

HIP TO BE SQUARE

Core Values Activity

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Materials:

As many blindfolds as you have team members

1 piece of rope, at least 40 feet in length

Setup:

Choose a large, open room or an outside space for this activity. Blindfold all team members, and throw the rope on the ground next to them.

Instructions to the team:

Make a square using the full length of the rope on the ground next to you.

Discussion:

There is no trick. This is just a chance for the team to see who takes charge, how they communicate, whether one team member facilitates from the middle of the space, how they organize the corners and determine the length of the

sides, and so on. Encourage them to use what they learn about teamwork as the season moves forward.

Variation:

Try doing the challenge without blindfolds - but without speaking.