Community Engagement Collective

THE GREATER CINCINNATI
BLACK INDIGENOUS PEOPLE OF COLOR

MENTAL & BEHAVIORAL HEALTH

PROVIDER DIRECTORY 2024–2025

DISCLAIMER

All practitioners have self identified as BIPOC.
Please note that the data collection for the survey concluded June 26, 2024. As a result, any data provided is subject to change. For any updates, questions, or assistance contact individual providers directly.

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THANK YOU TO OUR SPONSOR

INTERACT FOR HEALTH

Interact for Health is improving the health of all people in our region. We serve as a catalyst by promoting health equity through grants, education, research, policy and engagement. To amplify the impact of our work, Interact for Health focuses on three strategic priorities: reducing tobacco use, addressing the opioid epidemic and ensuring that children have access to health care through school-based health centers. We are an independent foundation that serves 20 counties in Ohio, Kentucky and Indiana.

Mission:

To ensure people in our region have a just opportunity to live their healthiest lives.

Vision:

People in our region are healthy and thriving, regardless of who they are or where they live.

Values:

- **We tackle root causes.** We work to undo and prevent unfair systems, policies and all forms of racism and discrimination.
- **We amplify community power.** Acknowledging our privilege as a funder, we know that those closest to a problem are closest to the solutions.
- **We speak openly.** We don't shy away from hard conversations. We are brave in words and actions.
- **We partner with trust.** We come to the table with humility, honesty and transparency. We start by listening.
- **We are relentless problem solvers.** We work with curiosity, urgency and flexibility. We take risks, innovate and learn from mistakes.
- **We strive for impact.** We work to achieve positive, lasting change at scale. We are future-focused and seek to transform the status quo.

8230 Montgomery Rd Ste 300, Cincinnati, Ohio 45236
(513) 458-6600
info@interactforhealth.org

INTRODUCTION

DR. AMBER E. KELLY
PhD, MS, MHS
PRESIDENT AND CEO

EMMANUEL-SATHYA GRAY
MA
VICE PRESIDENT

STEPHANIE LAM
MA
SECRETARY

JOY ALBI

MEMBER

Community Engagement Collective (CEC) is a local nonprofit organization serving Cincinnati communities. CEC cultivates engagement opportunities for the community-oriented to collaborate. CEC values community voices at the center of programming and recognizes the need to address gaps through innovation.

In 2021, CEC launched the first Black, Indigenous, and People of Color (BIPOC) Mental and Behavioral Health Provider Directory in Cincinnati. The 2021 and 2023 directories increased access and awareness of local mental health providers who self-identify as BIPOC. Community members accessed the free resource over 500 times across over 40 different neighborhoods.

We are excited to build on this momentum by launching a 3rd iteration of this directory. CEC engaged a coalition of BIPOC mental health providers and impacted community members. The coalition met between March-May 2024 to make recommendations for directory data collection and presentation to improve reach and relevance to users.

Following the coalition recommendations, 2024 providers completed an updated survey, sharing details about practice, accessibility, and expertise, which would then be used for their directory profiles. Each provider self-identifies as BIPOC and offers services within the scope of behavioral health. A new component of this year's directory includes individuals identifying as one or more of the following: 1. Health care/medication management, 2. Life coach, 3. Medical assisted treatment (MAT), 4. Peer support/addiction recovery specialist, and 5. Therapist/counselor.

Without another existing coalition of BIPOC mental health providers in Greater Cincinnati, CEC is continuing its work to foster a community-centered coalition to address the mental health needs of BIPOC community members. Future funding support will help develop a sustainable strategy for future resources that address the mental health needs of BIPOC community members guided by community voices. This 3rd directory is the first project to come out of coalition efforts. Please join us in continuing this effort to improve the access and visibility of BIPOC mental health in Cincinnati.

We welcome your feedback and future collaboration,

Community Engagement Collective
Board of Directors

PAMELA BOWERS

LPC, LCDC-III **She/Her**

Therapist/Counselor

Language: English Only

Pamela (Pam) has worked to provide guidance to children and empowering families for over 30 years. She is currently employed with Central Clinic Behavioral Health, where she is the Director of School-Based Behavioral Health Services, where she also provides outpatient treatment to children, adolescents and families. Pam is the clinical supervisor for A Better You Counseling Services. She is passionate about educating others on the effects of trauma on children and their developing brains, as well as and providing psycho-education to parents, teachers and communities on the importance of mental wellness and self-care. Pamela earned a Bachelor of Arts degree in Psychology from Fisk University. She received her Master of Science Degree in Mental Health Counseling for Tennessee State University.

CONTACT INFO

Central Clinic Behavioral Heath Services

bowerpam@centralclinic.org

513-558-6635

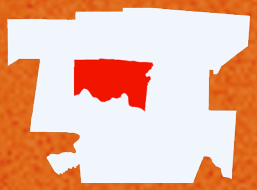
www.centralclinic.org

2825 Burnet Avenue
Cincinnati, OH 45211

WHO I SERVE

Children Preteens Teens

SERVICE AREA



OHIO
Hamilton County

COMMUNITY ENGAGEMENT

- Coaching
- Presentation
- Conversation

PRACTICE INFO

☑ In-Person

ORIENTATION

Behavioral Cognitive-Behavioral Person-Centered

MODALITIES

- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Family Therapy
- Person-Centered
- Solution Focused Brief (SFBT)
- Strength-Based
- Trauma Focused

SPECIALTIES

Anger Management
Child
Relationship Issues
Anxiety
Depression

PAYMENT OPTIONS

☑ **Health Insurance**
Aetna
Aetna|Elevance
BlueCross BlueShield Buckeye
CareSource
Cigna and Evernorth Humana
Medical Mutual
Optum
Oscar Health
UMR
UnitedHealthcare UHC | UBH

☑ **Medicaid**
visit company website

☑ **Self Pay**

☑ **Sliding scale**
Based on Income

JERALYN BOYD

LISW-S, MA **She/Her**

Therapist/Counselor

Language: English Only

Therapy is a place for new beginnings. Beginning to learn about ourselves. Beginning to increase self-love and appreciation. Beginning to heal. At JR GATT, we operate a nonjudgmental space where you are free to be open and honest. We aim to meet our client's where they are, with understanding and a strong therapeutic relationship as the foundation. Our practice works with clients to empower them to address their issues and overcome personal obstacles. Together we will work on those areas where you feel you struggle most, exploring new ideas and skills to make positive changes in your life.
The only constant in the universe is change, and change is never easy. We're happy to help.

CONTACT INFO

JR GATT, LLC
Health & Wellness

jrgattllc@gmail.com

513-499-1765

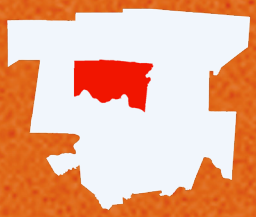
www.jrgattllc.health

430 Reading Road Suite 300
Cincinnati, OH 45202

WHO I SERVE

Teens Adults Elders (65+)

SERVICE AREA



OHIO
Hamilton County

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Conversation
- Mentoring
- Presentation
- Webinar
- Workshop

TOPICS: PTSD, Depression, Anxiety, Trauma, Substance Abuse, Relationship Issues, Post-Partum Anxiety/Depression

PRACTICE INFO

☑ In-Person ☑ Telehealth

☑ LGBTQIA+ Supporting Care

ORIENTATION

Behavioral

MODALITIES

- Cognitive Behavioral Therapy (CBT)
- Culturally sensitive
- Mindfulness-Based (MBCT)
- Motivational Interviewing

SPECIALTIES

Addiction
ADHD
Anxiety
Bipolar Disorder
Borderline Personality (BPD)
Depression
Grief
Obsessive-Compulsive (OCD)
Relationship Issues
Self Esteem
Sexual Abuse
Trauma/PTSD
Psychosis
Mood Disorders

PAYMENT OPTIONS

☑ **Health Insurance**

Ambetter
Aetna
Aetna|Elevance
AmeriHealth Caritas
Athem
BlueCross BlueShield
Buckeye
CareSource
Cigna and Evernorth
Humana
Medical Mutual
Optum
UMR
UnitedHealthcare UHC | UBH
Molina
Paramount
Anthem

☑ **Medicaid**

☑ **Medicare**

☑ **Self Pay**

☑ **Sliding scale**
Based on Income

BRANDON C. BROWN

Therapist/Counselor

MSW, LSW **He/Him**

Language: English Only

Brandon C. Brown is a native Cincinnatian, born and raised in the community of Lincoln Heights. Brandon, a licensed social worker in the State of Ohio, is also a proud alumnus of the Northern Kentucky University where he completed both his undergrad and graduate programs in the field of Social Work. Brandon currently serves as a therapist providing support to youth and adult clients navigating their individual mental health journeys. Brandon has a personal passion for working with men of color and looks forward to continuing this work.

CONTACT INFO

Inclusive Counseling

brandon@inclusivecounseling.net

513-201-7093

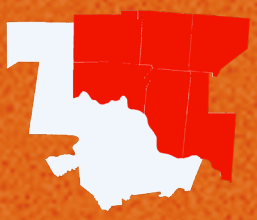
www.inclusivecounseling.net

10999 Reed Hartman Hwy.
Blue Ash, OH 45242

WHO I SERVE

Teen Adults Elders (65+)

SERVICE AREA



OHIO

Brown County
Butler County
Clermont County
Hamilton County
Warren County

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Conversation
- Presentation
- Workshop

TOPICS: Mentoring Youth, Grief Recovery, Racial/Social Justice

PRACTICE INFO

☑ Telehealth

☑ Performs Testing/Evaluations

ORIENTATION

Behavioral Cognitive-Behavioral Person-Centered

MODALITIES

- Christian Counseling
- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Culturally sensitive
- Dialectical Behavior Therapy (DBT)
- Person-Centered

SPECIALTIES

ADHD
Anger Management
Anxiety
Bipolar Disorder
Depression
Grief
Relationship Issues
Self Esteem

PAYMENT OPTIONS

☑ **Insurance**
Aetna
BlueCross BlueShield
Buckeye
CareSource

☑ **Self Pay**

☑ **Medicaid**
Humana,
Caresource,
UHC Community Plan

KATHY BURLEW

PhD **She/Her**

Therapist/Counselor

Language: English Only

I am not in private practice but available for consultation on addiction, cultural adaptation, program evaluation, or research methods

PRACTICE INFO

☑ In-Person

☑ Performs Testing/Evaluations

ORIENTATION

Assessment

MODALITIES

- Culturally sensitive
- Multicultural

SPECIALTIES

Addiction

PAYMENT OPTIONS

☑ Self Pay

CONTACT INFO

Kathy.burlew@uc.edu

513-708-9009

NA

Cincinnati, OH 45213

WHO I SERVE

Adults

SERVICE AREA

OHIO

Hamilton County

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Presentation
- Webinar
- Workshop

TOPICS: Black mental health, addiction, cultural adaptation

COURTNEY CARROLL

LPCC **She/Her**

Therapist/Counselor

Life Coach

Language: English Only

Courtney Carroll brings over 12 years of experience in the psychology field, with a dedicated focus on counseling for the past 5 years. Armed with a BA in Public Health from Tennessee State University and a Master of Arts in Counseling from CCU, Courtney is a Licensed Professional Clinical Counselor and the founder of 2 Encourage Counseling and Self Development. Passionate about empowering the African American community, Courtney created The Sis Code to nurture young women aged 13-18 through sisterhood and personal growth experiences. Co-founding Minority Therapists of Cincinnati underscores her commitment to uniting and supporting mental health professionals of color. Beyond counseling, Courtney enjoys exploring new cultures through travel, savoring fine coffee, and creating floral arrangements. Her vision includes integrating Somatic Healing to enhance.

CONTACT INFO

Called 2Encourage Counseling and Self Development

called2encouragecincy@gmail.com

513-452-8832

www.called2encourage.org

Cincinnati, OH 45211

WHO I SERVE

Adults

SERVICE AREA

OHIO
Hamilton County

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Conversation
- Mentoring
- Presentation
- Webinar
- Workshop

TOPICS: Anxiety, Self Esteem, Teen Empowerment, Groups of women

PRACTICE INFO

☑ In-Person ☑ Telehealth

☑ Performs Testing/Evaluations

ORIENTATION

Cognitive-Behavioral

Person-Centered

MODALITIES

- Attachment-Based Therapy
- Cognitive Behavioral Therapy (CBT)
- Somatic

SPECIALTIES

Anxiety

Depression

Self Esteem

PAYMENT OPTIONS

☑ **Health Insurance**
CareSource
Molina
Buckeye Health
United Health Care
UMR

☑ **Medicaid**
CareSource
Molina
Buckeye Health
United Health Care
UMR

☑ **Self Pay**

TOMICA CHITTERSON

Therapist/Counselor

Language: English Only

LPCC-S **She/Her**

Tomica Chitterson is the owner of A Healing Journey Counseling Service, LLC, a holistic private practice dedicated to providing evidence-based counseling and consultation services to individuals, families, and professionals. With a Masters in Counseling from Xavier University and over 20 years of experience, her clinical experience includes working with survivors of interpersonal violence, trauma, issues impacting women and adolescents, spirituality, college students, and career/life transitions. As a therapist, Tomica believes in treating the whole person-mind, body, and spirit. She is dedicated to helping clients dig deep in order to get to the root of the problem. Additionally, she stresses the importance of prioritizing self-care and finding balance. Ultimately, what drives Tomica is her desire to see people healed, whole, and walking in purpose on purpose.

CONTACT INFO

A Healing Journey Counseling Service, LLC

ahealingjourneycs@gmail.com

513-202-6202

www.ahealingjourneyllc.com

7781 Cooper Rd, Suite 5
Cincinnati, OH 45242

WHO I SERVE

Teen Transitional Aged (18-24)

Adults Elders (65+)

SERVICE AREA

OHIO

Butler County
Clermont County
Hamilton County
Warren County

COMMUNITY ENGAGEMENT

- Conversation
- Presentation

PRACTICE INFO

☑ In-Person ☑ Telehealth

ORIENTATION

Cognitive-Behavioral

Person-Centered

MODALITIES

- Christian Counseling
- Clinical Supervision and Licensed Supervisors
- Cognitive Behavioral Therapy (CBT)
- Cognitive Processing Therapy (CPT)
- Couples Therapy
- Culturally sensitive
- Expressive Arts
- Interpersonal
- Person-Centered
- Relational
- Strength-Based
- Trauma Focused

SPECIALTIES

Anxiety
Depression
Relationship Issues
Sexual Abuse
Trauma
Women's Issues
College Mental Health
Career/Life Transitions
Race Based Stress
Transitional Aged
Youth & Young Adults
Critical Incident Stress Debriefing

PAYMENT OPTIONS

☑ **Health Insurance**

BlueCross BlueShield
CareSource
Cigna and Evernorth
Medical Mutual
Optum
Oscar Health
UMR
UnitedHealthcare UHC | UBH
Anthem
Custom Design Benefits

☑ **Medicaid**

☑ **Self Pay**

SUSANNAH COASTON

LPCC-S **She/Her**

Therapist/Counselor

Language: English Only

I seek to offer a comfortable space to explore your concerns and feel safe, heard, and accepted. While working at your pace, I use a holistic approach to support your overall sense of well-being. My hope is that I can help you tune in to your needs, and help you feel like yourself again. I am an independently licensed professional counselor and supervisor with more than 15 years' experience working with a wide-range of clinical concerns. Working out of Rise & Shine Counseling and Wellness, LLC, I offer both in-person and telemental health services. As a supervisor in the state of Ohio, I offer supervision services to new counselors.

CONTACT INFO

Rise & Shine Counseling and Wellness

Susannah.riseandshine@gmail.com

513-613-4824

www.riseandshinecounseling...

5725 Dragon Way Suite 100
Cincinnati, OH 45227

WHO I SERVE

Adults Elders (65+)

SERVICE AREA

OHIO
Hamilton County

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Conversation
- Mentoring
- Presentation
- Webinar
- Workshop

TOPICS: Self-care, self-compassion, burnout prevention

PRACTICE INFO

- [x] In-Person
- [x] Telehealth
- [x] Gender Affirming Care
- [x] LGBTQIA+ Supporting Care

ORIENTATION

Cognitive-Behavioral
Person-Centered

MODALITIES

- Clinical Supervision and Licensed Supervisors
- Client-Centered Therapy
- Reality Therapy
- Integrative

SPECIALTIES

Anxiety
Bipolar Disorder
Depression
Relationship Issues
Wellness Counseling

PAYMENT OPTIONS

- [x] Self Pay

SHERI COLVIN-JACKSON

Health Care/Meds Mgmt

APRN **She/Her**

Language: English Only

She is a family nurse practitioner located in Roselawn. Her practice is accessible on the bus line.

PRACTICE INFO

☑ In-Person ☑ Telehealth

☑ Performs Testing/Evaluations

ORIENTATION

Cognitive-Behavioral Person-Centered

MODALITIES

- Attachment-Based Therapy
- Cognitive Behavioral Therapy (CBT)
- Somatic

SPECIALTIES

Anxiety Depression Self Esteem

PAYMENT OPTIONS

☑ **Health Insurance**
Aetna
BlueCross BlueShield
CareSource
Humana
UnitedHealthcare UHC | UBH

☑ **Medicaid**
Ohio

Medicare
Traditional
Advantage plans

☑ **Self Pay**

CONTACT INFO

Priority Care NOW LLC

priritycare1@yahoo.com

513-653-0281

www.prioritycare.life

7601 Reading Rd Suite B
Cincinnati, OH 45237

WHO I SERVE

Toddler Children (6-10) Preteen
Teen Adults Elders (65+)

SERVICE AREA

OHIO
Hamilton County

MARIAH COUSER

LPCC-S MA **She/Her**

Therapist/Counselor

Language: English Only

New Concepts II, LLC is a psychiatric and addiction clinic located in Ohio and Kentucky-we've been managing our patients' health since 2010. We offer proactive, quality healthcare in a safe, private, and comfortable environment. We specialize in children, adolescents, adults, LGBTQ individuals, those who are developmentally delayed, and veterans with mental health and addiction diagnoses. We offer medication management and psychotherapy services.

CONTACT INFO

Cincinnati Therapy Center

mariah@cincytherapycenter.net

513-400-4454

https://cincytherapycenter.net/

4000 Executive Park Drive Ste 100

WHO I SERVE

Toddler Children (6-10) Preteen

Teen Adults

SERVICE AREA

OHIO

Butler County

Hamilton County

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Conversation
- Mentoring
- Presentation
- Webinar
- Workshop

TOPICS: Children population

PRACTICE INFO

- [x] Telehealth
- [x] Gender Affirming Care
- [x] LGBTQIA+ Supporting Care

ORIENTATION

Behavioral
Cognitive-Behavioral
Family Systems
Person-Centered
Psychoanalytic

MODALITIES

- Acceptance and Commitment Therapy (ACT)
- Christian Counseling
- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Compassion-Focused Therapy (CFT)
- Family Systems
- Humanistic
- Internal Family Systems (IFS)
- Interpersonal
- Parent-Child Interaction (PCIT)
- Person-Centered
- Solution Focused Brief (SFBT)
- Strength-Based

SPECIALTIES

ADHD
Anxiety
Child
Depression
Grief
Self Esteem

PAYMENT OPTIONS

- [x] **Health Insurance**
  Aetna
  Aetna|Elevance
  BlueCross BlueShield
  Cigna and Evernorth
  Humana
  Optum
  UMR
  UnitedHealthcare UHC | UBH
- [x] **Self Pay**
- [x] **Sliding Scale**
  Based on Income

LADY CROCKETT

MSN, APRN, PMNHNP-BC She/Her

Health Care/Meds Mgmt

Language: English Only

I am a Psychiatric Mental Health Nurse Practitioner. I have been in mental health since 2012 with experience at an inpatient state psychiatric hospital, rehabilitation program, outpatient, partial hospitalization and correctional settings. In my private practice, I strive to have a positive and transformative impact on the lives of my clients. I enjoy seeing my clients grow in both their professional and personal lives once their mental health needs have been addressed.

CONTACT INFO

Massive Mental Health Services

lady.Crockett@massivemhs.com

513-790-4367

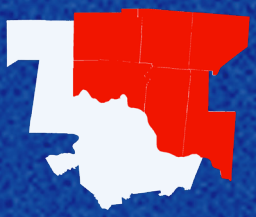
www.massivemhs.com

3239 Jefferson Ave
Cincinnati, OH 45239

WHO I SERVE

Children (6-10) Preteen
Teen Adults Elders (65+)

SERVICE AREA



OHIO
Brown County
Butler County
Clermont County
Hamilton County
Warren County

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Conversation
- Mentoring
- Presentation
- Webinar
- Workshop

TOPICS: Mental Health, Trauma

SOCIAL MEDIA

Massive Mental Health Services

@massivemhs

PRACTICE INFO

- [x] Telehealth
- [x] Gender Affirming Care
- [x] LGBTQIA+ Supporting Care
- [x] Performs Testing/Evaluations

ORIENTATION

Behavioral Cognitive-Behavioral Person-Centered

MODALITIES

- Cognitive Behavioral Therapy (CBT)
- Collaborative Therapy
- Mindfulness-Based (MBCT)
- Motivational Interviewing
- Person-Centered
- Psychological Testing and Evaluation
- Trauma Focused

SPECIALTIES

ADHD
Anxiety
Bipolar Disorder
Borderline Personality (BPD)
Child
Depression
Grief
Obsessive-Compulsive (OCD)
Self Esteem
Sexual Abuse

PAYMENT OPTIONS

- [x] **Health Insurance**
  - Anthem
  - All Savers
  - AvMed
  - Blue Cross Blue Shield
  - Buckeye
  - Cigna and Evernorth
  - Golden Rule
  - Optum
  - Oxford
  - Sunset (formerly Bind)
  - United Medical Resources
  - United Healthcare/Optum
  - UHC life insurance
  - Shared Service
  - Student Resource
  - UMR
- [x] **Medicaid**
  - Buckeye Health Plan
  - Blue cross Blue Shield
  - Cigna
  - United Healthcare
- [x] **Self Pay**

CANDICE CROWLEY

LPC **She/Her**

Therapist/Counselor

Language: English Only

Candicely is a therapy space created for those ready to hear hard truths about themselves, engage in uncomfortable conversations, and come to terms with difficult realities. Candicely helps individuals break out of the boxes that limit their ability to reach their full potential and live a fulfilled life. Candicely focuses on the present, understands the past, but rejects the notion that the past has to control or define the future.

CONTACT INFO

Candicely

ccrowley@candicely.com

513-469-6226 Ext. 11

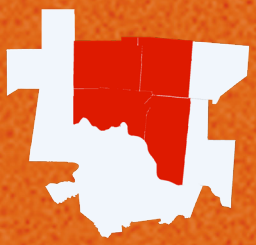
https://www.candicely.com

4055 Executive Park Dr., Ste 210
Cincinnati, OH 45241

WHO I SERVE

Adults Elders (65+)

SERVICE AREA



OHIO
Butler County
Clermont County
Hamilton County
Warren County

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Conversation
- Presentation
- Webinar
- Workshop

TOPICS: Mental Health Impact to: Body, Relationships, Self

PRACTICE INFO

☑ In-Person ☑ Telehealth

ORIENTATION

Cognitive-Behavioral

MODALITIES

- Christian Counseling
- Cognitive Behavioral Therapy (CBT)
- Couples Therapy
- Gottman Method
- Imago

SPECIALTIES

Relationship Issues
Life Transitions
Discernment Counseling
Self Esteem
Premarital Counseling

PAYMENT OPTIONS

☑ **Health Insurance**
Aetna

☑ **Self Pay**

MICAIAH DAWSON

He/Him

Life Coach

Language: English Only

I'm Micaiah Dawson Head Coach and owner of Purpose Driven Coaching. Here at PDC we empower individuals to discover and utilize their unique talents to achieve personal and professional fulfillment. Our Life Coaching services include personalized coaching sessions that focus on goal setting, overcoming obstacles, and enhancing self-awareness. With a wealth of experience, we help clients unlock their potential, build confidence, and create actionable plans for success. Our faith-based approach ensures that each session is rooted in authenticity and a commitment to excellence. Whether you're seeking clarity in your career, personal growth, or improved relationships, Purpose Driven Coaching provides the guidance and support you need to transform your life.

