Analysis on Social Media and Mental Health

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Installing all the required libraries

```
if (!require("readxl")) install.packages("readxl")
## Loading required package: readxl
if (!require("dplyr")) install.packages("dplyr")
## Loading required package: dplyr
##
## Attaching package: 'dplyr'
## The following objects are masked from 'package:stats':
##
##
       filter, lag
## The following objects are masked from 'package:base':
##
       intersect, setdiff, setequal, union
##
if (!require("ggplot2")) install.packages("ggplot2")
## Loading required package: ggplot2
if (!require("tidyverse")) install.packages("tidyverse")
## Loading required package: tidyverse
## -- Attaching core tidyverse packages ----- tidyverse 2.0.0 --
## v forcats 1.0.0
                        v stringr
                                     1.5.1
## v lubridate 1.9.3
                                     3.2.1
                         v tibble
## v purrr
              1.0.2
                         v tidyr
                                     1.3.1
## v readr
               2.1.5
## -- Conflicts -----
                                         ----- tidyverse conflicts() --
## x dplyr::filter() masks stats::filter()
## x dplyr::lag()
                     masks stats::lag()
## i Use the conflicted package (<a href="http://conflicted.r-lib.org/">http://conflicted.r-lib.org/</a>) to force all conflicts to become error
```

```
if (!require("scales")) install.packages("scales")
## Loading required package: scales
## Attaching package: 'scales'
##
## The following object is masked from 'package:purrr':
##
##
       discard
##
## The following object is masked from 'package:readr':
##
##
       col_factor
if (!require("corrplot")) install.packages("corrplot")
## Loading required package: corrplot
## corrplot 0.92 loaded
if (!require("iterators")) install.packages("iterators")
## Loading required package: iterators
if (!require("caret")) install.packages("caret")
## Loading required package: caret
## Loading required package: lattice
##
## Attaching package: 'caret'
## The following object is masked from 'package:purrr':
##
       lift
##
if (!require("pROC")) install.packages("pROC")
## Loading required package: pROC
## Type 'citation("pROC")' for a citation.
##
## Attaching package: 'pROC'
## The following objects are masked from 'package:stats':
##
##
       cov, smooth, var
if (!require("Metrics")) install.packages("Metrics")
## Loading required package: Metrics
##
```

```
## Attaching package: 'Metrics'
##
## The following object is masked from 'package:pROC':
##
##
##
## The following objects are masked from 'package:caret':
##
##
       precision, recall
if (!require("rpart")) install.packages("rpart")
## Loading required package: rpart
if (!require("rattle")) install.packages("rattle")
## Loading required package: rattle
## Loading required package: bitops
## Rattle: A free graphical interface for data science with R.
## Version 5.5.1 Copyright (c) 2006-2021 Togaware Pty Ltd.
## Type 'rattle()' to shake, rattle, and roll your data.
if (!require("ROCR")) install.packages("ROCR")
## Loading required package: ROCR
if (!require("tinytex")) install.packages("tinytex")
## Loading required package: tinytex
# Load necessary packages
library(readxl)
library(dplyr)
library(ggplot2)
library(tidyverse)
library(scales)
library(corrplot)
library(iterators)
library(caret)
library(pROC)
library(Metrics)
library(rpart)
library(rattle)
library(ROCR)
library(tinytex)
```

Loading Datasets

```
data_path1="D:/social_mental/data1.xlsx"
data1=read_excel(data_path1)

data_path2="D:/social_mental/data2.xlsx"
data2=read_excel(data_path2)

## New names:
## * 'If yes, then did you lend any support to such person?' -> 'If yes, then did
## you lend any support to such person?...15'
## * 'If yes, then did you lend any support to such person?' -> 'If yes, then did
## you lend any support to such person?...17'

data_3_path="D:/social_mental/data3.csv"
data3=read.csv(data_3_path)
```

Preprocessing

Operations on Data1

Checking and removing Null values

```
times_used=data1$`Frequency of Social Media Interaction`
summary(times_used)

## Length Class Mode
## 300 character character

null_values <-is.na(times_used)
num_null_values <- sum(null_values)
num_null_values #0 null values

## [1] 0</pre>
```

Converting categorical values into numerical values

```
category_mapping=c("Frequently"=4,"Very Often"=3,"Occasionally"=2,"Rarely"=1)
freq=category_mapping[times_used]
```

Binding the newly created columns to the data1

```
data1_final <- cbind(data1,freq)</pre>
```

Operations on Data2

Converting text to numericals

```
k=data2$`How much time did you spend in Social media during the Lockdown?`
freq_mapping=c("Less than 2 hours"=1,"2-3 hours"=2,"3-6 hours"=4,"6-8 hours"=7)
freq=freq_mapping[k]
data2_final <- cbind(data2,freq)
View(data2_final)</pre>
```

