

ALL IN A LINE

Core Values Activity

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Objectives:

- Trusting teammates
- Finding alternative ways to communicate with your team
- Learning to follow specific rules

Before you begin:

You don't need anything for this activity, but it helps to have your whole team present and works best with larger teams.

Notes for the Coach/Team Mentor:

This is an activity that can be done early in the season before your team knows each other well. We have done "line up" activities with our birthdays and also in height order.

The goal is to figure out how to communicate with sight and speech taken away. If you do birthdays, we recommend not allowing the team to talk. For lining up by height, we did it with our eyes closed (see photo above).

Instructions to print and give to the team:

You and your teammates need to line up by birthday from oldest to youngest (or youngest to oldest) in 2 minutes. But can you do this without talking? You must be in the correct order by year and month.

OR

You and your teammates need to line up by height (tallest to shortest) in 2 minutes. But can you do this without seeing?