Мыслей: 10

Ocd podcast

No source, questionable phrasing

<https://probolezny.ru/rasstroystvo-obsessivno-kompulsivnoe/>

[Obsessive-Compulsive Disorder (OCD): Definition, Symptoms, Traits, Causes, Treatment (verywellmind.com)](https://www.verywellmind.com/what-is-obsessive-compulsive-disorder-ocd-2510675)

[Are You Born With OCD | How Does OCD Develop | Causes of OCD (treatmyocd.com)](https://www.treatmyocd.com/blog/are-you-born-with-ocd-can-you-develop)

[Genetics of obsessive-compulsive disorder - PMC (nih.gov)](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6343406/)

[What Causes Obsessive Compulsive Disorder? (verywellmind.com)](https://www.verywellmind.com/causes-of-ocd-2510476)

[Types of OCD: A Comprehensive List - Impulse (impulsetherapy.com)](https://impulsetherapy.com/types-of-ocd-a-comprehensive-list/)

[OCD Cure & Treatment: Is There Any Cure For OCD? (treatmyocd.com)](https://www.treatmyocd.com/blog/is-there-a-cure-for-ocd)

[OCD Treatment: Best OCD Medications and Therapies Available | NOCD (treatmyocd.com)](https://www.treatmyocd.com/education/treatment-of-ocd)

[Reassurance Seeking OCD | Is Seeking Reassurance Good Or Bad For OCD? (treatmyocd.com)](https://www.treatmyocd.com/blog/is-reassurance-seeking-good-or-bad-for-ocd)

<https://www.reddit.com/r/OCD/comments/1ac05ib/comment/kjr7bpl/?utm_source=share&utm_medium=web3x&utm_name=web3xcss&utm_term=1&utm_content=share_button>

https://www.treatmyocd.com/education/treatment-of-ocd

Serotonin

Reassurance, better understanding of cycle

Materials as the product?