

Three-Months Skill Development Plan for Articulation, Idea Marination, and Planning

Objective:

Develop articulation skills, effectively marinate ideas, and plan efficiently through daily 30-minute practices.

Month 1: Articulation Skills

Week 1-2: Understanding Articulation

Reading (15 min/day):

- 'The Minto Pyramid Principle' by Barbara Minto

Practice (15 min/day):

- Record yourself explaining a simple idea.
- Playback, note areas of improvement, and re-record.

Week 3-4: Applied Articulation

Reading (15 min/day):

- Continue reading 'The Minto Pyramid Principle.'

Practice (15 min/day):

- Record yourself explaining a more complex idea.
- Reflect and improve. Aim for 10 sessions.

Month 2: Marinating Ideas

Week 5-6: Idea Incubation

Reading (15 min/day):

- Listen to Amul Badjatya's streams or read similar resources.

Practice (15 min/day):

- Choose an idea, marinate on it for the day, and record a monologue by the end of the day.

Week 7-8: Deep Dive into Ideas

Reading (15 min/day):

- Continue with Amul Badjatya's streams or resources like phind.com.

Practice (15 min/day):

- Pick one idea per week and develop a detailed explanation. Record your thoughts and note improvements.

Month 3: Planning and Reflection

Week 9-10: Effective Planning Techniques

Reading (15 min/day):

- Continue 'The Minto Pyramid Principle' if not completed; else, read another book on planning/productivity

Practice (15 min/day):

- Plan a mini-project or goal. Record yourself explaining the plan. Ensure clarity and actionability.

Week 11-12: Reflection and Refinement

Reading (15 min/day):

- Explore articles/podcasts/streams on reflective practices.

Practice (15 min/day):

- Reflect on your progress in articulation and idea marination. Record and note your progress and areas for improvement. Develop a strategy for continued practice.

Additional Tips:

1. Consistency: Stick to the daily routine to ensure steady progress.
2. Self-Assessment: Regularly assess your skill improvement and adjust the plan if necessary.
3. Seek Feedback: Share recordings with trusted peers for constructive feedback.