

THE

FLAME

MONTHLY NEWSLETTER



JANUARY 2024



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2024

happy
NEW YEAR

WELCOME

Welcome to the first edition of our monthly newsletter in the year 2024! We extend our warmest greetings to all the parents and guardians of Temple School. We hope you are doing great in your mind and body.

This year holds great significance for us as we proudly celebrate Temple School's 20th anniversary- Honouring Our Legacy, Inspiring Our Future: 20 Years of Educating the Whole Child. Our school has been a beacon of academic excellence for two decades, nurturing young minds and fostering a love for learning. We are immensely grateful for the trust and support you have bestowed upon us, allowing us to shape the futures of countless students.

As we reflect on the past and celebrate achievements, we also look ahead to the promising future that lies before us. From innovative teaching methods to exciting extracurricular opportunities, we are committed to providing a well-rounded education for every child, ensuring they thrive both academically and personally.

In this month's newsletter, you can expect to find a plethora of captivating articles, insights, and updates on the latest happenings at Temple School. We encourage you to actively engage with us, and share your feedback and suggestions, for together we can create an even more vibrant and nurturing learning community.

As we stand on the cusp of this new year, let us join hands and embark on a remarkable journey of growth, discovery, and endless possibilities. The start of Temple School's 20th anniversary marks the continuation of our commitment to excellence and innovation, and we invite you to be an integral part of this momentous milestone.

Once again, a heartfelt welcome to 2024, and a special welcome to all the new parents and guardians who have entrusted their children's education to Temple School. Together, let us make this year an unforgettable one, brimming with growth, achievement, and cherished memories.

We wish you all a joyous and successful year ahead!

NEW YEAR RESOLUTION

The concept of New Year's resolutions dates back over 4,000 years ago to ancient Babylon. The Babylonians were the first to make New Year's resolutions, which were promises made to the gods to pay debts and return borrowed objects in the hopes of receiving good favour for the year ahead. In ancient Rome, they made promises to the god Janus, who gave the month of January its name.

Today, New Year's resolutions are personal promises made at the beginning of each year to improve certain aspects of one's life. The idea behind this tradition is to start fresh and improve oneself. Common New Year's resolutions include losing weight, saving money, traveling, or learning a new skill.



Here are some tips to make a successful New Year's resolution:

1. Set realistic goals: Make sure your goals are reasonable and achievable to avoid feeling overwhelmed and discouraged.
2. Be specific: Define your goals clearly. Instead of resolving to "exercise more," decide to exercise for a specific number of minutes or days each week.
3. Write it down: Putting your goals in writing makes them more concrete and serves as a reminder of what you want to achieve.
4. Take small steps: Break down your goals into smaller steps to make them more manageable.
5. Make it measurable: Track your progress to know how far you have come and celebrate your achievements along the way.
6. Build a support system: Share your goals with family and friends who can encourage and keep you accountable.
7. Keep a positive attitude: Be kind to yourself and try to maintain a positive attitude. If you stumble, do not give up, and remember that setbacks are a natural part of the process.
8. Take action: Do not just set the goal; take concrete steps towards achieving it.

Remember, New Year's resolutions are an opportunity to start fresh, improve yourself, and work towards your dreams. With the right mindset, attitude, and plan in place, you can make your New Year's resolutions a success.

EYFS Christmas Concert 2023



Primary Section Christmas Concert 2023



Secondary & College Christmas Concert 2023



December Events

Educating the Whole Child because Every Child is Worthy!

Pictures from

Heritage Homes Orphanage



Pictures from

Nigeria Red Cross Orphanage Home



December Events

Educating the Whole Child because Every Child is Worthy!



Sweet Memories

TEMPLE WONDERLAND
SANTA'S GROTTO



December
Events

Educating the Whole Child because Every Child is Worthy!

HONOURING

OUR LEGACY, INSPIRING OUR FUTURE:



20 YEARS OF EDUCATING THE WHOLE CHILD

ALUMNI LANAIRE

My name is Lanaire Aderemi and I am a writer and researcher based in London. I joined Temple in 2004 at its inception and was there till 2015. While at Temple School, I was Head Girl and also attended the Boarding School throughout my Secondary School experience. I graduated with a First Class in Sociology from the University of Warwick and won the Peter Gutkind Prize for 'Best Dissertation' in my department. I received a Distinction in my Masters in Creative Writing and I am currently a PhD student in Literary Practice at the University of Warwick where I am researching the Egbा Women's Revolt.

