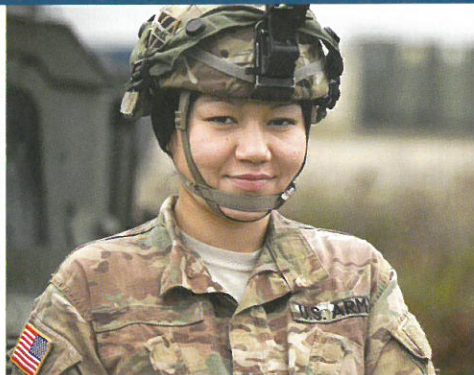
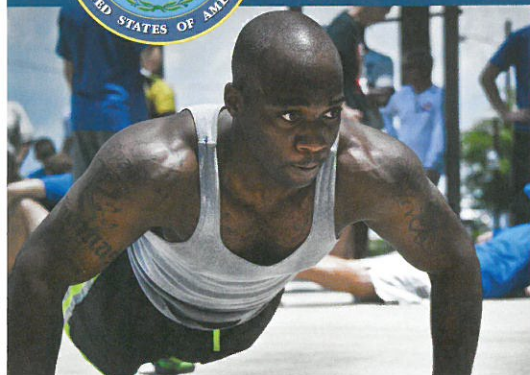




## Department of Defense BeThere Peer Support Call and Outreach Center



### Background

The Department of Defense BeThere Peer Support Call and Outreach Center, staffed by Veterans and military spouses, encourages Service members and their families to seek support for everyday problems from peers who understand military life.

### Highlights

Reaching out for support when you need it is a sign of strength. The DoD BeThere Peer Support Call and Outreach Center represents the longstanding commitment of the military community to take care of each other. Peer specialists know what military life is like because they've lived it.

Here are the details of your BeThere Peer Support Call and Outreach Center:


- Active Duty, National Guard, Reserves and family members are eligible to use the center's services.
- Calls, texts and live chats are unlimited and available 24/7/365 from anywhere in the world.
- You can choose the peer specialist you speak with based on a number of qualities, including Service branch, Veteran or spouse, and male or female.
- Support is available for any area of life — no problem is too small.
- You can call in anonymously or provide your name. Either way, all calls are confidential.

# BeThere

**Veteran and military spouse peer specialists want you to know:**

**“We’ve been there.  
Now we’re here for you.”**

### Contact us:

 **Call:** 844-357-PEER (7337)

 **Text:** 480-360-6188

 **Chat and visit:** <https://www.BeTherePeerSupport.org>

### Follow us:

 @BeTherePeerSupport

 @DoDPeerSupport

