

GET TO KNOW ME

Core Values Activity

By Sanjay and Arvind Seshan

Hello
my name is

Objectives:

- Get to know your teammates
- Discover what you have in common

Before you begin:

Collect the following items:

- Small strips of paper
- Pens
- Can/Box/Hat

Notes for Coach/Team Mentor:

This is a good activity for your first team meeting when your team is new.

As the team writes their facts, fold them and place all the completed strips into a box or hat.

Have each teammate pick one strip of paper at a time and read them out loud and guess who it is about. If the student picks their own clue, they should put it back.

We really enjoyed this activity because we discovered that we had a lot in common with other kids on the team.

Instructions to print and give to team:

Each teammate should take 4 pieces of paper and write something about themselves - one fact on each paper.

Ideas on what to write about: How many siblings you have, where you lived before you moved to this town, what instrument you play, what food you like the best, what activity you like the best, etc.