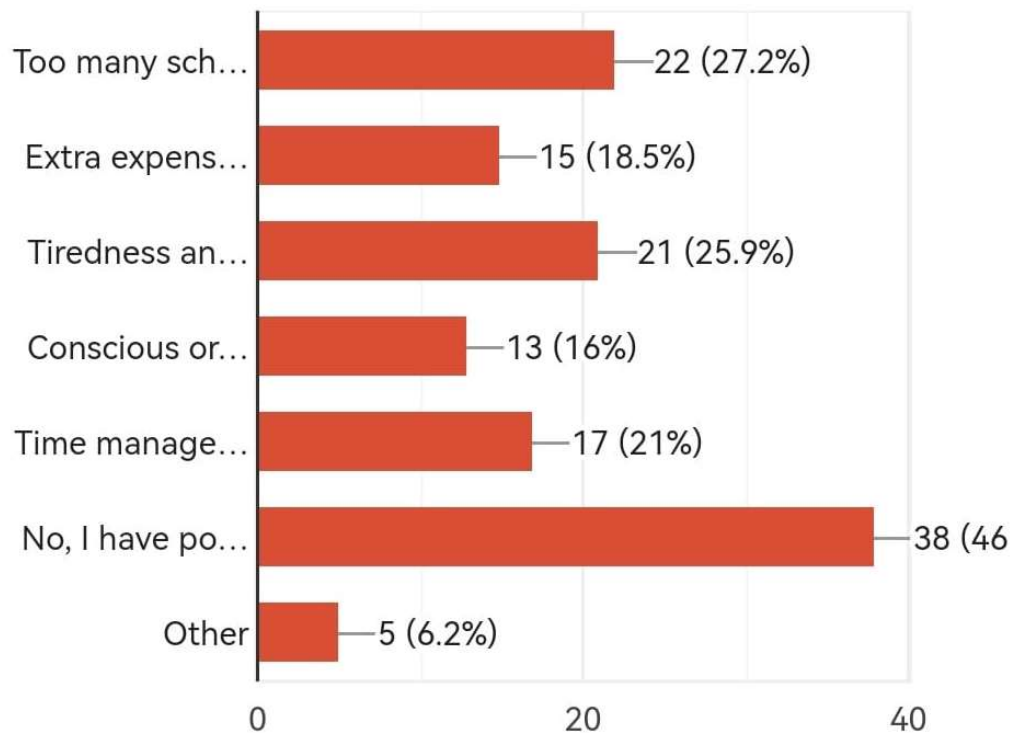
4.5 (i) Positive ideas of extra-curricular activities



Upon reviewing extracurricular activities, numerous affirmative remarks come to light, including:

- Mind relaxing
- Greater character development
- Time management
- Greater interest in community involvement
- Gain leadership skills
- Other

4.5 (ii) Negative ideas of extra-curricular activities



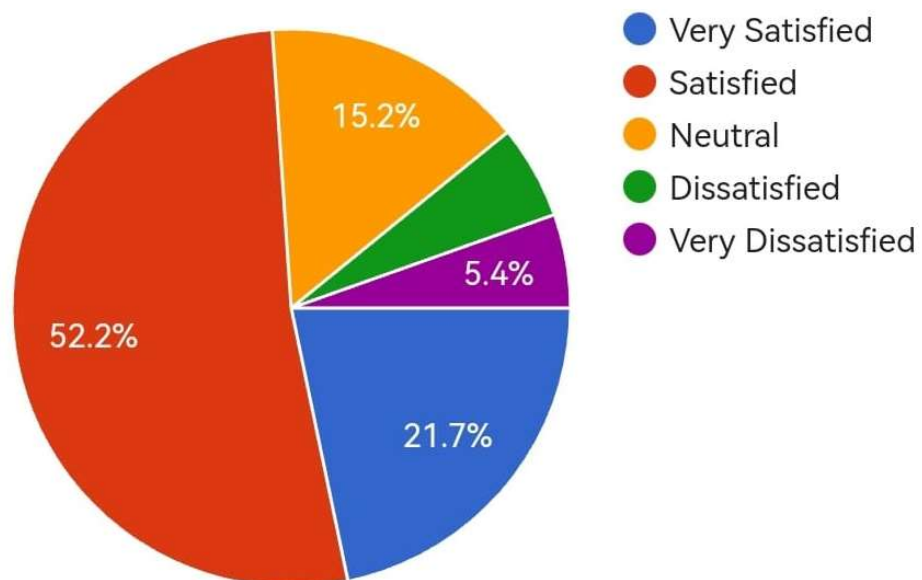
Upon examining extracurricular activities, several unfavorable perspectives emerge, including concerns such as:

