

HOW TO GIVE A GIRL AN ORGASM AND MAKE HER CUM



Learning how to give the girl you like
an orgasm, and make her cum hard

might be one of the most important things you learn as a man.

And yet so few men take the time to learn how to do it properly...

In fact, most men get **'female orgasms'** horribly wrong.

So, it's no wonder why most women have to end up faking their orgasms.

FOREPLAY, BUILDUP, ANTICIPATION AND TEASING

What you do before having sex is just as important as your actual technique to give her an orgasm.

This is because, for women, sex is about more than just physical stimulation. It is about emotion.

And it takes longer for a woman to get in the mood than for a man.

So, if you really want to give her one of the best orgasms of her life, then foreplay, buildup, anticipation and teasing are really important.

She will need to be extremely horny, dripping wet and practically begging for you to make her cum before she is ready to actually have an orgasm.

Don't underestimate the power of foreplay, since for women, this literally allows their genitals to build up with sexual energy (and liquid,

which means women only squirt after long periods of foreplay.)

TRUST, INTIMACY AND **VULNERABILITY**

A woman will never have an orgasm with you if she doesn't trust you. So, building trust and intimacy is one of the first things you should do if you want to make her cum.

Women are afraid about making themselves emotionally and physically vulnerable to the guy. An orgasm is one of the ways of showing she is extremely comfortable, relaxed and happy.

Having an orgasm also shows that she is surrendering to you. You are about to learn how to make women cum so

hard that they have almost no control over their body.

But a woman can easily stop herself from having an orgasm if she doesn't trust you or feels you will take advantage of her vulnerability.

So, it's important to build trust and intimacy, and show a passionate and sensitive side too which will allow her to do the same.

OVERCOMING FEMALE SHAME AND GUILT SURROUNDING SEXUAL PLEASURE



Unfortunately, a lot of women still have negative feelings of shame and guilt surrounding sex, and orgasms.

This won't help her orgasm, but it is something you can help her overcome, and when you do, you will release a sexual side of her you've never seen before.

Getting her in the right frame of mind is an important part of being able to give her an orgasm.

The best way to do this is to make the whole experience fun. This way, her guilt and shame will simply fade away.

For example, you could use roleplaying to make things more fun. When you both pretend you are someone different then those negative feelings won't come up as much.

Play fighting is a great way to get her **'out of her mind'** and **'into her body'** so she stops worrying about her negative feelings.

Showing that you are a guy who doesn't have negative feelings about sex and would never judge her is the best way to allow her to feel the same way too.

So, what's the best way to give her an orgasm?

There are 4 main ways to make her cum, and they all involve slightly different techniques, so let's cover them here.

The first one is the most obvious – during sex.

HOW TO MAKE HER ORGASM **DURING SEX**



To give her an orgasm during sex you'll need to use your penis to hit her g-spot. The feeling of being 'filled up' by your penis will feel amazing to her,

but it isn't always the best way to bring her to orgasm.

In fact, some women find it extremely difficult to orgasm during sex. Which is why we're going to cover the other ways you can do so below.

There is one position that rises above all others when it comes to make her cum during sex.

Have your woman lie on her back on the edge of the bed and rest her bum on a couple of pillows so that her bottom half is slightly higher than her top half.

Now, from a standing position enter her. Thrust in, but upwards at the same time. Because her spot is located on

the top half of her vagina, it is easy to slide right past it with your penis.

With this angle (you coming from below and thrusting upwards – and her on her back with bum raised) you'll be able to confidently hit her g-spot and bring her to climax.

ORGASMS FROM FINGERING

Fingering a girl to orgasm is a great way to get started, especially if you know you can't last very long during penetrative sex.

Fingering is also the best way to give her a squirting orgasm, because you can use your fingers in exactly the right way to hit her g-spot.

There are numerous different fingering techniques, and we cover them all in our “Fingering techniques article”

Slip your two middle fingers inside of her and curl them slightly upwards (with her lying on her back.)

With your two fingers curled upwards pointing towards her belly button, start to move your hand up and down (not so much in and out.)

This allows you to hit the g-spot and you can also use the palm of your hand to rub against her clit.

This is the most basic technique. There are in fact 7 main ones which all add different degrees of pleasure and

intensity and are highly recommended learning how to do them if you want to give your woman the ultimate form of pleasure.