CONTACT INFO

Purpose Driven Coaching

pdcoachingllc@gmail.com

678-651-3785

https://www.linkedin.com/in/micaiahdawson/1403

West North Bend Rd Apt 1
Cincinnati, OH 45224

WHO I SERVE

Adults

SERVICE AREA

OHIO
Brown County
Butler County
Clermont County
Hamilton County
Warren County

INDIANA
Dearborn County
Ohio County
Union County

KENTUCKY
Boone County
Bracken Country
Campbell County
Gallatin County
Grant County
Kenton County
Pendleton County

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Conversation
- Mentoring
- Presentation
- Webinar
- Workshop

TOPICS: Serving others and How it serves you, How to start looking for your purpose, When Service meets Impact, The world is waiting for you.

PRACTICE INFO

☑ Telehealth

ORIENTATION

Behavioral

Cognitive-Behavioral

MODALITIES

- Goal Orientation and Setting with Behavioral Readjustment

SPECIALTIES

Lack of Purpose,

Lack of Fulfillment

Accountability

PAYMENT OPTIONS

☑ Self Pay

YVETTE DORSEY-BENSON

Therapist/Counselor

Language: English Only

APRN, PMHNP, MSN, MBA **She/Her**

Yvette Dorsey-Benson is a Board Certified Psychiatric Mental Health Nurse Practitioner who is passionate about helping individuals and families that struggle to manage stress, issues surrounding mental health and the day-to-day challenges that life can bring. "Understanding that we all experience dissatisfaction in life sometime or another is real. It's ok not to be ok".

"I believe that achieving mental wellness and recovery is possible and, that the approach must be holistic. I further believe that "every human-being is a multidimensional, unique treasure" and with the help of a committed, empathetic mental health professional, you can achieve the greatness that you were created for.

CONTACT INFO

Star Pathways

ydbenson@star-pathways.com

866-975-7469

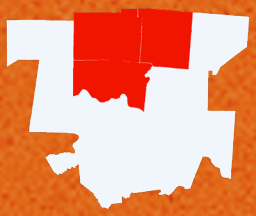
www.star-pathways.com

70 Birch Alley, Ste 240
Beavercreek, OH 45440-1477

WHO I SERVE

Preteens
Teens
Adults
Elders (65+)

SERVICE AREA



OHIO
Butler County
Hamilton County
Warren County

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Conversation
- Presentation
- Workshop

TOPICS: Anxiety and stress related disorders, depressive disorders, parenting assistance, family and relationship strategies for wellness

PRACTICE INFO

☑ In-Person ☑ Telehealth

☑ Performs Testing/Evaluations

ORIENTATION

Behavioral
Person-Centered
Cognitive-Behavioral
Other

MODALITIES

- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Culturally sensitive
- Interpersonal
- Mindfulness-Based (MBCT)
- Motivational Interviewing
- Person-Centered
- Solution Focused Brief (SFBT)
- Structural Family Therapy

SPECIALTIES

Addiction
Anger Management
Anxiety
Bipolar Disorder
Borderline Personality (BPD)
Child
Depression
Grief
Obsessive-Compulsive (OCD)
Relationship Issues
Self Esteem
Psychosis

PAYMENT OPTIONS

☑ **Health Insurance**

Aetna
Aetna|Elevance
BlueCross BlueShield
Buckeye
CareSource
Cigna and Evernorth Humana
Medical Mutual
Optum
UMR
UnitedHealthcare UHC | UBH

☑ **Self Pay**

☑ **Sliding scale**
Based on Income

☑ **Medicade**
visit company website

☑ **Medicare**
visit company website

RACHAEL DUBOSE

LPCC-S, M.S.Ed., CCTP She/Her

Therapist/Counselor

Language: English Only

Be the Light Clinical Supervision and Consulting is a Black Woman-owned community organization that provides mental health services including outpatient counseling, clinical and administrative supervision, community presentations, trainings, and workshops. Be the Light's mission is to fight the stigma of mental illness, especially in historically excluded communities, through advocacy, empowerment, and education.

CONTACT INFO

Be the Light Clinical Supervision and Consulting

bethelight.dubose@gmail.com

513-400-3231

www.be-thelight.info

10979 Reed Hartman Hwy Suite 234
Cincinnati, OH 45242

WHO I SERVE

Teen Adults Elders (65+)

SERVICE AREA

OHIO
Hamilton County

COMMUNITY ENGAGEMENT

- Conference
- Conversation
- Mentoring
- Presentation
- Webinar
- Workshop

TOPICS: Trauma-Informed Care, Self-Compassion, Self-Care, Women's Wellness, Grief/Loss, Trauma Healing

SOCIAL MEDIA

Be The Light LLC1

@bethelight.info

PRACTICE INFO

- ☑ Telehealth
- ☑ Gender Affirming Care
- ☑ LGBTQIA+ Supporting Care
- ☑ Performs Testing/Evaluations

ORIENTATION

Behavioral Cognitive-Behavioral Person-Centered

MODALITIES

- Clinical Supervision and Licensed Supervisors
- Cognitive Behavioral Therapy (CBT)
- Culturally sensitive
- Dialectical Behavior Therapy (DBT)
- Forensic Psychology
- Motivational Interviewing
- Multicultural
- Narrative Person-Centered
- Positive Psychology
- Solution Focused Brief (SFBT)
- Strength-Based
- Trauma Focused

SPECIALTIES

Anxiety
Depression
Grief
Self Esteem
Sexual Abuse

PAYMENT OPTIONS

☑ **Health Insurance**
Aetna
Aetna|Elevance
BlueCross BlueShield
Buckeye
CareSource
Cigna and Evernorth
OhioRise
Optum
Oscar Health
UMR
UnitedHealthcare UHC | UBH

☑ **Medicaid**
CareSource
Buckeye
Molina
United Healthcare Community Plan
Aetna
Ambetter
OhioRise

☑ **Self Pay**

☑ **Sliding scale**
Based on Income

ASHLEY DUKE

LISW-S **She/Her**

Therapist/Counselor

Language: English Only

Ashley Duke is a graduate of University of Cincinnati in 2015 with a Master of Social Work. She is credentialed by the Ohio Social Work Board as an Independently Licensed Clinical Social Worker. She is owner and lead Therapist of the group practice, Elite Supportive Living Services. The practice provides virtual talk therapy for individuals and couples starting at age 18 and up. She and has over 8 years of experience in talk therapy. She offers confidence coaching sessions for individuals desiring to build self-trust to accomplish personal and/or business goals.

CONTACT INFO

Elite Supportive Living Services

ashley@elitesupportivelivingservices.com

513-607-0384

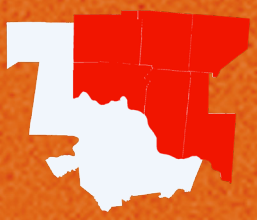
elitesupportivelivingservices.com

PO Box 24202
Cincinnati, OH 45224

WHO I SERVE

Adults

SERVICE AREA



OHIO

- Brown County
- Butler County
- Clermont County
- Hamilton County
- Warren County

COMMUNITY ENGAGEMENT

- Coaching
- Presentation

TOPICS: Development of Self-Confidence

SOCIAL MEDIA

@elitesupportivelivingsvc

PRACTICE INFO

☑ Telehealth

ORIENTATION

Behavioral | Cognitive-Behavioral | Person-Centered

MODALITIES

- Acceptance and Commitment Therapy (ACT)
- Attachment-Based Therapy
- Clinical Supervision and Licensed Supervisors
- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Couples Therapy
- Motivational Interviewing
- Person-Centered
- Psychodynamic
- Solution Focused Brief (SFBT)
- Strength-Based
- Trauma Focused

SPECIALTIES

Anger Management
Anxiety
Depression
Grief
Life Adjustment
Relationship Issues
Self Esteem
Trauma

PAYMENT OPTIONS

☑ **Health Insurance**
Ambetter
BlueCross BlueShield
Buckeye
CareSource
Molina
Optum
Paramount
UnitedHealthcare UHC | UBH

☑ **Self Pay**

ORIENTA EISON

Therapist/Counselor

Language: English Only

LPCC **She/Her**

Ms. Orienta Eison, founder of Emerging Spirit Counseling Services is dually licensed in OH and KY as a Licensed Professional Clinical Counselor. Ms. Eison has helped clients heal, change and grow for over 20 years through therapeutic counseling interventions. She specializes in individual and family counseling for children and women helping to promote safe and healthy lifestyle choices. At Emerging Spirit Counseling Services, we provide mental health therapy for women, youth and families as well as conducting trainings. We seek to foster an atmosphere of warmth and acceptance for those in need of help and strive to provide supportive therapeutic interventions to help guide our clients through difficult situations, strengthen family and individual functioning and help them move in new directions.

CONTACT INFO

Emerging Spirit Counseling Services, LLC

1emergingspirit@gmail.com

513-788-1766

emergingspiritcounseling.com

Emerging Spirit Counseling

@1emergingspirit

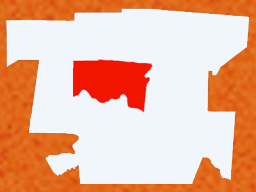
@EmergingSpirit

WHO I SERVE

Children (6-10) Preteens

Teens Adults Elders (65+)

SERVICE AREA



OHIO

Hamilton County

COMMUNITY ENGAGEMENT

- Conference
- Conversation
- Mentoring
- Presentation
- Webinar
- Workshop

TOPICS: Emotional Baggage

SOCIAL MEDIA

Emerging Spirit Counseling

@1emergingspirit

@EmergingSpirit

PRACTICE INFO

☑ Telehealth

☑ Performs Testing/Evaluations

ORIENTATION

Behavioral
Cognitive-Behavioral
Family Systems
Person-Centered

MODALITIES

- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Couples Therapy
- Culturally sensitive
- Family Systems
- Family Therapy
- Mindfulness-Based (MBCT)
- Motivational Interviewing
- Multicultural
- Parent- Child Interaction (PCIT)
- Person-Centered
- Relational
- Solution Focused Brief (SFBT)
- Strength-Based
- Trauma Focused

SPECIALTIES

ADHD
Anger Management
Anxiety
Bipolar Disorder
Child
Depression
Grief
Relationship Issues
Self Esteem
Sexual Abuse

PAYMENT OPTIONS

☑ **Health Insurance**
Aetna
BlueCross BlueShield
CareSource
Cigna and Evernorth
Medical Mutual
Optum
Oscar Health
UMR
UnitedHealthcare UHC | UBH
Unity
Velocity
FAIROS/Occunet

☑ **Self Pay**

☑ **Medicaid**
Anthem
Caresource

ADAM EVANS

PsyD **He/Him**

Therapist/Counselor

Language: English Only

I am a Black male psychologist who has worked in private practice for nearly a decade. My clientele has consisted of individuals presenting with the following issues: mood, anxiety, sexuality, grief and loss, the coming out process of Black men, stigma, and chronic medical issues (HIV/AIDS)...to name a few. I strive to create an atmosphere of acceptance and trust within my practice. It is my belief that these areas are critical building blocks to foster, create, and nurture our clinical relationship to help you reach your optimal

CONTACT INFO

Adam M. Evans, Psy.D.

adam.evans.psyd13@gmail.com

513-549-0724

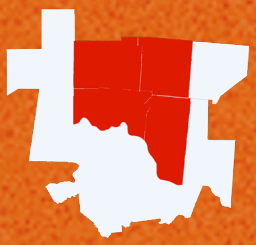
NA

1172 W Galbraith Rd. Suite#102
Cincinnati, OH 45231

WHO I SERVE

Adults Elders (65+)

SERVICE AREA



OHIO
Butler County
Clermont County
Hamilton County
Warren County

COMMUNITY ENGAGEMENT

- Conversation Presentation

TOPICS: grief, general mental health, HIV/Aids/other medical issues

PRACTICE INFO

- [x] In-Person
- [x] Telehealth
- [x] Performs Testing/Evaluations
- [x] LGBTQIA+ Supporting Care

ORIENTATION

Cognitive-Behavioral Psychoanalytic

MODALITIES

- Cognitive Behavioral Therapy (CBT)
- Family Therapy
- Humanistic
- Interpersonal
- Mindfulness-Based (MBCT)
- Person-Centered
- Psychodynamic
- Relational

SPECIALTIES

ADHD
Anger Management
Anxiety
Depression
Grief
Relationship Issues
Self Esteem

PAYMENT OPTIONS

- [x] **Health Insurance**
  Aetna
  BlueCross BlueShield
  CareSource
  Humana
  Optum
  UnitedHealthcare UHC | UBH
- [x] **Medicaid**
- [x] **Self Pay**
- [x] **Sliding scale**
  Based on Income

ANGELA FOX

Therapist/Counselor

Language: English Only

LPC **She/Her**

I am a Licensed Professional Counselor practicing in Cincinnati, Ohio. I focus on anxiety disorders, depression, grief and perinatal/postnatal mood and anxiety disorders. I currently work with teens and adults.

CONTACT INFO

Angelic Therapy Services LLC

Angelafox082@gmail.com

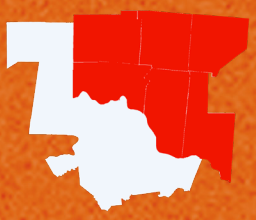
513-406-1405

311 elm street, #270
Cincinnati, OH 45202

WHO I SERVE

Teen Adults Elders (65+)

SERVICE AREA



OHIO

Brown County
Butler County
Clermont County
Hamilton County
Warren County

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Conversation
- Mentoring
- Presentation
- Workshop

TOPICS: Perinatal Mood and Anxiety Disorder, grief, depression and anxiety

PRACTICE INFO

☑ Telehealth

ORIENTATION

Cognitive-Behavioral Person-Centered Eclectic

MODALITIES

- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Collaborative Therapy
- Couples Therapy
- Eclectic Therapy
- Interpersonal
- Multicultural
- Person-Centered
- Solution Focused Brief (SFBT)

SPECIALTIES

Anxiety
Depression
Grief
Relationship Issues

PAYMENT OPTIONS

☑ Self Pay

☑ Sliding scale
Based on Income

ESPERANZA GALLON

LPCC-S **She/Her**

Therapist/Counselor

Life Coach

Language: English Only

Esperanza, Licensed Professional Clinical Counselor Supervisor (LPCC-S), is the CEO and founder of Hope is Here Counseling and Consulting Services in Blue Ash, Ohio. Esperanza is a counselor, speaker, presenter, trainer and facilitator. She earned her Master of Arts in Clinical Mental Health Counseling from Xavier University and her Bachelor of Science Degree in Education from Miami University, Ohio. She combines twelve years of experience in schools and community settings with eleven years of counseling experience to provide a robust perspective centered on growth, healing, and development. She has trained teachers and students in area schools including Cincinnati Public Schools and Northwest Local schools. Esperanza has also provided workshops and presentations at a host of non-profits and churches on a variety of mental health topics.

CONTACT INFO

Hope is Here Counseling & Consulting Services LLC

egallon@hopeishere.co

513-982-2442

www.hopeishere.co

8520 E Kemper Rd, Suite 200
Cincinnati, OH 45249

WHO I SERVE

Adults Elders (65+)

SERVICE AREA

OHIO

Brown County
Butler County
Clermont County
Hamilton County
Warren County

INDIANA

Dearborn Co, Ohio Co, Union County

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Conversation
- Mentoring
- Presentation
- Webinar
- Workshop
- Classes

TOPICS: Racial trauma, Mental Health, Financial Wellness

SOCIAL MEDIA

Hope is Here Counseling

@hopeisherellc

@hopeisherellc

PRACTICE INFO

☑ In-Person ☑ Telehealth

☑ Gender Affirming Care ☑ LGBTQIA+ Supporting Care

ORIENTATION

Cognitive-Behavioral Person-Centered

MODALITIES

- Clinical Supervision and Licensed Supervisors
- Christian Counseling
- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Culturally sensitive
- Family Therapy
- Multicultural
- Person-Centered
- Reality Therapy
- Solution Focused Brief (SFBT)
- Strength-Based
- Trauma Focused

SPECIALTIES

ADHD
Anxiety
Bipolar Disorder
Child
Depression
Grief
Obsessive-Compulsive
Relationship Issues
Self Esteem
Sexual Abuse

PAYMENT OPTIONS

☑ **Health Insurance**

Aetna
BlueCross BlueShield
Humana
Medical Mutual
Optum
Oscar Health
UMR
UnitedHealthcare
UHC | UBH
TriHealth EAP
Humana Military/ Tricare East
TriHealth PPO
Sana Benefits
Custom Design Benefits

☑ **Self Pay**

☑ **Sliding scale**
Based on Income

RITCHIE HALL II

PhD He/Him

Therapist/Counselor

Life Coach

Language: English Only

Ritchie Hall II, Ph.D. is a licensed psychologist and owner of Psychworks Clinic, a private practice with offices in Cincinnati, and Oxford, Ohio. Ritch previously worked for eight years as for the Miami University Student Counseling Service. A graduate of the University of Cincinnati, his clinical approach is Dialectical Behavioral Therapy and Motivational Interviewing through a Systems theory lens. Dr. Hall is the current president of the Cincinnati Association of Black Psychologists and has appeared several times on Cincinnati's Local Channel 12's "Good Morning Cincinnati" program for his "Ask Dr. Hall" segment. Dr. Hall also has a podcast about psychology called "Psychologize U," where he and guests work to educate, inform, and reduce the stigma around mental health topics.

CONTACT INFO

Psychworks Clinic

psychworksllc@gmail.com

513-549-0646

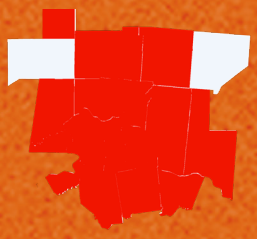
https://psychworksllc.com

4239 Hamilton Avenue 2A
Cincinnati, OH 45223

WHO I SERVE

Preteens
Teens
Adults
Elders (65+)

SERVICE AREA



OHIO
Brown County
Butler County
Clermont County
Hamilton County
Warren County

INDIANA
Dearborn County
Ohio County
Union County

KENTUCKY
Boone County
Bracken Country
Campbell County
Gallatin County
Grant County
Kenton County
Pendleton County

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Conversation
- Mentoring
- Presentation
- Webinar
- Workshop

TOPICS: Men's issues, Coping Strategies, Adult Development

SOCIAL MEDIA

Psych Works Clinic

@psychworksclinicllc

PRACTICE INFO

☑ In-Person ☑ Telehealth

☑ LGBTQIA+ Supporting Care

ORIENTATION

Cognitive-Behavioral
Family Systems

MODALITIES

- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- Motivational Interviewing
- Multicultural

SPECIALTIES

ADHD
Anxiety
Depression
Self Esteem

PAYMENT OPTIONS

☑ **Health Insurance**

Aetna
Aetna|Elevance
BlueCross BlueShield Buckeye
CareSource
Cigna and Evernorth Humana
Medical Mutual
Optum
Oscar Health
UMR
UnitedHealthcare UHC | UBH
All One Heath EAP
Quest EAP
Trihealth EAP
Custom Design Benefits

☑ **Self Pay**

☑ **Sliding scale**
Based on Income

DANA HARLEY

LISW-S, PhD, MSW **She/Her**

Therapist/Counselor

Language: English Only

Dr. Dana Harley is a national award-winning educator and Professor in the College of Allied Health Sciences, School of Social Work at the University of Cincinnati (UC). She received her MSW from the University of Cincinnati and her PhD from The Ohio State University. Dr. Harley has over twenty years of clinical practice experience as a child, adolescent and family psychotherapist. She is a Licensed Independent Social Worker- Supervisor. She specializes in trauma focused care. Dr. Harley is an expert in photovoice, a community-based participatory action research method. Dr. Harley's research primarily examines hope and well-being among children, adolescents and their families. She has led numerous community engagement projects with vulnerable populations.

CONTACT INFO

Dr. Dana Harley, LLC

hope@drdanaharley.com

513-202-6984

www.drdanaharley.com

2200 Victory Parkway Suite 602
Cincinnati, OH 45230

WHO I SERVE

Toddler, Children (6-10), Preteen, Teen, Adults, Elders (65+)

SERVICE AREA

OHIO
Butler County
Clermont County
Hamilton County
Warren County

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Conversation
- Mentoring
- Presentation
- Webinar
- Workshop

TOPICS: Trauma and other Behavioral Health Topics

PRACTICE INFO

☑ In-Person ☑ Telehealth

☑ Performs Testing/Evaluations

ORIENTATION

Behavioral
Cognitive-Behavioral
Family Systems
Person-Centered
Trauma Focused

MODALITIES

- Clinical Supervision and Licensed Supervisors
- Cognitive Behavioral Therapy (CBT)
- Culturally sensitive
- Dialectical Behavior Therapy (DBT)
- Family Systems
- Family Therapy
- Motivational Interviewing
- Multicultural
- Solution Focused Brief (SFBT)
- Strength-Based
- Structural Family Therapy

SPECIALTIES

Addiction
ADHD
Anger Management
Anxiety
Bipolar Disorder
Borderline Personality
Child
Depression
Grief
Obsessive-Compulsive
Relationship Issues
Self Esteem
Sexual Abuse

PAYMENT OPTIONS

☑ **Health Insurance**
Aetna
BlueCross BlueShield
Buckeye
CareSource
Cigna and Evernorth
Humana
Medical Mutual
UnitedHealthcare UHC | UBH

☑ **Medicaid**

☑ **Self Pay**

☑ **Sliding scale**
Based on Income

AUNGELIQUE HEATER

LISW-S **She/Her**

Therapist/Counselor

Language: English Only

I view the therapeutic relationship as a partnership. I believe in working together to assist clients in the goals they create for themselves. I have experienced working with individuals who have challenges with ADHD, anxiety, depression, grief, stress management and relationships as well as victims of trauma. My therapeutic approach consists of Cognitive Behavioral Therapy, Solution Focused, and Trauma Informed Care.

CONTACT INFO

Guiding Paths Therapy Services, LLC

Aungelique@guidingpathstherapy.com

513-646-8710

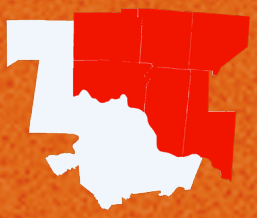
www.guidingpathstherapy.com

Cincinnati, OH

WHO I SERVE

Adults Elders (65+)

SERVICE AREA



OHIO

Brown County
Butler County
Clermont County
Hamilton County
Warren County

SOCIAL MEDIA

Guiding Paths Therapy

@guidingpathstherapy

PRACTICE INFO

☑ Telehealth

☑ LGBTQIA+ Supporting Care

ORIENTATION

Behavioral Cognitive-Behavioral Person-Centered

MODALITIES

- Clinical Supervision and Licensed Supervisors
- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Couples Therapy
- Culturally sensitive
- Emotionally Focused
- Mindfulness-Based (MBCT)
- Person-Centered
- Solution Focused Brief (SFBT)
- Strength-Based

SPECIALTIES

ADHD
Anxiety
Depression
Grief
Relationship Issues
Self Esteem

PAYMENT OPTIONS

☑ **Health Insurance**
Buckeye
CareSource
UMR
UnitedHealthcare UHC | UBH

☑ **Medicaid**
United Health Care Medicaid
CareSource
Molina
Buckeye

☑ **Self Pay**

KATLYN HEATH

Therapist/Counselor

Language: English Only

LMFT, MS **She/Her**

Originally known as Restorative Wellness, Katlyn opened and established her own private practice in 2018 where she grew a multi-disciplinary team whose clinical focus was eating disorder recovery. After six years of practice in eating disorder specialized empirical methodologies and modalities, Katlyn began to shift her clinical focus toward codependent coping and covert abuse recovery. Over the past few years Katlyn has continued to integrate the knowledge and skills she has gathered from her work in codependency and covert abuse recovery into her clinical work supporting clients through eating disorder recovery. With plenty of experience treating teens, Katlyn has a keen sense of rapport establishment and ensures that teens and parents are on the same page about treatment goals.

