

# **DIPLOMA IN HAIR AND BEAUTY EXPERT -DURATION- 6 MONTHS**

( 90000)

## **SKIN**

### **BASIC THEORY**

- Understanding Skin Science and Care
- Skin Types
- Skin Disorders
- Layers of Skin
- pH Factor
- Introduction to Bleach, Detan, and Cleanup
- Product Knowledge: Cleanser, Toner, Exfoliation, Massage, Serum, Pack, SPF, Moisturizer
- Electrology: Introduction to Various Machines (Galvanic, Ultrasonic, Steamer, High Frequency, Dermoscope, Hamza)
- Nail Structure and Growth: Nail Bed, Matrix Bed, Nail Plate, Lunula, Free Edge, Cuticle, Eponychium/Hyponychium

### **BASIC PRACTICALS**

- Tools and Trolley Setup Procedures and Benefits
  - Manicure and Pedicure Techniques
  - Hair Removal Procedure (Waxing)
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### **ADVANCE THEORY**

- Customer Service Techniques
- Facial Knowledge
- Advanced Facial Treatments
  - Focus areas include hydration, dark circle reduction, skin tightening, pigmentation correction, and acne treatment.
- Introduction to Aromatherapy
- Body Polishing Theory

### **ADVANCE PRACTICALS**

- A. Basic Facial: Demonstration and Practical Application
- B. Treatment Facial Demonstration: Focus on Acne and Pigmentation
- C. Body Polishing: Demonstration and Practical Application

# **MAKEUP**

## **BASIC THEORY**

- A. Introduction to Makeup
- B. Theory of the Color Wheel
- C. Product Knowledge (Derma/Supra)
- D. Understanding Brushes and Hair Styling Tools
- E. Eye Makeup Techniques
- F. Self-Grooming Practices

## **BASIC PRACTICALS**

- A. Self-Makeup
- B. Light Makeup
- C. Party/Evening Makeup

## **ADVANCE THEORY**

- A. Knowledge of HD Products
- B. Understanding the Differences Among Light, Party, Engagement, and Bridal Makeup Products and Techniques
- C. Various Types of Bridal Looks (Muslim, Bengali, South Indian)
- D. Theories of Makeup Correction

## **ADVANCE PRACTICALS**

- A: Engagement Make-Up
- B: Reception Make-Up
- C: Bridal Make-Up

## **WORKSHOP**

- Introduction to the Airbrush Machine
- Creative Fantasy Makeup

# **HAIR**

## **BASIC THEORY**

- Introduction to Hair: Structure and Composition
- Layers of Hair
- Trichology
- Hair Growth Cycle
- Types of Hair and Hair Analysis
- pH Factor
- Hair Disorder Theory
- Understanding the Color Chart
- Shampooing and Conditioning Techniques
- Knowledge of Hair Styling Tools

## **BASIC PRACTICALS**

- Trolley Setup and Its Importance
- Hair Sectioning and Blow-Drying Techniques
- Various Hair Styling Methods
- Hair Cutting Techniques
- Hair Color Applications (Root Touch-Up, Global Color)

## **ADVANCE THEORY**

- A. Hair Treatments
  - Spa Treatments
  - Dandruff Treatment
  - Hair Fall Treatment
- B. Chemical Treatments
  - Rebonding
  - Straightening
  - Smoothing
- C. Keratin Treatment Procedure
- D. Hair Perming Techniques

## **ADVANCE PRACTICAL**

- A- Hair Spa
- B- Ironing and Crimping Practice

## **WORKSHOP**

- A- Straightening, Rebonding, and Smoothing
- B- Keratin Treatments
- C- Advanced Hair Color Techniques (Balayage, Ombre, Highlights)

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