

Difficulties Arise for everyone...

- But how we react to them differs from person to person...
- The following scenarios are based on issues faced by our students every year – if these things happened to you (or your friends), what would you do?
- Discuss the situation in groups of 2 to 4 people who are sitting close together
- Be prepared to discuss with the whole group

A close family member has become ill and you are worried about them, but also about how it will impact your course..

What are the issues?

- Do you need to go and look after them?
- Do you need to go to appointments with them?
- Do you need to visit them?
- How far away do they live?
- Will you need to miss classes?
- Will you be able to concentrate in your classes and do the extra work?
- Will you miss assessment deadlines?
- What else do you need to think about?

List all of the considerations and the severity of the impact on you/your studies

What do you do? Who do you talk to?

- Talk to your family where possible
- The severity will depend on how much time you need to give and how far away they are....
- Speak to your Year Tutor
- Consider study options if the problem is serious
 - Part time study (long-term)
 - Interruption to study (long-term)
 - Mitigating Circumstances (MCs) (short-term)

You think that one of your tutors is treating you differently to the rest of the class...

What are the issues?

List all of the considerations and the severity of the impact on you/your studies

What do you do? Who do you talk to?

You think that one of your tutors is treating you differently to the rest of the class...

- In most cases this probably isn't the case, (but knowing that doesn't stop you feeling there is a problem)
- Ask someone in your class if they have noticed it too
- Tell your Year Tutor or another member of staff you feel comfortable talking to

You have been injured/very ill and think you may need to stay at home for at least a week.

What are the issues?

- Have you been to the doctor or hospital?
- Are you contagious?
- Does the injury/illness impact your ability to study?
- Can you write? Can you walk? Can you sit?
- Will you miss assessment deadlines?
- What else do you need to think about?

List all of the considerations and the severity of the impact on you/your studies

What do you do? Who do you talk to?

You have been injured/ill and have missed an entire week of classes.

- Did you report the sickness using the absence reporting MS Form?
- If you are absent for a significant period you need to provide a doctors note!
- Apply for MCs if it is affecting an assignment (you will need evidence)
- Speak with the Module Leader for the modules effected by your absence (e.g. all classes you missed)
- Catch up on all work as soon as possible and if you can't speak to your
 Year Tutor and/or Coach
- Speak with your Year Tutor if the problem is likely to persist or happen again.

You are struggling with a programming assignment. You stumble upon a website with a tutorial to build a very similar solution to the one asked for in the assignment brief..

- What are the issues?
- List all of the considerations and the severity of the impact on you/your studies
- What do you do?
- Who do you talk to?

You are struggling with a programming assignment. You stumble upon a website with a tutorial to build a very similar solution to the one asked for in the assignment brief..

- You should never submit source code from a tutorial verbatim without referencing it
- Always cite copied code (this does not extend to simply consulting the reference manual, and then writing your own code)
- If everything is cut and paste from somewhere else, how much credit could you get for it?
- Talk to the module leader BEFORE submitting the work where you are unsure
- Read about Academic Misconduct and the implications for your studies

You have had to take a part-time job in the evenings and weekends to make ends meet, however now you are struggling to get in for 9.00 AM lectures and are falling behind with the work set by your module tutors.

- What are the issues?
- List all of the considerations and the severity of the impact on you/your studies
- What do you do?
- Who do you talk to?

You have had to take a part-time job in the evenings and weekends to make ends meet, however now you are struggling to get in for 9.00 AM lectures and are falling behind with the work set by your module tutors.

- Change the **hours** you work if you can (earlier finishes or less hours)
- Speak with your year tutor and modules tutors where appropriate – sooner rather than later!
- Talk to the Student Support Team for finance advice
- Check if you are eligible to apply for financial assistance

You are finding the course material very easy and have completed the work set within the lab session well before the class is due to finish.

- What are the issues?
- List all of the considerations and the severity of the impact on you/your studies
- What do you do?
- Who do you talk to?

You are finding the course material very easy and have completed the work set within the lab session well before the class is due to finish.

- Ask for some more work to do! (this is not a joke!)
- Is the assignment out, if yes work on it where appropriate
- Talk to the module leader if this is a regular occurrence
- Feedback to the course rep! (where another satisfactory outcome isn't achieved)

You have been given the date for a longawaited operation (medical procedure) and it falls in the middle of semester 2...

- What are the issues?
- List all of the considerations and the severity of the impact on you/your studies
- What do you do?
- Who do you talk to?

You have been given the date for a long-awaited operation (medical procedure) and it falls in the middle of semester 2..

- Tell your year tutor ASAP
- Consider study options and/or MCs depending on the length of absence anticipated

You have recently split up with your girlfriend/boyfriend and they have not taken it well. You often see them outside as you leave the buildings after lectures and are worried..

- What are the issues?
- List all of the considerations and the severity of the impact on you/your studies
- What do you do?
- Who do you talk to?

You have recently split up with your girlfriend/boyfriend and they have not taken it well. You often see them outside as you leave the buildings after lectures and are worried..

- If you are worried about stalking and/or harassment, then there are student services who can help and in extreme cases provide escorts between classes.
- If it is less serious talk to your Year Tutor (do this anyway) we will be able to point you in the direction of appropriate help

Your computer has crashed and you have lost all of your work, including an assignment due to be submitted this Friday.

- What are the issues?
- List all of the considerations and the severity of the impact on you/your studies
- What do you do?
- Who do you talk to?

Your computer has crashed, and you have lost all your work, including an assignment due to be submitted this Friday..

- Tell the module leader BEFORE the deadline passes!
- You SHOULD have had backups (so before this ever happens to you, revise your backup strategy!)

Your flatmates regularly party late at night when you are trying to sleep, this is affecting your ability to make it in for 9.00 AM lectures and you regularly feel tired at uni..

- What are the issues?
- List all of the considerations and the severity of the impact on you/your studies
- What do you do?
- Who do you talk to?

Your flatmates regularly party late at night when you are trying to sleep, this is affecting your ability to make it in for 9.00 AM lectures and you regularly feel tired at uni..

- Try to talk to them
- Tell your year tutor about the problem
- Accommodation services can help where a satisfactory resolution cannot be met with your flatmates

You have seen two people in your class swapping computer files in the days before an assignment is due. You think they may be cheating...

- What are the issues?
- List all of the considerations and the severity of the impact on them/you/your studies
- What do you do?
- Who do you talk to?

You have seen two people in your class swapping computer files in the days before an assignment is due. You think they may be cheating...

- Tell the <u>Module Leader</u>
- This can, and probably should be <u>anonymous</u> unless you are specifically asked for the student's names; and in any case you can't (won't) be pressured to provide this information if you don't want to.
- DO NOT confront the students yourself

You think you (or a friend) may have a drink/drug problem...

- What are the issues?
- List all of the considerations and the severity of the impact on you/your friend/your studies
- What do you do?
- Who do you talk to?

You think you (or a friend) may have a drink/drug problem...

- Talk to wellbeing there are drop-in appointments available without putting yourself on the waiting list!
- Talk to your GP (doctor)

If this is for a friend; encourage them to do the above

Your friend has become withdrawn, has stopped attending classes, and is showing signs of depression..

- What are the issues?
- List all of the considerations and the severity of the impact on you/your studies
- What do you do?
- Who do you talk to?

Your friend has become withdrawn, has stopped attending classes, and is showing signs of depression..

- Talk to him/her if you feel comfortable doing so and if it is appropriate
- Are they aware of the universities wellbeing services for students?
- Tell a member of staff if you become worried about their wellbeing or feel that they might be suicidal, etc.