CONTACT INFO

Abuse Recovery Coalition

katlyn@abuserecoverycoalition.com

513-400-3231

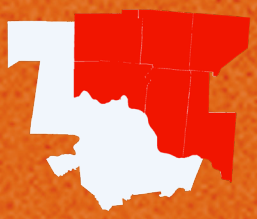
www.abuserecoverycoalition.com

2010 Madison Road #200
Cincinnati, OH 45208

WHO I SERVE

Teen Adults Elders (65+)

SERVICE AREA



OHIO

- Brown County
- Butler County
- Clermont County
- Hamilton County
- Warren County

COMMUNITY ENGAGEMENT

- Conference
- Conversation
- Mentoring
- Presentation
- Webinar
- Workshop

SOCIAL MEDIA

Abuse Recovery Coalition

@arcoalition

PRACTICE INFO

- [x] Telehealth
- [x] Gender Affirming Care
- [x] LGBTQIA+ Supporting Care

ORIENTATION

Family Systems

Person-Centered

MODALITIES

- Acceptance and Commitment Therapy (ACT)
- Cognitive Behavioral Therapy (CBT)
- Couples Therapy
- Emotionally Focused
- Family Systems
- Humanistic
- Narrative

SPECIALTIES

Anxiety
Borderline Personality (BPD)
Depression
Eating Disorders
Grief
Obsessive-Compulsive (OCD)
Relationship Issues
Self Esteem

PAYMENT OPTIONS

- [x] Self Pay

DESTINEE HENDERSON

Therapist/Counselor

Language: English Only

LSW **She/Her**

Destinee Henderson is a dedicated and compassionate therapist who earned her Bachelor's degree in Psychology and her Master's in Social Work from Miami University. With a special interest in trauma and anxiety disorders, Destinee utilizes anti-oppressive, trauma-informed, and nonviolent communication practices in her therapeutic approach. She is particularly informed by Acceptance and Commitment Therapy (ACT) and Dialectical Behavior Therapy (DBT) methodologies, ensuring a comprehensive, evidence-based treatment experience.

Destinee is committed to a client-centered approach, firmly believing that each individual is the expert in their own healing journey. Her practice is deeply rooted in aiding the collective healing of marginalized communities, addressing mental and physical health disparities, and closing barriers to care.

CONTACT INFO

Massive Mental Health Services

destineehenderson@catalystcounselingllc.org

513-790-4367

www.massivemhs.com

3239 Jefferson Ave
Cincinnati, OH 45239

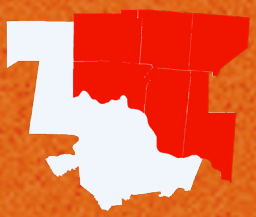
www.facebook.com

@massivemhs

WHO I SERVE

Preteen
Teen

SERVICE AREA



OHIO

Brown County
Butler County
Clermont County
Hamilton County
Warren County

PRACTICE INFO

☑ Telehealth

ORIENTATION

Cognitive-Behavioral | Family Systems | Person-Centered

MODALITIES

- Acceptance and Commitment Therapy (ACT)
- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Culturally sensitive
- Dialectical Behavior Therapy (DBT)
- Mindfulness-Based (MBCT)
- Motivational Interviewing
- Reality Therapy
- Strength-Based
- Trauma Focused

SPECIALTIES

ADHD | Anxiety | Depression
Anger Management | Child | Self Esteem

PAYMENT OPTIONS

☑ **Health Insurance**
Aetna
Aetna|Elevance
BlueCross BlueShield Buckeye
CareSource
Cigna and Evernorth Humana
Medical Mutual
Optum
UMR
UnitedHealthcare UHC|UBH

☑ **Medicaid**

☑ **Self Pay**

LA'KEYTA HOFFMANN

Therapist/Counselor

LMHC, LPCC-S, MA **She/Her**

Hello and welcome to Light & Hope Counseling. We are a private practice of three experienced mental health therapists who work with individuals and couples impacted by trauma, anxiety, and depression. In our work together, will will partner with you to hear your story. In this journey, we will understand and eliminate dysfunctional, disruptive behaviors and thoughts while improving relationships. Two of the therapists are licensed in Ohio and provide telehealth in late afternoons, evenings, and weekends. One provider is licensed in Indiana, Ohio, and Kentucky to serve the tri-state areas. We look forward to working with you during this new chapter of your life, and we can attest that our therapeutic approach and skills are effective at helping people reach their desired goals.

CONTACT INFO

Light & Hope Counseling LLC

lightandhopecounseling@gmail.com

513-915-1972

www.lightandhope.space

106 Wellington Place
Cincinnati, OH 45219

WHO I SERVE

Adults

SERVICE AREA

OHIO
- Brown County
- Butler County
- Clermont County
- Hamilton County
- Warren County

INDIANA
- Dearborn County
- Ohio County
- Union County

KENTUCKY
- Boone County
- Bracken Country
- Campbell County
- Gallatin County
- Grant County
- Kenton County
- Pendleton County

SOCIAL MEDIA

Light and Hope Counseling LLC

PRACTICE INFO

- [x] In-Person
- [x] Telehealth
- [x] Gender Affirming Care
- [x] LGBTQIA+ Supporting Care

ORIENTATION

Behavioral Cognitive-Behavioral Person-Centered

MODALITIES

- Clinical Supervision and Licensed Supervisors
- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- EMDR
- Mindfulness-Based (MBCT)
- Multicultural
- Solution Focused Brief (SFBT)
- Strength-Based
- Trauma Focused

SPECIALTIES

Lack of Purpose, Lack of Fulfillment Accountability

COMMUNITY ENGAGEMENT

- **Mentoring**

PAYMENT OPTIONS

- [x] **Health Insurance**
  Aetna
  BlueCross BlueShield
  CareSource
  Humana
  Optum
  UMR
  UnitedHealthcare UHC | UBH
- [x] **Medicaid**
  OH Medicaid
- [x] **Self Pay**
- [x] **Sliding scale**
  Based on Income

ERIC HOLLIE

LISW-S **He/Him**

Therapist/Counselor

Life Coach

Language: English Only

Eric J. Hollie, LISW-S, is the founder of Speak Life Counseling & Life Coaching Services. He has over 25 years of social work and therapy experience with various populations. In his role as the Pastor of New Jerusalem Apostolic Temple, Mr. Hollie believes in the importance of integrating faith and mental health. He's adept at providing faith-based counseling services, helping and the faith community at large understand that "You can be saved AND have a therapist!" Mr. Hollie is also a sought-after speaker at workshops and community events, providing information on various mental health topics. Mr. Hollie utilizes Cognitive Behavioral Therapy, Cognitive Processing Therapy, Client-Centered Therapy, and principles of DBT and Motivational Interviewing to help clients reach their maximum potential. Additionally, Sonia is a Certified Life Coach, and offers telehealth Life Coaching services aimed at uncovering one's full potential and providing them with the tools to operate in their purpose.

Contact us today!

CONTACT INFO

Speak Life Counseling & Life Coaching Services

speaklifecounseling@yahoo.com

513-341-7036

speaklifecounseling.net

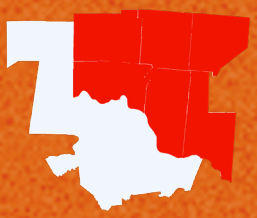
230 Northland Blvd., Suite 335
Cincinnati, OH 45246

WHO I SERVE

Adults

Elders (65+)

SERVICE AREA



OHIO

Brown County
Butler County
Clermont County
Hamilton County
Warren County

COMMUNITY ENGAGEMENT

- Conference
- Conversation
- Presentation
- Workshop

SOCIAL MEDIA

Speak Life Counseling Cincy

@speaklifecounseling

PRACTICE INFO

☑ In-Person ☑ Telehealth

☑ Performs Testing/Evaluations

ORIENTATION

Behavioral Cognitive-Behavioral

MODALITIES

- Christian Counseling
- Cognitive Behavioral Therapy (CBT)
- Cognitive Processing Therapy (CPT)
- Couples Therapy
- Dialectical Behavior Therapy (DBT)
- Family Therapy
- Person-Centered
- Trauma Focused

SPECIALTIES

Anxiety Depression Relationship Issues

PAYMENT OPTIONS

☑ **Health Insurance**

BlueCross BlueShield
CareSource
Cigna and Evernorth
Humana
Medical Mutual
Optum
UMR
UnitedHealthcare UHC | UBH

☑ **Medicaid**

CareSource
UHC
Anthem
Humana

☑ **Self pay**

CHARMAIN HOOD

LPCC-S **She/Her**

Therapist/Counselor

Language: English Only

I have practiced mental health for 10 years. I graduated with my Masters at Walden University and currently a Doctoral Candidate. Cincinnati located, however I offer services all throughout Ohio. Here at Healing Connections I provide a safe space to be your authentic self and safely process life challenges and emotional barriers.

CONTACT INFO

Healing Connection Mental Health Services

Chood@healing-connections.org

513-549-4052

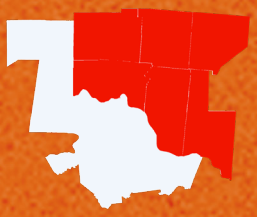
www.healing-connections.org

8044 Montgomery Road
Cincinnati, OH 45236

WHO I SERVE

Teens | Adults | Elders (65+)

SERVICE AREA



OHIO

- Brown County
- Butler County
- Clermont County
- Hamilton County
- Warren County

COMMUNITY ENGAGEMENT

- Conference
- Conversation
- Presentation
- Workshop
- Other: Consultation

TOPICS: Sex Therapy & Education, Trauma-Informed Care, BIPOC support

SOCIAL MEDIA

Counselor Zoe

@Counselor_Zoe

PRACTICE INFO

☑ In-Person ☑ Telehealth

☑ Gender Affirming Care ☑ LGBTQIA+ Supporting Care

☑ Performs Testing/Evaluations

ORIENTATION

Behavioral | Cognitive-Behavioral | Person-Centered

MODALITIES

- Brainspotting
- Cognitive Behavioral Therapy (CBT)
- EMDR

SPECIALTIES

Anger Management
Anxiety
Bipolar Disorder
Borderline Personality (BPD)
Depression
Eating Disorders
Grief
Obsessive-Compulsive (OCD)
Self Esteem
Sexual Abuse

PAYMENT OPTIONS

☑ **Self pay**

☑ **Medicaid**
Caresource

☑ **Medicare**
United Health

☑ **Health insurance**

- Aetna
- Aetna|Elevance
- CareSource
- Cigna and Evernorth Medical Mutual
- Optum
- Oscar Health
- UMR
- UnitedHealthcare UHC | UBH
- Other: Optum VA

SUSAN HOOVER

LISW **She/Her**

Therapist/Counselor

Language: English Only

Mental health provider with over 25 years of experience working with anxiety, depression and grief.

PRACTICE INFO

☑ In-Person ☑ Telehealth

☑ LGBTQIA+ Supporting Care

ORIENTATION

Cognitive-Behavioral
Existential
Family Systems
Person-Centered

MODALITIES

- Attachment-Based Therapy
- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- EMDR
- Existential
- Gestalt
- Internal Family Systems (IFS)
- Multicultural
- Relational
- Somatic
- Trauma Focused

SPECIALTIES

Anxiety
Bipolar Disorder
Depression
Grief
Relationship Issues
Self Esteem
Sexual Abuse

PAYMENT OPTIONS

☑ **Health Insurance**
Humana
Medical Mutual

☑ **Medicare**

☑ **Self Pay**

CONTACT INFO

Lisa Leace Counseling

susan_hoover@yahoo.com

513-321-5999

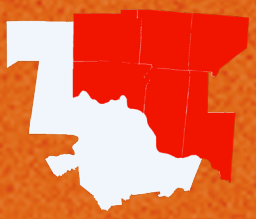
www.susanhoovertherapy.com

3200 Linwood Avenue
Cincinnati, OH 45226

WHO I SERVE

Adults Elders (65+)

SERVICE AREA



OHIO

Brown County
Butler County
Clermont County
Hamilton County
Warren County

COMMUNITY ENGAGEMENT

- Conversation

AKEMI HORII

Therapist/Counselor

LPC, NCC, MSED **She/Her**

Language: English, Japanese

Akemi Horii is a Licensed Professional Counselor in the state of Ohio. Akemi has a Master's degree in Clinical Mental Health Counseling from St. Bonaventure University in New York, and she provides psychotherapy and psychoeducation to adult and adolescent clients in individual and group settings. Akemi's person-centered therapeutic approach is influenced by Motivational Interviews, Mindfulness, Cognitive Behavioral Therapy, and Internal Family Systems, and other modalities, to help clients embrace themselves and feel empowered in their life situations. Akemi has always been interested in learning about people, initially through her experience in languages, history, and art. She has a Bachelor's degree in anthropology, as well as Master's degrees in biblical Hebrew and Greek, and Islamic art and archaeology.

CONTACT INFO

Soul Awakening, LLC

akemi.horii@gmail.com

513-204-9547

https://www.catalystcounselingllc.org/west-chester-team/akemihorii

West Chester, OH 45069

PRACTICE INFO

- ☑ Telehealth
- ☑ Gender Affirming Care
- ☑ LGBTQIA+ Supporting Care

ORIENTATION

Cognitive-Behavioral

Person-Centered

MODALITIES

- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Culturally sensitive
- Internal Family Systems (IFS)
- Mindfulness-Based (MBCT)
- Motivational Interviewing
- Multicultural
- Person-Centered
- Solution Focused Brief (SFBT)

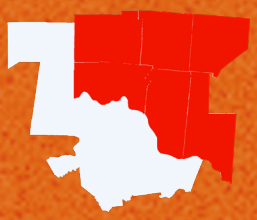
SPECIALTIES

Anxiety
Depression
Grief
Self Esteem

WHO I SERVE

Teen Adults

SERVICE AREA



OHIO
All Counties

COMMUNITY ENGAGEMENT

- Conversation

PAYMENT OPTIONS

☑ **Health Insurance**
Aetna
BlueCross BlueShield
Buckeye
CareSource
UMR
UnitedHealthcare UHC|UBH

☑ **Medicaid**

☑ **Self Pay**

NYESHA JAMES

Therapist/Counselor

Language: English Only

LPC, MEd **She/Her**

Knowing that it's time to seek help is the first and often most difficult step, and if you're reading this, you've already taken that step. Allow me to help you continue on your journey. Reach out today for your 15 minute free consultation now! I am Nyesha James, LPC. I'm glad you're here! A combined 20 years of work in education, social work, and mental health practices make up my background and experiences. Most of this experience includes me in a supportive role for youth with learning disabilities, IEPs, 504s, and families in crisis. Through our time together, you will receive the support needed to work through these challenges.

CONTACT INFO

Njia-Pathways to Healing

njia.heals@gmail.com

513-836-8813

njia-pathways.clientsecure.me

Cincinnati Black Therapists

@njia_pathways_to_healing

WHO I SERVE

Preteen Teen Adults

SERVICE AREA

OHIO

Brown County
Butler County
Clermont County
Hamilton County
Warren County

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Conversation
- Presentation
- Webinar
- Workshop

PRACTICE INFO

☑ Telehealth

ORIENTATION

Behavioral Cognitive-Behavioral Person-Centered

MODALITIES

- Eclectic Therapy
- Person-Centered
- Somatic
- Strength-Based

SPECIALTIES

Anxiety Child Depression Self Esteem

PAYMENT OPTIONS

☑ **Self pay**

☑ **Sliding scale**
Based on Income

☑ **Health Insurance**
Aetna
HSA
Superbill

CANDACE JOHNSON

PhD **She/Her**

Therapist/Counselor

Language: English Only

Candace S. Johnson, Ph.D. is a licensed clinical psychologist in Cincinnati, Ohio. She has clinical and research training in a range of clinical settings, which has allowed her to integrate clinical and research skills focused on the unique needs of clients. Her areas of focus include anxiety, mood disorders, grief/loss, caregiver stress, women's issues, and cultural issues. Her practice integrates CBT techniques, interpersonal, humanistic, and systemic approaches to promote growth and a healthy well-being. Dr. Johnson is also member of multiple associations devoted to improving the emotional well-being of all. Dr. Johnson earned her PhD in Clinical Psychology from the University of Cincinnati in 2004, which was followed by postdoctoral training in clinical research in the Department of Psychiatry at the University of Cincinnati.

CONTACT INFO

Candace S. Johnson, PhD

candacephd@gmail.com

513-549-6763

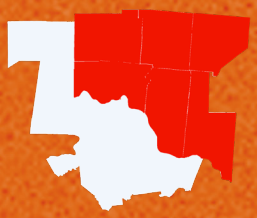
NA

1172 W. Galbraith Rd., Suite #102
Cincinnati, OH 45231

WHO I SERVE

Adults Elders (65+)

SERVICE AREA



OHIO

- Brown County
- Butler County
- Clermont County
- Hamilton County
- Warren County

COMMUNITY ENGAGEMENT

- Coaching
- Presentation
- Conversation

PRACTICE INFO

☑ In-Person ☑ Telehealth

☑ Performs Testing/Evaluations

ORIENTATION

Cognitive-Behavioral Person-Centered

MODALITIES

- Eclectic Therapy

SPECIALTIES

Anxiety
Depression
Grief
Self Esteem
Mood Disorders
Women Issues
Life Transitions

PAYMENT OPTIONS

☑ **Health Insurance**
BlueCross BlueShield
CareSource
Humana
Medical Mutual
Optum
UMR
UnitedHealthcare UHC | UBH
Custom Design
Molina
Anthem
EAP

☑ **Medicaid**

☑ **Self Pay**

☑ **Sliding scale**
Based on Income

JOYCELYN JOHNSON

LPCC-S, LMHC **She/Her**

Therapist/Counselor

Life Coach

Language: English Only

I am passionate about mental health in the African American community and for women. I view therapy as a partnership between me and my clients. I focus on what the client says they want to achieve in therapy & life. I use my knowledge and experience to move the client in the direction that they say that want to move. I educate my clients because I want them to know what is going on with them. I provoke my client's thinking because we all can get stuck based on our experiences. Therapy is a process and it takes work to make changes in our lives. Therapy WORKS, and you matter - invest in yourself.

CONTACT INFO

True Calling Counseling & Consulting Services, LLC

johnson@truecallingccs.com

513-242-0076

www.truecallingccs.como

891 W. North Bend Road
Cincinnati, OH 45224

WHO I SERVE

Adults Elders (65+)

SERVICE AREA

OHIO
All Counties

KENTUCKY
All Counties

INDIANA
All Counties

SOCIAL MEDIA

Johnson True Calling

@truecallingcounseling

PRACTICE INFO

☑ In-Person ☑ Telehealth

ORIENTATION

Behavioral Cognitive-Behavioral Family Systems

MODALITIES

- Christian Counseling
- Clinical Supervision and Licensed Supervisors
- Cognitive Behavioral Therapy (CBT)
- Couples Therapy
- Eclectic Therapy
- Family Systems
- Family Therapy
- Internal Family Systems (IFS)
- Narrative
- Person-Centered
- Solution Focused Brief (SFBT) Strength-Based
- Trauma Focused

SPECIALTIES

Anger Management
Anxiety
Depression
Grief
Relationship Issues
Self Esteem
Sexual Abuse
Trauma

COMMUNITY ENGAGEMENT

- **Coaching**
- **Conference**
- **Conversation**
- **Mentoring**
- **Presentation**
- **Webinar**
- **Workshop**
- **Lunch N' Learns**

TOPICS: Why Therapy is Important?; Boundaries; Life Balance; Decision Making; What are your needs and how to get them met?

PAYMENT OPTIONS

☑ **Health Insurance**
Aetna
BlueCross BlueShield
CareSource
Cigna and Evernorth
Humana
Medical Mutual
Optum
UMR
UnitedHealthcare UHC | UBH
EAP: Lyra Health; Optum; Canopy

☑ **Medicaid**
CareSource
United HealthCare Community
Anthem Community

☑ **Self Pay**

DR. KIMBERLEY JOHNSON

Therapist/Counselor

LPCC-S, MA, DMin. **She/Her**

Language: English Only

My passion is helping people live their lives to the fullest. I am a Licensed Professional Clinical Counselor with a Supervisor credential (LPCC-S). I hold a Master of Arts in Community Counseling and a Doctor of Ministry in Pastoral Care and Counseling. I have over 18 years of professional counseling experience and over 30 years of professional experience working with children, adolescents, adults, families, couples and at-risk populations. I work from a strength-based, trauma-informed and multi-cultural approach. My goal is to help clients have hope, relief, better understanding of their challenging circumstances, progress on and completion of their goals and connection to community resources.

CONTACT INFO

Whole Life Counseling Ministries, LLC

Wholelifecounselingministries@gmail.com

937-317-0284

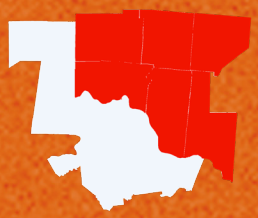
NA

8216 Princeton Glendale Road, Suite 267
West Chester, Ohio 45069

WHO I SERVE

Teen Adults Elders (65+)

SERVICE AREA



OHIO
All Countues

COMMUNITY ENGAGEMENT

- Conference
- Conversation
- Presentation
- Webinar
- Workshop

TOPICS: Mental and Behavioral Health, Grief and Loss, Divorce Recovery, Shame, Spirituality

PRACTICE INFO

☑ Telehealth

ORIENTATION

Behavioral
Cognitive-Behavioral
Family Systems
Person-Centered

MODALITIES

- Christian Counseling
- Clinical Supervision and Licensed Supervisors
- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Culturally sensitive
- Family Therapy
- Humanistic
- Interpersonal
- Intervention
- Motivational Interviewing
- Multicultural
- Person-Centered
- Relational
- Solution Focused Brief (SFBT)
- Strength-Based
- Trauma Focused

SPECIALTIES

ADHD
Anger Management
Anxiety
Bipolar Disorder
Depression
Grief & Loss
Pastoral Care & Counseling
Pre-Marital
Relationship Issues
Self Esteem
Sexual Abuse
Shame

PAYMENT OPTIONS

☑ **Health Insurance**
Aetna
BlueCross BlueShield
CareSource
Cigna and Evernorth
Optum
Oscar Health
UMR
UnitedHealthcare UHC | UBH
Anthem
Oxford

☑ **Medicaid**
CareSource
Anthem
Optum

☑ **Self Pay**

☑ **Sliding scale**
Based on Income

KAREN JONES

LPCC-S, LICDC-CS **She/Her**

Therapist/Counselor

Language: English Only

My name is Karen Jones and I am a dually-licensed Professional Clinical Counselor (LPCC-S) and Independent Chemical Dependency Counselor (LICDC-CS) with supervision designation for both licenses. I use a non-judgmental, person-centered approach in counseling to provide a safe, comforting place to help you learn to cope with life's challenges in ways that promote hope and empowerment. My passion is working with adults to address anxiety, depression, trauma, PTSD, substance abuse issues, codependency, mood disorders, and self-esteem concerns using a variety of counseling modalities to meet each individual's needs. I obtained a Master's in Clinical Mental Health Counseling from Xavier University and have worked in a variety of community mental health agencies and outpatient substance abuse clinics prior to starting my own private practice.

CONTACT INFO

Cincinnati Therapy Center

karen.lynn.jones@proton.me

513-399-5708

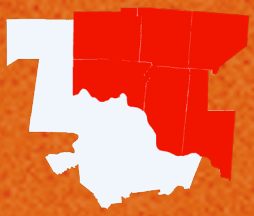
https://cincytherapycenter.net/

4000 Executive Park Drive Ste 100
Sharonville, OH 45243

WHO I SERVE

Adults Elders (65+)

SERVICE AREA



OHIO

Brown County
Butler County
Clermont County
Hamilton County
Warren County

COMMUNITY ENGAGEMENT

- Conference
- Mentoring

PRACTICE INFO

☑ In-Person ☑ Telehealth

ORIENTATION

Cognitive-Behavioral Person-Centered

MODALITIES

- Christian Counseling
- Clinical Supervision and Licensed Supervisors
- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- EMDR
- Exposure Response Prevention (ERP)
- Mindfulness-Based (MBCT)
- Motivational Interviewing
- Person-Centered
- PTSD/Trauma
- Rational Emotive Behavior (REBT)
- Strength-Based
- Trauma Focused

SPECIALTIES

Addiction Depression Self Esteem
Anxiety Obsessive-Compulsive

PAYMENT OPTIONS

☑ **Health Insurance**
Aetna
Aetna|Elevance
BlueCross BlueShield
Cigna and Evernorth
Medical Mutual
Optum
UMR
UnitedHealthcare UHC | UBH

☑ **Other**
CareSource Marketplace

☑ **Self Pay**

DR. JANECIA KING

DNP, PMHNP-BC She/Her

Health Care/Meds Mgmt

Medical Asst. Treatment

Language: English Only

New Concepts II, LLC is a psychiatric and addiction clinic located in Ohio and Kentucky-we've been managing our patients' health since 2010. We offer proactive, quality healthcare in a safe, private, and comfortable environment. We specialize in children, adolescents, adults, LGBTQ individuals, those who are developmentally delayed, and veterans with mental health and addiction diagnoses. We offer medication management and psychotherapy services.

