

# IT'S TIME TO GO ALL IN!

## Core Values Activity

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### Materials:

4 different lengths of rope: 20 feet, 15 feet, 10 feet, and 6 feet long

#### Setup:

Tie each piece of rope together at the ends so it forms a loop. Place the largest piece of rope on the floor in a circle.

#### Instructions to the team:

Your task is for the entire team to get inside the circle. No part of anyone's body can touch the floor outside the circle. After you have accomplished the goal with the largest piece of rope, we will move on to the next size until we get to the smallest circle.

#### Discussion:

As the circles shrink in size, the team needs to get more creative and cooperative in order to meet the challenge. Ask the team what each person contributed - creative ideas? Physical strength? Balance? Communication? Trust? Help them recognize the different roles that each played and why those roles were valuable to the team.