

Dear Dr. Shaw,

Re: Referral for Patient with Swallowing Difficulties

I am writing to refer Mrs. Emily Johnson, a 68-year-old female patient under my care, for further evaluation and management of her swallowing difficulties.

Mrs. Johnson reports a progressive difficulty in swallowing both solid and liquid foods over the past six months. She describes the sensation of food sticking in her throat, which occasionally results in choking episodes. She has also experienced unintended weight loss of approximately 8 kg during this period. She denies any associated pain, regurgitation, or heartburn.

Past Medical History:

- Gastroesophageal reflux disease (GERD), managed with omeprazole 20 mg once daily
- Hypothyroidism, on levothyroxine 75 mcg once daily
- Cholecystectomy in 2010

Current Medications:

- Omeprazole 20 mg once daily
- Levothyroxine 75 mcg once daily

On examination, I noted mild dehydration and evidence of weight loss. An initial trial of proton pump inhibitors to manage potential GERD-related symptoms did not alleviate Mrs. Johnson's swallowing difficulties. Given the persistent nature of her dysphagia, I believe a specialist evaluation is warranted.

I kindly request your expertise in assessing Mrs. Johnson's condition, performing appropriate investigations, and formulating a management plan. I would greatly appreciate your prompt attention to this referral. Please keep me updated regarding your findings and recommendations. Thank you for your assistance in managing Mrs. Johnson's complex medical condition. I remain at your disposal for any further information or discussion.

Yours sincerely,

Dr Hyde