

# Tenderfoot Rank — Detailed Requirements & UX Notes (as of 2025-10-24)

**Purpose:** Provide product-ready requirement text for **Tenderfoot** rank (Scouts BSA), with clear descriptions, acceptance notes, and official citations that your Eagle Tracker UX can render as requirement cards. Paraphrased for clarity; link to source for exact wording.

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## 1) Direct Answer (concise)

**Tenderfoot** builds core **outdoor, safety, fitness, citizenship**, and **Scout spirit** skills. Requirements include camping readiness, cooking & cleanup, knife/saw/ax care, first aid basics, hiking safety with Leave No Trace, physical fitness plan with 30-day improvement, flag etiquette, service, Teaching EDGE, Scoutmaster conference, and a board of review. (Official sources listed below.)

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## 2) Requirement List with Detailed Descriptions (product-ready)

**Use in UI:** Each bullet = one requirement card. Include fields: `status`, `date_completed`, `signed_by`, `evidence_link`, `source_url`.

**1) Camping Preparation & Ethics - 1a. Gear & packing** — Present yourself to a leader **prepared for an overnight campout**; show **personal and camping gear** and demonstrate **how to pack and carry it**. - *Why*: Ensures readiness and self-sufficiency before the first overnight. - *Accept*: Demonstration with inspection or photos; unit-accepted packing method. - **1b. Overnight campout** — Spend **at least one night** on a **patrol/troop campout**, sleeping in a **tent you helped pitch**. - *Accept*: Recorded via outing roster; tent participation confirmed by a leader. - **1c. Outdoor Code & Leave No Trace** — **Explain** how you **demonstrated** the **Outdoor Code** and **Leave No Trace** on outings. - *Accept*: Reflection/discussion with concrete examples (e.g., campsite selection, trash, dishwater, wildlife).

**2) Cooking & Cleanup - 2a. Meal prep** — On a campout, **assist in preparing one meal** and explain why **sharing meal prep/cleanup** matters. - **2b. Dishwashing** — On a campout, **demonstrate the appropriate method** of safely **cleaning cookware/utensils**. - **2c. Patrol meals** — **Explain the importance** of **eating together as a patrol**. - *Why*: Food safety, teamwork, and patrol method. - *Accept*: Hands-on participation and explanation; method may vary (three-tub, heat/soap/rinse/sanitize per unit SOP).

**3) Knots & Woods Tools - 3a-3c. Practical uses of knots** — Demonstrate **practical uses** of the **square knot**, **two half-hitches**, and **taut-line hitch**. - **3d. Woods tools** — Demonstrate **proper care, sharpening, and use** of the **knife, saw, and ax**; **describe when** each should be used. - *Accept*: Safe handling, passing, blood-circle awareness; sharpening shown on one tool minimum; discuss use-cases.

**4) First Aid Foundations - 4a. Show first aid for**: simple cuts/scrapes; blisters (hand/foot); **minor thermal burns/scalds** (first-degree); **insect/tick bites or stings**; **venomous snakebite**; **nosebleed**; **frostbite** and

**sunburn; choking.** - **4b. Hazardous plants** — **Describe** common poisonous/hazardous plants, **identify** any local to your area/campsite, and **tell how to treat** exposure. - **4c. Prevention** — **Tell what you can do** on outings to **prevent or reduce** the issues listed in **4a-4b.** - **4d. Personal first-aid kit** — **Assemble** a personal kit and **tell how** each item is used. - *Accept:* Demonstrations can be simulated; kit must be physically shown.

**5) Buddy System & Hiking Safety** - **5a. Buddy system** — **Explain** its importance for personal safety **on outings and at home; use** it on an outing. - **5b. If lost** — **Describe** what to do if you become **lost** on a hike/campout. - **5c. Hiking rules** — **Explain** rules for **safe/responsible hiking** on **highways and cross-country, day and night.** - **5d. Durable surfaces** — **Explain why** to **hike on trails/durable surfaces** and give **examples observed** on your outing. - *Accept:* Conversation plus observed behavior on an outing.

**6) Physical Fitness (baseline → plan → improvement)** - **6a. Baseline tests (record):** pushups (60 s); situps/curl-ups (60 s); back-saver sit-and-reach (distance); 1-mile walk/run (time). - **6b. Plan** — **Develop and describe** a **plan for improvement** for each activity; **track** activity for **≥30 days.** - **6c. Show improvement** — After ~30 days' practice, **show improvement** (any degree) in **each** activity and **record** new results. - *Accept:* Any measurable improvement counts; keep logs (paper or app). Unit health/safety guidance applies.

