

## **SPEAKING**

**Topic:** Do you think that social networking sites will make people lonelier? Explain why.

In my opinion, social networking sites can indeed contribute to feelings of loneliness in individuals. While these platforms were initially designed to connect people and promote social interactions, they have evolved to prioritize quantity over quality of connections. The constant exposure to carefully curated highlight reels of others' lives can lead to a sense of isolation for those who may not have an equally glamorous or active online presence.

Besides, the digital nature of these interactions lacks the depth and genuine intimacy that face-to-face interactions can provide. Online communication often lacks non-verbal cues and genuine emotional connection, leading to a shallow form of engagement. This shallow interaction can reinforce feelings of isolation and detachment from meaningful relationships.

Additionally, excessive use of social networking sites can also lead to decreased real-world social interactions. People may spend more time online, reducing their opportunities for face-to-face conversations and genuine connections. This isolation from physical interactions can just worsen feelings of loneliness and social disconnection.

So I guess while social networking sites have the potential to connect people, their current design and usage patterns can inadvertently contribute to a sense of loneliness, particularly when the focus shifts from meaningful connections to superficial interactions and comparisons. Balancing online interactions with genuine, offline connections is crucial to maintain a healthy social life and mitigate feelings of loneliness.