Assigning age range a fixed value

```
age_check=c("18-21 years old"=19,"22-30 years old"=26,"41-60 years old"=50,"31-40 years old"=35)
l=data2$`Age Range`
Age <-age_check[1]
data2_final <- cbind(data2_final,Age)</pre>
```

fre_mapping=c("Between 2 and 3 hours"=2, "Between 3 and 4 hours"=3, "More than 5 hours"=5, "Less than an H

Operations on Data3

Adding a frequency column and binding gender column of data2

```
k<-data3$X8..What.is.the.average.time.you.spend.on.social.media.every.day.
\#p = data3\$X9... How. often. do. you. find. yourself. using. Social. media. without. a. <math>specific. purpose.
\#data3\_final \leftarrow subset(data3\_final,select=-freq)
freq=fre_mapping[k]
data3_final <- cbind(data3,freq)</pre>
View(data3_final)
o=data3$X1..What.is.your.age.
colnames(data3_final)
##
   [1] "Timestamp"
## [2] "X1..What.is.your.age."
## [3] "X2..Gender"
## [4] "X3..Relationship.Status"
## [5] "X4..Occupation.Status"
## [6] "X5..What.type.of.organizations.are.you.affiliated.with."
## [7] "X6..Do.you.use.social.media."
## [8] "X7..What.social.media.platforms.do.you.commonly.use."
## [9] "X8..What.is.the.average.time.you.spend.on.social.media.every.day."
## [10] "X9..How.often.do.you.find.yourself.using.Social.media.without.a.specific.purpose."
## [11] "X10..How.often.do.you.get.distracted.by.Social.media.when.you.are.busy.doing.something."
## [12] "X11..Do.you.feel.restless.if.you.haven.t.used.Social.media.in.a.while."
## [13] "X12..On.a.scale.of.1.to.5..how.easily.distracted.are.you."
## [14] "X13..On.a.scale.of.1.to.5..how.much.are.you.bothered.by.worries."
## [15] "X14..Do.you.find.it.difficult.to.concentrate.on.things."
## [16] "X15..On.a.scale.of.1.5..how.often.do.you.compare.yourself.to.other.successful.people.through.t
```

```
## [17] "X16..Following.the.previous.question..how.do.you.feel.about.these.comparisons..generally.speak
## [18] "X17..How.often.do.you.look.to.seek.validation.from.features.of.social.media."
## [19] "X18..How.often.do.you.feel.depressed.or.down."
## [20] "X19..On.a.scale.of.1.to.5..how.frequently.does.your.interest.in.daily.activities.fluctuate."
## [21] "X20..On.a.scale.of.1.to.5..how.often.do.you.face.issues.regarding.sleep."
## [22] "freq"
data3_final$Age=data3$X1..What.is.your.age.
#qender
Gender=data3$X2..Gender
data3 final$Gender=data3$X2..Gender
write.csv(data3_final,file="D:/social_mental/data3_final.csv",row.names = FALSE)
Finding frequency of males and females
gaf1=data.frame(data1_final$Age,data1_final$Gender,data1_final$freq)
names(gaf1)<- c('age', 'gender', 'freq')</pre>
gaf2=data.frame(data2_final$Age,data2_final$Gender,data2_final$freq)
names(gaf2)<- c('age', 'gender', 'freq')</pre>
gaf3=data.frame(data3_final$Age,data3_final$Gender,data3_final$freq)
names(gaf3)<- c('age', 'gender', 'freq')</pre>
GAF <- rbind(gaf1,gaf2,gaf3)</pre>
x < -7
GAF_filtered <- GAF[GAF$freq == x, ]</pre>
write.csv(GAF_filtered,file="D:/social_mental/my_dataset.csv",row.names = FALSE)
x <- max(GAF_filtered$freq)</pre>
cat("maX frequency:", x, "\n")
## maX frequency: 7
# Filter the dataset to get only the rows with the highest frequency count
highest_freq_data <- subset(GAF_filtered, freq == x)
# Count the number of males and females with the highest frequency count
```

```
# Fitter the dataset to get only the rows with the highest frequency count
highest_freq_data <- subset(GAF_filtered, freq == x)

# Count the number of males and females with the highest frequency count
num_males <- sum(highest_freq_data$gender == "Male")
num_females <- sum(highest_freq_data$gender == "Female")

# Print the number of males and females with the highest frequency count
print(paste("Number of males with the highest frequency count:", num_males))</pre>
```

print(paste("Number of females with the highest frequency count:", num_females))

[1] "Number of females with the highest frequency count: 9"

[1] "Number of males with the highest frequency count: 16"

```
print(x)

## [1] 7

h_f_c<-data.frame(num_males,num_females)

write.csv(h_f_c,file="D:/social_mental/hfc.csv",row.names = FALSE)</pre>
```

Operations using all datasets

Finding count of Social media platform users

```
app_use=data2$`What Social Media Platforms do you use?`
app_usage=data.frame(app_use)
app_usage <- app_usage$app_use
arr <- c("Facebook", "Whatsapp", "Instagram", "Snapchat", "Telegram", "Discord", "YouTube")
count_vector <- rep(0, length(arr))
names(count_vector) <- arr</pre>
```

