



# THEA NORDHØY KRISTENSEN

Frontend Development student



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<https://theanordhoy.github.io/portfolio/>

## EDUCATION

### Frontend Development

Noroff online

2025 - 2026

### Bachelor of Nursing

OsloMet

2019 - 2022

## EXPERTISE

- Design
- HTML
- CSS
- JavaScript
- GitHub
- Figma
- VS Code
- Communication Skills
- Computer skills

## LANGUAGE

- Norwegian
- English

## PROFILE

I'm a registered nurse transitioning into the tech field and currently completing my first year as a Frontend Development Student. I have experience with HTML, CSS and JavaScript and enjoy learning and improving my skills. I'm motivated by problem-solving, growth and the opportunity to build intuitive digital experiences.

## WORK EXPERIENCE

### Gastrointestinal surgical ward - OUS Ullevål

2022 - 2023

Registered Nurse

- Responsible for pre- and postoperative care of patients within gastrointestinal surgery.
- Assessed patients needs, administered medications, and documented in the electronic patient record system (DIPS)

### Kappahl - Asker

2015 - 2022

Sales Associate

- Delivered customer service and contributed to increased sales.
- Responsible for restocking, visual merchandising and cashier duties.
- Performed administrative tasks, including opening/closing routines and additional tasks in the absence of the manager.

2017 - 2019

### Home Care Service - Bjerke District

2020 - 2021

Healthcare Assistant

- Performed personal care, wound care, medication handling, and patient observations for clients living at home.
- Planned and documented care in collaboration with a registered nurse.
- Experienced in supporting clients with dementia and complex care needs.

## PROJECTS

### Design Project

Figma

- Designed main pages of an e-commerce website.
- Made wireframes.
- Created high-fidelity prototype in Figma.

### HTML and CSS Project

HTML

CSS

- Coded the e-commerce website from the design project.

### Project Methodology

GitHub Projects

- Created a Kanban and Gantt style chart.

### Semester Project

HTML

CSS

GitHub Project

Figma

- Created a project board.
- Designed a high-fidelity prototype website for a science museum
- Coded the design using HTML and CSS

### JavaScript Project

HTML

CSS

JavaScript

- Used the HTML and CSS project as a base and added JavaScript to display products from an API endpoint.

### Agency Project

HTML

CSS

JavaScript

- Cooperated with a larger team on a SPA, making a website for a school.

### Exam Project

HTML

CSS

JavaScript

GitHub Project

Figma

- Designed and coded a website with various products.

## Nursing and Care Center – ABOS

2018 – 2019

Care Assistant

- Assisted residents with personal hygiene, meals and social support.
- Facilitated a safe and dignified environment for elderly residents.
- Observed changes in health status and reported findings.

## Subway – Liertoppen

2013 – 2014

Assistant manager/Sandwich Artist

- Prepared food, assisted customers and handled cashier responsibilities.
- Responsible for training new employees and overseeing daily routines.
- Assisted with inventory ordering and various administrative tasks.