CONTACT INFO

New Concepts II, LLC

contact@newconceptsii.com

513-712-8182

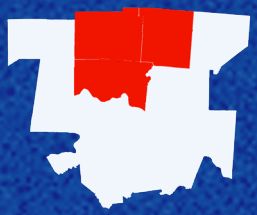
https://newconceptsservices.com

2868 Compton Road
Cincinnati, OH 45251

WHO I SERVE

Adults Elders (65+)

SERVICE AREA



OHIO
Butler County
Clermont County
Hamilton County

COMMUNITY ENGAGEMENT

- Conference
- Webinar
- Mentoring
- Workshop

TOPICS: Mental Health and Addiction

PRACTICE INFO

- ☑ Telehealth
- ☑ Gender Affirming Care
- ☑ LGBTQIA+ Supporting Care
- ☑ Performs Testing/Evaluations

ORIENTATION

Behavioral Cognitive-Behavioral

MODALITIES

- Cognitive Behavioral Therapy (CBT)
- Trauma Focused
- Forensic Psychology

SPECIALTIES

Addiction
ADHD
Anxiety
Bipolar Disorder
Borderline Personality (BPD)
Depression
Obsessive-Compulsive (OCD)
Self Esteem
Sexual Abuse

PAYMENT OPTIONS

☑ **Health Insurance**
Aetna
BlueCross BlueShield
Buckeye
CareSource
Cigna and Evernorth
Humana
Medical Mutual
Optum
UMR
UnitedHealthcare UHC | UBH

☑ **Medicaid**
Caresource
Molina
Buckeye
UHC
Humana

☑ **Medicare**
All Medicare

☑ **Self Pay**

☑ **Sliding Scale**
Based on Income

TRACEY KING

Therapist/Counselor

Language: English Only

PsyD **She/Her**

Thriving Haven is a place that helps you to embrace your truth, heal, and grow. As a psychologist, I am well versed in various types of therapy and evidence-based treatments. I work collaboratively with you and tailor my approach to meet your specific needs. Together, we will figure out your roadblocks and build on your personal strengths in a supportive environment where you feel safe, heard, and respected. I offer telehealth therapy to those in Ohio and other PSYPACT states, which is a flexible option that allows you take your appointments anywhere that you feel comfortable. If you're ready to improve your overall well-being, let's get started.

CONTACT INFO

Thriving Haven LLC

thrivinghaven@gmail.com

www.thrivinghaven.com

WHO I SERVE

Adults

Elders (65+)

SERVICE AREA

OHIO

Brown County
Butler County
Clermont County
Hamilton County
Warren County

INDIANA

Dearborn County
Ohio County
Union County

KENTUCKY

Boone County
Bracken Country
Campbell County
Gallatin County
Grant County
Kenton County
Pendleton County

SOCIAL MEDIA

Thriving Haven LLC

PRACTICE INFO

- [x] Telehealth
- [x] Gender Affirming Care
- [x] LGBTQIA+ Supporting Care

ORIENTATION

Behavioral
Cognitive-Behavioral
Family Systems
Person-Centered
Integrative

MODALITIES

- Acceptance and Commitment Therapy (ACT)
- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Cognitive Processing Therapy (CPT)
- Collaborative Therapy
- Compassion-Focused Therapy (CFT)
- Culturally sensitive
- Eclectic Therapy
- Family Systems
- Humanistic
- Integrative
- Internal Family Systems (IFS)
- Interpersonal Mindfulness-Based
- Motivational Interviewing
- Person-Centered
- Solution Focused Brief (SFBT)
- Trauma Focused

SPECIALTIES

Anger Management
Anxiety
Bipolar Disorder
Depression
Relationship Issues
Self Esteem
Trauma
Life Transitions
Stress Management

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Presentation
- Webinar
- Workshop

TOPICS: General mental health and mental illness, stress management, emotion management, conflict resolution, coping with mental health issues, and suicide prevention.

PAYMENT OPTIONS

- [x] Self Pay

STEVEN KNIFFLEY

Therapist/Counselor

MA, PsyD **He/Him**

Language: English Only

Steven D. Kniffley Jr., PsyD MPA ABPP is the Senior Associate Dean for Diversity, Equity, and Inclusion in the College of Medicine at the University of Cincinnati as well as an Associate Professor in the Department of Psychiatry. Dr. Kniffley's area of expertise is research and clinical work with Black males and the treatment of race based stress and trauma. Dr. Kniffley has written numerous books, book chapters, and articles on Black male mental health, Black males and the criminal justice system, racial trauma treatment and training, program evaluation, organizational diversity, and academic achievement.

CONTACT INFO

UC Health

knifflsd@ucmail.uc.edu

513-585-7700

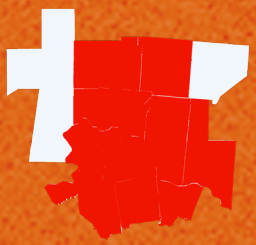
kniffleyracialtraumatherapy.com

3120 Burnet Avenue, 3rd Floor 304
Cincinnati, OH 45229

WHO I SERVE

Toddler
Children (6-10)
Preteen
Teen
Adults

SERVICE AREA



OHIO

Brown County
Butler County
Clermont County
Hamilton County
Warren County

KENTUCKY

Boone County
Campbell County
Grant County
Pendleton County
Bracken Country
Gallatin County
Kenton County

SOCIAL MEDIA

@drstevenkniffleyjr

PRACTICE INFO

☑ In-Person ☑ Telehealth

☑ Performs Testing/Evaluations

ORIENTATION

Family Systems
Afrocentric/Liberation Psychology

MODALITIES

- Acceptance and Commitment Therapy (ACT)
- Attachment-Based Therapy
- Cognitive Behavioral Therapy (CBT)
- Culturally sensitive
- Emotionally Focussed
- Family Therapy
- Interpersonal
- Parent- Child Interaction (PCIT)
- Play Therapy
- Strength-Based Trauma Focused

SPECIALTIES

ADHD
Anger Management
Anxiety
Child
Depression
Grief
Relationship Issues
Self Esteem
Racial trauma
Race-related Stress

COMMUNITY ENGAGEMENT

- Conference
- Conversation
- Mentoring
- Presentation
- Webinar
- Workshop

TOPICS: Racial Trauma, Parenting, Black male Mental Health

PAYMENT OPTIONS

☑ **Self pay**

☑ **Sliding scale**
Based on Income

☑ **Health Insurance**
Aetna
HSA
Superbill

DUDLEY LAYFIELD III

LSW, MBA

He/Him

Therapist/Counselor

Life Coach

Language: English Only

Dudley brings a unique resume to the world of social work. After 15 years in corporate settings and learning the needs of the youth, he set out to assist them by obtaining his Master in Social Work. He has expanded his experience by working with individuals in crisis management, trauma and violent traumas, youth intervention groups as well as providing one on one therapy to clients of all ages, gender and demographics. Most recently, Dudley has started a Men's Empowerment Group and through this group he has provided a safe place for men to come and share their trauma experiences. Dudley is also a Clinical Therapist at Beckett Springs Mental Health Hospital.

CONTACT INFO

Guiding Paths Therapy

Dudleylay@aol.com

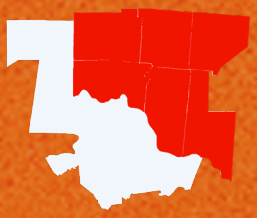
513-646-8710

www.guidingpathstherapy.com

WHO I SERVE

Preteen
Teen
Adults
Elders (65+)

SERVICE AREA



OHIO

Brown County
Butler County
Clermont County
Hamilton County
Warren County

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Conversation
- Mentoring
- Presentation
- Webinar
- Workshop

TOPICS: Trauma, Black Men Grief, Crisis de-escalation

PRACTICE INFO

☑ In-Person ☑ Telehealth

ORIENTATION

Behavioral
Cognitive-Behavioral
Family Systems

MODALITIES

- Acceptance and Commitment
- Attachment-Based Therapy
- Client-Centered Therapy
- Cognitive Behavioral Therapy
- Cognitive Processing Therapy
- Collaborative Therapy
- Couples Therapy
- Dialectical Behavior Therapy
- Family Systems
- Family Therapy
- Motivational Interviewing
- Schema Therapy
- Strength-Based
- Trauma Focused

SPECIALTIES

Addiction
Anger Management
Anxiety
Bipolar Disorder
Child Depression
Grief
Relationship Issues
Self Esteem

PAYMENT OPTIONS

☑ Self pay ☑ Sliding scale based on income

☑ Health insurance ☑ Medicaid ☑ Medicare

Buckeye
CareSource
UnitedHealthcare UHC | UBH

LISA LEACE

LCSW, LISW-S **She/Her**

Therapist/Counselor

Language: English Only

I am a therapist who comes with over 20+ years of experience. My goal is to always challenge you to be the best version of yourself possible, despite the obstacles along your path. Whether you are coming as an individual, couple or as a family unit, we will work together as you move through your journey. You deserve the greater things in life and one of the greatest things is internal happiness that comes with healing. I would love to take an intentional walk with you on your journey as you uncover and discover the hidden gems within you that are waiting to surface. Now, is your time!

CONTACT INFO

Lisa Leace Counseling

lisaleace@gmail.com

513-283-9132

NA

270 Northland Blvd Ste 211
Springdale, OH 45246

WHO I SERVE

Preteen Teen Adults

SERVICE AREA

OHIO

Brown County
Butler County
Clermont County
Hamilton County
Warren County

INDIANA

Union Co., Dearborn Co., Ohio County

COMMUNITY ENGAGEMENT

- Coaching
- Mentoring
- Conversation

PRACTICE INFO

☑ In-Person ☑ Telehealth

ORIENTATION

Cognitive-Behavioral
Family Systems
Person-Centered
Psychoanalytic

MODALITIES

- Clinical Supervision and Licensed Supervisors
- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Couples Therapy
- Family Therapy
- Intervention
- Motivational Interviewing
- Person-Centered
- Positive Psychology
- Psychoanalytic
- Psychodynamic
- Solution Focused Brief (SFBT)
- Strength-Based
- Structural Family Therapy
- Trauma Focused

SPECIALTIES

ADHD
Anger Management
Anxiety
Depression
Family Conflict
Life Coaching
Parenting
Relationship Issues
Self Esteem
Teen Issues

PAYMENT OPTIONS

☑ **Health Insurance**
Anthem
BlueCross BlueShield Buckeye
CareSource
Cigna and Evernorth
Optum
UMR
UnitedHealthcare UHC | UBH

☑ **Medicaid**
Anthem
Cigna
United Healthcare
(includes UMR)
Caresource
Molina
Buckeye

☑ **Self Pay**

DWONNA D. THOMPSON LENOIR

LPCC-S, PsyD **She/Her**

Therapist/Counselor

Language: English Only

Dr. Dwonna D. Thompson Lenoir has worked in the field of psychology since 1998 and comes with over 25 years of experience providing services to children, adults, and families. Dr. Dwonna earned her Bachelor of Arts (BA) degree in Psychology from Hampton University (Hampton, VA) in 1998 and her Master of Arts (MA) degree in Counseling Psychology from Saint Xavier University (Chicago, IL) in 2000. She is a Doctor of Psychology (Psy.D.) having obtained her degree from Adler University (Chicago, IL) in 2011. She is a Licensed Professional Clinical Counselor with the Supervisor Designation with the State of Ohio. Dr. Dwonna enjoys the work she does and specializes in the following areas: depression, anxiety, trauma, adoption, parenting, and life transitions.

CONTACT INFO

LiveWell Group, LLC

Dwonna@livewellgroupllc.com

514-906-8200

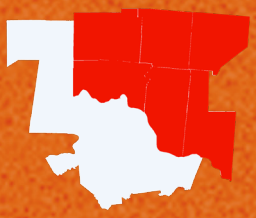
www.livewellgroupllc.com

7781 Cooper Road, Suite 5
Cincinnati, OH 45242

WHO I SERVE

Toddler Children (6-10) Preteen
Teen Adults

SERVICE AREA



OHIO

Brown County
Butler County
Clermont County
Hamilton County
Warren County

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Conversation
- Mentoring
- Presentation
- Webinar
- Workshop

PRACTICE INFO

☑ In-Person ☑ Telehealth

☑ Gender Affirming Care ☑ LGBTQIA+ Supporting Care

ORIENTATION

Behavioral
Cognitive-Behavioral
Family Systems
Person-Centered

MODALITIES

- Acceptance and Commitment Therapy (ACT)
- Christian Counseling
- Clinical Supervision and Licensed Supervisors
- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Collaborative Therapy
- Couples Therapy
- Culturally sensitive
- Dialectical Behavior Therapy (DBT)
- Family Systems
- Family Therapy
- Interpersonal
- Motivational Interviewing
- Parent-Child Interaction (PCIT)
- Person-Centered
- Solution Focused Brief (SFBT)
- Strength-Based
- Structural Family Therapy
- Trauma Focused

SPECIALTIES

ADHD
Anger Management
Anxiety
Child
Depression
Eating Disorders
Grief
Obsessive-Compulsive
Relationship Issues
Self Esteem
Sexual Abuse

PAYMENT OPTIONS

☑ **Health Insurance**
BlueCross BlueShield
CareSource
Medical Mutual
Optum
UnitedHealthcare UHC | UBH

☑ **Medicaid**
Caresource

☑ **Self Pay**

☑ **Sliding scale**
Based on Income

ROSHAUNA LINDSEY

APRN **She/Her**

Health Care/Meds Mgmt

Medical Asst Treatment

Language: English Only

Roshauna Lindsey, MSN, APRN, FNP-C, is board certified as a Family Nurse Practitioner through the American Association of Nurse Practitioners (AANP). She holds an X-waiver under the Drug Addiction Treatment Act (DATA 2000) giving her authorization to use buprenorphine for the outpatient treatment of Opioid Use Disorder (OUD). She is the owner of More Than Medicine Healthcare where she practices Integrative Family Medicine. She has 27 years of nursing experience. She has used her experience to advance in different areas of leadership in the hospital, nursing homes, and the community. Roshauna has provided lectures to nursing students pursuing their bachelors degree, and held annual health fairs and monthly lectures for the community.

CONTACT INFO

More Than Medicine

ro.de.lindsey@gmail.com

513-493-2600

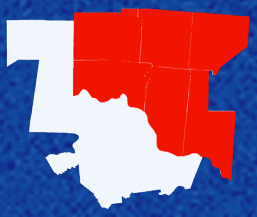
morethanmedicinehealthcare.org

752 Waycross Road Ste 3
Cincinnati, OH 45240

WHO I SERVE

Adults Elders (65+)

SERVICE AREA



OHIO

- Brown County
- Butler County
- Clermont County
- Hamilton County
- Warren County

COMMUNITY ENGAGEMENT

- Mentoring

TOPICS: Opioid addiction

SOCIAL MEDIA

More Than Medicine Healthcare

@morethanmedicinefp

PRACTICE INFO

☑ In-Person ☑ Telehealth

☑ Performs Testing/Evaluations

ORIENTATION

Behavioral
Cognitive-Behavioral
Family Systems
Person-Centered
Psychoanalytic

MODALITIES

- Client-Centered Therapy
- Harm Reduction

SPECIALTIES

Addiction Family Medicine

PAYMENT OPTIONS

☑

Health Insurance
BlueCross BlueShield
Buckeye
CareSource
Cigna and Evernorth
UnitedHealthcare UHC | UBH

☑ **Medicaid**

☑ **Medicare**

☑ **Self Pay**

ALICEA MARTIN-PRESSLEY

LISW-S **She/Her** ***Therapist/Counselor***

Language: English Only

I am a Independently Licensed Clinical Social Worker as well as a Clinical Hypnotherapist. I obtained my Masters from the University of Cincinnati in 2012. I have worked in the field of social work since 2004. My experiences has allowed me to work with many populations such as the LGBTQ, Appalachian Community, Developed Mental, the Elderly, Adolescences, SMD, AoD, Homeless, Victims of crime and the low income inner city. Accepting challenges is the foundation of my life's experiences and something I believe that I do with confidence. I am personable and I approach treatment with the belief that clients should be treated with a caring approach. I am a totally committed individual with pride in being direct, spontaneous and communicative.

CONTACT INFO

Inspired Thoughts Counseling Service LLC

videotelehealth@outlook.com

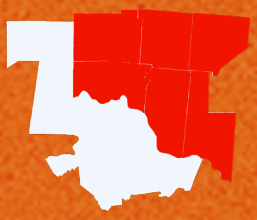
513-371-1161

www.inspiredthoughtscounselingservice.com

WHO I SERVE

Adults
Elders (65+)

SERVICE AREA



OHIO
Brown County
Butler County
Clermont County
Hamilton County
Warren County

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Conversation
- Mentoring

SOCIAL MEDIA

AliceaMartinPressleyLISW

@inspiredthoughtscounseling

PRACTICE INFO

☑ Telehealth

☑ LGBTQIA+ Supporting Care

ORIENTATION

Behavioral
Cognitive-Behavioral
Person-Centered
Psychoanalytic

MODALITIES

- Clinical Supervision and Licensed Supervisors Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Emotionally Focussed
- Mindfulness-Based (MBCT)
- Motivational Interviewing
- Multicultural Person-Centered Psychoanalytic
- Solution Focused Brief (SFBT)
- Strength-Based

SPECIALTIES

ADHD
Anxiety
Depression
Relationship Issues
Self Esteem

PAYMENT OPTIONS

☑ Self pay

☑ Sliding scale based on income

☑ Health insurance

BlueCross BlueShield
Optum
UnitedHealthcare UHC | UBH

DR. JEFF MENZISE

Life Coach

Language: English Only

PhD **He/Him**

Jeff Menzise is a proud graduate of two of our finest HBCUs, receiving his Bachelor's and Master's degrees from Fisk University in Psychology and Clinical Psychology, respectively. He finished uphis academic training at Howard University majoring in Clinical Psychology with a minor in Developmental Psychology. Along with his Ph.D., Menzise earned a graduate certificate in International Studies with a concentration in Political Science and Information & Culture. A native of Cincinnati, Ohio, he maintains his professional and social ties to his hometown by serving as a consultant to several grassroots organizations, educators, and senior administrators.

CONTACT INFO

Mind On The Matter, Ltd.

drjeff@mindonthematter.com

202-813-9079

www.mindonthematter.com

PO BOX 8184
Cincinnati, OH 45208

WHO I SERVE

Children (6-10) Preteen
Teen Adults Elders (65+)

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Conversation
- Presentation
- Webinar
- Workshop
- Keynote Address
- Professional Development

TOPICS: Cultural Competency, Clinical Evaluation, Self-Development, Relationship Issues, Clinical Skills Development, Assessment Interpretation Strategies, Intervention Strategies, Cultural Competence, Cultural Humility, Manhood & Masculinity

SOCIAL MEDIA

Dr Jeff Menzise

@drjeffmenzise

PRACTICE INFO

☑ In-Person Telehealth ☑

ORIENTATION

Behavioral
Cognitive-Behavioral
Existential
Family Systems
Person-Centered
Psychoanalytic
African-centered/NTU

MODALITIES

- Culturally sensitive
- Hypnotherapy
- Multicultural
- NTU

SPECIALTIES

Addiction
ADHD
Anxiety
Child
Depression
Grief
Relationship Issues
Self Esteem

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Conversation
- Presentation
- Webinar
- Workshop
- Keynote Address
- Professional Development

Topics: Cultural Competency, Clinical Evaluation, Self-Development, Relationship Issues, Clinical Skills Development, Assessment Interpretation Strategies, Intervention Strategies, Cultural Competence, Cultural Humility, Manhood & Masculinity

PAYMENT OPTIONS

☑ **Self Pay**

☑ **Sliding scale**
Based on Income

RITA MERCER

LPCC-S, MA **She/Her**

Therapist/Counselor

Life Coach

Language: English Only

I am a mother to two amazing adult children. Second to being a mother, and now a proud grandmother, I enjoy serving as both a licensed professional counselor and a college professor, which are the best careers that I have ever embarked upon. As a counselor and minister, I have loved how everyday I am surprised with new stories of survival and strength, loss and courage, brokenness and restoration. For nearly two decades, I have been passionate about empowering individuals to Live Their Best Life through my ministry and through my careers! My educational background from Miami University and Xavier University coupled with my diverse work history and clinical experience has equipped me to support a diverse population.

CONTACT INFO

LifeSprings Counseling, LLC

rita@lifespringscounseling.org

513-724-4673

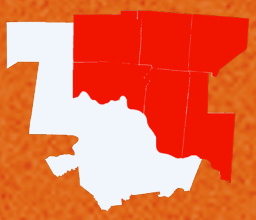
https://lifespringscounseling.org

2117 Beechmont Avenue
Cincinnati. OH 45230

WHO I SERVE

Teen Adults Elders (65+)

SERVICE AREA



OHIO

- Brown County
- Butler County
- Clermont County
- Hamilton County
- Warren County

COMMUNITY ENGAGEMENT

- Coaching
- Workshop
- Presentation
- Webinar

TOPICS: Holistic Wellness, Trauma, and Grief

PRACTICE INFO

- ☑ In-Person
- ☑ Telehealth
- ☑ Gender Affirming Care
- ☑ LGBTQIA+ Supporting Care
- ☑ Performs Testing/Evaluations

ORIENTATION

- Cognitive-Behavioral
- Sandtray Therapy
- Person-Centered
- Holistic Wellness & Mindset Coaching

MODALITIES

- Attachment-Based Therapy
- Christian Counseling
- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- EMDR
- Emotionally Focused Energy
- Psychology Expressive Arts
- Mindfulness-Based (MBCT)
- Motivational Interviewing
- Narrative Person-Centered
- Positive Psychology
- Reality Therapy
- Solution Focused Brief (SFBT)
- Somatic
- Strength-Based
- Trauma Focused

SPECIALTIES

Anxiety Depression Grief

PAYMENT OPTIONS

☑ **Health Insurance**

Aetna
BlueCross BlueShield
Cigna and Evernorth Humana
Optum
UMR
UnitedHealthcare UHC | UBH

☑ **Self Pay**

LAUNIE MILLER

LPC, LICDC **She/Her**

Therapist/Counselor

Language: English, Spanish

Launie Miller has spent the last 8 years working in the mental health and addiction field as a counselor, case manager, and employment specialist. She is a trained mental health counselor with three years of counseling experience. She is licensed with the Ohio Counselor and Social Worker Board as a Licensed Professional Counselor (LPC). Also, she is licensed with the Ohio Chemical Dependency Professionals Board as a Licensed Independent Chemical Dependency Counselor (LICDC). Currently studying Counselor Education & Supervision (Walden University) Master of Science in Clinical Mental Health Counseling (Walden University) Bachelor of Arts in Psychology (Wright State University).

CONTACT INFO

Peaceful Intentions Counseling and Consulting

launiemiller@peacefulintentionscc.com

513-578-4479

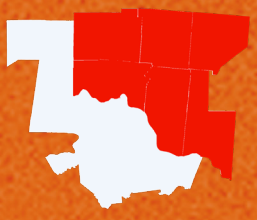
www.peacefulintentionscc.com

1329 E Kemper Road Suite 4100H
Cincinnati, OH 45246

WHO I SERVE

Teen Adults Elders (65+)

SERVICE AREA



OHIO

- Brown County
- Butler County
- Clermont County
- Hamilton County
- Warren County

COMMUNITY ENGAGEMENT

- Conference
- Conversation
- Mentoring
- Presentation
- Webinar
- Workshop

TOPICS: Setting boundaries, selfcare, most mental health related topics

SOCIAL MEDIA

@encouragedlaunie

PRACTICE INFO

☑ Telehealth

ORIENTATION

Cognitive-Behavioral

Person-Centered

MODALITIES

- Christian Counseling
- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- Motivational Interviewing
- Multicultural
- Narrative
- Person-Centered

SPECIALTIES

Addiction
Anxiety
Depression
Relationship Issues
Self Esteem

PAYMENT OPTIONS

☑ **Health Insurance**

Aetna
Buckeye
CareSource
Cigna and Evernorth

☑ **Medicaid**

Caresource
Molina
Humana
Buckeye
United Healthcare

☑ **Self Pay**

DR. NIARA MORROW

LCSW, LISW-S, PMH-C **She/Her**

Therapist/Counselor

Language: English Only

I am a Licensed Independent Social Worker with Supervisory Designation. I was born and raised in Cincinnati, OH. I completed my undergraduate degree from Ohio University, my Master's in Social Work from the University of Cincinnati, and my Doctorate in Social Work from the University of Kentucky. I have experience in various fields, including hospital social work, child welfare, corrections, and mental health. I am committed to helping you learn how to break unhealthy cycles and create healthier ones. My work targets ineffective behaviors and habits and breaks generational curses. I believe in taking a collaborative approach to help you reach your goals.

