

## **Positive Start Tasks: Tuesday 26/09**

Students have approximately 20 minutes to complete the tasks below before your tutor will move onto the next task.

1. Visit the Student Hub at <http://msuclanac.sharepoint.com/sites/StudentHub>. Browse and access the pages on 'Study Skills'. Identify sources of support which are relevant to you. Access and read 'Academic support (WISER)'.
2. Browse the 'Services' menu from the SharePoint to access 'Starfish': <https://uclan.starfishsolutions.com/>

Starfish is your system for accessing support, and information about your course. You can make appointments with your tutors, self-refer yourself to various services, or declare a disability too if that is appropriate. If you want to talk to a member of the First Year Team, first see what appointments they have available in Starfish and then sign-up to one that fits around your classes. Note that some may be face to face and some may be online via Microsoft Teams. You should download Teams to your PC/ phone to enable you to connect with tutors where appointments have been registered. Students should not message tutors via Teams. Emails should be used to communicate here.

3. Check the guidance provided around UCLan [regulations and policies](#). It is your responsibility to read and understand the relevance of these policies to you and your studies. Return to the Student Charter from Monday.
4. UCLan provides a wide range of support within the University, including counselling, mental health, and wellbeing services for students. Familiarise yourself with the [Student Support Pages](#) to view the scope of the services and what is available to support you. The next task will build upon this, and so familiarise yourself with services now.

If you are unable to complete the above activities within the time permitted, then you must complete them outside of the session today, either at home, at the library, or using empty lab room in the Computing Building (refer to screens).

End.