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### Video Games Gen VIII

GBA Video Listinas

**Gen VIII** Sword & Shield Pokémon HOME Pokémon Masters Pokémon Masters Pokémon Sleep Detective Pikachu 2 **Gen VII** Sun & Moon Ultra Sun & Ultra Moon Let's Go, Pikachu! & Let's Go, Eevee! Pokémon GO Pokémon: Magikarp Jump Pokémon: Magikarp Jump Pokémon Rumble Rush Pokkén Tournament DX Detective Pikachu Pokémon Quest Super Smash Bros. Ultimate Gen VI X & Y X & Y Omega Ruby & Alpha Sapphire Pokémon Bank Pokémon Battle Trozei

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n addition to the Pokémon figures that are used in gameplay, there are also a number of Plates that can be used. Plates are comparable to Trainer cards in the Pokémon Trading Card Game in that they will give you special effects for your Pokémon such as boosting their attack damage or healing them. They are obtained b Trevo, obtained at the end of a stage in the reward wheel, or by purchasing them outright in the shop.

Each plate has got a specific cost and you cannot have the cost of the plates exceed 8 in your deck. Each plate can only be used once per game

ID No.	Icon	Plate Title	Rarity	Cost	Effect
ID-1		Long Throw	<b>®</b> EX	2	Move one Pokémon from your bench to one space away from your entry point. Your turends.
ID-2		Bright Powder	<b></b> ■ EX	1	Choose one of your Pokémon on the field. For this turn, you can make any battle opponent of this Pokémon spin again once.
ID-3		Recycle	<b>®</b> EX	2	All Plates from both players except Recycle become usable. Your turn ends.
ID-4		X Sp. Atk	<b></b> EX	1	Choose one of your Pokémon on the field or bench. For this turn, it has ☆+2
ID-5		Max Revive	<b>®</b> <sub>R</sub>	2	Choose on of your Pokémon in the P.C. Move that Pokémon to the bench. (It will not gai Wait.)
ID-6	*	Desparate Times	<b>®</b> <sub>R</sub>	2	Choose one of your Pokémon on the field or bench. For this turn, if that Pokémon spins an attack between 10 and 50 damage, it deals +50 damage
ID-7		Double Chance	RR	1	Choose a Pokémon on the field or bench. (You cannot select unusable Pokémon) For th turn, you can choose to respin once for it.
ID-8		Clear Wait	R	2	Choose one of your Pokémon on the field or bench. This Pokémon cannot have Wait.
ID-9	<b>O</b>	Focus Band	R	2	Select a Pokémon on the Field or on your Bench. This turn, the Pokémon cannot be Knocked Out by attacks.
ID-10	<b>O</b>	Full Heal	RR	1	Choose one of your Pokémon on the field. Remove all special conditions from that Pokémon. (This excludes Wait.)
ID-11		Scoop Up	UC	1	Choose one of your Pokémon on the field. Return it to the bench.
ID-12	*	X Attack	UC	1	Choose one of your Pokémon on the field or bench. For this turn, it deals +30 damage
ID-13		Pokémon Switch	<b>W</b> UC	1	Choose two of your Pokémon on the field or bench and switch their positions. Your turn ends. (You cannot select two Pokémon from the Bench)
ID-14		Swap Spot	UC UC	1	Switch 1 of your Pokémon with another of your Pokémon on the field
ID-15		X Defend	UC UC	1	Choose one of your Pokémon on the field or bench. For this turn, if its opponent deals 100 damage in battle, this Pokémon will not be knocked out
ID-16		No Guard	UC UC	1	Choose one of your Pokémon on the field or bench. For this turn, it can spin again once it spins a Blue Attack.
ID-17		Quick Care	<b>₩</b> UC	1	Choose one of your Pokémon on the field. If there is space in your P.C., move it there. Your turn ends.
ID-18		Priority Recovery	<b>©</b> c	1	Switch the order of your Pokémon in the P.C. You cannot use this Plate if there are less than 2 Pokémon in the P.C. Your turn ends.
ID-19		Ballast	<b>©</b> c	1	Choose one of your Pokémon on the field. For this turn, it cannot be affected by Whirlwind.
ID-20		Awakening	<b>©</b> c	1	Choose one of your Pokémon on the field. That Pokémon is no longer asleep
ID-21		Paralyz Heal	<b>©</b> c	1	Choose one of your Pokémon on the field. That Pokémon is no longer paralysed
ID-22		Confuse Heal	<b>©</b> <sub>C</sub>	1	Choose one of your Pokémon on the field. That Pokémon is no longer confusion

