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July/August 2007 Newsletter

FREE SAT or ACT Diagnostic Exam

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In This Issue Build on Your Strengths The Road to College SAT or ACT Test?



Build on Your Strenaths

The college application process can be stressful because it inevitably forces students to

confront both their strengths and weaknesses. As they review their high school transcripts and standardized test scores, and begin exploring appropriate colleges, some teenagers feel that they are just "average"

The Road to College

In our continuing series, each month we publish a checklist, organized by grade level, to keep high schoolers on track with their academic and college prep activities.



Seniors:

- Read through all the applications of the colleges to which you plan to apply and set up a timetable for completing required tasks such as writing the essays, submitting financial aid information, and gathering recommendations.
- First outline, and then draft your essays. These require careful thought and often several revisions. Don't wait until the the last minute to write them!
- Give your parents any necessary financial aid forms to complete.
- If you would like your summer employer to write you a recommendation, now would be a good time to approach that person. Give him or her appropriate notice. (You will have more time in the fall to approach teachers and coaches for recommendations.)

and have nothing special to offer. It can be intimidating to have friends and classmates who are talented in music, art, or athletics, or who excel in academic subjects such as science, math, and languages.

It is important to recognize that this feeling of inadequacy is common, but counterproductive. Although not always easy, it is essential that you "take stock" of yourself and strive to improve in areas where you are weak. If you are struggling academically, consult your teacher *immediately* to see what you can do to improve in that subject. Many teachers make themselves available for extra tutoring before and after school. Some schools also have learning or tutoring centers where instructors help students. Often it can be helpful to have a concept or problem explained by someone who can offer a different perspective.

Even if you're not struggling but are a "B" student in a particular subject, and feel you have the potential to become an "A" student, for example, consider first where you are falling short. Are your homework assignments bringing your grade down? Do you need to join class discussions more? Make it your goal to improve in those areas. If you were not pleased with your SAT or ACT scores, or feel that your scores do not adequately reflect your potential, consider enrolling in an A+ individualized test-prep program where we can pinpoint your test-taking weaknesses and work together with you to improve them.

Aside from academics and test scores, colleges also consider an applicant's extracurricular activities. If you are not a star athlete or gifted musician, don't despair! Each person has unique talents, and there are many things you can do to showcase your personality. Do you have leadership skills? Try running for an office in student government. (Many different posts are available-you don't necessarily have to be class president.) Are you organized? Volunteer to organize a fundraiser, chair a committee, or manage a school sports team. Pursue opportunities outside of school too. Are you a juggler or a budding stand-up comic? Contact a nursing home or hospital to see if they need entertainers. Do you want to deepen your grasp of a foreign language? Look into study abroad or foreign exchange programs. Finally, if you have an interest in something for which there is no organized school team or club, start one! Colleges like to see students take such initiative.

One great way to get started is to visit Volunteer Match. This very useful website matches your interests with volunteer

Juniors:

- Review the SAT and ACT testing dates (see below) and register for the exam and testing date that best suit you.
- Get your daily dose of SAT knowledge by having the <u>SAT</u> <u>Question of the Day</u> emailed to you.
- Explore volunteer opportunities and/or extracurricular activities which build on your strengths.
- Complete any required summer reading and keep reading for fun!
- Buy school supplies.

Sophomores/Freshmen:

- Complete any required summer reading and keep reading for fun!
- Buy school supplies.
- Explore volunteer opportunities and/or extracurricular activities which build on your strengths.
- · Enjoy the last, lazy days of summer!



Which test is right for you, the SAT or ACT?

If you will be entering your junior year of high school this September, it is not too early to begin thinking about which standardized test-SAT or ACT-is best suited to your strengths.

The best way to make this determination is to take advantage of our *FREE* ACT practice exam. Just call our office at 215.886.9188 or 610.520.0537. We will:

- Provide you with a practice ACT to take at home.
- Score your exam and provide you with a detailed analysis of your strengths and weaknesses.
- Compare your scores on the ACT with your PSAT and/or SAT scores to help you determine which test appears to give you a better chance of success.

All of this is offered free of charge.

For more information about these two tests, a side-by-side comparison of the SAT and ACT is available here.

You should also consider which test date works best for your schedule and what other standardized tests (SAT Subject Tests or AP exams) you will be taking this school year. (It is not possible to take both the SAT and an SAT Subject Test on the same day.)

Other scheduling considerations might be whether you plan to take the SAT or ACT more than once and whether you play a sport or will be involved in some other school activity such as a dramatic or musical production where your presence is required

opportunities. Just plug in your zip code, mileage parameters, and interests, and various opportunities pop up. There are 28 diverse categories of interest listed.

Devote some time this summer to finding and developing your unique strengths; it may seem difficult at first, but it is central to the college application process. Not only will you improve your self-knowledge, sense of achievement, and confidence level; you will also be better able to determine which college is the best fit for you.

on a Saturday.

We at A+ recommend that test preparation for either the SAT or ACT begin at least 3 months prior to the anticipated test date. See the schedule of test dates below.

2007-2008 SAT/ACT Testing Dates

SAT/SAT Subject Test Dates:

October 6, 2007 November 3, 2007 December 1, 2007 January 26, 2008 *March 1, 2008 *(no Subject Tests on this date) May 3, 2008 June 7, 2008

ACT Test Dates:

September 15, 2007 October 27, 2007 December 8, 2007 February 9, 2008 April 12, 2008 June 14, 2008

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