



Photo Credit: Green Hole, Pennsylvania

One Word

Objectives:

- Coming up with a team identity
- Making a decision quickly

Materials:

- Large sheet of paper
- Markers

Setup:

Provide teams with the materials

Notes:

This activity is designed to help teams think about their team identity.

At the end of 5 minutes, have the team present their poster and explain their choices.

Instructions to Team:

- In the middle of the paper write one word that best describes your team
- Decorate the rest of the page however you wish (with examples, quotes, colors, etc.)
- You have 5 minutes

You might do this same activity twice in the season (once at the beginning and once at the end) to see if the team perceives itself differently.