Finding the count of each app users

```
data_app_gender <- data.frame(Gender = data2$Gender, app_usage = app_usage)</pre>
arr <- c("Facebook", "Whatsapp", "Instagram", "Snapchat", "Telegram", "Discord", "YouTube")
genders <- unique(data_app_gender$Gender)</pre>
count_matrix <- matrix(0, nrow = length(genders), ncol = length(arr), dimnames = list(genders, arr))</pre>
# Iterate over each value in the data frame "data_app_gender"
for (i in 1:nrow(data_app_gender)) {
  apps_used <- unlist(strsplit(as.character(data_app_gender$app_usage[i]), ", "))</pre>
  gender <- data_app_gender$Gender[i]</pre>
 for (j in 1:length(arr)) {
    if (arr[j] %in% apps_used) {
      count_matrix[gender, arr[j]] <- count_matrix[gender, arr[j]] + 1</pre>
    }
 }
}
# Print the counts for each gender and platform
print(count_matrix["Male",])
```

```
## Facebook Whatsapp Instagram Snapchat Telegram Discord YouTube
## 62 74 50 14 34 16 65
```

```
print(count_matrix["Female",])
    Facebook Whatsapp Instagram Snapchat
                                             Telegram
                                                        Discord
                                                                   YouTube
##
          43
                    61
                                                              8
                               37
                                         15
                                                   21
                                                                        47
print(count_matrix)
##
          Facebook Whatsapp Instagram Snapchat Telegram Discord YouTube
## Male
                62
                         74
                                    50
                                             14
                                                      34
                                                               16
## Female
                43
                         61
                                    37
                                             15
                                                      21
                                                                8
                                                                       47
gender_app_freq=data.frame(count_matrix)
View(gender_app_freq)
write.csv(gender_app_freq,file="D:/social_mental/gender_app_freq.csv",row.names = TRUE)
```

Finding frequency of age

```
age_freq1=cbind(data1_final$Age,data1_final$freq)
age_freq2=cbind(data2_final$Age,data2_final$freq)
age_freq3=cbind(data3_final$Age,data3_final$freq)
age_freq=rbind(age_freq1,age_freq2,age_freq3)

colnames(age_freq)<-c("Age","freq")
write.csv(age_freq,file="D:/social_mental/age_freq.csv",row.names = TRUE)</pre>
```

Finding the overall impact of social media usage on mental health

Here, we are calculating means for all datasets and applying preprocessing techniques to obtain gender and age proportions from the datasets.

[1] 3.621333

```
a_g_m_1$mental_health=sapply(a_g_m_1$data1..Impact.on.Mental.Health..Score..,assign_label)
View(a_g_m_1)
a_g_m_1_final <- a_g_m_1[,c("data1.Age","data1.Gender","mental_health")]</pre>
colnames(a_g_m_1_final) <-c("age", "gender", "mental_health")</pre>
View(a_g_m_1_final)
a_g_m_2=data.frame(data2_final$Age,data2_final$Gender,data2$`Have you faced a Mental health Issue?`)
View(a g m 2)
assign label2 <- function(value){</pre>
  if(value=="Yes"){
   return ("positive")
  else if(value=="No"){
   return ("negative")
 else{
    return("NA")
a_g_m_2$mental_health<- sapply(data2$`Have you faced a Mental health Issue?`, assign_label2)
View(a_g_m_2)
#remove na values
a_g_m_2_final <-na.omit(a_g_m_2)</pre>
View(a_g_m_2_final)
a_g_m_2_final<- a_g_m_2[a_g_m_2$mental_health%in% c("positive", "negative"), ]
a_g_m_2_final <- a_g_m_2_final[,c("data2_final.Age","data2_final.Gender","mental_health")]</pre>
colnames(a_g_m_2_final) <- c("age", "gender", "mental_health")</pre>
View(a_g_m_2_final)
a_g_m_3=data.frame(data3$X1..What.is.your.age.,data3$X2..Gender,data3$X18..How.often.do.you.feel.depres
View(a_g_m_3)
assign_label3 <- function(value){</pre>
  if(value>temp_3){
    return("positive")
 }
  else{
    return("negative")
}
temp_3 = mean(data3\$X18..How.often.do.you.feel.depressed.or.down.)#----
temp_3
## [1] 3.255717
colnames(a_g_m_3)<-c("age", "gender", "mental_health")</pre>
a_g_m_3\mental_health=sapply(a_g_m_3\mental_health,assign_label3)
View(a_g_m_3)
a_g_m_3_final=data.frame(a_g_m_3$age,a_g_m_3$gender,a_g_m_3$mental_health)
View(a_g_m_3_final)
colnames(a_g_m_3_final) <- c("age", "gender", "mental_health")</pre>
data3_final$mental_health=a_g_m_3_final$mental_health
View(data3 final)
Age_gender_mental <- rbind(a_g_m_1_final,a_g_m_2_final,a_g_m_3_final)
```

