



Product **Formats**

	Tier 1 Self-help Tech & Tools	Tier 2 Skillshops (or series)	Tier 3 Small Groups	Tier 4 One-on-one Therapy
Define the problem	✓	✓		✓
What to expect from therapy	✓	✓		
Emotional intelligence		✓ →	✓	
Self-knowledge		✓	✓	
Stronger Relationships	✓	✓	✓	✓
Anger → Forgiveness	✓	✓	✓	✓
Family I grew up in		✓	✓	
Finding a mate		✓ →	✓	
Stronger as a person	✓	✓	✓	✓
Acquiring influence	✓	✓	✓	✓
Career direction/transition	✓	✓	✓	✓

 →  Means that participants must sign up for both Skillshop and Small Group meetings because the subject matter requires more than a Skillshop series can provide.

The more you grow, **the less you pay**

1. Our tech-enabled, self-help Tier 1 is **free for a while** and then affordable by everyone.
2. People who get the most out of our services pay less.
3. The more you grow, the less you spend – you get what you need and you're done.
4. "Work-study." Learn at reduced prices or free based on your contribution.
5. The more you give, the more you get. We give you \$ credit for helping others.

Do I/we need help?

Quicker option – \$350

Deeper option – \$750

Add-on option – plus \$150

Small groups

4-7 people – \$75/meeting

8-12 people – \$50/meeting

1-on-1 counseling

\$325/meeting

Single Skillshop

75 minute in-person workshop +

Two 30-min online follow-ups

\$175

Skillshop series

Six 1-hour meetings +

peer-to-peer online learning

\$500