

Chapter 2

Literature Review

The literature review is performed to demonstrate the investigation and refinement of the technical requirements for compatibility with Zwift and the training platform that was subsequently developed. These technical requirements are then refined into engineering and functional requirements in Section 3.1.

The review starts by investigating the utilization of Zwift and to identify the requirements to achieve this. Any identified technology or information that requires further investigation is then analysed and reviewed in subsequent sections of the review.

The review then continues to investigate and identify the technical requirements of the training platform that was developed. This is achieved by identifying and investigating commonly used products and technology offered on the market.