CONTACT INFO

Ujima Wellness

Niara@ujimawellness.org

513-570-2600

www.Ujimawellness.org

WHO I SERVE

Teens Adults

SERVICE AREA

OHIO

Brown County
Butler County
Clermont County
Hamilton County
Warren County

KENTUCKY

Boone County
Campbell County
Grant County
Pendleton County
Bracken Country
Gallatin County
Kenton County

COMMUNITY ENGAGEMENT

- Conference
- Webinar
- Presentation

TOPICS: Perinatal Mental Health, Stigma in Black community

SOCIAL MEDIA

Ujima Wellness Official

@ujimawellnessofficial

PRACTICE INFO

☑ Telehealth

ORIENTATION

Cognitive-Behavioral

MODALITIES

- Cognitive Behavioral Therapy (CBT)
- Culturally sensitive
- Eclectic Therapy
- Motivational Interviewing
- Solution Focused Brief (SFBT)

SPECIALTIES

Anxiety
Perinatal/Postpartum

PAYMENT OPTIONS

☑ **Health Insurance**
Aetna
BlueCross BlueShield
CareSource
Cigna and Evernorth
Optum
Oscar Health
UMR
UnitedHealthcare UHC | UBH

☑ **Medicaid**
CareSource
Anthem

☑ **Self Pay**

KRISTINA MURRAY

LCSW, LISW She/Her

Therapist/Counselor

Life Coach

Language: English Only

I enjoy working with adolescents, adults, couples and those who identify as athletes. I am passionate about wellness and providing a non judgmental and safe space for individuals. I have an enormous compassion for athletes and individuals who are going through life's challenges and transitions, depression, anxiety and a host of other issues. I feel privileged to work with those who are seeking support. I believe that healing is a collaborative endeavor that requires honesty, caring without judgment, and I cooperatively assist my clients in clarifying their goals for treatment. As a therapist, I am invested in emphasizing a more integrative, dynamic, and holistic approach to mental health. I am trained in trauma focused cognitive behavioral therapy (TFCBT), and Brainspotting.

CONTACT INFO

Sure Space Therapy, LLC

Kristina@surespacetherapy.com

513-258-4051

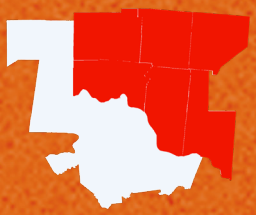
www.surespacetherapy.com

10979 Reed Hartman Hwy
Blue Ash, OH 45242

WHO I SERVE

Teen
Adults
Athletes
Elders (65+)

SERVICE AREA



OHIO

Brown County
Butler County
Clermont County
Hamilton County
Warren County

COMMUNITY ENGAGEMENT

- Coaching
- Conversation
- Conference

SOCIAL MEDIA

@surespacetherapy

PRACTICE INFO

☑ In-Person ☑ Telehealth

☑ Gender Affirming Care ☑ LGBTQIA+ Supporting Care

ORIENTATION

Behavioral
Cognitive-Behavioral
Person-Centered

MODALITIES

- Brainspotting
- Cognitive Behavioral Therapy (CBT)
- Couples Therapy
- Gottman Method
- Motivational Interviewing
- Other

SPECIALTIES

Anxiety
Depression
Relationship Issues
Self Esteem
Sex Therapy
Sexual Abuse
Other: Sports Performance

PAYMENT OPTIONS

☑ **Self pay**

☑ **Medicaid**
Caresource,
Molina,
United Health Care

☑ **Health Insurance**
Aetna
CareSource
Cigna and Evernorth
Optum
Oscar Health
UMR
UnitedHealthcare UHC | UBH

STEPHANIE MURRAY

Life Coach

Language: English Only

QBHS, MHFA **She/Her**

Ms. Murray studied Organizational Leadership at Xavier University. She currently works in the non-profit and mental health sector. She is the owner of Be Great! Consulting and Coaching. Ms. Murray is a certified mindset coach, domestic violence advocate, Mental Health First Aider, mentor and QBHS who introduces clarity, self-motivation and supports individuals in tapping into the power within themselves in order to move beyond their current circumstances. She's witnessed the effects of untreated mental health, unresolved trauma and individuals living beneath their potential. Ms. Murray bridges the gap between challenges, and community resources and support.

CONTACT INFO

Be Great! Consulting and Coaching

info@thebegreatcc.com

202-813-9079

311 Elm Street, Suite 70 #1577
Cincinnati, OH 45240

WHO I SERVE

Teen Adults

SERVICE AREA

OHIO
Hamilton County

COMMUNITY ENGAGEMENT

- Coaching
- Conversation
- Mentoring
- Presentation
- Workshop

TOPICS: Anxiety, Depression, Domestic Violence, Self Care, community presentation or workshop; Power of a changed mind

SOCIAL MEDIA

Be Great Consulting and Coaching LLC

PRACTICE INFO

☑ In-Person ☑ Telehealth

ORIENTATION

Family Systems

Person-Centered

MODALITIES

- Cognitive Behavioral Therapy (CBT)
- Cognitive Processing Therapy (CPT)
- Collaborative Therapy
- Compassion-Focused Therapy (CFT)
- Dialectical Behavior Therapy (DBT)
- Community Psychiatric Supports and Treatment

SPECIALTIES

Addiction
Anxiety
Depression
Relationship Issues
Self Esteem

PAYMENT OPTIONS

☑ **Self Pay**

☑ **Sliding scale**
Based on Income

MALESHIA NEUGEBAUER

Therapist/Counselor

LISW-S, MBA **She/Her**

Language: English Only

Are you looking for a culturally competent therapist or a therapist who just gets you? My name is Maleshia. I'm a knowledgeable therapist, who is authentic, empathic, and a passionate community leader with over 20 years of experience. Many of us struggle navigating today's world with labels or being "different". Are you ready to be seen & heard? Throughout the years, I've learned that everyone has a story. What's your story? I'm here to listen and guide you through life's challenges. Let's connect! Focus areas: Healthcare (coping, crisis intervention, goal setting, grief/loss), non-profit organizations (social connections, depression, loneliness,), cultural traumas (anxiety, racism/discrimination, relationships). My goal is to create a safe space (1.) to pause (2.) to listen & (3.) to create a plan of action.

CONTACT INFO

Embrace Connection Counseling

authenticallynewllc@gmail.com

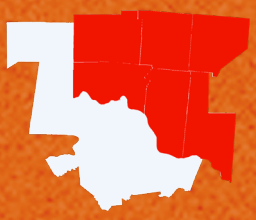
330-756-7695

1747 Olentangy River Rd #1078
Columbus, OH 43212

WHO I SERVE

Teen Adults Elders (65+)

SERVICE AREA



OHIO

- Brown County
- Butler County
- Clermont County
- Hamilton County
- Warren County

COMMUNITY ENGAGEMENT

- Conference
- Conversation
- Mentoring
- Presentation
- Webinar
- Workshop
- Other

TOPICS: Health Equity SME, Community Partnerships, Nonprofit Strategy Building, Supervision for Professional Licensed Social Workers

SOCIAL MEDIA

Embrace Connection Counseling, LLC

PRACTICE INFO

☑ Telehealth

ORIENTATION

Behavioral
Cognitive-Behavioral
Family Systems
Person-Centered
Psychoanalytic

MODALITIES

- Christian Counseling
- Clinical Supervision and Licensed Supervisors
- Cognitive Behavioral Therapy (CBT)
- Culturally sensitive
- Motivational Interviewing
- Psychoanalytic
- Strength-Based
- Trauma Focused

SPECIALTIES

Anxiety
Bipolar Disorder
Depression
Grief
Relationship Issues
Self Esteem

PAYMENT OPTIONS

☑ **Health Insurance**
Aetna
BlueCross BlueShield
Cigna and Evernorth
Other

☑ **Self Pay**

☑ **Sliding scale**
Based on Income

DR. LISA NEWTON

Life Coach

Language: English Only

PhD **She/Her**

Dr. Newton provides opportunities and space to encourage individuals to explore awareness of their choices around freedom and wellbeing, and promote group and community discussions to generate ideas that impact mental well-being, economic health, and community development.

CONTACT INFO

Promise to Bless

Dr.lnewton2@icloud.com

513-545-8330

www.promisetobless.com

Cincinnati, OH 45217

WHO I SERVE

Preteen
Adults
Teen
Elders (65+)

SERVICE AREA

OHIO
Hamilton County

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Conversation
- Mentoring
- Presentation
- Webinar
- Workshop

TOPICS: Cultural Healing and Reconciliation

PRACTICE INFO

- [x] In-Person
- [x] Telehealth
- [x] Performs Testing/Evaluations
- [x] LGBTQIA+ Supporting Care

ORIENTATION

Cognitive-Behavioral
Family Systems
Person-Centered

MODALITIES

- Art Therapy
- Culturally sensitive
- Dance and Movement Therapy
- Emotionally Focused
- Expressive Arts
- Interpersonal
- Music Therapy
- Compassion-Focused
- Transpersonal
- Trauma Focused

SPECIALTIES

Anger Management
Anxiety
Child
Depression
Grief
Self Esteem

PAYMENT OPTIONS

- [x] **Self Pay**
- [x] **Sliding scale**
  Based on Income
- [x] **Other**
  Personal Finance

DR. NTATU NORTH

DMIN, IMFT-S **She/Her**

Therapist/Counselor

Language: English Only

Engaging in therapy services and being willing to work through the process is an important aspect of the journey. I enjoy working with clients who are struggling with anxiety, depression, and who have experienced trauma. Their needs include identifying and addressing their triggers, in order to develop the necessary skills to be able to process through their responses to trauma. Their goals include reducing their symptoms and learning how to manage their symptoms more effectively. They learn that each step on the journey builds endurance that increases our strength and resilience so that they build our capacity to persist. I offer individual, family, and couples counseling services for children, adolescents, and adults. I am a strengths-based therapist. Let's take this journey together!

CONTACT INFO

Purposed Journey Counseling LLC

purposedjourneycounselingllc@gmail.com

513-402-2241

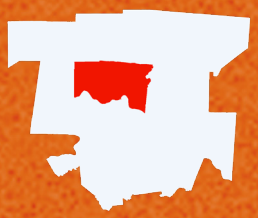
www.purposedjourneycounseling.company.site

1000 Jefferson Ave.
Cincinnati, OH 45215

WHO I SERVE

Children (6-10) Preteen Teen
Adults Elders (65+)

SERVICE AREA



OHIO
Hamilton County

COMMUNITY ENGAGEMENT

- Coaching
- Mentoring
- Conversation

TOPICS: Black mental health, addiction, cultural adaptation

SOCIAL MEDIA

Purposed Journey Counseling LLC

@purposedjourneycounseling

PRACTICE INFO

☑ In-Person ☑ Telehealth

ORIENTATION

Behavioral
Cognitive-Behavioral
Family Systems
Person-Centered

MODALITIES

- Attachment-Based Therapy
- Christian Counseling
- Clinical Supervision and Licensed Supervisors
- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Cognitive Processing Therapy (CPT)
- Couples Therapy
- Culturally sensitive
- Eclectic Therapy
- Emotionally Focused
- Family Systems
- Family Therapy
- Gottman Method
- Internal Family Systems (IFS)
- Motivational Interviewing
- Narrative
- Play Therapy
- Solution Focused Brief (SFBT)
- Strength-Based
- Structural Family Therapy
- Trauma Focused

SPECIALTIES

ADHD
Anger Management
Anxiety
Bipolar Disorder
Child
Depression
Grief
Relationship Issues
Self Esteem
Sexual Abuse

PAYMENT OPTIONS

☑ **Health Insurance**
Aetna
Ambetter
Anthem
Buckeye
CareSource
Optum
UMR
UnitedHealthcare UHC | UBH

☑ **Medicaid**
Buckeye Health Plan
Caresource
Molina

☑ **Self Pay**

ERICA OGLETREE

Therapist/Counselor

Language: English Only

LPCC-S **She/Her**

Erica D Ogletree, MA, LPCC-S, CSOTP, CTRP-CT, TGCTA-CT, owns and operates TREEmendous Care Therapeutic Services LLC in Cincinnati OH. Erica is an Adjunct Professor at Xavier University, in the Counseling graduate program, and a current doctoral student in the University of Cincinnati Counselor Education & Supervision program. Erica has trained & implemented trauma, problematic sexual behavior, and grief treatment for children, adolescents, and adults in various models for over 10 years. Erica holds three additional certifications: sexual behavior problem treatment, certified trauma and resilience treatment, and certified trauma and grief component therapy treatment. Erica is a current member of the following organizations, ACA, OCA, AMHCA, CSI, CSJ, NCACES, ATSA, IARTC, and IAAOC.

CONTACT INFO

TREEmendous Care Therapeutic Services LLC

info@treemendouscare.com

513-866-4645

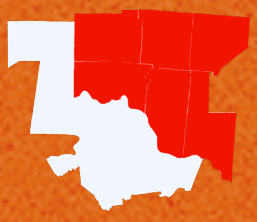
www.TREEmendouscare.com

11223 Cornell Park Dr, Suite 102
Blue Ash, OH 45242

WHO I SERVE

Preteen Teen Adults

SERVICE AREA



OHIO

- Brown County
- Butler County
- Clermont County
- Hamilton County
- Warren County

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Conversation
- Mentoring
- Presentation
- Webinar
- Workshop

TOPICS: Problematic Sexual Behavior or Grief

PRACTICE INFO

- [x] Gender Affirming Care
- [x] Telehealth
- [x] LGBTQIA+ Supporting Care

ORIENTATION

- Behavioral
- Cognitive-Behavioral
- Existential
- Family Systems
- Person-Centered
- Trauma-Informed
- Somatic-Trained

MODALITIES

- Clinical Supervision and Licensed Supervisors
- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Cognitive Processing Therapy (CPT)
- Culturally sensitive
- Dialectical Behavior Therapy (DBT)
- EMDR
- Expressive Arts
- Family Therapy
- Motivational Interviewing
- Multicultural
- Narrative Person-Centered
- Play Therapy
- Somatic
- Strength-Based
- Trauma Focused

SPECIALTIES

Anxiety
Depression
Grief
Problematic Sexual Behavior

PAYMENT OPTIONS

- [x] **Health Insurance**
  - Aetna
  - Anthem Medicaid
  - Buckeye
  - CareSource
  - UMR
  - UnitedHealthcare UHC|UBH
- [x] **Medicaid**
- [x] **Self Pay**

JASMINE PARKER

Therapist/Counselor

LPCC-S **She/Her**

Language: English Only

Jasmine Parker is the owner of Recognize Wellness Counseling LLC. As a licensed professional counselor (LPCC), she has experience in Ohio working with adults suffering from identity concerns, post traumatic stress, depression, anxiety, and other mood disorders. Jasmine's mission is to collaborate with clients to promote healing, coping skills, emotional awar cceness, and identity development. Her practice aligns closely with Black feminist methodologies, trauma-informed care, and mindfulness-based cognitive approaches. Alongside in-person and virtual options, she also offers walk and talk outdoor sessions. Walk and talk therapy is a mindfulness-based method that utilizes outdoor spaces as a way for clients to reduce stress, release physical tension, and clear the mind of intrusive/ruminative thoughts. She is currently accepting new adult clients for individual sessions.

CONTACT INFO

Recognize Wellness Counseling LLC

Recognizewellness@outlook.com

859-429-3160

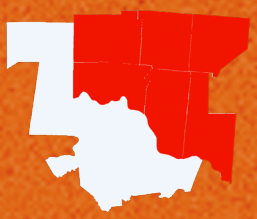
recognizewellnesscounseling.com

201 East 5th St Suite 1939
Cincinnati, OH 45202

WHO I SERVE

Adults

SERVICE AREA



OHIO

- Brown County
- Butler County
- Clermont County
- Hamilton County
- Warren County

COMMUNITY ENGAGEMENT

- Conference
- Presentation
- Mentoring
- Workshop

TOPICS: Intimate Partner Violence

SOCIAL MEDIA

@Recognize_wellness

PRACTICE INFO

- ☑ In-Person
- ☑ Telehealth
- ☑ Gender Affirming Care
- ☑ LGBTQIA+ Supporting Care
- ☑ Performs Testing/Evaluations

ORIENTATION

Cognitive-Behavioral

MODALITIES

- Cognitive Behavioral Therapy (CBT)
- Mindfulness-Based (MBCT)
- Trauma Focused

SPECIALTIES

Anxiety	Depression	Self Esteem
Bipolar Disorder	Relationship Issues	Sexual Abuse

PAYMENT OPTIONS

☑ **Health Insurance**
Aetna
Cigna and Evernorth
Optum
Oscar Health
UnitedHealthcare UHC | UBH

☑ **Self Pay**

☑ **Sliding scale**
Based on Income

MEAGAN PARKER

LPCC **She/Her**

Therapist/Counselor

Language: English Only

Meagan Parker is a Licensed Professional Clinical Counselor in the state of Ohio. She has experience providing individual and family therapy with children, adolescents, and adults. She incorporates an eclectic counseling style as she understands that all individuals are not created equal and present with unique needs, concerns, and preferences. She prioritizes providing therapy that is strength based and solution focused in order to promote client resilience and client awareness of their unique capabilities. She believes that it is essential to build a trusting therapeutic relationship in order to effectively support her client's in their journey towards growth and change. She prioritizes providing a safe and nonjudgmental atmosphere to support client openness.

CONTACT INFO

Catalyst Counseling LLC

meaganparker@catalystcounselingllc.org

513-813-7498

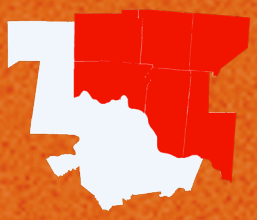
www.catalystcounselingllc.org

8809 B Cincinnati Dayton Road
West Chester, OH 45069

WHO I SERVE

Preteen
Adults
Teen
Elders (65+)

SERVICE AREA



OHIO

Brown County
Butler County
Clermont County
Hamilton County
Warren County

PRACTICE INFO

☑ In-Person ☑ Telehealth

☑ Performs Testing/Evaluations

ORIENTATION

Cognitive-Behavioral
Person-Centered

MODALITIES

- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Eclectic Therapy
- Person-Centered
- Solution Focused Brief (SFBT)

SPECIALTIES

Anxiety Depression
Relationship Issues
Self Esteem

PAYMENT OPTIONS

☑ **Health Insurance**

Aetna
Ambetter
BlueCross BlueShield
CareSource
Cigna and Evernorth
Humana
Medical Mutual
Optum
UMR
UnitedHealthcare UHC | UBH

☑ **Medicaid**

CareSource,
Anthem Medicaid,
United Healthcare Community
Molina,
Buckeye,
Humana Medicaid
Aetna Ohio RISE
Ohio Medicaid

☑ **Self Pay**

DR. MARIA PIOMBO

LPCC-S, EdD **She/Her**

Therapist/Counselor

Language: English, Spanish

Dr. Maria Piombo was born and raised in Argentina and moved to the United States for her undergraduate studies. She received her B.A. from Northwestern University and M.A. and Ed.D. from the University of Cincinnati's Counseling Program. Her past jobs include working at University Health Services providing counseling to medical students and to staff, as an Adjunct Professor at the University of Cincinnati's Counseling Program, and at a private practice working with individuals and families (mainly with Latinos). Dr. Piombo is presently the Director of the Child and Family Treatment Center, a division of Central Clinic Behavioral Health, and oversees five different programs. She also provides prevention and clinical services to children and youth and their families - primarily with Latinos.

CONTACT INFO

Central Clinic Behavioral Health

piomboma@centralclinic.org

513-558-5857

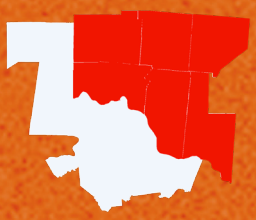
www.centralclinic.org

2825 Burnet Avenue
Cincinnati, OH 45219

WHO I SERVE

Children (6-10) Preteen Teen

SERVICE AREA



OHIO

Brown County
Butler County
Clermont County
Hamilton County
Warren County

COMMUNITY ENGAGEMENT

- Presentation

TOPICS: working with the Latino Community, Trauma Informed Care

PRACTICE INFO

- [x] In-Person
- [x] Gender Affirming Care
- [x] LGBTQIA+ Supporting Care

ORIENTATION

Behavioral
Cognitive-Behavioral
Family Systems
Person-Centered

MODALITIES

- Art Therapy
- Clinical Supervision and Licensed Supervisors
- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Culturally sensitive
- Emotionally Focussed
- Expressive Arts
- Family Systems
- Feminist
- Humanistic
- Interpersonal
- Mindfulness-Based (MBCT)
- Motivational Interviewing
- Multicultural
- Narrative
- Person-Centered
- Rational Emotive Behavior (REBT)
- Sandplay
- Strength-Based
- Trauma Focused

SPECIALTIES

Children and Adolescents, the Latino Community

PAYMENT OPTIONS

- [x] **Medicaid**
  All Medicaid
- [x] **Self Pay**

DR. MISKA PRATER

PsyD **She/Her**

Therapist/Counselor

Language: English Only

Dr. Miska Prater is a native of Cincinnati and holds a doctorate in Clinical Psychology from Adler University. She has experience working in various settings including community mental health, a women's shelter, college counseling, forensics, and private practice. Currently, Dr. Prater is a therapist at Restorative Collective, LLC, where her focus areas include anxiety, depression, life transitions, racial identity, and LGBTQ+ issues. Additionally, she is trained in trauma, assessment, and working with juveniles with sexually offending behaviors. Dr. Prater uses a social justice lens, and a collaborative approach to treatment with adolescents and adults to process their experiences, manage their emotions, and move toward healing.

CONTACT INFO

Restorative Collective, LLC

drprater@restorativecollective.com

513-279-2464
773-217-8364

Cincinnati, OH 45220

WHO I SERVE

Teens Adults Elders (65+)

SERVICE AREA

OHIO
Hamilton County

COMMUNITY ENGAGEMENT

- Conference
- Mentoring
- Conversation
- Workshop

TOPICS: Setting boundaries, selfcare, most mental health related topics

PRACTICE INFO

- [x] Telehealth
- [x] Gender Affirming Care
- [x] LGBTQIA+ Supporting Care

ORIENTATION

Cognitive-Behavioral

Person-Centered

MODALITIES

- Acceptance and Commitment Therapy (ACT)
- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Collaborative Therapy
- Compassion-Focused Therapy (CFT)
- Culturally sensitive
- Eclectic Therapy
- Emotionally Focused
- Feminist
- Humanistic
- Integrative
- Interpersonal Mindfulness-Based (MBCT)
- Motivational Interviewing
- Multicultural
- Person-Centered
- Strength-Based
- Trauma Focused

SPECIALTIES

Anxiety
Bipolar Disorder
Depression
Relationship Issues
Self Esteem
Sexual Abuse

PAYMENT OPTIONS

- [x] **Health Insurance**
  Aetna
  BlueCross BlueShield Care-Source
  Optum
  UMR
  UnitedHealthcare UHC|UBH
- [x] **Medicaid**
  CareSource
- [x] **Self Pay**
- [x] **Sliding scale**
  Based on Income

SHELBY PRESSLEY

QMHS **She/Her**

Life Coach

Language: English Only

Shelby is an Empowerment and Wellbeing Coach who advocates for others as they navigate their wellness journey. She understands that wellness isn't cookie-cutter, as what works for someone else may not work for you. Choosing how to be good to yourself should be individualized because each of our paths are varied and different, yet still beautiful! Shelby has learned to tap into her natural gift of connecting with others and using both her personal and professional experiences to educate others through challenging times. Shelby meets everyone where they are in their journey through thought work, personal accountability and empowerment practices. When you know better, you do better!

