

## SOLUTIONS SHEET 7

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### Exercise 1.

### Exercise 2.

### Exercise 3.

**Lemma 1.1.** *Let  $y \in H$  and define a mapping  $\varphi_y : H \rightarrow \mathbb{C}$  by  $\varphi_y(x) := \langle A(y), x \rangle$ . Then  $\varphi_y \in \mathcal{L}(H, \mathbb{C})$ .*

*Proof.* Clearly,  $\varphi_y$  is linear since  $\langle \cdot, \cdot \rangle$  is linear in the second component. Moreover,  $\varphi_y$  is bounded. Indeed, using Cauchy-Schwarz yields

$$|\varphi_y(x)| = |\langle A(y), x \rangle| \leq \|A(y)\| \|x\|$$

for all  $x \in H$ . □

Thus we may define a family

$$\mathcal{F} := \{\varphi_y : y \in \partial B_1(0)\} \subseteq \mathcal{L}(H, \mathbb{C}).$$

Let  $x \in H$ . Then for any  $y \in \partial B_1(0)$  we have that

$$|\varphi_y(x)| = |\langle A(y), x \rangle| = |\langle y, A(x) \rangle| \leq \|y\| \|A(x)\| = \|A(x)\|$$

by symmetry and again Cauchy-Schwarz. Hence

$$\sup_{T \in \mathcal{F}} |T(x)| = \sup_{y \in \partial B_1(0)} |\varphi_y(x)| \leq \|A(x)\|$$

for all  $x \in H$ . Since any Hilbert space is a Banach space, an application of *Banach-Steinhaus* yields the existence of a constant  $c > 0$  such that

$$\sup_{T \in \mathcal{F}} \|T\| = \sup_{y \in \partial B_1(0)} \|\varphi_y\| \leq c.$$

For  $x \in H$  such that  $A(x) \neq 0$  we have that

$$\begin{aligned} \|A(x)\|^2 &= \langle A(x), A(x) \rangle \\ &= \|x\| \langle A(x/\|x\|), A(x) \rangle \\ &= \|x\| \varphi_{x/\|x\|}(A(x)) \end{aligned}$$

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$$\begin{aligned} &\leq \|x\| |\varphi_{x/\|x\|}(A(x))| \\ &\leq \|x\| \|A(x)\| \|\varphi_{x/\|x\|}\| \\ &\leq c \|x\| \|A(x)\| \end{aligned}$$

and thus dividing both sides by  $\|A(x)\|$  yields the boundedness of  $A$ .

**Exercise 4.**

**Exercise 5.**

a. We define

$$\mathcal{F} := \{B(\cdot, y) : y \in \partial B_1(0)\}.$$

**Lemma 1.2.** *We have that  $\mathcal{F} \subseteq \mathcal{L}(X, \mathbb{K})$  and for all  $x \in X$ , there exists  $c_x \geq 0$  such that  $\sup_{T \in \mathcal{F}} |T(x)| \leq c_x$ .*

*Proof.* Let  $y \in \partial B_1(0)$ . Then  $B(\cdot, y)$  is linear by definition of a bilinear functional. Moreover, for any  $x \in X$  we have that

$$|B(x, y)| \leq c_y \|x\|$$

for some  $c_y \geq 0$  by continuity of  $B$  in the first argument. Hence  $\mathcal{F} \subseteq \mathcal{L}(X, \mathbb{K})$ . Let  $x \in X$ . Then

$$|B(x, y)| \leq c_x \|y\| = c_x$$

for some  $c_x \geq 0$  by continuity of  $B$  in the second argument. Thus

$$\sup_{T \in \mathcal{F}} |T(x)| = \sup_{y \in \partial B_1(0)} |B(x, y)| \leq c_x$$

for all  $x \in X$ . □

An application of *Banach-Steinhaus* on the family  $\mathcal{F}$  yields the existence of a constant  $c \geq 0$  such that

$$\sup_{T \in \mathcal{F}} \|T\| \leq c.$$

Let  $x, y \in X$ . Then

$$\begin{aligned} |B(x, y)| &= \|x\| \|y\| |B(x/\|x\|, y/\|y\|)| \\ &\leq \|x\| \|y\| \sup_{\|\xi\|=1} |B(\xi, y/\|y\|)| \\ &\leq \|x\| \|y\| \sup_{\|\xi\|=1} \sup_{\|\zeta\|=1} |B(\xi, \zeta)| \\ &= \|x\| \|y\| \sup_{\|\zeta\|=1} \|B(\cdot, \zeta)\| \\ &\leq c \|x\| \|y\|. \end{aligned}$$

**Lemma 1.3.** *Equip  $X \times X$  with the norm  $\|(x, y)\| := \|x\| + \|y\|$ . Then  $B$  is continuous.*

*Proof.* Let  $(x, y) \in X \times X$  and  $(x_n, y_n)_{n \in \mathbb{N}}$  be a sequence in  $X \times X$  converging to  $(x, y)$ . We claim that  $x_n \rightarrow x$  and  $y_n \rightarrow y$  in  $X$ . Indeed

$$\|x_n - x\| \leq \|x_n - x\| + \|y_n - y\| = \|(x_n, y_n) - (x, y)\| \rightarrow 0$$

as  $n \rightarrow \infty$  and similarly

$$\|y_n - y\| \leq \|x_n - x\| + \|y_n - y\| = \|(x_n, y_n) - (x, y)\| \rightarrow 0.$$

Moreover, since  $y_n \rightarrow y$ ,  $y_n$  is bounded, i.e. there exists some  $M \geq 0$  such that  $\|y_n\| \leq M$  for all  $n \in \mathbb{N}$ . Hence

$$\begin{aligned} |B(x_n, y_n) - B(x, y)| &= |B(x_n, y_n) - B(x, y_n) + B(x, y_n) - B(x, y)| \\ &= |B(x_n - x, y_n) + B(x, y_n - y)| \\ &\leq |B(x_n - x, y_n)| + |B(x, y_n - y)| \\ &\leq c \|x_n - x\| \|y_n\| + c \|x\| \|y_n - y\| \\ &\leq c M \|x_n - x\| + c \|x\| \|y_n - y\| \rightarrow 0 \end{aligned}$$

as  $n \rightarrow \infty$ . □

**b.**

**Lemma 1.4.** *B is a bilinear functional on  $\mathcal{P}$  which is continuous in each argument separately.*

*Proof.* The bilinearity of  $B$  directly follows from the linearity of the integral. Fix  $q \in \mathcal{P}$ . Then for any  $p \in \mathcal{P}$  we have that

$$|B(p, q)| = \left| \int_0^1 p(t)q(t)dt \right| \leq \int_0^1 |p(t)||q(t)|dt \leq \sup_{t \in [0,1]} |q(t)| \int_0^1 |p(t)|dt = c_q \|p\|$$

since  $q$  is continuous. Similarly, for each fixed  $p \in \mathcal{P}$  we get that  $|B(p, q)| \leq c_p \|q\|$  for all  $q \in \mathcal{P}$ . □