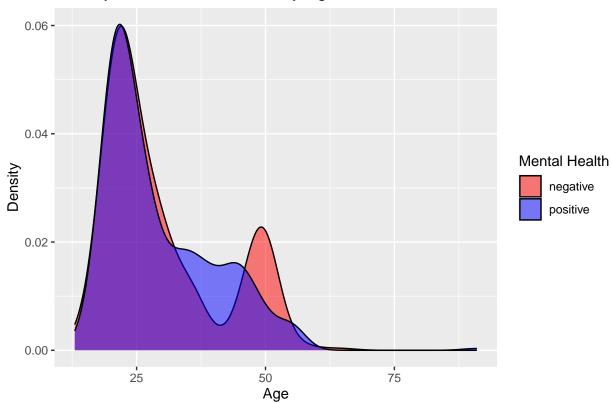
```
View(Age_gender_mental)
Age_gender_mental_final <- Age_gender_mental[Age_gender_mental$gender %in% c("Male", "Female"), ]
View(Age_gender_mental_final)
summary(Age_gender_mental)
##
                       gender
                                        mental_health
         age
## Min.
          :13.00
                    Length:897
                                        Length:897
## 1st Qu.:21.00
                    Class : character
                                        Class :character
## Median :26.00
                   Mode :character
                                        Mode : character
## Mean
         :29.55
## 3rd Qu.:36.00
## Max.
          :91.00
write.csv(Age_gender_mental_final,file="D:/social_mental/Age_gender_mental.csv",row.names = FALSE)
unique_values<- unique(Age_gender_mental_final$mental_health)</pre>
print(length(unique_values))
## [1] 2
unique_values
## [1] "negative" "positive"
count_mental_health <- table(Age_gender_mental$mental_health)</pre>
count_mental_health
##
## negative positive
##
        463
                 434
count_male_mental_health <- table(subset(Age_gender_mental, gender == "Male")$mental_health)</pre>
print("Counts of Mental Health for Males:")
## [1] "Counts of Mental Health for Males:"
print(count_male_mental_health)
##
## negative positive
##
        221
                 201
cc<-data.frame(count_male_mental_health)</pre>
View(cc)
count_female_mental_health <- table(subset(Age_gender_mental, gender == "Female")$mental_health)</pre>
cc1<-data.frame(count_female_mental_health)</pre>
View(cc1)
```

```
merged_counts <- cbind(male_positive = count_male_mental_health["positive"],</pre>
                       male_negative = count_male_mental_health["negative"],
                       female_positive = count_female_mental_health["positive"],
                       female_negative = count_female_mental_health["negative"])
View(merged_counts)
gender_counts <- data.frame(</pre>
  gender = c("Male", "Female"),
  positive = c(count male mental health["positive"], count female mental health["positive"]),
 negative = c(count_male_mental_health["negative"], count_female_mental_health["negative"])
View(gender_counts)
write.csv(gender_counts,file="D:/social_mental/gender_counts.csv",row.names = FALSE)
gender_proportions <- Age_gender_mental_final %>%
  group_by(gender) %>%
  summarise(prop_positive = mean(mental_health == "positive"))
# Print proportions by gender
print(gender_proportions)
## # A tibble: 2 x 2
     gender prop_positive
    <chr>
                   <dbl>
## 1 Female
                    0.487
## 2 Male
                    0.476
g_p<-data.frame(gender_proportions)</pre>
write.csv(g_p,file="D:/social_mental/g_p.csv",row.names = FALSE)
age_proportions <- Age_gender_mental_final %>%
 group_by(age) %>%
 summarise(prop_positive = mean(mental_health == "positive"))
#mean of all the values based
print(age_proportions)
## # A tibble: 46 x 2
##
        age prop_positive
##
      <dbl>
                    <dbl>
## 1
                    0
        13
## 2
         14
                    0.5
                    0.5
## 3
         15
## 4
        16
                    0
## 5
        17
                    0.5
## 6
        18
                    0.5
## 7
         19
                    0.478
## 8
         20
                    0.6
## 9
         21
                    0.495
## 10
         22
                    0.387
## # i 36 more rows
```

Plots

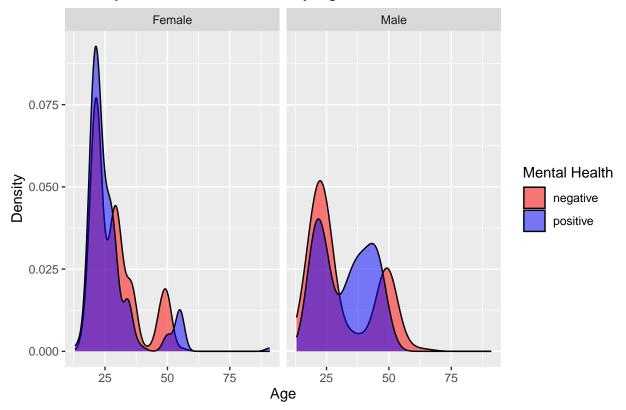
```
ggplot(Age_gender_mental_final, aes(x = age, fill = mental_health)) +
  geom_density(alpha = 0.5) +
  scale_fill_manual(values = c("positive" = "blue", "negative" = "red")) +
  labs(title = "Density Plot of Mental Health by Age", x = "Age", y = "Density", fill = "Mental Health"
```