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ORGASMS DURING ORAL SEX



So, you want to try and make her cum by eating her pussy out? Okay, good for you. For some women, this is one of

the best feelings in the world (and other women don't like it at all.)



There are a lot of different ways you can go about doing this, and they could involve

- ✓ Blowing
- ✓ Kissing

- ✓ Sucking
- ✓ Biting
- ✓ Motorboating
- ✓ Humming

I have already written a huge guide on how to eat a girl out on the channel. So instead of going over it now, I recommend you check out that guide.

MAKING HER CUM DURING **ANAL SEX**

Anal sex orgasms are not only very different from normal orgasms, but they can totally unique and pleasurable for her to experience.

Some women don't like the idea of doing anal though, so here's a good way you can introduce the idea to them.

First off, when she gives you a blowjob, ask her to slip a finger into your bum and feel free to use lube and a condom if necessary.

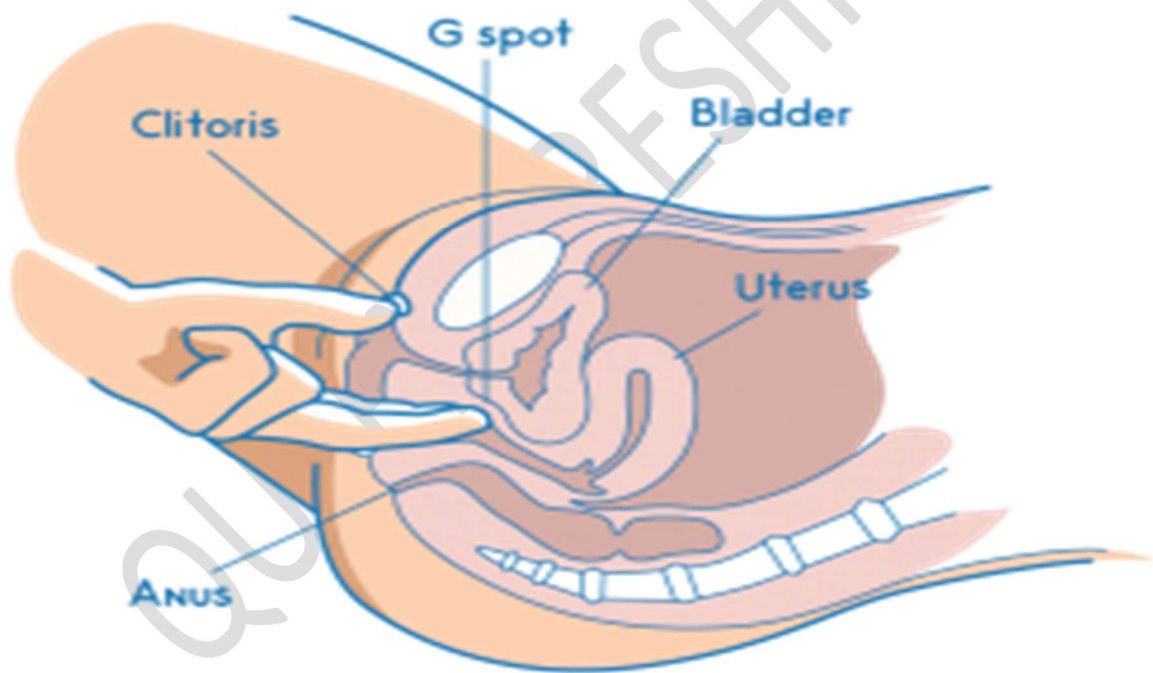
This will feel great and show you're not afraid of the bum area.

Next, you'll want to start eating her pussy out. As you do this, slip a finger into her bum (use lube and a condom if necessary.) Because you let her do it to you, she'll let you do it to her.

Now you have two fingers in her bum while you eat her out, it's not a big jump to try with your penis. Women often find that the fingers in the bum are so enjoyable that they'll agree to anal.

G-spot orgasms

G-spot orgasms are the 'bread and butter' of female orgasms. This is where women are truly lucky to be women because they have that extra spot that allows them to have mind blowing orgasms.



The g-spot is located inside the vagina. If you take two fingers, slip them

slowly inside her and curl your two fingers upwards, deep inside her, you'll be able to feel a small spongy spot.

