

JOINED AT THE HIP

Core Values Activity

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Materials

Masking tape

Inflatable beach balls (one less than the number of team members, so if you have 6 team members, you need 5 beach balls)



Setup:

Use the tape to mark a finish line on the floor or ground at least 20 feet away. Line up team members. Have them hold the beach balls between their hips.

Instructions to the team:

Have you heard the term "joined at the hip"? Here's your chance to see exactly what that means. Work your way to the finish line without dropping any of the balls. If anyone drops a ball, you must

begin again at the start line. You will have 3 minutes to work your way to the finish line.

Variations: Use tennis balls, balloons, or ping-pong balls.

Overall Discussion:

How did the team solve each variation?
Was there one leader?
How did they communicate and coordinate?
What didn't work well?