

These rules are final and designed to fit the time frame and number of participants of this event. We are aware that some participants are more experienced in the sport and therefore more familiar with the rules of traditional volleyball. However, we kindly ask you to respect and comply with the following rules.

On behalf of the PD&S committee, we thank you for your understanding! We are more than excited to see you on the court on the 21<sup>st</sup> at 13:00 o'clock in ACLO.

- ◇ You can assemble your own team of six before the tournament or you will be assigned to one upon your arrival.
- ◇ All participants need to have their tickets ready at the front and make sure to leave their contact information on the contacts sheet at the door. This information will be used only to ensure the winners receive their prize.
- ◇ This is a purely amateur tournament.
- ◇ The matches will be played simultaneously on the two courts. The schedule for the matches will be shared with you shortly before the start of the tournament.
- ◇ All teams will be separated into two equal groups. Each team will play with all teams within this group. The winning teams from the two groups will play against each other in the Final Match and will determine the winner of the tournament.

#### The Match:

- ◇ One match lasts 30 minutes.
- ◇ To win a game (not the match), a team must score 25 points with a two-point difference. If they're too closely matched, the game can continue over the 25-point maximum.
- ◇ The winner is the team that first scores three games out of five.
  - If the 30 minutes run out before anyone has won 3 games, the team that won more games (or more points) wins.
    - If the two teams have the same number of points, they play one last rally for the winning point.
- ◇ For the first game, the teams will flip a coin to determine who will serve first.
- ◇ A rally begins with a serve.
  - The server must take their shot from behind the end line and choose between an underhand or overhand shot.
    - It's fine for the ball to graze the net, as long as the ball falls into the other side of the court.
- ◇ A point is scored when a team wins a rally.
  - Every rally begins with a serve and ends when a team wins a point.
    - If your team sends the ball over the net and the defending team fails to return the ball, you score a point.
    - You can also win a point if the other team hits the ball out of the designated court boundary.
    - If a player on the other team makes a fault, it's also possible for your team to win a point.
- ◇ Every time a team wins a point, they will rotate their position in a clockwise direction around the court.
  - They will also serve in the next rally.

- ◇ A team can hit the ball to each other a maximum of three times before returning it to the other side of the court.

#### Positions:

Each team has six players, with three at the front in the attack zone and three in the back in the defense zone. Here's some information on who does what when playing volleyball:

- ◇ **Outside hitter:** As you face the net, this player stands at the front-left of the court in the attack zone. Sometimes called the wing spikers, they often attack the ball a setter has prepared for them. While the ball is in play they can often work across the front and back row.
- ◇ **Right-side hitter:** This player has similar responsibilities to the outside hitter, but they focus on the right-hand side of the court.
- ◇ **Opposite hitter:** This is the player who scores the most points in the game. Their position is usually in the back left corner of the court. Not only do they need to score points, but, because they play against the other team's opposite hitter, they need defensive skills too.
- ◇ **Setter:** Often called the playmaker, this player is like the quarterback of the team. They run the offensive strategies and set the ball up for the attackers to score. They're often in the right-back of the court and can work both rows.
- ◇ **Middle blocker:** Sitting in the middle, right in front of the net, this player's main responsibility is to block attacks from the other team. They're also a key passer who helps get the ball to the setter.
- ◇ **Libero:** This is a back row player, who can only work at the rear of the court. They usually wear a different colour top to the rest of the team and can enter and exit the game without substitution. They also can replace any other player and often swaps places with the middle blocker.

#### You must not:

- ◇ Step on or over the end line when taking a serve
- ◇ Hit or serve the ball into the net
- ◇ Touch the net while the ball is in play
- ◇ Reach over the net to get the ball.
  - You may reach over to execute a follow-through or block a returning ball
- ◇ Reach under the net