SPOTLIGHT ADEREMI

My Temple School experience shaped me into being a leader, an imaginative thinker and a curious and creative person. Many of my peers will say that Temple School was 'home away from home' and I completely agree with this. Not many children are excited to go to school but we were, thanks to the nourishing environment Mrs Okharedia, Mrs Arofin and Temple School staff cultivated.

I was the kind of child that wanted to try everything and I am thankful that Temple School refused to put me in a box. When I was not running a 100m race at Sports Day, I was debating in school competitions or even dancing(at the back) in Christmas Concert plays.



Temple School gave me the room to express my multi-faceted self and pushed me to pursue excellence in my academics and beyond. I believe that the great support I received from my teachers has shaped me into becoming the person I am today – I am ambitious and afraid of nothing. And this is because Temple encouraged me to clothe myself with courage, confidence and compassion rather than fear and doubt. In hindsight, the speeches, the team-building workshops, the community outreach programmes, the sports day training, the boarding school surprise inspections, the assembly presentations and even the Saturday IGCSE lessons pruned my child like self and prepared my adult self to be whole.



Lanaire Aderemi

ALUMNI SPOTLIGHT

Continues



Temple School taught me to go after my dreams and pursue excellence. My peers and I received great support from our teachers and were given resources that developed our talents. I vividly remember being encouraged to take part in activities that excited me such as writing, acting and performing in the orchestra. The experience I gained on stage refined my public speaking skills and gave me the confidence to do what I do now — storytelling. Since 2017, my plays and poems have been performed at award-winning organisations like the BBC, Victoria and Albert Museum, Warwick Arts Centre and Belgrade Theatre. I have also delivered lectures at universities like the University of Bristol and the University of Warwick.



A PhD is extremely rigorous and the four-year programme requires independent research and critical thinking skills. Thankfully, the foundation Temple School laid for me has proven firm enough as I have navigated the creative industry and academia with zeal and confidence.

Attending Temple School was the best decision my parents made in my childhood. Truly, like the Temple School Pledge goes: I was taught to do my best to be the best.





ABA

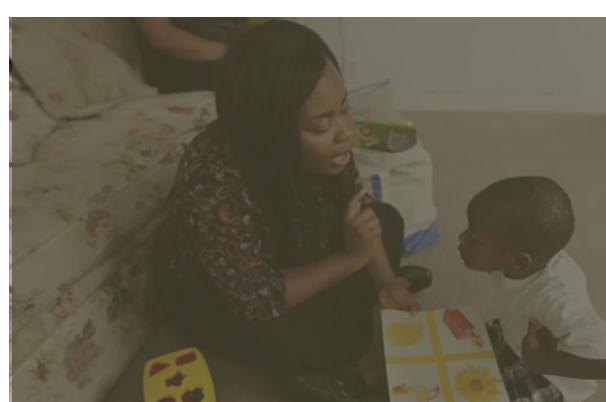
What you need to know about Applied Behaviour Analysis



WHAT IS ABA?

ABA is a set of principles that form the basis for many behaviour treatments. ABA is considered an evidence-based, 'best' practice treatment. ABA is based on the science of learning and behaviour. ABA therapy is understanding and modifying behaviour in the context of the environment.

Through ABA, your child can learn, grow, and develop in a way that works best for them. Your child will gain the much-needed tools to cope with the challenges of having a neurodevelopmental disorder/delay and function in a world designed for the neurotypical.



WHAT DOES ABA THERAPY DO?

1. To help increase useful or desired behaviour.
2. To help reduce behaviour that interferes with learning or are harmful.
3. To increase language and communication.
4. To improve focus, attention, social skills, memory and academics.

WHAT MAKES ABA THERAPY SUCCESSFUL

● Individualised Programme and 1:1 Teaching

Through ABA your child has a programme designed for them, which includes 1:1 teaching to give your child the extra attention and love they need.

● Intensive Hours

Almost daily reinforcement and repetition helps your child truly respond and thrive to treatment.