CONTACT INFO

Ever-Evolving Wellness, LLC

shelbycpressley@gmail.com

513-387-9369

www.everevolvingwellbeing.squarespace.com

Anywhere within Service Area

WHO I SERVE

Teen Adults Elders (65+)

SERVICE AREA

OHIO

Butler County
Clermont County
Hamilton County
Warren County

KENTUCKY

Boone County
Campbell County
Kenton County
Pendleton County

COMMUNITY ENGAGEMENT

- Coaching
- Webinar
- Conversation
- Workshop
- Presentation

TOPICS: Wellness in the Workplace, Understanding Generational Trauma, Boundaries & You, Boundaries in the Workplace, How to Take Pride In Your Product

SOCIAL MEDIA

@ever.evolving.wellbeing

PRACTICE INFO

- [x] In-Person
- [x] Telehealth
- [x] Gender Affirming Care
- [x] LGBTQIA+ Supporting Care

ORIENTATION

Behavioral Cognitive-Behavioral Person-Centered

MODALITIES

- Interpersonal
- Person-Centered
- Strength-Based
- Transpersonal
- Trauma Focused

SPECIALTIES

Anxiety Depression Self Esteem

PAYMENT OPTIONS

- [x] Self Pay

MEERA RASTOGI

Therapist/Counselor

Language: English Only

PhD, ATR-BC **She/Her**

Approach to Therapy Meera Rastogi has experience working with people from small towns to those who are immigrants or second-generation. Her therapy skills are rooted in dialectical and cognitive behavioral therapies as well as in psychoanalytic and Jungian approaches. She tends to use the approach that best suits the needs of her clients and believes the heart of therapy comes from building a strong connection. She is most passionate about helping clients understand and navigate their way to developing mental health and life balance. Meera strongly believes this path should be available to all people. Experience Meera Rastogi is a licensed psychologist, registered, board certified art therapist, and certified group psychotherapist. She received her master's and doctorate in counseling psychology from The Ohio State University and a master's in art therapy from Saint Mary of the Woods College.

CONTACT INFO

Meera Rastogi

rastogma@gmail.com

www.cerebral.com/therapists

WHO I SERVE

Teen Adults Elders (65+)

SERVICE AREA

OHIO
- Brown County
- Butler County
- Clermont County
- Hamilton County
- Warren County

INDIANA
- Dearborn County
- Ohio County
- Union County

KENTUCKY
- Boone County
- Bracken Country
- Campbell County
- Gallatin County
- Grant County
- Kenton County
- Pendleton County

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Mentoring
- Presentation
- Webinar
- Workshop

PRACTICE INFO

☑ Telehealth

ORIENTATION

Cognitive-Behavioral Psychoanalytic Jungian

MODALITIES

- Art Therapy
- Client-Centered Therapy
- Dialectical Behavior Therapy (DBT)
- Jungian
- Positive Psychology
- Psychodynamic
- Strength-Based

SPECIALTIES

ADHD
Anxiety
Depression
Self Esteem

PAYMENT OPTIONS

☑ Self Pay

URSULA ROBINSON

Therapist/Counselor

Language: English Only

EMDR **She/Her**

We are a mental health group practice located in Forest Park, OH. Our services include individual, family, couples, and group therapy for children, teens, and adults. We provide both telehealth and in-person sessions to ensure flexible and accessible care. We are committed to supporting the mental well-being of our community with comprehensive and compassionate treatment.

CONTACT INFO

A Better You Counseling

ursula@abetterucounseling.com

513-294-8330

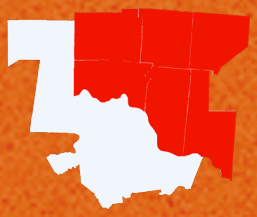
www.abetterucounseling.com

1375 Kemper Meadows Dr Suite 12
Cincinnati, OH 45240

WHO I SERVE

Teen Adults Elders (65+)

SERVICE AREA



OHIO

Brown County
Butler County
Clermont County
Hamilton County
Warren County

COMMUNITY ENGAGEMENT

- Mentoring

SOCIAL MEDIA

A Better U Counseling

@a_better_you_counseling_llc

PRACTICE INFO

☑ In-Person ☑ Telehealth

ORIENTATION

Behavioral
Cognitive-Behavioral
Family Systems
Person-Centered
Psychoanalytic

MODALITIES

- Christian Counseling
- Clinical Supervision and Licensed Supervisors
- Cognitive Behavioral Therapy (CBT)
- Culturally sensitive
- Motivational Interviewing
- Psychoanalytic
- Strength-Based
- Trauma Focused

SPECIALTIES

Anxiety
Bipolar Disorder
Depression
Grief
Relationship Issues
Self Esteem

PAYMENT OPTIONS

☑ **Health Insurance**

Aetna
Aetna|Elevance
BlueCross BlueShield
Buckeye
CareSource
Cigna and Evernorth
Humana
Medical Mutual
Optum
UMR
UnitedHealthcare UHC | UBH
First Health Networks

☑ **Medicaid**

☑ **Self Pay**

TANESHA RORIE

LPCC, PhD **She/Her**

Therapist/Counselor

Language: English Only

Dr. Tanesha Rorie (She/Her/Hers) is a Licensed Professional Clinical Counselor and a Counselor Educator. She currently has a private practice in which she specializes in interpersonal therapeutic practices through a cultural feminist framework. She has experience working with communities of color, specifically Black/African American individuals and women of color. Dr. Rorie also has experience working with the college population including work with LGBTQ+ folx and couples counseling. She has teaching experiences in counseling programs dating back to 2015 and has served in various capacities in professional counseling organizations, including service as the President for the Ohio Association for Counselor Education and Supervision (2022-2023). Dr. Rorie's research projects and passions fall in the areas of cross-cultural counseling, social justice and advocacy, and Black Mental health experiences.

CONTACT INFO

New Walk Counseling Services, LLC

taneshaw88@gmail.com

234-281-2109

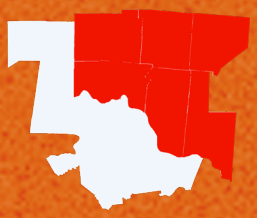
NA

1172 W. Galbraith Rd., Suite #102
Cincinnati, OH 45231

WHO I SERVE

Adults Elders (65+)

SERVICE AREA



OHIO

Brown County
Butler County
Clermont County
Hamilton County
Warren County

COMMUNITY ENGAGEMENT

- Conversation
- Mentoring
- Presentation
- Webinar
- Workshop

PRACTICE INFO

- [x] Telehealth
- [x] Gender Affirming Care
- [x] LGBTQIA+ Supporting Care

ORIENTATION

Person-Centered Interpersonal Relational-Cultural

MODALITIES

- Christian Counseling
- Clinical Supervision and Licensed Supervisors
- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Couples Therapy
- Culturally sensitive
- Family Systems
- Family Therapy
- Feminist
- Integrative
- Interpersonal
- Mindfulness-Based (MBCT)
- Motivational Interviewing
- Multicultural
- Person-Centered
- Relational
- Solution Focused Brief (SFBT) Strength-Based

SPECIALTIES

Anxiety
Depression
Relationship Issues
Self Esteem

PAYMENT OPTIONS

- [x] Self Pay

DR. UMONA L. SHARP

PhD, TRS, CCPC, LCDCIII **She/Her**

Language: English Only

Therapist/Counselor

Life Coach

Peer Support/ Addiction Recovery

My name is Dr. Umona L. Sharp, the CEO and founder of Stay Free Ministries, LLC. I have dedicated my life to serve men, women, and children in their quest for transformation and freedom. I have over 25 years of experience in mental health, behavioral health, and chemical dependency. I hold a Bachelor of Science degree in Therapeutic Recreation from Indiana University and a Master of Arts degree in Christian Counseling from American Christian College and Seminary. I hold a Doctorate degree in Christian Clinical Counseling from Colorado Theological Seminary. I'm affiliated with the National Christian Counseling Association as a Pastoral Clinical Christian Counselor. I'm licensed and ordained by Stay Free Today, Inc and The Turning Pointe Outreach Ministries, LLC as a minister and pastoral counselor.

CONTACT INFO

Stay Free Ministries, LLC

Info@stayfreetoday.com

513-268-7153

www.stayfreeministries.info

38 Triangle Park Dr. Suite 3813
Cincinnati, OH 45246

WHO I SERVE

Children (6-10) Preteen

Teen Adults Elders (65+)

SERVICE AREA

OHIO
Brown County
Butler County
Clermont County
Hamilton County
Warren County

INDIANA
Dearborn County
Ohio County
Union County

KENTUCKY
Boone County
Bracken Country
Campbell County
Gallatin County
Grant County
Kenton County
Pendleton County

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Conversation
- Mentoring
- Presentation
- Webinar
- Workshop

TOPICS: Anxiety, temperament traits, trauma, depression

SOCIAL MEDIA

Stay Free Ministries, LLC

@Stayfree_ministries

PRACTICE INFO

☑ In-Person ☑ Telehealth

☑ Performs Testing/Evaluations

ORIENTATION

Behavioral Cognitive-Behavioral Person-Centered

MODALITIES

- Art Therapy
- Christian Counseling
- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Couples Therapy
- Family Therapy
- Motivational Interviewing
- Play Therapy
- Trauma Focused

SPECIALTIES

Addiction
ADHD
Anger Management
Anxiety
Bipolar Disorder
Child
Depression
Eating Disorders
Grief
Obsessive-Compulsive
Relationship Issues
Self Esteem
Sexual Abuse
Trauma

PAYMENT OPTIONS

☑ **Self pay**

☑ **Sliding scale**
Based on Income

☑ **Other:**
HSA and FSA Vouchers

CHRISTINA SHERROD

APRN **She/Her**

Health Care/Meds Mgmt

Language: English Only

Christina Sherrod MSN, APRN, FNP-BC is a family nurse practitioner and has been a nurse for over 14 years. She has experience in correctional facilities, with the homeless population, with the underserved community, with those who suffer from substance abuse, but her heart is with pediatrics. She is a big advocate for working with children and making sure they are educated on their mental and physical health. Christina owns her own affordable cash-based business and specializes in depression, anxiety, ADHD, addiction, sexual health, intellectual disabilities, gender-affirming care, and provides a safe space for those who need to just talk. Christina is a huge advocate for mental health in the Black community in Cincinnati and volunteers at many events.

CONTACT INFO

Bedside Manner Telehealth

info@bedsidemannertelehealth.com

513-463-8549

www.bedsidemannertelehealth.com

Cincinnati, OH

WHO I SERVE

Toddler Children (6-10) Preteen

Teen Adults Elders (65+)

SERVICE AREA

OHIO

Butler County

Hamilton County

COMMUNITY ENGAGEMENT

- Coaching
- Presentation
- Conversation
- Workshop
- Mentoring

TOPICS: Advocacy, Child and Adolescent. Women. Nutrition

SOCIAL MEDIA

Bedside Manner Telehealth

PRACTICE INFO

- [x] Telehealth
- [x] Performs Testing/Evaluations
- [x] Gender Affirming Care
- [x] LGBTQIA+ Supporting Care

ORIENTATION

Person-Centered

MODALITIES

- Culturally sensitive
- Integrative
- Person-Centered

SPECIALTIES

Addiction

ADHD

Anxiety

Child & Adolescent Mental Health

Depression

COMMUNITY ENGAGEMENT

- **Coaching**
- **Mentoring**
- **Workshop**
- **Conversation**
- **Presentation**

TOPICS: Sexual Education, Women's Health, Mental Health in the homeless and underserved community, weight loss management, advocating for Black people's health during a health care visit, breaking the stigma of mental health in the BIPOC community

PAYMENT OPTIONS

- [x] **Self Pay**
- [x] **Other**
  HSA/FSA eligible

ROSALIND R. SMITH

Therapist/Counselor

Language: English Only

LPCC-S **She/Her**

Rosalind R. Smith is an LPCC-S who specializes in Christian Trauma counseling. Her passion is helping couples and individuals heal from emotional pain and trauma. Rosalind utilizes a holistic approach while working with her clients, incorporating techniques such as Aromatherapy, Emotional Freedom Techniques, Mindfulness Meditation, and Brainspotting. Rosalind has had an amazing opportunity of experiencing many individuals and couples connect with God and improve the quality of their lives and relationships. She feels great joy while working with her clients and seeing the transformation of their lives from their initial meeting. "There is no doubt in my mind that I was purposed to be a counselor. I absolutely love my work!"

CONTACT INFO

Rosalind Smith Counseling

rosalind@rosalindsmithcounseling.com

513-843-6003

www.rosalindsmithcounseling.com

431 Ohio Pike, Suite 156
Cincinnati, OH 45255

WHO I SERVE

Teen Adults Elders (65+)

SERVICE AREA

OHIO

Brown County
Butler County
Clermont County
Hamilton County
Warren County

KENTUCKY

Boone County
Campbell County
Grant County
Pendleton County
Bracken Country
Gallatin County
Kenton County

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Presentation
- Webinar
- Workshop

SOCIAL MEDIA

Rosalind Smith Counseling

@rosalindsmithcounseling

PRACTICE INFO

☑ In-Person ☑ Telehealth

ORIENTATION

Person-Centered

MODALITIES

- Acceptance and Commitment Therapy (ACT)
- Attachment-Based Therapy
- Cognitive Behavioral Therapy (CBT)
- Culturally sensitive
- Emotionally Focused
- Family Therapy
- Interpersonal
- Parent- Child Interaction (PCIT)
- Play Therapy
- Strength-Based
- Trauma Focused

SPECIALTIES

ADHD
Anger Management
Anxiety
Child
Depression
Grief
Relationship Issues
Self Esteem
Racial trauma
Race-related Stress

PAYMENT OPTIONS

☑ **Health Insurance**

Aetna
BlueCross BlueShield
Buckeye
CareSource
Cigna and Evernorth
Humana
Optum
UMR
UnitedHealthcare
UHC | UBH

☑ **Sliding scale**

Based on Income

☑ **Self Pay**

ZOE STALLINGS

Therapist/Counselor

Language: English Only

LPC, MA **She/Her**

I am a licensed professional counselor currently working at Aligning Intimacy as a sex therapy and relationship counselor for individuals and couples. I received a Master's degree in Mental Health Counseling from the University of Cincinnati. I am eager to live out my passion of exploring ways to assist clients in their journey of self-discovery and growth. I firmly believe that every individual possesses the innate potential for growth and self-awareness. My approach to counseling is rooted in collaboration and connection-building. I find joy in establishing meaningful relationships with my clients and working together towards their goals. With an eclectic counseling style, I draw upon a diverse range of experiences to tailor a personalized approach for each client.

CONTACT INFO

Alinging Intimacy

zoe@aligningintimacy.com

513-202-3096

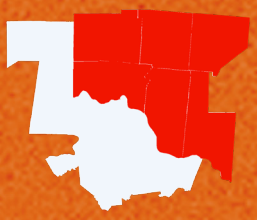
https://aligningintimacy.com

8567 Mason Montgomery Rd # 34
Mason, OH 45040

WHO I SERVE

Preteen
Teen
Adults
Elders (65+)

SERVICE AREA



OHIO

Brown County
Butler County
Clermont County
Hamilton County
Warren County

COMMUNITY ENGAGEMENT

- Coaching
- Mentoring
- Conference
- Presentation
- Conversation
- Workshop

TOPICS: Sex Therapy & Education, Trauma-Informed Care, BIPOC support

SOCIAL MEDIA

Zoe Stallings LPC

@ Counselor_Zoe

PRACTICE INFO

☑ In-Person ☑ Telehealth

☑ Gender Affirming Care ☑ LGBTQIA+ Supporting Care

ORIENTATION

Behavioral
Person-Centered
Family Systems
Other: Eclectic Counseling style

MODALITIES

- Acceptance and Commitment
- Art Therapy
- Attachment-Based Therapy
- Client-Centered Therapy
- Cognitive Behavioral Therapy
- Collaborative Therapy
- Couples Therapy
- Culturally sensitive
- Dance and Movement Therapy
- Dialectical Behavior Therapy
- Eclectic Therapy
- Emotionally Focused
- Existential
- Experiential Therapy
- Expressive Arts
- Family Systems
- Family Therapy
- Feminist
- Humanistic
- Integrative
- Internal Family Systems (IFS)
- Interpersonal
- Mindfulness-Based (MBCT)
- Motivational Interviewing
- Multicultural
- Music Therapy
- Narrative
- Person-Centered
- Play Therapy
- Positive Psychology
- Psychodynamic
- Psychological Testing and Evaluation
- Rational Emotive Behavior (REBT)
- Reality Therapy
- Relational
- Sandplay
- Solution Focused Brief (SFBT)
- Somatic
- Strength-Based
- Trauma Focused

SPECIALTIES

ADHD
Anger Management
Anxiety
Depression
Relationship Issues
Self Esteem
Sex Therapy
Sexual Abuse

PAYMENT OPTIONS

☑ Self pay ☑ Sliding scale based on income

LEAH STEVERSON

MSW, LISW-S **She/Her**

Therapist/Counselor

Language: English Only

Leah Steverson, LISW-S, is the Founder, Executive Director, and a dedicated Therapist at Blue Skyy Therapeutic Services. She received her BA in Sociology, Psychology, and Social Work from the University of Dayton and her MA in Social Work from Case Western Reserve University. Leah is a Licensed Independent Social Worker with supervision designation in the State of Ohio. Leah loves being a therapist and views the therapeutic process as a partnership to maximize potential. She values a multidisciplinary, integrative approach and believes in the power of collaboration and unity. Her work emphasizes empowering individuals and families to be the best versions of themselves, recognizing the importance of meeting them where they are. Specializing in trauma-informed care and maternal mental health, Leah's expertise lies in utilizing a somatic

CONTACT INFO

Blue Skyy Therapeutic Services

Leah@blueskyytherapeuticservices.com

513-202-3888

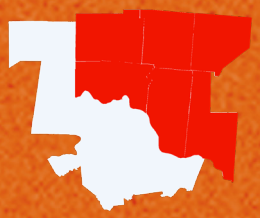
www.blueskyytherapy.com

10979 Reed Hartman Hwy Suite 317
Cincinnati, OH 45242

WHO I SERVE

Teen (16+) Adults

SERVICE AREA



OHIO
All Counties

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Conversation
- Mentoring
- Presentation
- Webinar
- Workshop

TOPICS: Self care, Black maternal health, somatic therapy

SOCIAL MEDIA

Blue Skyy Therapeutic Services, LLC

@blueskyytherapeuticservicesllc

PRACTICE INFO

☑ In-Person ☑ Telehealth

ORIENTATION

Behavioral
Cognitive-Behavioral
Family Systems
Person-Centered
Psychoanalytic

MODALITIES

- Brainspotting
- Christian Counseling
- Cognitive Behavioral Therapy (CBT)
- Cognitive Processing Therapy (CPT)
- Couples Therapy
- Dialectical Behavior Therapy (DBT)
- Integrative
- Motivational Interviewing
- Positive Psychology
- Somatic
- Strength-Based
- Trauma Focused

SPECIALTIES

Anger Management
Anxiety
Borderline Personality
Depression
Grief
Relationship Issues
Self Esteem
Sexual Abuse

PAYMENT OPTIONS

☑ **Health Insurance**

Aetna
Aetna|Elevance
BlueCross BlueShield
Buckeye
CareSource
Cigna and Evernorth
Optum
Oscar Health
UMR
UnitedHealthcare UHC | UBH

☑ **Medicaid**

Caresource
Buckeye
United Healthcare

☑ **Self Pay**

LA SHANDA SUGG

Therapist/Counselor

Language: English Only

LPC **She/Her**

La Shanda (she/her) Sugg is a spiritual force who uses her heart, empathetic spirit, and specialized education in trauma to help others heal. She's the Chief Love Officer and Founder of Labors of Love, a practice that offers clientele a wide range of services including relationship therapy, liberatory coaching, and intimate healing circles. She utilizes her personal healing experiences combined with divine guidance, ancestral wisdom, years of knowledge-gathering and formal education to create a personalized healing journey for others. She believes that "deconditioning and unlearning are two of the most difficult, yet necessary, processes one can engage" - this is seen in her practice as she works closely with clients to identify and repair the deeply rooted elements (trauma) which inherently impact their troubled relationships.

CONTACT INFO

Labors of Love Counseling and Consulting, LLC

lashanda@thelaborsoflove.com

859-429-3160

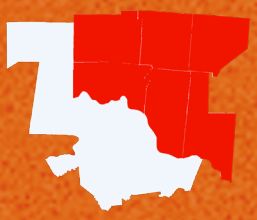
www.thelaborsoflove.com

969 Reading Rd. St. E
Mason, OH 45040

WHO I SERVE

Teen Adults Elders (65+)

SERVICE AREA



OHIO

- Brown County
- Butler County
- Clermont County
- Hamilton County
- Warren County

COMMUNITY ENGAGEMENT

- Coaching
- Presentation
- Conference
- Workshop

TOPICS:
Understanding the Nervous System

SOCIAL MEDIA

Labors of Love Counseling and Consulting, LLC

@laborsoflove513

PRACTICE INFO

- [x] In-Person
- [x] Telehealth
- [x] Gender Affirming Care
- [x] LGBTQIA+ Supporting Care

ORIENTATION

Other

MODALITIES

- Attachment-Based Therapy
- Couples Therapy
- Culturally sensitive
- EMDR
- Family Therapy
- Internal Family Systems (IFS)
- Multicultural
- Relational
- Somatic
- Trauma Focused

SPECIALTIES

Relationship Issues

Sexual Abuse

PAYMENT OPTIONS

- [x] Self Pay

SHANTEL THOMAS

Therapist/Counselor

Language: English Only

LCSW, LPCC-S, PhD **She/Her**

A Sound Mind Counseling Service believes that everyone who walks through our doors can receive total mind, body and spiritual wellness. We offer a variety of services; speaking engagements, crisis management and including individual, child, adolescent, family, and group therapy.

CONTACT INFO

A Sound Mind Counseling Service

Asndmnd1@yahoo.com

513-948-0023

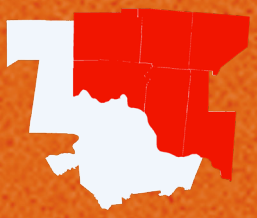
www.asoundmindcounseling.com

203 E. Galbraith Rd
Cincinnati, OH 45216

WHO I SERVE

Teen Adults Elders (65+)

SERVICE AREA



OHIO

- Brown County
- Butler County
- Clermont County
- Hamilton County
- Warren County

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Conversation
- Presentation
- Webinar
- Workshop
- Crisis intervention
- Stress management

TOPICS: Work life balance civility in the work place; conflict resolution; loneliness and isolation in today's world... and others

PRACTICE INFO

☑ In-Person ☑ Telehealth

☑ Performs Testing/Evaluations

ORIENTATION

Behavioral
Cognitive-Behavioral
Family Systems
Person-Centered

MODALITIES

- Christian Counseling
- Clinical Supervision and Licensed Supervisors
- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Couples Therapy
- Culturally sensitive
- Gottman Method
- Intervention
- Mindfulness-Based (MBCT)
- Multicultural
- Narrative
- Prolonged Exposure Therapy
- Reality Therapy
- Solution Focused Brief (SFBT)
- Trauma Focused

SPECIALTIES

Anger Management
Anxiety
Bipolar Disorder
Depression
Grief
Relationship Issues
Self Esteem
Sexual Abuse

PAYMENT OPTIONS

☑ **Health Insurance**
Aetna
BlueCross BlueShield
Buckeye
CareSource
Cigna and Evernorth
Humana
Medical Mutual
Optum
UMR
UnitedHealthcare UHC | UBH

☑ **Medicaid**
AmeriHealth Caritas
Molina

☑ **Medicare**
visit company website

☑ **Self Pay**

PHUONGLOAN VO

LISW-S, PhD **She/Her**

Therapist/Counselor

Language: English, Vietnamese

Phuongloan (Loan) Vo, PhD, LISW-S provides short term and in-depth long term psychosocial therapy for individuals with diverse identities who struggle with anxiety, depression, traumatic experiences, as well as loss and grief and life transitions. She facilitates a safe and supportive environment for individuals to develop increased insight about themselves, build skills and capacities to manage stressors and life challenges. Treatment modalities include contemporary relational psychodynamic therapy, humanistic approach that inform problem solving and strategic behavior management.