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## Game Names

Pokémon Duel Pokémon Comaster

### Console

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Japan: April 12th 2016 International: January 2 ary 24th 2017 International: iOS Japan: April 19th 2016 International: January 24th 2017

Platinum Heart Gold & Soul Silver Pokémon Ranger: Guardian Signs		*		<b>©</b> c		Pokémon is knocked out by a Dark-type Pokémon. Your turn ends
Pokémon Rumble Mystery Dungeon: Blazing, Stormy & Light Adventure Squad	ID-26	***	Flame Power		2	Fire-type Pokémon deal +20 damage. This effect lasts until one of your opponent's Pokémon is knocked out by a Fire-type Pokémon. Your turn ends
PokéPark Wii - Pikachu's Adventure Pokémon Battle Revolution Mystery Dungeon - Explorers of	ID-27		Meadow Power	<b>©</b> c	2	Grass-type Pokémon deal +20 damage. This effect lasts until one of your opponent's
Sky Pokémon Ranger: Shadows of Almia Mystery Dungeon - Explorers of						Pokémon is knocked out by a Grass-type Pokémon. Your turn ends  Water-type Pokémon deal +20 damage. This effect lasts until one of your opponent's
Time & Darkness My Pokémon Ranch Pokémon Battrio	ID-28		Splash Power	<b>©</b> c	2	Pokémon is knocked out by a Water-type Pokémon. Your turn ends
Smash Bros Brawl Gen III Ruby & Sapphire	ID-39		Invisibility Cape	<b>■</b> EX	3	Choose one of your Pokémon on the bench. For this turn, it can move through other Pokémon when making an MP move
Fire Red & Leaf Green Emerald Pokémon Colosseum Pokémon XD: Gale of Darkness	ID-40		Power Battle	UC UC	2	Choose on of your Pokémon on the field or bench. For this turn, if this Pokémon or its opponent spins a Purple Attack in battle, they must both spin once again.
Pokémon Dash Pokémon Channel Pokémon Box: RS	ID-41		Hurdle Jump	UC UC	2	Choose one of your Pokémon on the field and move it over a connected Pokémon. Your turn ends.
Pokémon Pinball RS Pokémon Ranger Mystery Dungeon Red & Blue PokémonTrozei	ID-42	*	Mind Power	<b>©</b> c	2	Psychic-type Pokémon deal +20 damage. This effect lasts until one of your opponent's Pokémon is knocked out by a Psychic-type Pokémon. Your turn ends
Pikachu DS Tech Demo PokéPark Fishing Rally The E-Reader PokéMate	ID-49	*	Toxic Power	<b>©</b> c	2	Poison-type Pokémon deal +20 damage. This effect lasts until one of your opponent's Pokémon is knocked out by a Poison-type Pokémon. Your turn ends
Gen II Gold/Silver Crystal Pokémon Stadium 2	ID-50	*	Draco Power	<b>©</b> c	2	Dragon-type Pokémon deal +20 damage. This effect lasts until one of your opponent's Pokémon is knocked out by a Dragon-type Pokémon. Your turn ends
Pokémon Puzzle Challenge Pokémon Mini Super Smash Bros. Melee Gen I	ID-53		Switcheroo	R	1	Choose one of your Pokémon on the bech. Switch it with one of your Pokémon from your P.C. Your turn ends.
Red, Blue & Green Yellow Pokémon Puzzle League Pokémon Snap	ID-56		Goal Block	<b>®</b> <sub>R</sub>	2	Choose one of your Pokémon on the field and move it to your goal point if it is open. Your turn ends.
Pokémon Pinball Pokémon Stadium (Japanese) Pokémon Stadium Pokémon Trading Card Game GB	ID-57	*	Clay Power	<b>©</b> c	2	Ground-type Pokémon deal +20 damage. This effect lasts until one of your opponent's Pokémon is knocked out by a Ground-type Pokémon. Your turn ends
Super Smash Bros. Miscellaneous Game Mechanics Video Game Championships	ID-61	*	Spooky Power	<b>©</b> <sub>C</sub>	2	Ghost-type Pokémon deal +20 damage. This effect lasts until one of your opponent's Pokémon is knocked out by a Ghost-type Pokémon. Your turn ends
In Other Games Virtual Console Special Edition Consoles Pokémon 3DS Themes	ID-73	*	Zap Power	<b>O</b> c	2	Electric-type Pokémon deal +20 damage. This effect lasts until one of your opponent's Pokémon is knocked out by a Electric-type Pokémon. Your turn ends
Smartphone & Tablet Apps Virtual Pets amiibo	ID-80	*	Ice Heal	© <sub>C</sub>	1	Choose one of your Pokémon on the field. That Pokémon is no longer frozen
General Information MangaDex	ID-90	*	Burn Heal	© <sub>c</sub>	1	Choose one of your Pokémon on the field. That Pokémon is no longer burned
Character BIOs Detailed BIOs Chapter Guides Volume Guides	ID-91	<b></b>	X Speed	<b>®</b> <sub>R</sub>	1	Choose one of your Pokémon on the field or bench. For this turn, one of this Pokémon's White Attacks will be changed to a Gold Attack before battle
