

**26 Feb 2024**

**Objective:** Create a simplified roadmap for the research article instead of gathering primary sources blindly

**Tasks Completed:**

1. Created a simplified roadmap to assist in the search for primary sources and allow for a more targeted search. The file is uploaded in the Research Material tab and is called: "Insulin & Dopamine Review Concepts Simplified". This file includes a simplified structure for the research article which will allow for a more targeted search of primary research articles.
2. Key points from the Zoom meeting with Dr. Mansur:
  - Dr. Mansur agreed to provide the locked research articles (paywall) through the university
  - We prefer Human research to Animal research, but this will depend on the availability of primary sources.
  - We are considering publishing the completed review research article in the Psychiatric Journal, so we should be considering their requirementsThe initial research article draft should be ready by September. It should be submitted to the journal at that time.
  - Established that there is no need for constant lengthy Zoom meetings unless the situation requires so; instead, any questions can be asked through email at any time for faster responses

**Next Steps:**

1. Start building the initial framework for the review paper: Consider starting the sections with questions that guide my search for primary sources

**Conclusion:**

The roadmap for the research article on the interaction between insulin and dopamine signalling is taking shape, with a clear plan established for accessing research materials, defining preferences, and setting timelines. By structuring the review paper and guiding the search for primary sources, we aim to efficiently gather relevant information and advance towards drafting the initial manuscript. With effective communication channels in place, we anticipate smooth progress toward meeting the submission deadline and achieving our research objectives.