

Clinical Cosmetology

Subject : Skin Aesthetics

Week - 1

Day 1 : Biology

Skin Anatomy | Skin Types | Skin Analysis

Day 2 : Chemical Peels

AHA | BHA | TCA | Combination Peels (Yellow, Jessner)

Day 3 : High Frequency (HF)

Direct | Indirect or Viennese | Spot Acne Saturation

Day 4 : Microdermabrasion (MDA)

Non Crystal (Diamond) | Crystal (Aluminium Oxide)

Day 5 : Microneedling & Mesotherapy

PRP | Glutathione | Booster Serum | Plasma | Kojic Acid | Vitamin C

Day 6 : BB Glow & Radio Frequency (RF)

Skin Lifting | Skin Tightening | Multipolar



Clinical Cosmetology

Subject : Skin Aesthetics

Week - 2

Day 1 : MNRF

Crisscross Technique | Plain Technique | Mapping

Day 2 : Faradic Treatment

Muscle Anatomy | Motor Points | Facelift

Day 3 : Galvanic Treatment

Meso Conduction | Acne Drying

Day 4 : ACNE & Hyper Pigmentation Consultation | Ultrasound

Acne types | Treatment | Medicines | Medical Deep Ultrasound |
Superficial Ultrasound

Day 5 : Dermaplanning & Cautery

Stretching Techniques | Blades & Instruments | Direction |
Difference between Warts, Moles, Tags | RF & Pen Cautery

Day 6 : Oxygeneo Facial & Hydra Facial

Oxygeneo | Dome | Bohr's Principle



Clinical Cosmetology

Subject : LASER

Week - 3

Day 1 : Diode LASER for Hair Reduction

Hair Growth Type | Hormonal PCOS & PCOD | LASER Physics

Day 2 : Q Switch & PICO LASER

Carbon Facial, Black Doll Facial, White Doll Facial, Hollywood Facial |
Tattoo & Pigmentation Removal | Difference between Q Switch & PICO

Day 3 : Fractional CO₂

Ablavative & Non Ablavative LASERs | Scars & Stretch Marks Treatment

Day 4 : IPL

Skin Rejuvenation | Acne Treatment | Hair Reduction

Day 5 : HIFU

Mapping | Skin Tightening | Spot Fat Reduction | Face Lifting

Day 6 : Revision of LASERs



Clinical Cosmetology

Subject : TRICHOLOGY

Week - 4

Day 1 : Hair Anatomy & Diseases

Analysis | Trichoscope | Hair Loss | Medicines

Day 2 : HF | Ultrasound | RF

Micro Current | Galvanic Current

Day 3 : Dandruff & Hair Shaft Study

Day 4 : LASER Helmet | Lowlight Laser | Infrared

Hair massagers | Lice

Day 5 : Microneedling | MNRF | Meso Injections

GFC | PRP | Kenacort

Day 6 : Hair Restoration Surgery

(Theory ONLY)

Disclaimer :

Meso injections can be done by medical professionals only

