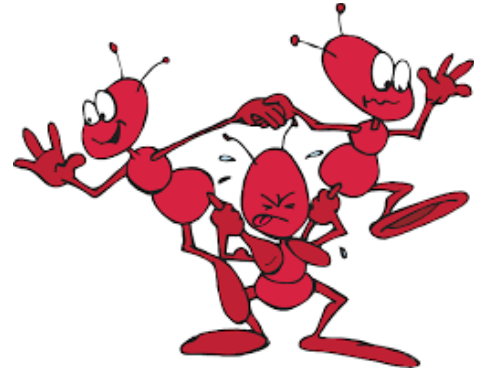


SKRINKING PLATFORM

Core Values Activity

By www.flstartingpoint.com; hello@startingpoints.com



Materials:

A bed sheet for a single bed or any cloth that will fit your team when opened up fully, but can be folded to make smaller.

For a smaller team, even a large beach towel may suffice

Instructions:

Lay the sheet flat on the ground. The entire team must stand on the sheet together at the same time, without anyone touching any part of the ground that is not covered by the sheet. Next, have the team get off the sheet. Fold it in half and lay it on the ground again. The entire team must get back on the folded sheet together, again without anyone touching any part of the ground not covered by the sheet. Repeat the process as many times as possible.

Discussion: As the folded sheet provides a smaller and smaller platform, all team members must cooperate to fit everyone onto it. If the team struggled with this challenge, give them a hint: could they have fit everyone in by carrying each other? What else could they have done to complete this challenge? Help them figure out how each person contributed - creativity, leadership, strength, coordination, risk-taking (maybe being lifted up by another team member) - and how those contributions combined to help the group succeed.