Density Plot of Mental Health by Age



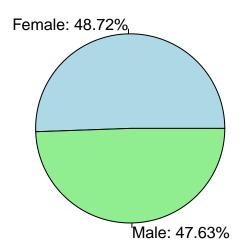
```
ggplot(Age_gender_mental_final, aes(x = age, fill = mental_health)) +
  geom_density(alpha = 0.5) +
  scale_fill_manual(values = c("positive" = "blue", "negative" = "red")) +
  labs(title = "Density Plot of Mental Health by Age", x = "Age", y = "Density", fill = "Mental Health"
  facet_wrap(~ gender)
```

Density Plot of Mental Health by Age



```
pie(g_p$prop_positive,
    labels = sprintf("%s: %.2f%%", g_p$gender, g_p$prop_positive * 100),
    col = c("lightblue", "lightgreen"),
    main = "Proportion of Positive Mental Health by Gender")
```

Proportion of Positive Mental Health by Gender



Finding Age and Gender relationship

Here, we consider relationship status like single, relationship, married, divorced.

```
pd=data.frame(data3_final$X3..Relationship.Status,data3_final$Age,data3_final$Gender,data3_final$X7..Wh
colnames(pd)=c("relationshipStatus","Age","Gender","App")
write.csv(pd,file="D:/social_mental/age_gender_relation_app.csv",row.names = FALSE)
summary(pd)
```

```
relationshipStatus
                          Age
                                       Gender
                                                          App
##
   Length: 481
                Min. :13.00
                                    Length: 481
                                                      Length: 481
  Class:character 1st Qu.:21.00
                                    Class : character
                                                       Class :character
##
  Mode :character Median :22.00
                                    Mode :character
                                                      Mode :character
##
                     Mean
                            :26.14
                     3rd Qu.:26.00
##
##
                     Max.
                            :91.00
```

unique(pd\$Gender)

```
## [1] "Male" "Female" "Nonbinary "
## [4] "Non-binary" "NB" "unsure "
## [7] "Trans" "Non binary " "There are others???"
```

```
unique(pd$relationshipStatus)
## [1] "In a relationship" "Single"
                                            "Married"
## [4] "Divorced"
pd <- pd[pd$Gender %in% c("Male", "Female", "Trans"), ]</pre>
relationship status of mentally affected people:
Single
#-----single
filtered_pd <- pd[pd$relationshipStatus %in% c("Single"), ]</pre>
val<-mean(filtered_pd$Age)</pre>
data <- subset(pd,relationshipStatus=="Single")</pre>
apps <- strsplit(trimws(data$App),",")</pre>
apps <- unlist(apps)</pre>
app_counts <- table(apps)</pre>
sorted_counts_single <- sort(app_counts,decreasing = TRUE)</pre>
n_s<-nrow(filtered_pd)</pre>
sorted_counts_single<-sorted_counts_single/n_s</pre>
print(sorted_counts_single)
## apps
##
     Facebook YouTube Instagram
                                         Discord
                                                    Snapchat
                                                               Pinterest
## 0.835714286 0.825000000 0.732142857 0.492857143 0.428571429 0.335714286
                               TikTok
       Reddit
                  Twitter
                                       Instagram
                                                     Twitter
                                                                 YouTube
## 0.285714286 0.235714286 0.210714286 0.057142857 0.039285714 0.035714286
                            Pinterest
       Reddit
                  Discord
## 0.014285714 0.010714286 0.007142857
write.csv(sorted_counts_single,file="D:/social_mental/single_app.csv",row.names = FALSE)
Relationship
#-----In a relationship
filtered_pd_relation <- pd[pd$relationshipStatus %in% c("In a relationship"), ]
val_relationship<-mean(filtered_pd_relation$Age)</pre>
data_relationship <- subset(pd,relationshipStatus=="In a relationship")</pre>
apps <- strsplit(trimws(data_relationship$App),",")</pre>
apps relation <- unlist(apps)</pre>
app_counts_relation <- table(apps_relation )</pre>
```

write.csv(sorted_counts_relation,file="D:/social_mental/relation_app.csv",row.names = FALSE)

sorted_counts_relation <- sort(app_counts_relation,decreasing = TRUE)</pre>

sorted counts relation <-sorted counts relation/n r

n_r<-nrow(filtered_pd_relation)</pre>

sorted counts relation

```
## apps_relation
## Facebook YouTube Instagram Snapchat Discord Pinterest Twitter
## 0.91954023 0.86206897 0.82758621 0.49425287 0.45977011 0.25287356 0.25287356
## Reddit TikTok Instagram YouTube
## 0.24137931 0.21839080 0.04597701 0.03448276
```

