

# Compressed Sensing for Characterization of Tinnitus

Alec Hoyland, Adam C. Lammert<sup>†</sup>

**Abstract**—*Goal: Make tinnitus characterization better. Methods: Use reverse correlation and compressed sensing. Results: Cool and fun results! Much data, very wow! Conclusions: Alec and Adam are cool and smart.*

**Index Terms**—compressed sensing, reverse correlation, tinnitus, barging into other people’s fields and showing them up with MATH!

**Impact Statement**—30 words on significance

## I. INTRODUCTION

**T**INNITUS—the perception of sound (*e.g.* ringing, buzzing) in the absence of an external stimulus—affects over 50 million people in the U.S., a third of which experience functional cognitive impairment and substantial reduction in quality of life [1], [2]. Primary treatment options for tinnitus are currently limited by a lack of methods for accurately characterizing the internal sounds experienced by patients. Tinnitus treatment typically involves *sound therapy*, a form of habituation therapy, which involves target exposure to external sounds to attenuate the perception of tinnitus or to encourage patients to perceive their tinnitus as a neutral stimulus [3]. Critically, treatment outcomes have been repeatedly shown to improve when the external sounds used in sound therapy are closely informed by the internal tinnitus experience of the patient [4]–[7], specifically, its component frequencies that constitute the *psychoacoustic tinnitus spectrum* (PTS). However, existing methods for characterizing the PTS rely on reductionist assumptions concerning the nature of tinnitus sounds (*e.g.* that they are pure tones or have small-width Gaussian spectra) and produce characterizations that are correspondingly bias and incomplete when compared to the spectral variety of tinnitus percepts—less than 50% of tinnitus patients report their tinnitus sounding like “ringing” [2]. There is a pressing need for methods to more completely characterize the PTS [1], [8], [9], to further improve treatment outcomes for patients suffering from tinnitus.

We utilize *reverse correlation* approach to characterize the PTS more completely, without the strong biases introduced by existing methods. Reverse correlation is a widely-accepted method for unconstrained and unbiased estimation of latent

neural representations (*e.g.* neural receptive fields) based on the white-noise method for black-box system identification [10], [11]. This method has been used to characterize the psychophysical processes of perception in vision (*e.g.* faces) and audition (*e.g.* phonemes) [12]–[14] all on the basis of stimulus-response data [15], [16]. In reverse correlation, subjects are presented with richly-varying random stimuli (*e.g.* white noise) and make simple “yes/no” responses about whether they perceive a particular signal (*e.g.* their tinnitus percept). Internal representations, such as the PTS, can be estimated by regressing subject responses against the stimuli over many trials. Despite widespread use in characterizing neural and cognitive representations, reverse correlation has never been used for tinnitus characterization. One limitation of reverse correlation is the sheer number of trials required to recover a good signal reconstruction. Classically, reverse correlation has required a large number of stimulus-response trials to yield accurate results (*e.g.* 20,000 trials in [13]), a property that makes reverse correlation time-consuming in a clinical setting.

We overcome this limitation of reverse correlation using *compressed sensing* (CS) to reconstruct the PTS with high fidelity using far fewer trials. Compressive sensing can reduce the number of trials required an order of magnitude compared to conventional estimation, thereby allowing for efficient and accurate characterization of tinnitus within a single clinical visit. Compressive sensing has gained broad recognition in medical imaging [CITE], due to its ability to reduce scan times without sacrificing image quality or introducing bias, and its promise for similarly improving reverse correlation has been recently demonstrated by our group *in-silico* [CITE].

Our long-term goal is to improve outcomes for patients suffering from tinnitus by providing a validated clinical assay, based on the demonstrated capabilities of the reverse correlation approach, that clinicians can use to accurately and efficiently characterize the individualized perceptual experience of tinnitus. Our guiding hypothesis is that reverse correlation will produce PTS estimates that patients will consistently report as being similar to their own tinnitus experience. The rationale for this work is that accurate and efficient characterization of the PTS can inform individualized tinnitus treatment with enhanced habituation therapies.

