

March 2015

Dear Medicare Clients:

Medicare has new requirements for Physical Therapy service; this requires a change in parts of your treatment. The required participatory programs are Functional Limitations & Physician Quality Reporting Standards (PQRS).

Functional Limitations reporting requires that we identify your major limitations. We have six options to choose from: can you walk, can you change positions, can you lift things, and can you take care of yourself. We assign a percentage describing your disability at the start and expected finish of your care. Specific questionnaires and tests help us determine this information. A progress report is sent to your doctor every ten visits. Medicare will reject claims unless their *exact* guidelines are followed.

PQRS is not a typing program! The goal is to improve the quality of your care. Doctors measure, report and create a treatment plan for certain conditions. To meet the standard we now report on:

1. Pain
2. Medications
3. Outcome Measures
4. Body Mass Index (BMI)
5. Fall risk
6. Fall treatment Plan

Failure to meet the reporting standards now, results in our future reimbursement being penalized.

We need your help to provide the quality service you deserve. Please

- * Fill out *all* forms
- * List *all* your medications (prescribed, over the counter and supplements, dosage and how you take it)
- * Allow us to measure your height and weight
- * Allow us to ask you about your pain
- * Report all falls in the last year with any associated injuries

If your care relates to a sore hip or incontinence, some of these items may seem irrelevant to you; Medicare is attempting to improve treatment of common problems. We are part of that process.

Medicare has a monetary cap for Physical Therapy. Typically 13-15 visits per year are allowed. Under special circumstances, more visits may be possible; however, this is not routine.

Working together, we will do our best to restore your optimal function and your transition back into the community. We offer Senior Fitness & other wellness options outside of your physical therapy sessions to help you meet your exercise goals.

We are happy to answer any questions you have about PT and Medicare, please ask.

Sincerely,

New Motion Physical Therapy