Objectives	Indicators of Achievement of Objectives	
Reinforce business strategies	Profitability Progress toward globalization Quality	
	Customer service and marketing	
Enhanced individual and work group effectiveness		
Improved job satisfaction and performance of individuals	Individual job satisfaction and performance Existence of support networks; frequency of meetings; impact	
	Promotion rates of trainees	
Increased awareness and understanding of issues	Changes in perception, for example, stereotypes	
Improved quality of team problem solving	Team commitment and performance	
Improved abilities to work with and manage people of diverse backgrounds	Satisfaction with coworkers Managerial skill development (e.g., flexibility, interpersonal and communication skills) Individual accountability for climate, hiring records	
Improved ability to manage work and personal life commitments across a wide spectrum of career and life patterns/stages	Reduced work-life conflict Satisfaction with work and personal life	

Existing Research on Impacts

Tables 23.4 and 23.5 summarize the existing research on impacts of diversity and work-life, respectively, for organizations and individuals. Because of the difficulties inherent in evaluating impacts, Cox (1994) proposed that researchers begin with variables that are more easily studied and progress to more difficult indicators. Therefore, I organized the tables into four categories, roughly reflecting the ease with which data can be collected. The categories show effects of initiatives on (1) attitudes, (2) individual and team performance, (3) organizational human resource management indicators, and (4) organizational strategic goals. In the next section, I will summarize the research results associated with each category.

Tables 23.4 and 23.5 do not include the numerous sources that rely on testimonials about effects of work-life and diversity. Testimonials are claims that are unsubstantiated by empirical research. In most cases, the claims are made by company spokespersons to journalists and reported in the popular press. For example, a wide range of diversity and work-life initiatives brought

Initiative	Impact	Author
Effects on attitudes		Rynes and Rosen (1995)
Diversity training Active top management support for diversity	More positive attitudes toward diversity Managers' judge organization as effective in managing diversity	Morrison, White, Van Velsor, and the Center for Creative Leadership (1987); Rynes and Rosen (1995); Hitt and Keats (1984)
Management accountability for development of diversity	HR professionals rate organization as effective in managing diversity	Schreiber, Price, and Morrison (1993)
Increasing number of women on boards of directors	Women board members perceive lack of influence on management succession	Briggins (1998)
Higher proportion of women in upper management	Reduction in stereotyping	Ely (1995)
AA hiring status	Lower ratings of competence, lower recommended salary increase	Heilman, Block, and Stathatos (1997)
Diversity training	Positive attitudes toward diversity	Alderfer (1992); Adler (1983)
Increased gender diversity	Positive attitudes toward diversity initiatives	Kossek and Zonia (1993)
Superior-subordinate gender difference	Superior rates subordinate as performing more poorly: less liking for subordinate	Tsui and O'Reilly (1989)
Increasing proportion of women in work unit	Men report less job satisfaction and organizational attachment	Tsui, Egan, and O'Reilly (1992); Wharton and Baron (1987)
Increased team diversity	Reduced organizational and team attachment	Tsui et al. (1992); Watson, Kumar, and Michaelson (1993); Riordan and Shore (1997); Alagna, Reddy, and Collins (1982)
Top team gender diversity	Women report less intention to quit, more job satisfaction	Burke and McKeen (1996)
Effects on individual and team performance		11 (4005)
increased diversity of social networks	More promotion potential	lbarra (1995)
Increased team diversity	Better quality of team solutions	McLeod, Lobel, and Cox (1996); Jackson, May, and Whitney (1995)
Increased team diversity	Increased team turnover	Jackson (1991); Tolbert, Simons, Andrews, and Rhee (1995); O'Reilly, Caldwell, and Barnett (1989)
Increased team diversity	More creativity and innovation	Bantel and Jackson (1989); Jackson (1991)
Increased team diversity	Less technical and interpersonal communication	Hoffman (1985); Zenger and Lawrence (1989)
Increasing difference from others in work unit	Increased absence for men and Whites; No effect for women and non-Whites	Tsui et al. (1992)
Superior-subordinate gender difference	Subordinates report more role ambiguity	Tsui and O'Reilly (1989)
Superior-subordinate gender difference (Mexico)	Increased absence	Pelled and Xin (1997)

TABLE 23.4 Continued

Initiative	Impact	Author
Effects on organizational human resource management ind	icators	
AA, balanced workforce goals and caucus groups (Xerox)	Upward mobility for all groups	Sessa (1992)
Active commitment of senior management to diversity	Upward mobility for women and minorities	Morrison et al. (1987)
Valuing differences discussion groups (Digital)	Positive company reputation	Walker and Hanson (1992)
Recruitment of minorities for management (Pacific Bell)	More minorities in management	Roberson and Gutierrez (1992)
Presence of EEO/AA offices and rules	More EEO-/AA-related lawsuits	Edelman (1992)
Diversity training	Training-related lawsuit	Caudron (1993)
Glass ceiling interventions	More Black managers	Alderfer (1992)
Increased number of HR structures to manage diversity	More managerial level of women and people of color	Konrad and Linnehan (1995a)
Equal opportunity office and program (IBM-Germany)	Increased percentage of women in management	Antal and Krebsbach-Gnath (1988)
Both man and woman must be nominated for board and public council appointments (Denmark)	Increased representation of women on Boards and councils	Albertsen and Christensen (1993)
Increased proportion of women in job class	Decline in salary level for job class	Pfeffer and Davis-Blake (1987)
Higher pay for AA officer compared to other employees in same organization	Increased percentage of women and minorities	Pfeffer, Davis-Blake, and Julius (1995)
Personal development program for women (Bank of Ireland)	Increased representation of women in management	Murphy (1993)
Effects on organizational strategic goals		
Progressive HR practices	Profitability	Kanter (1983)
Top management team diversity	More organizational innovation	Eisenhardt and Schoonhoven (1990)
More women in management	Return on assets, return on investments, return on equity	Shrader, Blackburn, and Iles (1997)

NOTE: Italicized entries under "Impact" represent undesirable or neutral impacts. HR = human resource; AA = affirmative action; EEO = equal employment opportunity.

