**CSE 310—Applied Programming**

# W04 Activity– Soft Skills – Teamwork

Name:

Date:

After watching the video “Are You an Ideal Team Player”, think about how this can be used to improve your personal soft skills.  Use the following prompts to help you think about the content.

**Prompt 1** – In the video, the speaker challenged you to identify your weakest virtue of either Humble, Hungry, or Smart. What virtue did you select and why did you select it?

**Prompt 2 –** Talk to someone you trust (e.g. spouse, parent, friend) about what you wrote for Question 1 above. Ask the other person for feedback and ideas about how to improve. What feedback did you receive and what “small and simple” goal can you set to improve this virtue?

## Task:

Demonstrates your understanding and application of the principle/skill.  Answer each prompt with a well thought out statement. This likely cannot be done in fewer than two or three sentences per response. Certainly, using only a few words is too short. After completing your answers, copy and paste your answers to the corresponding Microsoft Teams Channel as a new Post.

1. Description of principle/skill.
   * RESPONSE: *The Kaizen Way* is a method focused on continuous improvement by taking small, manageable steps. Rather than trying to make big changes all at once, it encourages steady, daily progress. Over time, these small efforts can lead to significant improvements in skills, habits, and processes.

1. How the principle/skill can be used to enhance your software development skills.
   * RESPONSE: In software development, I can apply *The Kaizen Way* by gradually improving my skills and code quality. For example, I can focus on enhancing one small part of my code each day, whether it's optimizing a function, learning a new coding technique, or improving readability. These incremental changes will improve my overall proficiency as a developer over time without feeling overwhelming.
2. How the principle/skill can improve working with team members.
   * RESPONSE: Applying *The Kaizen Way* with team members means making continuous small improvements in how we collaborate. This could involve better communication, streamlining tasks, or giving regular feedback to each other. Small changes, like holding brief daily check-ins or refining the way we assign tasks, can lead to better teamwork and smoother projects in the long run.
3. How you can use the principle/skill in other areas of your life.
   * RESPONSE: In my personal life, I can use *The Kaizen Way* to achieve goals without getting overwhelmed. Whether it's exercising, learning a new skill, or improving my relationships, I can focus on making small, positive changes each day. For instance, I can exercise for just 10 minutes a day, which can gradually build into a more consistent routine.
4. A quick assessment of where you think you are with this principle/skill.
   * RESPONSE: Right now, I’m at the beginning stages of applying *The Kaizen Way* in my life. I’ve started using it for small improvements in coding, but I haven’t fully integrated it into my team interactions or personal life yet. There’s definitely room to grow in how I approach both my professional and personal goals.
5. An action plan to help you improve.
   * RESPONSE:
   * Set aside time each day to focus on improving one small aspect of my coding or technical skills.
   * Encourage my team to make small improvements in communication and project workflow during regular meetings.
   * Choose one personal goal (like exercising) and apply the Kaizen approach by starting with a small, achievable step.
   * Review my progress weekly to make sure I’m staying consistent with these small improvements.

**I posted a copy of my responses in MS Teams (Yes/No) \_\_\_Yes\_\_**

## Deliverables:

There are two deliverables.

1. Copy your response from above and paste it into a new message in the appropriate MS Teams Channel for this soft skill.
2. Upload this document to [Canvas](https://byui.instructure.com/calendar#view_name=agenda).