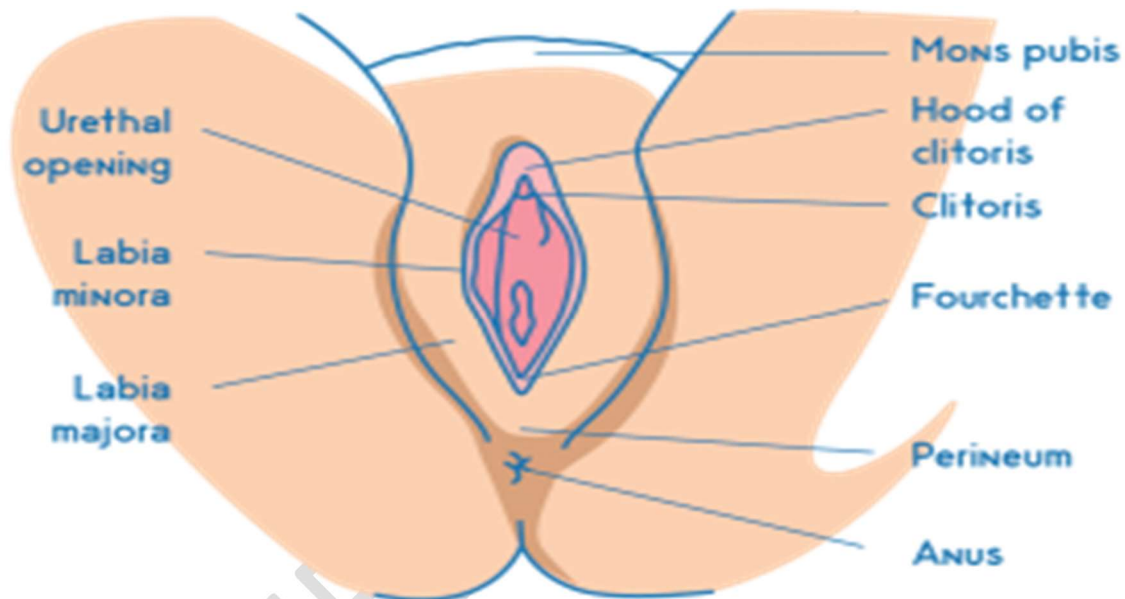
When she is aroused this increase in size and volume making it slightly easier to find.

Later on in this article, you'll learn how to give her multiple, stacked and full body orgasms using her G-spot.

Clitoral orgasms

The clit and the g-spot can give women two completely different kind of orgasms. The g-spot, as you've just learnt responds to direct stimulation from a finger or your penis.

The clit is located at the top part of the vagina and is often hidden away under a hood. During sexual arousal it becomes engorged with blood and becomes more sensitive.



There are a number of ways you can stimulate the clit. The tongue is one of best because it can make sensitive adjustments to the speed and power of the stimulation.

The clit also responds incredibly well to vibrations, which is why most women use a vibrator pressed against the clit to orgasm.

You can stimulate her clit during sex, or whilst fingering her, using another finger.

This works incredibly well to make her cum because you have the double stimulation on the g-spot and clit at the same time.

One neat little trick is to use a vibrator on her clit during sex – more about that later on in this article.

Prostate orgasms

You can give her a prostate orgasm from anal, either using a finger or your penis to stimulate the prostate.



As mentioned before in the anal sex section, this can be one of the most unusual orgasms she experiences, but also extremely pleasurable.

And if that wasn't enough you can also combine a prostate orgasm with a g-spot and clitoral orgasm at the same time.

For example, if she uses a butt plug, you can use your penis to give her a g-spot orgasm and a vibrator or lubed finger on her clit. The g-spot orgasm can set off a chain reaction causing a prostate orgasm if she feels the pressure there.

Squirting (Ejaculatory) Orgasms



The easiest way to make her squirt quickly is with your fingers. This way

you'll be able to hit her g-spot in just the right way to give her one the most intense and dripping wet orgasms she's ever had.

Just imagine, as a guy, having an orgasm but not ejaculating. It wouldn't be as good would it?

Well it's the same with a woman. And that's why any guy who knows how to give their partner a squirting orgasm will be an absolute King in her eyes.

Giving Her Multiple Orgasms

When most guys think of giving their girlfriends or wives' multiple orgasms they think of multiple distinct orgasms, one after the other...

Orgasm, orgasm, orgasm

But this isn't a true multiple orgasm.

What you should really be aiming for looks more like this:

Orgasorgasorgasorgasm

They are all blended together (not distinct) and follow one after the other without stopping.

For this to happen you need to know and understand how the female orgasm works, so you can see which stage of it she is at.

