

Fitness Bud

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Project Description

- This project will assist you on your fitness journey
- It will have different features such as:
 - Exercises that you can follow
 - Built in timer for that exercise
 - images/gifs to display what exercise it is
 - How to correctly do the exercise
 - Tips for nutrition dieting, etc.
 - Calorie tracking with food(database)
 - Saving users through database
- It is basically a fitness app that will guide you / assist you to try to reach your goal body.

Database

- We will be using SQLite