Married

```
filtered_pd_marrige <- pd[pd$relationshipStatus %in% c("Married"), ]</pre>
val_marrige<-mean(filtered_pd_marrige$Age)</pre>
data_marrige <- subset(pd,relationshipStatus=="Married")</pre>
apps_marrige <- strsplit(trimws(data_marrige$App),",")</pre>
apps_marrige<- unlist(apps_marrige)</pre>
app_counts_marrige <- table(apps_marrige)</pre>
sorted_counts_marrige <- sort(app_counts_marrige,decreasing = TRUE)</pre>
n_m<-nrow(filtered_pd_marrige)</pre>
sorted_counts_marrige<-sorted_counts_marrige/n_m
print(sorted_counts_marrige)
## apps_marrige
## Facebook YouTube Instagram Pinterest Twitter
                                                          Reddit
## 0.84158416 0.77227723 0.48514851 0.25742574 0.17821782 0.15841584 0.12871287
                TikTok
                          Twitter Instagram
                                               YouTube
                                                          Discord
## Snapchat
## 0.12871287 0.11881188 0.07920792 0.02970297 0.02970297 0.00990099 0.00990099
write.csv(sorted_counts_marrige,file="D:/social_mental/married_app.csv",row.names = FALSE)
```

Divorced

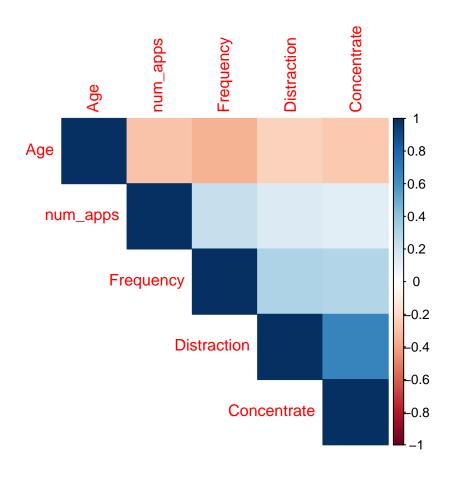
```
## apps_Divorced
## YouTube Facebook Instagram Twitter Snapchat Discord Instagram
## 6 5 4 3 2 1 1
## TikTok
## 1
```

```
num_val<-nrow(filtered_pd_Divorced)
sorted_counts_Divorced <- sorted_counts_Divorced / num_val
df_sorted_counts_Divorced <- as.data.frame(sorted_counts_Divorced)
write.csv(df_sorted_counts_Divorced,file="D:/social_mental/divorced_app.csv",row.names = FALSE)</pre>
```

Model

Correlation matrix

```
colnames(main_data) <- c("Age", "Gender", "Relation", "Apps", "Distraction", "Concentrate", "Frequency"</pre>
main_data$num_apps<-sapply(strsplit(main_data$Apps,","),length)</pre>
cor_matrix <- cor(main_data[, c("Age", "Distraction", "Concentrate", "Frequency", "num_apps")])</pre>
# View the correlation matrix
print(cor_matrix)
##
                   Age Distraction Concentrate Frequency
                                                       num apps
## Age
             1.0000000 -0.2223182 -0.2638628 -0.3455883 -0.2852126
## Distraction -0.2223182
                       1.0000000 0.6643524 0.3085896 0.1562933
## Concentrate -0.2638628   0.6643524   1.0000000   0.2905710   0.1252278
                       ## Frequency -0.3455883
## num_apps
             corrplot(cor_matrix, method = "color", type = "upper", order = "hclust")
```



Logistic Regression model

-12.70913 -0.60007 -0.04307 -1.07799

```
main_data <- na.omit(main_data)</pre>
main_data$Gender <- factor(main_data$Gender, levels = c("Male", "Female", "Trans"), labels = c(1, 0,2))</pre>
main_data$Relation<-factor(main_data$Relation,levels = c("In a relationship", "Single", "Married", "Divorc
main_data$Mental_Health<-factor(main_data$Mental_Health,levels=c("positive","negative"),labels = c(1,0)</pre>
X<-main_data[,c("Age","Gender","Relation","Distraction","Concentrate","Frequency","num_apps")]
Y<-as.numeric(main_data$Mental_Health)-1
str(main_data$Mental_Health)
## Factor w/ 2 levels "1","0": 1 1 1 1 1 2 1 1 1 2 ...
model <- glm(Mental_Health ~ Age + Gender + Relation + Distraction + Concentrate + Frequency + num_apps
model$rank
## [1] 11
summary(model$coefficients)
        Min.
               1st Qu.
                           Median
                                       Mean
                                               3rd Qu.
                                                            Max.
```