The trick is that, just as she reaches climax and tips over the edge, you pull back slightly. Around 2/3 way through her orgasm, just as she is coming back down, you then start to try and bring her back into another orgasm.

Do this right, and she'll start having another on top of the previous one. And you can do it again and again until she collapses from exhaustion and too much pleasure.

How To Give Her A 'Stacked Orgasm'

Orgasm stacking is one of the most advanced orgasm techniques on the planet, and its not for the faint of heart.

This is a Jedi level technique – and if you can master it you will be one of

only a few hundred guys on the planet who know how to do it correctly

Stacked orgasms really have no comparison in terms of the **INTENSITY** of the pleasure that she will feel from these.

So, what are they?

Stacking just means putting one on top of the other. It's the same with these orgasms. You gradually put one on top of the other, without allowing them to full down (reach climax.)

For example, as your girl gets closer and closer to orgasm (you will be able to see that she is close) you lightly 'pull her back' from going over the edge.

This is the equivalent of putting one box down.

You have pulled her back from her orgasm (by slowing down, for example) and now you need to speed back up so she comes close to reaching orgasm again.

But again, you pull back. This is like stacking another box on top of the previous one.

Again, bring her close to climax, and back down again. 3 boxes stacked up.

Each time, her sexual energy accumulates (stacks) ready to be released in one huge, mega orgasm, the kind of which she has never experienced before.

It's also like you are 'teasing' her the orgasm – which women love

As you can probably imagine, this advanced technique can produce some of the most powerful orgasms her body is capable of.

And if you do it right, it can be overwhelming for her. But trust me, she will never forget it.

BENEFITS OF FULL BODY ORGASMS



Full body orgasms are one of the ultimate sensations for a woman. As you can imagine, having an orgasm run up your spine and throughout your whole body has to be one of the most

pleasurable and enjoyable experiences ever.

But how can you give one to a woman?

Full body orgasms require a little more work on your part than regular orgasms – which is why we recommend having a long-term sex partner to enjoy them with.

To give any woman a full-body orgasm we use a special massage technique that allows the sexual energy to flow throughout her body.

Think about it, for her to be able to experience an orgasm throughout her body, the sexual energy needs to be able to flow there.

Tension spots in her body actually stop the flow of energy throughout her body. This special massage removes those tension spots and allows her body to be filled with intense orgasmic pleasure.

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3 WAYS TO SPICE THINGS UP & MAKE HER ORGASM MORE QUICKLY & EASILY



There are 3 simple ways you can make sex even more exciting and make and give her even better orgasms. I've chosen these three because the props are easy to get hold of and also work extremely well.

Use a blindfold

Boredom and self-consciousness are two things that kill the female orgasm more than anything else.

And this is why using a blindfold in the bedroom can work so effectively at making a woman cum. It both increases excitement and decreases self-consciousness.

Firstly, being blindfolded is naughty, it's exciting and its dramatic. Not being able to see anything will build sexual tension and put you in control of her which is a massive turn on.

Women can also feel extremely self-conscious during sex. They are worried about how they look. But if they're blindfolded – well out of sight

means out of mind – she will soon start feeling less self-conscious.

The blindfold also has another exciting effect. Because she can't use one of her 5 senses – sight – her other senses will become much more sensitive. Women aren't visually sexual creatures as much as men.

We get turned on by what we see.

But women get turned on by what they feel and hear.

So, when you cut off her sense of vision, she will become more sensitive to your touch (and the naughty things you whisper in her ear.)

Her body will come alive from your touch and it will make it easier for her to orgasm.

So, using a blindfold in the right situation is a great way to give her one of the most exciting orgasms of her life.

You don't have to use an actual blindfold – any piece of cloth that can be comfortably tied around her eyes to stop her from seeing can be used and it's great to make the whole experience feel spontaneous.

Use Handcuffs

Handcuffs are another great prop that can be used to increase sexual arousal and her ability to cum.

There is little that is more exciting to a woman than being handcuffed to the bed post while you bring her to orgasm.

Just ask the millions upon millions of women who are obsessed with the **50 Shades Of Grey books and films.**

This kind of stuff drives women absolutely wild in bed.

Again, you don't have have an actual pair of handcuffs, you can use anything to comfortably and securely tie her hands to the bed. A tie or belt works great.

Watch as her excitement (and arousal) level go through the roof as you assume complete control over her, as

she helplessly lies there tied to the bed.