- Too many schedules in fleeting time
- Extra expenses in the schedule
- Tiredness and frustration
- Conscious or unconscious denial of priorities
- Time management and commitments
- Other

Based on the above- mentioned facts, negative ideas have been received regarding extra-curricular activities. 27.2% for too many schedules in short time, 18.5% for extra expenses in the schedule, 25.9% for tiredness and frustration, 16% for conscious or un conscious denial of priorities, 21% for time management and commitments, 6.2% remaining the

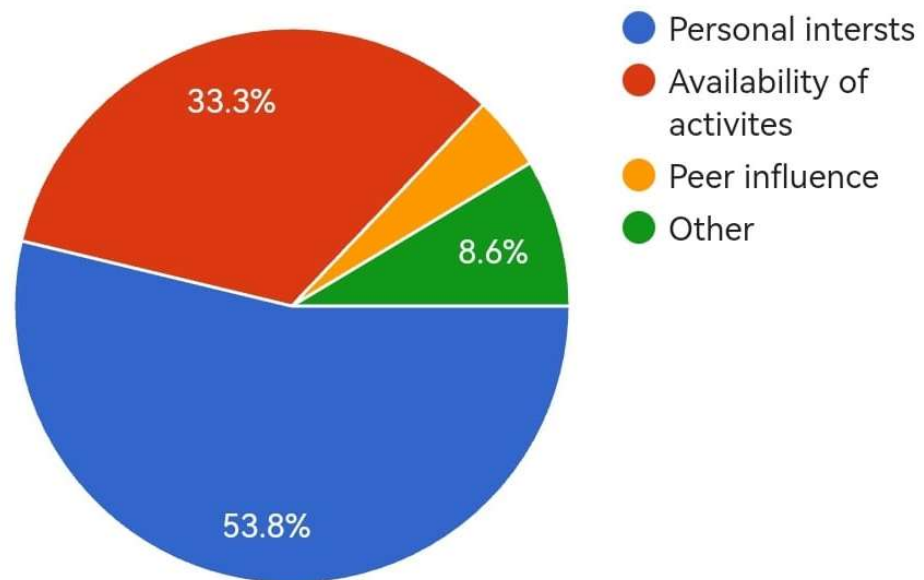
percentage received negative ideas for other reasons as well. In addition, the majority received as a percentage was about positive ideas. That percentage is 46%.

4.6 Satisfaction of extra- curricular activities



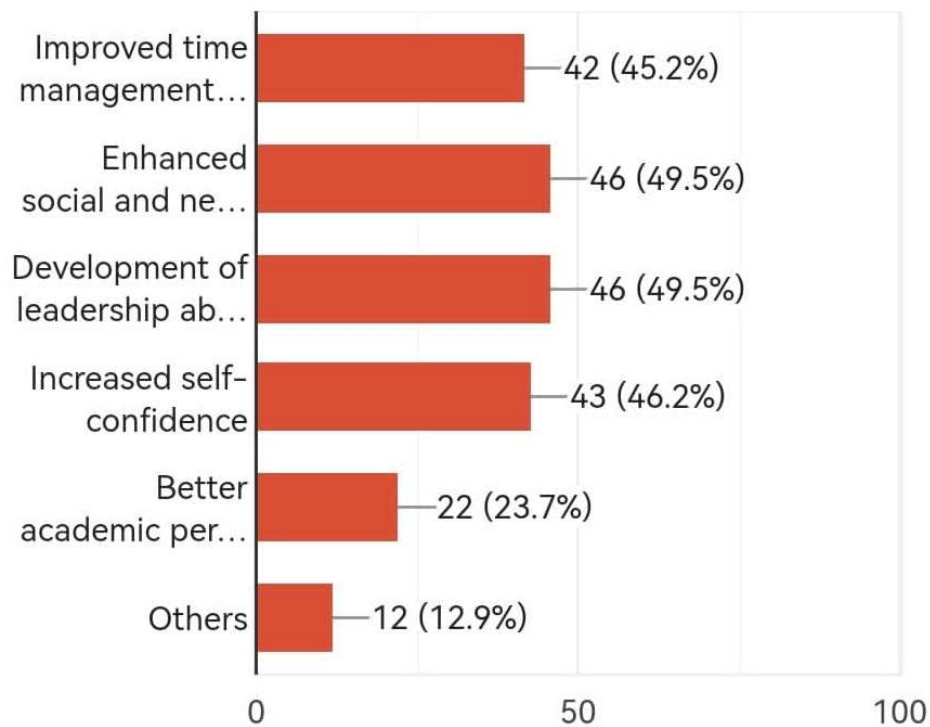
According to the graph above, most of the survey participants are satisfied with extracurricular activities. That percentage is 52.2% and 21.7% percentage of students are very satisfied with extra – curricular activities. The rest were not satisfied and neutral with extracurricular activities.

