

CIRCLE OF FRIENDS

Core Values Activity

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Materials:
Hula Hoops

Instructions to the team:

Students should stand in a circle and hold hands. Start one hula hoop over any one pair of joined hands.

Each person in the circle must pass the hoop/loop over him/herself and on to the next person, without anyone letting go of hands.

Variations:

Have the students move the hula hoop around 2-3 times. Add more hula hoops and

have them pass them all around at the same time (maybe even in different directions).

Discussion:

Did they complete the task correctly? How did the team members work together? Was there one leader? What happened when there were taller and shorter students in the circle?