**7) Flag Etiquette** - **7a. U.S. flag** — **Demonstrate** how to **display, raise, lower, and fold** the **United States flag.** - **7b. Service** — **Participate in a total of one hour of service** in one or more **Scoutmaster-approved** projects; **explain** how your service relates to the **Scout slogan** and **motto.**

**8) Teaching EDGE** - **8. Teach a square knot** — **Describe** the steps of **Teaching EDGE**, then **use** **EDGE** to **teach** another person how to **tie a square knot.**

**9) Scout Spirit** - **9. Live the ideals** — **Demonstrate Scout spirit** by living the **Scout Oath and Law; tell** how you have done your **duty to God** and lived **four** points of the Law in daily life.

**10) Scoutmaster Conference** - **10. Conference** — While working toward Tenderfoot (and **after completing Scout rank requirement 7**), **participate** in a **Scoutmaster conference.** - *Accept:* This is a mentoring conversation, **not a retest** (policy per Guide to Advancement).

**11) Board of Review** - **11. BOR** — **Successfully complete** your **Tenderfoot board of review.**

**Notes (official) - Simultaneous work:** You may work on **Scout, Tenderfoot, Second Class, and First Class** requirements at the same time, **but ranks must be earned in sequence.** - **Alternate requirements:** Available for Scouts with qualifying disabilities per policy.

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### 3) Acceptance & Policy Notes (for implementers)

- **Testing/Sign-off authority:** Unit leader designates who may test and sign; record name & date with each requirement.
- **Conference vs. BOR:** Conference is required for Tenderfoot; **BOR starts at Tenderfoot** (none for Scout rank). BOR is not a retest.

- **Data entry:** Log **fitness baseline, plan, 30-day improvement results** as separate sub-fields to avoid ambiguity.
  - **Service tracking:** Allow multiple entries to total **one hour** with project approval metadata.
  - **Woods tools:** Local councils/camps may set **additional tool-use rules**; include a unit policy link.
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## 4) Data Model Suggestions (UX)

- **Requirement object fields:** `id`, `title`, `detail`, `status`, `date_completed`, `signed_by`, `evidence_link`, `source_url`, `subtasks` (for 6a/6b/6c & 4a lists), `notes`.
  - **Fitness sub-schema:** `baseline`, `plan_text`, `log_entries[]`, `improved (bool)`, `final_metrics`.
  - **Progress guards:** Mark rank ready for BOR only when **Reqs 1–9** complete and **Req 10** (conference) recorded.
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## 5) Uncertainty Box

- **Unknowns:** Mid-year edits to wording; local tool safety policies.
  - **Assumptions:** The **2024 Tenderfoot PDF** reflects current Tenderfoot requirements; website remains source of truth.
  - **Data quality:** High (official PDFs & policy guide).
  - **Reduce uncertainty:** Link live to the official PDF; surface a “**last verified**” timestamp in-app and enable admin update.
  - **Confidence:** **High** (checked **2025-10-24**).
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## 6) Citations (official)

- 1) Scouting America. *Tenderfoot Rank Requirements (official PDF — effective Jan 1, 2024)*. 2024-01. <https://www.scouting.org/wp-content/uploads/2024/01/2024-Tenderfoot-Rank-Requirements.pdf>
  - 2) Scouting America. *Scouts BSA Requirements — 2025 edition (3321624)*. 2025-04. <https://www.scouting.org/wp-content/uploads/2025/04/3321624-Scouts-BSA-Requirements.pdf>
  - 3) Scouting America. *Guide to Advancement 2025 (33088)*. 2025. <https://filestore.scouting.org/filestore/pdf/33088.pdf>
  - 4) Scouting America. *Advancement & Awards — Scouts BSA (hub)*. 2025. <https://www.scouting.org/programs/scouts-bsa/advancement-and-awards/>
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## 7) Evidence Table (claims → sources)

#	Claim	Source(s)	Pub date	Checked	Notes
1	Items 1-11 are accurate paraphrases of the current Tenderfoot requirements.	1, 2	2024-2025	2025-10-24	Exact text in source PDF.
2	Simultaneous work across Scout→First Class allowed; ranks awarded sequentially.	1, 2	2024-2025	2025-10-24	Policy note reproduced.
3	BOR required starting at Tenderfoot; not a retest.	3	2025	2025-10-24	Guide to Advancement policy.

### Ready to proceed

If this meets your needs, I'll produce **Second Class** next with the same structure (requirement cards, UX fields, and sources).