0.02149

2.49830

Confusion matrix

0 31 14 1 12 37

##

```
# Create confusion matrix
conf_matrix <- table(predict(model, type = "response") > 0.5, Y)
print("Confusion Matrix:")
## [1] "Confusion Matrix:"
print(conf_matrix)
##
          Y
##
             0
                1
##
     FALSE 147 73
     TRUE
           70 185
##
Training and Testing the model
set.seed(123)
train_index <- createDataPartition(main_data$Mental_Health, p = 0.8, list = FALSE)
train_data <- main_data[train_index, ]</pre>
test_data <- main_data[-train_index, ]</pre>
Y_train <- as.numeric(train_data$Mental_Health) - 1
Y_test <- as.numeric(test_data$Mental_Health) - 1
formula <- as.formula("Mental_Health ~ Age + Gender + Relation + Distraction + Concentrate + Frequency</pre>
model <- glm(formula, data = train_data, family = binomial)</pre>
predicted_values <- predict(model, newdata = test_data, type = "response")</pre>
predicted_classes <- ifelse(predicted_values > 0.5, 1, 0)
accuracy <- mean(predicted_classes == Y_test)</pre>
print(paste("Accuracy:", accuracy))
## [1] "Accuracy: 0.723404255319149"
Confusion matrix
conf_matrix <- confusionMatrix(factor(predicted_classes, levels = c(0, 1)), factor(Y_test, levels = c(0))</pre>
conf_matrix
## Confusion Matrix and Statistics
##
##
             Reference
## Prediction 0 1
```

```
##
##
                  Accuracy : 0.7234
##
                    95% CI: (0.6215, 0.8107)
       No Information Rate: 0.5426
##
##
       P-Value [Acc > NIR] : 0.0002465
##
##
                     Kappa: 0.4448
##
##
   Mcnemar's Test P-Value: 0.8445193
##
##
               Sensitivity: 0.7209
##
               Specificity: 0.7255
##
            Pos Pred Value: 0.6889
            Neg Pred Value: 0.7551
##
##
                Prevalence: 0.4574
##
            Detection Rate: 0.3298
##
      Detection Prevalence: 0.4787
##
         Balanced Accuracy: 0.7232
##
##
          'Positive' Class: 0
##
```

Precision, Recall, f1 Score

```
precision <- conf_matrix$byClass["Pos Pred Value"]</pre>
recall <- conf_matrix$byClass["Sensitivity"]</pre>
#-----metrics
f1_score <- 2 * (precision * recall) / (precision + recall)</pre>
metrics_df <- data.frame(</pre>
 Metric = c("Precision", "Recall", "F1 Score"),
 Value = c(precision, recall, f1_score)
# Print the data frame
print(metrics_df)
##
       Metric
                  Value
## 1 Precision 0.6888889
       Recall 0.7209302
## 3 F1 Score 0.7045455
plot
```

```
Y_test
```

predicted_values

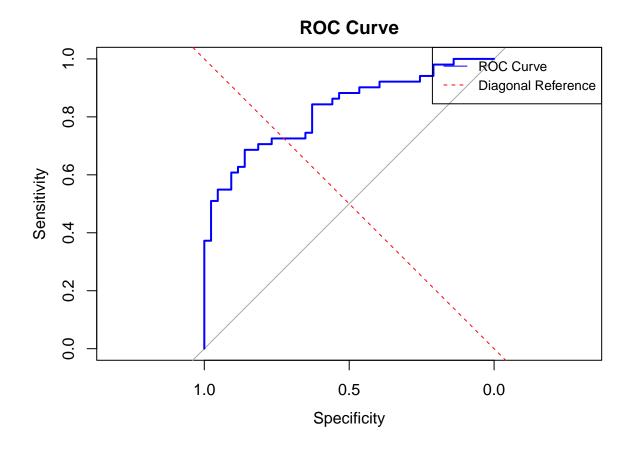
```
27
                                                                                  31
                     6
                              14
                                         15
                                                   23
                                                                        30
## 0.3334071 0.5187699 0.3189007 0.3019944 0.3636274 0.4879847 0.3550046 0.3500639
                                         60
                                                             63
                                                                        65
          38
                    39
                              59
                                                   61
## 0.3514082 0.4072992 0.7767904 0.2919073 0.5559435 0.6016804 0.8244967 0.6845923
                                                  112
          72
                    74
                              75
                                         90
                                                            114
                                                                       120
## 0.9437956 0.8970899 0.8017481 0.2799222 0.8250542 0.2882469 0.1858727 0.4029782
         127
                   130
                             133
                                        134
                                                  135
                                                             140
                                                                       141
## 0.7722901 0.8991033 0.8367885 0.9012668 0.7894472 0.8300202 0.5797561 0.5619075
         158
                   167
                             170
                                        174
                                                  178
                                                            189
                                                                       191
                                                                                 203
## 0.9475898 0.4072243 0.7037683 0.2441420 0.9197430 0.3166928 0.4916944 0.6387643
                   213
                             214
                                                  233
                                                            242
                                                                       245
## 0.8803690 0.9510355 0.7481094 0.5677580 0.9397133 0.3426304 0.4409516 0.4029782
##
         256
                   272
                              274
                                        275
                                                  277
                                                             285
                                                                       290
## 0.3781494 0.3547088 0.3165281 0.5312071 0.4239670 0.7334151 0.3853685 0.3894007
         299
                   300
                             308
                                        311
                                                  312
                                                            313
                                                                       315
## 0.4061591 0.2947001 0.2769561 0.2571150 0.2668590 0.8391487 0.1827954 0.7964218
         321
                   325
                             326
                                        327
                                                  328
                                                            331
                                                                       333
## 0.2861687 0.5174474 0.8290824 0.6937497 0.8735140 0.2651639 0.2291517 0.5242995
         342
                   356
                             361
                                        363
                                                  367
                                                            370
                                                                       372
## 0.9462725 0.5851900 0.2013354 0.1471927 0.8016645 0.4479896 0.3074061 0.5417275
         381
                   384
                             385
                                        393
                                                  397
                                                            405
                                                                       410
## 0.6051586 0.1992271 0.5651051 0.6475345 0.4383651 0.2359767 0.4881806 0.5089284
                   426
                             432
                                        439
                                                  458
## 0.8035028 0.5465048 0.4789937 0.7214513 0.8009810 0.8806404
```

```
roc_curve <- roc(Y_test, predicted_values)</pre>
```

```
## Setting levels: control = 0, case = 1
```

