



Day1 Health (Pty) Ltd is an authorised Financial Services Provider (FSP 11319), underwritten by African Unity Life Ltd. (2003/016142/06), a licensed life insurer and an authorised Financial Services Provider - FSP 8447.

The Day1 Health Plan is demarcated by CMS. This product is a Medical Insurance Product and not a Medical Aid registered by the Council for Medical Schemes DM1053A.

For more information regarding this demarcated product please visit <https://www.medicalschemes.co.za/insurers/>

DAY TO DAY PLAN

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**MEDICAL
COVER**
from
R385 pm
”



When you're looking for health insurance, it's a good idea to take a look at all the angles. You want health cover that complements your lifestyle and helps you get the best care possible compatible with your financial needs. **That's where Day1 Health comes in.**

KEY BENEFITS

Unlimited Doctor Visits | Chronic Medication | Dentistry |

0876 100 600 | [DAY1HEALTH.CO.ZA](https://www.day1health.co.za)

DAY TO DAY PLAN



UNLIMITED MANAGED DOCTOR VISITS

Via a registered Day1 Health Network Provider. An upfront co-payment of R300.00 will apply for all additional visits after the 5th visit per member per annum. Pre-authorisation is required. A 1 month waiting period applies.



PATHOLOGY

Basic diagnostic blood tests on referral by a Day1 Health Network GP and subject to a list of basic pathology tests approved by Day1 Health. A 1 month waiting period applies.



SPECIALIST BENEFIT

Specialist Benefit of up to R1000 per family per annum. Subject to pre-authorisation and referral from a Day1 Health Network GP. A 3 month waiting period applies.



BASIC DENTISTRY

Basic treatment includes preventative cleaning, fillings, extractions and emergency pain and sepsis control via a Day1 Health Network Dentist. 2 visits per member per annum. Pre-authorisation is required for each visit. A 3 month waiting period applies.



ACUTE MEDICATION

Acute medication covered according to the Day1 Health formulary. Linked to the doctor consultation dispensed by the Day1 Health Network GP or obtained on script from a Network Pharmacy. A 1 month waiting period applies.



OPTOMETRY (ISO LESO OPTICS)

One eye test and one set of glasses every 24 months per the specific Iso Leso Optics agreed protocol range. A 12 month waiting period applies.



CHRONIC MEDICATION

Chronic medication covered according to the Day1 Health formulary. A 3 month waiting period applies on chronic medication for unknown conditions and 12 months waiting period on pre-existing conditions. (All chronic medication is subject to preauthorisation. An additional administration fee may be levied on all approved chronic medication).



OUT-OF-AREA VISITS

In the event that you cannot see your Network GP, the Plan will allow 3 "out of area" visits per family per annum to an alternative Network GP or GP of your choice, subject to pre-authorisation. A 1 month waiting period applies.



RADIOLOGY

Basic radiology according to the Day1 Health formulary via a Day1 Health network GP. Black and white diagnostic x-rays only. A 1 month waiting period applies.



FUNERAL BENEFIT

Principal, Spouse & Child > 14 years R10,000
Child > 6 years R5,000. Child > 0 years > R2,500
Stillborn > 28 weeks R1,250. A 3 month waiting period applies. (Benefit only available to Plan members.)

	PREMIUM		PREMIUM
SINGLE MEMBER	R 385	COUPLE	R 674
MEMBER + 1 CHILD	R 578	COUPLE + 1 CHILD	R 867
MEMBER + 2 CHILDREN	R 771	COUPLE + 2 CHILDREN	R 1 060
MEMBER + 3 CHILDREN	R 964	COUPLE + 3 CHILDREN	R 1 253
MEMBER + 4 CHILDREN	R 1 157	COUPLE + 4 CHILDREN	R 1 446

TERMS AND CONDITIONS:

Waiting periods per benefit | Maximum age limit entry on standard terms and conditions is 64 |

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Day1 Health complies with the principles of open enrolment, community rating and cross-subsidisation and does not discriminate or refuse membership on the basis of race, age, gender, marital status, ethnic or social origin, sexual orientation, pregnancy, disability, state of health, geographical location or any other means of discrimination.