4.7 Factors influence decision to participate in extra – curricular activities



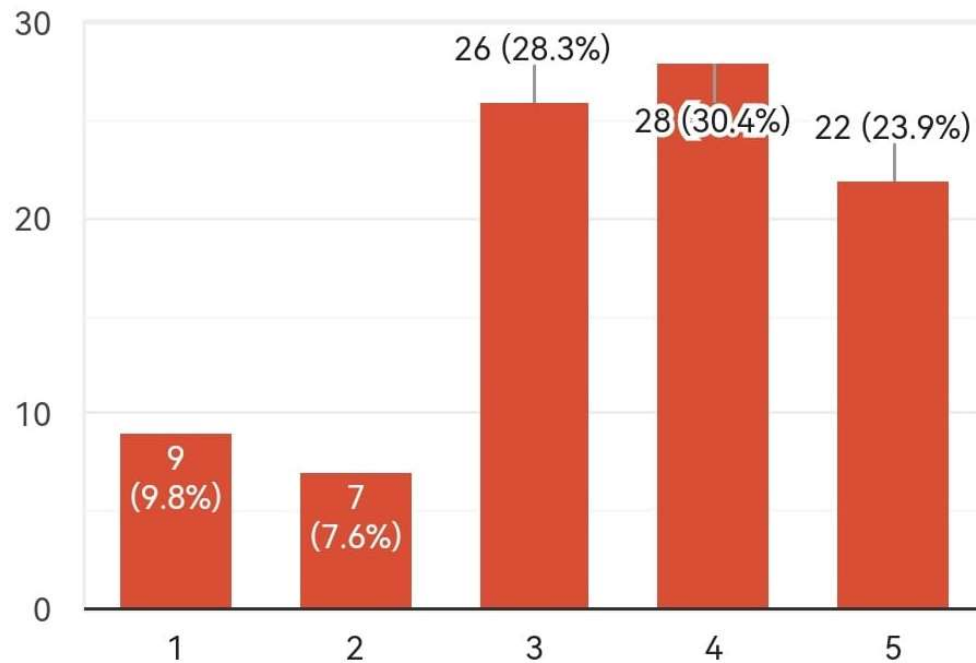
Most students engage in extracurricular activities due to their personal interests, constituting the majority. Conversely, a notable percentage, accounting for 33.3%, participate primarily because of the availability of activities.

4.8 Benefits perceive from participating in extra – curricular activities



Based on the feedback received, a significant number of students reported experiencing improved social networking opportunities and the development of leadership skills. Interestingly, both of these benefits were observed to have an equal percentage of occurrence among participants.

4.9 Preferences about extra-curricular activities



Regarding preferences in extra-curricular activities, points are scaled from 1 to 5. That is, from the negative side to the positive side. According to the above chart, different students have different opinions. The majority have given 4 points. The percentage of students who gave 4 points is 30.4%. The minority have given 2 points and it is 7.6%.

