

HEADLINE



HEADLINE



12:00 PM  
TUES, 10/15/2019

10/15/2019	
TASK 1	1:00
TASK 2	2:30
TASK 3	5:00



Sub story



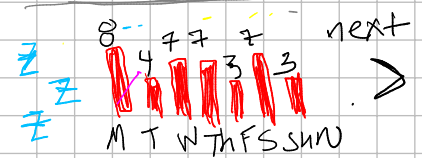
Sub story



Substory

STOCK	
NAS	↑ \$50
BAQ	↓ \$-20
QQN	↑ \$100
BQQ	↑ \$650

prev week



120lbs 1500 steps

30mins Exercise 8hrs standing

sleep time mirror time