RBG Series Yellow Series GSC Series RS Series FRLG Series	ID-303	<b>O</b>	Force Remove	<b>®</b> EX	1	This Plate can be used when you have Pokémon on all of your opponent's entry points.  Select one of your Pokémon on the field or bench. If that Pokémon's attack knocks a  Pokémon out that turn, it will be eliminated from the duel
Emerald Series DP Series Platinum Series HGSS Series	ID-304		Counter Attack	<b>®</b> EX	1	This plate can be used when you have enemy Pokémon on all of your entry points. Select one of your Pokémon on the field. That Pokémon will have MP+1 for that turn.
BW Series B2W2 Series XY Series ORAS Series	ID-306		X Accuracy	<b>W</b> UC	1	Select one of your Pokémon on the field or bench. If the Attack for that Pokémon is a miss that turn, it will shift to the adjacent attack.
SM Series  Anime The Origin of Mewtwo Mewtwo Strikes Back	ID-312		Burn Drive	UC UC	1	Select your Genesect from the field or bench. During this turn, if your Pokémon's move lands of Miss, it will shift to the move next to it instead. Also, if the Fainted opposing Pokémon is a Grass-type, Ice-type, Bug-type or Steel-type, the opponent will be removed from the duel.
The Power of One Spell Of The Unown Mewtwo Returns Celebi: Voice of the Forest Pokemon Heroes Jirachi - Wish Maker	ID-313		Douse Drive	OUC UC	1	Select your Genesect from the field or bench. During this turn, if your Pokémon's move lands of Miss, it will shift to the move next to it instead. Also, if the Fainted opposing Pokémon is a Fire-type, Ground-type or Rock-type, the opponent will be removed from the duel.
Destiny Deoxys! Lucario and the Mystery of Mew! Pokémon Ranger & The Temple of the Sea! The Rise of Darkrai! Giratina & The Sky Warrior! Arceus and the Jewel of Life	ID-314		Chill Drive	UC	1	Select your Genesect from the field or bench. During this turn, if your Pokémon's move lands of Miss, it will shift to the move next to it instead. Also, if the Fainted opposing Pokémon is a Grass-type, Ground-type, Flying-type or Dragon-type, the opponent will be removed from the duel.
Zoroark - Master of Illusions Black: Victini & Reshiram White: Victini & Zekrom Kyurem VS The Sword of Justice	ID-315		Shock Drive	<b>W</b> UC	1	Select your Genesect from the field or bench. During this turn, if your Pokémon's move lands of Miss, it will shift to the move next to it instead. Also, if the Fainted opposing Pokémon is a Water-type or Flying-type, the opponent will be removed from the duel.
-Meloetta's Midnight Serenade Genesect and the Legend Awakened Diancie & The Cocoon of Destruction	ID-316		Burn Drive EX	RR	1	Select 1 of your Genesect on the fieldor on the bench. During this turn, that Pokémon can re-spin 1 time during battle. Also, if the fainted battle opponent is a Grass-type, Ice-type, Bug-type or Steel-type, the opponent will be excluded from the duel.
Hoopa & The Clash of Ages Volcanion and the Mechanical Marvel Pokémon I Choose You! Pokémon The Power of Us	ID-317	<b>O</b>	Douse Drive EX	$\mathbb{R}_{\mathbb{R}}$	1	Select 1 of your Genesect on the fieldor on the bench. During this turn, that Pokémon can re-spin 1 time during battle. Also, if the fainted battle opponent is a Fire-type, Ground-type or Rock-type, the opponent will be excluded from the duel.
Mewtwo Strikes Back Evolution Live Action Pokémon's Detective Pikachu Sections Cinematic Pokédex	ID-318	<b>O</b>	Chill Drive EX	$\mathbb{R}_{\mathbb{R}}$	1	Select 1 of your Genesect on the fieldor on the bench. During this turn, that Pokémon can re-spin 1 time during battle. Also, if the fainted battle opponent is a Grass-type, Ground-type, Flying-type or Dragon-type, the opponent will be excluded from the duel.
Live Action Character Biographies  Pikachu Shorts  Pikachu's Summer Vacation	ID-319		Shock Drive EX	$\mathbb{R}_{\mathbb{R}}$	1	Select 1 of your Genesect on the fieldor on the bench. During this turn, that Pokémor re-spin 1 time during battle. Also, if the fainted battle opponent is a Water-type or Fly type, the opponent will be excluded from the duel.
Pikachu's Rescue Adventure Pikachu And Pichu Pikachu's PikaBoo Camp Pikachu!	ID-320		Cosmo Energy	R	1	During this duel, when your Deoxys is attacked, before the battle, you may switch that Deoxys with another of your Deoxys on the field or bench. Your turn ends
Gotta Dance!! Pikachu's Summer Festival!	ID-321		Flame Energy	$\mathbb{R}_{\mathbb{R}}$	1	During this duel, your Fire-type Pokémon cannot be frozen or burned. Your turn ends

