

# Bottleneck Attention: Hard-Wiring Low-Dimensional Routing in GPT-Style Transformers

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## Abstract

Adaptive Low-Rank Training (ALRT) indicates extreme redundancy in Transformer attention: query/key (Q/K) projections compress to effective ranks  $\approx 9\text{--}14$  (mean  $\approx 11.2$ ) out of 512 in prior experiments, suggesting that attention pattern computation may live in a small comparison subspace. Motivated by this signal, we test a minimal architectural hypothesis: decouple residual stream width  $d_{\text{model}}$  from the attention subspace dimension  $d_{\text{attn}}$ , computing attention with  $Q, K, V : \mathbb{R}^{d_{\text{model}}} \rightarrow \mathbb{R}^{d_{\text{attn}}}$  where  $d_{\text{attn}} \ll d_{\text{model}}$ , and projecting back with  $\mathbb{R}^{d_{\text{attn}}} \rightarrow \mathbb{R}^{d_{\text{model}}}$ . On a controlled WikiText-2 word-level setup (6-layer GPT-style LM;  $d_{\text{model}} = 512$ , 8 heads, context 256), reducing  $d_{\text{attn}}$  from 512 to 128 ( $4\times$ ) and to 32 ( $16\times$ , with a learned null key/value “attend nowhere” option) yields only modest degradation in best validation loss (+2.1% and +4.4% relative). Notably, in the early training phase ( $< 500$  steps), bottleneck variants achieve lower validation perplexity than the full-width baseline, suggesting that constraining the routing subspace can reduce optimization noise. Because KV-cache memory scales linearly in  $d_{\text{attn}}$ , these architectural savings translate directly to long-context inference.

## 1 Introduction

Transformers remain architecturally conservative despite dramatic changes in scale, hardware, and use cases since their introduction [1]. Many design choices persist because they work, not because they are known to be minimal. ALRT was motivated by a simple suspicion: much of Transformer parameterization is redundant, and this redundancy is not uniform across components. Empirically, ALRT finds strong projection-type asymmetry: attention Q/K projections compress far more aggressively than attention output and MLP projections [9, 10].

This report tests the most literal architectural consequence: if attention pattern computation truly lives in a small subspace, we can *hard-wire* that by decoupling attention’s internal dimension from the residual stream width. Unlike dynamic rank resizing (which complicates optimizer state validity), this is a static architectural change trained from scratch.

## 2 Background: ALRT and the low-rank attention signal

ALRT parameterizes linear maps as low-rank factors  $W = UV$  and adapts rank during training using stable rank estimation:

$$r_{\text{stable}}(W) = \frac{\|W\|_F^2}{\sigma_{\max}(W)^2}.$$

Across GPT-style language modeling experiments, ALRT reports that Q/K projections are the most compressible, with mean ranks  $\approx 11.2$  out of 512, while attention output and MLP projections retain higher effective ranks [9]. A natural architectural interpretation is that attention’s *comparison space* (used to compute patterns) is low-dimensional, even if the residual stream is not.

## 3 Method: Bottleneck Attention

### 3.1 Decoupled attention subspace

We replace full-width Q/K/V projections with projections into a smaller attention subspace:

$$W_Q, W_K, W_V \in \mathbb{R}^{d_{\text{model}} \times d_{\text{attn}}}, \quad W_O \in \mathbb{R}^{d_{\text{attn}} \times d_{\text{model}}}.$$

Attention score and apply operations now scale in  $d_{\text{attn}}$ , while the residual stream stays at  $d_{\text{model}}$ . This directly targets attention FLOPs, attention parameters, and KV-cache memory.

### 3.2 “Attend nowhere” via a null key/value (optional)

Softmax attention forces each query to allocate probability mass across keys. We optionally append a learnable per-head null key/value ( $k_{\emptyset}, v_{\emptyset}$ ) to the Key/Value sequence. For a query position  $t$ , the attention distribution becomes  $p(\cdot | t) = \text{softmax}(\dots, q_t^\top k_{\emptyset})$ , allowing explicit probability mass  $p_{\emptyset}$  on a no-op sink. We initialize  $v_{\emptyset} = 0$  so “attend nowhere” starts as “contribute nothing”.

### 3.3 Learned per-head temperature (optional)

When  $d_{\text{attn}}$  is small, head dimension  $d_{\text{head}} = d_{\text{attn}}/n_{\text{head}}$  becomes tiny and dot products can become noisy. We include a learnable per-head logit scale multiplying the standard  $1/\sqrt{d_{\text{head}}}$  factor.

Table 1: WikiText-2 (word-level) results. Best validation metrics over training.

