Restaurant L'Académie

bring your own wine

STARTERS

Caesar Salad \$9
Smoked Salmon \$14
Parmesan Fondu \$12
Mediterranean Sausages \$13
Mussels Marinara \$11
Garlic Snails \$10
Coquille St-Jacques \$16
Fried Calamari \$14
Crab Cakes \$15
Eggplant Gratiné \$15
Antipasto: Fried Parmesan, Sausages,
Calamari \$19
Chef's Soup \$5
House Salad \$5

MUSSELS & FRIES

EVERY LUNCH 7/7 AND SUNDAY TO WEDNESDAY EVENINGS \$18 add 4\$ for a chefs soup or salad, and coffee or the

\$23

Dijonaise (Dijon mustard, cream)
Roquefort (cream, Roquefort cheese)
Provençale (white wine, garlic, tomatoes, onions)
Flamande (white wine, leaks, cream)
Marinière (white wine, lemon, butter)
Madagascar (cognac, cream, green peppercorns)
Italian (white wine, tomato sauce)

FRESH PASTA

EVERY LUNCH 7/7 AND SUNDAY TO WEDNESDAY EVENINGS \$17

ADD 4\$ FOR A CHEFS SOUP OR SALAD, AND COFFEE OR THE GLUTEN FREE PASTA AVAILABLE FOR \$3

Spaghetti Bolognese (tomato & meat) \$20
Penne Romanoff (rosé sauce, crushed peppers) \$20
Fettuccini Primavera (fresh vegetables, olive oil, garlic) \$20
Fettuccini Alfredo (cream, butter, parmesan) \$20

22\$

Fettucini Nastaba (smoked salmon, cream & crushed pepper)
Lasagna Pasticciata (tomato, meat, eggs, cream, mushrooms)
Penne Con Pollo (chicken, grilled vegetables, sun dried tomatoes, mild garlic)
Linguini Con Gamberi (shrimps, spinach, mild garlic, tomatoes)
Cannelloni (meat, ricotta, fine herbs)
Linguini Con Lumache (snails, garlic cream, sun dried tomatoes, basil)
Spaghetti Carbonara (pancetta, cream, egg)
Tortellini Rosée (stuffed with veal)
Ravioli (three cheese, tomato, basil)
Gnocchi À la Napolitaine (tomato, basil and parmesan)
Penne aux Saucisses Italiennes (spinach, peppers, tomato sauce, garlic)
Penne Di Trieste (prosciutto, mushrooms, rosé sauce)

CHICKEN SUPREME

SERVED WITH POTATOES & FRESH VEGETABLES
Crazy Thursday's \$20

\$25

Cajun (mustard sauce & maple syrup) Pink Peppercorn (cream sauce, Brandy) Con Funghi (wild mushrooms, cream, sun dried tomatoes) Santa Fe (spinach, sautéd peppers, goat cheese)

SIGNATURE POUTINES

Filet Mignon (pepper sauce) \$24 Duck Confit (porto sauce) \$23 Mediterranean Sausage, Pancetta (Marsala sauce) \$20

VEAL MILK-FED

SERVED WITH PASTA & GRILLED VEGETABLES
Italian Thursday's \$22

\$27

Scallopini Picatta Limone (white wine, lemon)
Scallopini Marsala (mushrooms, Marsala wine)
Scallopini à la Moutarde (Dijon mustard, cream)
Cutlet Parmigiana (lighty breaded, tomato, gratiné)
Scallopini with Wild Mushrooms (sun dried tomatoes, goat cheese)
Scallopini Duo Pepe (cream, cognac, pink & green peppercorns)
Scallopini San Daniele (pancetta, spinach, cream sauce)

FROM THE LAND

SERVED WITH POTATOES & FRESH VEGETABLES

FROM THE SEA

SERVED WITH RICE & FRESH VEGETARIES

Duck Magret (Porto & Raspberry sauce) \$38 Filet Mignon (AAA) 8oz (Porto sauce) \$46 Rack of Lamb (Rosemary sauce) \$49 NY Striploin (AAA) 12oz (Pepper sauce) \$45

Atlantic Salmon (lime & fine herbes salsa) \$29 Jumbo Shrimps (garlic cream) \$39 Yellowfin Pepp<mark>er</mark> Tuna (ginger, coriander and soy vinaigrette) \$33 Mosaïc (filet mignon (AAA), jumbo shrimps) \$49

GOURMANDISE SALADS

Caesar Salad with Grilled Salmon \$26 Mediterranean Salad with Grilled Chicken and Feta \$24 Caesar Salad with Cajun Shrimps \$22

TARTARE SELECTION

SERVED WITH FRIES

Salmon Tartare \$30 Tuna Tartare, Asian Flavours \$34 Beef Tartare (AAA) \$30

GOURMET PIZZA

Anatra (duck confit, caramelized onions, roquefort & mozzarella cheese) \$23
Fradiavolo (shrimps, mild garlic, chili, tomatoes, shallots, pecorino romano & mozzarella cheese) \$22
Afumicato (smoked salmon, olive oil, lime herbed sauce, capers, onions, mozzarella) \$22
Carnacina (filet mignon, garlic herbed sauce, spinach, onion, parmesan, mozzarella) \$24
Mediteraneo (greek sausages, olive oil, oregano, tomatoes, feta, mozzarella) \$20

KIDS MENII

12 YEARS AND YOUNGER Served with a <u>Soft Drink or Glass of Milk</u>

Mini Poutine Classique \$7 Pasta Penne (Napolitaine, Alfredo or Bolognese) \$7

WATER, COFFEE, DESSERT

Mineral Waters S: \$3 B: \$6 Soft Drinks: \$3 Coffee or Tea: \$3 Espresso \$4
Cappuccino \$5
Latte \$5
Dessert Platter \$8

15% DE RABAIS SUR LA TABLE D'HÔTE POUR LES MEMBRES VIP DU MUSÉE