

## Exercise 5 – The Pyramid

**Purpose:** Read close to the limits of linear reading.

**Material:** Timer, book, paper/document, pencil, metronome

Time	Action	Marks
1 min	<ul style="list-style-type: none"> <li>- Start in new material.</li> <li>- Set metronome speed corresponding to <b>600 wpm</b>.</li> <li>- Write down 1-3 sentences about what you just read, without looking, if you can.</li> </ul>	<u>Start:</u> E5 <u>End:</u> P1
1 min	<ul style="list-style-type: none"> <li>- Start at E5.</li> <li>- Metronome speed <b>800 wpm</b>.</li> <li>- Add to summary if you can.</li> </ul>	<u>Start:</u> E5 <u>End:</u> P2
1 min	<ul style="list-style-type: none"> <li>- Start at E5.</li> <li>- Metronome speed <b>1000 wpm</b>.</li> <li>- Add to summary if you can.</li> </ul>	<u>Start:</u> E5 <u>End:</u> P3
1 min	<ul style="list-style-type: none"> <li>- Start at E5.</li> <li>- Metronome speed <b>1200 wpm</b>.</li> <li>- Add to summary if you can.</li> </ul>	<u>Start:</u> E5 <u>End:</u> P4
1 min	<ul style="list-style-type: none"> <li>- Start at E5.</li> <li>- Metronome speed <b>1000 wpm</b>.</li> <li>- Add to summary if you can.</li> </ul>	<u>Start:</u> E5 <u>End:</u> P5
1 min	<ul style="list-style-type: none"> <li>- Start at E5.</li> <li>- Metronome speed <b>800 wpm</b>.</li> <li>- Add to summary if you can.</li> </ul>	<u>Start:</u> E5 <u>End:</u> P6
1 min	<ul style="list-style-type: none"> <li>- Start at E5.</li> <li>- Metronome speed <b>600 wpm</b>.</li> <li>- Add to summary if you can.</li> </ul>	<u>Start:</u> E5 <u>End:</u> P7