 TABLE 23.5
 Review of Research on Impacts of Work-Life Initiatives

Initiative	Impact	Author
Effects on attitudes		
Availability of family responsive practices	Organizational attachment	Grover and Crooker (1995)
Work-family supports	Job satisfaction	National Council of Jewish Women (1987)
Work-family workshops	Lower stress	Kline and Snow (1994)
On-site child care	Organizational commitment and job satisfaction	Greenberger, Goldberg, Hamill, O'Neil, and Payne (1989); Youngblood and Chambers-Cook (1984)
On-site child care	Perceived positive impact on recruitment, absenteeism, employee attitudes, and public relations	Perry (1982)
On-site child care	Would recommend employer	Dawson, Mikel, Lorenz, and King (1984); Marquart (1988
On-site child care	Beliefs about positive impacts on productivity, recruitment, and absenteeism	Burge and Stewart (1988)
On-site child care	Improved morale	Ransom, Aschbacher, and Burud (1989)
On-site child care	Manager perceptions of positive impacts	Perry (1982)
Use of on-site child care	Not related to managers' assessments of users' performance or absenteeism	Kossek and Nichol (1992)
Flexible work schedules	Organizational commitment	Pierce and Newstrom (1982, 1983); Rothausen (1994)
Flexible schedules and supportive supervisors	Reduced job dissatisfaction; lower levels of depression and somatic complaints	Thomas and Ganster (1995)
Flextime	Perceptions of improved work group and superior-subordinate relations	Narayanan and Nath (1982)
Flextime	Perceptions of improved productivity	Golembiewski, Yeager, and Hilles (1976); Golembiewski, Hilles, and Kagno (1974)
Flextime	Improved job satisfaction and morale of users; supervisor ambivalence	Ronen (1984)
Flextime	Reduced work-family conflict	Winett, Neale, and Williams (1982); Lee (1983)
Flextime	No impact on work-family conflict or satisfaction with	Shinn, Wong, Simko, and Ortiz-Torres (1989);
	family life	Bohen and Viveros-Long (1981)
Flextime	Increase in satisfaction with work environment	Evans (1973); McGuire and Liro (1986)
Flexible work arrangements, child care subsidies, part-time benefits (American Express)	Positive assessments by employees	Morrison and Herlihy (1992)
Parental leave	Perceived positive impact on company's business	Staines and Galinsky (1992)

TABLE 23.5 Continued

Initiative	Impact	Author
ffects on individual and team performance	and the state of the state of the state of	
Use of flexible work arrangements and other work-life programs	Improved individual performance	Catalyst (1998b); Dawson, Mikel, Lorenz, and King (1984); Lambert (1993); Rowe (1973)
Flexible work arrangements	Better team performance measures	Rayman (1998)
Flextime	No change in productivity	Narayanan and Nath (1982); Schein, Maurer, and Novak (1977); Milkovich and Gomez (1976)
Flextime	Improvement in productivity and performance	Ronen (1984); Pierce and Newstrom (1983); Kim and Campagna (1981)
Flextime	Mixed effects on productivity	Harrick, Vanek, and Michlitsch (1986)
Use of on-site child care	Ability to work overtime	Dawson et al. (1984)
On-site day care	No change in productivity	Miller (1984)
Use of work-family benefits	Participation in quality improvement circles	Lambert (1993)
ifects on organizational human resource managen	nent indicators	
Flexible work arrangements	Reduced absenteeism	Kim and Campagna (1981); Narayanan and Nath (1982 Pierce and Newstrom (1982, 1983); Golembiewski et al. (1976)
Flextime	Reduced use of sick days; reduced tardiness	Ronen (1984); Harrick et al. (1986)
Flextime	Reduced turnover	Ronen (1984); Nollen and Martin (1978)
On-site day care	No effect on absenteeism	Goff, Mount, and Jamison (1990); Miller (1984); Krug, Palmour, and Ballassai (1972)
Child care programs	Reduced absenteeism	Petersen and Massengill (1988); Kwasha Lipton (1995); Milkovich and Gomez (1976); Marquart (1988); Burud, Aschbacher, and McCroskey (1984); Rowe (1973); Ransom et al. (1989)
On-site child care	Positive impact on recruitment	Dawson et al. (1984); Marquart (1988); Ransom et al.
		(1989)

On-site day care	Reduced turnover	Kossek and Nichol (1992); Marquart (1988); Milkovich and Gomez (1976); Youngblood and Chambers-Cook (1984); Dawson et al. (1984); Solomon (1985); Rowe (1973); Ransom et al. (1989); Burud et al. (1984)
Liberal leave policies Job protected maternity leave (U.S., Japan, Britain)	Reduced turnover Higher pay than mothers without leave coverage	Marra and Lindner (1992) Waldfogel (1995, 1998); Higuchi, Waldfogel, and Abe (1998)
Work/life supports Work-life supports	Reduced turnover Fewer sick days taken	National Council of Jewish Women (1987) National Council of Jewish Women (1987)
Effects on organizational strategic goals Working Mother list award Flextime	Positive impact on stock price Reduction in overtime expenditures; no impact on suppliers or customers	Chauvin and Guthrie (1994) Ronen (1984)

NOTE: Italicized entries under "Impact" represent undesirable or neutral impacts.