Setting direction: controls < cases

```
plot(roc_curve, main = "ROC Curve", col = "blue", lwd = 2)
abline(a = 0, b = 1, lty = 2, col = "red")
legend("topright", legend = c("ROC Curve", "Diagonal Reference"), col = c("blue", "red"), lty = 1:2, cell
```



Decision tree

##

0

0

0

1

1

1 1

Training and Testing

```
formula <- Mental_Health ~ Age + Gender + Relation + Distraction + Concentrate + Frequency
fit <- rpart(formula,data=main_data,cp=0.01)

train_index <- createDataPartition(main_data$Mental_Health, p = 0.8, list = FALSE)
train_data <- main_data[train_index, ]
test_data <- main_data[-train_index, ]

Y_train <- as.numeric(train_data$Mental_Health) - 1
Y_test <- as.numeric(test_data$Mental_Health) - 1

train_pred <- predict(fit, newdata = train_data, type = "class")

# Predicting on testing data
test_pred <- predict(fit, newdata = test_data, type = "class")
test_pred

## 1 7 8 23 36 44 56 67 76 78 82 85 105 110 112 113 118 123 124 126</pre>
```

1 0

0 0

1 0

```
## 128 145 151 153 154 157 161 168 172 174 179 182 190 191 194 196 200 201 204 205
       0 0 0 0
                            0
                                  Ο
                                           0 0
                       0
                               1
                                      1
                                                   1
                                                       1
                                                           0
                                                               0
                                                                   1
                                                                       1
## 206 207 214 215 218 219 224 251 259 260 271 272 277 280 283 288 289 290 295 297
                        0
                                                           0
                                                               0
                1
                    0
                            1
                                0
                                    0
                                        1
                                            1
                                               1
                                                   1
                                                       1
                                                                   1
## 304 306 307 313 318 320 326 328 329 331 335 336 339 346 355 360 366 372 374 387
            1
                                                   0
                                                           Λ
                Ω
                    1
                        0
                            0
                                0
                                    0
                                            1
                                               1
                                                       1
                                                               Ω
                                                                   1
                                        1
## 388 393 398 399 402 404 427 434 438 456 457 462 466 469
        0 0
                0
                   1 0
                            1
                               0
                                    1
                                        1
                                            1
                                               0
## Levels: 1 0
```

Performance

```
train_accuracy <- mean(train_pred == Y_train)</pre>
# Calculate accuracy for testing data
test_accuracy <- mean(test_pred == Y_test)</pre>
confusion_test <- table(Actual = Y_test, Predicted = test_pred)</pre>
precision_test <- confusion_test[2, 2] / sum(confusion_test[, 2])</pre>
recall_test <- confusion_test[2, 2] / sum(confusion_test[2, ])</pre>
f1_score_test <- 2 * precision_test * recall_test / (precision_test + recall_test)
predictions <- predict(fit, test_data, type = "prob")</pre>
prediction_obj <- prediction(predictions[,2], Y_test)</pre>
results_df <- data.frame(</pre>
 Metric = c("Training Accuracy", "Testing Accuracy", "Testing Precision", "Testing Recall", "Testing F
  Value = c(train_accuracy, test_accuracy, precision_test, recall_test, f1_score_test)
# Print the data frame
print(results_df)
                Metric
                            Value
## 1 Training Accuracy 0.2939633
## 2 Testing Accuracy 0.2127660
## 3 Testing Precision 0.8163265
## 4
        Testing Recall 0.7843137
## 5 Testing F1 Score 0.8000000
# Create ROC curve
roc_curve <- performance(prediction_obj, "tpr", "fpr")</pre>
# Plot ROC curve
plot(roc_curve, main = "ROC Curve for Decision Tree Model", col = "blue", lwd = 2,
     xlab = "False Positive Rate (1 - Specificity)", ylab = "True Positive Rate (Sensitivity)",
     xlim = c(0, 1), ylim = c(0, 1)
abline(a = 0, b = 1, col = "red", lwd = 2, lty = 2)
```

ROC Curve for Decision Tree Model