Pikachu's Ghost Festival!
Pikachu's Island Adventure!
Pikachu's Exploration Club
Pikachu's Great Ice Adventure
Pikachu's Sparkling Search
Pikachu's Really Mysterious
Adventure
Eevee & Friends
Pikachu, What's This Key?
Pikachu, & The Pokémon Music
Squad

# Trading Gards

					Choose on of your Reshiram, Zekrom, Black Kyurem or White Kyurem on the field.
D-323	*	Overdrive	<b>®</b> <sub>R</sub>	1	Remove all special conditions affecting that Pokémon. (Except Wait.). While that Pokémon is on the field, that Pokémon deals +30 damage
D-324	<b>O</b>	Land's Energy	RR	1	During this duel, the effect of Land's Wrath from your Zygarde becomes "Spin for all of the opponent's Pokémon on the field, excluding Flying-types. If it lands on Purple Attack the Pokémon Faints". Your turn ends
D-325		el	$\mathbb{R}_{\mathbb{R}}$	1	Choose 1 of your Rhyperior on the field or bench. Until the end of the duel, the effect of that Rhyperior's Rock Wrecker becomes: : "Knock out 1 of your opponent's Fire, Ice, Flyilor Bug-type Pokémon that are 1, 2 or 3 steps away." Your turn ends
D-328		Concentrated Fertilizer	<b>W</b> UC	1	Select 1 of your Grass-type pokémon on the field or bench. For this turn, that Pokémon gains \$\phi+1\$. It also gains damage +20
D-329		Sticky Grass	UC UC	1	Select one of your Grass-type Pokémon on the field. While that Pokémon is on the field, the battle opponent of that Pokémon cannot respin. Spin-again effects are trated as single spins only.
ID-331		Tropical Energy	<b>®</b> <sub>R</sub>	1	Any special conditions are removed from your Grass-, Flying-, and Bug-type Pokémon. During this duel, the effects of Abilities that allow you or your opponent to respin or force respins in battle are nullified for the battle opponents of your Grass-, Flying- and Bug-typ Pokémon. Your turn ends
D-332		Dark Energy	<b>®</b> <sub>R</sub>	1	During this duel, if the opponent Pokémon is a Psychic-type, your Dark-type Pokémon a not knocked out in battle, but are moved to the bench and gain Wait instead. And, when you have two or more Dark-type Pokémon on the field, Energy effects on your opponent Psychic and Ghost-type Pokémon are nullified. Your turn ends.
ID-333		Phantom Energy	RR	1	During this duel, your Ghost-type Pokémon can move over Pokémon affected by specia conditions when using an MP move. In addition, when one or more of your Ghost-type Pokémon surround an opposing Pokémon, if there are three or more opposing Pokémo on the field or on your opponent's bench with the same name as the surrounded Pokémon, remove the surrounded Pokémon from the game. Your turn ends
ID-335		Steel Energy	R	1	During this duel, your Steel-type Pokémon cannot become poisoned or noxious and the damage of one of each of those Pokémon's most highly damaging White Attacks that normally deal at least 10 damage is increased by 10. Your turn ends.
ID-336		Poison Blade	<b>®</b> EX	1	Select one of your Steel-type Pokémon on the field. While that Pokémon is on the field, the White Attacks of that Pokémon gain: The battle opponent becomes Poisoned.
D-338		Muscle Energy	<b>®</b> <sub>R</sub>	1	Remove the sleep and frozen conditions, Mp-1 and MP-2 markers and Wait from all of your Fight-type Pokémon. During this duel, your Fighting-type Pokémon gain +1 to the damage they deal after those Pokémon move from P.C. to bench. Your turn ends
ID-339		Mud Energy	<b>®</b> <sub>R</sub>	1	During this duel, if there are 2 or more Water-type Pokémon and 2 or more Ground-type Pokémon on the field, your opponent's Pokémon on the field get +1 to Wait effects that they receive. Your turn ends.
ID-340		Electro Energy	(R)	1	Removes the paralyzed condition from all of your Electric-type Pokémon. During this du if one of your Electric-type Pokémon would deal damage, and there is an Electric-type Pokémon adjacent to it, that damage increased by 10. Your turn ends.
ID-341	igoredown	Molting Energy	$\mathbb{R}_{\mathbb{R}}$	1	During this duel, whenever one of your Bug-type or Flying-type Pokémon moves from th P.C. to the bench, it can evolve. If it does, that Pokémon gains Wait 3. Your turn ends.
ID-343		Eon Flute	<b>⊗</b> EX	2	During a duel, this plate can be used when your Latias or Latios is excluded from the duel. That one Latias or Latios appears on your bench. That Pokémon is excluded from the duel after your next turn has ended.
ID-344	<b>O</b>	Salamencite	<b>®</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Salamence on the field, and Mega Evolve it for 7turns.
ID-345		Charizardite X	<b>®</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Charizard on the field, and Mega Evolve it for 7turns.
ID-346		Charizardite Y	<b>®</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Charizard on the field, and Mega Evolve it for 7turns.
ID-347		Beedrillite	<b>®</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Beedrill on the field, and Mega Evolve it for 7turns.
ID-365		Venusaurite	<b>⊗</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Venusaur on the field, and Mega Evolve it for 7turns.
ID-366		Blastoisinite	<b>®</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Blastoise on the field, and Mega Evolve it for 7turns.
ID-367		Gengarite	<b>⊗</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Gengar on the field, and Mega Evolve it for 7turns.
ID-368		Sceptilite	<b>®</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Sceptile on the field, and Mega Evolve it for 7 turns.
ID-369		Blazikenite	<b>®</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Blaziken on the field, and Mega Evolve it for 7 turns.
ID-370		Swampertite	<b>®</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Swampert on the field, and Mega Evolve it for 7 turns.
ID-371		Metal Coat	<b>®</b> <sub>EX</sub>	1	Choose one of your Onix, Scyther, or Steel-type Pokémon on the field. If you choose ( or Scyther, evolveit. Until the end of the duel, battle opponents of the Pokémon you c or the Pokémon that evolved from it, have the effects of their Abilities that increase or decrease Attack damage nullified. This ends your turn.
ID-372		Golden Module	<b>®</b> EX	2	Choose one of your Genesect on the field or bench. For this turn, that Pokémon's Purple Attack becomes the Gold Attack Extreme Speed 100. Also, if a battle opponent knocke