Model	$d_{\text{attn}}$	Params (M)	Best val loss	Best val
Baseline	512	36.06	5.3688	21
Bottleneck	128	31.34	5.4800	23
Extreme+Null	32	30.16	5.6070	27

## 4 Experimental Setup

**Dataset.** WikiText-2 word-level setup using a minimal whitespace tokenizer with per-line `<eos>` boundaries and `<unk>` for OOV. A single input file is tokenized and split 90/10 into train/validation within the script.

**Model.** Decoder-only GPT-style Transformer with pre-norm blocks; 6 layers;  $d_{\text{model}} = 512$ ; 8 heads;  $d_{\text{ff}} = 2048$ ; context length 256; dropout 0.1; weight tying between input embedding and LM head.

**Optimization.** AdamW with  $\text{lr}=3\text{e-}4$ , weight decay=0.01, betas=(0.9,0.95), batch size 32, 200 steps/epoch, 30 epochs (6000 steps), gradient clipping 1.0. Evaluation every 200 steps (50 eval iters). Hardware: Apple MPS backend.

## 5 Results

Table 1 summarizes best validation metrics. Reducing  $d_{\text{attn}}$  yields a smooth degradation curve rather than a catastrophic cliff.

### 5.1 Early convergence anomaly

Figure 1 shows validation perplexity vs training step. Notably, at the first evaluation point (step 200), the bottleneck variants outperform the baseline (e.g., baseline 582.11 vs 518.64 for  $d_{\text{attn}} = 128$ ). This pattern persists through the first several hundred steps (inset), contradicting the intuition that wider attention must be retained to “find” a good solution.

### 5.2 Pareto curve

Figure 2 shows best validation loss vs  $d_{\text{attn}}$  (log scale). Figure 3 shows parameters vs best validation loss.

## 6 Discussion

**Attention as low-dimensional routing.** The viability of  $d_{\text{attn}} = 32$  suggests that attention can route effectively using a small comparison/mixing subspace, consistent with ALRT’s observation that Q/K matrices collapse to tiny effective rank. A useful mental model is “wide residual stream + narrow router.”

**Why degradation is smooth.** If high-dimensional attention geometry were essential for core competence, we would expect collapse once  $d_{\text{attn}}$  falls below a critical threshold. Instead,

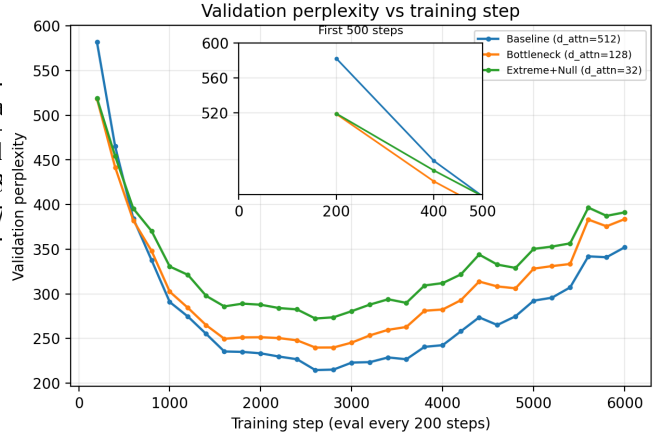


Figure 1: Validation perplexity vs training step (eval every 200 steps). Inset: first 500 steps. Bottleneck variants learn faster early despite lower attention dimensionality.

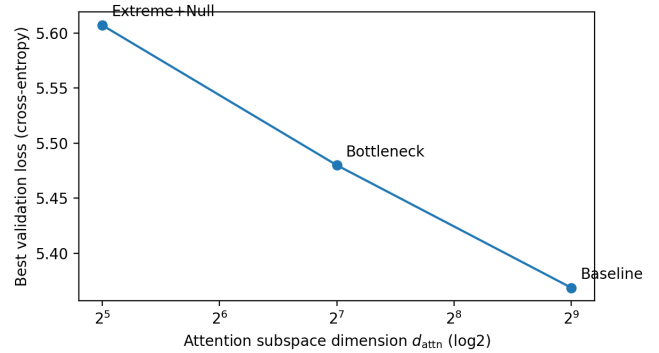


Figure 2: Best validation loss vs  $d_{\text{attn}}$  (log<sub>2</sub> x-axis).

loss increases gradually, suggesting many attention patterns in this regime are representable with relatively few degrees of freedom.

**Early learning signal.** The early-phase perplexity advantage (Figure 1) suggests that full-width attention may be not only redundant but also *optimization-suboptimal* in this regime. One interpretation is that over-parameterized Q/K spaces introduce many weakly-aligned gradient directions, increasing noise and slowing early feature acquisition. Constraining the routing manifold may act as an implicit regularizer that accelerates early training.