CONTACT INFO

Phuongloan Vo, Inc.

loan.vo.lisws@gmail.com

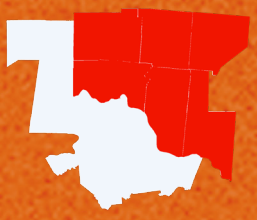
513-319-1446

2200 Victory Parkway, Suite 602
Cincinnati, OH 45206

WHO I SERVE

Teen Adults Elders (65+)

SERVICE AREA



OHIO

- Brown County
- Butler County
- Clermont County
- Hamilton County
- Warren County

COMMUNITY ENGAGEMENT

- Conference
- Conversation
- Mentoring
- Presentation
- Workshop

TOPICS: Trauma treatment; facilitating difficult conversation; multi-cultural interactions; issues of diversity, mental health

PRACTICE INFO

☑ In-Person ☑ Telehealth

☑ LGBTQIA+ Supporting Care

ORIENTATION

Cognitive-Behavioral
Existential
Person-Centered
Psychoanalytic

MODALITIES

- Couples Therapy
- Culturally sensitive
- Emotionally Focused
- Existential
- Family Systems
- Feminist
- Humanistic
- Multicultural
- Person-Centered
- Psychodynamic
- Trauma Focused

SPECIALTIES

Addiction
Anger Management
Borderline Personality (BPD)
Depression
Grief
Relationship Issues
Self Esteem

PAYMENT OPTIONS

☑ **Self Pay**

☑ **Sliding scale**
Based on Income

LAUREN WHITE

Therapist/Counselor

Language: English Only

MA, LPCC-S **He/Him**

Lauren White has a BA degree in Political Science and a MA in Clinical Mental Health Counseling. He is currently working on his Ph. D. in Counseling Education and Supervision at the University of Cincinnati. He works as a Clinical Supervisor at GRO Clinical Services, an organization geared towards providing counseling and case management services to Black and Brown males. Furthermore, he is the Founder/CEO of Profound Masterminds Institute which is a think tank/nonprofit that provides consultation to nonprofits, churches, businesses, governmental organizations, and otherwise. He is also the owner of White Comprehensive Services which provides counseling, supervision, consultation, and other services to individuals, businesses, nonprofits, churches, governmental organizations, political campaigns, and otherwise. He is also able to provide referrals as well.

CONTACT INFO

GRO Clinical Services

lwhite@grocommunity.org

513-549-3573

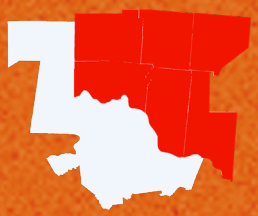
https://www.grocommunity.org/

1435 Vine Street
Cincinnati, OH 45202

WHO I SERVE

Children (6-10) Preteen
Teen Adults Elders (65+)

SERVICE AREA



OHIO
Brown County
Butler County
Clermont County
Hamilton County
Warren County

COMMUNITY ENGAGEMENT

- Conference
- Conversation
- Mentoring
- Presentation
- Webinar
- Workshop
- Other

TOPICS: Mental Health in particular BIPOC and BIPOC male mental health. Spirituality. Others when asked

PRACTICE INFO

☑ In-Person ☑ Telehealth

ORIENTATION

Behavioral Cognitive-Behavioral Ecological

MODALITIES

- Christian Counseling
- Clinical Supervision and Licensed Supervisors
- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Integrative
- Mindfulness-Based (MBCT)
- Motivational Interviewing
- Multicultural
- Person-Centered
- Reality Therapy
- Strength-Based

SPECIALTIES

Addiction
Anxiety
Bipolar Disorder
Depression
Grief
Relationship Issues
Self Esteem Sexual Abuse
Racial trauma
Race-related Stress

PAYMENT OPTIONS

☑ **Health Insurance**
Aetna
BlueCross BlueShield
Buckeye
CareSource
Humana
UnitedHealthcare UHC | UBH
Molina

☑ **Medicaid**

☑ **Self Pay**

TERRI BOLDS WILKINSON-HILL

LPC She/Her

Therapist/Counselor

Language: English Only

Terri Bolds is a licensed therapist, author, public speaker and the creator of Bold Visions Consulting; a business created to educate the community on mental health, emphasizing on self-esteem and self-empowerment. Receiving a BA in psychology and Masters in 2006 from Wright State University; she worked as a therapist for a short period of time before taking positions as an Associate Professor, Mental Health Specialist and substitute teacher over the years. In 2015, Terri founded her business Bold Visions Consulting focusing on esteem, and empowerment as if she were addressing her younger self. With Bold Visions, Terri has been able to conduct and facilitate workshops, speak and educate on mental health in schools and churches with youth participants.

CONTACT INFO

Bold Visions Consulting, LLC

boldvisionsconsultingllc@gmail.com

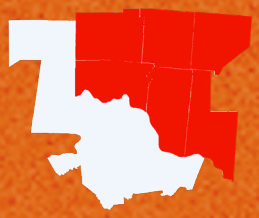
513-299-8177

https://boldvisionsconsulting.com

WHO I SERVE

Teens Adults

SERVICE AREA



OHIO

Brown County
Butler County
Clermont County
Hamilton County
Warren County

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Presentation
- Webinar
- Workshop

PRACTICE INFO

☑ Telehealth

ORIENTATION

Cognitive-Behavioral Person-Centered

MODALITIES

Cognitive Behavioral Therapy (CBT)

SPECIALTIES

Adjustment Disorders
Anxiety
Substance Abuse
Trauma
Depression
Self-esteem
Self-harm

Those struggling with Fatherlessness;
Fathers navigating life stressors;
Fatherhood DNA results: Now what Adjustment Disorder

PAYMENT OPTIONS

☑ Medicaid

CareSource
Humana
Molina
Amerihealth

☑ Self pay

COURTNI WRIGHT

Therapist/Counselor

Language: English Only

LISW **She/Her**

I am a certified clinical child/ adolescent treatment professional and a trauma-focused cognitive behavioral therapy certified therapist with experience in early childhood development and adult behavioral health. In addition, l offer psychotherapy via in-person or virtual sessions to adults experiencing anxiety, depression, and trauma.

PRACTICE INFO

☑ In-Person ☑ Telehealth

ORIENTATION

Behavioral Cognitive-Behavioral

MODALITIES

- Acceptance and Commitment Therapy (ACT)
- Cognitive Behavioral Therapy (CBT)
- Trauma Focused

SPECIALTIES

Anxiety Depression

PAYMENT OPTIONS

☑ **Health Insurance**
BlueCross BlueShield
Humana
Optum
UMR
UnitedHealthcare UHC | UBH

☑ **Medicare**

☑ **Self Pay**

CONTACT INFO

Mental Cleanse Therapeutic & Consulting Services, LLC

wrightdaw@cwrightlisw.com

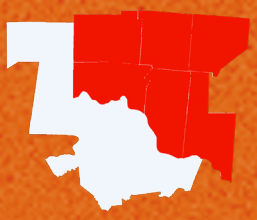
513-213-0056

430 Reading Road Suite 300
Cincinnati Ohio 45202

WHO I SERVE

Adults Elders (65+)

SERVICE AREA



OHIO
Brown County
Butler County
Clermont County
Hamilton County
Warren County

KIMBERLY YOUNGBLOOD

Therapist/Counselor

Language: English, ASL

EdD, LICDC/ICDAC **She/Her**

Youngblood Counseling and Consultation Services, LLC is a faith-based, black-owned, female-owned counseling and consulting service that provides an emotionally safe, judgment-free atmosphere for emotional or spiritual healing. We provide mental health counseling by utilizing research-based therapy, including but not limited to Faith-Based Principles, Cognitive Behavioral Therapy, Dialectical Behavior Therapy, Forgiveness Therapy, Trauma Therapy, and our 30 years of experience. Start your journey to mental wellness; we are here to support, guide, and examine the issues that concern you.

CONTACT INFO

Youngblood Counseling and Consultation Services LLC

YoungbloodCandCLLC@gmail.com

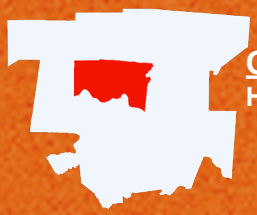
513-549-2681

690 Northland Blvd
Cincinnati, OH 45224

WHO I SERVE

Preteens
Teens
Adults
Elders (65+)

SERVICE AREA



OHIO
Hamilton County

COMMUNITY ENGAGEMENT

- Coaching
- Conference
- Conversation
- Mentoring
- Presentation
- Workshop

TOPICS: Sex Therapy & Education, Trauma-Informed Care, BIPOC support

PRACTICE INFO

☑ In-Person ☑ Telehealth

☑ Performs Testing/Evaluations

ORIENTATION

Cognitive-Behavioral
Family Systems
Person-Centered

MODALITIES

- Attachment-Based Therapy
- Christian Counseling
- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Couples Therapy
- Dialectical Behavior Therapy (DBT)
- Family Therapy
- Gestalt
- Gottman Method
- Intervention
- Person-Centered
- Psychoanalytic
- Rational Emotive Behavior (REBT)
- Trauma Focused

SPECIALTIES

Addiction
Anger Management
Anxiety
Depression
Grief
Relationship Issues
Self Esteem
Sexual Abuse

PAYMENT OPTIONS

☑ **Health Insurance**

Aetna
Aetna|Elevance
BlueCross BlueShield
CareSource
Cigna and Evernorth
Humana
Medical Mutual
Optum
UMR
UnitedHealthcare UHC | UBH
Curalinc EAP
TriHealth EAP

☑ **Medicare**

CareSource

INDEX I: QUICK CONTACT LIST

Name & Business	YIP	Format	Contact Information	Physical Address	Web Address
Kristina Murray – Sure Space Therapy, LLC	NA	In-Person Tele-health	513-258-4051 Kristina@surespacetherapy.com	10979 Reed Hartman Hwy Blue Ash, Ohio 45242	www.surespacetherapy.com
Dudley Layfield III Guiding Paths Therapy	5	In-Person Tele-health	513-646-8710 Dudleylay@aol.com	Not listed	http://www.guidingpathstherapy.com/
Eric Hollie – Speak Life Counseling & Life Coaching Services	15	In-Person Tele-health	513-341-7036 speaklifecounseling@yahoo.com	230 Northland Blvd., Suite 335 Cincinnati, Ohio 45246	www.speaklifecounseling.net
Terri Bolds Wilkinson-Hill Bold Visions Consulting, LLC	17	Telehealth	513-299-8177 boldcounselor3@gmail.com	Not listed	https://boldvisionsconsulting.com
Zoe Stallings – Alinging Intimacy	2	In-Person Tele-health	513-202-3096 zoe@aligningintimacy.com	8567 Mason Montgomery Rd # 34 Mason, Ohio 45040	https://aligningintimacy.com/
Alicea Martin-Pressley – Inspired Thoughts Counseling Service LLC	6	Telehealth	513-371-1161 videotelehealth@outlook.com	PO Box 504 Middletown, Ohio 45042	http://www.inspiredthoughtscoun-selingservice.com/
Charmain Hood – Healing Con-nection Mental Health Services	10	In-Person Tele-health	513-549-4052 Chood@healing-connections.org	8044 Montgomery Road Cincinnati, Ohio 45236	www.healing-connections.org
Kimberly Youngblood Counseling and Consultation Services LLC	33	In-Person Tele-health	513-549-2681 YoungbloodCandCLLC@gmail.com	690 Northland Blvd Cincinnati, Ohio 45224	None Listed
Yvette Dorsey-Benson Star Pathways	3	In-Person Tele-health	866-975-7469 ydbenson@star-pathways.com	70 Birch Alley, Ste 240 Beavercreek, Ohio 45440-1477	www.star-pathways.com
Ritchie Hall II Psychworks Clinic	9	In-Person Tele-health	513-549-0646 psychworksllc@gmail.com	4239 Hamilton Avenue 2A Cincinnati, Ohio 45223	https://psychworksllc.com/
Jeralyn Boyd JR GATT, LLC Health & Wellness	12	In-Person Tele-health	513-499-1765 jrgattllc@gmail.com	430 Reading Road Suite 300 Cincinnati, Ohio 45202	jhttps://jrgattllc.mailchimpsites.com/
Orienta Eison – Emerging Spirit Counseling Services, LLC	18	Telehealth	513-788-1766 1emergingspirit@gmail.com	Not listed	www.emergingspiritcounseling.com
Pamela Bowers – Central Clinic Behavioral Heath Services	30	In-Person	513-558-6635 bowerpam@centralclinic.org	2825 Burnet Avenue Cincinnati, Ohio 45211	www.centralclinic.org
Jasmine Parker – Recognize Well-ness Counseling LLC	7	In-Person Tele-health	859-429-3160 Recognizewellness@outlook.com	201 East 5th St Suite 1939 Cincinnati, Ohio 45202	www.recognizewellnesscounseling.com
Rita Mercer LifeSprings Counseling, LLC	9	In-Person Tele-health	5137244673 rita@lifespringscounseling.org	2117 Beechmont Avenue Cincinnati, Ohio 45230	https://lifespringscounseling.org
La Shanda Sugg – Labors of Love Counseling and Consulting, LLC	6	In-Person Tele-health	859-429-3160 lashanda@thelaborsoflove.com	969 Reading Rd. St. E Mason, Ohio 45040	www.thelaborsoflove.com
Dr. Umona Sharp Stay Free Ministries, LLC	3	In-Person Tele-health	513-268-7153 Info@stayfreetoday.com	38 Triangle Park Dr. Suite 3813 Cincinnati, Ohio 45246	www.stayfreetoday.com
Angela Fox Angelic Therapy Services LLC	3	Telehealth	513-406-1405 Angelafox082@gmail.com	311 Elm street, #270 Cincinnati, Ohio 45202	None Listed

Name & Business	YIP	Format	Contact Information	Physical Address	Web Address
Brandon C. Brown Inclusive Counseling	3	In-Person Tele-health	513-201-7093 brandon@inclusivecounseling.net	10999 Reed Hartman Hwy. Blue Ash, Ohio 45242	www.inclusivecounseling.net
Nyesha James Njia-Pathways to Healing	2	Telehealth	513-836-8813 njia.heals@gmail.com	Not listed	https://njia-pathways.clientsecure.me/
Meera Rastogi	20	Telehealth	Online contact through Cerebral rastogma@gmail.com	Not listed	https://cerebral.com/therapists/ meera-rastogi/2850316
Steven Kniffley UC Health	11	In-Person Tele-health	513-585-7700 knifflsd@ucmail.uc.edu	3120 Burnet Avenue, 3rd Floor 304 Cincinnati, Ohio 45229	kniffleyracialtraumatherapy.com
Katlyn Heath Abuse Recovery Coalition	10	Telehealth	513-813-6718 katlyn@abuserecoverycoalition.com	2010 Madison Road #200 Cincinnati, Ohio 45208	www.abuserecoverycoalition.com
Rachael DuBose – Be the Light Clinical Supervision and Consulting	14	In-Person Tele-health	513-400-3231 bethelight.dubose@gmail.com	10979 Reed Hartman Hwy Suite 234 Cincinnati, Ohio 45242	www.be-thelight.info
Rosalind R. Smith Rosalind Smith Counseling	8	In-Person Tele-health	513-843-6003 rosalind@rosalindsmithcounseling.com	431 Ohio Pike, Suite 156 Cincinnati, Ohio 45255	www.rosalindsmithcounseling.com
Akemi Horii Soul Awakening LLC	NA	In-Person Tele-health	513-204-9547 akemi.horii@gmail.com	Not Listed	Not Listed
Lauren White GRO Clinical Services	7	In-Person Tele-health	513-518-9649 Lauren.white859@gmail.com	1435 Vine Street Cincinnati, Ohio 45202	https://grocommunity.org/
Erica Ogletree – TREEmendous Care Therapeutic Services LLC	13	In-Person Tele-health	513-866-4645 info@treemendouscare.com	11223 Cornell Park Dr. Suite 102 Blue Ash, Ohio 45242	www.TREEmendouscare.com
Maleshia Neugebauer Embrace Connection Counseling	23	Telehealth	330-756-7695 authenticallynewllc@gmail.com	1747 Olentangy River Rd #1078 Columbus, Ohio 43212	Not Listed
Ursula Robinson A Better You Counseling	13	In-Person Tele-health	513-294-8330 ursula@abetterucounseling.com	1375 Kemper Meadows Dr. Suite 12 Cincinnati, Ohio 45240	www.abetterucounseling.com
Jasmine Parker Recognize Wellness Counseling LLC	7	In-Person Tele-health	859-429-3160 Recognizewellness@outlook.com	201 East 5th St Suite 1939 Cincinnati, Ohio 45202	www.recognizewellnesscounseling.com
Susannah Coaston – Rise & Shine Counseling and Wellness	17	In-Person Tele-health	513-613-4824 Susannah.riseandshine@gmail.com	5725 Dragon Way Suite 100 Cincinnati, Ohio 45227	https://www.riseandshinecounselin- gandwellness.com/
Lady Crockett – Massive Mental Health Services	NA	Telehealth	513-790-4367 lady.Crockett@massivemhs.com	3239 Jefferson Ave Cincinnati, Ohio 45239	www.massivemhs.com
Launie Miller – Peaceful Intentions Counseling and Consulting	3	In-Person Tele-health	513-578-4479 launiemiller@peacefulintentionscc.com	1329 E Kemper Road Suite 4100H Cincinnati, Ohio 45246	peacefulintentionscc.com
Tracey King – Thriving Haven LLC	15	Telehealth	thrivinghaven@gmail.com	Not Listed	www.thrivinghaven.com
Dr. Miska Prater Restorative Collective, LLC	10	Telehealth	513-279-2464 and 773-217-8364 drprater@restorativecollective.com	Not Listed	Not Listed

Name & Business	YIP	Format	Contact Information	Physical Address	Web Address
Phuongloan Vo Phuongloan Vo, Inc.	**14**	In-Person Tele-health	513-319-1446 loan.vo.lisws@gmail.com	2200 Victory Parkway, Suite 602 Cincinnati, Ohio 45206	Not listed
Esperanza Gallon – Hope is Here Counseling & Consulting Services LLC	**11**	In-Person Tele-health	513-982-2442 egallon@hopeishere.co	11223 Cornell Park Drive, Suite 102 Blue Ash, Ohio 45242	www.hopeishere.co
Courtni Wright – Mental Cleanse Therapeutic & Consulting Services, LLC	**9**	In-Person Tele-health	513-213-0056 wrightdaw@cwrightlisw.com	430 Reading Road Suite 300 Cincinnati Ohio 45202	Not Listed
Dr. Jeff Menzise Mind On The Matter, Ltd.	**25**	In-Person Tele-health	202-813-9079 drjeff@mindonthematter.com	PO BOX 8184 Cincinnati, Ohio 45208	www.mindonthematter.com
Meagan Parker Catalyst Counseling LLC	**NA**	In-Person Tele-health	513-813-7498 meaganparker@catalystcounselingllc.org	8809 B Cincinnati Dayton Road West Chester, Ohio 45069	https://www.catalystcounselingllc.org/ west-chester-team/meaganparker
Dr. Kimberley Johnson – Whole Life Counseling Ministries, LLC	**18**	Telehealth	937-317-0284 Wholelifecounselingministries@gmail.com	8216 Princeton Glendale Rd, Suite 267 West Chester, Ohio 45069	Not Listed
Kathy Burlew	**20**	In-Person	513-708-9009 Kathy.burlew@uc.edu	Please contact for details	Not Listed
Dana Harley Dr. Dana Harley, LLC	**21**	In-Person Tele-health	513-202-6984 hope@drdanaharley.com	2200 Victory Parkway Suite 602 Cincinnati, Ohio 45230	www.drdanaharley.com
Adam Evans Adam M. Evans, Psy.D.	**11**	In-Person Tele-health	5135490724 adam.evans.psyd13@gmail.com	1172 W Galbraith Rd. Suite#102 Cincinnati, Ohio 45231	Not Listed
Dr. Ntatu North Purposed Journey Counseling LLC	**16**	In-Person Tele-health	513-402-2241 purposedjourneycounselingllc@gmail.com	1000 Jefferson Ave. Cincinnati, Ohio 45215	www.psychologytoday.com/us/therapists/nta-tu-nomandla-north-cincinnati-oh/840820
Candace Johnson Candace S. Johnson, PhD	**13**	In-Person Tele-health	513-549-6763 candacephd@gmail.com	1172 W. Galbraith Rd., Suite #102 Cincinnati, Ohio 45231	Not Listed
Tanesha Rorie New Walk Counseling Services, LLC	**10**	Telehealth	234-281-2109 taneshaw88@gmail.com	Not Listed	Not Listed
Dwonna D. Thompson-Lenoir LiveWell Group, LLC	**26**	In-Person Tele-health	514-906-8200 Dwonna@livewellgroupllc.com	7781 Cooper Road, Suite 5 Cincinnati, Ohio 45242	www.livewellgroupllc.com
Christina Sherrod Bedside Manner Telehealth	**14**	Telehealth	513-463-8549 info@bedsidemannertelehealth.com	Not Listed	www.bedsidemannertelehealth.com
Tomica Chitterson – A Healing Journey Counseling Service, LLC	**20**	In-Person Tele-health	513-202-6202 ahealingjourneycs@gmail.com	7781 Cooper Rd, Suite 5 Cincinnati, Ohio 45242	www.ahealingjourneyllc.com
Roshauna Lindsey More Than Medicine	**4**	In-Person Tele-health	513-493-2600 ro.de.lindsey@gmail.com	752 Waycross Road Cincinnati, Ohio 45240	morethanmedicinehealthcare.org
Sheri Colvin-Jackson Priority Care NOW LLC	**1**	In-Person Tele-health	513-653-0281 prioritycare1@yahoo.com	7601 Reading Rd Suite B Cincinnati, Ohio 45237	www.prioritycare.life
Micaiah Dawson Purpose Driven Coaching	**1**	Telehealth	678-651-3785 pdcoachingllc@gmail.com	1403 West North Bend Road Apt 1 Cincinnati, Ohio 45224	https://www.linkedin.com/in/micaiah-dawson/

Name & Business	YIP	Format	Contact Information	Physical Address	Web Address
Candice Crowley Candicely	3	In Person/ Telehealth	513-469-6226 Ext. 11 ccrowley@candicely.com	4055 Executive Park Dr., Suite 210 Cincinnati, Ohio 45241	https://www.candicely.com
La'Keyta Hoffmann Light & Hope Counseling LLC	16	In Person/ Telehealth	513-915-1972 lightandhopecounseling@gmail.com	106 Wellington Place Cincinnati, Ohio 45219	lightandhope.space
Aungelique Heater – Guiding Paths Therapy Services, LLC	6	Telehealth	513-646-8710 Aungelique@guidingpathstherapy.com	Not Listed	www.guidingpathstherapy.com
Joycelyn Johnson – True Calling Counseling & Consulting Services, LLC	5	In Person/ Telehealth	513-2420-076 johnson@truecallingccs.com	891 W. North Bend Road Cincinnati, Ohio 45224	www.truecallingccs.com
Dr. Janecia King – DNP, PMH-NP-BC New Concepts II, LLC	20	Telehealth	513-712-8182 newconcepts222@NewConceptsII222.	2868 Compton Road Cincinnati, Ohio 45251	https://newconceptsservices.com
Dr. Maria Piombo Central Clinic Behavioral Health	32	In Person	513-558-5857 piomboma@centralclinic.org	2825 Burnet Avenue Cincinnati, Ohio 45219	centralclinic.org
Leah Steverson Blue Skyy Therapeutic Services	10	In Person/ Telehealth	513-393-9064 Leah@blueskyytherapeuticservices.com	10901 Reed Hartman Hwy Suite 107 Cincinnati, Ohio 45242	blueskyytherapy.com
Niara Morrow Ujima Wellness	6	Telehealth	513-570-2600 Niara@ujimawellness.org	Not Listed	Ujimawellness.org
Mariah Couser Cincinnati Therapy Center	6	In Person/ Telehealth	513-400-4454 mariah@cincytherapycenter.net	4000 Executive Park Drive Suite 100 Sharonville, Ohio 45243	https://cincytherapycenter.net/
Karen Jones Cincinnati Therapy Center	11	In Person/ Telehealth	513-399-5708 karen.lynn.jones@proton.me	4000 Executive Park Drive Suite 100 Sharonville, Ohio 45243	www.cincinnatitherapycenter.net
Shelby Pressley Ever-Evolving Wellness, LLC	2	In Person/ Telehealth	513-387-9369 shelbycpressley@gmail.com	Not Listed	www.everevolvingwellbeing. squarespace.com
Lisa Leace Lisa Leace Counseling	20	In Person/ Telehealth	513-283-9132 lisaleace@gmail.com	270 Northland Blvd Ste 211 Springdale, Ohio 45246	Not Listed
Ashley Duke Elite Supportive Living Services	8	Telehealth	513-607-0384 ashley@elitesupportivelivingservices.com	PO Box 24202 Cincinnati, Ohio 45224	www.elitesupportivelivingservices.com
Susan Hoover Susan Hoover, MSW, LISW	25	In Person/ Telehealth	513-321-5999 susan_hoover@yahoo.com	3200 Linwood Avenue Cincinnati, Ohio 45226	susanhoovertherapy.com
Shantel Thomas A Sound Mind Counseling Service	25	In Person/ Telehealth	513-948-0023 Asndmnd1@yahoo.com	203 E. Galbraith road Cincinnati, Ohio 45216	www.asoundmindcounseling.com
Destinee Henderson Massive Mental Health Services	1	Telehealth	513-790-4367 destineehenderson@catalystcounselingllc.org	3239 Jefferson Ave Cincinnati, Ohio 45239	www.massivemhs.com
Courtney Carroll – Called 2Encourage Counseling and Self Development	6	In Person/ Telehealth	513-452-8832 called2encouragecincy@gmail.com	Not Listed	www.called2encourage.org
Lisa Newton Promise to Bless	NA	In Person/ Telehealth	513-545-8330 Dr.lnewton2@icloud.com	Not Listed	www.promisetobless.com
Stephanie Murray Be Great! Consulting and Coaching	NA	In-person Telehealth	info@thenegreatcc.com	311 Elm Street, Suite 70 #1577 Cincinnati, Ohio 45240	Not Listed