## II. MATERIALS AND METHODS

### A. Stimulus Generation

To generate stimuli, we partition the frequency space  $f \in [100, 13,000]$  Hz into 100 mel-spaced frequency bins so that each bin is perceptually different to a listener [17]. For each stimulus, we randomly select 30 bins with equal probability to

This work was supported in part by the University of Massachusetts Center for Clinical and Translation Science Pilot Project Program 2022, grant no. GRANT NUMBER.

Mr. Hoyland is a graduate student in the Department of Biomedical Engineering at Worcester Polytechnic Institute (WPI). Dr. Lammert is an Assistant Professor in the Department of Biomedical Engineering at WPI.

<sup>†</sup> Corresponding Author

Code is freely available at <https://github.com/alec-hoyland/tinnitus-project/>. Data are available upon request.

be “filled” with power 0 dB. Unfilled bins are set to  $-20$  dB. The inverse Fourier transform of the spectrum yields a 500-ms stimulus waveform.

Before arriving at this method, we ran an *in-silico* hyperparameter sweep over nine stimulus generation methods and hundreds of hyperparameter values (*cf.* Supplementary Information).

### B. Theory

A subject performing  $n$  trials with  $b$  frequency bins produces a stimulus matrix  $\Psi \in \mathbb{R}^{n \times b}$  and a response column vector  $y \in \{1, -1\}^n$ , where 1 corresponds to a “yes” response and  $-1$  to a “no.” We assume that the PTS,  $x \in \mathbb{R}^b$ , is sparse in some basis  $\Phi \in \mathbb{R}^{b \times b}$  (*cf.* Supplementary Information).

1) *Linear Regression*: The linear regression solution is given by the normalized inner product of the stimulus matrix and the responses (Eq. 1). Intuitively, this implies that the reconstruction,  $\hat{x}$ , is a linear combination of the randomly-generated stimuli that lies closer in similarity to the “yes” stimuli than the “no” ones [13].

$$\hat{x} = \frac{1}{n} \Phi y \quad (1)$$

2) *Compressed Sensing*: The one-bit compressed sensing reconstruction problem is:

$$y = \text{sgn}(\Psi \Phi x) \quad (2)$$

which is an underdetermined system with infinite solutions. Compressed sensing says that when  $\Theta = \Psi \Phi$  is sufficiently well-behaved (*e.g.* satisfies the restricted isometry property, which Gaussian and Bernoulli random matrices do with high probability, *cf.* [18]) that the sparsest solution  $\hat{x}$  can be found by optimizing the  $l_1$  norm of  $\hat{x}$ . We solve the optimization problem originally described by [19]:

$$\hat{x} = \min_{\|x\|_2 \leq 1} -\frac{1}{n} (\Theta x)^T y + \lambda \|x\|_1 \quad (3)$$

with tunable scalar parameter  $\lambda$ .

### C. Experiment

We recruited  $N = 2$  subjects for the experiment with healthy hearing from  $[100, 13,000]$  Hz. Subjects used Sennheiser PXC 550 over-the-ear headphones and manually adjusted loudness using sample stimuli before performing the task (Sennheiser GmbH & Co. KG, Wedemark, Germany).

The subjects performed an AX paradigm binary choice task in 20 blocks of 100 with breaks between blocks, for a total of 2,000 trials per experimental condition. For each trial in the experiment, the subject listened to an auditory target signal followed by one of the randomly generated stimuli. The subject was instructed to press the J key if the stimulus sounded similar to the target signal and the F key if the stimulus did not (Fig. 1).

The target signals were drawn from online examples from the American Tinnitus Association, representing the range of tinnitus experiences (American Tinnitus Association, Vienna,

## Template Figure

Fig. 1. Diagram of the experimental paradigm. The subject listens to a priming target signal, then a stimulus. They compare the mental model of the stimulus to the mental model of the target signal, before making a binary choice about the two signals’ similarity.

