

WATCH YOUR STEP!

Core Values Activity

By Sanjay and Arvind Seshan



Objectives:

- Learn to coordinate
- Learn to trust one another on the team

Before you begin:

Collect these items:

- Red paper (5-10 pieces) or anything that represents a mine that can be spread around the room.
- 1 blindfold (or student can keep his/her eyes closed)

Notes for Coach/Mentor:

This activity is about trusting each other. Since one person cannot see, they must rely on the rest of the team to miss the mines.

The other hard part of this activity is that more than one person may be giving instructions if you have a larger team.

Instructions to print and give to the team:

Pick one teammate in your group to be blindfolded. The rest of the team must direct this teammate from one end of the room to the other. But the blindfolded teammate must not step any mines.