INDEX III:
Provider Information

								Age Group Served						Payment Type			
		Years in Practice	Testing/Evaluation	Gender Affirming	LGBTQIA+	Toddler	Child (6-10)	Preteen	Teen	Adults	Elders (65+)	Health Insurance	Medicaid	Medicare	Self Pay	Sliding Scale	Language
Kristina Murray	Sure Space Therapy, LLC	NA		X	X				X	X	X	X	X		X		English Only
Dudley Layfield III	Guiding Paths Therapy	5						X	X	X	X	X	X	X	X	X	English Only
Eric Hollie	Speak Life Counseling & Life Coaching Services	15	X							X	X	X	X		X		English Only
Terri Bolds Wilkinson-Hill	Bold Visions Consulting, LLC	17							X	X			X		X		English Only
Zoe Stallings	Alinging Intimacy	2	X	X	X			X	X	X	X				X	X	English Only
Alicea Martin-Pressley	Inspired Thoughts Counseling Service LLC	6			X					X	X	X			X	X	English Only
Charmain Hood	Healing Connection Mental Health Services	10	X	X	X				X	X	X	X	X	X	X		English Only
Kimberly Youngblood	Youngblood Counseling and Consultation Services LLC	33	X					X	X	X	X	X		X			English. ASL
Yvette Dorsey-Benson	Star Pathways	3	X					X	X	X	X	X	X	X	X	X	English Only
Ritchie Hall II	Psychworks Clinic	9			X			X	X	X	X	X			X	X	English Only
Jeralyn Boyd	JR GATT, LLC Health & Wellness	12			X					X	X	X	X	X	X	X	English Only
Orienta Eison	Emerging Spirit Counseling Services, LLC	18	X				X	X	X	X	X	X	X		X		English Only
Pamela Bowers	Central Clinic Behavioral Heath Services	30					X	X	X	X		X	X	X	X	X	English Only
Jasmine Parker	Recognize Wellness Counseling LLC	7	X	X	X					X		X			X	X	English Only
Rita Mercer	LifeSprings Counseling, LLC	9							X	X	X	X			X		English Only
La Shanda Sugg	Labors of Love Counseling and Consulting, LLC	6		X	X				X	X	X				X		English Only
Dr. Umona Sharp	Stay Free Ministries, LLC	3	X				X	X	X	X	X				X	X	English Only
Angela Fox	Angelic Therapy Services LLC	3							X	X	X				X	X	English Only
Brandon C. Brown	Inclusive Counseling	3							X	X	X		X		X		English Only
Nyesha James	Njia-Pathways to Healing	2						X	X	X		X			X	X	English Only
Meera Rastogi	Meera Rastogi	20								X	X				X		English Only
Steven Kniffley	UC Health	11	X			X	X	X	X	X		X	X		X		English Only
Katlyn Heath	Abuse Recovery Coalition	10		X	X			X	X	X					X		English Only
Rachael DuBose	Be the Light Clinical Supervision and Consulting	14	X	X	X				X	X	X	X	X		X	X	English Only
Rosalind R. Smith	Rosalind Smith Counseling	8							X	X	X	X	X		X		English Only

INDEX III:
Provider Information

		Years in Practice	Testing/Evaluation	Gender Affirming	LGBTQIA+	Age Group Served: Toddler	Child (6-10)	Preteen	Teen	Adults	Elders (65+)	Payment Type: Health Insurance	Medicaid	Medicare	Self Pay	Sliding Scale	Language
Akemi Horii	Soul Awakening LLC	NA		X	X			X	X	X		X	X		X		English, Japanese
Lauren White	GRO Clinical Services	7					X	X	X	X	X	X	X		X		English Only
Erica Ogletree	TREEmendous Care Therapeutic Services LLC	13						X	X	X					X		English Only
Maleshia Neugebauer	Embrace Connection Counseling	23							X	X	X	X			X	X	English Only
Ursula Robinson	A Better You Counseling	13							X	X	X	X	X		X		English Only
Jasmine Parker	Recognize Wellness Counseling LLC	7	X	X	X					X		X			X		English Only
Susannah Coaston	Rise & Shine Counseling and Wellness	17		X						X	X				X		English Only
Lady Crockett	Massive Mental Health Services	NA	X	X	X		X	X	X	X	X	X	X		X		English Only
Launie Miller	Peaceful Intentions Counseling and Consulting	3								X		X	X		X		English, Spanish
Tracey King	Thriving Haven LLC	15		X	X					X	X				X		English Only
Dr. Miska Prater	Restorative Collective, LLC	10		X	X				X	X	X	X	X		X	X	English Only
Phuongloan Vo	Phuongloan Vo, Inc.	14			X					X	X				X	X	English, Vietnamese
Esperanza Gallon	Hope is Here Counseling & Consulting Services LLC	11					X	X	X	X	X	X			X	X	English Only
Courtni Wright	Mental Cleanse Therapeutic & Consulting Services, LLC	9								X	X	X		X	X		English Only
Dr. Jeff Menzise	Mind On The Matter, Ltd.	25					X	X	X	X	X				X	X	English Only
Meagan Parker	Catalyst Counseling LLC	NA	X					X	X	X	X	X	X		X		English Only
Dr. Kimberley Johnson	Whole Life Counseling Ministries, LLC	18	X						X	X	X	X	X		X	X	English Only
Kathy Burlew	Kathy Burlew	20	X							X					X		English Only
Dana Harley	Dr. Dana Harley, LLC	21	X		X	X	X	X	X	X	X	X	X		X	X	English Only
Adam Evans	Adam M. Evans, Psy.D.	11	X		X					X	X	X	X	X	X	X	English Only
Dr. Ntatu North	Purposed Journey Counseling LLC	16					X	X	X	X	X	X	X		X		English Only
Candace Johnson	Candace S. Johnson, PhD	13								X	X	X	X	X	X	X	English Only
Tanesha Rorie	New Walk Counseling Services, LLC	10		X	X					X	X				X		English Only
Dwonna D. Thompson Lenoir	LiveWell Group, LLC	26		X	X	X	X	X	X	X		X	X		X	X	English Only
Christina Sherrod	Bedside Manner Telehealth	14	X	X	X	X	X	X	X	X	X				X		English Only

INDEX III:
Provider Information

			Testing/Evaluation	Gender Affirming	LGBTQIA+	Age Group Served: Toddler	Child (6-10)	Preteen	Teen	Adults	Elders (65+)	Payment Type: Health Insurance	Medicaid	Medicare	Self Pay	Sliding Scale	Language
Tomica Chitterson	A Healing Journey Counseling Service, LLC	20							X	X	X	X	X		X		English Only
Roshauna Lindsey	More Than Medicine	4	X							X	X	X	X	X	X		English Only
Sheri Colvin-Jackson	Priority Care NOW LLC	1	X		X	X	X	X	X	X	X		X	X			English Only
Micaiah Dawson	Purpose Driven Coaching	1								X					X		English Only
Candice Crowley	Candicely	3								X	X	X			X		English Only
La'Keyta Hoffmann	Light & Hope Counseling LLC	16		X	X			X	X	X	X	X	X		X	X	English Only
Aungelique Heater	Guiding Paths Therapy Services, LLC	6			X					X		X	X		X		English Only
Joycelyn Johnson	True Calling Counseling & Consulting Services, LLC	5								X	X	X	X		X		English Only
Dr. Janecia King	New Concepts II, LLC	20	X	X	X		X	X	X	X	X	X	X	X	X	X	English Only
Dr. Maria Piombo	Central Clinic Behavioral Health	32		X			X	X	X				X		X		English, Spanish
Leah Steverson	Blue Skyy Therapeutic Services	10				X	X	X	X	X		X	X		X		English Only
Niara Morrow	Ujima Wellness	6							X	X		X	X		X	X	English Only
Mariah Couser	Cincinnati Therapy Center	6		X	X	X	X	X	X	X		X			X	X	English Only
Karen Jones	Cincinnati Therapy Center	11								X	X	X			X		English Only
Shelby Pressley	Ever-Evolving Wellness, LLC	2		X	X				X	X	X				X		English Only
Lisa Leace	Lisa Leace Counseling	20						X	X	X		X	X		X		English Only
Ashley Duke	Elite Supportive Living Services	8							X	X		X			X		English Only
Susan Hoover	Susan Hoover, MSW, LISW	25			X					X	X	X		X	X		English Only
Shantel Thomas	A Sound Mind Counseling Counseling Service	25	X						X	X	X	X	X	X	X		English Only
Destinee Henderson	Massive Mental Health Services	1						X	X			X	X		X		English Only
Courtney Carroll	Called 2Encourage Counseling and Self Development	6							X			X	X	X			
Stephanie Murray	Be Great! Consulting and Coaching	NA						X	X	X	X				X	X	English Only
Lisa Newton	Promise to Bless	NA	X		X			X	X	X	X				X	X	English Only

INDEX III:
Greater Cincinnati Metro Access

This list is representative of bus stops closest to providers offering in person services within an approximate three block radius. For a comprehensive information on routes, pricing, schedules, and times please visit www.go-metro.com

A. Angelic Therapy Services LLC
Route: M+, 1, 21, 27, 49

B. Recognize Wellness Counseling LLC
Route: M+, 1, 4, 28, 32

C. JR GATT, LLC
Route: 4, 16, 43, 64

D. Gro Clinical Services
Route: M+, 46, 78

E. Light and Hope Counseling LLC
Route: 19

F. Central Clinic Behavioral Health
Route: 43, 46

G. Massive Mental Health Services
Route: 19

H. UC Health
Route: M+, 19, 24, 46, 51

I. Dr. Dana Harley LLC
Phuongloan, INC
Route: 1

J. Abuse Recovery Coalition
Route: 11

K. Susan Hoover, MSW, LISW
Route: 24, 25

L. Rise and Shine Counseling and Wellness
Route: 28, 29X

M. Lifesprings Counseling LLC
Route: 24, 30

N. Psychworks Clinic, LLC
Route: 17

O. Purpose Driven Coaching
Route: 16, 17, 41

P. True Calling Counseling and Consultation
Route: 16, 20, 41

Q. Adam M. Evans, PsyD
Candace S Johnson, PhD
Route: 16

R. New Concepts II, LLC
Route: 16

S. A Soundmind Counseling
Route: 78SV/LH

T. Priority Care Now
Route: 43

U. Purposed Journey Counseling
Route: 43BH/SV

V. Healing Connection Mental Health Services
Route: 4

W. A Healing Journey Counseling Service, LLC
LiveWell Group, LLC
Route: 3, 3X

X. Rosalind Smith Counseling
Route: 30

Y. Treemendous Care Therapeutic Services
Hope is Here Counseling and Consulting
Route: 5, 67

Z. Be the Light Clinical Supervision & Consulting
Blue Skyy Therapeutic Services
Inclusive Counseling
Sure Space Therapy, LLC
Route: 5

AA. Candicely
Cincinnati Therapy Center
Route: 5, 43SV

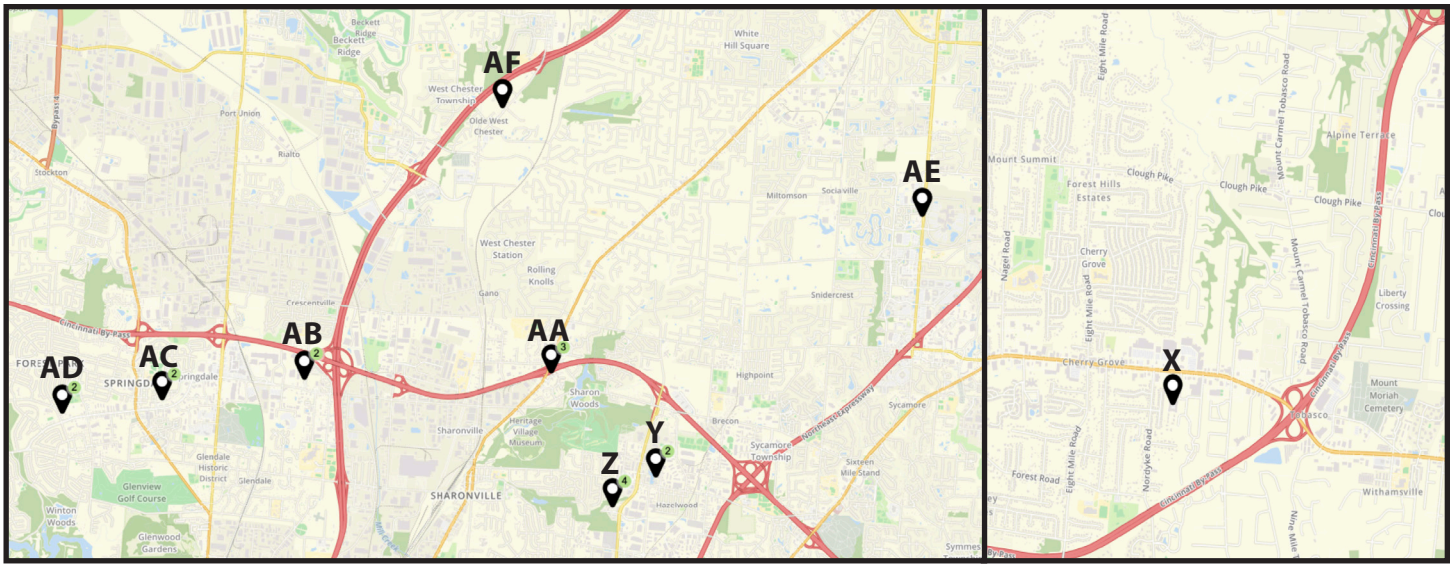
AB. Peaceful Intentions Counseling & Consulting
Stay Free Ministries
Route: 23X, 67

AC. Lisa Leace Counseling
Speak Life Counseling & Life Coaching
Route: 67, 78SV

AD. More Than Medicine
Youngblood Counseling & Consultation
Route: 67

AE. Aligning Intimacy
Route: 71X

AF. Catalyst Counseling LLC
Route: 42X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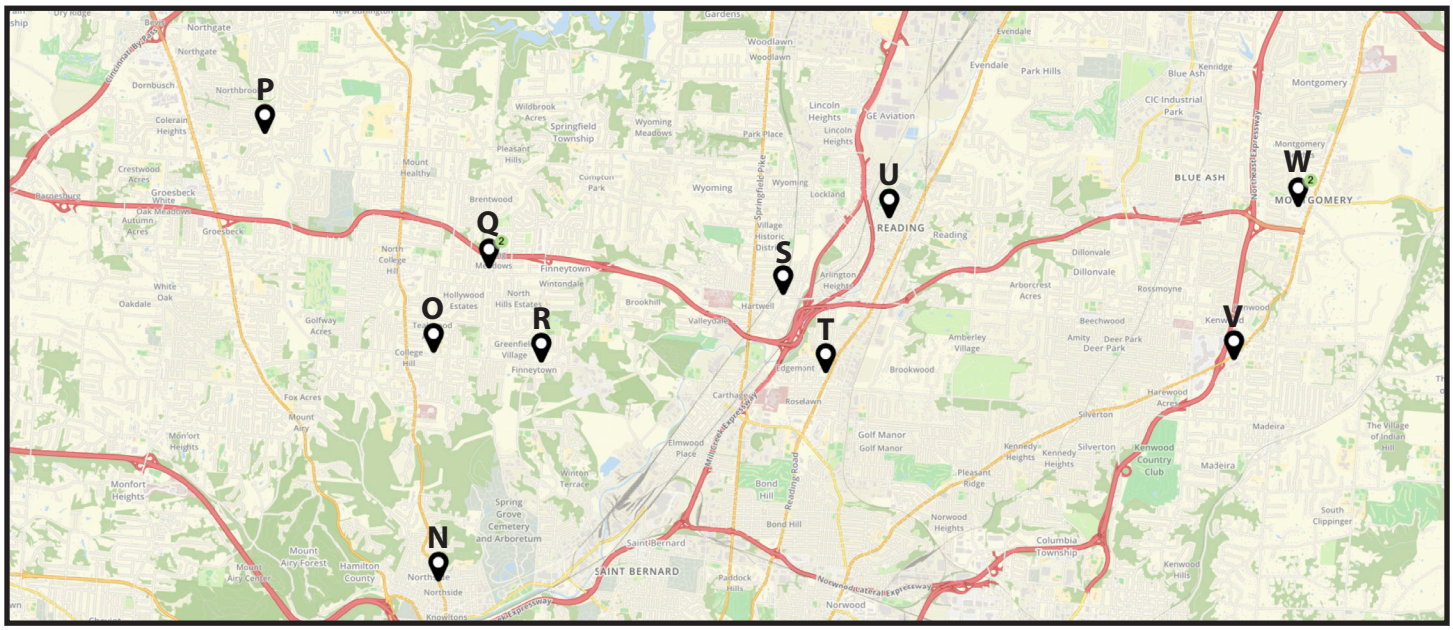
Sycamore Township
Cincinnati Bypass
Eastern Avenue
Eight Mile Road
Clough Pike
Forest Road
Nordyke Road
Mount Carmel Tobasco Road
Cherry Grove
Tobasco
Withamsville
Mount Summit
Forest Hills Estates
Alpine Terrace
Liberty Crossing
Mount Moriah Cemetery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BLUE ASH
MONTGOMERY
Springfield Pike
Reading Road
Norwood Lateral Expressway
Mill Creek Expressway
Northwest Expressway
Spring Grove Cemetery and Arboretum
Kenwood Country Club
Madeira
Norwood
Golf Manor
Silverton
Kenwood
Montgomery
Evendale
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Rossmoyne
Beechwood
Brookwood
Amberley Village
Deer Park
Wyoming
Lockland
Reading
Hartwell
Roselawn
Bond Hill
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Finneytown
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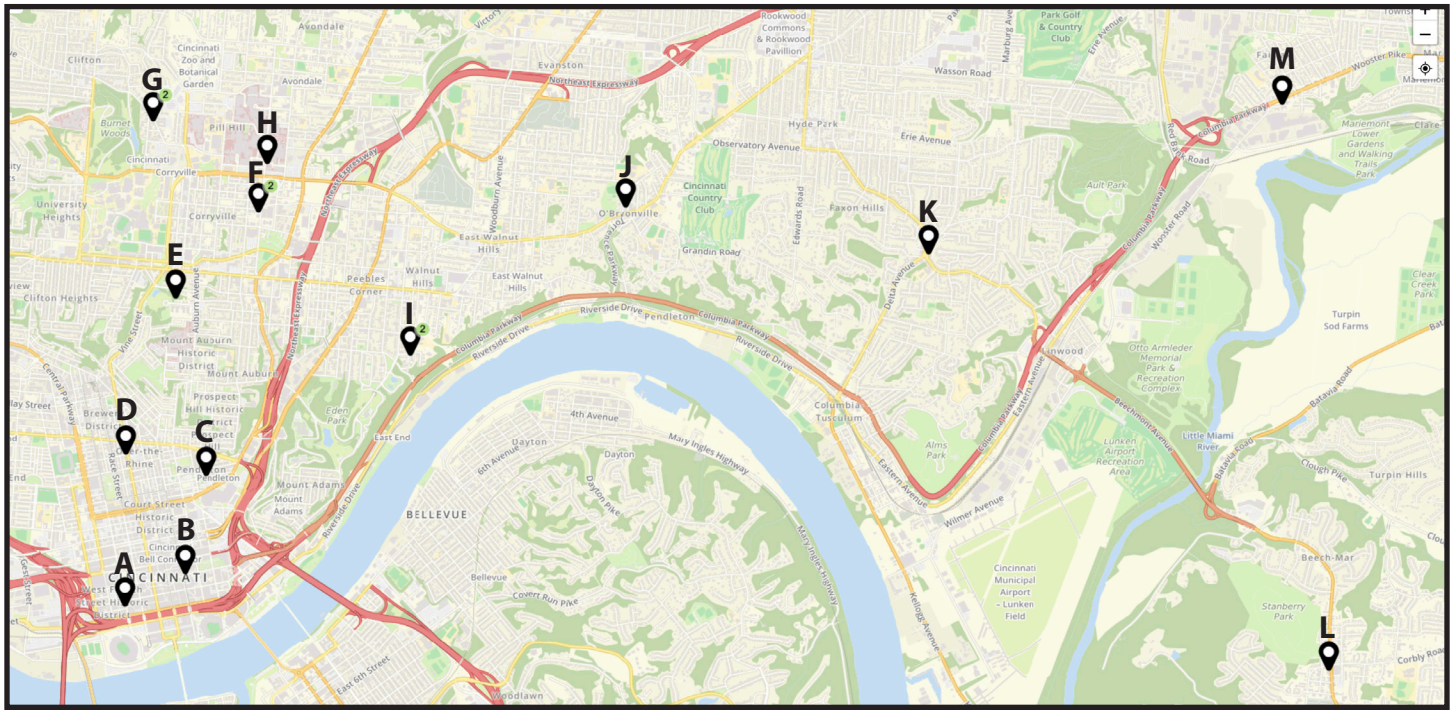
Hollywood Estates
Golfway Acres
Fox Acres
Monfort Heights
Mount Healthy
Springfield Township
Wyoming Meadows
Lincoln Heights
GE Aviation
CIC Industrial Park
Harewood Acres
Madeira
The Village of Indian Hill
South Clippinger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Pendleton
Mary Ingles Highway
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Wilmer Avenue
Kellogg Avenue
Beechmont Avenue
Batavia Road
Wooster Pike
Wooster Road
Erie Avenue
Observatory Avenue
Grandin Road
Edwards Road
Delta Avenue
Dayton Pike
Court Run Pike
East 6th Street
Northeast Expressway
Cincinnati Zoo and Botanical Garden
Rookwood Commons & Rookwood Pavilion
Park Golf & Country Club
Cincinnati Country Club
Otto Armleder Memorial Park & Recreation Complex
Lunken Airport Recreation Area
Cincinnati Municipal Airport - Lunken Field
Mariemont Lower Gardens and Walking Trails Park
Turpin Sod Farms
Turpin Hills
Beech Mar
Stanberry Park
Little Miami River
Clear Creek Park
Mount Adams
Mount Auburn Historic District
Prospect Hill Historic District
Court Street Historic District
Eden Park
East End
Peebles Corner
East Walnut Hills
Walnut Hills
O'Bryonville
Hyde Park
Faxon Hills
Columbia Tusculum
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Avondale
Clifton
Corryville
Pill Hill
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6th Avenue
Bellevue
Woodlawn