

SPECIALISTS OF SCHOOLS

and

the Philadelphia Society of Clinical Psychologists are pleased to offer:

CHILDHOOD SHOULD BE A JOURNEY, NOT A RACE

This workshop, *Childhood Should Be a Journey, Not a Race*, will support the need to embrace some of the old wisdom. Childhood is a wonderful time of learning, exploration, and self-discovery. But have we interfered with that? In the past several decades, we have made miraculous advances in technology and other fields. Many of these advances have made our lives easier and faster...but what is the cost to us? Some would say that we have come to move at a very fast velocity - out of synch with human nature. Everything in nature moves from slow to medium. Perhaps we were meant to move through life more like that.

Together, we will explore what current scientific brain research is saying about our ability to multi-task and wade our way through the bombardment of information and choices. We'll also discuss some universal truths about human nature, and see how they line up with current times.

Date: Friday, December 2, 2011

Place: Baldwin School
701 Montgomery Avenue
Bryn Mawr, PA 19010
www.baldwinschool.org

Time: 12:30 P.M. to 2:30 P.M. Program

Please bring a bag lunch. Dessert and beverages will be supplied

LEARNING OBJECTIVES

Upon completion of this training, participants will be able to:

- discuss how we have moved into a fast pace of life that is not ideal for us
- describe what some of the current brain research has discovered about our functioning throughout the life span
- explain how to support children so that they can grow and develop optimally
- demonstrate how we bridge the gap between where we are now, as a culture, and where we want to be

OUR PRESENTER

Sherie Saner, Ph.D. is a Licensed Clinical Psychologist and a Certified Family Therapist. She has been in private practice for 32 years - seeing individuals, couples, and families. Dr. Saner was a Supervisor and Consultant to the Montgomery County Mental Health System, and a Consultant/Presenter for the Montgomery County Intermediate Unit. For the past 25 years she has been the Psychologist for the Baldwin School, and has developed a pre-K through grade twelve prevention program called "Life Skill for Wellness." Dr. Saner is a past lecturer at Temple University, a founding member of S.O.S., and is trained in various mind/body techniques, such as EMDR (Eye Movement Desensitization Reprocessing) and SE (Somatic Experiencing). She is also a qualified MBTI (Meyers Briggs Type Inventory) presenter.

Working extensively with people in many contexts, Dr. Saner has presented many trainings and workshops - both locally and nationally - on various topics. These topics range from clinical issues to organizational team-building, from parenting skills to cross cultural ways and tolerance, and from group dynamics and leadership to resiliency skills. Over the years, Dr. Saner has shared her expertise on several radio talk shows and has been quoted in the Philadelphia Inquirer and Philadelphia Magazine.

CE CREDITS

This session is co-sponsored by the Philadelphia Society of Clinical Psychologists (PSCP) and Specialists of Schools. The Philadelphia Society of Clinical Psychologists is approved by the American Psychological Association to offer Continuing Education (CE) for psychologists. PSCP maintains responsibility for the program and its content. This program provides 2 hours of CE credits for Psychologists and Social Work and Marriage and Family Therapist licensees.

FEES

Participants requesting CE credits will be charged a total of \$20.00 or Act 48 credits will be charged a total of \$25.00. A check or money order (no cash please) for this amount should be made out to Specialists of Schools (SOS). All Act

48 applications must have their Act 48 ID number on them. A completed and signed evaluation must be submitted to get credits. **Non-members of SOS will be charged an entrance fee of \$15.00.**

TO REGISTER: Please e-mail Tocky Collins at TockyLC@aol.com.

DIRECTIONS:

Go to <http://www.baldwinschool.org/directions>