

TALLEST TOWER

Core Values Activity

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Objectives:

- Picking one idea from many ideas as a team
- Working together (there isn't enough tape for every joint so teammates will have to help as the tower gets taller (see image))

Before you begin:

You can really use anything you have around the house/ meeting room. Here are some items we used:

Plastic Cups

Straws

A small portion of tape (not enough to every joint)

Notes for the Coach/ Team Mentor:

Building towers is a very common team building activity. You can do it with anything you can find around you. We used cups and straws because we were celebrating a teammate's birthday that day.

By using random objects, you can repeat this activity again and again (sometimes with cups, sometimes with boxes, sometimes with marshmallows & spaghetti).

We have even done this activity by splitting into two groups within the team. You can either make it a competition to see which team will build tallest or see if the two teams cooperate in any way (they could trade pieces if one team got more tape than the other, etc. or they can try to build together.

Print out these instructions for your team and let them read it themselves.

You will find several objects in front of you. Use them to construct the tallest tower in 2 mins.