● An evolving process

Assessments, evaluations and reports are constantly referenced to track results and improve.

● A positive approach

Where desired behaviours are celebrated and encouraged.



MASTER

YOUR TIME, MASTER YOUR LIFE.



The Eisenhower Matrix simplifies decision-making.

Do what is urgent and important

Schedule the important

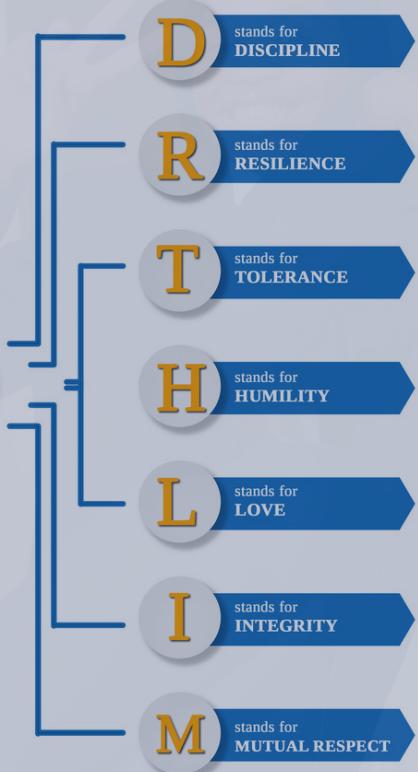
Prioritise your actions to align with your ultimate goals. It is not just about being busy. It is about being effective.

Delegate the urgent but not important.

Eliminate the rest



Nurturing Resilience in Students:



Strategies to help students develop resilience and cope with challenges.

Resilience is an essential character trait that empowers students to navigate the ups and downs of life with strength and perseverance. It equips them with the ability to bounce back from setbacks, overcome adversity, and thrive in the face of challenges. As educators, parents, and guardians, it is crucial to foster resilience in students, building a solid foundation for their personal and academic growth. Resilience is one of Temple School's core values. Here are some strategies that can help nurture resilience in students:

1. Encourage a growth mindset:

Teach students to view challenges as opportunities for growth and learning rather than insurmountable obstacles. By fostering a growth mindset, they will develop the belief that their abilities and intelligence can be enhanced through effort and perseverance.



2. Foster a supportive environment:

Create a safe and nurturing home and classroom environment where students feel comfortable expressing their thoughts and emotions. Encourage open and honest communication, active listening, and empathy to foster connections and promote a sense of belonging.

Nurturing Resilience in Students:



3. Teach problem-solving skills:

Equip students with problem-solving skills, enabling them to break down challenges into manageable steps. Guide them in analysing situations, identifying potential solutions, and considering the consequences of their actions. Encourage creative thinking and provide guidance when needed.



**EVERY MISTAKE
is a progress**

Foster a culture that celebrates mistakes as valuable learning experiences. Encourage students to reflect on their failures, identify lessons learnt, and adapt their approaches accordingly. Help them understand that setbacks do not define their abilities but provide opportunities for growth and improvement.

5. Model resilience:

Parents, teachers, and guardians play a vital role as role models for resilience. Share personal stories of challenges and triumphs to demonstrate that setbacks are a natural part of life. Model perseverance, and a positive attitude when facing difficulties, showcasing resilience in action.



6. Teach stress management techniques:

Help students develop effective stress management techniques such as deep breathing exercises, mindfulness activities, and time management skills. Teach them to recognise their stress triggers and proactively address them. Encourage healthy habits like regular exercise, proper nutrition, and sufficient sleep.

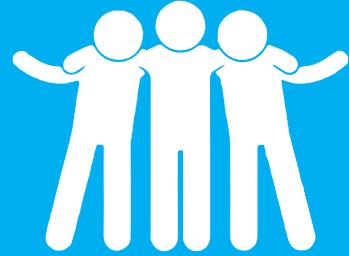
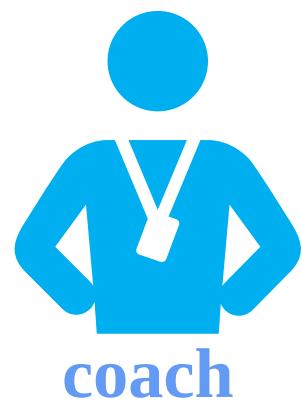
7. Cultivate a sense of purpose:

Help students discover and pursue their passions and interests. Encourage them to set meaningful goals and work towards them. When students have a clear sense of purpose, they are more likely to persevere through challenges.