					out by that Pokémon is a Dark or Fairy-type Pokémon, that battle opponent is excluded from the duel.
ID-373		Scizorite	<b></b> EX  ■ EX	2	This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Scizor on the field, and Mega Evolve it for 7 turns.
ID-374		Metal Sphere	R <sub>R</sub>	1	Choose one of your Steel-type Pokémon. Until the end of the duel, while that Pokémon is on the field, your Steel-type Pokémon do not become poisoned or noxious and their Whit Attacks that deal 10 or more damage deal +10 damage. Your turn end.s The effects of this plate do not stack.
ID-375		Phantom Sphere	$\mathbb{R}_{R}$	1	Choose one of your Ghost-type Pokémon. Until the end of the duel, while that Pokémon i on the field, your Ghost-type Pokémon on the bench can move past Ghost-type Pokémon and Pokémon affected by special conditions. Your turn ends.
ID-376		Flame Sphere	RR	1	Choose one of your Fire-type Pokémon. Until the end of the duel, while that Pokémon is on the field, your Fire-type Pokémon do not become frozen or burned, and they can MO move past burned Pokémon on the field. Your turn ends.
ID-377		Electro Sphere	RR	1	Choose one of your Electric-type Pokémon. Until the end of the duel, while that Pokémor is on the field, your Electric-type Pokémon deal +10 damage for each Electric-type Pokémon next to them. Your Electric-type Pokémon can MP move past Pokémon that have Wait. Your turn ends. The effects of this plate do note stack.
ID-378		Mewtwonite X	<b>®</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Mewtwo on the field, and Mega Evolve it for 7 turns.
ID-379		Winged Sphere	<b>®</b> <sub>R</sub>	1	Choose one of your Bug-type Pokémon or Flying-type Pokémon. Until the end of the duel while that Pokémon is on the field, your Stage 1 or higher Bug- or Flying-type Pokémon may MP move over opposing non-Flying-type Pokémon. Your turn ends
ID-380		Galladite	<b>®</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Gallade on the field, and Mega Evolve it for 7 turns.
ID-381		Mystic Sphere	<b>®</b> <sub>R</sub>	1	Choose 1 of your Fairy-type Pokémon. Until the end of the duel, while that Pokémon is or the field, your Fairy-type Pokémon cannot have markers attached to them from the Attacks of other Pokémon. Your turn ends.
ID-382		Sablenite	<b>⊗</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Sableye on the field, and Mega Evolve it for 7 turns.
ID-383		Mewtwonite Y	<b>®</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Mewtwo on the field, and Mega Evolve it for 7 turns.
ID-384		Mighty Sphere	<b>®</b> <sub>R</sub>	1	Choose one of your Fighting-type Pokémon. Until the end of the duel, while that Pokémo is on the field, opposing Pokémon surrounded by your Fighting-type Pokémon move to your P.C. Your turn ends.
ID-385		Dark Sphere	$\mathbb{R}_{\mathbb{R}}$	1	Choose one of your Dark-type Pokémon. Until the end of the duel, while that Pokémon is on the field, opposing Ghost-type Pokémon and Psychic-type Pokémon cannot pass through your Dark-type Pokémon by the effects of Abilities. Your turn ends.