05. Conclusion and Recommendations

5.1 Conclusion

According to our survey, a significant number of students of Sri Lanka Institute of Information Technology (SLIIT) have engaged in extracurricular activities, which have been very useful for many students.

Approximately 49.5% of the surveyed students have chosen the sports category. Also, the majority of students actively participated in a variety of both indoor and outdoor activities.. So we can understand that undergraduates mostly enjoy their extra-curricular activities through strenuous activities

Many students have resorted to extracurricular activities for mind relaxing, to get rid of the fear of participating in anything, to solve the problems that arise while doing educational activities, and to gain leadership skills. Also, students have confirmed this by expressing positive ideas about extracurricular activities.

5.2 Recommendations


It seems that there is a requirement for more extra – curricular activities, so they should be developed further by the school authority.

Since students have to do more curricular and extracurricular activities in a short time, they should look into the time schedule of these activities.

06. References

- <https://courseweb.sliit.lk>
- <https://www.sliit.lk/>
- <https://forms.gle/AC7yTtjFKVmfV79d7>

07. Appendices



SLIIT students' attitudes and preferences regarding extra-curricular activities.

Hello SLIIT Students! We value your input in shaping the extracurricular landscape at our university. Your feedback will help us understand your interests, preferences, and needs regarding extracurricular activities. Please take a few minutes to complete this survey to share your attitudes and preferences.

Thank you for taking the time to complete this survey. Your feedback is valuable in helping us improve the extracurricular activities offered at our university.

Isvidanapathirana30@gmail.com [Switch accounts](#)

Not shared

** Indicates required question*

1.What is your faculty? *

- ☐ Faculty of Computing
- ☐ Faculty of Engineering
- ☐ Faculty of Business
- ☐ Faculty of Humanities and Sciences
- ☐ William Angliss Institute

2.What is your academic year?

- ☐ 1st Year
- ☐ 2nd Year
- ☐ 3rd Year
- ☐ 4th Year

3.What is your Age group?

- ☐ Below 18
- ☐ 18 - 20
- ☐ 20 -25
- ☐ Above 25

4.Gender

- ☐ Male
- ☐ Female

5.Which extracurricular activities are you currently involved in?

- ☐ Clubs
- ☐ Sports
- ☐ Volunteering
- ☐ Other
- ☐ None

6.What is your favorite type extra-curricular activity?

- ☐ Indoor
- ☐ Outdoor
- ☐ Both

7.How satisfied are you with the variety of extra - curricular activities offered at SLIIT ?

- ☐ Very Satisfied
- ☐ Satisfied
- ☐ Neutral
- ☐ Dissatisfied
- ☐ Very Dissatisfied

8.Are there any specific time slot that work for you to participate in extracurricular activities?

- ☐ Weekdays(Afternoon)
- ☐ Weekdays(Evening)
- ☐ Weekend(Moring)
- ☐ Weekend(Evening)

9.What factors influence your decision to participate in extra - curricular activities at SLIIT?

- ☐ Personal intersts
- ☐ Availability of activites
- ☐ Peer influence
- ☐ Other

10.What benefits do you perceive from participating in extracurricular activities at university?

- ☐ Improved time management skills
- ☐ Enhanced social and networking opportunities
- ☐ Development of leadership abilities
- ☐ Increased self-confidence
- ☐ Better academic performance
- ☐ Others

11.What is your idea on 9 the impact of SLIIT's extra -curricular activities on student?

- ☐ Have a positive idea
- ☐ Have a negative idea

12.If you have positive idea, please select your reason

- ☐ Mind relaxing
- ☐ Greater character development
- ☐ Time management
- ☐ Greater interest in community involvement
- ☐ Gain leadership skills.
- ☐ No, I have negative Idea
- ☐ Other

13.If you have negative idea, please select your reason

- ☐ Too many schedules in short times
- ☐ Extra expenses in the schedule
- ☐ Tiredness and frustration
- ☐ Conscious or unconscious denial of priorities
- ☐ Time management and commitmensts
- ☐ No, I have posotive idea
- ☐ Other

14.Rate your attitude & Preferences regarding extra-curricular activities at SLIIT?

	1	2	3	4	5	
Negatively	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Positively