

## MEDICAL PRESCRIPTION

### **Patient Information:**

- Patient Name: Ravi Gupta
- Age/Gender: 40
- Date: 10<sup>th</sup> May 2025
- Consulting Doctor: Dr. MK Chaubey, Cardiologist

### **Chief Complaint:**

- History of cardiac arrest
- Symptoms include chest pain, shortness of breath, and palpitations

### **Diagnosis:**

- Acute Myocardial Infarction (Cardiac Arrest)

### **Medications Prescribed:**

1. Angispan TR 2.5 mg – One capsule daily, in the morning before food.  
(Prevents angina and reduces the heart's workload)
2. Lipvas 40 mg – One tablet daily, at bedtime.  
(Helps to lower cholesterol levels and prevent heart complications)
3. Dytor Plus 10 mg – One tablet in the morning.  
(Diuretic to manage fluid retention and reduce blood pressure)
4. Nicodil 10mg- twice a week

### **Additional Instructions:**

- Maintain a low-sodium, low-fat diet.
- Avoid strenuous activities for at least 6 weeks.
- Regularly monitor blood pressure and cholesterol levels.
- Schedule a follow-up visit after two weeks for review.
- In case of chest pain or discomfort, contact emergency services immediately.
- Can be after many days too. But this is to move forward towards a healthier recovery.