ID-386		Altarianite	<b>®</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Altaria on the field, and Mega Evolve it for 7 turns.
ID-387		Ampharosite	<b></b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Ampharos on the field, and Mega Evolve it for 7 turns.
ID-388	*	Magnet	UC UC	1	Choose one of your Electric-type Pokémon on the field. While that Pokémon is on the field, it deals +20 damage. Your turn ends.
ID-389	*	Sharp Beak	UC UC	1	Choose one of your Flying-type Pokémon on the field. While that Pokémon is on the field it deals +20 damage. Your turn ends.
ID-390		DNA Splicers	<b>®</b> EX	1	Choose one of your Kyurem on the field, and one of your Zekrom or Reshiram on the fiel or bench in the P.C Exclude that Zekrom or Reshiram from the duel, and change form o Kyurem to Black Kyurem or White Kyurem.
ID-391	*	Miracle Seed	<b>₩</b> UC	1	Choose one of your Grass-type Pokémon on the field. While that Pokémon is on the field it deals +20 damage. Your turn ends.
ID-392	*	Never-Melt Ice	UC UC	1	Choose one of your Ice-type Pokémon on the field. While that Pokémon is on the field, it deals +20 damage. Your turn ends.
ID-393		Microwave Oven	<b>®</b> EX	1	Choose one of your Rotom, Wash Rotom, Frost Rotom, Fan Rotom or Mow Rotom on the field and change its form to Heat Rotom. Removes the burned condition from all Pokémon. All Pokémon become Fire-type Pokémon for 9 turns.
ID-394		Washing Machine	<b>◎</b> EX	1	Choose one of your Rotom, Heat Rotom, Frost Rotom, Fan Rotom, or Mow Rotom on the field and change its form to Wash Rotom. Remove the poisoned condition from all Pokémon. All Pokémon become Water-type Pokémon for 9 turns.
ID-395		Refrigerator	<b></b> ■ EX	1	Choose one of your Rotom, Heat Rotom, Wash Rotom, Fan Rotom or Mow Rotom on the field and change its form to Frost Rotom. Removes the burned condition from all Pokémon. All Pokémon become Ice-type Pokémon for 9 turns.
ID-396		Electric Fan	<b>⊗</b> EX	1	Choose one of your Rotom, Heat Rotom, Wash Rotom, Frost Rotom or Mow Roton on th field and change its form to Fan Rotom. Removes the Wait Condition from all Pokémon. All Pokémon become Flying-type Pokémon for 9 turns
ID-397		Lawnmower	<b>®</b> EX	1	Choose one of your Rotom, Heat Rotom, Wash Rotom, Frost Rotom or Fan Rotom on the field and change its form to Mow Rotom. Remove the asleep condition from all Pokémo All Pokémon become Grass-type Pokémon for 9 turns
ID-398		Tyranitarite	<b>⊗</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Tyranitar on the field, and Mega Evolve it for 7 turns.
ID-399		Aggronite	<b>⊗</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Aggron on the field, and Mega Evolve it for 7 turns.
ID-400		Gracidea	<b>®</b> <sub>EX</sub>	2	Choose one of your Shaymin on the field and change its form to Sky Forme. If any of you Sharmin becomes knocked out, this plate returns to its unused state