4

PEOPLE YOU NEED IN YOUR LIFE



And be one of these to someone

KIPLING

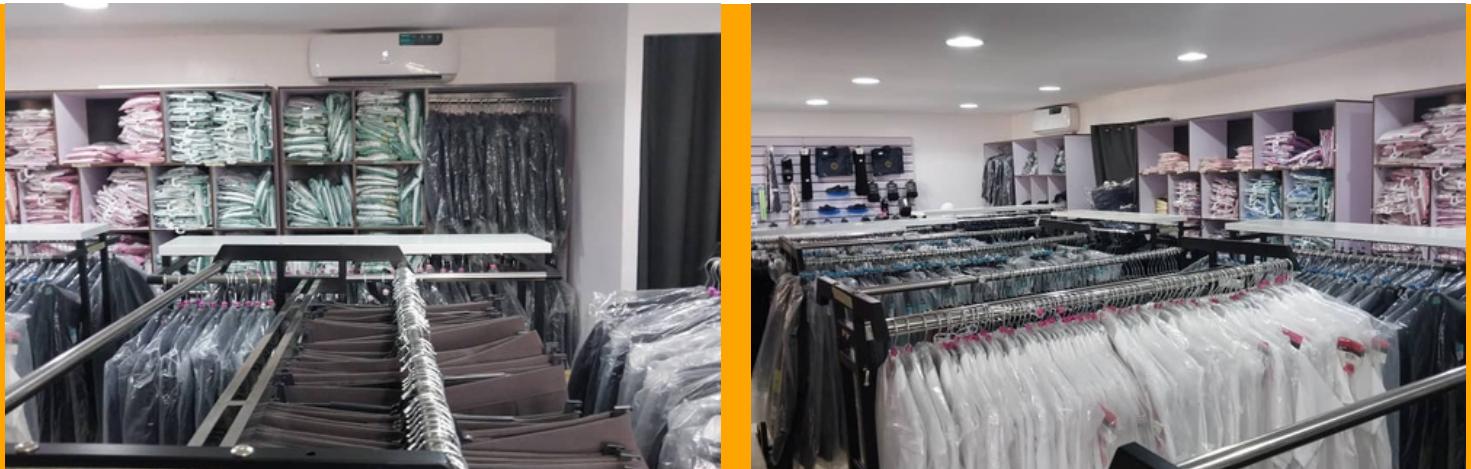
UNIFORMS



TEMPLE SCHOOL'S OUTFITTERS

213, Ikorodu Road, Ilupeju, Lagos

+234 818 888 8721



Taekwondo Uniform

Shorts

Blazers

Polos

Ties

Socks

Sports wears

Stationery

Shirts

Pinafores

Trousers

Sweaters

Slacks

Skirts

Ballet Kit

Bags

Shoes

Swimming Kit

We have everything you need to start the year off on the
right foot.

EASTER TERM 2024 KEY DATES



Resumption:

☑ Monday 8th January, 2024

First Half Term:

☑ Monday 8th January - Friday 23rd February, 2024

Half-Term Break:

☑ Monday 26th February – Friday 1st March, 2024

Second Half Term:

☑ Monday 4th March – Wednesday 27th March, 2024

Easter Break:

☑ Thursday 28th March – Friday 19th April, 2024

JANUARY 2024



BOARDERS' RESUMPTION

Sunday, January 7th

All Sections

RESUMPTION

Monday, January 8th

All Sections

BIG WRITING WEEK

Monday, January 15th

Primary Section

PREFECTS LEADERSHIP TRAINING

Friday, January 19th

Primary Section

EYFS & PRIMARY PDD

Saturday, January 20th

EYFS & Primary Sections

CLIMATE ACTION STUDENT CONFERENCE

Tuesday, January 23rd

College Section

SECONDARY & COLLEGE PDD

Saturday, January 27th

Secondary &
College Sections

FRUITS AND VEGGIES DAY

Wednesday, January 31st

EYFS Section



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