**KV-cache memory: concrete scaling.** For standard multi-head attention, per-token KV state per layer is

$$\text{KV per token per layer} = 2 \cdot n_{\text{head}} \cdot d_{\text{head}} = 2d_{\text{attn}}.$$

Therefore total KV-cache memory for batch size  $B$ , context length  $T$ ,  $L$  layers, and element size  $b$  bytes is

$$M_{\text{KV}} = 2BTLd_{\text{attn}}b,$$

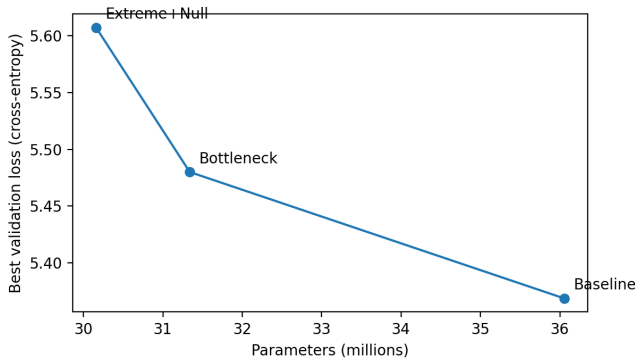


Figure 3: Parameters (M) vs best validation loss.

which scales *linearly* in  $d_{\text{attn}}$ . Reducing  $d_{\text{attn}}$  from 512 to 128 cuts KV-cache by 75% ( $4\times$  smaller); reducing to 32 cuts KV-cache by 93.75% ( $16\times$  smaller). In a hypothetical 128k-context regime, a  $4\times$  reduction in per-token KV state enables  $\approx 4\times$  larger batch size (or  $\approx 4\times$  longer context) for the same memory budget, directly targeting a dominant modern inference bottleneck.

## 7 Related work

**Low-rank adaptation and training.** LoRA [2] demonstrates that many learned transformations can be modified via low-dimensional updates. ALRT extends this line of thought by measuring and adapting rank during training [9, 10]. AdaRankGrad [7] provides complementary theoretical and algorithmic evidence that learning signals themselves become low-rank: it proves that estimated layer gradients decrease in rank during training and asymptotically approach rank one, and leverages this structure to reduce optimizer memory. Unlike AdaRankGrad (which compresses *updates*), Bottleneck Attention applies low-dimensionality as a static architectural constraint, yielding inference-time KV-cache savings.

**Efficient attention and KV-cache reduction.** Efficient-attention methods address quadratic attention cost via sparsity or kernel/low-rank approximations (e.g., Reformer [3], Linformer [4], Performer [5]). Recent architectures such as DeepSeek-V2’s Multi-Head Latent Attention (MLA) compress the Key/Value representation into a low-rank latent to reduce inference memory [6]. Bottleneck Attention is complementary: it reduces the dimensionality of the *interaction space* (including the Query projection and the score/apply computation), not only the stored KV state.

## 8 Limitations and future work

**Long-context scaling risk (Johnson–Lindenstrauss).** These experiments use context length 256 and learned absolute positional embeddings. If attention must reliably discriminate among  $N$  candidate keys, random-projection theory suggests

the dimensionality required to preserve pairwise distances scales as  $O(\log N)$  (e.g., Johnson–Lindenstrauss-type bounds [8]). Thus  $d_{\text{attn}} = 32$  may saturate at much longer sequence lengths, and the optimal  $d_{\text{attn}}$  may increase (slowly) with context length.

**Position encoding.** Interactions with RoPE/ALiBi and long-context regimes remain future work.

**Variance and scale.** We report single runs at modest scale; multi-seed sweeps and larger models are needed for confidence intervals and generalization.

## 9 Conclusion

ALRT indicates that attention pattern computation is intrinsically low-rank, with Q/K compressing to mean ranks  $\approx 11.2/512$ . Bottleneck Attention operationalizes this as a static architectural change: compute attention in a reduced subspace  $d_{\text{attn}} \ll d_{\text{model}}$  while preserving a wide residual stream. On WikiText-2 (word-level),  $d_{\text{attn}} = 128$  and even  $d_{\text{attn}} = 32$  (with a null slot) remain viable with modest loss penalties, and show an early-phase perplexity advantage. Together, these results suggest that the standard convention  $d_{\text{attn}} = d_{\text{model}}$  is substantial structural bloat in this regime.

## Reproducibility

Code, scripts, and exact reproduction instructions are provided at:

<https://github.com/TheApeMachine/bottleneck-attention>

## References

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