ID-401	0	Stony Sphere	<b>®</b> <sub>R</sub>	1	Choose one of your Rock-type Pokémon. Until the end of the duel, while that Pokémon is on the field, opposing Flying-type Pokémon and Fairy-type Pokémon cannot pass throug your Rock-type Pokémon by the effects of Abilities. Your turn ends.
ID-402	*	Hard Stone	<b>™</b> UC	1	Choose one of your Rock-type Pokémon on the field. While that Pokémon is on the field, deals +20 damage. Your turn ends.
ID-403	<b>O</b>	Lucarionite	<b>®</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Lucario on the field, and Mega Evolve it for 7 turns.
ID-404	<b>O</b>	Houndoominite	<b>®</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Houndoom on the field, and Mega Evolve it for 7 turns.
ID-405	*	Charcoal	<b>W</b> UC	1	Choose one of your Fire-type Pokémon on the field. While that Pokémon is on the field, it deals +20 damage. Your turn ends.
ID-406		Meteoric Teachings	<b>®</b> EX	2	This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Rayquaza on the field, and Mega Evolve it for 7 turns. That Rayquaza's Break Energy becomes Dragon Ascent 90 until the duel ends. If any of your Rayquaza or Mega Rayquaza become knocked out, this plate returns to its unused state.
ID-407		Glalitite	<b>®</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Glalie on the field, and Mega Evolve it for 7 turns.
ID-408	*	Dragon Fang	<b>™</b> UC	1	Choose one of your Dragon-type Pokémon on the field. While that Pokémon is on the field, it deals +20 damage. Your turn ends.
ID-409		Dragon Sphere	R <sub>R</sub>	1	Choose one of your Dragon-type Pokémon. Until the end of the duel, while that Pokémon is on the field, your Dragon-type Pokémon with MP 1 or lower get +1 MP. If those Pokémon are not affected by a special condition, they can MP move over other Pokémo on the field. Your turn ends
ID-410		Blue Orb	<b>®</b> EX	2	Choose one of your Kyogre on the bench. It undergoes Primal Reversion
ID-411		Red Orb	<b>®</b> EX	2	Choose one of your Groudon on the bench. It undergoes Primal Reversion
ID-412	*	Mystic Water	<b>W</b> UC	1	Choose one of your Water-type Pokémon on the field. While that Pokémon is on the field it deals +20 damage. Your turn ends.
ID-413	<b>O</b>	Aqua Sphere	<b>®</b> <sub>R</sub>	1	Choose one of your Water-type Pokémon. Until the end of the duel, while that Pokémon on the field, your Water-type Pokémon that are next to Water-type Pokémon gain +1 MP (to a maximum of MP3) Your turn ends
ID-414	0	Gyaradosite	<b>®</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Gyarados on the field, and Mega Evolve it for 7 turns.
ID-415	<b>O</b>	Grass Sphere	<b>®</b> <sub>R</sub>	1	Choose one of your Grass-type Pokémon. Until the end of the duel, while that Pokémon on the field, your Grass-type Pokémon do not move from effects of opposing Attacks th would move them to the bench, P.C., or the Ultra Space. Your turn ends.
ID-416		Latiasite	<b>®</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Latias on the field, and Mega Evolve it for 7 turns.
ID-417		Gardevoirite	<b>®</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Gardevoir on the field, and Mega Evolve it for 7 turns.
ID-418		Latiosite	<b>®</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Latios on the field, and Mega Evolve it for 7 turns.
ID-419	*	Soul Dew	$\mathbb{R}_{\mathbb{R}}$	1	Choose one of your Latias or Latios on the field. While that Pokémon is on the field, it deals +30 damage. Your turn ends
ID-420		Venom Sphere	<b>®</b> <sub>R</sub>	1	Choose one of your Poison-type Pokémon. Until the end of the duel, while that Pokémois on the field, the effects of Abilities of opposing Pokémon that are poisoned or noxiou that increase or decrease Attack damage are nullified. Your turn ends.
ID-421	*	Poison Barb	UC UC	1	Choose one of your Poison-type Pokémon on the field. While that Pokémon is on the field, it deals +20 damage. Your turn ends.
ID-424	<b>O</b>	Necroizer	<b>®</b> EX	1	Choose one of your Necrozma on the field and one of your Solgaleo or Lunala on the field, bench or in the P.C. That Solgaleo or Lunala moves to the Ultra Space and the Necrozma changes its form into Dusk Mane Necrozma or Dawn Wings Necrozma
ID-425	*	Spell Tag	<b>W</b> UC	1	Choose one of your Ghost-type Pokémon on the field. While that Pokémon is on the field it deals +20 damage. Your turn ends.
ID-426	*	Odd Incense	UC UC	1	Choose one of your Psychic-type Pokémon on the field. While that Pokémon is on the field, it deals +20 damage. Your turn ends.
ID-430	*	Black Glasses	UC UC	1	Choose one of your Dark-type Pokémon on the field. While that Pokémon is on the field, deals +20 damage. Your turn ends.
ID-431	<b>O</b>	Alakazite	<b>®</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Alakazam on the field, and Mega Evolve it for 7 turns.
ID-432		Kangaskhanite	<b>®</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Kangaskhan on the field, and Mega Evolve it for 7 turns.
ID-433		Twisted Spoon	$\mathbb{R}_{\mathbb{R}}$	1	Choose one of your Psychic-type Pokémon on the field. While that Pokémon is on the field, it gains $\not\propto$ +1. Your turn ends.
ID-435	<b>O</b>	Ultra Burst	<b>®</b> EX	1	Choose one of your Dusk Mane Necrozma or Dawn Wings Necrozma on the field and change its form to Ultra Necrozma for 4 turns.
ID-436	<b>(</b>	Mawilite	<b>®</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Mawile on the field, and Mega Evolve it for 7 turns.

