

# Narcissistic Personality Disorder

Hey guys! Today my counterparts (Basha, Abdelaziz, Osama) and I will take you to a voyage into the vast continent of human's psychology. To be more accurate we are goanna talk about the narcissistic personality disorder and we are goanna delve deeper into this mental illness we will know every single detail about it from its definition to how we can cure it. But firs can you tell me What comes to your minds when you heard our topic for the first time? So, first things first, Osama or Bashar will initialize our presentation hopefully that you enjoy it.

Hello there, before I begin with my portion from this presentation let me ask you this. Can you tell me what traits a narcissist has? However, some scientist believe that all human are effected by narcissism when they were children but if a person could not override this habit as an adult he or she will suffer from Narcissistic Personality Disorder and therefore, it will be referred to him as a narcissist.

A narcissist is a person who is loaded with arrogance and thinks that he is too special that no one has the ability to understand him unless if that one was special like him or brilliant, furthermore he is addicted to the habit of overstating his attainments even if they were simple, and always immersed on the fantasy of obtain the ultimate success, unlimited power and the perfect love. On top of that, he is obsessed with criticizing others while he cannot accept others criticisms no matter what. On other words, a narcissist is a person who is overly concerned with him or herself. A narcissist may sound like an egotist but there is one significant difference between them. A narcissist does not know that he is a narcissist because narcissism is considered to be a mental illness, and a narcissists act that way because he thinks that other like him that way. While an egotist actually knows that he is acting egotistically in order to agitate others. Now you might think that a narcissist is such a dreadful person and no one can tolerate the insanity thereof. Unfortunately, this is not completely true, actually narcissists are great at making friends owing the fact that they are endowed with superb charisma and irresistible attractiveness. An experiment was conducted by some scientist proved that at the Emerging zone, which is the very beginning phase of making friendships, people are actually like narcissists and think that they are full of confidence due to the excellent first impression that narcissists have, but at the next phase of making friends, the Enduring zone, the abhorrent traits of them start to become blatant which make other people start to exhibit contentment toward narcissist. But when it comes to social media, narcissists are pondered to be among the best influencers because on social media they can resemble themselves the perfect way they like. So, after listening to the aforementioned you might ask does narcissism has some merit? Osama or Bashar will be glad to grant you with a fulfilling answer.

Good day every one, Osama or Bashar has discussed every single detail about how we can identify a narcissist as well as the drawbacks of being a narcissist: nevertheless, the is a sole situation that makes a narcissist a great person but, on this situation, we will refer to whom as a productive narcissist. So, may I ask you what does it mean to be a productive narcissist? Due to the fact that a narcissist is determined to be better that other, he or she has a lifelong devotion to their cause. A study was conducted on Italy whereby the brought a 300 narcissistic student and the told them to take a certain exam. After that the have concluded that those students scored very good marks comparing with the level of their intelligence not only that but they also scored better than the students with high level of intelligence. Moreover, the certitude of a narcissist that he is the worthy of leadership might actually lead him to become a leader on the future. Another research was conducted by some specialists

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whereby they invited some experts on both of psychology and history and they gave them photos for some American presidents. Then they asked the psychologists to order them based on their level of narcissism and the historians to order them based on their success. Finally, they have concluded that presidents with high level of narcissism are more successful than presidents with low level of narcissism, and ergo scientist start to believe that a leader must have a flicker of narcissism to become a successful leader. So, after this amount of intel, you may wonder what causes narcissism? Actually, there are two main reasons behind narcissism the first one is genetic and the second one is the way of raising children. So who can tell me How the approach of educating children may cause narcissism? Basically, there are two shades of praise that parents embrace and apply them on their children the first one is called person praise whereby parents praise the child himself when accomplish duties like (You are great, you are marvelous and so on) and this is the bad type of praise because it led to raise a narcissist. The second one is called process praise and, in this type, parents praise the process by which their children did their job like (you did it right, your job is amazing and so on) and this is the good type of praise because it led to raise a confident child. Eventually I will end my part with this enquiry have you met a narcissist? And if yes tell me your experience with him? Now I will let Abdul-Aziz or Fozi end our presentation with his recapitulation.

To recap, we have provided you with a complete definition of a narcissist, the difference between a narcissist and an egotist and many other valuable intel about narcissistic personality disorder. So, you can take our presentation as a reference whenever you want to talk about narcissism. However, we know that we hate narcissists because their aptitude but as we have said they are acting that way unknowing that this is a bad thing and narcissism like depression, is a mental illness. So now I will end our presentation with this social quandary: How can we handle narcissists? Should we contain them and try to help them? Or should we neglect them and let them sink in the sea of narcissism?