Virginia). We selected two example tinnitus waveforms from their website: “buzzing” and “roaring”. In this way, the AX experiment mimicked comparing a randomly-generated stimulus to an internal perception of tinnitus, however the known target signals unify across subjects and provide a gold-standard to benchmark against.

### III. RESULTS

Subjects performed an AX-paradigm reverse correlation experiment using ATA tinnitus examples as the target sounds. We reconstructed the PTS using the responses and stimuli from the experiments using both the  $L_2$  linear regression and compressed sensing reconstruction algorithms. Figure 2 shows the tonotopic bin representation of the reconstructions compared to the ground-truth target representation.

#### RECONSTRUCTION ACCURACY

Tinnitus Type	Subject #	$r^2$ LR	$r^2$ CS
Buzzing	1	0.062	<b>0.138</b>
Roaring	1	0.208	<b>0.331</b>
Roaring	2	0.625	<b>0.839</b>

TABLE I. Compressed sensing produces higher quality reconstructions than  $L_2$  linear regression. The table shows Pearson’s  $r^2$  values for linear regression-based (LR, *cf.* Eq. 1) and compressed sensing-based (CS, *cf.* Eq. 3) reconstruction algorithms. CS improves performance in all cases and in the case of subject 2 in the “roaring” condition, produces extremely high-fidelity reconstructions.

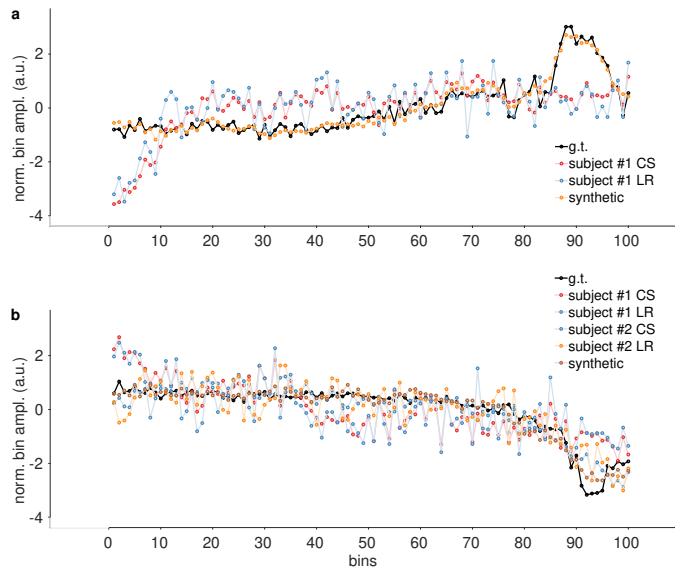


Fig. 2. Compressed sensing improves tinnitus signal reconstruction in human experiments. (a) depicts the ground truth (g.t.) bin representation for the “buzzing” example tinnitus spectrum, the reconstructions given the responses to stimuli in the AX experiment using linear regression (LR) and compressed sensing (CS) reconstruction algorithms, and the results of a synthetic subject (cf. Supplementary Information), also using the CS algorithm. (b) shows similar data for the “roaring” example tinnitus spectrum. For both conditions, CS results in a less noisy reconstruction that captures the salient spectral information of the target tinnitus signals.