Use A Vibrator



The advertisement is set against a dark purple background. In the top left corner is the 'mypaddi shop' logo. In the top right corner, it says 'Limited Quantity'. The central focus is a product shot of the 'Durex Vibrator' (V-Vibe) and its packaging. The packaging is white with purple accents and features the text 'V-VIBE' and 'durex'. The vibrator itself is a sleek, purple, bullet-shaped device. Below the product image, a red banner displays the price 'N11,000'. At the bottom of the ad, there is a dark purple bar containing contact information: 'Order via:' followed by a WhatsApp icon and the number '+2347056117333', an Instagram icon and the handle 'mypaddi_ng', and the website 'shop.mypaddiapp.com'.

I know you might be thinking – “use a vibrator, isn’t that for women who masturbate?” but hold on a second.

Women use a vibrator because it works. The vibrations are extremely pleasurable and are especially effective for clitoral orgasms.

So why not use one to make her cum more easily. You can still do everything else the same.

First off, you don't need to go to a sex shop to buy a vibrator. MYPADDI now sell vibrating cock rings at most convenience stores. These have disposable vibrators that last for ages and are the perfect way for you to stimulate her clit whilst you finger her or penetrate her.

HOW TO USE SPANKING TO CREATE AROUSAL SPIKES



You should use spanking as just another tool in your sexual toolbox. You can use it effectively to do a few things, which most women love:

- ✓ Spike sexual arousal when orgasm approaches
- ✓ Increase her level of anticipation
- ✓ Assert your dominance

Let's look at each point individually.

Point 1: Spanking can be used to spike arousal when your woman is getting close to an orgasm. A lot of women can come very close to orgasm, but right before they reach the point of no return, they either hold back, or can't quite get there for some reason.

Spanking allows you to create an intense spike in her pleasure-meter. It provides the shock that can send her spiraling into an orgasm.

For this to be the case, you will need to time your spanking right. You must be able to tell when she is getting close to orgasm. Right when she is about to orgasm is a great time to slap her hard on the ass.

Not hard enough to hurt her, but hard enough to make a great sound and to spike her arousal level.

Point 2: Knowing that someone has spanked you, and will surely spank you again increases your level of anticipation. You know its coming, you just don't know when. This anticipation increases her excitement level, which makes sex more fun, and can bring her closer to orgasm.

The key is to be unpredictable in the way you spank her. Never do it in a pattern that she will be able to guess. You want to spank her when she least expects it. And when you do spank her, go hard, with multiple quick and hard spans and then go for a long period without any.

Never let her guess when she might get spanked by you. Never let her know, use it as a tool to build her levels of anticipation and excitement.

Point 3: Spanking can show her your dominance. You want her to feel that you are dominant and in control. This will turn her on and bring her to orgasm faster than anything.

Spanking is a great way to do this. It shows you understand what women want, what turns them on, and it shows you're an alpha male who can take control sexually.

You should always read her feedback, since some women don't like being spanked, but almost all do.

Use spanking sparingly, but when you do it, make it count.

OVERCOMING THE RESISTANCE TO HER OWN PLEASURE

The most common problem that is encountered with unlocking multiple orgasms is that the woman often resists going back into orgasm because of the intensity of the experience.

She may feel '**out of control**' or that she will '**get lost in the pleasure**', sometimes she might not be sure her body can handle it. Some women will resist a second or third orgasm because they feel selfish.

Most of the resistance comes from her contorting her body, allowing you less access to her. If this is during intercourse, she might push her hips up and clamp down her thighs.

If you are having sex from behind, she might arch her back upwards. If you're using your fingers, she might squeeze her legs together and push away your hands.

WHAT TO DO AFTER SHE HAS AN ORGASM

After your woman finally comes to orgasm is a great time to bond, and enjoy this special moment with her.

She will feel vulnerable, exhausted, relaxed, sensitive and still aroused. So, keep this in mind. For a woman, after she has an orgasm is completely different to that experience for a man.

Now is the time to kiss, cuddle, smile, laugh, and if she can handle it, go for another orgasm again.

After the woman has experienced the intensity of stacked orgasms, she will be very vulnerable and this is a point where you can build even more trust and intimacy, allowing you to take her

Sometimes the woman will cry, this doesn't mean she is sad, it is just her experiencing and purging her emotions.

THANK YOUUUUUUUUUUUUUUUUUUU