

Mentee Handbook

PHAA NATIONAL MENTORING PROGRAM 2024

Student & Young Professionals Committee

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Introduction

Welcome to the Mentee Handbook!

This document displays the diverse range of mentors participating in the PHAA National Mentoring Program for 2024. It is designed to help you select your mentor preferences for your application as a Student, Early Career or Career Transition mentee.

As you navigate your way through you will find each mentor’s skills/area of expertise and topic area of expertise summarised in visual tables. Each mentor also has a dedicated page with further information including a short biography detailing their professional career experience and the types of mentees they are available to mentor.

Summary tables

Click on the links below to view a visual summary all mentor skills/area of expertise and topic areas of expertise (based on PHAA Special Interest Groups). The table links are ‘View only’; however, you can download the table and ‘Sort/Filter by Colour’ for the skills you are seeking guidance for and/or your specific Areas of interests.

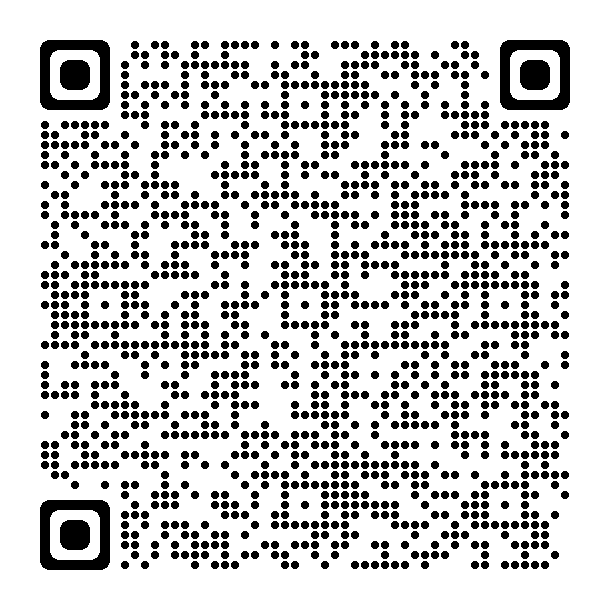
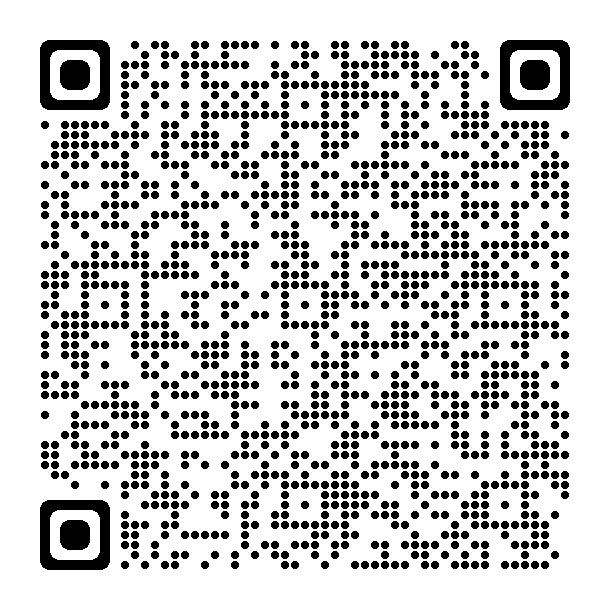


Table 1: Summary of mentor skills and area of expertise

Table 2: Summary of mentor topic areas of expertise

Public Health Association of Australia

The Public Health Association of Australia (PHAA) is recognised as the principal non-government organisation for public health in Australia and works to promote the health and well-being of all Australians. The Association seeks better population health outcomes based on prevention, the social determinants of health, and equity principles.

Key roles of the organisation include capacity building, advocacy, and the development of policy. Core to our work is an evidence base drawn from a wide range of members working in public health practice, research, administration, and related fields who volunteer their time to inform policy, support advocacy, and assist in capacity building within the sector.

PHAA is a national organisation comprising around 1900 individual members and representing over 40 professional groups concerned with the promotion of health at a population level. Membership of PHAA is open to any person who is supportive of the objectives of the Association. These are to:

* advocate for the reduction of health inequalities across Australia and international communities;
* encourage research and promote knowledge relating to the problems, needs, and development of public health;
* promote and provide a forum for the regular exchange of views and information;
* promote the development and education of workers in public health;
* promote, maintain and extend the interest of PHAA’s Branches, Special Interest Groups, and any affiliated organisations;
* promote excellence in public health practice; and,
* advocate the objects and policies of the Association.

Student & Young Professional’s Committee

The Students and Young Professionals in Public Health (SYPPH) group of the PHAA is a portal for students and young professionals interested in public health to maintain and expand their professional networks and improve their career prospects in public health. The group is led by a dedicated committee of young professionals who act as an advisory for, and oversee the activities of, students and young professionals at a national level, with close links to state branch student and young professional representatives.

PHAA National Mentoring Program

The Public Health Association of Australia welcomes you to the PHAA National Mentoring Program. This information pack has been designed to provide an introduction to the program as well as a step-by-step guide on how to participate.

Public health works to promote greater health and well-being of individuals and communities and requires a multidisciplinary approach to address and tackle these important health challenges. As a broad and varied discipline, public health encompasses an enormous variety of research and employment opportunities. As such, it can be difficult for people new to the field (and even for those established in the area) to make decisions about work and study directions.

The PHAA National Mentoring Program coordinates and facilitates the pairing of mentors and mentees in public health. The program runs over the course of nine months and primarily functions as a way to initiate a mentee-mentor relationship. The program is purposely flexible in design to allow mentees and mentors to work together in identifying the mentoring needs of the mentee and develop corresponding objectives for the mentee-mentor relationship over the duration of the program. The program aims to build the capacity of student and early career members of the PHAA through teaching, training, networking, and providing them with appropriate resources. Participants, both mentees and mentors, benefit from the program in different ways, depending on what they hope to get out of the process. Table 1 shows the likely benefits for mentees and mentors of the mentoring program.

Benefits of the Program

MENTEES

* Opportunity to discuss and seek guidance and advice regarding own career ideas, helping to make more informed choices in the future
* Opportunity to meet a public health practitioner with experience in your area of interest
* Advice on resources relevant to your area/s of interest
* Enhanced professional development and increased confidence
* Exposure to new ideas and perspectivesMENTORS
* Opportunity to facilitate the mentee’s professional growth
* Revitalised enthusiasm and affirmation of role as an experienced worker
* Further develop interpersonal and communication skills
* Gain experience in explaining the scope and skills of your work to a different audience
* Exposure to new ideas and perspectives

Expectations

Mentees

* Willing to commit to the nine-month mentoring program and maintain regular contact with your mentor over this duration
* Sensitive to the constraints (e.g., time) of your mentor
* Focused on developing the skills that will help you meet your identified goals for the mentoring program through drawing on the expertise of your mentor
* Respectful in maintaining confidentiality and boundaries in all aspects of the mentee-mentor relationship Honest about the outcomes of the program
* Willing to complete the evaluation survey at the end of the program to enable ongoing improvement of the program for future years

Mentors

* Willing to commit to the nine-month mentoring program and maintain regular contact with your mentee over this duration
* Focused on building your mentee’s skills in order to achieve the goals identified during the mentoring program
* Respectful in maintaining confidentiality and boundaries in all aspects of the mentor/mentee relationship
* Sensitive to the needs of your mentee Honest about the outcomes of the program
* Willing to complete the evaluation survey at the end of the program to enable ongoing improvement of the program for future years

Assessment of applications

[insert link]

Mentor summaries