#### IV. CONCLUSION

#### REFERENCES

- [1] J. A. Henry, K. M. Reavis, S. E. Griest, E. J. Thielman, S. M. Theodoroff, L. D. Grush, and K. F. Carlson, “Tinnitus: An Epidemiologic Perspective,” *Otolaryngologic Clinics of North America*, vol. 53, no. 4, pp. 481–499, Aug. 2020.
- [2] D. Vajsakovic, M. Maslin, and G. D. Searchfield, “Principles and Methods for Psychoacoustic Evaluation of Tinnitus,” *Current Topics in Behavioral Neurosciences*, Feb. 2021.
- [3] P. J. Jastreboff, “25 years of tinnitus retraining therapy,” *HNO*, vol. 63, no. 4, pp. 307–311, Apr. 2015.
- [4] A. Stein, A. Engell, M. Junghoefer, R. Wunderlich, P. Lau, A. Wollbrink, C. Rudack, and C. Pantev, “Inhibition-induced plasticity in tinnitus patients after repetitive exposure to tailor-made notched music,” *Clinical Neurophysiology*, vol. 126, no. 5, pp. 1007–1015, May 2015.
- [5] P. A. Tass, I. Adamchic, H.-J. Freund, T. von Stackelberg, and C. Hauptmann, “Counteracting tinnitus by acoustic coordinated reset neuromodulation,” *Restorative Neurology and Neuroscience*, vol. 30, no. 2, pp. 137–159, Jan. 2012.
- [6] H. Okamoto, H. Stracke, W. Stoll, and C. Pantev, “Listening to tailor-made notched music reduces tinnitus loudness and tinnitus-related auditory cortex activity,” *Proceedings of the National Academy of Sciences*, vol. 107, no. 3, pp. 1207–1210, Jan. 2010.
- [7] P. B. Davis, B. Paki, and P. J. Hanley, “Neuromonics Tinnitus Treatment: Third Clinical Trial,” *Ear and Hearing*, vol. 28, no. 2, pp. 242–259, Apr. 2007.
- [8] J. A. Henry, ““Measurement” of Tinnitus,” *Otology & Neurotology*, vol. 37, no. 8, p. e276, Sep. 2016.
- [9] A. Noreña, C. Micheyl, S. Chéry-Croze, and L. Collet, “Psychoacoustic Characterization of the Tinnitus Spectrum: Implications for the Underlying Mechanisms of Tinnitus,” *Audiology & neuro-otology*, vol. 7, pp. 358–69, Nov. 2002.
- [10] D. Ringach and R. Shapley, “Reverse correlation in neurophysiology,” *Cognitive Science*, vol. 28, no. 2, pp. 147–166, 2004.
- [11] G. M. Ljung and G. E. P. Box, “On a measure of lack of fit in time series models,” *Biometrika*, vol. 65, no. 2, pp. 297–303, Aug. 1978.

- [12] A. Ahumada and J. Lovell, “Stimulus Features in Signal Detection,” *The Journal of the Acoustical Society of America*, vol. 49, no. 6B, pp. 1751–1756, Jun. 1971.
- [13] F. Gosselin and P. G. Schyns, “Superstitious Perceptions Reveal Properties of Internal Representations,” *Psychological Science*, vol. 14, no. 5, pp. 505–509, Sep. 2003.
- [14] W. O. Brimijoin, M. A. Akeroyd, E. Tilbury, and B. Porr, “The internal representation of vowel spectra investigated using behavioral response-triggered averaging,” *The Journal of the Acoustical Society of America*, vol. 133, no. 2, Feb. 2013.
- [15] P. Z. Marmarelis and V. Z. Marmarelis, “The White-Noise Method in System Identification,” in *Analysis of Physiological Systems: The White-Noise Approach*, ser. Computers in Biology and Medicine, P. Z. Marmarelis and V. Z. Marmarelis, Eds. Boston, MA: Springer US, 1978, pp. 131–180.
- [16] P. Neri and D. M. Levi, “Receptive versus perceptive fields from the reverse-correlation viewpoint,” *Vision Research*, vol. 46, no. 16, pp. 2465–2474, Aug. 2006.
- [17] R. Polfreman, “Sound Spotting - a Frame-Based Approach,” Jan. 2001.
- [18] E. J. Candes and M. B. Wakin, “An Introduction To Compressive Sampling,” *IEEE Signal Processing Magazine*, vol. 25, no. 2, pp. 21–30, Mar. 2008.
- [19] L. Zhang, J. Yi, and R. Jin, “Efficient algorithms for robust one-bit compressive sensing,” in *International Conference on Machine Learning*. PMLR, 2014, pp. 820–828.