	<b>O</b>		<b>®</b> EX		your Diancie on the field, and Mega Evolve it for 7 turns.
ID-438	<b>O</b>	Metagrossite	<b>®</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Metagross on the field, and Mega Evolve it for 7 turns.
ID-439		Steelixite	<b>®</b> EX		This plate can be used when none of your Pokémon are Mega Evolved. Choose one of your Steelix on the field, and Mega Evolve it for 7 turns.
ID-440		Restorer	R	1	Choose a Restored Pokémon in your P.C. That Pokémon moves to the bench without gaining Wait. Move one of your Restored Pokémon that has been excluded from the duel to your P.C.
ID-441		Primal Sphere	RR	1	Choose one of your Restored Pokémon. Until the end of the duel, while that Pokémon is on the field, if the number of your own Pokémon on the field, bench and in your P.C. Is lower than the number of the opponent's Pokémon on the field, bench, and in the opponent's P.C., your Restored Pokémon and Pokémon that have evolved from Restored Pokémon deal +30 damage and gain +1 ½. Your turn ends. The effects of this plate do not stack.
ID-442		Frost Sphere	R	1	Choose one of your Ice-type Pokémon. Until the end of the duel, plates with Sphere in their name, except for Frost Sphere, have their effects negated on opposing Pokémon within 3 steps of that Pokémon. Your turn ends
ID-447		Reveal Glass	<b>®</b> EX	1	Change the form of each Tornadus, Thundurus, and Landorus on the field, if possible. This plate can be used again if the opponent uses a plate that is not Reveal Glass. This ends your turn
ID-448		Silk Sphere	RR	1	Select one of your Bug-type Pokémon. While this Pokémon is on the field, the Abilities of opposing Pokémon that have an MP-reducing marker attached to them are nullified. This ends your turn.
ID-451	*	Silver Powder	UC UC	1	Choose one of your Bug-type Pokémon on the field. While that Pokémon is on the field, it deals +20 damage. Your turn ends.
ID-452	*	Silk Scarf	UC UC	1	Choose one of your Normal-type Pokémon on the field. While that Pokémon is on the field, it deals +20 damage. Your turn ends.
ID-453	*	Karate Belt	UC UC	1	Choose one of your Fighting-type Pokémon on the field. While that Pokémon is on the field, it deals +20 damage. Your turn ends.
ID-454	*	Soft Sand	<b>™</b> UC	1	Choose one of your Ground-type Pokémon on the field. While that Pokémon is on the field, it deals +20 damage. Your turn ends.

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